APRIL, 2015

# Panther Purr

Published by the Student-Teacher-Parent Organization (STP). Available at www.srhsstp.org or www.SantaRosaHighSchool.net or by emailing editor@srhsstp.org.

### **Principal's Update**

Brad Coscarelli, SRHS Principal, <u>bcoscarelli@srcs.k12.ca.us</u>, 528-5292

Dear Parents and Guardians,

I would like to start by thanking several students and our counselor, Mr. Geffner for an incredible three days of Rape Culture Presentations. Senior students **Carter Lindstrom-Dake**, **Kira Findling**, **Lindsay Bribiescas** and **Sawyer Croft** provided a course in rape, rape culture and consent to all 2000 students at Santa Rosa High School. These four students are true leaders on our campus and I am grateful for their coordination and presentation of this important information to our student body.

Keep up with all SRHS News on the Facebook Page: Santa Rosa Panthers Friend us! Congratulations to our four National Merit Scholarship Finalists: **Kira Findling, Lucille Moholt-Siebert, Joshua Valentino** and **Ashely West**! These four students have met the requirements by the National Merit Scholarship Program to advance to the Finalist standing in the completion, and will be considered for National Merit Scholarships to

be offered in 2015. I would also like to congratulate **Kate Trapnell**, who was recently awarded the Rotary Club of Santa Rosa's 2015 Santa Rosa High School Outstanding Student Award. At a luncheon for Kate at the Flamingo Hotel, Kate was recognized by our school and the Rotary Club for her academic achievements, community service, and overall leadership skills. Congratulations, Kate!

Parents, please don't forget that we have testing coming up over the next couple of months. We start SBAC and STAR testing in April, followed by AP testing in May. All Juniors will take the SBAC test starting on April 16<sup>th</sup> through their English and U.S. History classes. Please talk to your students about the importance of these tests. We want them simply to try their best on testing days.

We are working on renewing our accreditation for the Western Association of Schools and Colleges (WASC). We will start meeting on a monthly basis in five different areas that WASC members will be looking at when they visit in the spring of 2016. This is a whole community activity, and we are looking for students, parents, family members and community members willing to volunteer their time and ideas when looking into the future for Santa Rosa High School. If you are interested in helping, please call the Main Office at 528-5292. We will be looking at all of our data, curriculum and teaching to make sure our school continues to provide the very best in education to our students.

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#### Bell Schedule

Period 0 6:59-7:54 a.m. Period 1 8:00-8:55 a.m. Period 2 9:01-9:56 a.m.

Break 9:56-10:10 a.m.

Period 3 10:16-11:16 a.m. Period 4 11:22-12:17 p.m.

Lunch 12:17-12:52 p.m.

Period 5 12:58-1:53 p.m. Period 6 1:59-2:54 p.m. Period 7 3:00-3:54 p.m.

Normal school hours are 8:00-2:54 (Periods 1-6)

Minimum Day Schedule School lets out at 12:20 p.m. Attendance: 528-5112 or 528-5344

### Principal's Update, CONTINUED

#### **Continued from Page 1.**

Stay active and involved in your child's education. Keep up communication with teachers and counselors. Ask them if they are using their planner to keep organized. Make sure your child is getting enough sleep and eating healthy. Get them to school on time, having had a good night's rest and a healthy breakfast. Have them get involved in different school activities. Check their homework and reports. Check us out on our official Facebook page at Santa Rosa Panthers, visit our website at santarosahighschool.net, and read the Panther Purr!

Sincerely, Brad Coscarelli, Principal

### Remember...



Spring break is over and the end of the year is coming sooner than you think. Please remind your student to return their lock and keys at the end of the year to the health office. Locks must be returned by 2:00 p.m. on June 5<sup>th</sup> (last day of school). If they are not returned you will be charged \$12 to replace the lock. Also, if locks are not returned or fees paid it could jeopardize your senior receiving their diploma or student receiving their schedule next year school year.

### **SRHS 2015 CALENDAR**

#### PLEASE CHECK BACK EACH MONTH FOR ALTERATIONS OR CORRECTIONS THAT **MAY BE MADE TO THE CALENDAR!**

#### April, 2015

- 4 / 2, AQ Spring Showcase, 6:30, Aud. and Various Venues
- 4 / 3-23, AQ Spring Showcase Visual Arts Exhib. portion, MPR
- 4 / 5, Easter
- 4 / 6, School Site Council, 3:10, Library
- 4 / 7, STP Meeting, 7:00, Staff Lounge 4 / 7, Barclay Concert, 7:00, Green Music Center, SSU 4 / 11, 12, Project Grad Work Days
- 4 / 14, SRHS Foundation, 4:30, Library
- 4 / 14, Ag Boosters Meeting, 6:30, Ag Building

- 4 / 14, Ag Boosters Meeting, 0:30, Ag Building 4 / 16, STP Staff Appreciation Luncheon 4 / 16, College Info Night, 6:30, Library 4 / 18, ACT Test, 8-2:00 (Reg. at www.act.org by 3/13) 4 / 18, 19, Project Grad Work Days

- 4/21, Project Grad, 7:00, Library 4/23, Last Day, AQ Spring Showcase Visual Arts Exhib, MPR
- 4 / 23-25, AQ Advanced Theatre Arts Spring production; Play
- TBD, 7:30 pm Black Box, Room 24
- 4 / 24, SRHS Foundation Polenta Feed
- 4 / 24-25, AQ Dance Performance (Intermed.), 7:00, Aud.
- 4 / 25-27, Debate State Tournament, Modesto
- 4 / 26, AQ Advanced Theatre Arts Spring production; Play TBD, 2:00 pm, Black Box, Room 24
- 4 / 27, Friends of AQ Meeting, 6:00, AQ Office, Rm 21
- 4 / 28, ELAC, 7:00, Room 143

#### <u>May, 2015</u>

- 5 / 1, Vocal Music Command Performance, 7:00, Aud.
- 5 / 2, SAT, 8-2:00 (Reg. at www.collegeboard.com by 4/6)
- 5 / 2, Jr/Sr Prom, 9:00-Midnight, Mary Agatha Furth Center, Windsor (new venue)
- 5 / 4, School Site Council, 3:10, Library
- 5 / 5, STP Meeting, 7:00, Staff Lounge 5 / 5-15, AP Exam Window

#### May, 2015 continued

- 5 / 7, Instrumental Music Spring Concert, 7:00, Aud.
- 5 / 9, UC Writing Test, 8:00-12:00
- 5 / 9, 10, Project Grad Work Days
- 5 / 12, Calif. High School Exit Exam CAHSEE
- 5 / 12, SRHS Foundation, 4:30, Library
- 5 / 12, Ag Boosters Meeting, 6:30, Ag Building 5 / 13, Calif. High School Exit Exam CAHSEE
- 5 / 15-16, AQ Dance Company Performance, 7:00. Aud.
- 5 / 16, 17, Project Grad Work Days
- 5 / 19, Project Grad, 7:00, Library 5 / 21, Non-Senior Awards, 7:00, Auditorium
- 5/25, Memorial Day No School
- 5 / 26-29, Dead Week
- 5 / 28, Senior Awards, 7:00, Auditorium 5 / 28-31, Project Grad Work Days
- 5 / 30, Senior Breakfast

- June, 2015 6 / 1, School Site Council, 3:10, Library
- 6 / 1-6, Project Grad Work Days
- 6 / 3-5, Minimum Days Finals 8:00-12:20
- 6/5, Final Instructional Day
- 6 / 5, Graduation Ceremony, 6:30, Bailey Field, SRJC
- 6 / 5, Project Grad
- 6 / 6, SAT, 8-2:00 (Reg. at www.collegeboard.com by 5/8)
- 6 / 9, SRHS Foundation, 4:30, Library
- 6 / 11, Last Day AQ Office open until next school year
- 6 / 13, ACT Test, 8-2:00 (Reg. at www.act.org by 5/8)

#### August, 2015

8 / 19, First Day of School!

