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# San Antonio



**REGISTRATION BROCHURE**

*Strong Values  
Strength in Practice*

**NAON 33rd Annual Congress**  
May 18–21, 2013  
Henry B. Gonzalez Convention Center  
San Antonio, Texas





**Christy E. Oakes,**  
**MSN, RN, ONC**  
**2012-2013 NAON**  
**President**

## *Join us in San Antonio for NAON's 33rd Annual Congress*

Please join me in San Antonio, Texas May 18–21 for the National Association of Orthopaedic Nurses 33rd Annual Congress. This year's schedule is new, improved and full of opportunities for newcomers and veterans alike to include special presentations by military healthcare providers, an evening dinner symposium, the ONCB Anniversary Luncheon and first-time offered extended sessions.

Live out this year's theme, Strong Values...Strength in Practice, by sharing stories and advice with a community of nurses at the premier event in the orthopaedic nursing field. Network with colleagues from around the country, expand your knowledge with compelling educational sessions and enjoy the sights of beautiful San Antonio, including a visit to the historic Alamo and an eye-opening tour through the Brooke Army Medical Center's Center for the Intrepid. I look forward to seeing you in May at the NAON Annual Congress.

## **Earn up to 33.25 Contact Hours through Pre-Congress Workshops, Congress Podium and Poster Presentations**

### **Register Today!**

1. Register online: [www.orthonurse.org/congress](http://www.orthonurse.org/congress) – it's fast and secure.
2. Fax your registration form: Complete your form, include your credit card information and fax to 312.673.6939.
3. Mail your registration form: NAON Registration, 8292 Solutions Center, Chicago, IL 60677-8002.

**Questions? Call the NAON National Office at 800.289.6266 (NAON) or e-mail [naon@orthonurse.org](mailto:naon@orthonurse.org).**

### **Visit [www.orthonurse.org/congress](http://www.orthonurse.org/congress) for Complete Congress Details**

Want to know more? Get complete event information and keep up with the latest news on the Annual Congress program by visiting [www.orthonurse.org/congress](http://www.orthonurse.org/congress). The site will be updated regularly to provide the most current Congress information. All information contained in this registration brochure is accurate as of December, 2012 and is subject to change prior to the Annual Congress.

### **2013 Congress Unit**

#### **Kathryn Curcione, RN, BSN, ONC®, NE-BC**

Patient Care Manager, Orthopaedics  
University of California San Francisco Medical Center  
San Francisco, CA

#### **Linda Murphy, MSN, RN, ONC**

Associate Professor of Nursing  
College of the Desert  
Palm Desert, CA

#### **Nadine Trznadel, RN, MSN, CNS, ONC**

Clinical Nurse Specialist  
Dr. Steven Mardjetko  
Morton Grove, IL

#### **Elizabeth M. Turcotte, RN-BC, ONC**

Nurse Manager  
Orthopaedic Institute of Central Maine  
Lewiston, MA

#### **Mickey Haryanto, RN-BC, ONC, MBA**

Chair, NAON Education Committee; Program Manager  
Orthopaedic Service Line  
Berkshire Medical Center  
Pittsfield, MA

#### **Jan Foecke, MS, RN, ONC**

NAON Director of Programs  
NAON Approver & Provider Units Administrator

This educational activity is provided by the National Association of Orthopaedic Nurses.

The National Association of Orthopaedic Nurses is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

NAON is currently seeking approval for this conference from the National Board for Certification of Orthopaedic Technologists (NBCOT) for CEUs.

NAON is currently seeking approval for this conference from the Commission for Case Manager Certification (CCMC) for CCM credits. The CCMC is accredited by the National Commission for Certifying Agencies.

## 33rd Annual Congress Learning Objectives

1. Provide exemplary continuing nursing education related to current issues, trends, evidence-based practices and research in orthopaedic health care.
2. Investigate how evidence-based practice and research impact orthopaedic nursing outcomes.
3. Maintain a professional environment that encourages collegiality and networking among participants associated with advancements in orthopaedic nursing education, practice and research.

**Choose a track or participate in sessions according to specific topics.**

## Sessions by Track

### Clinical Practice

- 103** Clinical Practice SIG Presents: Patient and Family-centered Collaborative Care
- 202** Musculoskeletal Manifestations of Childhood Obesity
- 203** What About Me? Osteoarthritis: The Forgotten Chronic Disease
- 204** Implementing a Bone Health Program: AKA Fracture Liaison Service (FLS)
- 206** What Does the Evidence Say? Let's Put It to a Vote
- 209** Athletic Injuries: In the Saddle and on the Court
- 210** Let's Talk About That Test
- 211** Why Treat Acute on Chronic Pain: Does It Lead to Greater Patient Satisfaction?
- 212** Pediatric Non-accidental Trauma
- 216** Osteoporosis Management: An Opportunity or an Obligation?
- 301** Joint Adventures: Eliminating Orthopaedic Surgical Site Infections
- 302** Patient-centered Pain Management on an Orthopaedic Unit
- 303** Surgical and Non-Surgical Treatment of Children with Early Onset Scoliosis
- 306** Pelvic Fractures
- 308** The Common Sense of Traction/Splinting
- 309** Hands-on Physical Assessment Techniques for the Orthopaedic Nurse
- 310** Orthopaedic Trauma Management and Rehabilitation
- 312** Managing Orthopaedic Complications
- 401** Overcoming the Challenges of Limb Amputation
- 403** Improving Patient Outcomes with Early Identification of Delirium in Postoperative Orthopaedic Older Adults
- 405** Cancers of the Bone: Nursing Considerations

### Education

- 101** Orthopaedic Nursing Review Course
- 102** Orthopaedic Nurse Practitioner (NP) Review Course
- 105** Education SIG Presents: Preparing for Whatever
- 201** Orthopaedic Wellness Program: Across the Surgical Continuum and Beyond

### Education (continued)

- 208** The Role of the "ONCB® Ambassador" to Enhance the Culture of Orthopaedic Certification
- 311** Methods of Orthopaedic Patient Education
- 402** Orthopaedic Primary Care: Who Needs It and Who Does It?
- 407** The Ins and Outs of Achieving Continuing Nursing Education (CNE) Approval for Contact Hours

### Leadership

- 104** Leadership SIG Presents: How Does Patient and Nurse Satisfaction Interconnect?
- 107** Power, Peace and Perseverance: Lessons Learned from Mother Teresa
- 205** Creating a Positive, Hopeful, Healing Environment Using Laughter: Introducing Project PHIL (Positive, Hopeful, Individuals, Laughing)
- 213** Implementing Lean Strategies to Drive Operating Room (OR) Efficiency in Hospital-based Sports Medicine Ambulatory Surgery
- 214** Quality Improvement for Patients Experiencing Fragility Fracture Through Joint Commission Certification
- 304** Orthopaedic Bundling: Our Strategic Plan
- 305** A Team Approach: Methods to Enhance the Orthopaedic Service Line
- 404** Successful Steps to Achieving Disease-specific Certification in Orthopaedics
- 406** Our PEARLS for Your JOINT
- 408** THRIVE: 4 Steps to Body, Brains and Bliss

### Research

- 106** Research SIG Presents: The Nurses' Role in Measuring Effectiveness and Functional Outcomes
- 207** Lifestyle Factors and Bone Health in Premenopausal Women with Type 1 Diabetes
- 215** Exploration of the Incidence of and Risk Factors for Postoperative Urinary Retention (POUR) in the Orthopaedic Total Joint Patient: A Pilot Study
- 307** Is Bisphosphonate Use Associated with Atypical Humeral Shaft Fractures?

