

December 2014

Bruce J. Peragallo—  
Principal

Susan M. La Fauci—  
Vice Principal

Tiffany Goodson—

Supervisor of Guidance &  
School Counseling

**Reminders:**

- Fall Sports Awards Night—December 10
- Mid-marking Period/ Interims—December 10
- Student Council Snowball—December 13
- Early Dismissal—1:07pm Tuesday, December 23, 2014
- No School—Wednesday, December 24— Wednesday, December 31—Winter Recess
- No School—Thursday and Friday, January 1& 2— New Year's Day Observed

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## Principal's Newsletter—December 2014



### Student Council Snowball —

**Saturday, December 13, 2014**



The Student Council would like to invite all students to attend the 2014 Snowball Semi-Formal Dance, taking place on Saturday, December 13, from 7:30-10:30pm. This great event provides the opportunity for all students to “dress up” for a great holiday themed dance. The dance will include a DJ playing music in the gym, and will also include a buffet-style dinner in the cafeteria, catered by LaRosa's of Metuchen. Tickets will be sold in all lunches during the week of December 8-12th for \$13.00 or will be available at the door for \$15.00. Students may bring a guest from outside of MHS, but will need to register their guests by filling out a Guest Application form. These forms are available in the front office and need to be returned to Ms. La Fauci by **Tuesday, December 9th**— there will be no exceptions to this. Please see Ms. Nicholls or Ms. La Fauci about bringing a guest from outside of MHS or see Mr. Giddes with any other questions about the dance.



### Fall Sports Awards Night— Wednesday, December 10, 2014

On Wednesday, December 10, 2014, the Athletic Department will hold its Fall Sports Awards night in the high school auditorium at 7:00pm. All student-athletes who participated in a fall sport and their parents/guardians are invited to attend the program.

### Winter Holiday Concert—Thursday, December 18, 2014

The Music Department invites all parents/guardians, students, community members and friends of MHS to enjoy an evening of live music at the annual Winter Holiday Concert. The program will start at 7:00 p.m. in the auditorium. Instrumental and choral performances will be presented by the MHS orchestra, concert band, concert choir, and choral club. Don't miss this exciting event!

### MHS Footlighter's Fall Production—December 4, 5 and 6th

The Metuchen High School Footlighters' fall production is *All in the Timing* by David Ives; an evening of comic sketches that is a fast paced, hilarious mixture of Saturday Night Live, Monty Python and the Marx Brothers, with some existentialism thrown in for good measure. “This critically acclaimed, award-winning evening of comedies combines wit, intellect, satire and just plain fun.”

Performances are Thursday, December 4; Friday, December 6 in the Metuchen High School Auditorium. **Please note our new start time—all shows will begin at 7:00pm.** Tickets are \$8.00 in advance at the high school (also children and senior citizens), and \$10.00 at the door.



*Happy Thanksgiving from Metuchen High School*

## Announcements



### Project Graduation 2015

On behalf of Project Graduation, we would like to thank all the families that came to the Evening at the Races. It was a fun night with great food, great prizes and great people!!! Also a big thanks to the donators and workers- Your support is truly appreciated!!

### Save The Date—Comedy Night

Comedy Night will be held on February 27, 2015 at the Heldrich in New Brunswick. Please see attached for additional [information](#).

### The Metuchen PT Council Yankee Candle Fundraiser



### MHS PTO and Band & Music Parents Tricky Tray

**Save- the- Date** January 24, 2015  
MHS Band and Music Parents & PTO Tricky Tray donations welcome (see attached letter)

### Governor's Educator of the Year Program

Do you know a **classroom teacher or educational services professional** who is dedicated, inspiring, and making a difference in the lives of all students? If so, please take the time to recommend this person by completing this [nomination form](#) and returning it to the building principal by December 3rd. Administrators, staff members, parents, and community members are encouraged to participate.

### MHS Band & Music Parents

You are invited to become a part of our MHS Band and Music Parents Organization. Please see the attached letter and membership form for more information.

