

University of Toronto MET 2015

Instructions

In this exercise you should complete the following three tasks:

1. You should do the following 5 things:
 - Show the examiner a birthday card you would like to buy
 - Show the examiner a can of pop you would like to buy
 - Show the examiner a muffin you would like to buy
 - Find Emily at Café Plenty and tell her your name and where you work
 - Leave something at the security desk for Dr. Dawson
2. You must meet me at _____ (10 minutes after the starting time) near the elevators and tell me what the weather is like today.
3. You should obtain the following information and write it down in the spaces below:
 - What is the closing time of the Bank of Montreal on a Thursday _____?
 - On what floor(s) is the University of Toronto Department of Family and Community Medicine located _____?
 - What is the price of a regular cup of coffee _____?
 - What is the price of a Caramilk bar _____?

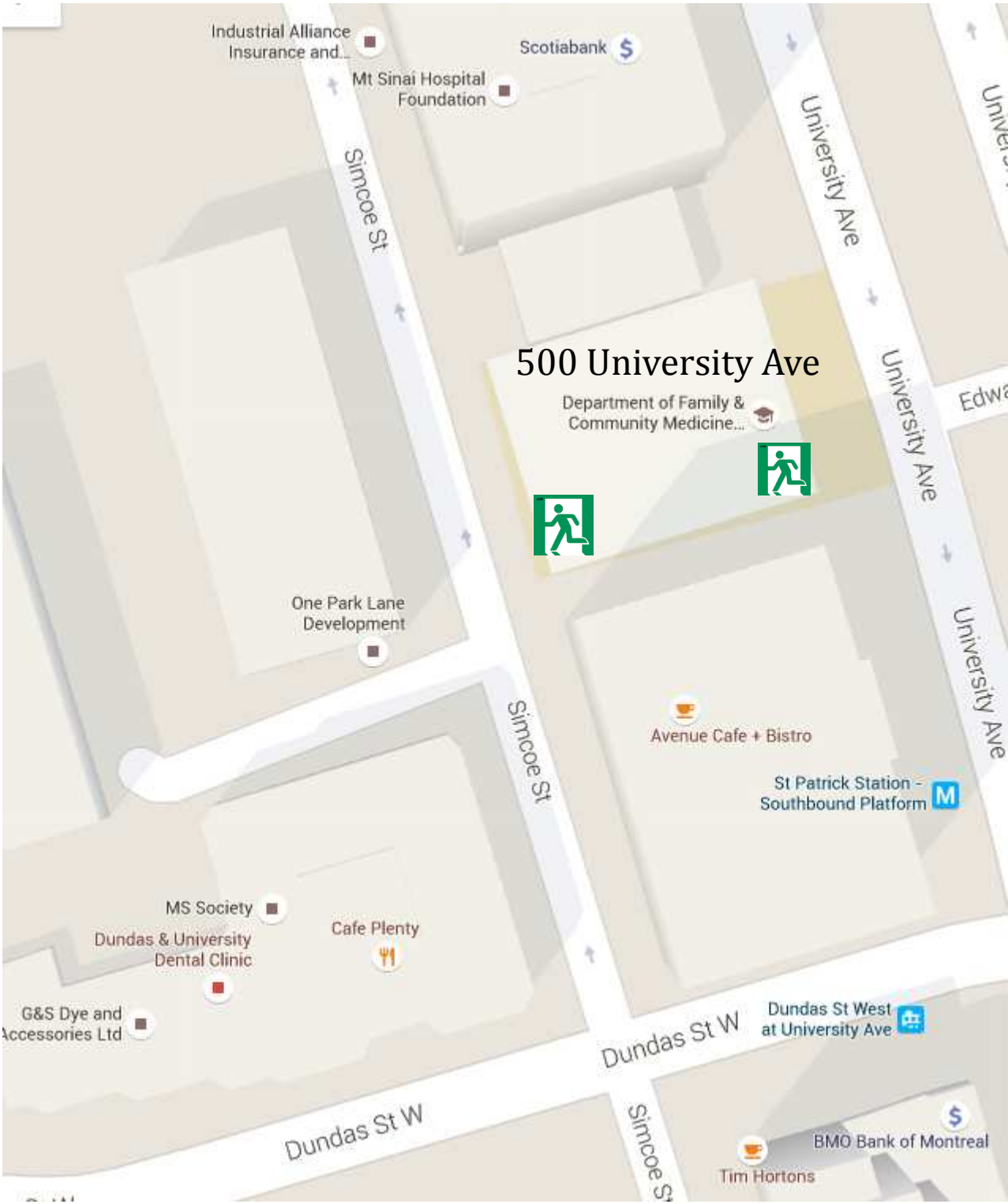
Tell me when you have completed the exercise.