## Sessions by Topic

### Co-Morbidities

- 207** Lifestyle Factors and Bone Health in Premenopausal Women with Type 1 Diabetes
- 301** Joint Adventures: Eliminating Orthopaedic Surgical Site Infections
- 312** Managing Orthopaedic Complications

### Gerontology

- 403** Improving Patient Outcomes with Early Identification of Delirium in Postoperative Orthopaedic Older Adults

### Innovative Technologies/Care Delivery

- 103** Clinical Practice SIG Presents: Patient and Family-centered Collaborative Care
- 205** Creating a Positive, Hopeful, Healing Environment Using Laughter: Introducing Project PHIL (Positive, Hopeful, Individuals, Laughing)
- 406** Our PEARLS for Your JOINT

### Office Practice

- 203** What About Me? Osteoarthritis: The Forgotten Chronic Disease

### Oncology

- 405** Cancers of the Bone: Nursing Considerations

### Osteoporosis

- 204** Implementing a Bone Health Program: AKA Fracture Liaison Service (FLS)
- 214** Quality Improvement for Patients Experiencing Fragility Fracture Through Joint Commission Certification
- 216** Osteoporosis Management: An Opportunity or an Obligation?
- 307** Is Bisphosphonate Use Associated with Atypical Humeral Shaft Fractures?

### Outcomes Management

- 106** Research SIG Presents: The Nurses' Role in Measuring Effectiveness and Functional Outcomes
- 305** A Team Approach: Methods to Enhance the Orthopaedic Service Line
- 404** Successful Steps to Achieving Disease-specific Certification in Orthopaedics

### Pain Management

- 211** Why Treat Acute on Chronic Pain: Does It Lead to Greater Patient Satisfaction?
- 302** Patient-centered Pain Management on an Orthopaedic Unit

### Patient Education

- 201** Orthopaedic Wellness Program: Across the Surgical Continuum and Beyond
- 311** Methods of Orthopaedic Patient Education

### Pediatrics

- 202** Musculoskeletal Manifestations of Childhood Obesity
- 212** Pediatric Non-accidental Trauma
- 303** Surgical and Non-surgical Treatment of Children with Early Onset Scoliosis

### Professional Development

- 101** Orthopaedic Nursing Review Course
- 102** Orthopaedic Nurse Practitioner (NP) Review Course
- 104** Leadership SIG Presents: How Does Patient and Nurse Satisfaction Interconnect?
- 107** Power, Peace and Perseverance: Lessons Learned from Mother Teresa
- 208** The Role of the "ONCB Ambassador" to Enhance the Culture of Orthopaedic Certification
- 210** Let's Talk About that Test
- 402** Orthopaedic Primary Care: Who Needs It and Who Does It?
- 408** THRIVE: 4 Steps to Body, Brains and Bliss

### Sports Medicine

- 209** Athletic Injuries: In the Saddle and on the Court
- 213** Implementing Lean Strategies to Drive Operating Room (OR) Efficiency in Hospital-based Sports Medicine Ambulatory Surgery

### Staff Education

- 105** Education SIG Presents: Preparing for Whatever
- 407** The Ins and Outs of Achieving Continuing Nursing Education (CNE) Approval for Contact Hours

### Total Joint

- 206** What Does the Evidence Say? Let's Put It to a Vote
- 215** Exploration of the Incidence of and Risk Factors for Postoperative Urinary Retention (POUR) in the Orthopaedic Total Joint Patient: A Pilot Study
- 304** Orthopaedic Bundling: Our Strategic Plan
- 309** Hands-on Physical Assessment Techniques for the Orthopaedic Nurse

### Trauma

- 306** Pelvic Fractures
- 308** The Common Sense of Traction/Splinting
- 310** Orthopaedic Trauma Management and Rehabilitation
- 401** Overcoming the Challenges of Limb Amputation



## Opening Ceremony

**Saturday, May 18**  
4:15 pm – 5:15 pm

## Monitor/Moderator Orientation

**Saturday, May 18**  
6:30 pm – 7:00 pm

## Exhibit Hall

Visit more than 50 exhibiting companies and 100 posters!

**Saturday, May 18**  
6:30 pm – 8:00 pm

Opening Welcome Reception

**Sunday, May 19**  
10:00 am – 12:00 pm  
4:15 pm – 6:15 pm

Poster presenters available from 4:15 pm to 6:15 pm

**Monday, May 20**  
10:00 am – 12:00 pm

Poster presenters available from 10:00 am to 12:00 pm

## APN Networking Assembly

**Saturday, May 18**  
7:00 pm – 8:00 pm

## NeXt Generation of Orthopaedic Nurses Meet and Greet

**Saturday, May 18**  
7:00 pm – 8:00 pm

## NAON Leadership Update

**Sunday, May 19**  
5:15 pm – 6:15 pm

## NAON Mall

Choose from a wide variety of orthopaedic-themed items, as well as merchandise sold by NAON chapters!

**Monday, May 20**  
10:00 am – 12:00 pm

## Closing Ceremony

**Tuesday, May 21**  
11:00 am – 11:30 am

## Annual Congress Party: Urban Cowboy!

**Monday, May 20**  
7:30 pm – 10:30 pm

## Tour of Brooke Army Medical Center's Center for the Intrepid

**Tuesday, May 21**  
3:00 pm – 4:45 pm

Limited to the first 40 registrants.

**Cost: \$10.** Shuttle transportation will be provided.

*\*Greeting cards of encouragement are appreciated by the wounded warriors.*

## Fight Hunger in San Antonio!

The NAON San Antonio Local Affairs Task Force is partnering with the San Antonio Food Bank (SAFB) to fight hunger and feed hope. Join NAON in supporting the local community by donating online at: [www.orthonurse.org/donate](http://www.orthonurse.org/donate). Together we can enrich the lives of those in southwest Texas. For more information on the SAFB, visit [www.safoodbank.org](http://www.safoodbank.org). You can also donate a non-perishable item onsite at the Local Affairs table. Suggested donation items include peanut butter, tuna, beans, rice, mac and cheese, canned lunch meat, canned or boxed meals, and any pop-top food items.

## NAON Foundation

**Friday, May 17 – 6:00 pm**

You are invited to "Remember the Alamo" with a private tour of this historic landmark along with a firing demonstration by actors in period costumes. You will also experience regional cuisine at a Tex-Mex buffet in the Alamo Gardens while enjoying fellowship with colleagues in this memorable environment. You must register for this special event on the NAON Foundation's website, [www.naonfoundation.org](http://www.naonfoundation.org). Registration will open mid-January; please note that space is limited. For more information, email [info@naonfoundation.org](mailto:info@naonfoundation.org).

**Cost: \$50.**

**Monday, May 20 – 6:00 am**

On Monday morning put on your walking shoes (or running shoes) for an invigorating walk/run along the Riverwalk (\$25 tickets) or if you prefer to "Sleep in for the Foundation" you can do so for \$30!

Please register for NAON Foundation events on the registration form on page 16.

### Exhibit Hall Booth

Our popular annual electronics raffle (\$20 tickets) will again be offered. Join our Foundation Club by purchasing a "brick" with a \$50 or more donation and see your name on our "brick wall."

## NAON Resource Center

The NAON Resource Center will be stocked with NAON publications and merchandise on sale daily. Plan to stop by to review samples and purchase items to help you in your practice, or to present as gifts to friends.

# Program Schedule by Day

## Saturday, May 18

### 7:00 am – 4:00 pm

#### 101 Orthopaedic Nursing Review Course

*Education Level 2, 7.5 Category A CH*

*Track: Education; Topic: Professional Development/Leadership*

**Lori Abel, BSN, RN, Med**

*Program Director Joint Care, WellSpan Health, York, PA*

**Julie Kennedy, MSN, RN, ONC, CMSRN**

*Patient Care Leader, Carle Foundation Hospital, Urbana, IL*

1. Describe the signs and symptoms, surgical and non-surgical interventions, and nursing plans of care for individuals with degenerative joint disease.
2. Identify nursing plans of care for the orthopaedic patients during the pre-, intra-, and postoperative periods.
3. Discuss signs and symptoms and nursing plans of care for select complications of orthopaedic injuries or surgery.
4. Create appropriate nursing plans of care (surgical and non-surgical) for patients with musculoskeletal tumors.
5. Differentiate the clinical signs and symptoms and nursing plans of care for patients with selected inflammatory disease processes.
6. Compare treatment options and nursing management of metabolic bone disorders.
7. Develop therapeutic nursing interventions for children with pediatric, congenital and neuromuscular disorders.
8. Describe common traumatic injuries and nursing plans of care for such patients.
9. Determine preventative measures for common sports injuries.