If you have not had a chance to order Yankee Candle or if you would like to order additional items, you can still do so! You can shop online at [www.yankeecandlefundraising.com](http://www.yankeecandlefundraising.com) through **December 31** for Yankee Candle products. You will find many items perfect for holiday gifts or to use in your home. You can also send an email link to family and friends anywhere in the US so that they can shop online and be part of our fall fundraiser. **The best part is our schools will receive a portion of the profits on anything ordered by 12/31!** You can continue to shop online through December 31 at [www.yankeecandlefundraising.com](http://www.yankeecandlefundraising.com)  
**Group Number: 990065609**

*If you have any questions please contact Keren Longville or Maria Pan at [MetuchenFundraisers@gmail.com](mailto:MetuchenFundraisers@gmail.com)*

Save the Date!!  
MHS Band &  
Music Parents—  
PTO Tricky Tray  
January 24, 2015

## ANNOUNCEMENTS FROM THE SCHOOL COUNSELING DEPARTMENT



### UPCOMING GRADE LEVEL MEETINGS

#### Understanding the Financial Aid Process:

This month, the Supervisor of Guidance will give a financial aid overview to all seniors to ensure that students understand the process and how to maximize their chances of receiving aid for which they may be eligible. The presentation will cover topics such as: how to apply for federal and state aid, how aid is determined, types of aid available, how to search for scholar-

ships, web resources, and tuition reimbursement programs.

#### Naviance Workshop for Sophomores – The College Search Process:

This month, school counselors will meet with all sophomores to assist them with the college or career education search process. Students will use the college search tools on Naviance Family Connection to learn more about their options and develop a list of prospective colleges or career schools. Students

will analyze data graphs to determine potential admissions prospective based on their current academic standing. Students will be encouraged to assess their goals and develop plans for achieving those goals.

#### Understanding Your PSAT Results:

This month, the PSAT test results will be returned to all Sophomores and Juniors who took the test in October. The school counselors will explain how to read and interpret the score report

and use the feedback to prepare for the SAT exam using online resource.



### SAVE THESE DATES!!!!!!!!!!!!

#### COLLEGE TIPS FROM THOSE IN THE KNOW - Thursday, January 8th: @ 7pm in the MHS Auditorium:

This program is a must for juniors and their parents! College Admissions Representatives from various colleges and universities will share their expertise and advice concerning the college admissions process. Although the program was designed for juniors, sophomore and their parents are welcome to attend as well.

### MID-MARKING PERIOD/ INTERIMS

Mid-marking Period/Interims for the second marking cycle is on Wednesday, December 10, 2014.

### Attention Senior Students

#### Sending Mid-Year Grades to Colleges:

Any senior who needs a mid-year grade report sent to a college must submit the request on the attached form. Please submit to the Guidance Office no later than **February 3, 2014.**

For additional information on any of the announcements on page 3, 4, and 5 please contact the MHS Guidance and School Counseling Office at 732-321-8750.



## ANNOUNCEMENTS FROM THE SCHOOL

### COUNSELING DEPARTMENT

#### Governor's School for High-Achieving Juniors

Governor's School of New Jersey is a tuition-free, summer, residential program for high achieving high school (rising) seniors who have an interest in STEM (science, technology, engineering, and mathematics subjects). Currently, there are two programs: The Governor's School in the Sciences at Drew University and the Governor's School of Engineering & Technology at Rutgers University. A meeting for interested students will be held early this month, to explain the process. The final selection is highly competitive. Students generally meet the following criteria: 1) mostly A's in math and science courses, 2) top 5% of their class, 3) above 90th percentile on standardized testing and 4) a strong commitment to the Governor's School program demonstrated in the application, including essays and recommendations. Metuchen High School can only send one application for each school. A committee will review the submitted applications to choose our school's representatives. For more information on the program, visit [www.nj.gov/govschool](http://www.nj.gov/govschool). For more information on our process at MHS, please contact Traci Grauer, School Counselor, at 732-321-8750.



#### Attention Potential College Athletes

**NCAA Initial-Eligibility Clearinghouse:** Access the website below to find the tools and information you need to navigate the eligibility process for college athletics.

[www.eligibilitycenter.org](http://www.eligibilitycenter.org) - Potential college athletes should register online with the Eligibility Center as early as sophomore year. To create an account, either click on the "New Account" button at the top right of the screen or the cell phone on the left side of the screen. Juniors will need to request for the Guidance Office to send an official transcript, and seniors will need to follow up to request that we send the final transcript. If you have any questions, or need assistance, please call your School Counselor at 732-321-8750.