#### September, 2015

9 / 11, Foundation Golf Tournament - Save the Date!

### **Counselors'** Corner

Blaire Murphy, Counselor, 528-5302 bmurphy@srcs.k12.ca.us

#### **College Information Workshop**

Parents, especially parents of 10th and 11th graders, who want information about the college admissions process, are invited to attend our free college information night to be held in the SRHS Library on **Thursday, April 16th at 6:30 p.m.** Topics to be covered include; using the Internet to begin college selection, admissions procedures, admission tests, timeline for planning and the financial aid resources. Reservations are not required and Spanish translation will be available.

#### **SRJC Spring Grades for Seniors**

Seniors taking SRJC classes to fulfill graduation requirements must turn in a copy of their final semester grade to their SRHS Counselor as soon as they are posted and when they receive notice of the grade. Failure to do this by June 1<sup>st</sup> will jeopardize their graduation.

#### **SRJC Lottery for Summer Classes**

The California Education Code requires community colleges to limit high school student enrollment during the summer session. Therefore, a lottery will be conducted to fairly select the students who may attend the Santa Rosa Junior College summer session. Students who wish to attend can pick up the required information in Counseling Office between March 30<sup>th</sup> and April 17<sup>th</sup>. This process requires students to complete the online SRJC application (www.santarosa.edu) and a concurrent enrollment form. All requests must be received by April 17<sup>th</sup> at 3:00 p.m. The list of candidates selected by the lottery will be posted in the main hall on Monday, April 20<sup>th</sup>. A waiting list will be created to prioritize students who were not selected in the first drawing should a slot open up before college classes begin in June.

#### Interim Progress Report (IPR)

Oral Grade week is April 10-20. You will receive a progress report home if your student is earning a D or an F in any class. If you have questions or concerns about specific grades, please contact the teacher/s directly. The Home Access Center gives you information about your student's grades and attendance, as well as teacher e-mail addresses. Go to www.santarosahighschool.net and click the Home Access Center link. For questions or to get your registration code, please call Toni Noonan at 528-5302.

#### **Free Tutoring**

Free tutoring is now available to any student seeking support! Tutoring for all subjects is every Tuesday and Thursday from 3:00 - 4:00 in room 143. A list of SRHS & SRJC student tutors is available in the counseling office. Student tutors charge a small fee for their services.

#### **Counseling & Support Groups**

SRHS offers a variety of student support groups focusing on teen issues, as well as individual counseling services provided by interns and community agencies. Please contact your child's Counselor if you are interested in receiving any of these support services.

#### **Tips for Success in School**

- Prepare all you can the night before (backpack, clothes, lunch, etc.)
- Allow yourself enough time in the morning so you are not tardy
- Eat a good breakfast
- Write down assignments in your planner
- Stay organized
- Don't be afraid to ask questions
- Begin studying for a test at least 3 days before...not the night before

### **Counselors'** Corner

### Is My Child Using Drugs?

If you are worried that your child may be using drugs or alcohol, it is important to identify early signs and symptoms in order to prevent future addiction and use. Assessing individual symptoms is essential in early detection to help parents identify if behavior is abnormal for their child.

Signs and symptoms to look for:

### Physical and Health Symptoms that cannot be explained by other medical issues:

Bloodshot eyes, pupils changing size, frequent nosebleeds, changes in appetite, weight gain and/or loss, shaking, tremors, slurred speech, impaired coordination, "nodding out," unusual smells on clothing or body, lack of personal hygiene or grooming skills.

### **Behavioral Symptoms:**

Drop in attendance and academic performance, increased trouble with school personnel, family and law enforcement, demanding more privacy and "space" from family and friends, preoccupation with "drug life" or lifestyle, sudden changes in relationships, using perfume, incense or air freshener to hide the smell of drugs on clothing or self, missing medication or money in the home.

### **Psychological Symptoms:**

Sudden changes in mood or personality, decreased motivation, hyperactivity, agitation, anxious or paranoid behaviors, delusions, psychosis, increased lethargy.

If you suspect your child is under the influence or is using drugs, you can help! Here are some tips to help guide you as you discuss drugs and alcohol with your child.

### Look for warning signs:

It is important to note that many symptoms do not happen overnight. Gradual signs may appear that your child is using drugs or alcohol. Also, many symptoms of drug and alcohol use can also be symptoms of underlying mental health issues (anxiety, depression, etc.). Being conscious of your child's natural state is important in determining if a change has occurred.

### Be open:

It may take time for your child to be honest with you. Explain your worry without judgment or accusation. If your child appears under the influence, find a different time to talk to them.

### Seek professional help:

Your family and your child may need extra support to help them through a difficult time. Licensed and certified therapists and counselors can help rule out mental health issues, support them in managing overwhelming feelings, and work together with the family to support relapse prevention and healthy living.

To find treatment near you: https://findtreatment.samhsa.gov

Additional information can be found at:www.drugfree.orgwww.ncadd.orgwww.medicineabuseproject.orgwww.drugabuse.gov

### **Student-Teacher-Parent Organization (STP)**

Lynn Valentine, STP President, president@srbsstpo.org



Most Santa Rosa High School families have no idea how diverse our student body really is. Nearly half (about 45%) of our students qualify for the free or reduced-cost lunch program. We have approximately 100 students who are homeless, many who are in foster care and others who "couch surf" because their parents have turned them out, not because they are bad kids, but because of the dysfunction in their own lives.

The STP has embarked on a "Special Projects" program, spearheaded by Anita Markoff, to help fill some of the needs these kids face every day - the needs they must address before they even consider doing homework. Think you'd like to get involved? Here is a list of some of the items we'd like to tackle:

**Student Assistance Fund** - This fund is funded in part by the Foundation, STP and parent/community donations. Students can apply for funding for needs such as bus passes (\$25/month for a student pass for SR, county passes are \$47 per month), jackets, clothing, shoes, haircuts, anything else that many of us take for granted. Mr. Coscarelli reviews the application and then filling the need is arranged. We need more funding for this account.

**Gift cards** - Many students have benefited from gift cards to buy clothing, underwear, winter jackets, shoes, you name it. The gift cards are kept under lock and key and are given out as the needs arise. Gift cards for nearby stores (Old Navy, Target, etc.) are welcomed in the Main Office. Gift cards for stores that carry quality shoes are especially welcome (Sports Authority, Journeys, Kohl's). Also, consider donating Safeway gift cards. Summer is coming and we have a lot of working poor families who are not eligible for assistance but rely on reduced-cost lunches during the school year. These kids will not have the benefit of these free or reduced-cost breakfasts and lunches from June to August. A \$25 gift card can go a long way.

**Personal toiletry bags** - Our Health Tech, Leslie Pryor, could use ready-made packs of personal care items she could give to students as the needs arise. Is there someone who would like to head this task?