**Course Fee\*: \$175 Member • \$250 Nonmember • \*Course fee includes lunch**

### 7:30 am – 2:15 pm

#### 102 Orthopaedic Nurse Practitioner (NP) Review Course

*Education Level 3, 5.5 Category A CH*

*Track: Education; Topic: Professional Development/Leadership*

**Christina Kurkowski, MS, RN, ONC, CNOR, ANP-C, ONP-C®**

*Nurse Practitioner, Thedacare Physicians, Waupaca, WI*

**Angela Pearce, MS, RN, ONC, FNPC, ONP-C**

*Trauma/Orthopaedic Nurse Practitioner, Parkland Memorial Hospital, Dallas, TX*

1. Examine the major orthopaedic patient problems that may be encountered on a frequent or infrequent basis.
2. Combine specific NP sub-roles to positively influence patient care outcomes related to specific orthopaedic patient problems.
3. Apply evidence-based research findings to current nursing practice to create optimum outcomes for challenging orthopaedic patient situations.
4. Evaluate advanced patient plans of care to address common and uncommon orthopaedic patient outcomes.

**Course Fee\*: \$150 Member • \$225 Nonmember • \*Course fee includes lunch**

*"The sessions were varied and up to date with what's currently trending in nursing and the healthcare environment."*

#### Key

**CH** = Contact hours awarded

**1** = General healthcare

**2** = Intermediate healthcare

**3** = Advanced healthcare

**Category A:** Orthopaedic programs as designated by ONCB

**Category B:** General nursing programs as designated by ONCB

### 12:45 pm – 2:15 pm

#### 103 Clinical Practice SIG Presents: Patient and Family-centered Collaborative Care

*Education Level 2, 1.5 Category B CH*

*Track: Clinical Practice; Topic: Innovative Technologies/Care Delivery*

**Facilitator: Mary Atkinson-Smith, DNP, FNP-BC, ONP-C, RNFA, CNOR**

*Director of Healthcare Services, Golden Triangle Planning and Development District; Nurse Practitioner and RNFA, Starkville Orthopaedic Clinic, Starkville, MS*

**Panelists: TBD**

1. Describe four benefits of patient and family centered collaborative care in orthopaedics.
2. Describe three ways in which patient and family centered collaborative care encourages more positive patient outcomes.

#### 104 Leadership SIG Presents: How Do Patient and Nurse Satisfaction Interconnect?

*Education Level 1, 1.5 Category B CH*

*Track: Leadership; Topic: Professional Development*

**Mary Jo Satusky, BSN, RN, ONC, CCRC**

*Immediate Past President, National Association of Orthopaedic Nurses, Cumming, GA*

**Panelists: TBD**

1. Discuss ways the orthopaedic team members impact patient satisfaction.
2. Describe factors that influence nurse job satisfaction.

### 2:30 pm – 4:00 pm

#### 105 Education SIG Presents: Preparing for Whatever

*Education Level 1, 1.5 Category B CH*

*Track: Education; Topic: Staff Education*

**Mickey Haryanto, RN-BC, ONC, MBA**

*Orthopaedic Service Line Program Manager, Berkshire Medical Center, Pittsfield, MA*

**Panelists: TBD**

1. List three concepts that nurses must be educated about in order to practice in the face of healthcare reimbursement changes impacting orthopaedic care.
2. Discuss three areas for education that support the ability of orthopaedic nurses to contribute to improved patient outcomes.

#### 106 Research SIG Presents: The Nurses' Role in Measuring Effectiveness and Functional Outcomes

*Education Level 3, 1.5 Category B CH*

*Track: Research; Topic: Outcomes Management*

**Debra L. Sietsema, PhD, RN**

*Clinical Research Director, Orthopaedic Associates of Michigan; Associate Professor, Michigan State University, Grand Rapids, MI*

**Panelists: TBD**

1. Describe three components of comparative effectiveness research.
2. Apply comparative effectiveness and functional outcome research in the orthopaedic setting.

### 4:15 pm – 5:15 pm



#### Opening Ceremony

**Christy E. Oakes, MSN, RN, ONC**

*2012-2013 NAON President*

The opening ceremony marks the official start of the NAON 33rd Annual Congress. Do not miss this year's festivities, which include a recap of all the activities of the past year from President Oakes.

## Program Schedule by Day (CONTINUED)

### Saturday, May 18 (continued)

#### 5:15 pm – 6:15 pm

##### Opening Keynote Session

#### **107 Power, Peace and Perseverance: Lessons Learned from Mother Teresa**

*Education Level 1, 1 Category B CH*

*Track: Leadership; Topic: Professional Development*



**Anne Ryder**

*Journalist, Writer, Speaker, President, Ryder Media LLC, Indianapolis, IN*

1. Identify personal and professional goals and strategies to provide more compassionate patient care.
2. Explain three tips gleaned from Mother Teresa and other great leaders to achieve peace and balance in times of stress
3. Identify proven ways to connect with patients without compromising time needed to accomplish other job requirements.

#### 6:30 pm – 8:00 pm

##### Exhibit Hall Opening Welcome Reception Poster Presentation Viewing

#### 6:30 pm – 7:00 pm

##### Monitor/Moderator Orientation

#### 7:00 pm – 8:00 pm

##### APN Networking Assembly

#### 7:00 pm – 8:00 pm

##### NeXt Generation Meet and Greet

### Sunday, May 19

#### 7:10 am – 7:30 am

##### Morning Announcements

#### 7:30 am – 8:30 am

#### **201 Orthopaedic Wellness Program: Across the Surgical Continuum and Beyond**

*Education Level 3, 1 Category A CH*

*Track: Education; Topic: Patient Education*

**Paulette Maday Groshens, RN, MS, CEN, ONC**

*Clinical Director, Woodwinds Health Campus, Woodwinds, MN*

**Brenda Navin, RN, LD, CPT (ACE), CES**

*Director of Community Health and Wellness, Woodwinds Health Campus, Woodwinds, MN*

1. Describe a unique total knee or hip replacement wellness program and its goals of enhancing and improving patient outcomes.
2. Verbalize rationale for implementing a total knee or hip replacement wellness program as part of the overall perioperative education process.

*"The topics offered were really varied  
and my speakers were awesome!"*

#### 8:45 am – 9:45 am

#### **202 Musculoskeletal Manifestations of Childhood Obesity**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Pediatrics*

**Amy Harris, MSN, RN, OCNS-C®**

*Clinical Nurse Specialist, Children's National Medical Center, Washington, DC*

1. List various musculoskeletal conditions that may occur as a result of childhood obesity.
2. Review case studies that depict various types of musculoskeletal conditions directly attributable to childhood obesity.

#### **203 What About Me? Osteoarthritis: The Forgotten Chronic Disease**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Office Practice*

**Doris Gould, MS, ANP-BC, GNP-BC**

*Orthopaedic Nurse Practitioner, Reliant Medical Group, Worcester, MA*

1. Discuss the elements of a new vision for osteoarthritis treatment and prevention.
2. Identify methods of early osteoarthritis detection for better patient outcomes.

#### **204 Implementing a Bone Health Program: AKA Fracture Liaison Service (FLS)**

*Education Level 3, 1 Category A CH*

*Track: Clinical Practice; Topic: Osteoporosis*

**Debra L. Sietsema, PhD, RN**

*Clinical Research Director, Orthopaedic Associates of Michigan; Associate Professor, Michigan State University, Grand Rapids, MI*

1. Explain challenges and opportunities in planning and developing a bone health program.
2. Describe the process of implementing, coordinating and maintaining a bone health program in various settings.