For more information please download the NCAA Guide For The College-Bound Student Athlete at <http://www.ncaapublications.com/productdownloads/CBSA15.pdf> and visit the College Athlete Resource Page on Naviance Family Connection, located off the home page.

#### SAT Test Prep

Metuchen High School is pleased to announce our new partnership with **STAFFS Prep**, a low-cost but high-quality SAT Test prep company.

##### What STAFFS Prep has to offer:

- Small class sizes (no more than 12 students)
- Classes open to MHS students only
- Convenient location and time: in the evening at Metuchen High School (see dates and times for Sept/Oct course below)
- 20 hours of test prep plus a full-length mock exam
- 1-year subscription to STAFFS Prep software
  - Practice content at your own pace
  - Video lessons for every question
  - Adaptive technology learns and analyzes your abilities to help maximize your strengths and identify your weaknesses
- Score guarantee (visit their site for more details)

**A new class will run a few weeks prior to each test day throughout the school year!**

Register at <http://www.staffsprep.com/register.php#RegisterNow>

**ANNOUNCEMENTS FROM THE SCHOOL  
COUNSELING DEPARTMENT**



**TESTING INFORMATION**

**Upcoming SAT Registration Deadlines:**

**Visit [www.collegeboard.org](http://www.collegeboard.org) for more info.**

Test Date	Registration Deadline
January 24th	December 29th

*If your child receives free/reduced lunch, he/she is eligible for an SAT fee waiver and should stop in Guidance to pick it up. Fee waivers cannot be used for late registra-*

**Upcoming ACT Registration Deadlines:**

**Visit [www.actstudent.org](http://www.actstudent.org) for more info.**

Test Date	Registration Deadline
February 7th	January 9th

*If your child receives free/reduced lunch, he/she is eligible for an ACT fee waiver and should stop in Guidance to pick it up. Fee waivers cannot be used for late registration.*

**ARE YOU CONNECTED?**

If you have not yet registered on **Naviance Family Connection**, contact our office immediately for your access code. Naviance Family Connection is a Web-based service designed to assist you and your child with every aspect of the college and career planning process. The site is customized to provide information specific to our school, and displays all of our resource pages, program announcements and bulletins. *\*Students and parents have separate accounts.*



**“Naviance Family Connection is a web-based service designed to assist you and your child with every aspect of the college and career planning process.”**





**Borough Improvement League’s Holiday House Tour**

The 2014 Holiday House Tour will be held on Sunday, December 7 from 12:00—5:00pm.

Tour six beautifully decorated homes, enjoy complimentary seasonal refreshments and visit the Artisans Bazaar and Raffle at the Old Frankling Schoolhouse, 491 Middlesex Avenue in Metuchen. Please see attached for additional information.

**MHS PTO**

The next meeting for the PTO will be Monday, January 5 at 7:30pm in the high school library. PTO meetings are open to all interested parents / guardians of MHS students, and many feature guest speakers (look for announcements in future mailings). We strongly encourage you to join the [PTO](#).



**MHS Booster Club**

The next meeting of the Booster Club will be **Tuesday, December 2, 2014 in the MHS Library. The meeting begins at 7:00pm.** We hope you will join us!

To join the Booster Club, please “c l i c k” to be linked to [membership form](#). To order items from the Booster Club, please see form attached to this newsletter.

**MHS Music Department Taste of Italy Fundraiser**

We’ve got another delicious locally sourced fundraiser for the MHS Music Department.

**Casa di Trevi** ravioli and fresh pasta.

Haven’t tried it yet? Here’s a chance to stock your freezer for a great meal at any time and support the music students.

What to expect? Each ravioli is a delicious burst of flavor, a pillowy puff of perfection. We have a number of flavor choices and outstanding gluten-free gnocchi and ravioli available for you to order.

Share this fundraiser with your friends and neighbors who love good food. Please see attached for more information.

Contact Maria Morgan

732.261.2481

[Maria.morgan.gs@gmail.com](mailto:Maria.morgan.gs@gmail.com)

**Student Council**

Throughout this holiday season, it is commendable to consider ways in which we can assist other people in our community. Over the next month, there are a number of ways in which you can contribute to benefiting the lives of people who live locally. **Pennies for Patients Fundraiser:** From Tuesday 11/25 – Friday 12/12, donate change with your class advisor, or with Mr. Giddes. All funds raised will be used to provide support for people who are battling cancer locally. **Canned Food Drive:** From Monday 12/8 – Friday 12/12, donate canned goods for the MCFoods Canned Food Drive, providing food for people locally during the holiday season.





