

Personality Belief Questionnaire – Short Form (PBQ-SF)  
Scoring Key

Patient Name: \_\_\_\_\_ Date on PBQ: \_\_\_\_\_

Scored By: \_\_\_\_\_ Date of Scoring: \_\_\_\_\_

PBQ Scale	Sum items to calculate raw score	Raw Score	Use formula to calculate Z-score	Z-score
Avoidant	Sum items 1, 2, 5, 31, 33, 39, & 43	_____	$(\text{Raw score} - 10.86)/6.46$	_____
Dependent	Sum items 15, 18, 44, 45, 56, 62, & 63	_____	$(\text{Raw score} - 9.26)/6.12$	_____
Passive-Aggressive	Sum items 4, 7, 20, 21, 41, 47, & 51	_____	$(\text{Raw score} - 8.09)/5.97$	_____
Obsessive-Compulsive	Sum items 6, 9, 11, 19, 30, 40, & 57	_____	$(\text{Raw score} - 10.56)/7.20$	_____
Antisocial	Sum items 23, 32, 35, 38, 42, 59, & 61	_____	$(\text{Raw score} - 4.25)/4.30$	_____
Narcissistic	Sum items 10, 16, 26, 27, 46, 58, & 60	_____	$(\text{Raw score} - 3.42)/4.23$	_____
Histrionic	Sum items 8, 22, 34, 37, 52, 54, & 55	_____	$(\text{Raw score} - 6.47)/6.09$	_____
Schizoid	Sum items 12, 25, 28, 29, 36, 50, & 53	_____	$(\text{Raw score} - 8.99)/5.60$	_____
Paranoid	Sum items 3, 13, 14, 17, 24, 48, & 49	_____	$(\text{Raw score} - 6.99)/6.22$	_____
Borderline	Sum items 31, 44, 45, 49, 56, 64, 65	_____	$(\text{Raw score} - 8.07)/6.05$	_____

Note: Z-scores are based on a sample of 683 psychiatric outpatients with mixed diagnoses.