

Registration Form

2012 Diabetes Symposium • November 1, 2012

Registration Fee: \$60

Sanford Employee Fee: \$25

Early Registraton Deadline: October 29, 2012

A late fee of \$10 will be charged for registrations postmarked after Oct. 29.

Name: _____

Position/Title: _____

Organization: _____

Credentials/Certification: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: () _____

E-mail: _____

(Registration confirmation will be sent via e-mail. If you don't receive a confirmation, contact Sanford Center for Learning to verify registration.)

Special dietary needs (i.e. vegetarian, etc.): _____

Payment Method:

Check (Payable to Sanford)

Visa MasterCard American Express Discover

Cardholder Name _____

Card Number _____ 3-Digit Security Code _____

Expiration Date _____ Zip Code (billing address) _____

Signature _____

To Register:

Mail: Send payment with registration form to Sanford Center for Learning, PO Box 2010, Fargo, ND 58122-0376.

Questions or more information? Call Sanford Center for Learning at (701) 280-4802 or (800) 437-4010. Visit our website at sanfordhealth.org for additional information and a complete conference listing. Please share extra brochures with your colleagues.



Sanford
PO Box 2010
Fargo, ND 58122

SANFORD
HEALTH

2012 Diabetes Symposium

November 1, 2012
Holiday Inn
3803 13th Ave, Fargo, ND

SANFORD
HEALTH

Sanford Diabetes Symposium

This symposium is designed to provide an update on the latest research and management of diabetes as well as the relationship between diabetes and other diseases. The target audience includes physicians, advanced practice providers, nurses, dietitians, pharmacists and other interested health care professionals.

Learning Objectives

Upon completion of this program, participants should be able to:

- Differentiate various types of weight loss surgery.
- Recognize the impact of weight loss surgery on diabetes.
- Recognize symptoms of micronutrient deficiency due to weight loss surgery.
- Discuss factors that may contribute to malnutrition after weight loss surgery.
- Name three nutrients at risk for deficiency after Roux En Y gastric bypass.
- Discuss the relationship between hypoglycemia and weight loss surgery in patients with or without diabetes.
- Describe a protocol to treat hypoglycemia post weight loss surgery.
- Discuss how Medical Home can improve the management and outcomes of diabetes in primary care.
- Describe the role of exercise in diabetes and weight management.
- Describe exercise risk vs benefit profile in persons with diabetes.
- Discuss components of an exercise program and progression guidelines.
- Explore various types of exercise and their benefits.
- Describe the incretin effect in healthy people and people with diabetes.
- Explain how incretin treatment works in type 2 diabetes.
- Discuss the extrapancreatic effects in incretins.
- Discuss the basic approach of Motivational Interviewing (MI) including evidence-based support and the 4 Guiding Principles of MI.
- Describe MI Strategies that could be used at your next point of patient contact to improve your working alliance and increase patient engagement.

Faculty

Matthew Fabian, M.D.

Surgeon, Sanford Eating Disorders and Weight Management Center

Linda Bartholomay, R.D., L.R.D.

Diabetes Center Manager, Sanford Southpointe Clinic

Julie Hallanger-Johnson, M.D., E.C.N.U.

Fargo Department Chair, Allergy, Rheumatology & Endocrinology, Sanford Southpointe Clinic

Julie Blehm, M.D.

Fargo Department Chair, Sanford Internal Medicine Resident Clinic

Beverly Twedt, R.N. - B.C.

RN Health Coach, Sanford Broadway Clinic

Ryan Bosch, B.S., A.C.S.M.- C.E.S., C.D.E.

Exercise Physiologist Cardiac Rehab, Sanford Broadway Medical Building

Juan Munoz, M.D

Physician, Sanford Southpointe Clinic

John Ulven, Ph.D., L.P.

Fargo Department Chair, Sanford Southpointe Clinic

Program Agenda

7:15-7:55 a.m.	Registration & Exhibits
7:55-8 a.m.	Welcome & Introductions
8-8:45 a.m.	Bariatric Surgery Reverses Type II Diabetes in Most Cases Matthew Fabian, M.D.
8:45-9:30 a.m.	Micronutrient Issues with Weight Loss Surgery Linda Bartholomay, R.D., L.R.D.
9:30-9:45 a.m.	Break & Exhibits
9:45-10:30 a.m.	Hypoglycemia after Weight Loss Surgery Julie Hallanger-Johnson, M.D., E.C.N.U.
10:30-11:30 a.m.	Medical Home & Diabetes Care Julie Blehm, M.D. & Beverly Twedt, R.N. - B.C.
11:30 a.m.-Noon	Diabetes & Exercise Ryan Bosch, B.S., A.C.S.M. - C.E.S., C.D.E.
12-1 p.m.	Lunch
1-2 p.m.	Gut Hormones in Glucose Homeostasis Juan Munoz, M.D.
2-2:15 p.m.	Break & Exhibits
2:15-3:45 p.m.	Use of Motivational Interviewing to Improve Patients' Engagement in Their Healthcare Jon Ulven, Ph.D., L.P.
3:45-4 p.m.	Evaluation & Adjournment

For your comfort, we recommend dressing in layers as it is difficult to control the room temperature in conference facilities.

Registration & Accommodations

Pre-registration is required. For more information, call (800) 437-4010, ext. 280-4802. The early registration deadline is October 29, 2012.

Participants with disabilities who require assistive devices and accessible meeting rooms in order to attend this educational activity may call Sanford Center for Learning at (701) 280-4802, (800) 437-4010 or TDD (701) 234-6655.

A block of rooms have been reserved at the Holiday Inn. Room reservations must be received by Oct.1st. Reservations can be made by calling (277) 282-2700. Visit www.fargohi.com for more information.

Continuing Education Credit/Contact Hours

The Sanford USD Medical Center is accredited by the South Dakota State Medical Association to provide continuing medical education for physicians.

The Sanford USD Medical Center designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sanford Health Center for Learning is an approved provider of continuing nursing education by the Washington State Nurses Association Continuing Education Approval & Recognition Program (CEARP), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

6.3 ANCC contact hours.