**Snack bars** - Leslie Pryor often has students coming in to the health office hungry because they cannot afford breakfast or lunch (not everyone's parents actually fill out the paperwork for free/reduced-cost lunches). She would be grateful for a few boxes of packaged snack bars (Clif, Nutri-Grain, etc.) that she can diburse. But, please contact her to ask if she has room to accept more before bringing them in.

**Wish-Upon-A-Paw** - We plan on starting a program where teachers and staff can provide students-in-need a paper "paw" on which to write their item wishes. Usually, kids' wishes are quite humble - a new backpack, winter jacket, colored pencils or art supplies. Parents can then choose a wish they'd like to fulfill. Interested in making this program become a reality?

**Prom** - While prom is not a necessity, it is a goal to have all seniors attend. This is a once-in-a-lifetime opportunity to help these kids be a part of their peer group and to feel special. Would you like to get involved in helping as many kids who want to go to the prom get there in style?

Add your name to our list of Special Projects helpers. Contact me at president@srhsstpo.org and let's get some of these kids focused more on schoolwork than day-to-day survival.

Contact.....Lynn Valentine, President, president@srhsstpo.org Regular meetings.....First Tuesday of each month, 7:00 p.m., Staff Lounge Next meeting.......April 7, 7:00 p.m.



Did you know??

### Student-Teacher-Parent Organization (STP), CONTINUED



The **Student Teacher Parent Organization (STP)** works to improve the experience of every child and every staff member at our remarkable school. From Ag to ArtQuest, from English to Special Ed., we are there to provide volunteers (dances, orientation, Project Grad and other events), funding (field trips, new desks, college info nights, etc.), and communication (Panther Purr parent newsletter, monthly emails, STP Website).

Your student deserves to have a rich and fulfilling high school experience. STP is here to help make that happen – but we can't do it without you!

We welcome any level of involvement! Join us for one of our monthly meetings (first Tuesday of each month at 7:00), volunteer to help out at an event, bring food for one of our staff appreciation days, or just send a donation. Get connected, find answers, make a difference!

We gratefully accept tax-deductible donations in any amount. If you can, please help fund valuable programs across the entire campus!

Find us at <b>www.srhsstp.org</b>	and donate through PavPal!	Or send your check to:
	and domate through I ay I al.	Of send your eneck to.

**SRHS STP** 1235 Mendocino Ave. Santa Rosa, CA 95401

Parent Name(s)	Email(s)

Year(s)

Federal IRS 501<sup>©</sup> (3) Tax-ID # 68-0180139



eScrip is a great way for all your kids' programs and activities to add some cash to their toolbox without really trying.

BUT,

that great little fundraiser could be lost if we don't find a new eScrip coordinator now!

If you're interested in doing a little from-home volunteer work that will really make a difference,

please contact Patti at pattic@sonic.net to find out more.

### APRIL, 2015

### **E-Cigarettes**

California Department of Public Health (CDPH) director and state health officer Dr. Ron Chapman issued a Health Advisory and the "State Health Officer's Report on E-Cigarettes: A Community Health Threat," warning Californians of the toxicity of electronic cigarettes (e-cigarettes).

"E-cigarettes contain nicotine and other harmful chemicals, and the nicotine in them is as addictive as the nicotine in cigarettes," said Chapman. "**There is a lot of misinformation about e-cigarettes.** That is why, as the state's health officer, I am advising Californians to avoid the use of e-cigarettes and keep them away from children of all ages."

E-cigarettes are battery operated devices, often designed to resemble cigarettes that deliver a nicotine-containing aerosol. E-cigarettes have many names, especially among youth and young adults, such as e-cigs, e-hookahs, vape pens, vape pipes or mods. The liquid solution (e-liquid) used in e-cigarettes typically contains nicotine and is commonly referred to as "e-juice." It is sold in a variety of candy, fruit and alcohol flavors.

Studies find a significant rise in e-cigarette use each year, especially among young adults and teens. New California data shows that e-cigarette use among young adults, ages 18 – 29, increased from 2.3 percent in 2012 to 7.6 percent in 2013. Young adults in California are three times more likely to use e-cigarettes than those 30 and older. Likewise, e-cigarette use among U.S. teens has surged. In 2014, teen use of e-cigarettes nationally surpassed the use of traditional cigarettes, with more than twice as many 8th and 10th graders reporting using e-cigarettes more than traditional cigarettes. Among 12th graders, 17 percent reported currently using e-cigarettes vs. 14 percent using traditional cigarettes.

Along with an increase in use, there has been a spike in calls to the California poison control centers related to exposures to nicotine-containing e-liquids and accidental e-cigarette poisonings – from 19 in 2012 to 243 in 2014. More than 60 percent of all those e-cigarette related calls involve children 5 years and under.

"The e-cigarette cartridges and e-liquid bottles are not equipped with child-resistant caps, often leak, creating a poisoning risk by ingestion or by skin or eye contact," warned Dr. Chapman. "These products are not safe."

### Highlights of the report include:

Exposure to nicotine during adolescence can harm brain development.

- E-cigarettes do not emit a harmless water vapor, but an aerosol that has been found to contain at least 10 chemicals that are on California's Proposition 65 list of chemicals known to cause cancer, birth defects or other reproductive harm.
- E-cigarettes are not FDA-approved cessation aids.
- Between 2011 and 2013, e-cigarette advertising jumped more than 1,200 percent and used marketing tactics to appeal to youth. Those tactics include the use of cartoon characters which is prohibited in traditional cigarette advertising.

Chapman also announced that the public education and media efforts to counter e-cigarettes are just beginning. CDPH intends to partner with health, medical, child care and education communities to educate consumers about the dangers of e-cigarettes, and plans an advertising campaign in the near future.

The California Tobacco Control Program was established by the Tobacco Tax and Health Protection Act of 1988. The act, approved by California voters, instituted a 25-cent tax on each pack of cigarettes and earmarked five cents of that tax to fund California's tobacco control efforts. These efforts include supporting local health departments and community organizations, a media campaign, and evaluation and surveillance. California's comprehensive approach has changed social norms around tobacco use and secondhand smoke. It is estimated California's tobacco control efforts have saved more than one million lives and have resulted in \$134 billion worth of savings in health care costs. Learn more at TobaccoFreeCA or http://tobacco.ucsf.edu/california-state-health-officer-issues-health-advisory-and-new-ecigarette-report.

## **E-Cigarettes**





heat a liquid nicotine tes an aerosol that is	1:-		R.	-10	1 0 0 1	reinve	1 Alexandre		that can cause cancer,
E-cigarettes are devices that use a battery to heat a liquid nicotine solution ("e-liquid"). The heated e-liquid creates an aerosol that is	breathed into the lungs.	E-cigarettes go by other names such as e-cigs, e-hookahs, hookah pens, vapes,	vape pens or mods. They come in many shapes and sizes. Some can only be	used once, while others can be refilled. Others have a tank which	ΠŪ		E-cigarettes are also used to smoke illegal substances like	marijuana and hash oil.	WHY AKE THEY UNANCEKUUS? E-cigarettes contain nicotine and chemicals that can cause cancer, birth defects or other health problems.

E-cigarettes and e-liquids come in fruit and candy flavors that appeal to children who may taste or drink the e-liquid. E-liquids are poisonous if swallowed, and are harmful if the liquid gets on skin or in the eyes. The e-cigarette batteries are also poisonous if swallowed

**E-Cigarettes** 

- E-cigarettes contain harmful chemicals, but not as many as regular
- mixture of chemicals and small particles that can hurt the lungs just like E-cigarettes produce an aerosol, not water vapor. The aerosol is a
- E-cigarettes are just as addictive as regular cigarettes.
- People can become addicted to nicotine from using e-cigarettes and then may start using regular cigarettes

# DO E-CIGARETTES HELP SMOKERS QUIT? 0

- Studies show that e-cigarettes do not help people quit smoking cigarettes. Instead, many people end up using both products.
- Over-the-counter and prescription medicines are widely available and very effective at helping people quit smoking cigarettes.

