



Patient Intake Form

Name: _____

Date: _____

Pain

1. Do you have pain? ☐ Yes ☐ No
2. Please rate your pain from 0 – 10 (0 is no pain and 10 is the worst pain): _____
3. Where is your pain: _____

OB/GYN History

1. Date of last menstrual period: _____
2. Do you have regular periods? ☐ Yes ☐ No
3. Are you breastfeeding? ☐ Yes ☐ No
4. Please indicate the number of pregnancies you have had: _____
5. Please indicate the number of Vaginal deliveries you have had: _____
6. Please indicate the number of Cesarean deliveries you have had: _____
7. Have you ever had an episiotomy? ☐ Yes ☐ No
8. Have you ever been diagnosed with: ☐ Cystocele ☐ Uterus Prolapse ☐ Rectocele
9. Have you ever been a victim of sexual abuse? ☐ Yes ☐ No

Allergies:

Please list any allergies: _____

Medications:

Please list current medications:

<u>Name:</u>	<u>Dosage:</u>	<u>Reason for Taking:</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Past Medical History

1. Please check any of the conditions that you have been treated for or have been diagnosed with:

<input type="checkbox"/> Asthma	<input type="checkbox"/> Depression	<input type="checkbox"/> Myocardial Infarction
<input type="checkbox"/> Anemia	<input type="checkbox"/> Diabetes Mellitus	<input type="checkbox"/> Nerve/Muscle Damage
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Arthritis	<input type="checkbox"/> GERD	<input type="checkbox"/> Seizures
<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Sickle Cell Anemia	<input type="checkbox"/> Blood Transfusion
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> Stroke	<input type="checkbox"/> Cancer
<input type="checkbox"/> HIV/AIDS	<input type="checkbox"/> Substance Abuse	<input type="checkbox"/> Cataracts
<input type="checkbox"/> Hypertension	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Congestive Heart Failure
<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Clotting Disorder
<input type="checkbox"/> Meningitis	<input type="checkbox"/> Ulcers	<input type="checkbox"/> COPD
<input type="checkbox"/> Other: _____		

2. Please list any surgeries you have had:

Hysterectomy? ☐ Yes (Date: _____) ☐ No
Bladder suspension? ☐ Yes (Date: _____) ☐ No

Social History:

1. Do you use any of the following: ☐ Cane ☐ Walker ☐ Wheelchair
2. How many hours do you sleep at night? _____
3. Is your sleep interrupted? ☐ Yes ☐ No

Incontinence History

1. Have you ever seen a doctor for an incontinence problem? ☐ Yes ☐ No

What did the doctor do? _____

2. Do you experience urinary leakage during any of the following?

- | | | |
|--|--|--|
| <input type="checkbox"/> Cold | <input type="checkbox"/> Continuous Leaking | <input type="checkbox"/> Coughing |
| <input type="checkbox"/> Dribble after urination | <input type="checkbox"/> Exercise | <input type="checkbox"/> Key in the door |
| <input type="checkbox"/> Laughing | <input type="checkbox"/> Lifting | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> On way to the restroom | <input type="checkbox"/> Position Changes | <input type="checkbox"/> Running water |
| <input type="checkbox"/> Rushing | <input type="checkbox"/> Sleeping | <input type="checkbox"/> Sneezing |
| <input type="checkbox"/> Walking | <input type="checkbox"/> Without being aware | <input type="checkbox"/> Other: _____ |

3. How often do you leak during a typical week?

- ☐ Less than once a week ☐ More than once a week ☐ Once a day
☐ More than once a day ☐ Other: _____

4. When does the leakage occur?

- ☐ During the day ☐ At night ☐ Day and night

5. When you leak, how much do you leak?

- ☐ Damp/A few drops ☐ Wets underpants ☐ Quite wet/A cupful

6. How often do you urinate during the day:

- ☐ More than every hour ☐ Every 1-2 hrs ☐ Every 3-5 hrs ☐ Frequency varies
☐ Other: _____