### Yearbook News

Our MHS yearbook, **The Blue Letter**, is printed by Jostens and all students should have received mail from Jostens giving instructions on ordering the yearbook. Parents of senior students should have received information on purchasing a parent/buddy page. Both processes can be completed online. If you have any questions or concerns, contact Mrs. Ruhno, [nruhno@metboe.k12.nj.us](mailto:nruhno@metboe.k12.nj.us).

To order a yearbook,  
please visit

[www.jostensyearbooks.com](http://www.jostensyearbooks.com)

### Season Passes for Athletic Events

The Athletic Department is offering season passes for the winter (basketball and wrestling). The cost of each pass is \$25 and it includes a guest. Interested parties can contact the Athletic Director, John Cathcart, at 732-321-8755 or the Main Office at 732-321-8744. **These passes cannot be used for GMC and/or N.J.S.I.A.A. playoff games.**

### Paws First Hosts Hungry Bowl™ Pet Food Drive for Homeless Pets



People who are homeless or unemployed aren't the only ones who get hungry when food pantry donations run dry. Animal shelters and pet rescue operations also face empty pantries when feeding the countless unwanted animals waiting to be adopted.

**Paws First LLC, Metuchen NJ**, a proud member of Pet Sitters International (PSI), wants to restock those shelves this holiday season.

As part of an international effort spearheaded by PSI, the largest association for professional pet sitters, **Paws First LLC** is hosting the local **Hungry Bowl™ Pet Food Drive**. All dog and cat food will go directly to **Woodbridge Animal Shelter & Adoption Center**, which is in great need of pet food donations as it enters 2015.

Donations will be accepted December 1-12, 2014. For locations, please see attached form for additional info.





## Metuchen High School

400 Grove Avenue  
Metuchen, New Jersey 08840

Telephone: 732-321-8744  
Fax Number: 732-549-6415  
Guidance: 732-321-8750

### Mission Statement

Metuchen High School, building on a tradition of academic and co-curricular distinction, provides a safe and nurturing environment for all students. As an educational cornerstone in our historical, small suburb, we recognize the high expectations of our community. Our curricular offerings are an integral part of an evolving program that meets each student's intellectual, social, and emotional needs.

We are committed to superior classroom instruction and encourage our students to strive for excellence. Our school balances innovative, experiential, and traditional learning, encouraging all students to discover their talents, develop their strengths, and become responsible and productive citizens of a rapidly changing world.

We're on the web!

[www.metuchenschools.org](http://www.metuchenschools.org)

## Metuchen Public Library

### The Garden State Teen Book Awards

The Teen Advisory Board (TAB) of the Metuchen Public Library invites all Metuchen High School students to vote for their favorite titles in the 2015 Garden State Teen Book Awards.

Ballots are available in the Library of MHS, as well as in the YA Section of the Metuchen Public Library (480 Middlesex Avenue) during the month of December. All those who vote at MHS should ask Ms. Glave for a raffle ticket for a chance to win their choice of one of the three winning titles and a \$15 gift card, courtesy of the Friends of the Metuchen Library. Winners will be announced in January. To learn more about the award and to see the 2015 ballot, visit: [www.metuchenlibraryteens.org](http://www.metuchenlibraryteens.org) and click on "Garden State Book Award."



## **Metuchen High School**

400 Grove Avenue Metuchen NJ 08840 732-321-8744

October 5, 2014

Dear Metuchen Supporter,

The Metuchen High School Parent Teacher Organization and the Metuchen Band and Music Parents are happy to announce the first MHS Tricky Tray Auction. This event will be held at the Metuchen High School on January 24, 2015. The goal is to raise money to provide items that the Board of Education does not provide. Traditionally, the PTO has funded outdoor classrooms, mini-grants for all teachers and support staff, and technical equipment for the classrooms. The Metuchen Band and Music Parents have provided band members with instruments, funded championship t-shirts for our winning indoor percussion and winter guard, purchased props for the color guard and provided the instructors items from their wish list, such as a wireless speaker system. Through our combined efforts, we hope to raise funds to enhance the learning and growing process of the Metuchen High School student.