# ARE THEY SAFE TO SMOKE INDOORS? E

No. E-cigarettes pollute the air with tiny particles that get trapped in the lungs. Just like regular cigarettes, the pollution from e-cigarettes may hurt others.



van (?)

### APRIL, 2015

## Ag News

By: Samantha Hansen

#### **Drive Through BBQ**

The only thing that got the Santa Rosa FFA BBQ team through the pounding rain and howling wind was the delicious, mouthwatering smell of fresh tri-tips sizzling away on the oversized-BBQ. Oh, and the warmth coming off of the flames was pretty nice too. On February 6<sup>th</sup>, tough and dedicated members braved the storm to prepare and deliver 100 Tri-tip BBQ dinners to loyal customers. In all, the Santa Rosa FFA made \$40 off of each dinner- \$4000! Awesome job to all of our volunteers - thank you for braving the elements! Hope to see you at our next BBQ on April 8<sup>th</sup>.





#### Heifer International

The competition was fierce, but Mrs. Swhela showed that she was the one to beat! Glass jars were handed out to participating teacher's classrooms, and whoever collected the most money won the ultimate prize: a sweet smooch from an absolutely adorable spotted piglet! Congratulations Mrs. Swhela for raising over \$87 on your own, and thank you to all of the participants; your involvement raised over \$200 that will be given to Heifer International, and then to a family in need.

#### **Chapter/State Initiation**

Blue and gold fingers smeared globs of paint all over the Winter Banquet Banner on February 11<sup>th</sup>. Chapter and State Initiates left their mark on the chapter in the form of their very own, personalized handprint. This very banner was then proudly displayed at the Winter Banquet. Thank you for leaving your legacy on the chapter!

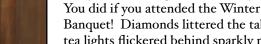




### Ag News, CONTINUED

#### **Odyssey of the Mind**

Kids running about in hot dog suits, women wearing crazy cow print cowboy hats, and fathers faithfully carrying play props and children's costumes. What was this crazy event? Odyssey of the Mind of course! Santa Rosa FFA members dutifully volunteered at this display of drama and art for elementary to high school students; directing lost visitors where to go and helping participants carry their costumes and props. Thank you volunteers for your help throughout the day, we couldn't have done it without you!



Winter Banquet

Banquet! Diamonds littered the tables, tea lights flickered behind sparkly mason jars, and beautiful bedazzled snowflakes fluttered softly in a striking pattern across the aisle way that would guide the 2015-2016 FFA Chapter Sweetheart to her newly won throne! Congratulations to Kendall Simpson, our very own brand new Santa Rosa FFA Chapter Sweetheart! We all await the wondrous sparkle and shine that you will bring to the chapter.

Did you Shine Bright on February 25th?



The 2013 Panther Vintage Chardonnay is bottled and ready for purchase! Just go online to www.srhsagboosters.com or use an order form.

You can also find it at the Bottle Barn in Santa Rosa!



### ArtQuest

**Jan Sofie**, ArtQuest Director 528-5070 X6765, jsofie@srcs.k12.ca.us



#### Annual Spring Showcase Celebrates "AQ@20" Theme April 2<sup>nd</sup>!

In just a few days, the 21st Annual AQ Spring Showcase takes the stage on Thursday, April 2nd beginning at 6:30 pm in the SRHS Auditorium. Visual Fine Arts student Miles MacDiarmid's piece depicting a man with eight arms, each representing one of the AQ Arts Specialties, was selected as the winning entry for this spring's Showcase poster image. Miles' work will be acknowledged at the Showcase event and the other finalists' pieces will also be on view. Definitely don't miss the premiere of the video piece ArtQuest @ 20, by Intermediate and Advanced Video Arts students, with Alex Rennie directing. Portraying a snippet of each of the past 20 years of AQ themes, the film takes us on a wild ride throughout the life and times of the first 20 years, as imagined and captured as only AQ students can! From Rebels With a Cause to The Coexistence of Order and Chaos, you will certainly enjoy this contemporary view on something that began years before these students were born! There will be Dance and Music performances in the Auditorium, screenings of Digital Arts and Video Arts in the Library Computer Lab, Theatre in the Black Box and the large visual arts exhibition in the Multipurpose Room, which includes work from Digital Arts, Photography and Visual Fine Arts. There will also be projects drawn from the AQ Core-related classes of English and World History shown in the library. Another special treat will be a collaborative performance by the Instrumental Music String Orchestra and the Vocal Music Chamber Singers. Don't miss this chance to see what the AQ students have created this year with their remarkable imagination, technical skill and unique perspective on the world. All are welcome and admission is free. If by chance you miss the Showcase night, the visual art exhibition will continue in the Multipurpose Room during school hours through Thursday, April 23rd but please check with the AQ Office or SRHS Main Office regarding specific viewing availability.

#### 2015 Sparks Award Deadline Just Around the Corner on April 8th

Applications must be submitted by Wednesday, April 8th for the Friends of Art Quest 2015 Sparks Award Program. In its 3<sup>rd</sup> year, this competitive awards program is open to all eligible sophomore, junior and senior ArtQuest students to support their participation in arts study programs (summer college programs, camps, classes or workshops) in his/her ArtQuest specialty. The program also provides graduating seniors with \$500 grants to offset college or university costs. How to Apply: Applications are available at the ArtQuest office. Students must have a minimum 3.0 GPA, counselor recommendations, and submit a completed application by the April 8<sup>th</sup> deadline. Awards will be announced in May and will be made payable directly to the program or institution of study. The Sparks Award Program is generously funded by Friends of AQ and proceeds from the annual AQ Mardi Gras Ball fundraiser. For more information regarding the application process and contributing to the Sparks Awards Program, please contact Kristin Berger, Sparks Award Program Committee member, kristinberger@sonic.net, 707-280-3717.

### AQ Student Presents Maya Angelou Poem at Black History Event

**Keviette Minor,** AQ Digital Arts student, recited the Maya Angelou poem, *These Yet to be United States*, at the Petaluma Black History Program at the Petaluma Community Center the evening of February 27. This year the event was themed "Color Blind" and included a tribute to Ms. Angelou, a past US Poet Laureate who recently died. *Still I Rise*, probably Angelou's most beloved poem, was also read during the presentation. Black History Month has been honored in Petaluma for over 35 years and the community strives to involve youth in their programs. AQ was contacted about having a student perform in the event and Keviette was chosen for this honor.

### BOTH Instrumental & Vocal Music Play SSU Green Music Center

The beautiful state-of-the-art Weil Hall at Sonoma State University's Green Music Center is the setting this month for both Instrumental and Vocal Music performances by Santa Rosa City Schools' high schools. On Tuesday, April 7, district Vocal teachers and students take the stage for the annual Barclay Concert, which supports the William Barclay scholarship program. The next week, Tuesday, April 14, marks the performance of the five schools' Instrumental Music groups. Both concerts begin at 7:00 pm and promise to be exciting and diverse evenings of music. For more details, contact Vocal Music Director, Kira Bombace (*kbombace@srcs.k12.ca.us*), or Instrumental Music Director, Mark Wardlaw (*mwardlaw@srcs.k12.ca.us*) depending on which concert you are interested in.

