

SUMMER 2014
ipmba news
 NEWSLETTER OF THE INTERNATIONAL POLICE MOUNTAIN BIKE ASSOCIATION



IPMBA: PROMOTING AND ADVOCATING EDUCATION AND ORGANIZATION FOR PUBLIC SAFETY BICYCLISTS.

VOL. 23, No. 3

Setting the Standards

by **Maureen Becker**
Executive Director

One of the “taglines” that IPMBA has used throughout the years is “Setting the Standards for Public Safety Cycling since 1991.” IPMBA was the first organization dedicated to providing resources and training, first for police cyclists and then also for EMS and security cyclists, and continues to raise the bar.

From the early days, when training for bike cops was often a laughing matter, to today, when most agencies have embraced training not only at the introductory level but also at the advanced level, IPMBA has led the way.

Ten years ago, IPMBA was approached by the International Association of Chiefs of Police (IACP) to author a model bicycle patrol policy. It was an exciting moment as it was tangible evidence that bike patrol has finally gained acceptance as a legitimate mode of patrol and an essential part of law enforcement operations. After extensive review by the National Law Enforcement Policy Board and the U.S. Department of

Justice, the policy was adopted and disseminated by IACP as well as by IPMBA.

Ten years later, a “new and improved” policy has been released. While much of the information remains fundamentally similar, it has been updated to reflect recent developments in equipment, operations, and training. Perhaps the most significant changes are related to training. The policy still recommends a nationally recognized, standardized course of at least 32 hours (the IPMBA Police Cyclist Course) for initial training as well as bike-specific firearms training and qualification in bike uniform, but the recommendations for in-service training have been strengthened. Refresher training of one day per year is now considered the minimum, with quarterly training considered best practice. Also added are recommendations for seasonal refresher training and skill evaluations and appropriate training for officers absent from bike patrol for extended periods.

A section on fitness and wellness, addressing such topics as nutrition, hydration, exertion training, and protection from the elements (e.g., heat, cold, and sun) has also been added. Experts from the American College of Sports Medicine were consulted to review and update the section on pre-screening.

Other key enhancements related to operations include supervisory responsibility, sidewalk riding, search and rescue, and public order.

All police and security cyclists are encouraged to download the updated policy from <http://ipmba.org/images/uploads/2014-IPMBA-IACP-Bike-Patrol-Policy.pdf> or contact the office for a hard copy. Use this opportunity to assess your own bike patrol policy to ensure that you, too, are setting the standards.

Stay tuned for the forthcoming IPMBA EMS Bicycle Operations Model Policy.



Bike Patrol Is Vital to Federal Police Forces

by **Ryan Dobbs, PCI#1320**
U.S. Government Printing Office (DC) Police

When you read my information underneath the title, you might have asked yourself, “What is the U.S. Government Printing Office Police?” Yeah, we get that a lot. My department, also known as GPO Police, is one of roughly 40 federal police departments in the Washington, D.C., area alone. Just like state and local police departments, many federal police departments such as the GPO Police utilize police cyclists as an integral part of their patrol functions.

You have probably heard of U.S. Park Police and U.S. Capitol Police, which are two of the larger federal police departments. But have you heard of Bureau of Engraving and Printing Police, U.S. Mint Police, Amtrak Police, or Defense Intelligence Agency Police? These are just a few examples of the many federal departments in the Washington, D.C. area. Federal police forces have unique missions, each playing an important role in homeland security. For example, U.S. Capitol Police protects the Capitol Complex. U.S. Secret Service Uniformed Division protects the White House. U.S. Park Police protects federal owned parklands, monuments, and memorials. FBI Police protects the FBI Headquarters and Washington Field Office. All four of these agencies have utilized bicycle patrol units. GPO produces official information of the U.S. government, to include passports for the Department of State. So you can see why

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First Responder Kinship



As a training-oriented organization, IPMBA has always emphasized the importance of meaningful, comprehensive and regular training for our police, EMS, and security riders. In our efforts to promote public safety cycling, we have made great strides in coordinating training that includes police, EMS, and security working together toward our shared goals. Our basic (PC/EMSC/SC), intermediate (PSC II/EMSC II) and advanced (BRT, Instructor) courses are not just parallel, but are often run simultaneously, to better incorporate training our cyclists together.

The Bicycle Response Team (BRT) training courses held across the country are a superb example of how we perform far better cooperatively than we do independently of each other. Our EMS brothers and sisters have shown us the way to incorporate tactical medical training and equipment into our everyday operations. Their efforts to find ways to equip our officers with tactical tourniquets and blood-clotting devices have already saved the lives of many officers

and civilians, and the sooner we embrace this equipment and training, the better.

While I will leave recommendations for specific brands or models of these devices to our EMS experts, tactical medical or self-aid/buddy-aid tools, like tourniquets, have become as important a life-saving tool as body armor.

We must continue to strive to find new and innovative ways to work together toward our common goals. Under the term “public safety”, the differing roles of EMS, police, and security have begun to blur in ways that are encouraging and vital to our shared mission.

Their efforts to find ways to equip our officers with tactical tourniquets and blood-clotting devices have already saved the lives of many officers and civilians...

Bernie Hogancamp

Become an IPMBA Instructor



Join the ranks of more than 1,400 of your fellow public safety bicyclists by becoming an IPMBA Instructor.

Call 410-744-2400 or email info@ipmba.org for an instructor application packet. In the simplest of terms, to become an Instructor, you must meet the criteria outlined in the packet, apply to IPMBA headquarters, be approved, then register for and attend one of the Instructor Courses.

Upcoming courses:

- Appleton WI (September 15-19, 2014)
- Idaho Falls ID (September 22-26, 2014)
- Hershey PA (September 22-26, 2014)

“I applaud IPMBA for upholding a strong standard for participating in the IC.”
“This is the best instructor course I have ever been involved in.”
“Challenging and rewarding...a hard-earned certificate!”



Newsletter of the
**International Police Mountain
 Bike Association**

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 The International Police Mountain Bike Association promotes the use of bikes for public safety, provides resources and networking opportunities, and offers the best, most complete training for public safety cyclists.

IPMBA Membership is \$55.00 per year.

Interested in submitting an article?
Interested in advertising in IPMBA News?
 Email Maureen@ipmba.org for information.

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PoliceBikeStore.com – Our name says it all. We are in business to fulfill all of your Police Bike Patrol needs. From bikes, lights and tools to eyewear, helmets, uniforms and much more. We outfit everyone from Individual Officers to large Federal Agency Fleets. **Quantity Discounts and Packaged Deals Available**



Simply Better

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Recent Customer Comment

“I credit you and your company for exceptional Customer Service and professionalism!”
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**Bicycles – Lights – Tools – Pumps
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APPROACH PATROL BICYCLE

The Toughest Patrol Bikes On Earth!



**Congratulations, Scott Picquet.
Tour Divide Finisher 2014**



The toughest bike race in the world is not in France.



"I can't express the gratitude I have for being allowed to compete with such a fine group of motivated people and to have finished. I have learned that by accomplishing this personal goal in my life, when people here the story and begin to recognize the magnitude of this event it inspires people." Scott Picquet

Coming soon!! More about the Tour Divide Race and the rigors of daily use Scott put his Volcanic "APB" through.

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TAMPA 2014

Hot Times in Tampa

May 16-23, 2014. The IPMBA Conference was held in Florida for the first time since 1993. Back then, IPMBA was just one year old and the IPMBA Police Cyclist Course, which attracted 90 participants from around the country, was just being rolled out to the masses. Things were a little different this year, but no less exciting, as 250 attendees representing 125 agencies from 35 states as well as Argentina, Canada, Iceland, Switzerland, and the UK flocked to Tampa like a bunch of snowbirds.

They participated in a wide array of multi-day training courses and a dizzying selection of workshops. From *Airport Operations* to *Event Planning*, *Bicycle Response Teams* to *Firearms*, *Maintenance* to *Bicycle Rodeos*, they filled the streets, alleys, and parks of Tampa with all kinds of IPMBA training. Take a little ride with us down memory lane. *Pages 5 – 14.*



The IPMBA board, staff, members, and conference attendees would like to express their sincere appreciation to Chief Jane Castor and the Tampa Police Department (TPD) for hosting the 24th Annual IPMBA Conference. Without their support and that of their partnering agencies, the Tampa International Airport (TIA) Police Department and the University of Tampa (UT) Department of Campus Safety, this conference would not have been possible.

IPMBA would like to recognize the members of the Command Staff, who were essential to providing an excellent training experience. We would like to extend special recognition to Sergeant Eddy Croissant, a long-time IPMBA member and staunch supporter who has been the driving force behind IPMBA's return to Florida for the first time since 1993. He and key committee members Sr. Cpl. Judy Diaz and Officers Kristina Duran and Jesse Horn invested many hours and much effort into the planning and implementation of this conference.

Their efforts were supported by Command Staff members Sgt. Doug Groves, Cpl.

Colin McCoy, MPOs David Cosme, Michael Duran, and Julio Martinez; Officer Robin Ward, Dispatcher Tina McGrath, PTS Thomas Downes, and others too numerous to mention, but whose contributions were nonetheless essential to the success of the conference.

We would also like to commend the fine young men and women from the Tampa Police Department Explorers who volunteered their time to staff the IPMBA Bike Check, an essential function that ensures the security of attendees' bicycles and related equipment. They of course were always ready and willing to complete "other duties as assigned."

IPMBA joins instructors John Zizzo of Minneapolis-Saint Paul Airport Police and Gerard Robinson of London Ambulance Service, Heathrow Airport, in extending special thanks to Airport Police Chief Paul Sireci, Lt. Theodore Pawlowski, Sgt. Robert Thomson, Officers Rick Hackett, Michael Marston, and Lane Grove; and the other members of the TIA team who contributed to the success of the *Airport Operations* program.

Also essential to the conference was the cooperation of UT Security Director Kevin Howell, who facilitated our use of the parking garage for cone courses (and shelter from the sun) and for providing access to restroom facilities. We also are grateful for the secure, free parking used by attendees who brought trailers and/or oversized vehicles to the event.

