## The Movement Cube

- Using the cube pattern provided, cut out and form the cube using tape to hold the sides together.
- 2. Allow the children to take turns rolling the cube.
- Name the movement picture that lands on the top of cube and ask the children to move that way.



Running



- 4. Play music while the children move, and when the music stops, so do the children.
- Allow the next child to roll the cube and repeat the steps.
- 6. Continue activity until every child has a turn.



Jumping



Dancing



Crawling



**Growing Healthy** 





Walking



