

## Basic Life Support (BLS)

### RENEWAL Course - 2013

#### \*\*\* COURSE DESCRIPTION \*\*\*

This is a renewal BLS course designed to meet the needs of health care professionals who respond to cardiac and respiratory emergencies. It teaches:

- The role of the health care provider and the community in the total emergency cardiac care (ECC) system
- The information and techniques needed for adult and pediatric cardiopulmonary resuscitation (CPR) and special rescue situations
- The anatomy and physiology of the cardiovascular and respiratory systems
- Risk factors for heart disease and stroke and the concept of prudent heart living
- Signals and actions for survival that victims and health care providers must take to lessen the change of disability and to prevent sudden death
- Injury prevention in the pediatric age group
- Ethical and legal considerations in CPR

#### HeartCode BLS Option (SOS) Skills Option Session

The HeartCode® BLS program can be used to complete BLS certification for the first time, or to renew a current or expired BLS card. The HeartCode® BLS program is made up of 3 parts.

**Part 1** is a self-directed, comprehensive online eLearning program available for purchase from the American Heart Association website:

<http://www.onlineaha.org/index.cfm?fuseaction=info.bls>.

This online education includes:

- \* Adult rescue breathing
- \* Adult bag-mask use
- \* Child rescue breathing
- \* Child bag-mask use
- \* Infant rescue breathing
- \* infant bag-mask use and choking
- \* Adult CPR/AED - 1 rescuer
- \* Adult CPR/AED - 2 rescuers
- \* Child CPR
- \* Child relief of choking
- \* Infant CPR
- \* Adult relief of choking

The online course takes approximately 1-2 hours to complete. It concludes with a written test.

**Parts 2 & 3** are completed in a classroom setting where students practice and test their skills with an AHA BLS Instructor. These sessions are offered on the same days as the classroom BLS Renewal Course. You will be given a time to come to class for the skills practice and test. You must bring your Part 1 certificate proving completion to the classroom in order to participate in Parts 2 & 3.

#### \*\*\* TEXT BOOK \*\*\*

Textbooks can be purchased by contacting either:

1. Channing Bete @ (800) 611-6083  
<http://aha.channing-bete.com>

- Or 2. Laerdal Medical @ (877) 523-7325  
[www.laerdal.com/ecc](http://www.laerdal.com/ecc)

#### \*\*\* DATES, TIME & LOCATION \*\*\*



LATE ARRIVALS WILL NOT BE ADMITTED INTO CLASS

Tuesday	January 8	2pm- 5pm	BSCH
Tuesday	January 15	10am-1pm	SACH
Thursday	January 24	9am-12pm	GSH
Wednesday	January 30	1pm – 14pm	GSH
Tuesday	February 12	2pm – 5pm	BSCH
Wednesday	February 20	8am – 11am	GSH
Monday	February 25	6pm – 9pm	SACH
Wednesday	February 27	9am – 12pm	GSH
Tuesday	March 12	2pm – 5pm	BSCH
Friday	March 15	8am – 11am	GSH
Tuesday	March 19	10am – 1pm	SACH
Thursday	March 28	7:30pm-10:30pm	GSH
Tuesday	April 9	2pm – 5pm	BSCH
Friday	April 19	8am – 11am	GSH
Monday	April 22	6pm – 9pm	SACH
Tuesday	April 30	1pm-4pm	GSH
Friday	May 3	8am -11am	GSH
Tuesday	May 14	2pm – 5pm	BSCH
Tuesday	May 21	10am – 1pm	SACH
Tuesday	May 28	9am – 12pm	BSCH
Thursday	May 30	9am – 12pm	GSH
Tuesday	June 11	2pm – 5pm	BSCH
Wednesday	June 19	8am – 11am	GSH
Monday	June 24	6pm – 9pm	SACH
Thursday	June 27	7:30pm-10:30pm	GSH
Tuesday	July 9	2pm – 5pm	BSCH
Tuesday	July 16	10am – 1pm	SACH
Monday	July 22	9am – 12pm	GSH
Wednesday	July 31	1pm – 4pm	GSH
Saturday	August 10	9am-12pm	GSH
Tuesday	August 13	2pm – 5pm	BSCH
Thursday	August 22	8am – 11am	GSH
Monday	August 26	6pm – 9pm	SACH
Tuesday	September 10	2pm – 5pm	BSCH
Tuesday	September 17	10am – 1pm	SACH
Friday	September 20	9am – 12pm	GSH
Thursday	September 26	7:30pm – 10:30pm	GSH
Tuesday	October 8	2pm – 5pm	BSCH
Wednesday	October 16	8am – 11am	GSH
Friday	October 25	1pm – 4pm	GSH
Monday	October 28	6pm – 9pm	SACH
Saturday	November 9	9am-12pm	GSH
Tuesday	November 12	2pm – 5pm	BSCH
Tuesday	November 19	10am – 1pm	SACH
Wednesday	November 27	8am – 11am	GSH
Friday	December 6	8am – 11am	GSH
Tuesday	December 10	2pm – 5pm	BSCH
Monday	December 16	6pm – 9pm	SACH
Thursday	December 19	9am – 12pm	GSH