We are grateful to the generous in-kind and financial support provided by Tampa Bay and Company, the Tampa Police Benevolent Association, Oliver's Cycles, Columbia Restaurant, Hattrick's Tavern, and the Bad Monkey. Last, but not least, we thank Steve and Laura Toll of ISM Saddles, who graciously provided warehouse storage space for conference supplies.

Finally, we thank YOU. We recognize that you often have to overcome such obstacles as staffing shortages, training budget reductions, and travel restrictions to attend. Your commitment to training is an inspiration.

We look forward to seeing you at the 25th Annual IPMBA Conference, April 11-18, 2015, in Chandler, Arizona.

TAMPA 2014!



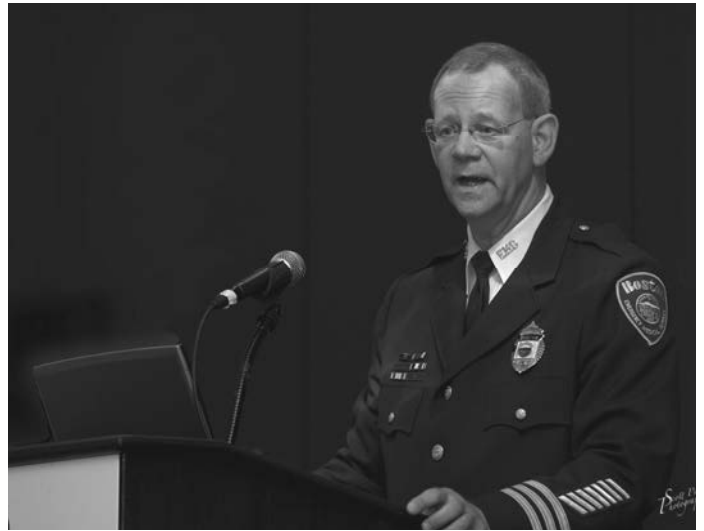
This page, clockwise from top left: Brian Bernd, New Port Richey (FL) Police; Christopher Polgar, Twin W EMS (NJ); Team Argentina-Switzerland (Noelia Fernandez, Lucas Vargas, Roger Pfister, Reto Luethi); Tampa PD Explorers at Bike Check; Instructor Candidates; Firearms Training; Richard Waters - A Clean Bike is a Happy Bike; Reto Luethi, Switzerland Police.



Next page, clockwise from top left: Bicycle Response Team Training; Keynote Speaker Boston EMS Deputy Superintendent Neil Blackington (*photo by Scott Parr*); Team Chandler at the Tampa PD Police Memorial; Bicycle Response Team Smoke Drill; Police Cyclist Course Firearms Training; Mike Wear and Friend; Tampa Officers Robin and Kristina at Command Post; Award of Valor Recipient James Englert; David Millican Demonstrates Chain Repair. *Photos by Scott Picquet unless otherwise noted.*



TAMPA 2014



Competition 2014: Hot in the City

by Mike Harris, PCI #1125
Mill Creek (WA) Police Department
IPMBA Treasurer

Robert Collett, EMCSI #263
Poudre Valley Health System (CO) Ambulance

The city of Tampa, located on the west coast of Florida near the Gulf of Mexico, provided a beautiful backdrop for the 24th IPMBA conference competition. After parading through the city, the riders arrived at Julian B. Lane Riverfront Park, where they assembled for the traditional group photo with the river and skyline behind them.

At the end of the tunnel, a 90-degree turn had to be negotiated before the riders could propel themselves towards the next series of obstacles.

Although a seemingly simple obstacle, this turn proved to hinder more than a few of the riders. Some clearly were rattled, but had to recover immediately, as they were confronted with the ever-present teeter-totter. This was followed by a railroad-tie ramp ascending into a woodchip “garden”, which required a dismount and carry back down to the pavement. Amidst the concrete and brick dominating the course, the log and railroad tie teeter-totter and ramp were a unique contrast for the competitors.

Whether they stepped down, jumped down, or fell down from the wood chips, after remounting, riders encountered a curb ascent onto a grassy berm requiring a diagonal ascent. Here they navigated through yet more cones and around some large shade trees, no doubt a welcome respite from the intense Florida sunshine.

Next up was a sprint towards an industrial-looking, flat-topped dome, topped with chain-linked iron posts outlining the next obstacle lying in wait. This dome required a short, punchy climb to the top. The riders were then forced to find their balance with rubbery, lactate-filled legs as they faced a slow speed, counter-clockwise circle equivalent to any nine-foot box. After completing the circle, their reward was a descent into yet another cone course, followed by an off-camber arc up and over a cone on the opposite side of that same dome, and then yes, you guessed it, more cones.

Finally, after navigating all these obstacles, punctuated by tricky sand traps, the competitors were able to sprint to the finish, gasping for breath as they hoped to beat the clock and each other. The complexity of the course allowed riders of all abilities a chance to put their newly honed bike skills attained over the previous days of training to the test. This competition proved that age does not need to be a factor as the 20-year age span did not seem to slow anyone down. The top four riders in the public safety category were all over 30 years of age, with the first place rider, Jon Pesesko, having just attained the half-century mark, clocking in 1:31.99. In second place was Evan Coward (age 32) with a time of 1:33.02. In third place was Pat Hernandez (age 45) with a time of 1:36.29, surprisingly

enough, considering he got turned around in the course and headed in the wrong direction. Bobby Sellers (age 35) rounded out the top four with a time of 1:38.88. It was an amazing finish!

The team competition was exciting as ever with only 3.96 seconds separating the first place and the third place teams. Team “Up a Creek” from Cypress Creek TX, seized first place with a time of 7:14.81. This was followed closely by Team “Three Men and a Medic” (7:15.92) and 2015 IPMBA Conference Host “Team Chandler” (7:18.77).

To further demonstrate that practice and experience can count more than age, Open Category winner Eric Kackley (age 45) of Volcanic Bicycles earned the overall best time (1:27.98). He had some company in the Open Category this year, thanks to Austin McInerney, National Interscholastic Cycling Association (NICA), who finished on a borrowed Volcanic with a very respectable time of 1:36.20.

The last rider on the course was pro rider Derrick Maready of Mad March Racing/IMBA-ICP, who finished with a time of 1:35.09.

Medals and other recognitions were presented during the Awards Ceremony held at the venerable Columbia Restaurant in historic Ybor City.



Reto Luethi, Rob Collett, Roger Pfister.

Congratulations to the nearly 50 riders who completed the competition this year.

We are looking forward to the next creative competition course at the 25th Annual Conference in Chandler, Arizona (April 11-18, 2015). Consider yourself challenged!



Arriving at the competition.

As frequent competitors can attest, no two IPMBA Competition Courses are ever alike. They are always a combination of obstacles in the built environment and the inventions of creative – or one might say diabolical – minds. This one was no different.

The Julian B. Lane Riverfront Park is, as its name suggests, situated on the banks of the Hillsborough River. It is a popular gathering spot for outdoor entertainment and children at play due to its outdoor amphitheatre and extensive playground. The competition design team used both of these features – and more – to full advantage. They seemed to derive a certain pleasure out of including sand traps to power through, something that not all riders contend with on a daily basis.

From the staging area, riders entered the course through a tunnel littered with offset cones, only to encounter a stair ascent up to a small, circular platform. It was evident that these competitors were serious by watching their ascending techniques, which ranged from the standard IPMBA “lofting” method to high speed bunny hops. Once atop the platform, they navigated a looping cone course before descending several stairs and weaving through another cone-dotted tunnel.

Photo courtesy: Maureen Becker

Photo courtesy: Rob Collett

IPMBA RECOGNITION

IPMBA Recognizes James Englert and Al Simpson

On May 22, 2014, during the IPMBA Conference/Competition Awards Ceremony, IPMBA presented two special awards to two deserving members.

James Englert (below, left) of Arapahoe (CO) County Sheriffs Office received the IPMBA Award of Valor for his role in thwarting a school shooter in December (see *IPMBA News*, Spring 2014 and page 23 of this issue).

Al Simpson, (below, right) long-time instructor and Instructor-Trainer retired from Pompano Beach (FL) Police Department, received an Exemplary Service award in recognition of his contribution to the development and delivery of the IPMBA Instructor Course (see *IPMBA News*, Winter 2014).



Photo at left by Scott Parr; at right, courtesy Al Simpson

LAST WORD(S) ...

“AWESOME CONFERENCE!!!!!!!!!!!!!! Like totally MEGA-AWESOME!!!!!!!!!! That one definitely set the standard for me!!!”

“The Bicycle Response Team course was excellent and we recently had the opportunity to utilize some of the crowd control techniques we learned. We were able to utilize many of the skills we learned in controlling a crowd of approximately 2500-3000 people. Thanks for the great training and we hope to be able to attend next year’s conference in Arizona.”