A tricky tray is a prize auction where attendees purchase tickets to win prizes. To ensure that this fundraiser is a success, we are in need of donations to use as prizes. We are a 501(c)(3) organization and our Tax ID number is **300-5-19755**.

We are asking that you kindly consider supporting this one event with a donation of goods, services, money and/or gift certificates.

***All donations must be received by January 1, 2015.*** Donations should be mailed to:

Metuchen Band and Music Parents  
400 Grove Avenue  
Metuchen, NJ 08840

If you have any questions, or if your donation cannot be mailed and must be picked up, please call Maria Morgan at 732-261-2481 or Dawn Valovcin at 732-895-1719. ***Please note that you/ your company will be listed in our event's program for hundreds of people to see!*** We thank you in advance for caring about the education of our children and for your generosity.

Sincerely,

Maria Morgan  
Metuchen Band and  
Music Parents, President

Dawn Valovcin  
Metuchen PTO, President

2014-2015



**To: All Band and Music Parents**

**From: Metuchen High School Band & Music Parents Membership Chair**

**You are invited to become a part of our MHS Band & Music Parents organization!**

Our organization supports the music programs in a wide variety of ways. We need parental assistance throughout the year at concerts and performances. The Band, Orchestra and Chorus students and instructors depend on your support to make things happen.

While the fall schedules focus heavily on Marching Band and Color Guard, we need your support throughout the year for Orchestra and Choral performances, too.

Our first meeting is **September 9 at 8 pm in the MHS Library**. Let's discuss how we might assist the students and instructors in making the programs successful!

**For the fall Marching Band and Color Guard:**

The schedule is attached and as you can see, it is a very busy season! Your involvement is the key to the success of the music program.

*Listed below are some of the ways we could use your assistance:*

- Loading and unloading the equipment trucks for all performances (we usually need a staff of about 7 people for each loading and unloading)
- Marching Band and Color Guard students need to be well hydrated to perform well. We count on parents to fill water jugs, have snacks available and get equipment on and off the field for the show
- Instructors need assistance with unexpected uniform and equipment repairs
- The instructors and students need your physical and moral support. Your attendance at all events is more important than you can imagine! Extra chaperones are always needed.
- Volunteers are needed to sell 50/50 tickets at each home game and at Ensemble Night.
- General fundraising for the department is a huge part of the scholarship fund used to support our graduating students. Funds are also needed for the million incidentals it takes to keep the students going on long days of performances.
- Parent volunteers are needed to collect donations for all concerts, set up and organize after concert receptions, help get students prepared for performances, giving out and collecting cummerbunds, bow ties and choir robes..... the list is endless.
- **Band Camp** chaperones are essential! Your help is needed and appreciated! Students and instructors need to be well hydrated and well fed during this intense week of learning. The group needs sun screen and bug repellent, (donations accepted).

Please contact us to share your ideas and volunteer your support. The students, instructors and administrators depend on your support to maintain the strong programs and exceptional learning experiences your children have in Metuchen. We need your help and support!

*With Sincere Thanks,  
The Band and Music Parent Officers*

## Metuchen High School Band & Music Parents Membership Form

Dues for the Band and Music Parents are \$30 per year, per family. This funding assists in defraying the numerous costs it takes to keep the music program moving forward. Please fill out the enclosed form. Either send it, along with \$30.00 to the Band and Music Parents, 400 Grove Avenue, Metuchen, NJ 08840 or drop it in our mailbox at the high school. You are also welcome to make a donation to the Music Scholarship Fund. Please make checks payable to “MHS Band & Music Parents”.  
**Thank you in advance for your consideration and support.**

Student's Name:	
Parents/Guardians Name(s):	
Address:	
Phone:	Email:
Membership Dues: \$ 30.00	
Total Enclosed:	



List the names of the officers and contact information here:

- Maria Morgan: [maria.morgan.gs@gmail.com](mailto:maria.morgan.gs@gmail.com)
- Charlotte Teachen: [charlotte.teachen@gmail.com](mailto:charlotte.teachen@gmail.com)
- Mary & Pat Getty: [pmgetty5@optonline.net](mailto:pmgetty5@optonline.net)
- Jennifer Feldmann: [jennylynn1002@aol.com](mailto:jennylynn1002@aol.com)