While carrying out this exercise you must obey the following rules:

Rules

- You should carry out all these tasks but may do so in any order.
- Your **intended purchases** should total no more than \$ 7.50.
- You should not cross University Ave.
- You should not enter into staff offices or classrooms unless it is part of the exercise.
- You should not go back into an area you have already been in.
- You should **select to buy** no more than 2 items in any one location.
- Take as little time as possible to complete this exercise, without rushing excessively.
- Do not speak to the examiner *unless* this is part of the exercise.

MAP:



Tasks – Version A

In this exercise you should complete the following tasks:

1. *You should do the following 5 things:*
 - Buy a Canada stamp
 - Buy a birthday card
 - Buy a can of Coca-Cola
 - Telephone Amanda at 416-785-2500 ext. 3596 and say who you are, what time it is and what day of the week it is.
 - Mail something to Dr. Dawson** at the University of Toronto.
2. *You must meet me at the Creative Arts Studio at _____ and tell me what the weather is like today.*
3. *You should obtain the following information and write it down in the spaces below:*
 - What is the closing time of the resident's library on a Thursday? _____
 - What is the opening time of the gift shop on a Friday? _____
 - What is the price of a Mars Bar? _____
 - What is the name of the auditorium closest to the Cafeteria? _____
4. *Tell me when you have completed the exercise.*

Rules – Version A

While carrying out this exercise you must obey the following rules:

- You should carry out all these tasks but may do so in any order
- You should spend as little as possible and no more than \$6.00
- You should stay within the limits of the main floor of the hospital
- You should not enter any of the hospital treatment areas or “staff only” areas
- You should not go back into an area you have already been in
- You should buy no more than 2 items at any one location
- Be as efficient and timely as possible without rushing excessively
- Do not speak to the experimenters *unless* it is part of the exercise

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BMET SCORING: VERSION A

| Order Completed | TASKS | Task Complete? | Partial Task Failures | Observed | Inefficient | Interpretation Failure/Other |
|-----------------|---|----------------|--|----------|-------------|------------------------------|
| | Buy a Canadian stamp | | Bought incorrect number /kind of stamps | | | |
| | Buy a birthday card | | Bought wrong kind of card | | | |
| | | | Spend excessive time selecting card (>2min) | | | |
| | | | Did not buy card from \$1 rack | | | |
| | | | Exchange card while waiting in line (reason? _____) | | | |
| | Buy a can of Coca-Cola | | Bought drink other than Coke or Diet Coke | | | |
| | | | Spent excessive time looking for Coke (>2min) | | | |
| | | | Exchanged drink while waiting in line or at cash | | | |
| | Telephone Amanda at 416 785 2500 Ext.3956 and say who you are, what time it is & the day of the week Mail something to Dr. Dawson at the university of Toronto | | Put too little money in telephone | | | |
| | | | Changes telephones unnecessarily (reasons?) | | | |
| | | | Needs to hang up and dial again | | | |
| | | | Called wrong person | | | |
| | | | Gave incorrect information in telephone call | | | |
| | | | Gave too little / too much information in the telephone call | | | |
| | | | Mailed something other than a birthday card | | | |
| | | | Put too much/no postage on envelope to mail | | | |
| | | | Wrote address incorrectly | | | |
| | | | Left item with examiner/ other individual rather than mailing it | | | |
| | | | Took steps to find something other than the card to mail | | | |
| | | | Gave to examiner AFTER test was finished | | | |
| | Meet me at the creative Arts Studio at _____ and tell me what the weather is like today | | Met examiner at wrong place | | | |
| | | | Met examiner at wrong time (<8 min. or > 12 min.) | | | |
| | | | Met examiner but did not state weather | | | |
| | | | Met examiner and said "10 minutes" instead of time | | | |
| | | | Wrote weather instead of telling examiner | | | |
| | What time does the resident's library close on a Thursday | | Wrote incorrect closing time | | | |
| | | | Wrote closing time for wrong place | | | |
| | | | Wrote opening time only or wrote opening & closing time | | | |
| | | | Wrote correct time only by chance | | | |
| | What time does the gift shop open on a Friday | | Wrote incorrect opening time | | | |
| | | | Wrote opening time of a wrong place | | | |
| | | | Wrote closing time only | | | |
| | | | Wrote opening and closing time | | | |
| | | | Wrote correct time only by chance | | | |
| | Write down price of a Caramilk bar (with or without tax) | | Wrote incorrect price | | | |
| | | | Wrote price for another type of product | | | |
| | | | Wrote correct price only by chance | | | |
| | | | Spent excessive time finding item (>2 minutes) | | | |
| | | | Bought item | | | |
| | Name of auditorium closest to the cafeteria | | Wrote incorrect auditorium name | | | |
| | | | Spent excessive time finding item (>2 minutes) | | | |
| | Tell examiner when finished exercise | | Thought meeting time and task end were one/same | | | |
| | | | Thought test must be completed in 10 minutes | | | |
| | | | Did not explicitly tell examiner when they were finished | | | |
| | Interruption-pick up a Baycrest Matters Flyer and keep it with you ADMINISTERED? | | Picked up the wrong item | | | |
| | | | Gave the item to the experimenter | | | |