Competition 2014 Results

INDIVIDUAL COMPETITION

Female under 30

Noelia Fernandez – 2:14.17, *Salta (Argentina) PD*

Female 30+

Lisa Taube – 2:10.38, *Asheville (NC) PD*

Sara Hall – 2:16.06, *Dublin (OH) PD*

Male under 30

Steven Ray – 1:39.16, *Cypress Creek (TX) EMS*

Christopher Burford – 1:42.27, *Charleston (WV) PD*

Male 30-39

Evan Coward – 1:33.02, *Asheville (NC) PD*

Second Overall, Public Safety

Bobby Sellers – 1:38.88, *Cypress Creek (TX) EMS*

Male 40-49

Patrick Hernandez – 1:36.29, *Albuquerque (NM) PD*

David Sitz – 1:39.69, *Chandler (AZ) PD*

Male 50+

Jon Pesesko – 1:31.99, *Bethlehem (PA) PD*

First Overall, Public Safety; Second Overall

Dave Dager – 1:42.19, *Univ. of Pennsylvania (PA) PD*

TEAM COMPETITION

Up a Creek – 7:14.81

Steven Ray, *Cypress Creek (TX) EMS* – 01:39.16

Bobby Sellers, *Cypress Creek (TX) EMS* – 01:38.88

Jeff Taylor, *Cypress Creek (TX) EMS* – 01:54.61

Matt Tomlinson, *Cypress Creek (TX) EMS* – 02:02.16

Three Men and a Medic – 7:15.92

Chris Denshuick, *Univ. of Pennsylvania (PA) PD* – 01:44.22

Adam Gaby, *Five Rivers Metroparks (OH) PD* – 01:49.20

Mike Hudspeth, *Guilford County (NC) EMS* – 01:41.06

Matthew Worm, *Omaha (NE) Police Department* – 02:01.44

Team Chandler – 7:18.77

Blake Fairclough, *Chandler (AZ) PD* – 01:52.32

Kyle Jordan, *Chandler (AZ) PD* – 01:45.64

Scott Parr, *Chandler (AZ) PD* – 02:01.12

David Sitz, *Chandler (AZ) PD* – 01:39.69

Open Category

Eric Kackley, *Volcanic Bicycles* – 1:27.98

First Overall*

Austin McNerney, *National Interscholastic Cycling Association* – 1:36.20

Pro Category

Derrick Maready, *Mad March Racing/IPMBA ICP* – 1:35.09

Excellence in the Exhibit Hall

IPMBA appreciates the support of companies who demonstrate their commitment to excellence in outfitting public safety cyclists.

Everyone enjoys novelty, so it was exciting to welcome a number of “first-timers” to the fold.

the folding lock reviewed on page 18 of this issue.

Attentus Medical Sales sponsored the *Self-Aid/Buddy-Aid* workshops.

Represented by IPMBA-trained EMS Cyclist Eric Seymour, Attentus is a distributor of emergency medical

supplies, including trauma kits and QuikClot.

Instant energy was available at the **CeraSport** booth, where gluten- and sugar-free, rice-based electrolyte replenishment products were on offer.

into more productive channels.

Partnering with police agencies can be rewarding for both the students and the police officers.

While **Police-Security Expo** is not new to IPMBA, as IPMBA has a booth at the Atlantic City show every year, this is the first time that they have come to the IPMBA Conference. Police-Security Expo offers a trade show filled with every imaginable product for law enforcement and security personnel.

IPMBA is often a testing and proving ground for new companies and/or new products, and this year was no different. **TRM Sales Management** conducted some market research to gauge the feasibility of developing an EMS backpack specifically for use by bike medics.



Photo by Scott Parr

Readying for the rush.

Cycolite, long a member of the Product Purchase Program and a Corporate Member, joined us in person for the first time. As the sponsor of the night operations portions of the Police Cyclist, EMS Cyclist, and Instructor Courses as well as the Night Operations workshop, they provided 16 demo units for attendees to experience. One might say they made the conference experience a little bit brighter!

Speaking of lights, **425 Inc.**, well represented by Racine police officer Chad Stillman, brought the Guardian Angel to the table. The Guardian Angel is a wearable mini-light designed specifically with officer safety in mind.

A different type of security was on display at the **ABUS Mobile Security** booth. ABUS, a German company, specializes in all forms of security, including an array of locks, such as

displaying an innovative duty belt system that provides officers with greater flexibility in equipment placement, a feature bike officers appreciate due to the unique demands of the cycling position and pedaling motion.

The **National Interscholastic Cycling Association (NICA)** joined us to promote the establishment of mountain bike programs in high schools.

Such programs not only offer an alternative to “traditional” sports, they can be effective in channeling the energy of at-risk youth

DutySmith was

(Continued on page 11)



Photo by Scott Parr

The Safariland Group.

TAMPA 2014

(Continued from page 10)

ZOLL Medical Corporation displayed AEDs both as part of their continued effort to equip police officers with AEDs as they are often first on scene and because of their commitment to providing top-of-the-line equipment to EMS providers.

While first-time exhibitors bring novelty into the exhibit hall, the commitment to excellence by long-time, repeat exhibitors cannot be overlooked. These companies attend the conference year after year, for better and for worse, in destinations nearby and far away.

Our Corporate Members really stood out this year. **Bratwear** outfitted the Command Staff in snazzy blue-and-gold polos that really made them stand out in the crowd. **MOCEAN** sponsored the exhibit hall reception AND supplied warm-weather friendly tan/khaki shirts for the Instructors. **Police Bike Store** supplied all attendees with a means of staying “hydrated” - the pint glasses were one of the most popular items in the welcome bags.

The Safariland Group was out in force, and generously donated a Safariland-Kona patrol bike to be raffled. It raised \$690 for IPMBA programs and made Edmond “Jake” Jacobs of DHS/Federal Protective Services in Boston MA, a very happy man. **Volcanic Bicycles** owner Eric

Kackley was often found in the bike check, providing on-site mechanical support to those in need of repairs. When he wasn’t there, Randy Myhre of **Oliver’s Cycles** took over the shop.

Other repeat exhibitors were **4Bike-Police.com**, **Haix North America**, **ISM Saddles**, **Kryptonite** (sponsor of *Dude, Where’s My Bike?*), **My Police Stuff**, and **National Association of School Resource Officers (NASRO)**. In addition to exhibiting, **ISM Saddles** generously made warehouse space available for the dozens of boxes shipped to the conference.

Once again, attendees were given welcome bags provided by **R&B Fabrications**. These were stuffed with **ABUS** pens, **CeraSport** electrolytes, **NLEOMF Ride and Run to Remember** can koozies, **QwikShower** wipes, **RAND Momentum** rip-and-drip lubes, **IPMBA-custom Whistles for Life**, **Volcanic** neck wallets, and **ProGold** lube. **ProGold** and **RAND** also provided supplies for the Maintenance Officer Course and maintenance workshops.



Photo by Scott Parr

Police Bike Store

The silent auction raised about \$1000 to support IPMBA’s programs, a tidy sum, but unfortunately less than previous years. Times are still tough.

We thank our contributors, who donated a vast array of items, and, of course, the bidders. Products were provided by: **425**, **4Bike-Police**, **ABUS**, **Attentus**, **Bar Mitts**, **Bernie Hogancamp**, **Bratwear**, **Cane Creek**, **Cycle Aware**, **Cygolite**, **Ergon USA**, **HeroKit**, **Holster Light**, **iFORCE**, **ISM**, **James Englert**, **Kryptonite**, **My Police Stuff**, **Mobile Edge**, **NICA**, **Olympic Uniform**, **Pat Hernandez**, **Patrol Bike Systems**, **Police Bike Store**, **PrestaCycle**, **ProGold**, **R&B Fabrications**, **John E. Reid Seminars**, **Sock Guy**, **Street Crimes Seminars**, **ZOLL**, and **Zoic**.



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IPMBA 2014!

Conference Vendors and Supporters

IPMBA thanks the vendors and other supporters of the 24th Annual IPMBA Conference. We appreciate those who were able to join us in the exhibit hall and those who provided sponsorships and in-kind contributions. Please support those who support you by patronizing them for ALL your bike patrol needs!



CORPORATE MEMBER VENDORS

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Cygolite (proud sponsor of the Urban Night Operations and Team Building workshop)

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Email: patrol@cygolite.com
Website: www.cygolite.com
Product/Service: High brightness lighting systems, designed and built in the USA.

MOCEAN

Contact: Bill Levitt
Telephone: 949-646-1701
Email: moceanbl@aol.com
Website: www.mocean.net
Product/Service: Manufacturers of Technical Law Enforcement and Bike Patrol Uniforms.

Police Bike Store

Contact: Michael Espejo
Telephone: 973-366-5868
Email: info@policebikestore.com
Website: www.policebikestore.com
Product/Service: Police bikes and accessories, including Fuji bikes, Code 3 Sports lights and sirens systems, bags, uniforms, and more.

The Safariland Group

Contact: Sean Lackey
Telephone: 800-347-1200
Email: sean.lackey@safariland.com
Website: www.safariland.com
Product/Service: Law enforcement bicycles, duty gear, and bicycle accessories.

Volcanic Bicycles

Contact: Eric Kackley
Telephone: 509-427-8625
Email: info@volcanicbikes.com
Website: www.volcanicbikes.com
Product/Service: The "Toughest Patrol Bikes on Earth"; Volcanic Bikes: Friends Don't Let Friends Ride Junk!

425 Inc.

Contact: Chad Stillman
Telephone: 414-220-0605
Email: chad.stillman@425inc.us
Website: www.425inc.us
Product/Service: The Guardian Angel®: A portable, wearable, mini-light bar designed to improve personal safety on the job.

4BIKE-POLICE.COM

Contact: Mark Leonard
Telephone: 501-517-5338
Email: lcginc@sbcglobal.net
Website: www.4bike-police.com
Product/Service: Police Bikes and Patrol Gear. Head-to-toe outfitting for first responders.

ABUS Mobile Security

Contact: Collin Myers
Telephone: 312-640-1111
Email: collin.myers@abus.com
Website: www.abus.com
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Contact: Eric Seymour
Telephone: 866-456-3929
Email: eseymour@attentusmedical.com
Website: www.attentusmedical.com
Product/Service: Attentus Medical Sales is a leading, nationwide distributor of emergency medical supplies and equipment.

CeraSport

Contact: Jennifer Rapp
Telephone: 843-842-2600
Email: jrapp@ceraproducts.us
Website: www.ceraproductsinc.com
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Website: www.dutysmith.com
Product/Service: Law Enforcement Duty Gear

Haix North America

Contact: Sandy Longarzo
Telephone: 866-344-4249
Email: service-hna@haix.com
Website: www.haix.com
Product/Service: High-tech footwear for police, EMS, and security cyclists

Hero Kit

Contact: Jason Berv
Telephone: 970-497-2308
Email: info@herokit.com
Website: www.herokit.com
Product/Service: Hero Kits are portable, comprehensive bike repair kits, complete with instructions, tools, and materials, for the most common repairs in the field.