#### **205 Creating a Positive, Hopeful, Healing Environment Using Laughter: Introducing Project PHIL (Positive, Hopeful, Individuals, Laughing)**

*Education Level 1, 1 Category B CH*

*Track: Leadership; Topic: Innovative Technologies/Care Delivery*

**Kelly Jantz, RN**

*Premium Float Nurse/Laughter Therapy, North Kansas City Hospital, North Kansas City, MO*

1. Discuss the goals, processes, methods and outcomes of Project PHIL (Positive, Hopeful, Individuals, Laughing).
2. Explain the benefits of laughter.

#### **206 What Does the Evidence Say? Let's Put It to a Vote**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Total Joint*

**Amber Stitz, RN, ACNS-BC, OCNS-C**

*Orthopaedic Clinical Nurse Specialist, HealthEast Care System, St. Paul, MN*

1. Review evidence-based practice and how it affects orthopaedic nursing practice.
2. Explore different orthopaedic practices and the supporting evidence.

##### **Key**

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**Category B:** General nursing programs as designated by ONCB

## Program Schedule by Day (CONTINUED)

### Sunday, May 19 (continued)

#### **207 Lifestyle Factors and Bone Health in Premenopausal Women with Type 1 Diabetes**

*Education Level 3, 1 Category A CH*

*Track: Research; Topic: Co-Morbidities*

**Amber Kujath, PhD, RN, ONC**

*Assistant Professor, University of Illinois at Chicago, Chicago, IL*

1. Describe differences in bone health in women with and without Type 1 Diabetes.
2. Discuss study outcomes supporting the need for tailored nursing educational interventions related to bone health for women with Type 1 Diabetes.

#### **10:00 am – 12:00 pm**

**Exhibit Hall Open**

**Poster Presentation Viewing**

#### **11:45 am – 1:15 pm**

##### **ONCB 25th Anniversary Recognition Luncheon**

ONCs and APN certificants are invited to join the ONCB in celebrating the 20th anniversary of the ONC credential. Gifts will be available for those who have been continuously certified at least 20 years, with special recognition for 25-year credential holders.

**Cost: \$25/person**

*\*Must hold a valid ONC, ONP-C or OCNS-C; Limited to the first 400 registrants.*

#### **208 The Role of the “ONCB Ambassador” to Enhance the Culture of Orthopaedic Certification**

*Education Level 2, 1 Category B CH*

*Track: Education; Topic: Professional Development*

**Jack Davis, RN, MSN, ONC**

*Manager, Patient Education Programs, Hospital for Special Surgery, New York, NY*

**Don Everly, RN, MSN, MBA, ONC, OCNS-C**

*Director of Life Support Training, Nursing Education Specialist, Camden, NJ*

**Donna Kurek, RN, BSN, ONCB**

*Peer Review Coordinator, Henrico Doctors' Hospital, Richmond, VA*

1. Describe strategies to enhance a culture of certification.
2. Identify the roles and responsibilities of an ONCB Ambassador.

*\*Sponsored by the Orthopaedic Nurses Certification Board. Must hold a valid ONC, ONP-C or OCNS-C to register for this course.*

#### **12:00 pm – 1:00 pm**

**Poster Viewing Hours**

#### **1:30 pm – 3:00 pm**

#### **209 Athletic Injuries: In the Saddle and on the Court**

*Education Level 3, 1.5 Category A CH*

*Track: Education; Topic: Sports Medicine*

**B. Christian Balldin, MD**

*Orthopaedic Surgeon, Partner, The San Antonio Orthopaedic Group, San Antonio, TX*

1. Discuss common concerns related to physician coverage of a professional basketball team.
2. Identify types and treatment of rodeo injuries.

#### **3:15 pm – 4:15 pm**

#### **210 Let's Talk About that Test**

*Education Level 1, 1 Category B CH*

*Track: Clinical Practice; Topic: Professional Development*

**Dottie Roberts, MSN, MACI, RN, CMSRN, OCNS-C**

*Executive Director, Orthopaedic Nursing Certification Board, Columbia, SC*

1. Identify ways to prepare mentally and physically for the orthopaedic nursing certification exams.
2. Review strategies to analyze exam questions and select the right answer.

#### **211 Why Treat Acute on Chronic Pain: Does It Lead to Greater Patient Satisfaction?**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Pain Management*

**Dawn Reed, BSN, RN**

*Orthopaedic Nurse, Cleveland Clinic, Cleveland, OH*

**Lydia Booher, MSN, RN, ACNS-BC**

*Clinical Nurse Specialist, Cleveland Clinic, Cleveland, OH*

1. Discuss the impact of acute on chronic pain related to satisfaction for patients undergoing total joint replacement surgeries.
2. Describe the evidence-based interventions used to treat acute on chronic pain and how it can affect patient satisfaction.

#### **212 Pediatric Non-accidental Trauma**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Pediatrics*

**Amy Harris, MSN, RN, OCNS-C**

*Clinical Nurse Specialist, Children's National Medical Center, Washington, DC*

1. Identify fracture patterns known to be consistent with pediatric non-accidental trauma.
2. Review case studies wherein pediatric non-accidental trauma was part of the differential diagnosis.

#### **213 Implementing Lean Strategies to Drive Operating Room (OR) Efficiency in Hospital-based Sports Medicine Ambulatory Surgery**

*Education Level 2, 1 Category B CH*

*Track: Leadership; Topic: Sports Medicine*

**Mark Angelo, MBA, BASc**

*Senior Director, Operations and Service Lines, Hospital for Special Surgery, New York, NY*

1. Describe the principles of Lean/Six Sigma process improvement to achieve operational excellence.
2. Discuss three major Lean interventions geared towards improving OR efficiency in a Hospital-based Sports Medicine Ambulatory Surgery setting.

#### **214 Quality Improvement for Patients Experiencing Fragility Fracture Through Joint Commission Certification**

*Education Level 2, 1 Category A CH*

*Track: Leadership; Topic: Osteoporosis*

**Linda Hightower, RN, ONC**

*Disease Specific Care Coordinator, Community Medical Center, Missoula, MT*

1. Review the achievement of Disease Specific Care Certification through The Joint Commission.
2. Explain how Disease Specific Care Certification for osteoporosis has improved follow-up care of fracture patients.

*“Congress always has a way of challenging me to do better in my profession.”*



## Program Schedule by Day (CONTINUED)

### Sunday, May 19 (continued)

#### **215 Exploration of the Incidence of and Risk Factors for Postoperative Urinary Retention (POUR) in the Orthopaedic Total Joint Patient: A Pilot Study**

*Education Level 3, 1 Category A CH*

*Track: Research; Topic: Total Joint*

**Jan Bailey, MSN, RN, OCNS-C**

*Clinical Nurse Specialist, Mission Hospital, Asheville, NC*

1. Identify the incidence and risk factors for postoperative urinary retention in patients undergoing total joint replacement surgery.
2. Discuss implications for practice and further research regarding management of postoperative urinary retention in orthopaedic surgery patients.

#### **4:15 pm – 6:15 pm**

**Exhibit Hall Open**

**Poster Presenters Available**

#### **5:15 pm – 6:15 pm**

**NAON Leadership Update**

#### **6:30 pm – 9:00 pm**

**Dinner Symposium**

#### **216 Osteoporosis Management: An Opportunity or an Obligation?**

*Education Level 3, 2 Category A CH*

*Track: Clinical Practice; Topic: Osteoporosis*

**Debra L. Sietsema, PhD, RN**

*Clinical Research Director, Orthopaedic Associates of Michigan; Associate Professor, Michigan State University, Grand Rapids, MI*

**Freda Hannafon, FNP-C, MSN**

*Nurse Practitioner for Orthopaedic Oncology & Metabolic Bone Disease, Santa Monica Orthopaedic Medical Center, Santa Monica, CA*

1. Describe the management of the osteoporotic patient including screening, diagnosis, counseling, treatment and follow-up.
2. Apply osteoporosis management components in various settings.