### ArtQuest, CONTINUED

### AQ Video Arts & SRHS Networking Students Excel at Skills USA

Guided by teacher Jim Helmer, ArtQuest Video Arts students took home some precious metal in the Skills USA regional competition at Petaluma High School on Feb. 28. SRHS Inter-Networking students, led by teacher Larry Flor, also swept Gold, Silver and Bronze. Winning at the regional level sends our students off to the State competition in San Diego held from April 9<sup>th</sup> through 12<sup>th</sup>. Winners in AQ Video include: Digital Cinema Production: Gold Medal: **Alex Rennie** and **Dominic Hosley**; Television (Video) Production: Gold Medal: **Jessie Collier** and **Nick Richard**, Silver Medal: **Sunce Franicevic** and **Luis Vazquez**, Bronze Medal: **Spencer Cortright** and **Sequoia Cipes**; Job Interview: **Luiz Vazquez** and **Jenna Ellis.** Congratulations and good luck in San Diego!

### Do You Have Ideas for Next Year's AQ Theme?

The AQ theme has usually been based on ideas from faculty and students and it takes some mulling around to finally decide on it. If *you* have any ideas that you'd like to share, let us know! Past themes have ranged widely and included, "The Other" (1994-95), "The War Requiem Project" (1998-99), "Collective Invention" (2003-04), PROject eARTh (08-09) and "Toward a More Perfect Union" (2013-14). Themes are linked to the eight art specialties and core classes and are used to make connections between many disciplines. They can be serious, humorous, quirky or all of the above, but need to suggest "big ideas" that are worthy of consideration, should be culturally relevant, encourage spirited discussion and reflection, support awareness of multiple perspectives and inspire students to conceptually incorporate related ideas into their work. If you have an idea you think might work, please send your thoughts to AQ Director Jan Sofie at *jsofie@srcs.k12.ca.us* and we'll throw it into the ring.

#### Visit to AQ Video By Film Producer, Vincent Sassone

Students in AQ Video Arts recently had the opportunity to hear about the journey and film-making experiences of Vincent Sassone. Recently an instructor at the College of the Desert in their Narrative Film Production class and a Teaching Artist in the Palm Springs Unified School District's Narrative Filmmaking Bootcamp, Mr. Sassone has also taught at the Fashion Institute of Technology and NYU Tisch Stonestree Studios course, Film Production for Actors. Sassone discussed how connections are made and how students need to really "step into" their role as filmmakers as they develop their work. "Don't stand back, get in there and get the help you need and most of all, get the shot!" he encouraged. Sassone also emphasized how important story is to making a film compelling to audiences and that students should use what they have access to as much as possible, including their own personal stories and locations they are familiar with. After discussing his own work, Sassone had students show their current projects and discuss their process and critical observations. Sassone has created over 100 short educational, promotional and marketing videos for various clients including McGraw-Hill Education. His feature-length film, A Tale of Two Pizzas features wellknown actors Vincent Pastore and Frank Vincent, was the Official Selection in ten US and Italian film festivals and took four of their Audience Favorite Awards. Sassone will soon be offering a workshop "iMake a Movie" at CMedia Labs, the public access center on the SRHS campus, and will teach participants how to shoot and edit quality films with only an iPhone or iPad. AQ is working with Sassone to develop similar workshops for students and possibly faculty, as well as potential collaborative video projects with Santa Rosa Charter School for the Arts.

### This Really IS the Last Chance to Apply to AQ for Fall 2015!

It's kind of now or never, so if you're *still* thinking about applying to AQ for Fall 2015 entry, do it *now*! If you get your application in right away, AQ will still try to get you an acceptance decision before the end of the School Year and in the Arts Specialty class and level appropriate for you. Application Packets are available in the AQ Office (Room 21 in Arts Complex) or contact AQ at 535-4842 or *artquest@srcs.k12.ca.us* or go to *artquest online.org*. AQ takes specialized focus and planning , but if you enjoy a unique view of the world, and are interested in looking for ways to incorporate creativity into your life, AQ may be for you. But TAKE ACTION NOW - space and time is very tight!

### Intermediate Dance Performance To Sparkle April 24<sup>th</sup>, 25<sup>th</sup> and 26th

Intermediate AQ dancers will take the stage the weekend of April 24, 25, 26 and will surprise the audience, as usual, with their vitality and commitment to their dance performances. Friday and Saturday shows start at 7:00 pm and the Sunday matinee is at 2:00 p.m. As usual, there will be a diversity of unusual and interesting pieces, and we encourage you to come to see these young emerging dancers this Spring. For more information, please contact Dance instructor Nzinga Woods at *nwoods@srcs.k12.ca.us*.



### **Parent Involvement**

### FRIENDS OF ARTQUEST

### More on ArtQuest Mardi Gras Ball Success...

Once more, thank you all who came to the 2015 Mardi Gras Ball and supported the ArtQuest program! The numbers have finally been tallied from the event and the Friends of ArtQuest couldn't be more pleased with the results. We hit our mark, and then some, and can hardly wait to support the ArtQuest program with its proceeds. We would just like to thank, again, all who contributed to and aided this special affair: the tremendous sponsors, Clone Digital Print & Copy, Sunce' Winery & Vineyard and Lagunitas Brewing Company, the generous live and silent auction donators (including bakers, who contributed delicious desserts for auction) and the gracious and generous volunteers who, without, we truly could not have pulled it off. A few important thanks were missed in last month's call outs - apologies and gratitude to Nhung Luong for all the wonderful food she provided for the event as well as all her hard work during the evening, Nicole Jeffries, Bar Chair, and her team, husband, Glen, and parent, Lea Hickman, who kept those "Hurricanes from Heaven" flowing, Visual Fine Arts teacher, Brooke Delello, who masterminded the "Instant Wine Cellar," Heather Hennes for her special lighting at this and many other events for ArtQuest, AQ senior student, Michael Sultana, who gave an inspiring speech on his educational summer drama program in New York City, which was helped by the Sparks Award he was granted last year, AQ music students Delano Bell, Jessica Glaubiger, Amber Overbay and Sean Rollins for the incredible cappella they performed, as well as the wonderful dance performance by the AQ Advanced Dance Company - Avery Lentz, Sophie Light, Kiyomi Wall and Ashley West, choreographed by member Alexandra Bormeth. Bravo! From the bottom of the Friends of ArtQuest's hearts, we ... THANK YOU ALL!

#### ArtQuest Mardi Gras Ball Makes the Paper

Well, we made the paper again this year! If you missed the hard copy (which came out on Sunday, February 22) and would like to see the article and view the fun that was had at the event in their photo gallery, go online and enter ArtQuest Mardi Gras Ball/Press Democrat into your search window or visit our Facebook page, Friends of ArtQuest, where you can find the link and additional photos of the event. Thank you, Press Democrat, for being part of our committed community for the support of ArtQuest and the Arts in Education!