ISM Saddles

Contact: Laura Toll
Telephone: 813-909-1441
Email: laura@ismseat.com
Website: www.ismseat.com
Product/Service: ISM Bicycle Saddles: The Most Comfortable Saddles in the Galaxy.

Kryptonite (proud sponsor of the Dude, Where's My Bike? workshop)

Contact: Daryl Slater
Telephone: 781-232-1294
Email: daryl.slater@allegion.com
Website: www.kryptonitelock.com
Product/Service: Premier provider of bicycle security products, including u-locks, chains locks, and cable locks.

My Police Stuff

Contact: Mike Hill
Telephone: 336-306-3747
Email: mike@mypolicestuff.com
Website: www.mypolicestuff.com
Product/Service: Police stuff, gifts, specialty items

National Association of School Resource Officers (NASRO)

Contact: Kerri Williamson
Telephone: 888-316-2776
Email: kerri.williamson@nasro.org
Website: www.nasro.org
Product/Service: NASRO is dedicated to providing the highest quality training to school-based law enforcement officers in order to promote safer schools and safer kids.

National Interscholastic Cycling Association (NICA)

Contact: Austin McNerny
Telephone: 510-524-5460
Email: Austin@nationalmtb.org
Website: www.nationalmtb.org
Product/Service: Founded in 2009, the National Interscholastic Cycling Association (NICA) provides leadership, services and governance for local leagues to produce quality mountain bike events, and supports middle and high school student-athletes in the development of strong body, strong mind and strong character through their efforts on the bike. With 1,300 coaches and nearly 4,000 participants, NICA is working hard to make cycling an accepted school sport.

Police Security Expo

Contact: Miles Watkins
Telephone: 800-323-1927
Email: police-securityexpo@comcast.net
Website: www.police-security.com
Product/Service: 28th Annual Police Security Expo, June 24-25, 2014; Atlantic City (NJ) Convention Center. Open to Law Enforcement and Security Professionals only. Free Admission.

IPMBA 2014

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Dirt Rag/Bicycle Times

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 Product/Service: Dirt Rag and Bicycle Times

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National Law Enforcement Officers

Memorial Foundation
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 Product/Service: National Law Enforcement Memorial

Officer.com

Website: www.officer.com
 Product/Service: LET, LEPN, officer.com

Olympic Uniforms

Website: www.olyuniforms.com
 Product/Service: Bike Uniforms

Patrol Bike Systems

Website: www.patrobike.com
 Product/Service: Bike Patrol Supply

Polar Bottle

Website: www.polarbottle.com
 Product/Service: Insulated Water Bottles

Police Magazine

Website: www.policemag.com
 Product/Service: Police Magazine

Prestacycle

Website: www.prestacycle.com
 Product/Service: Tools, Air Compressors

ProGold

Website: www.progoldmfr.org
 Product/Service: Lube for bikes and guns

Quikshower

Website: www.quikshower.com
 Product/Service: Gym Class Wipes

Sock Guy

Website: www.sockguy.com
 Product/Service: Socks, Arm Warmers

Street Crimes Seminars

Website: www.streetcrimes.com
 Product/Service: Street Crimes Seminars

US Office of Community Oriented Policing Services

Website: http://www.cops.usdoj.gov/
 Product/Service: Grants and resources for Community Policing

Whistles for Life

Website: www.whistlesforlife.com
 Product/Service: Safety Whistles

Zoic

Website: www.zoic.com
 Product/Service: Cycling apparel

Made possible through the support of Mocean, manufacturers of technical law enforcement and bike patrol uniforms.

IPMBA 2014

Instructors and Guest Instructors

The annual IPMBA Conference owes its reputation as the premier training event for public safety cyclists to the fine individuals who volunteer their time, talent, and expertise. IPMBA is grateful to the highly-qualified instructors and presenters who once again provided a safe, effective training environment and ensured the attendees went home with enhanced skills and knowledge.

Certified IPMBA Instructors

Jason Bain, Saint Paul PD, Saint Paul MN
Kirby Beck, Coon Rapids PD (Retired), Coon Rapids MN
Ed Brown, Orange Cnty. Fire/Rescue-Osceola Cnty. Sheriff's Office (Retired), Orlando FL
Robert Collett, Poudre Valley Hospital EMS, Fort Collins CO
Doug Dillon, Houston PD, Houston TX
Dwight Edwards, Cabell Cnty. EMS/Huntington PD, Huntington WV
James Englert, Arapahoe Cnty. Sheriff's Office, Centennial CO
Kurt Feavel, Univ. of WI @ Madison PD (Retired), Madison WI
Dan Ganzel, Palm Beach Cnty. Sheriff's Office, West Palm Beach FL
Troy Gielish, Irvine PD, Irvine CA
Michael Gommer, Upper Dublin Township PD, Fort Washington PA
Artie Gonzales, Topeka PD (Retired), Topeka KS
Mike Harris, Mill Creek PD, Mill Creek WA
Tom Harris, East Baton Rouge EMS, Baton Rouge LA
Robert Hatcher, Delaware PD, Delaware OH
Patrick Hernandez, Albuquerque PD, Albuquerque NM
David Hildebrand, Denton PD, Denton TX
Bernard Hogancamp, Homewood PD (Retired), Homewood IL

Mike Hudspeth, Guilford Cnty. EMS, Greensboro NC
Eugene Johnson, Atlanta PD, Atlanta GA
Mike Johnston, Utah's Hogle Zoo/Univ of Utah Police, Salt Lake City UT
Ron Kalomeris, Englewood PD, Englewood NJ
Craig Lepkowski, Lake Forest PD, Lake Forest IL
Chad McDaniel, Seminole Cnty. Sheriff's Office, Sanford FL
Gary McLaughlin, Sacramento PD (Retired), Sacramento CA
Erik Merlin, New York State University Police at SUNY Cortland, Cortland NY
David Millican, Denton PD, Denton TX
Wren Nealy, Cypress Creek EMS/Waller Cnty. Sheriff's Office, Spring TX
Gerard Robinson, London Ambulance Service, West Drayton Middlesex, London
Bobby Sellers, Cypress Creek EMS/Waller Cnty. Sheriff's Office, Spring TX
Al Simpson, Pompano Beach PD (Retired), Pompano Beach FL
Jeff Taylor, Cypress Creek EMS/Waller Cnty. Precinct 1 Constable, Spring TX
Christopher Thompson, Broward Sheriff's Office Fire-Rescue, Fort Lauderdale FL
Michael Wear, Metropolitan PD DC, Washington DC
Matthew Worm, Omaha PD, Omaha NE
Marc Zingarelli, Circleville FD, Circleville OH
John Zizzo, Minneapolis/Saint Paul International Airport Police, Saint Paul MN

Guest Instructors

Derrick Maready, Mad March Racing, Burgaw NC
George Martinez, Sacramento PD, Sacramento CA
Austin McInerney, National Interscholastic Cycling Association, Berkeley CA

Tim Schurr, Ashland Bicycle Works, Ashland OR
Pamela Thompson, Thompson Training Associates, Plantation FL
Jesus Trejo, Sacramento Police Department, Sacramento CA



Congratulations, New Instructors!

Kevin Barrett, Memphis PD, Memphis TN;
Benjamin David Bland, National Geospatial Intelligence Agency Police, Springfield VA;
Elizabeth Brewer, Santa Fe PD, Santa Fe NM;
Christopher Burford, Charleston PD, Charleston WV; **Ryan Burnam**, Bowling Green PD, Bowling Green KY; **John Capers**, Garland PD, Garland TX; **Kenneth Coburn**, Las Cruces PD, Las Cruces NM; **Caleb Crothers**, Knoxville PD, Knoxville TN; **Robert Duncan**, Garland PD, Garland TX; **Richard Gillard**, College of Charleston Dept. of Public Safety, Charleston SC;
Edmond Jacobs, DHS/Federal Protective Services, Boston MA; **Michael Kuchy**, Hartford PD, Hartford CT; **Blake Kuntz**, City of Bethlehem PD, Bethlehem PA; **Eric Kutty**, Wayne Cnty. Airport Authority Police, Detroit MI;
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Bentonville AR; **Daniel Lopez**, Las Cruces PD, Las Cruces NM; **Matthew LoPresti**, Savannah-Chatham Metropolitan PD, Savannah GA; **Darin J. Lutz**, Kansas City PD, Kansas City MO; **Vincenzo Marfella**, Hartford PD, Hartford CT; **Daniel Markiewicz**, University of Virginia PD, Charlottesville VA;
Hedrick Miller, Charleston PD, Charleston WV; **James Montiel**, Orange Cnty. Sheriff's Office, Orlando FL; **Joseph Nargiso**, Miami Gardens PD, Miami Gardens FL; **Andrew George Penny**, Lee Cnty. Sheriff's Office, Fort Myers FL; **Paul Ramsay**, Palm Beach Cnty. Sheriff's Office, West Palm Beach FL; **Mitch Robinson**, Omaha PD, Omaha NE; **Allen Stotler**, Sunrise Police Dept., Sunrise FL; **Gary Strang**, London Police Service, London ON; **Lisa Taube**, Asheville Police Dept., Asheville NC; **Stephen Tow**, Hernando Police Dept., Hernando MS; **Michael Adam Walker**, Kettering PD, Kettering OH; **Clinton Webb**, Denton PD, Denton TX; **Anthony Wilkerson, Sr.**, Denver PD, Denver CO.



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Support our Corporate Members!

Bicycle Patrol Outfitters, iFORCE Patrol Bikes and The Safariland Group have recently renewed their commitment to IPMBA by enrolling as Corporate Members for another year. We appreciate their support and ask you to show your support for them as well.



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Corporate Member Profile

Cygolite Bicycle Lighting Systems: Engineered to Shine



Cygolite Bicycle Lighting Systems was founded in 1991 by a group of Southern California cycling enthusiasts who envisioned bicycle lighting systems utilizing the latest technology with trend-setting designs. In their 20-year history, they have continued to pursue innovation

and quality, creating rechargeable lighting systems inspired by test rides on local trails and roads and then engineered and assembled in their California headquarters.