| Other Inefficiencies | Observed | Frequency |
|---|----------|-----------|
| Wandered around an area | | |
| Left a line up and then returned | | |
| Unexplained hesitations during task (>20sec) | | |
| Unnecessary conversations with individuals | | |
| Entered/attempted to enter an unnecessary area (without any clear reason) | | |
| Visited an area and didn't do anything there | | |
| Unnecessarily sat down (no to address envelope) | | |
| Bought unnecessary item(s) | | |
| Repeated question(s) | | |
| Licked self adhesive stamp | | |
| Took obvious steps to looking for unnecessary information/items | | |
| Paid for items separately at same location and same visit | | |
| General awkwardness/ disorganization with task items | | |
| Dropped item(s) | | |
| Asked non-staff for directions/help/assistance | | |
| Verbally indicated wanting to 'give up'/ 'quit' | | |
| Totals | | |

| | Rules | Adhered To | Broken (note frequency) |
|---------------------------|--|------------|-------------------------|
| 1 | All tasks carried out and in any order | | |
| 2 | Spend no more than \$6.00 | | |
| 3 | Stay within the limits of the main floor of the hospital | | |
| 4 | Do not enter any hospital treatment areas or 'staff only' areas | | |
| 5 | Do not buy more than 2 items in the gift shop | | |
| 6 | Take as little time to complete the exercise without rushing excessively | | |
| 7 | Do not go back into an area he/she has already been into | | |
| 8 | Do not speak to the examiner <i>unless</i> it is part of the exercise | | |
| Social Rule Breaks | | | |
| 1 | | | |
| 2 | | | |
| | TOTALS | | |

| Strategies | Observed | Frequency |
|---|----------|-----------|
| Planned before starting test | | |
| Used a map | | |
| Made notes (other than those required) | | |
| Marked tasks as completed | | |
| Self-talk (task oriented) | | |
| Self talk (non-task oriented) | | |
| Asked staff for directions/help/assistance | | |
| Looked overtly at signage/visual landmarks | | |
| Checked change | | |
| Asked for specific change (in order to use phone) | | |
| Separated money to avoid overspending | | |
| Separated money to from personal money | | |
| Asked for receipts | | |
| Compared prices | | |
| Went to meeting place early and waited | | |
| Engaged in multitasking | | |
| Organized material and bag | | |
| Check watch | | |
| Checked Task sheet while walking | | |
| Checked task sheet while stopped | | |
| Checked Rule sheet while walking | | |
| Checked Rule sheet while stopped | | |