#### Friends of ArtQuest Seek New Board and Committee Members... Please Join Us

Since the majority of our existing Friend of AQ Board members and key committee positions are parents of graduating seniors, it is time to start preparing to pass the baton on. We are searching for enthusiastic parents and community members who would appreciate this worthy endeavor, ensuring that the organization's critical support and advocacy for the ArtQuest program continues to flourish. Last month's gathering at downtown's newly opened Ancient Oaks Wine Tasting Bar and Deli, graciously provided by ArtQuest parents, Melissa and Ken Moholt-Siebert (thank you!), was a lovely "meet and greet" affair and we thank you all who attended. We hope you were inspired to continue with your needed backing of the ArtQuest program. Please keep a look out for email blasts and on Friends Of ArtQuest's Facebook page for future meetings and gatherings which you can attend and learn about opportunities to contribute to ArtQuest in ways that directly support the program and positively impact yours and other AQ students' education and school experiences. It indeed takes a village, folks, and we encourage you to get further involved with this wonderful program your student is enrolled in. For more information please email *friendsofartquest@gmail.com* or contact the Friends of AQ Board President, Ellen Zalman-Rai via email at *ellen@cloneprint.com*. We look forward to connecting with you and please stop by our table at Spring Showcase!

#### Deadline for 2015 Sparks Award Program Extended

The Friends of ArtQuest's Sparks Award Program deadline has been extended to **Wednesday, April 8, 2015**. All sophomore, junior and senior ArtQuest students with a minimum 3.0 GPA or counselor recommendations are invited to apply. This year, awards will be made in two categories: sophomore and junior students may receive up to \$250; seniors may receive up to \$500. For sophomore and juniors, funds may be used to attend an independent study program (such as a camp, class or workshop) that supports a student's continued learning in his/her ArtQuest specialty or, for graduating seniors, financial assistance for attending any college or university. Awards will be announced in late May and will be made payable to the program or institution of study. Applications are available from the ArtQuest Office. For more information, contact Sparks Award Program Committee member Kristin Berger, *kristinberger@sonic.net* or 707-280-3717. *The Sparks Award Program is generously supported by FoAQ members, parents and its major Mardi Gras Ball fundraiser.* 



### Parent Involvement, CONTINUED

### FRIENDS OF ARTQUEST, continued

#### Got Sign Up Genius?

SignUpGenius is Friends of ArtQuest's main facilitator for volunteering. It is an email based sign up program that is extremely easy and completely convenient to use! If you have never received an email from our SignUpGenius and would love to become involved in the many great volunteer opportunities we have to offer please contact our Friends of ArtQuest volunteer coordinator, Christi Corradi, at *c.cheetabwoman@gmail.com*. She would love to add you to her contact list and answer any questions you may have.

#### **Social Media Connections**

Find us on Facebook at **Friends of ArtQuest**. When you "Like" us, you can stay abreast of all that is happening and all that you can do to support the program. (Pass it on to your family and friends, as well!) If Facebook is not your thing, no worries – we are stepping up our email connections by sending out "blasts" that will keep you informed of all the latest matters where you can become involved in support- ing ArtQuest. If you have not received any at this point and would like to, please email the Friends of ArtQuest organization at *friendsofartquest@gmail.com* and we will make sure you are added to our list!

#### It's Never Too Late to Join Friends of ArtQuest or Purchase a Gift Membership!

If you have not renewed your membership or joined Friends of Art Quest for the school year, please use the membership form below to join! A membership also makes a great gift for those people who prefer gifts that help others. This is one of the greatest ways to help your student and the ArtQuest program.

Contact......Ellen Zalman-Rai, Friends of AQ President, ellen@cloneprint.com

**Meetings**......Typically monthly, on Mondays at 5:30 p.m; check monthly master calendar for exact dates and exceptions. **Next Meeting** ... April 27, 2015, 5:30 p.m., Room 21, AQ Office

Name	Company
Address	
City, State, Zip	
Phone	Email
Student's Name and Graduation Ye	ır
I would like to join at this level:	Platinum (\$1,000 and up) Gold (\$500 - \$999)
Silver (\$250 - \$499) B	ronze (\$75 - \$199) Standard (\$35 - \$74)



### Parent Involvement, CONTINUED

### AG BOOSTERS

The Santa Rosa High School Ag Boosters is a parent and community organization committed to supporting FFA and the Agriculture Department at Santa Rosa High School. We work throughout the year to ensure funding is available for our students and their agricultural endeavors. We look forward to an exciting and productive year. We encourage you to join us on the second Tuesday of every month at 6:30pm, in the Ag Building. Our next meeting will be held on **April 14, 2015**.

**Vintage Panther Chardonnay:** The 2013 Vintage Panther Chardonnay has been bottled and is available for purchase. The wine is \$17 a bottle. Ordering is available on-line or using order forms. A limited supply is also available at Bottle Barn in Santa Rosa. Visit our website **www.srhsagboosters.com** for more information. All proceeds of wine sales benefit the FFA and Agriculture department.

**Scholarships for Class of 2015:** With the generous support of the attendees at the Harvest Moon Fundraiser, the Boosters will once again be offering scholarships to seniors planning on furthering their education. Applicants must be a program completer (3-4 years in the Santa Rosa FFA program), and seeking advanced education in a credited school. Applications are available in the Ag teachers' classrooms. Applications are due by **Friday, April 24, 2015.** 

**Interested in becoming more involved in the AG Boosters?** There are several board positions available for the 2015/2016 school year. Nominations will take place at the April meeting, voting for these positions will occur in May. Please feel free to contact the boosters for more information.

Contact......Kathy Sharp, President, 542-3994, kathyss@comcast.net Website.....srhsagboosters.com Regular meetings......Second Tuesday of each month, 6:30 pm, Ag Building Next Meeting......April 14, 2015, 6:30 p.m., Ag Building

### **ENGLISH LEARNER ADVISORY COMMITTEE (ELAC)**

ELAC provides parents of English Learners opportunities to learn more about programs for students at SRHS, advise the principal and school staff on positive and effective actions to improve learning of English Learners and support their full participation in all school activities, provide input to the School Plan, review the annual Language Census, and send information to the District English Learner Advisory Committee.

Contact	.Emma Zavala,	528-5070 x6766	, ezavala @srcs.k12.ca.us
Next Meeting	April 28, 7:00-	-8:00 p.m. in Rn	n. #143

#### **SCHOOL SITE COUNCIL**

The School Site Council controls state funding that is allocated to the school to meet the needs of students through the School Site Plan. The Site Council is open to all parents.

Contact	.Marlene Callen, 1	mcallen@srcs.k12.ca.us	s, 528-5292
Next meeting	April 6, 3:10 p.m	. in the library	



APRIL, 2015

### **Project Grad**

**PROJECT** Graduation •••••• A 2000 NT Y Join the Celebration!

COUN

loin the Celebration!

SRHS

Class of

2015



### THE PARTY STARTS JUNE 5th after the graduation ceremony

### PAYIT FORWARD

Calling all the Parents, Aunties, Uncles and Grandparents of all SRHS students.

We need your help in order to organize, plan, create and staff the 2015 Project Graduation Event. It takes hundreds and hundreds of volunteers each year to get this party started.

Sign up to volunteer at

SRHSProjectGrad.com

Call Stacy Mertz at 530.409.4441 or volunteer@SRHSProjectGrad.com

## got space?

Project Grad is looking for a warehouse/ storage facility for both decorations and storage of prizes.

got space?

Please contact Rochelle Cooper at decorations@SRHSProjectGrad.com

## got storage?

Project Grad is looking for a small storage unit.