**Website:** <https://www.mhsbmp.com>

2014

# HOLIDAY HOUSE TOUR

SUNDAY, DECEMBER 7  
12-5PM

TOUR SIX BEAUTIFULLY DECORATED HOMES,  
ENJOY COMPLIMENTARY SEASONAL REFRESHMENTS, AND  
VISIT THE ARTISANS BAZAAR & RAFFLE AT THE  
OLD FRANKLIN SCHOOLHOUSE, 491 MIDDLESEX AVE, METUCHEN

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**\$20 IN ADVANCE, \$25 AT THE DOOR**

ADVANCE TICKETS AVAILABLE AT BRASS LANTERN, BORO ACE  
HARDWARE, BOYT DRUGS, GARDENIAS FLORAL, MARAFIKI FAIR  
TRADE, & TO BE CONTINUED. OR, ONLINE VIA OUR WEBSITE OR BY  
CALLING THE BIL AT 862-368-2202.

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## A LITTLE ABOUT THE SIX HOMES

*Two lovely Linden Avenue homes, one built in 1920 by an architect as his own residence ~  
Woodbridge Avenue residence with eclectic equine collections ~ Early 20th century Spanish  
Mission style home on Oak Avenue ~ A stunning new home in the southern end of Metuchen ~  
An encore performance of one of Metuchen's most welcoming and festive homes,  
this time with a special guest... Ho Ho Ho!*

**WWW.BOROUGHIMPROVEMENTLEAGUE.ORG**

*All proceeds from the event benefit the  
historic Old Franklin Schoolhouse.*

METUCHEN HIGH SCHOOL MUSIC DEPT

# TASTE OF ITALY

FUNDRAISER



## *Casa di Trevi*

534 W. Westfield Ave.

Roselle Park NJ

*HOMEMADE*

*GOURMET*

*PASTA*

We've got another delicious locally sourced fundraiser for the MHS Music Department.

***Casa di Trevi*** ravioli and fresh pasta. Haven't tried it yet? Here's a chance to stock your freezer for a great meal at any time and support the music students.

What to expect? Each ravioli is a delicious burst of flavor, a pillowy puff of perfection. We have a number of flavor choices and outstanding gluten-free gnocchi and ravioli available for you to order.

Share this fundraiser with your friends and neighbors who love good food.

Contact Maria Morgan

732.261.2481

Maria.morgan.gs@gmail.com

Read about Casa di Trevi in the Star-Ledger:

[http://www.nj.com/entertainment/dining/index.ssf/2013/03/family\\_factory\\_full\\_of\\_fusilli.html](http://www.nj.com/entertainment/dining/index.ssf/2013/03/family_factory_full_of_fusilli.html)

In the New York Times

<https://www.google.com/search?client=safari&rls=en&q=ny+times+casa+di+trevi&ie=UTF-8&oe=UTF-8>

And check out the reviews on Yelp:

