## The Movement Cube

1. Using the cube pattern provided, cut out and form the cube using tape to hold the sides together.
2. Allow the children to take turns rolling the cube.
3. Name the movement picture that lands on the top of cube and ask the children to move that way.


Running


Stretching
4. Play music while the children move, and when the music stops, so do the children.
5. Allow the next child to roll the cube and repeat the steps.
6. Continue activity until every child has a turn.


Jumping



Growing Healthy


Crawling


Walking


Dancing

## ${ }^{*}$ Sanford <br> Childrens