Please contact Jessica Garzoli at

prizes@SRHSProjGrad.com

### Please sign up for e-Scrip – Group #5803783

### **Registration Information**

#### (A lot of) information about Project Graduation Reservations

The reservation forms for the Project Grad party are available - on the website, in this Panther Purr, and in the main office. Please take a moment and read the following guidelines to smooth the reservation process for your student. STUDENTS ARE NOT ISSUED "TICKETS" – they are added to the reservation database, and they will receive a wristband at the door. Please have your student check the Project Grad "reserved" list on the wall outside the attendance office a few days after they have turned in reservation form to make sure they are on list. This Reserved List will begin to be posted about May 18.

/\*/ BOTH /\*/ student and parent or guardian /\*/ MUST SIGN /\*/ the reservation contract area. Each year, many reservations are delayed due to the lack of a parent/guardian and/or student signature. Even though there is language in the contract that seems to contradict the requirement for both signatures, we need to know that both the parent/guardian AND the student are aware of the rules and guidelines for the party, and the signatures acknowledge this.

The senior class this year is large – <u>please make sure that you follow the instructions on the reservation form to</u> <u>make sure your payment is properly recorded</u> – put your student's name on the memo line of the check AND write the check number in the space indicated on the form. If possible, <u>please return your student's reservation</u> <u>form and payment in a sealed envelope, and avoid the use of staples</u>. Paper clips are preferable to staples if you are not using an envelope. The forms are to be returned to the main office – Project Grad has a mailbox on the wall to the right as you enter the main office.

<u>Project Grad is a celebration for the entire SRHS Senior Class 2015 – it is not limited to graduates only</u>. If your student has had academic or other difficulty and will not be "walking" in the graduation ceremony, they are still encouraged to attend Project Grad and celebrate the year with their class!

The reservation for the party is \$70 which includes EVERYTHING at the party. Students only need to bring their ID that night – no money is required after they have their reservation. **If your student needs financial assistance,** the principals will have scholarship forms. <u>NO STUDENT IS TURNED AWAY FROM PROJECT GRAD FOR LACK OF FUNDS</u>!

<u>Please plan on submitting your student's reservation by the middle of May</u>. The last minute reservations create problems. Last year, over 40 students bought their tickets "at the door" – we want as close to 100% participation as possible, but waiting until the last minute makes it difficult to properly register the students for the event. This is a safety issue as well as a logistical issue – if a student registers at the door and there is a health concern, it is difficult to get that information to all of the staff at the last minute.

In addition, students earn bonus Grand Prize raffle tickets for <u>early reservations</u>. Students who reserve on the final week of school, or register at the door, will NOT be eligible for hourly prizes, but can still earn regular Grand Prize raffle tickets during the party. Grand Prizes last year included A JOB (!), a \$250 GAS CARD, FLAT-SCREEN TV, DORM REFRIGERATOR, ELECTRIC BICYCLE, and MANY, MANY MORE! This year proves to be just as exciting!

Thank you for keeping this information in mind when the time comes to reserve your student's spot at this amazing celebration of their accomplishments! Please contact Reservation Chair Mary Lou Smith at: (707) 575-7301 (h) (707) 326-4957 (c) or marylousmith@att.net (email is preferred) if you have questions.

### APRIL, 2015

**PROJECT** Graduation

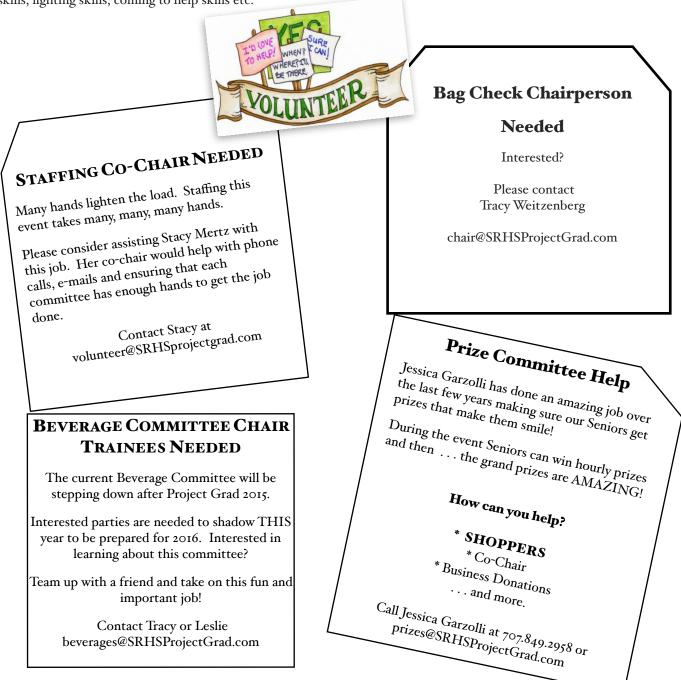
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	Parent Name:	
Note: please write         ng to the       your student name         your student name       on the memo line of         sponsor       AND WRITE your         able to attend.       AND WRITE your         preciated!       Check #         Drop completed       form and payment         in Project Grad       box in office.         ng during the year with decoration       and/or SETUP PRIOR TO THE PARTY         P (approx. 6:00 -11:30 a.m. Sat. 6/6)       UP         UP       UP         her health concerns? If so, please list below.	Phone: Checks payable to: PROJECT GRAD	,
	□VES! I'd like to also help by donating to the Droiser Grad scholarshin fund to halo scorner	
	able to attend.	The undersigned is the parent/legal guardian of (student's name).
	nd appreciated! \$	My son/daughter wishes to participate in Santa Rosa High School (SRHS) Project Graduation night. I understand tha there are risks and dangers incidental to my son's/daughter's participation in this event ant that there is a risk that my son/daughter could be injured. Activities in the past have included, but are not limited to, dansing, inflatable jumps, slides etc. I hereby give my consent for my son/daughter to participate in this event and I, on behalf of myself and my son/daughter, assume the risk and dangers associated with my son's/daughter is participate in this event and I, on behalf of myself and my son/daughter, assume the risk and dangers associated with my son's/daughter's participation in this event.
		In return for the SRHS Project Graduation permitting my son/daughter to participate in Project Graduation Night, I hereby release and waive on my own behalf, on behalf of my son/daughter, and on behalf of any persons claiming by
		or through me, or my sourduagner, any and all clams or causes or action or contrary regigence withor lo or my sourdaughter may have against the SRHS Project Graduation, its officers, directors, agents, employees and volunteers arising out of or resulting from any and all injuries, accidents, illnesses or damages of any nature, including death, which my son/daughter may suffer while taking part in the event or any activity connected to the event.
Stud 1 Pare		IN SIGNING THIS DOCUMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Release and Assumption of Risk Agreement, I understand it and sign it voluntarily as my own free will; no oral representations, statements, or indemenns, apart from the foregoing written Agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate and complete consideration fully intended to be bound by same.
Student Signature	Phone number(s) where parent can be contacted <u>during</u> Project Grad party:	I HAVE READ AND AGREE TO ALL STATED ABOVE IN ORDER TO ATTEND PROJECT GRAD 2015 AT S.R.H.S.
Parent Signature	Does your student have any FOOD allergies or other health concerns? If so, please list below.	nt Student Name <i>Clearly</i>
(707) 575-7301 (707) 326-4957 c. or marylousmith@att.net (email preferred)	QUESTIONS? Contact Reservations Chair Mary Lou Smith (707) 575-7301 (707) 326-4957 c. or marylousmith@att.net (email preferred)	rint Parent Name Clearly

Γ

Project Graduation needs Freshman, Sophomore and Junior parents to help each year with the Senior Party.

Please consider giving your time.