Cygolite's lighting systems are inspired through countless rides, then engineered with exclusive technology and safety features. Cygolite uses energy efficient and durable high brightness lighting technologies as well as rechargeable lithium-ion (Li-ion) batteries.

Unique to Cygolite are their On-Site Programmable (OSP) and 24/7 Safety Technology, which allow cyclists to have control over a range of easily customizable brightness levels and advanced safety features (OSP patent pending).

Cygolite lighting systems utilize durable, lightweight materials like aluminum alloy and plastics to create high performance designs with efficient heat dispersal, ensuring better brightness and run times.

IPMBA was proud to welcome Cygolite to the 24th Annual IPMBA Conference in Tampa. As sponsor of the night operations portion of the Police Cyclist, EMS Cyclist, and Instructor Courses as well as the *Night Operations* workshop, they provided 16 demo units to be tested by the course participants. The lights were very well-received, and we look forward to seeing Cygolite again in Chandler.

by Marc Zingarelli, EMSC #179/SCI #002
 Circleville (OH) Fire Department

If you ask most people who ABUS is, you'll probably get a blank look unless you're talking to someone from Europe. ABUS is a German lock company that's been around since the '20s, but, with two other companies making U-locks, cables and chains for the U.S. market, ABUS is better known over here for unique locks, like frame locks and folding locks. The latter was a product I'd been looking for.

The ABUS Bordo folding lock is a unique lock that bridges the gap between a U-lock and a chain. At first glance, it looks like a U-lock made of flat bars linked together. It folds into a very small package (slightly smaller than a water bottle) and can be easily carried in a bag, pocket, or its own holder, which mounts to a frame or water bottle mount. That is its big appeal.

Weight depends on the level of security you want, with models weighing in at 1.3 to 3.5 lbs.

I was lucky enough to place the winning bid on one of the folding locks (a Bordo Granit X Plus 6500) in the silent auction at the 2014 IPMBA Conference in Tampa (one more reason to go to a conference!).

ABUS: Security for your Ride



Shortly after the conference, I decided to put it to the ultimate convenience test. I put it on my touring bike and went on GOBA (Great Ohio Bicycle Adventure), a week-long trip across our state. I mounted it on my frame and forgot about it except when I needed it. A couple of friends took standard U-locks, cables, etc., and those were always in sight, in the way, etc. The only time I noticed the lock was the extra weight when I picked up the bike. It locked to every post or device I would normally use a U-lock on and was sometimes easier due to the flexibility of the links. When I was done, it disappeared into its holder. That is exactly what I was looking for in a lock.

This isn't the lock for you if you're going to leave your bike in a dark place for a day or two, but, if you're looking for a convenient lock that stows away, with a fair-to-good

security level, then the ABUS folding lock may be your solution.

ABUS makes a full line of bike locks and accessories, including frame, cable, cable coil, lock-chain combinations, U-locks, wall-floor anchors, and specialty locks. They also sell helmets and bags as well as home security products. They do not yet participate in the IPMBA Product Purchase Program. Visit www.abus.com or call 800-352-2287 for more information.

Marc Zingarelli is a Captain with the Circleville Fire Department and the founder of their bike team. He is also a life member of Adventure Cycling Association and is always looking for an excuse to be on two wheels. He recently completed two terms on the IPMBA Board of Directors, having served as EMS Coordinator and Treasurer. He can be reached at Marc.zingarelli@gmail.com.

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iXS Trail RS Scores a Hat-Trick

by Mitch Trujillo, PCI #244T/EMSCI #248T
Boulder (CO) Police Department

I was seeking a helmet that provided “fit, form, and function”. After several brand trials, I could only get two out of the three. Some models had style and were functional, but lacked fit. Others had a good fit, but lacked sufficient venting (function).

My quest led me to that pioneer of extreme mountain biking and past IPMBA conference-presenter, Hans Rey. Hans has been wearing an iXS brand helmet for some time, and steered me toward his contact at iXS Switzerland, who in turn put me in contact with the US counterpart. I had never heard of iXS, but I was intrigued enough to arrange a field test of the new Trail RS model.

This article will attempt to answer the burning question: “is the helmet worth its \$120 price tag?” The Trail RS was subjected to rigorous field testing – including exposure to extensive patrol rides, training, heat, cold, and rain – oh, and a few minor dings.

Fit

Sizing: The Trail RS comes in two sizes – SM (small-medium, 54-58cm) and ML (medium-large, 58-62cm), determined by measuring the head’s crown circumference, mid-forehead. I opted for the SM, which I found true to size. The Trail RS settled on my average-shaped head with no discomfort, though I’d recommend going to the larger size if you ever plan on wearing a doo-rag or skull cap. There’s no rear port for a pony-tail, but there’s room to route one below the adjustment dial.

Adjustments: To produce a snug fit, the helmet utilizes a “Head Ring” and a simple dial to adjust for vertical and horizontal fit. The ring allows three vertical positions to get proper tilt mid-forehead. The dial was easy to turn with a gloved hand while riding. The pair of “Y-Clip” buckles secured the helmet straps just below the ears (with no creeping). The straps enter ports along the lower rim of the helmet, allowing enough of a gap for slipping in glasses.

Form

Styling: iXS is a sportswear and protective gear company that can trace its origins back to a bicycle shop in 1906. In the 1980’s, the iXS company became focused on motorcycles, and motorcycle clothing. iXS Sports Division began to produce bike wear in 2001, and helmets shortly thereafter. The style is

influenced by their history and current MTB helmet trends.

Appearance: The Trail RS exudes motocross influence with the MX style visor. Its namesake, pro MTB rider Richie Schley, helped to design the RS for the majority of disciplines of mountain biking. The profile is rounded, with no points to snag if you crash. The helmet sits lower in the back, providing extended coverage to the back of the head. The shell is a “Dual In-Mold”, a fancy term meaning that there is additional shell wrap material around the EPS-injected foam liner at the lower edge of the lid. This produces a professional finish and



protects against inevitable dings. The Trail RS is offered in patrol-friendly matte colors - black, blue, green, grey, and white. There seems to be enough room on the sides for small police, fire, EMS, security, or IPMBA decals.

Function

Inside: The “Ventmesh Nylon” padding was effective in absorbing sweat, due in part to the 22 large, angled vents that channeled great air flow. Those in hot environments will appreciate this! Conversely, a liner may be needed in colder temps. There is no bug net attached to the padding in the front, which should be included, given the price and size of the vents (a minor quibble, although I’m sure I could even fasten a net myself).

Upside: Up top, the RS is camera- or light-mount compatible. There are ports positioned perfectly facing top-forward that allow mounting straps.

The visor is flexible, adjustable and break-free. It is less pronounced than some competitors, perhaps more so than others. I found it effective in deflecting glare, snags from low branches, windblown debris, and rain. I found no interference from a prone shooting position. There are no sharp edges to it.

Below deck: The chin strap cover was soft and lightly padded but barely large enough to cover the buckle which I had to position directly below my chin (I suggested enlarging the cover slightly to iXS; they were open to the criticism but it remains to be seen if they do it.). This, along with the absence of a bug net, was one of the only small nits to pick with the Trail RS.

Technical: The RS is labeled 330g, and listed in the literature at +/- 310g. On my scale, the size SM was actually 317g, which is very

reasonable, and lighter than much of its competition.

The Trail RS is CPSC-certified, and conforms to Europe’s CE EN1078. The helmet is recyclable, and like many helmets, made in China.

Final Billing

My search for fit, form and function ended with the iXS Trail RS helmet. The iXS Trail RS was so comfortable I literally would forget I was wearing it. I received many compliments on its styling and professional good-looks. I had quite a few knocks and dings during the test, yet the helmet deflected these and remains unharmed. So, is the iXS Trail RS worth paying \$120? My answer is, “YES, perhaps at the drop of a hat.”

I would recommend checking out the Bicycle Helmet Safety Institute website (www.helmets.org) when doing your homework on helmets. iXS is not yet on the Product Purchase Program. Visit www.ixs.com/sports or contact the US office, The Gravity Cartel, at victor@thegravitycartel.com or 360-952-2363 for more information.

Hope this is helpful. Ride safe. Stay thirsty, my friends!

Mitch is a law enforcement professional in Boulder, CO; an IPMBA Instructor Trainer; former Education Director & Board Member; and IMBA National Mountain Bike Patroller. He is also the director of MTB Responder, LLC. He can be reached at 1x1mitch@gmail.com.

Photos courtesy iXS.

Trail RS Helmet Specs

- ▶ Full in-mould coverage for optimized absorption and weight
- ▶ Aeration system with 22 large vents and internal air channels
- ▶ Adjustable bolt system MX style visor, optimized
- ▶ Flexibility and full visual field
- ▶ Crash release visor
- ▶ Dual-Compound dial adjuster
- ▶ Ergo-Fit Ultra, fully flexible and adjustable retention system
- ▶ Dual-Compound head ring for highest comfort and optimized fit
- ▶ Dual-In-mould, lower 360-degree in-mould shell to prevent from damage
- ▶ Y-Clip adjustable strap system
- ▶ Ratchet safety closure
- ▶ SM (54-58cm), ML (58-62cm)
- ▶ EN1078 & CPSC certified
- ▶ Weight: +/- 320g

source:
www.ixs.com/sports

H&H Medical POCKET Trauma Kit

Good Things Come in Small Packages

by Mike Fults

Los Angeles (CA) School Police (retired)
IPMBA Industry Relations Committee

While I was helping staff at the IPMBA booth at the NASRO Conference in July, I met Scott Stein from H&H Medical Corporation. He was very well-informed about modern-day first aid kits and supplies, as H&H provides many types of medical kits for military and civilian use. The one he recommended for public safety bike use was the POCKET (Patrol Officer Casualty Kit for Emergency Trauma) kit, and he gave me a kit to test.

I found the POCKET kit to be just the right size to fit in a die pouch on the standard saddle bag (7" x 5 1/2"). I went to the local bike shop and pulled five different bike bags and the kit fit in each one. It is roughly the size of a deck of cards (4.5" x 4.5" x 1.5") and, according to the website, weighs less than half a pound.

