

A tradition of caring. A new vision of health.

Place chart sticker l	here

Physical Therapy Medical History

Date of Injury / Onset/	/	Date of Surgery:	// Date of last physical exam//		
List any medications you are currently taking					
1	2		3 4		
5	6		7 8		
Have you had previous surger	ries? What/w	here?			
Circle Ye	s or No		If you are accustomed to regular exercising check the ones		
Have you or any immediate fa	amily member	ever been told	that give you difficulty now:		
that you have	Self	Family	☐ Playing sports ☐ Running ☐ Walking ☐ Ex		
Cancer?	Yes No	Yes No			
Diabetes?	Yes No	Yes No	Circle Yes or No		
High blood pressure?	Yes No	Yes No	Do you have a history of:		
Heart disease?	Yes No	Yes No	Allergies / Asthma Yes No		
Angina/chest pain	Yes No	Yes No	Headaches? Yes No		
Stroke?	Yes No	Yes No	Bronchitis? Yes No		
Osteoporosis?	Yes No	Yes No	Kidney disease? Yes No		
Osteoarthritis?	Yes No	Yes No	Rheumatic fever? Yes No		
Rheumatoid arthritis?	Yes No	Yes No	Ulcers? Yes No		
In the past 3 months have you	ı had or do yoı	ı experience:	Sexually transmitted disease? Yes No		
A change in your health?		Yes No	Seizures? Yes No		
Loss of strength or energy?		Yes No	Testing positive for tuberculosis? Yes No		
Nausea/Vomiting?		Yes No	Living with someone who had tuberculosis? Yes No		
Fever/chills/sweats?		Yes No			
Unexplained weight change?		Yes No	Are your symptoms (check one):		
Numbness or tingling?		Yes No	☐ Getting worse ☐ The same ☐ Improving		
Changes in appetite?		Yes No			
Difficulty swallowing?		Yes No	How are you able to sleep at night (check one)?		
Changes in bowel or bladder fu		Yes No	☐ Fine ☐ Moderate difficulty ☐ Only with medication		
Menstrual irregularities?		Yes No			
Shortness of breath?		Yes No	Do you have a problem with(check all that apply)		
Dizziness?		Yes No	☐ Hearing ☐ Vision ☐ Speech ☐ Communication		
Upper respiratory infection?		Yes No			
Urinary tract infection?		Yes No	How do you learn best?		
Often been bothered by feeling	down,		☐ Seeing ☐ Doing ☐ Hearing		
depressed or hopeless ?		Yes No			
Been bothered by little interest	or pleasure in		Do you or have you in the past smoked tobacco?		
doing things?		. Yes No	☐ Yes ☐ No		
Are you currently:			If yes, packs X years. Last tobacco use		
Pregnant?					
Depressed?			Do you drink alcoholic beverages?		
Under stress?		Yes No	☐ Yes ☐ No		
Check all that apply I curre	ently have diff	iculty:	If yes,X per week.		
☐ Driving ☐ Gettin	g up from a ch	air			
☐ Walking ☐ Bendi	ng at the waist				
☐ Standing ☐ Lifting	g				
☐ Walking up stairs ☐ Walki	ng down stairs				

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What is your current level of pain on a scale of 0 to 10 (circle one)?	1 2 3 4 5 6 7 8 9 10	(0=no pain; 10=go to hospital)	
What makes the pain worse?			
What makes the pain better?			
Is your pain (check one)			
☐ A- constant (never goes away)			
☐ B- intermittent (relieved with some positions or rest)			

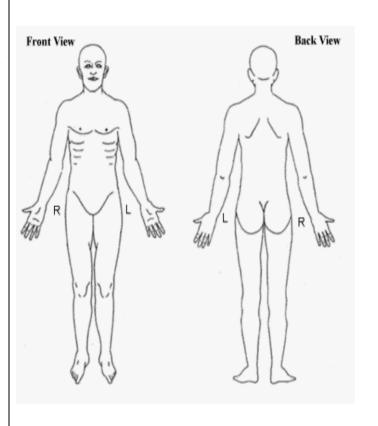
C- occasionally (daily or less frequent)

☐ D- infrequently (once a week or month)

☐E - previously (no longer present)
☐F - variable (sometimes worse than other times)

Instructions

- 1. Draw each area of your pain or other symptoms onto the chart.
- 2. Choose the corresponding number and letters from the previous lists to describe your symptoms or use your own words.
- 3. Put the date of each area of symptoms started for this episode to the best of your memory.



To the best of my ability, I have given and included all pertinent medical information.

Patient Signature / Date	Reviewed by / Date

7/09.