

SESSION 1 - BREAKOUT LAB MENU

Camper Name: _____ Camp: _____

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Game Mania (no charge)

Challenge your friends to your favorite board game! Whether it be Candyland, Yahtzee, or Pictionary, put on your best game face and get ready to play!

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Nature Hike (no charge)

Experience Marinwood's forests and nature trails in this outside adventure! Look, feel, and smell the wilderness around you while listening to entertaining stories told by one of Marinwood's best story-tellers!

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Acronastics with Fitness in Transit (FIT) (\$5 fee)

Develop skills that go beyond cartwheels and backbends. Come join the fun of combining gymnastics with acro-balancing! Gymnastics will build strength, tumbling skills, and healthy sense of self-awareness, while acro-balancing will open a world of creative interaction between students.

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Capoiera (\$5 fee)

Join us in learning this Brazilian martial art that combines dance, self-defense, acrobatics, and music! Let your creativity and self-expression thrive while partaking in a fun, traditional, and cultural experience!

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Musical Theater with the Performing Arts Academy of Marin (no charge)

Students will learn popular ensemble songs from musicals, complete with staging, choreography, and character work! Class begins with a vocal warm-up, followed by a jazz based warm-up and dance technique that incorporates steps typical to musical theater. Students will work on essential vocal and acting skills, and apply them to ensemble choreography and scene work.

if you are signing up for a lab with a \$5 material fee, please enclose payment and payment form in an envelope with your child's name

Payment Form

Payment must be received by 3:15 pm the Tuesday of the session. No exceptions.

Payment:

___ Check payable to MCSD

___ Cash

___ Visa

___ Mastercard

___ American Express

Please Enter Credit Card Information:

Expiration (MM/YY)

3 digit security code

Please return this form with payment:

-Fax to 415-479-7759

-In person at Marinwood

-To your Camp Director

-Or mail to the address below:

**Marinwood Camps
775 Miller Creek Road
San Rafael, CA 94903
415-479-0775**

Person's name on card: _____ Phone: _____

Billing Address: _____

City, State, Zip: _____ Email: _____