The POCKET kit contains five important items: one TK 4L tourniquet; one primed compressed gauze; one mini compression bandage; one compact wound seal; one pair nitrile gloves. This is a great addition to any personal safety equipment bag or first aid kit.

For more information, visit www.gohandh.com or call 804-642-3663. Scott Stein can be reached at 239-344-6016 or scottstein@gohandh.com.



Mike is retired from the Los Angeles School Police Department. He utilized bike patrol for traffic enforcement and special enforcement details from 1999-2003. He currently is a member of the Palm Springs Spa Resort and Casino Bike Patrol, patrolling the Casino property, including parking areas, and working outdoor events. He is a member of the IPMBA Industry Relations Committee and can be reached at alvrznght@aol.com.



Whistles for Life Testimonials

This is definitely an above-average whistle, both in construction and volume. I can confidently say that I feel it enhances my ability to be noticed while conducting training or out in the backcountry. My kids love it and always cover their ears while giggling to use it! - Rob Collett, Poudre Valley (CO) EMS

Note: IPMBA whistles are not currently available for sale.

**Anne Arundel County
Lifeline 100 Century Ride**

Presented by Anne Arundel County Police Department, Anne Arundel County Department of Recreation and Parks and Bicycle Advocates for Annapolis and Anne Arundel County

October 19, 2014

www.Lifeline100.com

BIKE PATROL SIREN

CycleSiren Features:

- ✓ Sound modes are **Wail**, **Yelp** and **Horn** (Whistle sound available).
- ✓ Daylight viewing LED strobe lighting. Color options, **Red/Blue**, **Red/White** and **All Blue**.
- ✓ Powered by a 9.6-volt Ni-MH RC battery that fits into the Police rack or side gear pack.
- ✓ For **Police & EMS** Bike Patrol.

Please visit our Web site
www.cyclesiren.com
Or telephone us at
714-628-8935.

Accessories:
LED Taillights: Blue/Amber, Red or Blue.
Ultra-Bright White LED Patrol Light.

Cascade Wear Ltd.

Scoring a Hat-Trick

by Kyle Gallinger, PCI #1280/EMSCI #277
Carleton Univ. (ON) Department of University Safety

Imagine ordering a uniform for everyone in your unit and having them all fit properly, even if they are 4'11" or 6'6", 100 lbs or 300 lbs. Imagine also that same uniform being good-looking, functional and waterproof. It seems impossible, but after years of trying off-the-rack uniforms that just did not function well enough for Ottawa's ever-changing climate, I was introduced to Cascade Wear Ltd.

Since 1992, Cascade Wear Ltd has been selling specialized Gore-Tex® Police/First Responder outerwear uniforms. The bicycle pants that we use are manufactured from Workwear grade, two-layer Gore-Tex® material, with a Taslan nylon face fabric. They have full length side zippers, two front cargo pockets with a hook and loop storm flap, and 3M™ Scotchlite™ reflective pattern.

The jacket issued is the motor/traffic high visibility jacket (they also offer a bike jacket). It is comprised of two shell materials and a waterproof, moisture vapour permeable membrane that are laminated together. The jacket has a removable hood and side openings for access to equipment, and is printed with 3M™ Scotchlite™ reflective designs. Lastly, the Bicycle G2 short with cargo pockets is manufactured from "Unique Plus" nylon fabric that eliminates the need for spandex. The uniforms come with a three year warranty against defects in workmanship and leakage.

Cascade Wear Ltd., clothing is manufactured in Canada, and in keeping with their sustainability policy, source their materials from North America to both ensure high quality and reduce the carbon footprint their uniforms generate.

Over the past three years, I have worn all of these items during our cycling season, which is from April to November or when less than 10 cm of snow is expected that day. They are the most professional-looking bike wear that I could find that meets the needs of our officers. The pants are well-fitting, and the only complaint I have ever heard is

that there is no back pocket to keep your wallet; however, the shorts under the pants have pockets to spare. I have worn these uniforms on days when the wind and rain would not stop but they kept me warm and dry.

Ordering from Cascade does take more advanced planning than a lot of other uniforms because the items are made for you. Officers are sized using their handy form that explains what measurements are needed for the different parts of the uniform. The company then makes the clothing, including putting on the patches. This is especially handy to avoid having officers suffer the "ride up" factor while wearing shorts, or when purchasing for unusual proportions. This customization also makes it very easy to identify whose jacket is whose, as the person's name is included on one of the labels inside the jacket.

The one complaint about Cascade Wear Ltd. is their website. While it does show their products and provide a lot of technical specifications, I don't think it does their products justice. On the plus side, John Kidder, the Director of Sales and Marketing, is a pleasure to work with and is incredibly helpful while setting up your order.

Cascade Wear does not yet participate in the IPMBA Product Purchase Program.

Contact John Kidder, Director of Sales & Marketing, at 604-873-2226 or jkidder@cascaedwear.com or visit www.cascaedwear.com for more information.

Kyle is an IPMBA Police/EMS instructor and has been managing and/or on the bike unit at Carleton University since 2005. He is an equal opportunity cyclist, spending his time deciding if it is a road, hard-tail or all-mountain kind of day. He can be reached at kyle.gallinger@carleton.ca.

Images courtesy Cascade Wear Ltd.

INDUSTRY

CAM
148 St. Joe Ave Vancouver BC
Tel: (604) 873-2226
Fax: (604) 873-2487
www.cascadewear.com

Moto/Traffic Gore-Tex® Jacket

Velcro Name Tag Holder
Microphone Holder
1" Reflective
1" Reflective wrap around front
Large Inside Cargo Pockets
Side (equipment access) zippers
Flashes
Front Storm Flap with Velcro™ Closure
Raglan Sleeve Design allows for Flexibility and Freedom of Movement
3M™ Scotchlite™ reflective stripes for Night Time Visibility and Safety
Velcro™ Closure at the wrist
Detachable (Snap off) optional Hood (open face)
Graphic Lettering
1" Reflective Pattern

Product color has been lightened to allow details to show through actual colors are shown below.

Dark color Jacket color Light color Trim color

CAM
148 St. Joe Ave Vancouver BC
Tel: (604) 873-2226
Fax: (604) 873-2487
www.cascadewear.com

Bicycle G2 Shorts w/ Cargo Pockets

Loose Cut Design allows for Flexibility and Freedom of Movement
Manufactured from "Unique Plus" nylon fabric, woven with a mechanical stretch eliminating the need for spandex.
This technical fabric provides excellent wicking characteristics allowing for rapid moisture movement and evaporation with a high degree of breathability providing all day comfort.
Belt Loops and Keepers for Large Police Belts
3M™ Scotchlite™ graphic lettering provides reflective identification for Night Time Visibility and Safety
Elasticized back waist band provides all day comfort
Extra deep hand slash pockets help prevent loss of items even while riding
Extended leg length helps to eliminate "ride up" providing a professional appearance on or off a bicycle
Test Large Cargo Pockets with Flaps and Velcro™ for secure Closure. Right Hand Pocket has additional Pan Holder Pockets (2) for Easy Access

Product color has been lightened to allow details to show through actual colors are shown below.

Dark color Short color

CAM
148 St. Joe Ave Vancouver BC
Tel: (604) 873-2226
Fax: (604) 873-2487
www.cascadewear.com

Bicycle Gore-Tex® Jacket

Velcro Name Tag Holder
Microphone Holder
Fold Down Storm Collar
Shoulder Badges
2" Reflective
Stiffened (stove) Cuffs with Velcro™ Closure Allows Air Ventilation in the Opened Position
Detachable (Snap off) optional Hood (open face)
Side (equipment access) zippers
Zippered pockets with Velcro™ Closure storm Flaps, plus Large Inside Cargo Pockets
Graphic Lettering
3M™ Scotchlite™ Reflective Stripes for Night Time Visibility and Safety
Front Storm Flap with Velcro™ Closure
Unique front to back "CascadeAir" venting system with Velcro™ adjustable stiffened sleeve cuffs, fully adjustable zippered front (2), underarm (2), and rear (2) vents provide a full, flow through air stream allowing riders to remain cool and dry even in warm rain conditions.
Underarm Vents
Extended "tail" offering full coverage while in riding position
2" Reflective Pattern
Back Zippered Cooling Vent

Product color has been lightened to allow details to show through actual colors are shown below.

Dark color Jacket color Light color Trim color

CAM
148 St. Joe Ave Vancouver BC
Tel: (604) 873-2226
Fax: (604) 873-2487
www.cascadewear.com

Bicycle Gore-Tex® Pants w/ fly/Pockets

Elasticized waist with Stovechafed Velcro™ Closure for Security and adjustability
Full Length Side Zippers allowing easy dressing or Removal Without Having to Take off Boots or Other Gearments. Also Provides Access to Inner Gearment Pockets
Test Front Cargo Pockets with Zippered Closure and Storm Flap
Full Side Storm Flap with Velcro™ Closure
Belt Loops and Keepers for Large Police Belts
Elasticized Ankle with adjustable Velcro™ Closure
Loose Cut Design allows for Flexibility and Freedom of Movement the higher rise provides extra room for regular uniform pants underneath

Product color has been lightened to allow details to show through actual colors are shown below.

Dark color Pant color Light color Stripe color

MaxPatrol-600 Bike Patrol Light

Quality and Power

by Jameson Lehn, PCI #1243/EMSCI #320
Metropolitan (DC) Police Department

The Code 3 Sports MaxPatrol-600 light consists of two parts. The first is a high-quality and very powerful CREE LED center beam light, with low and high beam modes. The low beam has a light measurement of 240 lumens and the high beam has a

measured 600 lumens. The MaxPatrol-600 also has a side-beam system with very powerful and visible rapid pursuit lights which are CREE LED and measure 400 lumens. The system includes all the mounting hardware needed and a wiring harness long enough to fit all different sizes of bicycle frames. It retails for \$249.99.