*This activity is supported by an educational donation provided by Amgen, Inc.*

### Monday, May 20

#### **6:00 am – 7:00 am**

**Stepping Out for the Foundation Health Walk or Sleeping In for the Foundation**

#### **7:10 am – 7:30 am**

**Morning Announcements**

#### **7:30 am – 8:30 am**

#### **301 Joint Adventures: Eliminating Orthopaedic Surgical Site Infections (SSI)**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Co-Morbidities*

**Crystal Heishman, BSN, RN, CIC, ONC**

*Board Certified Infection Preventionist, Certified Orthopaedic Staff Nurse, University of Louisville Healthcare, Baptist Hospital East, Louisville, KY*

1. Identify patient, procedure and healthcare risk factors associated with orthopaedic SSI.
2. List two strategies to reduce SSI in the orthopaedic population.

#### **8:45 am – 9:45 am**

#### **302 Patient-centered Pain Management on an Orthopaedic Unit**

*Education Level 1, 1 Category A CH*

*Track: Clinical Practice; Topic: Pain Management*

**Brigitte Failner, MS, RN, ONC**

*Service Line Magare Orthopaedics, Inpatient Pain Service, Cedar Sinai Medical Center, Los Angeles, CA*

1. Identify two components of an MD/RN collaborative pain management initiative.
2. Discuss patient education related to the 0-10 pain scale and analgesics.

#### **303 Surgical and Non-surgical Treatment of Children with Early Onset Scoliosis**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Pediatrics*

**Raymond Kleposki, MSN, APN**

*Nurse Practitioner, Advocate, The Orthopaedic Center, Cedar Knolls, NJ*

1. Recognize the most commonly treated early onset scoliosis diagnoses.
2. Compare treatment modalities utilized to address early onset scoliosis, along with their risks and benefits.

#### **304 Orthopaedic Bundling: Our Strategic Plan**

*Education Level 2, 1 Category A CH*

*Track: Leadership; Topic: Total Joint*

**Marcia Weis, RN, BSN, ONC**

*Program Coordinator Orthopaedics, Alegent Health Mercy Hospital, Council Bluffs, IA*

1. Discuss bundle payment and how it impacts orthopaedic practices.
2. Describe one strategic plan to optimize orthopaedic bundling.

#### **305 A Team Approach: Methods to Enhance the Orthopaedic Service Line**

*Education Level 2, 1 Category A CH*

*Track: Leadership; Topic: Outcomes Management*

**Jennifer Perkins, RN, BSHA, ONC**

*Orthopaedic Services Program Coordinator, Memorial Medical Center, Springfield, IL*

**Daniel M. Adair, MD**

*Clinical Orthopaedic Director, Springfield Clinic, Springfield, IL*

1. Restate two methods for strengthening the partnership between orthopaedic physicians and hospital leadership.
2. Describe two initiatives designed to improve value and quality of orthopaedic patient care.

#### **306 Pelvic Fractures**

*Education Level 2, 1 Category A CH*

*Track: Clinical Practice; Topic: Trauma*

**Pamela Horn, CNP, MS, ONP-C**

*Director, Hand and Orthopaedic Trauma, Total Joint Advanced Practice Providers, Columbus, OH*

1. List three main types of pelvic fractures.
2. Name three important care criteria for patients with pelvic fractures.

#### **307 Is Bisphosphonate Use Associated with Atypical Humeral Shaft Fractures?**

*Education Level 3, 1 Category A CH*

*Track: Research; Topic: Osteoporosis*

**Debra L. Sietsema, PhD, RN**

*Clinical Research Director, Orthopaedic Associates of Michigan; Associate Professor, Michigan State University, Grand Rapids, MI*

1. Describe the association of bisphosphonate use with atypical fractures.
2. Examine the osteoporotic risk factors associated with humeral shaft fragility fractures.

## Program Schedule by Day (CONTINUED)

### Monday, May 20 (continued)

**10:00 am – 12:00 pm**

**Exhibit Hall Open**  
**Poster Presenters Available**  
**NAON Mall**

**11:45 am – 12:45 pm**

**Vendor Lunch Programs**

**1:15 pm – 5:45 pm**

#### **308 The Common Sense of Traction/Splinting**

*Education Level 2, 4 Category A CH*

*Track: Clinical Practice; Topic: Trauma*

**Tom Byrne, OTC**

*Sharp Rees-Stealy Orthopedics, San Diego, CA*

1. Explain the basic principles of traction use.
2. Describe equipment used and monitoring needed for patients in traction.
3. Describe equipment used and monitoring needed for patients with splints.
4. Identify significant elements involved in physical transfers for orthopaedic trauma patients.

#### **309 Hands-on Physical Assessment Techniques for the Orthopaedic Nurse**

*Education Level 3, 4 Category A CH*

*Track: Education; Topic: Sports Medicine*

**Frederick M. Brown, Jr., DNP, RN, ONC**

*Unit Director, Rush University Medical Center, Chicago, IL*

**Deana Ruby, MSN, APN, ACNP-BC**

*Nurse Practitioner, Rush University Medical Center, Chicago, IL*

1. Explain the basics of radiologic interpretation related to the shoulder and knee joints.
2. Illustrate appropriate physical assessment techniques to examine the shoulder joint.
3. Illustrate appropriate physical assessment techniques to examine the knee joint.

#### **310 Orthopaedic Trauma Management and Rehabilitation**

*Education Level 3, 4 Category A CH*

*Track: Clinical Practice; Topic: Trauma*

**Jeremy W. Cannon, MD, SM**

*Chief of Trauma Services, SAMMC U.S. Air Force, San Antonio, TX*

**Paul Pfennig, MSN, RN-BC, ANP-BC, ACNS-BC**

*Clinical Nurse Specialist, U.S. Air Force, Lackland Air Force Base, TX*

**Alicia White, ATC, PT, DPT**

*Physical Therapist, Department of Veterans Affairs, San Antonio, TX*

**Lisa Smurr Walters, MS, OTR/L, CHT**

*Supervisor, Occupational Therapy CFI, U.S. Army, Ft. Sam Houston, TX*

**Deborah Mahar Garcia, MS, RN-BC**

*Chief of Case Management, WTB, U.S. Army, Ft. Sam Houston, TX*

1. Describe the principles of limb salvage.
2. Correlate appropriate nursing interventions for orthopedic patients during flight and on arrival to definitive care.
3. Define the four phases of the amputee rehabilitation protocol used in military treatment facilities.
4. Identify rehabilitation techniques for amputees that can be implemented by nurses while the patient is in acute care.
5. Recognize the case manager's role in transitioning wounded service members post-injury.

#### **311 Methods of Orthopaedic Patient Education**

*Education Level 2, 4 Category A CH*

*Track: Education; Topic: Patient Education*

**Jack Davis, RN, MSN, ONC**

*Manager, Patient Education Programs, Hospital for Special Surgery, New York, NY*

**Tina Cartwright, RN**

*Director of Orthopaedics Specialties, Concord Hospital, Concord, NH*

**Kevin Meek, RN, BA, MHI**

*Chief Nursing Officer, OASIS Hospital, Phoenix, AZ*

**Angela Strader, RN**

*Public Relations and Education Specialist, The Crawford Spine Center, Cincinnati Children's Hospital Medical Center, Cincinnati, OH*

**Nancy Hiltz, RN, MS, ONC**

*Orthopaedic Clinical Specialist, Newton Wellesley Hospital, Newton, MA*

1. Identify the frameworks used to support the education of orthopaedic patients and families.
2. Describe the impact of the Orthopaedic Patient Educator role on patients, staff, and physicians.
3. Explain the use of interactive technology for providing evidenced-based education to the orthopaedic patient.
4. Describe the 4 Ps utilized when educating patients related to orthopaedic spine procedures.
5. Illustrate a multimodal education program for total joint patients.

