




Babysitter Basics



A babysitting course for those who have
completed 4th-6th grade

Monday, June 6, 2011

Morning and Afternoon sessions will be offered—see below for times.
Each session is limited to 30 participants so register soon.

Sponsored by: Hegg Memorial
Health Center
Avera 

Community Education Department

Topics to be Covered...

- ▶ FIRST AID
- ▶ CHOKING
- ▶ EMERGENCY PLANS
- ▶ POISON CONTROL
- ▶ NUTRITIOUS SNACKS
- ▶ AGE APPROPRIATE ACTIVITIES
- ▶ BASIC INFANT AND CHILD CARE



Class will be held in Whispering Heights Senior Center
8am-11am
12pm-3pm

Cost: \$15 (includes snack)-lunch will not be served
Plan on a fun-filled and educational day!

Babysitter Basics Registration Form or register on-line at www.hegghc.org—Register by May 31, 2011

Name: _____ Age: _____

School: _____ Grade: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone Number: _____

Choose Session:

8am-11am _____ **12pm-3pm** _____

Cost of \$15.00 to be paid and sent with
your registration form to:
HMHC—Community Education
1202 21st Avenue
Rock Valley, IA 51247
Attn: Amanda Leusink
Phone: 476-8010