

CAS/AEF

CAS: activity/project self-evaluation form

Submit to: Activity/project leader Session:
School number: 0 0 0
School name:
 The following questions should be addressed at the end of each activity/project. These are guiding questions. Candidates can either answer on this form or write a reflective, continuous text incorporating responses to these questions. Write legibly using black ink.
Candidate self-evaluation
Candidate name:
Candidate session number:
Name of activity/project: No of hours (approx):
1. Summarize what you did in this activity/project and how you interacted with others.
2. Explain what you hoped to accomplish through this activity/project.
2. How suggested were you in achieving your goals? What difficulties did you ancounter and how did
3. How successful were you in achieving your goals? What difficulties did you encounter and how did you overcome them?
4. What did you learn about yourself and others through this activity/project? What abilities, attitudes and values have you developed?

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School name:
5. Did anyone help you to think about your learning during this activity/project? If so, who helped an how did they help?
6. How did this activity/project benefit others?
7. What might you do differently next time to improve?
8. How can you apply what you have learned in other life situations?
Candidate's signature: Date:
To be completed by the activity/project leader
Punctuality and attendance:
Effort and commitment: Further comments:
The activity/project was (circle the desired response):
Satisfactorily completed Not satisfactorily completed
Activity/project leader's name:
Activity/project leader's signature: Date:
Please give this form to the CAS coordinator when it has been completed.