The separate taillight, which connects to the MaxPatrol-600 headlight and runs off the same battery, is constructed of the same high-quality 6061 aluminum and mounts easily to the rear rack of the bike. The MaxPatrol-600 Light and the optional taillight package retails for \$339.99.

The system includes a touch pad with two buttons. The touch pad can be easily mounted to the handlebar or

stem of the bike. One button operates the center light. One push activates the low beam, a second push the high beam, and a third push turns it off. The second button controls the side pursuit lights; one push activates the pursuit lights and another push turns them off.

The MaxPatrol-600 was used for night operations on a regular basis within a highly congested nightlife area, comprising more than seventy bars and clubs visited by thousands of patrons.

During my nearly ten years patrolling by bike at night, I have developed an appreciation for a reliable and powerful lighting system. I have tried countless lighting systems issued by my department and systems that I have purchased on my own. The MaxPatrol-600 has been by far the best investment that I have personally made. One of my many concerns while riding at night in such a congested area is being visible to drivers and pedestrians; the

MaxPatrol-600 helps enhance my conspicuity. The powerful pursuit lights and high beam can be seen from a distance, and both operators of motor vehicles and pedestrians have commented on just how bright the system is. The lights are so effective that they are easily seen during the day as well.

The MaxPatrol-600 was easy to mount. The battery is a lithium-ion rechargeable battery wrapped in a neoprene case, which was easily attached to the top tube near the seat-tube of the frame.

The only drawback of the system is that it is not possible to use the front or rear independently from one another; however, Michael at PoliceBikeStore.com is taking this feedback into consideration. Some officers have commented on the price of the system, but can you really put a price on your safety or the safety of others?

If you'd like to purchase this product or have any further questions in regards to the lighting system, please visit www.policebikestore.com. Police Bike Store is an IPMBA Corporate Member and participates in the IPMBA Product Purchase Program, offering 5-10% off web prices.

Jameson is currently an IPMBA Police and EMS Cyclist Instructor and a full time IPMBA patrol cyclist assigned to the Metropolitan Police Night Life Unit. In his spare time, Jameson can be found riding his full suspension 29er. He can be reached at jameson.lehn@dc.gov.

Code 3 Sports MaxPatrol-600 Specs

- ▶ Output Center Low Beam: 240 Lumens
- ▶ Output Center High Beam: 600 Lumens
- ▶ Output Side Lights: 400 Lumens
- ▶ Weight: 196g
- ▶ Modes: Center Low/ Center High, Side Lights Flashing
- ▶ LED Brand: CREE LEDs
- ▶ Battery Type: Lithium Ion Rechargeable
- ▶ Runtime Low Beam Center: 14:00 Hours
- ▶ Runtime High Beam Center: 4:30 Hours
- ▶ Runtime Side Flashing Lights: 8:30 Hours
- ▶ Runtime Low Beam with Flashing Side Lights: 5:00 Hours
- ▶ Runtime High Beam with Flashing Side Lights: 3:00 Hours
- ▶ Battery Charge Time: 2:30 Hours
- ▶ Color: Black
- ▶ Warranty: One year for the light and six months for the battery



Photos courtesy PoliceBikeStore.com

MEMBER NEWS

Traffic Code Changes in Columbus (OH)

Keith Hollingsworth, SCI #009, of Ohio Support Services is pleased to report that recent changes to the Columbus City Code (ORD. 1182-2014) have granted police officers and patrol personnel for the Special Improvement District the authority to ride on sidewalks. This was accomplished in cooperation with the local bicycle advocacy groups. Other changes included the enactment of a three-foot passing law and the exclusion of the word "motor" in certain definitions of the term "vehicle."

2173.10 Riding bicycles on sidewalks.

- (a) No person shall operate a bicycle upon a sidewalk, except for children's non-motorized vehicles as defined in section 2173.015 (A) (2), and at locations that the Columbus city council designates as bikeways or shared-use paths.
- (b) This section shall not apply to:
 - (1) A police officer, division of Fire personnel, or Parking Violation Bureau personnel when such personnel are riding a bicycle in the performance of official duties.
 - (2) Security guards employed by a special improvement district organized under Chapter 1710 of the Ohio Revised Code and certified through the International Police Mountain Bike Association, the Law Enforcement Bicycle Association, or an equivalent bicycle training as determined by the Director of Public Safety, when such personnel are riding a bicycle in the performance of official duties.
- (c) Whoever violates this section is guilty of a minor misdemeanor.

Deputy honored for response to Arapahoe High School tragedy

by Tom Barry

This article appeared in the Villager newspaper on July 30, 2014.

“James Englert saved lives,” said Arapahoe County Sheriff David Walcher. “He could immediately respond to the threat – and that is what he did.”

Englert, the school-resource officer who was on duty at Centennial’s Arapahoe High School during last December’s shooting incident, was awarded the 2014 National Award of Valor this month by the National Association of School Resource Officers for his “bravery in the face of danger.”

The three-day national conference was held July 13-18 near Palm Springs, Calif.

“This [award] is very well deserved and I’m very proud of [Englert]. He served his community well and he served that school well,” Walcher said. “Thank God he was there.”



James Englert and James Mason at NASRO

Two other county deputy SROs – Robert Bratsch and James Mason – were presented with the Exceptional Service Award for their actions when they responded to scene to assist Englert.

“These awards are very deserved. ... There’s a lot of heroes that day and those three employees of ours that were recognized are heroes, and it makes me very proud,” the sheriff said. “What happened on Dec. 13 was tragic, but it makes me very proud as the leader of this organization to know that all of our staff, including those three, responded in such a professional and effective manner.”

Arapahoe High School was thrust into the international spotlight when student Karl Pierson walked into the building with a gun and three molotov cocktails and shot classmate Claire Davis, who died the following week.

It is believed that the 80-second incident could have been far worse were it not for the school’s security detail and an alert janitor’s quick responses to the active shooter.

According to firsthand accounts, Pierson could clearly hear the security staff as they approached, yelling out for the students and staff to go into a lockdown mode.

The Sheriff’s Office has six deputies who serve as SROs. Walcher said he would like to eventually have 12 such officers working in schools within Centennial.

Ed.’s Note: IPMBA joins with NASRO in honoring Deputies Englert, Mason, and Bratsch for their bravery and commitment to the school population whom they serve and protect.

Police Cycling History

IPMBA Remembers



Police Officer Michael J. Burns
Baltimore City Police Department
Baltimore, Maryland

End of Watch:
Monday, January 22, 1917

Biographical Info

Age: 28
Tour: 1 year, 3 months
Badge #: Not available

Incident Details

Cause: Electrocuted
Incident Date: 1/22/1917

Police Officer Michael Burns was electrocuted while attempting to relight an electric street light in front of 4012 Park Heights Avenue.

A citizen flagged down Officer Burns, who was on bicycle patrol, and complained that the light was flashing. Officer Burns stood on his bike and attempted to relight the light by pulling on the chain, but the lamp exploded and threw him into the street. The lamp then fell into the street and Officer Burns became tangled in the live wires and was electrocuted.

Officer Burns had served with the Baltimore City Police Department for one year and was assigned to the Bicycle Squad in the Northeastern District. He was survived by his wife and four young children.

Michael Wear receives MPD Medal of Valor



On the morning of Monday, September 16, 2013, a contract employee for the Navy carried out the most deadly workplace mass shooting to occur in the Nation's Capital in recent memory. The gunman entered the headquarters of the Naval Sea Systems Command at 8:16 am, began firing indiscriminately from a shotgun he

As the primary law enforcement agency for the District of Columbia, the Metropolitan Police Department officials took the lead and coordinated tactical operations from the inner perimeter. They formed active shooter teams and entered Building 197 as the gunshots continued. There were 57 officers from the MPD who entered the building during the initial search for the shooter and many others who provided vital coordination and support on the scene.

Approximately 69 minutes after the gunman fired his first shots, killing 12 individuals and injuring several others — including two MPD police officers (Ofc. Scott Williams and Ofc. Dorian DeSantis). MPD Officer Desantis returned fire, neutralizing the gunman and putting an end to the tragic incident. All of the officers are to be commended for their heroic acts that day. The swift actions of our officers and the bravery they exhibited saved many lives on that day. There is no doubt that without the courageous action of these officers the death toll would have been significantly higher.

On February 20, 2014, the Metropolitan Police Department recognized those individuals. Among them was IPMBA Education Director Sgt. Michael A. Wear, who was awarded a Medal of Valor.

Under his leadership, the first MPD Active Shooter Team entered the scene as shots were being fired and attempted to locate the suspect. As a result of their pivotal role in preventing further shooting, he and his team members received not only the MPD Medal of Valor but also the Team of the Year Award from the DC Police Foundation.

Officers Scott Williams and Dorian DeSantis were awarded the Metropolitan Police Department's Blue Badge, Medal of Valor, and the Medal of Honor.

Source/More Information: http://mpdc.dc.gov/sites/default/files/dc/sites/mpdc/publication/attachments/14th%20Annual%20Awards%20Program_FIN.pdf.

Photo by Scott Picquet

Mike Wear at the 2012 IPMBA Conference.

had secretly carried into the building. In the ensuing chaos, callers reported that a man with a shotgun was firing on workers in Building 197 at the Navy Yard. Law enforcement officers from both federal and local police agencies quickly made their way to the Navy Yard.

Follow a New Passion: Michael Blevins, Runner for Charity

This is excerpted from Follow a New Passion, which appeared in the July 2014 issue of Police magazine.

Michael Blevins [PCI #701] is an officer and department chaplain with the Sahuarita (Ariz.) Police Department. Now he has added charity runner to his roster.

Blevins ran competitively in college, but he hadn't kept it up. About four years ago he started running again for exercise and soon discovered he could also raise money for a cause he believes in by participating in local race.

"I was looking for an organization that has a good reputation, fiscal accountability, but is also in line with my belief system," Blevins says. Through Team World Vision, he can run in any race and accept donations on behalf of World Vision, which works with communities in Africa and Haiti to provide them with access

to resources like clean water and education. This has helped him get out of a rut at work. Running allows him to "sort things out" in his mind, in addition to building his body's strength and endurance. It is also a way for Blevins and his wife to spend time together away from their four kids.