#### **312 Managing Orthopaedic Complications**

*Education Level 2, 4 Category A CH*

*Track: Clinical Practice; Topic: Co-Morbidities*

**Michele M. Hughes, RN, MSN, ACNP, ONP-C**

*Nurse Practitioner, Bon Secours Memorial Regional Medical Center, Mechanicsville, VA*

**Jennifer Smith, RN, MSN, APRN-C**

*Director of Orthopaedics, Virtua Health, Voorhees, NJ*

**Barbara Lawrence, RN, Med**

*Clinical Education Specialist, Magee Womens Hospital of UPMC, Pittsburgh, PA*

**Nancy Beinlich, RN, MSN, CWON**

*Director, Wound Healing and Limb Preservation Center, Akron General Medical Center, Akron, OH*

**Toni L. McKee, RN, BSN, MBA, ONC, CLNC**

*Nurse Consultant, McKee Certified Legal Nurse Consultants, LLC, Springfield, IL*

1. Describe five possible complications experienced by surgical orthopaedic patients and information needed to effectively prevent and manage them.
2. Describe instituting pre-op MRSA/MSSA screening and a decolonization protocol for positive patients.
3. Explain the components of a comprehensive blood transfusion program for the total joint patient.
4. Discuss the impact of a nurse-initiated program to reduce hospital-acquired pressure ulcers, giving special attention to the older/orthopaedic patient.
5. Identify the assessment process with early interventions for the patient suspected to have compartment syndrome.

**7:30 pm – 10:30 pm**

#### **Annual Congress Party: Urban Cowboy!**

San Antonio provides the perfect setting for some "hard hat days and honky-tonk nights" as NAON goes Urban Cowboy. Wear your cowboy hat and boots and get ready to enter the NAON rodeo. Light hors d'oeuvres will be provided, so have fun dancing and mingling with your NAON peers and celebrating another year of Congress.



## Tuesday, May 21

7:25 am – 7:45 am

### Morning Announcements

7:45 am – 9:15 am

#### **401** Overcoming the Challenges of Limb Amputation

Education Level 3, 1.5 Category A CH

Track: Clinical Practice; Topic: Trauma

**John Ferguson, CPO**

Chief Prosthetist, Brooke Army Medical Center, San Antonio, TX

**Stuart Campbell, PT, MPT**

U.S. Army / Physical Therapist

1. Describe three stages of prosthetic care for the traumatic limb amputee.
2. Identify four complications associated with traumatic limb amputation.
3. Describe the physical therapy progression for the post-acute care amputee.
4. Describe three interventions used in preparation for the amputee for high activity.

9:30 am – 10:45 am

#### **402** Orthopaedic Primary Care: Who Needs It and Who Does It?

Education Level 3, 1.25 Category A CH

Track: Education; Topic: Professional Development

**Kathleen Geier, NP**

Nurse Practitioner, Webster Orthopaedics, Oakland, CA

**AJ Benham, NP**

Associate, Warbritton Orthopaedics, Oakland, CA

1. Summarize the data that currently supports the development of an orthopaedic nurse practitioner residency program in the United States.
2. Discuss the pros and cons of orthopaedic nurse practitioners as primary healthcare providers in the current American healthcare delivery system.

#### **403** Improving Patient Outcomes with Early Identification of Delirium in Postoperative Orthopaedic Older Adults

Education Level 2, 1.25 Category A CH

Track: Clinical Practice; Topic: Gerontology

**Diana LaBumbard, ACNP, GNP-BC**

Clinical Nurse Specialist, Huron Valley-Sinai Hospital, Commerce, MI

**Denise Williams, RN-C**

Staff Nurse, Huron Valley-Sinai Hospital, Commerce, MI

**Renita Milburn, RN**

Registered Nurse, Huron Valley-Sinai Hospital, Commerce, MI

1. Identify the need for early identification and treatment of delirium in postoperative orthopaedic patients.
2. Demonstrate CAM assessment and provide appropriate interventions for treatment of delirium.

*"After attending my first NAON Congress, I was able to share ideas that spurred several projects we are now working on in my hospital."*

#### **404** Successful Steps to Achieving Disease-specific Certification in Orthopaedics

Education Level 2, 1.25 Category A CH

Track: Leadership; Topic: Outcomes Management

**Tara Stauffacher, RN, BSN, ONC**

Total Joint Coordinator, Sanford Medical Center, Sioux Falls, SD

**Mary Ryan, RN-BC**

Director Orthopaedics/Neurology, Sanford Medical Center, Sioux Falls, SD

**Ila Schult, RN-BC, ONC**

Case Manager, Total Joint Program, Sanford Medical Center, Sioux Falls, SD

1. Describe the standardized processes for several orthopaedic Joint Commission Disease-specific Certifications.
2. Outline the team preparation for The Joint Commission related to Disease-specific Certification in orthopaedics.

#### **405** Cancers of the Bone: Nursing Considerations

Education Level 3, 1.25 Category A CH

Track: Clinical Practice; Topic: Oncology

**Kim Rich, MS, RN, GNP-BC, FNP-BC**

Nurse Practitioner, Oregon Health & Science University, Portland, OR

**Ruth McGillion, RN, MS, ONC**

Nurse Manager, 9K Orthopaedics, Oregon Health & Science University, Portland, OR

1. Interpret the differences in surgical treatment options for patients with primary bone tumors versus metastatic bone disease.
2. Analyze nursing considerations during the immediate postoperative period for patients with metastatic bone disease compared to those with primary bone tumors.

#### **406** Our PEARLS for Your JOINT

Education Level 3, 1.25 Category A CH

Track: Leadership; Topic: Innovative Technologies/Care Delivery

**June Weise, BSN, RN, MHA**

Administrative Director of the Orthopaedic and Spine Service Line, Abington Health Lansdale Hospital, Lansdale, PA

**Nancy Hesse, MSN, RN, CEN**

Chief Nursing Officer, Abington Health Lansdale Hospital, Lansdale, PA

**Andrew M. Star, MD**

Medical Director, Orthopaedic and Spine Institute, OrthopaediCare, Lansdale, PA

**Jeralyn G. Romano, PA-C, MS**

Physician Assistant - Certified, Abington Health Lansdale Hospital, Lansdale, PA

**Therese Landis, BSN, RN**

Registered Nurse, Abington Health Lansdale Hospital, Lansdale, PA

1. Recognize the advantages of a high-quality patient- and family-centered orthopaedic program.
2. Describe how leadership actions and different multidisciplinary clinical practice strategies can be incorporated into orthopaedic services.

#### Key

**CH** = Contact hours awarded

**1** = General healthcare

**2** = Intermediate healthcare

**3** = Advanced healthcare

**Category A:** Orthopaedic programs as designated by ONCB

**Category B:** General nursing programs as designated by ONCB

## Program Schedule by Day (CONTINUED)

### Tuesday, May 21 (continued)

#### 9:30 am – 10:45 am

##### **407 The Ins and Outs of Achieving Continuing Nursing Education (CNE) Approval for Contact Hours**

*Education Level 1, 1.25 Category B CH*

*Track: Education; Topic: Staff Education*

##### **Beth Kaiserschafer, MS, RN**

*Sr. Coordinator of Programs, National Association of Orthopaedic Nurses, Arden Hills, MN*

1. Review the approval process and forms that are required for CNE approval by the National Association of Orthopaedic Nurses (NAON) Approver Unit.
2. Illustrate effective methods of meeting CNE program approval through NAON.

#### 11:00 am – 11:30 am



##### **Closing Ceremony**

##### **Pamela A. Cupec, RN, MS, ONC, CRRN, ACM**

*2013-2014 NAON President*

Join us for a few closing thoughts from this year's Annual Congress and hear from incoming NAON President Pamela Cupec who will discuss objectives for the year to come.

#### 11:30 am – 12:30 pm

##### **Closing Keynote Session**

##### **408 THRIVE: 4 Steps to Body, Brains and Bliss**

*Education Level 1, 1 Category B CH*

*Track: Leadership; Topic: Professional Development*



##### **Vonda Wright, MD**

*Orthopaedic Surgeon, University of Pittsburgh Medical Center, Pittsburgh, PA*

1. State the four steps to strategically plan health: creating a vision, taking action, changing attitudes, and measuring achievement.

#### 3:00 pm – 4:45 pm

##### **Tour of Brooke Army Medical Center's Center for the Intrepid**

Limited to the first 40 registrants.

