

ABSTINENCE CONTRACT

I, _____, agree to remain alcohol and other drug free by completing the following tasks or complying with the rules at home, school or in the community, decided upon in this meeting.

- 1.
- 2.
- 3.
- 4.
- 5.

If I fail to follow through or complete the above tasks, I will then agree take the next steps:

- 1.
- 2.
- 3.
- 4.

Date _____ Review Date _____

SIGNATURES

Adolescent: _____ Parent _____

School _____ Parent _____