"Being able to raise awareness, maybe \$50 a mile, that will change a generation of people for their whole life with clean water is pretty amazing," says Blevins. "It is a hobby, but it has more meaning to it because it impacts other people."

Read the article: <http://www.policemag.com/channel/careers-training/articles/2014/07/follow-a-new-passion.aspx>



Photo courtesy Michael Blevins

Mike Blevins running the 2014 P.F. Chang's Rock & Roll Arizona Half Marathon.

Haiti creates a biking police brigade to help protect population

Submitted by Sylvain Brousseau
Montreal (PQ) Police Department

The National Police of Haiti (PNH in French) has introduced a new biking police brigade in Port au Prince to improve security and ensure that the police can serve in areas where access is more difficult for motorized units. The first brigade was created, a year ago, to implement a community policing approach in the town of Croix-des-Bouquets, which is a suburb of Port-au-Prince.

The new brigade was introduced by the Directorate General of Police.

Even this year, specific cycling techniques related to police work on bike are part of the basic course offered to police recruits at the National Police Academy in Haiti. "This is a brigade that makes prevention work".

These police officers patrol streets, markets, visit schools and churches. There are eight squads now, three in the region of Port-au-Prince, and five in other regions in Haiti. They make daily positive contact with the population in order to provide results in terms of prevention and safety," said Frantz Lerebours PNH Commissioner.

"The training course, which is based on 10% theory and 90% practice, is taught in French and Kreole. The focus is on developing strong bicycle technical skills" added Lerebours.

Under the PNH 2012-2016 Development Plan, Haiti is expected to have 15,000 police by 2016, adding 4,000 more officers to its current workforce. This year new recruits will also receive a 20 hours community policing approach at Police Academy training facility given by PNH instructors and supported by the UN police officers from the Mission for Stabilization in Haiti (MINUSTAH).

First Anniversary of the Bicycle Brigade of the National Police of Haiti

On July 17, 2014, the Chargé d'Affaires of Canada, Gilles Rivard, participated in a special patrol of National Police of Haiti (PNH) to celebrate the first anniversary of the establishment of the first two brigades cycling, those of Croix-des-Bouquets and Pétion-Ville.

PNH has nine brigades bike, work in the municipalities of Croix-des-Bouquets, Pétion-Ville, Cité Soleil, Delmas, Les Cayes, Jacmel, Gonaives, Saint-Marc and Cap Haitien. A new brigade will be deployed soon in the Tourist Police (Politour) in Cap Haitien. To date, 66 HNP officers now patrol bike in Haiti. In addition, 14 PNH were trained by UN Police (UNPOL) as instructors so that they in turn can train bicycle patrols within the HNP.

The participation of Canadian police to the Mission of the United Nations Stabilization in Haiti (MINUSTAH) is a key element of



Canada's engagement in Haiti. Nearly 90 Canadian police officers are currently assigned to MINUSTAH. They are responsible for ensuring compliance with the mandate of the United Nations and form the HNP, while assessing and identifying current standards and needs training. Although the number fluctuates deployments, about five Canadian UNPOL work specifically with bicycle brigades.

Heathrow bike medics' decade of saving lives



The Standard
August 6, 2014

CYCLING medics at Heathrow were today praised for going to the aid of more than 4,000 people with serious

and life-threatening conditions.

London Ambulance Service revealed the number of emergencies tackled by the world's first airport medical bike team as it marks its 10th anniversary.

It came as British Airways worker Graham Clark celebrated with the paramedic who saved his life — nine years to the day since his heart was restarted after he collapsed at work.

Mr. Clark was at Terminal 1 when he began to suffer severe pain in his chest and arms. He lost consciousness and stopped breathing within seconds.

Emergency medical technician Mick Hampson reached him in less than two minutes and restarted his heart after three attempts using the portable defibrillator carried on ambulance bikes.

Mr. Hampson, 53, who has saved eight cardiac arrest patients in 10 years at Heathrow, said: "The fact that we are based here and I was able to get to him so quickly most probably made the difference between life and death."

Mr. Clark, 61, a grandfather of two, said: "All I can remember is saying to my colleagues that my chest and arm hurt. After

that, everything went blank. I'm so grateful to Mick and my colleagues. It's as if I've been given a second chance."

In its first year, the team attended 473 incidents. It now has 15 staff and in 2013/14 responded to 5,915 calls for help. Of the 42,000 incidents since its founding in 2004, more than 4,000 have been of a serious nature.

Mr. Hampson said the increase in cases had been driven by a greater number of passengers, especially older travellers. He added: "We've had massive success with cardiac arrests. Because we're there in minutes instead of 20 to 30 minutes, it saves delays."

Bike Patrol Is Vital to Federal Police Forces

(Continued from page 1)

GPO has a federal police force patrolling the streets around the GPO buildings and grounds.

IPMBA has been crucial to GPO Police's continuing bike patrol efforts. When we developed our bike patrol program, GPO Police partnered with U.S. Capitol Police. At first, U.S. Capitol Police allowed our officers to attend their bike patrol training program. However, when U.S. Capitol Police informed us that their training was

put on hold, GPO was at a loss. We needed to get more officers on bikes. That's when I took it upon myself to become IPMBA-certified and later Instructor-certified so we would be able to have our own in-house training courses. Since 2013, GPO has tripled the amount of police cyclists in the department. Now our manpower is capable of having a bike officer patrolling 24/7.

Bike patrol has been the ultimate response unit for the department. When it comes to rush hour traffic, one of our bike patrol units can easily respond to an incident more quickly than a vehicle patrol unit. We constantly have traffic backups due to congestion on North Capitol Street and construction at the intersection of Massachusetts Ave and H Street. Even the new Wal-Mart at 77 H Street NW has clogged up vehicular and pedestrian traffic in our jurisdiction.

While this has somewhat affected our vehicle units, our bike patrol units haven't noticed a difference. We easily maneuver around pedestrians and traffic all the time, thanks to the techniques learned in IPMBA training. When it comes to foot pursuits, no one outruns a bike. I can relate numerous success stories, such as one in which two suspects robbed a lady outside of Union Station, only to be caught by a GPO bike patrol officer three blocks down the road.

Employee and public relations have never been better, thanks to our bike patrol unit. Agency employees frequently pay compliments to our bike patrol units.

Recently, GPO held its annual Fitness Day at the Gonzaga High School track. During this event, employees participate in various physical activities such as a one mile walk, one mile run, two mile relay, Yoga, Zumba and more. The goal is promote physical fitness and health education amongst the

employees. GPO Police utilized bike patrol units to provide security at the event and as a way of showing the police force's dedication to physical fitness. Employees loved this, and many came up to us, asking questions and sharing bike riding stories. Public Printer DaVita Vance-Cooks, the presidential appointed leader of GPO, often speaks highly of the bike patrol unit.

Bike patrol has helped with improving relations between law enforcement agencies, something that can be an issue due to the number of police departments within the area. In my IPMBA Instructor Course, which was held in Washington, D.C., we had members from federal, state, and local departments. I developed a working relationship with several police cyclists within D.C.'s Metropolitan Police Department, which is the lead police department in D.C. I also became friends with fellow federal police officers within the U.S. Park Police. I even met a Pennsylvania State Trooper and a George Washington University Police Officer; both are police cyclists. These relationships have facilitated mutual aid, information sharing, training opportunities, equipment swapping, and more.

As you have read, bike patrol has become essential to my department's ability to provide law enforcement duties. This is just one of many success stories of federal police departments utilizing bike patrol. And thanks to this success, the heart of our homeland is more protected than ever.

Ryan Dobbs is a Sergeant with the U.S. Government Printing Office Police (GPO), Washington D.C. He joined the GPO Police's Bike Patrol Unit in 2010 and successfully completed the FLETC/USCP Basic Mountain Bike Course. He became certified as an IPMBA Police Cyclist in 2011. He is currently an IPMBA Instructor and the leader of GPO's Bike Patrol Unit. He can be reached at rdobbs85@gmail.com.

Photos by Ryan Dobbs.



Meet the New Board Members

For a full listing of Board members, please visit <http://ipmba.org/about/ipmba/board-and-staff>.

Treasurer

Mike Harris, PCI #1125

Mill Creek Police Department, Mill Creek WA

Email: treasurer@ipmba.org

Number of Years in Public Safety: 26

Number of Years on Bike Duty: 22

IPMBA Member Since: 1992

IPMBA Instructor Since: 2008

Most Memorable Moment on Bike Duty: First day on bike duty. I had just finished having coffee with the crew when the call for a subject breaking into a car came out. I rode up to the car as the guy was ripping out the stereo, waited a second, and then said, "Hi!" It took him a little while to stop shaking as he repeated, "You scared me, man."

"Best" Crash: As I was starting to race off to my first call (see above), in my excitement to show off, I struck the curb with my pedal in front of the whole crew and went completely over the front of the bike, landing on my back.

It was the best endo ever, with everyone laughing.

#1 Priority for IPMBA: To provide the best possible training and promote the valuable benefits of being a public safety cyclist.

Membership Director

Brian Gillman, EMSCI #189

Cypress Creek Emergency Medical Services, Spring TX

Email: membership@ipmba.org

Number of Years in Public Safety: 19

Number of Years on Bike Duty: 10

IPMBA Member Since: 2005

IPMBA Instructor Since: 2007

Most Memorable Moment on Bike Duty: Watching my team members apply what they have learned at every event, and knowing I was part of that teaching.

"Best" Crash: Endo on a curb in front of a class, not even teaching ascents at the time. Just one of those moments that went wrong.

#1 Priority for IPMBA: To increase EMS involvement and increase membership to further our mission of providing superior public safety training.

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Please remember IPMBA in your giving.

Your support helps us develop world-class training and resources for public safety cyclists.

When it comes to police, EMS, and security cycling, IPMBA's got your back!

I support IPMBA's efforts to keep world-class public safety cyclist training accessible and affordable.

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