**Cost: \$10.** Shuttle transportation will be provided.

*\*Greeting cards of encouragement are appreciated by the wounded warriors.*

# SAVE THE DATE

**NAON 34th Annual Congress**  
May 17-20, 2014  
The Mirage Resort and Casino  
Las Vegas, Nevada



# Registration Information

## Register Today!

1. Register online: <http://www.orthonurse.org/congress>— it's fast and secure.
2. Fax your registration form: Complete your form, include your credit card information and fax to 312.673.6939.
3. Mail your registration form: NAON Registration, 8292 Solutions Center, Chicago, IL 60677-8002.

## Cancellation/Refund Requests

Your registration fee, less a \$150 administrative fee, is refundable (after Congress) upon written notice explaining your reason for cancellation. To receive a refund, written cancellations must be received on or before March 20, 2013 at the NAON National Office; 330 N. Wabash Avenue; Chicago, IL 60611, via e-mail at [naon@orthonurse.org](mailto:naon@orthonurse.org) or via fax at 312.613.6939.

## Early Deadline: Online, Faxed, or Postmarked by March 20, 2013

The early registration rate applies for all registrations via fax, online or postmarked on or before March 20, 2013. After March 20, 2013, the regular rate applies. Register only one person per form. Photocopies of the form are acceptable.

## Bonus Membership Offer for Nonmembers and Students!

### (RNs, LPNs/LVNs and Associates)

You will receive a NAON membership by registering for the full conference as a nonmember (a \$110 value). Membership will become active as of June 1, 2013, and is valid through December 31, 2013. Nursing students: contact NAON National Office at 800.289.6266 (NAON) for discounted rate information.

## Guests

Payment of the guest fee (\$75) entitles guests to join registrants at the following functions: Opening/Closing Ceremonies, morning General Sessions, Exhibit Hall and the Annual Congress Party: Urban Cowboy!

## Volunteer as a Monitor or Moderator

If interested in volunteering as a monitor or moderator during the 2013 NAON Congress, please select either option on your registration form.

**Monitors:** Volunteers who monitor the room during a session. Monitors report any issues to staff including room temperature and audio/visual assistance requests from presenters. They also help participants find seats when the sessions begin to fill up.

**Moderators:** Volunteers who sit on stage with the presenter and assists the presenter with any requests. Moderators introduce the presenter, remind the presenter to disclose conflicts of interest, and give time warnings as necessary.

## Payment and Confirmation

Registrations will be processed only if full payment is received at the time of registration or with the registration form. Purchase orders cannot be accepted. Confirmation notices will be e-mailed within 48 hours of payment processing. If you do not provide a working e-mail address, we will fax a confirmation to you.

## Tax Information

All expenses for continuing nursing education (including registration fees, travel, meals and lodging) taken to maintain and improve professional skills may be tax deductible (Treas. Reg. 1.162-5 Coughlin vs. Commissioner, 203, F2d 307). Please consult your tax advisor.

## Helpful Planning Information

### Allergens

NAON recognizes that some participants may have severe allergies to peanuts, latex and other products. We cannot assure that no allergens are present in the hotels or conference center. Please take all necessary medical precautions to prepare for the possibility of exposure to allergens.

### Americans with Disabilities Act

If you need any of the auxiliary aids or services identified in the Americans with Disabilities Act to attend Congress, please check the box on the registration form or call the NAON National Office at 800.289.6266 (NAON).

### Attire

The Henry B. Gonzalez Convention Center is a large building, so comfortable shoes are a must. Because this is a professional conference, recommended dress for all sessions is business casual. Meeting rooms tend to be cool in temperature, so bring a light jacket or sweater for your comfort.

## Educational Sessions

We need your help! Seating for breakout education sessions is on a first-come, first-served basis. In order to cater to our guests' preferences, we need to know which sessions you would like to attend so that we may allot the appropriate amount of space for each. Pre-selection of sessions during registration does not guarantee seating; however, it aids in the planning of room assignments to accommodate predicted attendance. Once we fill a room to capacity, we will close a session. If a session is closed, participants must select another session where seating is available. Due to fire code regulations, participants will not be able to sit or stand in the back of the room and we cannot add additional chairs. Please only select one educational session per time period; session numbers appear before the titles on the website.

# Hotel and Travel Information

## Hotel Information: Reserve by April 22

Make your reservations by Monday, April 22, 2013 for discounted rates. A block of rooms has been set aside for NAON participants at a reduced rate at the Grand Hyatt San Antonio, which is adjacent to the Henry B. Gonzalez Convention Center.

### Grand Hyatt San Antonio

600 East Market Street  
San Antonio, TX 78205  
Telephone 210.224.1234

Toll Free 888.421.1442

Rate: \$195 single/double + 16.75% tax (\$25 fee for third and fourth person in room). Tax is subject to change.

[Book your reservation online](#) with NAON's special rate at the Grand Hyatt San Antonio.

## Travel Information

### Airport

The main airport in San Antonio is the San Antonio International Airport (SAT). It is approximately 13.3 miles or 21 minutes from the Grand Hyatt San Antonio.

### Airport Transportation

A variety of transportation options are available between the airport and the hotel.

Shuttle transportation to and from San Antonio International Airport and downtown (8 miles) is provided for a fee by SATTRANS, the city's official airport shuttle, and GO Airport Shuttle from 7:00 am to 1:30 am daily. A one-way fare is \$19 per person and round-trip is \$34 per person. Prices are subject to change.

For more information, call 210.281.9900, or visit [www.saairportshuttle.com](http://www.saairportshuttle.com).

Approximate costs for taxicabs are \$25-27 each way.

### Hotel Parking

Parking at the Grand Hyatt San Antonio is \$25 per day to self-park or \$33 per day for valet. Price is subject to change. Parking rates do not include tax, but do include in/out privileges.

## Call for 2014 Presentations and Posters

NAON 34th Annual Congress  
May 17 – 20, 2014  
The Mirage Resort and Casino  
Las Vegas, NV

Presentation Proposal Deadline: **June 28, 2013**

Poster Session Proposal Deadline: **September 6, 2013**

The 2014 NAON Congress Unit invites you to submit a podium or poster presentation for the 34th Annual Congress. Visit [www.orthonurse.org/congress](http://www.orthonurse.org/congress) for more information on topics and submission requirements.



# 2013 Annual Congress Exhibitors

**NAON wishes to express its sincere gratitude to our 2013 exhibitors and sponsors. Thanks to their continuing support of our association, we are able to continue to bring you cutting-edge educational programs at affordable registration fees.**

## Exhibitors *(As of December 2012)*

Alpha Modalities LLC  
Alps South  
American Orthopaedic Association  
Aspen Medical Products  
Biomet  
Breg  
CHG Hospital Beds  
Covidien  
DJO Global  
DM Systems - Heelift  
Duke University School of Nursing  
Evenup Corp LLC  
Exactech, Inc.  
Gebauer Company  
Grand Canyon University  
Janssen Pharmaceuticals, Inc.  
Lilly USA, LLC.  
Lippincott Williams & Wilkins - Wolters Kluwer Health  
NAON Chapter Advisory Team (CAT)  
NAON Foundation  
Nurses Service Organization - NSO  
Nutramax Laboratories, Inc.  
ONCB  
Ossur Americas  
Schaerer Mayfield USA  
Smith & Nephew  
Solution Matrix, Inc  
SunMedica, Inc  
The Gideons International  
Walden University  
Zimmer

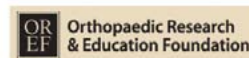
## A special thanks to our 2012 sponsors:

*(As of December 2012)*

### Platinum



### Educational Grants



## THREE WAYS TO REGISTER

1. Register Online: [www.orthonurse.org/congress](http://www.orthonurse.org/congress)
2. Fax your registration: Complete this form, include your credit card information and fax the form to 312.673.6939
3. Mail your registration: NAON Registration, 8292 Solutions Center, Chicago, IL 60677-8002

Active NAON Member ID # \_\_\_\_\_

Must be an active member with dues paid through 12/31/13 to receive discounted member rates

