

DIRECTIONS

Directions to The Event Center

Off I-293 & South River Rd (RT 3/Daniel Webster Hwy)

From RT 3 South (coming from south, i.e. Merrimack)

Follow RT 3 past Manchester Country Club until you pass under RT 101.

Pass light at Macy's.

Go straight 1/4 mile to first light-Kilton Road (Bedford Mall is on right; Stop & Shop is on left).

Turn left onto Kilton Road.

CR Sparks is 2/10 mile on your left.

From RT 101 West (coming from Seacoast)

Take RT 101 West.

Pass Everett Turnpike Exit (Toll Road).

Take exit marked RT 3-Kilton Rd/South River Rd.

Go straight through lights.

C.R. Sparks will be on your right.

From RT 101 East (coming from Keene/Milford)

Head east on RT 101 until you reach the lights at the junction of 101 and 114.

Turn right at this intersection (highway sign reads "101E/S293/Everett Tpk/Manchester airport")

Take the next right-the exit ramp marked RT 3.

At the end of the ramp, make left onto Meetinghouse Rd.

Then left again at the set of lights onto South River Rd.

Pass light at Macy's to next light at Bedford Mall/Stop & Shop.

Turn left onto Kilton Road.

C.R. Sparks will be 1/4 mile on the left.

For additional directions, please go to:
www.crsparks.com/Map&Directions.html

FACULTY

Chris Ann Brewer, MS, RN

Staff Nurse, Intensive Care Nursery
Children's Hospital at Dartmouth
Dartmouth-Hitchcock Medical Center
Lebanon, NH

Lynn Clowes, MA

Cultural Competency Program Manager
NH Minority Health Coalition
Manchester, NH

José Montero, MD

NH Director of Public Health
NH Department of Health & Human Services
Concord, NH

Wendy L. Wright, MS, RN, ARNP, FNP, FAANP

Adult/Family Nurse Practitioner
Wright & Associates Family Healthcare
Amherst, NH
Partner- Partners in Healthcare Education, LLC
Bedford, NH

Rona Zlokower, MCM

Executive Director
Media Power Youth
Manchester, NH

AGENDA

Monday, October 19, 2009

- 7:45 Registration, continental breakfast
- 8:05 Introduction
- 8:15 Update on H1N1 Influenza
José Montero, MD
- 9:15 Cross-Cultural Dialogue Raises School Nurses' Effectiveness
Lynn Clowes, MA
- 10:15 Break
- 10:30 Evaluation and Treatment of Common and Not So Common EENT Conditions
Wendy Wright, MS, RN, ARNP, FNP, FAANP
- 11:45 Lunch
- 12:30 Media's Influence on Body Image
Rona Zlokower, MCM
- 1:30 Compassion Fatigue
Chris Brewer, RN, MSN
- 3:00 Evaluation and Adjournment

REGISTRATION

SCHOOL HEALTH SYMPOSIUM 10-19-09

Name: _____

Credentials: _____

Job Title: _____

Affiliation: _____

Mailing Address: _____

Daytime Phone: _____

Email: _____

Confirmation by email only

- check here if you do not want name on participant list

\$75 fee includes lunch

Deadline: Monday, October 12, 2009

No refunds can be given after this date, but you may send a substitute.

Please make check payable to **MHMH The Regional Program** and send with this form to:

**Karen Lee, Educational Conference Manager
Dartmouth-Hitchcock Medical Center
The Regional Program, Evergreen I, Suite 100
One Medical Center Drive
Lebanon, NH 03756**

Further Information:
Phone: 603-650-3436

OCTOBER 19, 2009

SCHOOL HEALTH SYMPOSIUM "HEAD TO HEART"



The Event Center at C. R. Sparks
Bedford, New Hampshire

Presented by:
Regional Program for Women's & Children's Health



WELCOME

We are offering a conference for school nurses at The Event Center at C.R. Sparks in Bedford, NH to address some of the more interesting issues you will see this school year.

Our distinguished faculty include: **Chris Ann Brewer, MS, RN** is a Reiki Master and has been a neonatal intensive care nursery nurse for over 30 years. Her experience includes working as a Psych/Mental Health Nurse Practitioner in community nursing for over 5 years. She is passionate about the need for nurturing the self. Chris has spoken locally and regionally about vicarious traumatization and compassion fatigue. She is currently working towards becoming a Nationally Certified Holistic Nurse through the American Holistic Nurses Association.

José Montero, MD began his New Hampshire service in 1999 as Chief of the NH Communicable Disease Section within the Division of Public Health Services. From July 2005 until April 2008, he held the position of the Department of Health and Human Services, State Epidemiologist. Currently, Dr. Montero is the Director of the Division of Public Health Services within the New Hampshire Department of Health and Human Services.

Lynn Clowes, MA is the Director of the Cultural Competency Group at the NH Minority Health Coalition, an organization that has addressed NH cultural competency needs since 1993. In this position, she conducts and facilitates cultural competency workshops and forums for health, mental health, and human service providers as well as educators and business employees that serve culturally, ethnically, and linguistically diverse populations.

Wendy Wright, ARNP is a nationally known lecturer and has given talks in more than 42 states. Wright serves as faculty on Medscape's Ask the Expert Nurse Practitioner website and is an editorial board member on Medscape's e-journal. In 2005, she was inducted as a fellow in the American Academy of Nurse Practitioners.

Rona Zlokower, MCM created MediaSmart with Selma Deitch, MD, founder of Child Health Services, Manchester, to address the increasing influence of media on children's health and behaviors. In 2007, under Rona's leadership, the program became Media Power Youth, a New Hampshire nonprofit organization that guides parents and professionals to empower youth to succeed in school and make healthy choices through smart use of media.

CONFERENCE INFO

TARGET AUDIENCE

School nurses, pediatric nurses, and office nurses.

OBJECTIVES

1. Discuss what school nurses need to know regarding H1N1 Influenza.
2. State three tips and three pitfalls in cross cultural dialogue.
3. Discuss the signs and symptoms of common and not so common EENT conditions.
4. List strategies for empowering women, girls, men and boys to resist unhealthy media.
5. Identify 3 manifestations of compassion fatigue.

ACCREDITATION

Nurses: Dartmouth-Hitchcock Medical Center's Nursing Continuing Education Council is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This educational activity carries 5.75 contact hours.

Karen Lee, Educational Conference Manager
Dartmouth-Hitchcock Medical Center
The Regional Program, Evergreen I, Suite 100
One Medical Center Drive
Lebanon, NH 03756