

**Georgia Northwestern Technical College
Practical Nursing Program**

**PNSG 2255 – Maternity Nursing Practicum
POSTPARTAL ASSESSMENT GUIDE**

Student _____ Date _____

Identifying Data

Patient's initials _____ Obstetrician _____ Weeks gestation _____

P.P. Day _____ Marital status _____ Age _____ Occupation _____

Gravida _____ Para _____ Abortions _____ Allergies _____

Living children and ages _____

Prenatal

Medications _____

Blood type _____ Rh _____ Rubella titer _____

Significant family, personal, and OB history and/or complications: _____

Labor

Membranes ruptured-Artificial _____ Spontaneous _____ Medicines _____

Stimulation (type) _____ Anesthesia _____

Fetal distress _____ Maternal complications _____

Delivery date and time _____ Type _____

Episiotomy/Incision (type) _____ Complications _____

Infant

Apgar: 1 minute _____ 5 minutes _____ Wt _____ Sex _____ Blood Rh _____

Complications or anomalies _____

Normal nursery _____ Special care nursery _____

Feeding (method) _____

Communication – Sensation – Security

Mother

Mother's appearance: _____

Feelings about L & D: _____

Degree of dependency/independency in caring for self:

Discomfort experienced since delivery:

Knowledge of self care

Communication – Sensation – Security

Infant

Concerns about baby: _____

Knowledge of baby care: _____

Help at home: _____

Reaction to and communication with infant (body contact, security) _____

Activity Level

Elimination

Urinary: time and amount of first P.P voiding _____

Subsequent frequency and amounts _____

Bowel movements since delivery _____

Sexuality

Pregnancy planned? _____ Contraception plans? _____

Nutrition

Type of diet _____ Rationale _____ Appetite _____

IV fluid: type and rate _____ Rationale _____

Observation

	1st Day	2nd Day
Vital signs		
Breast/nipples		
Incision (cs/tubal)		
Episiotomy		
Fundus		
Hemorrhoids		
Lochia (type and amount)		

Drugs

Drugs	Dosage	Method of Administration	Desired Results for this patient

Treatments

Procedure	Desired Results	Results Achieved

Diagnostics

Test	Results	Implications