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

CREDENTIALS \_\_\_\_\_ OFFER CODE \_\_\_\_\_

Doctorates (MD, PhD, EdD) \_\_\_\_\_ Associates (AD, ADN, LPN, LVN) \_\_\_\_\_  
 Masters (MSN, MS, MA, FNP) \_\_\_\_\_ Certifications (ONC, ONP-C, OCNS-C, C) \_\_\_\_\_  
 Bachelors (BSN, BAN, BS, BA, RN) \_\_\_\_\_ Other \_\_\_\_\_

COMPANY \_\_\_\_\_

PREFERRED MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_

ZIP OR POSTAL CODE \_\_\_\_\_ COUNTRY \_\_\_\_\_

DAYTIME TELEPHONE \_\_\_\_\_ ☐ HOME ☐ WORK

E-MAIL ADDRESS \_\_\_\_\_

Is this your first NAON Congress? ..... ☐ YES ☐ NO

Are you interested in being a monitor? ..... ☐ YES ☐ NO

Are you interested in being a moderator? ..... ☐ YES ☐ NO

If you are interested in monitoring or moderating a specific session, please e-mail NAON at [naon@smithbucklin.com](mailto:naon@smithbucklin.com).

If you have any special needs, please let us know and we will do our best to accommodate you:

Please list any allergies or dietary requirements:

☐ Check here if you do not wish to receive information from Congress exhibitors via mail or e-mail.

## SESSION SELECTIONS

Fill in one educational session per time period. **Seating for breakout sessions is on a first-come, first-served basis. Pre-selection of sessions during registration does not guarantee seating;** however, it aids in the planning of room assignments to accommodate attendance.

SATURDAY	SUNDAY	MONDAY	TUESDAY
12:45 pm 103-104	7:30 am 201	7:30 am 301	7:45 am 401
2:30 pm 105-106	8:45 am 202-207	8:45 am 302-307	9:30 am 402-407
5:15 pm 107	1:30 pm 209	1:15 pm 308-312	11:30 am 408
	3:15 pm 210-215		
	7:00 pm 216		

## CONGRESS REGISTRATION

**Full Congress Registration** (includes all breakout sessions May 18 - 21, 2013, Special Interest Group Sessions, Exhibit Hall admission, General Sessions and select social events)

## EARLY REGISTRATION (ON OR BEFORE MARCH 20, 2013)

- ☐ Member Registration ..... \$540  
☐ ONC Member Registration ..... \$525  
☐ Nonmember Registration ..... \$668

## REGULAR REGISTRATION (AFTER MARCH 20, 2013)

- ☐ Member Registration ..... \$640  
☐ ONC Member Registration ..... \$625  
☐ Nonmember Registration ..... \$768

## SINGLE-DAY REGISTRATION (PLEASE CHECK ONE)

- ☐ Saturday ☐ Sunday ☐ Monday ☐ Tuesday  
☐ Member Registration ..... \$310  
☐ Nonmember Registration ..... \$388

## TWO-DAY REGISTRATION (PLEASE CHECK TWO)

- ☐ Saturday ☐ Sunday ☐ Monday ☐ Tuesday  
☐ Member Registration ..... \$475  
☐ Nonmember Registration ..... \$593

**Subtotal A: Registration** \$ \_\_\_\_\_

## OPTIONAL SESSIONS (PLEASE CHECK ONE)

Saturday, May 18, 2013	Member Fee	Nonmember Fee
<input type="checkbox"/> 101 Orthopaedic Nursing Review Course	\$175	\$250
<input type="checkbox"/> 102 Orthopaedic NP Review Course	\$150	\$225

Sunday, May 19, 2013	Member Fee	Nonmember Fee
<input type="checkbox"/> 208 ONCB Luncheon	\$25	\$25

*\*Must hold a valid ONC, ONP-C, or OCNS-C*

**Subtotal B: Pre-Congress Optional Sessions** \$ \_\_\_\_\_

## OPTIONAL SPECIAL EVENTS AND GUEST REGISTRATION

Saturday, May 18, 2013	Member Fee	Nonmember Fee
<input type="checkbox"/> Guest Fee (includes all General Sessions, Annual Congress Party and Exhibit Hall)		\$75
Guest First Name: _____ Last Name: _____		
<input type="checkbox"/> Additional Annual Party Ticket – 1 included with full conference registration (non-full conference registration and/or guests)		\$50 (per ticket)
First Name: _____ Last Name: _____		
<input type="checkbox"/> Health Walk		\$25
<input type="checkbox"/> Sleep in for the Foundation		\$30
<input type="checkbox"/> NAON Foundation Electronics Raffle		\$20 x # of tickets _____
<input type="checkbox"/> Brooke Army Medical Center's Center for the Intrepid Tour		\$10

**Subtotal C: Optional Special Events and Guest Registration** \$ \_\_\_\_\_

**Total Payment Enclosed (A+B+C)** \$ \_\_\_\_\_

Special discount code: \_\_\_\_\_

## PAYMENT INFORMATION

☐ Check enclosed (Payable in U.S. Dollars to NAON Registration)  
 Charge my: ☐ Visa ☐ MasterCard ☐ American Express

Total Due: \_\_\_\_\_

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name (as it appears on card): \_\_\_\_\_

Signature: \_\_\_\_\_

**Registration Cancellation Policy** – Cancellations received on or before March 20, 2013 will receive a full refund minus a \$150 processing fee. No refunds will be issued for requests received after March 20. All cancellation requests must be submitted in writing to [registration@orthonurse.org](mailto:registration@orthonurse.org).

NAON MEMBER ID # \_\_\_\_\_

NAME \_\_\_\_\_

## What is your professional status?

(check all that apply)

- ☐ RN
- ☐ BSN
- ☐ MSN
- ☐ APN
- ☐ LPN
- ☐ LVN
- ☐ Student
- ☐ Other(s): \_\_\_\_\_

## How many years have you been in the nursing profession?

(check one)

- ☐ 1-5
- ☐ 6-10
- ☐ 11-20
- ☐ 21 or more
- ☐ Student

## How would you classify your place of employment?

(check one)

- ☐ Hospital
- ☐ Physician
- ☐ Industry/Corporation
- ☐ Educational Institution/Nursing School
- ☐ Government (non-hospital)
- ☐ Self-employed
- ☐ Nursing Home
- ☐ Home Health
- ☐ Not Employed
- ☐ Other: \_\_\_\_\_

## What is your primary professional position?

(check one)

- ☐ Staff Nurse
- ☐ Head Nurse/Supervisor
- ☐ OR Nurse
- ☐ Clinical Specialist
- ☐ Instructor/Educator
- ☐ Administrator
- ☐ RN First Assistant
- ☐ Case Manager
- ☐ Nurse Practitioner
- ☐ Physician
- ☐ Assistant – Nurse or Physician
- ☐ Therapist – Occupational or Physical
- ☐ Technician
- ☐ Other: \_\_\_\_\_

## What is your primary area of practice?

(check one)

- ☐ Spine
- ☐ Neurology
- ☐ OR
- ☐ Trauma
- ☐ Pediatrics
- ☐ Gerontology
- ☐ Home Care
- ☐ Sports Medicine
- ☐ Total Joint Replacement
- ☐ Advance Practice
- ☐ Osteoporosis
- ☐ Office Practice
- ☐ Other: \_\_\_\_\_

## What role do you have in making buying decisions for your hospital, office or place of employment?

- ☐ Approve purchases
- ☐ Share purchase authority
- ☐ Sole purchasing authority
- ☐ Specify/recommend products
- ☐ Other: \_\_\_\_\_

## How much does your hospital, office or place of employment spend on orthopaedic products and services in a year?

- ☐ Under \$50,000
- ☐ \$50,001 – 100,000
- ☐ \$100,001 – 200,000
- ☐ \$200,001 – 500,000
- ☐ \$500,001 – 1,000,000
- ☐ Over \$1,000,000

## What other professional organizations are you a member of?

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