

Apply Now

Apply now to get your FREE Senior Wellness card. Membership is open to all adults, age 50 and older.

Name

First _____

Last _____

Address _____

City _____

State _____

Zip _____

Telephone _____

Email _____

Date of birth _____

Social Security # _____

Do you have Medicare? Yes No

Supplemental insurance company _____

Your doctor's name _____



Hours of Operation

Tuesday and Thursday
9:00 a.m. to 2:00 p.m.

Saturday
9:00 a.m. to 5:00 p.m.

To schedule an appointment for a screening, call: 803-641-5808.

If you have any questions about the Senior Wellness program, please call 803-641-5928 or 1-800-641-2771.

Physicians are independent practitioners who are not employees or agents of Aiken Regional Medical Centers. The hospital shall not be liable for actions or treatments provided by physicians.

081167

Senior Wellness

A special health and wellness program designed for adults age 50 and older.

Aiken Regional Medical Centers
302 University Parkway
Aiken, SC 29802-1117

PRSR STD
U.S. POSTAGE
PAID
AUGUSTA, GA
PERMIT NO. 346

Senior Wellness

A special health and wellness program designed for adults age 50 and older.



Health information, activities, screenings, discounts and more.



Aiken Regional
MEDICAL CENTERS
www.aikenregional.com

 **Aiken Regional**
MEDICAL CENTERS
www.aikenregional.com

If you are age 50 or older,

the Senior Wellness Membership Card can save you money and introduce you to a wide range of health screenings, special hospital services, activities and education programs for healthy living.

There's no charge to join Senior Wellness, so fill out the attached application form and send it in today!

Or enroll online by going to www.aikenregional.com and clicking on "Senior Wellness" in the menu on the left side of the screen.



THE SENIOR WELLNESS CARD OPENS DOORS – IN AND OUT OF THE HOSPITAL

The Senior Wellness program is open to anyone age 50 and older. Membership provides many valuable benefits, even if you are never a patient at Aiken Regional. You'll get a comprehensive set of healthy benefits just for joining.

This is not an insurance plan of any type.

Senior Wellness Breakfast Club

The Senior Wellness Breakfast Club is designed to promote a healthy lifestyle. A breakfast and seminar program dedicated exclusively to seniors is held every month to address different healthcare or wellness topics. Breakfasts are held the second Friday of each month and **reservations are required**. You can reserve your place by calling our Direct DoctorsSMPlus physician referral and event registration line at 1-800-882-7445.

Seminars and Activities

Senior Wellness members can attend a wide range of planned activities and special educational seminars. **Reservations are required** at most of these events and can be made by calling our Direct DoctorsSMPlus physician referral and event registration line at 1-800-882-7445.

Senior Wellness Discount Program

Membership entitles you to discounts from a number of local merchants. We'll send you a list of participating businesses when you enroll.

Mall Walkers Club

Aiken Regional Medical Centers and Aiken Mall offer a free membership in a very special group: the Mall Walkers Club. You don't have to be a Senior Wellness member to enjoy mall walking, but membership does provide extra benefits, such as special seminars and events planned just for you. Walkers can enter the Aiken Mall through the main entrance doors, Monday through Saturday from 8:00 a.m. to 9:00 a.m., and on Sunday from 12:30 p.m. – 6:00 p.m.

The Mall Walkers Club has an incentive program to encourage you to keep walking. The program is called "Foot Loot". Walkers will be rewarded with "Foot Loot" tokens based on the number of miles they walk each month. Tokens can be redeemed for prizes at the Aiken Regional Medical Centers' Health Information Center, located inside the Aiken Mall.

Senior Wellness Newsletter

Every three months, the Senior Wellness Newsletter will be mailed to your home to bring you information on upcoming events and programs, as well as to help keep you up-to-date with new healthcare information.

HOSPITAL BENEFITS

Discounts on inpatient and outpatient services

Senior Wellness members who have inpatient or outpatient treatment at Aiken Regional Medical Centers are eligible for a 10 percent discount on non-covered services.*

Discounts in Cafeteria and Gift Shop

Enjoy a 10 percent discount any time in the cafeteria and Auxiliary Gift Shop** at Aiken Regional Medical Centers.

Free daily newspaper

If you're an inpatient at Aiken Regional Medical Centers, you'll get a free daily newspaper delivered to your room during your stay.

Direct DoctorsSMPlus

To find a physician, call our free Direct DoctorsSMPlus physician referral line. It's our free physician referral service that can put you in touch with many of the finest physicians in the region. To use Direct DoctorsSMPlus, go to www.aikenregional.com and click on "Find A Doctor" in the menu on the left side of the page, or call our toll-free number at 1-800-882-7445.

Free Health Information

Get free information on thousands of health topics in the Health Information Library on our Web site. Just go to www.aikenregional.com and click on "Health Information" in the menu on the left side of the page.

HEALTH INFORMATION CENTER

Senior Wellness members can take advantage of many free health services available at our Health Information Center, located inside the Aiken Mall.

Our staff of registered nurses can give you free health information or free physician referral information. In addition, you can get a number of health screenings including:

- **Free blood pressure screenings.** Get free blood pressure screenings and a blood pressure record card to help share your results with your physician.
- **Free lipid panel screenings.** Senior Wellness members can get one free lipid panel screening (a \$30 value) every year at our Health Information Center.
- **Free height, weight and body fat analysis.** Stop by the Health Information Center during our hours of operation for a free height, weight and body fat analysis.

Ready to join?

To join our Senior Wellness program, simply complete the attached application form and mail to:

**Senior Wellness
Aiken Regional Medical Centers
302 University Parkway
Aiken, SC 29802-1117**

Membership in Senior Wellness is free. Complete information must be provided to ensure enrollment in the Senior Wellness program. All information you provide will remain confidential.

*Note: This is not an insurance plan of any type.
** Restrictions may apply.