7. Do you wake up at night to urinate:

- ☐ Never or rarely ☐ About 1-2 times ☐ 3 or more times

8. When your bladder feels full, how long can you hold your urine?

- ☐ Less than a few minutes ☐ Just a few minutes ☐ More than a few minutes
☐ Cannot tell if bladder is full

Incontinence History

9. Do you have trouble getting to the toilet on time? ☐ Yes ☐ No

10. When urinating, do you experience:

- | | | |
|---|-------------------------------------|---|
| <input type="checkbox"/> Bladder not fully emptying | <input type="checkbox"/> Burning | <input type="checkbox"/> Difficulty starting stream |
| <input type="checkbox"/> Difficulty stopping stream | <input type="checkbox"/> Discomfort | <input type="checkbox"/> Dribbling |
| <input type="checkbox"/> Blood in the urine | <input type="checkbox"/> Pain | <input type="checkbox"/> Post-void dribbling |
| <input type="checkbox"/> Weak or slow stream | <input type="checkbox"/> None | |

11. Do you use any of the below for protection during urinary leaking? (check all that apply.)

- | | | |
|--|---|---|
| <input type="checkbox"/> Bedside commode | <input type="checkbox"/> Bed or furniture pad | <input type="checkbox"/> Adult briefs/Diapers |
| <input type="checkbox"/> Disposable undergarment | <input type="checkbox"/> Guard for men | <input type="checkbox"/> Minipad |
| <input type="checkbox"/> Pantyliner | <input type="checkbox"/> Poise type | <input type="checkbox"/> Sanitary napkin |
| <input type="checkbox"/> None | <input type="checkbox"/> Other: _____ | |

12. How many times per day do you need to change pads or other products?

- ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 or more

13. Indicate what amount you drink of the following in a typical day:

_____ Water (ounces)	_____ Juice (ounces)	_____ Soda (ounces)
_____ Sports Drink (ounces)	_____ Coffee (ounces)	_____ Tea (ounces)
_____ Beer (ounces)	_____ Wine (ounces)	_____ Spirits (ounces)
_____ Milk (ounces)	_____ Other: _____	

14. Do you smoke? ☐ Yes ☐ No

Comments:

Bowel History

1. Do you experience any of the following?

- | | |
|--|---|
| <input type="checkbox"/> Blood in the stool | <input type="checkbox"/> Changes in bowel habits in the last year |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Incontinence of bowels | <input type="checkbox"/> Irritable bowel diagnosis |
| <input type="checkbox"/> Pain with bowel movements | <input type="checkbox"/> Urgency with bowels |
| <input type="checkbox"/> Other: _____ | |

2. Do you experience flatulence?

- | | | |
|---|-------------------------------------|---|
| <input type="checkbox"/> Multiple times a day | <input type="checkbox"/> Once daily | <input type="checkbox"/> 2-3 times weekly |
| <input type="checkbox"/> Other: _____ | | |

3. What best describes your stool consistency?

- | | |
|---------------------------------|---------------------------------|
| <input type="checkbox"/> Firm | <input type="checkbox"/> Liquid |
| <input type="checkbox"/> Pellet | <input type="checkbox"/> Soft |

4. How often do you have a bowel movement?

- | | | |
|--|--|---|
| <input type="checkbox"/> Once daily | <input type="checkbox"/> 2-3 times daily | <input type="checkbox"/> 1-2 times weekly |
| <input type="checkbox"/> Less than 1 time weekly | <input type="checkbox"/> Laxative use | <input type="checkbox"/> Other: _____ |

Pain History

1. Do you have any complaints of: (check all that apply)

- | | | |
|--|---|--|
| <input type="checkbox"/> Vaginal burning | <input type="checkbox"/> Vaginal dryness | <input type="checkbox"/> Vaginal itching |
| <input type="checkbox"/> Vaginal Sensitivity | <input type="checkbox"/> Other vaginal symptoms | |

2. Do you have pain with intercourse? ☐ Yes ☐ No

3. Do you experience urinary leaking with intercourse? ☐ Yes ☐ No

Patient Signature: _____ Date: _____

Therapist Signature: _____ Date: _____