6th Grade Basketball Man-Defense Positioning Game Situation Assessment

Name:	<u> </u>
Date:	
1. Play a 4 vs. 4 small-sided basketball game. Play	y man-defense when the other team has the ball.
2. "Freeze" each time the stop signal sounds.	
3. Now that everyone is standing still, each defens	sive player checks his/her positioning.
4. Each defensive player will put a tally mark in the sounds.	he appropriate column each time the whistle
I was in the proper position.	I was not in the proper position.
5. When the game is over, add up the total tally m	arks in each column.
Answer the following questions:	
How frequently were you in the proper defensive	position?
What can you do to continue to improve in the fut	ture?
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