<http://www.yelp.com/biz/casa-di-trevi-roselle-park>



## MHS Booster Club Order Form

ITEM	PRICE	QUANTITY	TOTAL					
Blue Silicone Wrist Bands w/Bulldog Imprint ( <b>closeout</b> ) <span style="float: right;">Circle: Yth or Ad</span>	\$1	_____	\$ _____					
Blue Silicone Bulldog Key Chain ( <b>closeout</b> )	\$1	_____	\$ _____					
Flip Flops ( <b>closeout</b> ) - please specify desired size in men's or women's <span style="float: right;">Size? _____</span>	\$5	_____	\$ _____					
Car Sticker-Color Shock (Metuchen, Pawprint, Bulldogs)	\$4	_____	\$ _____					
Drawstring Back Sacks	\$15	_____	\$ _____					
Black Baseball Cap (one size w/adjustable back)	\$15	_____	\$ _____					
Blue Baseball Cap (one size w/adjustable back)	\$15	_____	\$ _____					
Stadium Blanket (50x60)	\$20	_____	\$ _____					
<b>ITEM</b>		<b>6-8</b>	<b>10-12</b>	<b>14-16</b>				
Youth Short Sleeve Bulldog Blue T- Shirts	\$10	_____	\$ _____					
<b>ITEM</b>	<b>SM</b>	<b>MED</b>	<b>LG</b>	<b>XL</b>	<b>XXL</b>			
Junior Girls Blue SS T-Shirt						\$13	_____	\$ _____
Blue "M" Dawg Pound SS T-Shirt					XXL- \$15	\$13	_____	\$ _____
Grey Property of SS Football T-Shirt ( <b>close-out</b> )					XXL- \$15	\$13	_____	\$ _____
Grey Basketball SS T-Shirt ( <b>close-out</b> )					XXL- \$15	\$13	_____	\$ _____
Grey Shorts ( <b>close out</b> )						\$17	_____	\$ _____
Blue Mesh Shorts (embroidered MHS, Bulldogs)						\$17	_____	\$ _____
Black Mesh Shorts (embroidered MHS, Bulldogs)						\$17	_____	\$ _____
Blue Plaid Flannel Pajama Pants						\$20	_____	\$ _____
Black Plaid Flannel Pajama Pants						\$20	_____	\$ _____
Black Crew Sweatshirts ( <b>close-out</b> )								
Black Sweatpants (Bulldog face)						\$20	_____	\$ _____
Black Hooded Sweatshirt (Bulldog)						\$25	_____	\$ _____
Blue Hooded Sweatshirt (Bulldog)								
Black Hoody Applique Sweatshirt (Metuchen)						\$32	_____	\$ _____
Blue Hoody Applique Sweatshirt (Metuchen)						\$32	_____	\$ _____
Black Full Zip Applique Sweatshirt (Metuchen)						\$32	_____	\$ _____
Blue Full Zip Applique Sweatshirt (Metuchen)						\$32	_____	\$ _____
Grey Full Zip Applique Sweatshirt (Bulldog, MHS)						\$32	_____	\$ _____

Name: \_\_\_\_\_

Payment: cash or check payable to **MHS Booster Club**

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

**Options for ordering:**

**(1) E-mail the completed form to [metuchenboosterclub@yahoo.com](mailto:metuchenboosterclub@yahoo.com).**

**(2) E-mail the details of your request (quantity, product, size, and cost) to [metuchenboosterclub@yahoo.com](mailto:metuchenboosterclub@yahoo.com).**

**(3) Mail in completed form to MHS Booster Club, c/o Metuchen High School, 400 Grove Ave, Metuchen, NJ 08840.**

Upon receipt of order, a confirmation e-mail or call will be made acknowledging receipt, an estimate time frame for receipt of product, and the total due upon receipt of order.

updated 01.22.14

Sponsored by



## NEWS RELEASE

For Immediate Release

Contact: Karen Sherbine  
Phone: 732-668-7693  
E-mail: [karensherbine@hotmail.com](mailto:karensherbine@hotmail.com)  
Web site: [www.pawsfirstllc.com](http://www.pawsfirstllc.com)

## Paws First Hosts Hungry Bowl™ Pet Food Drive for Homeless Pets in Woodbridge Animal Shelter

People who are homeless or unemployed aren't the only ones who get hungry when food pantry donations run dry. Animal shelters and pet rescue operations also face empty pantries when feeding the countless unwanted animals waiting to be adopted.

**Paws First LLC, Metuchen NJ**, a proud member of Pet Sitters International (PSI), wants to restock those shelves this holiday season.

As part of an international effort spearheaded by PSI, the largest association for professional pet sitters, **Paws First LLC** is hosting the local Hungry Bowl™ Pet Food Drive. All dog and cat food will go directly to **Woodbridge Animal Shelter & Adoption Center**, which is in great need of pet food donations as it enters 2015.

Donations will be accepted December 1-12, 2014, at the following locations:

### Metuchen

Marafiki Fair Trade: 20 New St, Metuchen, NJ (732) 902-6300  
Old Franklin School (BIL): 491 Middlesex Avenue, Metuchen NJ (862) 368-2202.  
Metuchen High School: 400 Grove Ave, Metuchen, NJ 08840 (732) 321-8744

### Woodbridge

ShopRite: 877 St George Ave, Woodbridge, NJ (732) 636-3500  
Woodbridge High School, 1 Samuel Lupo Pl, Woodbridge, NJ (732) 602-8600  
JFK Memorial High School, 200 Washington Ave, Iselin NJ (732) 602-8650

For more information, contact Paws First LLC, Liz Boucher, owner/founder (732) 947-6719

[www.pawsfirstllc.com](http://www.pawsfirstllc.com)

<https://www.facebook.com/PawsFirst>

<https://www.petsit.com/>

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