**Bon Secours Community Hospital:** Port Jervis - 168 East Main St.  
**Good Samaritan Hospital:** Suffern- 2<sup>nd</sup> Floor - Conference Rm 4  
**St. Anthony Community Hospital:** Warwick – 3<sup>rd</sup> Fl Training Rm

#### \*\*\* REGISTRATION \*\*\*

Registration is **LIMITED** and is on a first come, first-served basis. Please register at least two (2) weeks in advance to ensure Instructor availability.

Please register **By Mail** or **In Person** to secure payment for class.

#### By Mail:

Professional Development & Education Dept.  
Attention: Lisa Pavon  
Bon Secours Charity Health System  
Good Samaritan Hospital  
255 Lafayette Avenue  
Suffern, NY 10901

#### In Person:

Professional Development & Education Office  
2<sup>nd</sup> floor Carolyn Schwartz Building  
Good Samaritan Hospital  
255 Lafayette Avenue  
Suffern, NY 10901  
Please see Lisa

**To register for a renewal course, you are required to show or provide a copy of your current BLS card for PROOF OF EXPIRATION.**

**Cancellation notification must be received 72 hours prior to course. Fee paid will gladly be applied to a future class.**

#### \*\*\* COURSE FEES \*\*\*

Renewal Class: \$50.00  
Students: \$40.00  
Heartcode Part 2 & 3: \$35.00

Check: **Please make your check payable to the Hospital where you will take the class.**

I.e.: Either Bon Secours Community Hospital  
Good Samaritan Hospital  
St. Anthony Community Hospital  
Cash: Please Have Exact Change  
(DO NOT mail cash)

#### **HAVE A QUESTION? PLEASE CALL:**

Lisa Pavon, Education Coordinator  
(845) 368-5000, ext. 6791

**Community Guest Registration**  
**BASIC LIFE SUPPORT (BLS)**  
**RENEWAL – 2013**

\*\*\* PLEASE PRINT all information CLEARLY \*\*\*

Please Tell Us About You:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State, Zip: \_\_\_\_\_

Phone Numbers:

Home: \_\_\_\_\_

Cell: \_\_\_\_\_

Work: \_\_\_\_\_

Email: \_\_\_\_\_

Which Class Would You Like To Take?

Date of Course: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

Payment Enclosed: (If Applicable) \_\_\_\_\_

**PDE Dept Use ONLY:**

Card Expiration Date: \_\_\_\_\_

Verified By: \_\_\_\_\_

Date Verified: \_\_\_\_\_

**HOSPITAL ADDRESSES:**

**Bon Secours Community Hospital**  
168 East Main St.  
Port Jervis, NY 12771  
845-858-7000

**Good Samaritan Hospital**  
255 Lafayette Ave. (Route 59)  
Suffern, NY 10901  
845-368-5000

**St. Anthony Community Hospital**  
15 Maple Ave.  
Warwick, NY 10990  
845-986-2276

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.



**BLS - Renewal**

**AMERICAN  
HEART ASSOCIATION**

**BASIC LIFE SUPPORT  
RENEWAL COURSE  
Community Guest**

**2013**



**Professional Development and Education**  
**(845) 368-5000 Ext. 6791**