There are many, many ways to volunteer. The night of the party (which is a blast), planning and organizing starts in September, party prep starts after the first of the year; we need construction skills, art skills, decoration skills, electrical skills, lighting skills, coming to help skills etc.



### SANTA ROSA HIGH SCHOOL, A CALIFORNIA DISTINGUISHED SCHOOL PAGE 20



### WORK DAYS AHEAD

April 11, 12, 18, 19 ~ May 9, 10, 16, 17 ~ May 28, 29, 30, 31 ~ June 1, 2, 3, 4, 5 and June 6 Please check your calendars and see what days may work for you. Visit our website volunteer page for a link to sign up for Work Days.

www.SRHSProjectGrad.com

Questions? What skills are needed on work days? ALL. Yes we do need volunteers with carpentry, artistic, electrical and event skills but we also need people that can paint, staple, hammer, lift, plan, etc. etc. etc. More questions? Contact Rochelle Cooper at decorations@SRHSProjectGrad.com

Sonoma County Project Graduation was founded in 1987 in response to increasing drug and alcohol use among students on their graduation night – statistically the most dangerous night of the year for young people.

In 28 years Project Graduation has kept our graduates safe and alive on their graduation night AND to top it off, the kids have a blast, win prizes, get to eat all their favorite foods, win prizes, play games, see performances, get a new do, perform for their friends, win prizes and party with their friends till dawn.

PROJECT	<b>Third Tuesday of the Month</b>
GRAD	April 21, 2015
2015 MEETINGS SRHS LIBRARY 7 pm	April 21, 2015 May 19, 2015

APRIL, 2015

PROJECT

Santa Rosa High School Project Graduation 1235 Mendocino Ave. Santa Rosa, CA 95401



Dear Santa Rosa High School Families:

Planning is well underway for this year's Santa Rosa High School PROJECT GRADUATION.

PROJECT GRADUATION is the volunteer-produced, community-supported night of celebration for Santa Rosa High School's graduating seniors, in an exhilarating, engaging, alcohol- and drug-free environment and Santa Rosa High's grad night is attended by an average of 94% of its graduating seniors. A celebration of this epic magnificence and magnitude doesn't just happen... Literally thousands of volunteer hours will be spent in the preparation and production of this event. And we run a tight ship - whenever possible we reuse and repurpose sets, supplies and games from year to year. Part of the cost of running this production is recouped by sales of tickets to graduating seniors, but Project Grad's goal is to keep ticket prices as low as possible and to turn no graduate away.

- **Businesses can help by** participating in this great advertising opportunity. We are extending these offers for Project Grad sponsors:
- **Frosh** \$250.00 A coupon, ad or message of congratulations from your business in the graduates' gift bag. **Letterman** - \$350.00 - The above, plus... An acknowledgement of your business' generosity in the *Panther Purr* - The
- Santa Rosa High Staff, Student and Family newsletter, mailed and emailed to nearly 2000 families monthly. Upper Classman - \$500.00 - All the above, plus... A repeating, <u>Thank You on the Santa Rosa High School Electronic</u> <u>Billboard</u>, on Mendocino Avenue– seen by the over 30,000 cars that travel Mendocino Avenue daily. This message will run through the summer of 2015.

For more information please contact Staci Pastis stacipatis@aol.com or 332-1347.

**Families can help by** signing up to support SRHS Project Grade through eScrip. A benefit to Project Grad at no cost to you. Add us to your escrip account today, our number is #5803783.

And support our April Fool's Day Ball by buying tickets (see the attached flyer)!

Project Grad's historic success has been due, in no small part, to our families and sponsors in our community. SRHS Project Grad is a 501 (c)(3) non-profit organization. Our Tax ID # is 45-4175474. Please join us today!

Thank you for your support!

Staci Pastis:stacipastis@aol.com, 707-332-1347Glen Rossi:gcrossi10@gmail.com

### APRIL, 2015

PROJECT Graduation

APRIL, 2015

Project Grad, con	NTINUED
SANTA ROSA HIGH SCHOOL PROJECT Graduation S ON O M A COUNTY Join the Celebration!	CORDIALLY INVITES YOU TO THE
<b>APRIL F</b>	<b>DOLS DAY BALL</b>
THE GREATEST NON-EV	
	OR WHO KNOWS WHEN
*50 and over WOW! You can skip	nly skip the Ball, but even the party before it! p the entire evening and get a special invitation not to come to next years Ball!
	oject graduation happens is with the support of EVERYONE!
Ticket Sales do not cover the full co	ost of this amazing event. Even the smallest can make a difference. We also g and clean-up. Please go to www.srhsprojectgrad.com for more information.
l appreciate the invitation to the	• April Fool's day Ball and enclosed is \$
Family Name: Please email me about project grad volunt	
	Student's Grade
Please make tax-deductible contribution payable to SRHS Project Grad Mail to: Staci Pastis 1235 Mendocino Avenue, Santa , Santa Rosa, CA. 9	via PayPal www.srhsproiectarad.com

### Athletics

Kris Bertsch, Athletic Director, kbertsch@srcs.k12.ca.us, Kathy Hower, Athletic Director, khower@srcs.k12.ca.us

SRHS BASEBALL						
Day/Date	Event / Opponent	Location	<b>Start Time</b>	Dismissal		
4/1 (Wed)	WINDSOR	SRHS	4:00pm	2:35pm		
4/8 (Wed)	RANCHO COTATE	SRHS	4:00pm	2:35pm		
4/10 (Fri)	CASA GRANDE	CGHS	4:00pm	2:30pm		
4/15 (Wed)	CARDINAL NEWMAN	CNHS	4:00pm	2:35pm		
4/17 (Fri)	UKIAH	SRHS	4:00pm	2:50pm		
4/22 (Wed)	MONTGOMERY	MHS	4:00pm	2:35pm		
4/24 (Fri)	WINDSOR	WHS	4:00pm	2:35pm		
4/29 (Wed)	MARIA CARRILLO	SRHS	4:00pm	2:35pm		
5/1 (Fri)	RANCHO COTATE	RCHS	4:00pm	2:35pm		
5/6 (Wed)	CASA GRANDE	SRHS	4:00pm	2:30pm		
5/8 (Fri)	CARDINAL NEWMAN	SRHS	4:00pm	2:35pm		
5/13 (Wed)	UKIAH	UHS	4:00pm	1:30pm		
5/15 (Fri)	MONTGOMERY (SENIOR D	AY) SRHS	4:00pm	2:45pm		
		LEAGUE TOURNAMENT				
5/20 (Wed)	TBA (C	GAME 1) #1 vs #4 - (GAME 2) #2 vs #3	TBA			
5/22 (Fri)	TBA (C	GAME 3) NBL CHAMPIONSHIP	TBA			
		NCS PLAYOFFS				
5/24 (Sun)	N	ICS DIVISION I AT-LARGE BID & SEEDING				

### SRHS Softball

#### Varsity Games are played on SRHS Field and JV Home games are at Ridgeway High

Date	Day	Opponent I	ocation	Team	Time	<u>Type Dismi</u>	issal
April 2	Thursday	Maria Carrillo A	way	V&JV	4:00	NBL Contest	2:30
April 7	Tuesday	Rancho Cotate H	Iome	V&JV	4:00	NBL Contest	TBD
April 9	Thursday	Casa Grande A	way	V&JV	4:00	NBL Contest	2:15
April 10	Friday	Antioch 2 Games	Away	Varsity	TBD	Tournament	TBD
April 11	Saturday	Antioch 2 Games	Away	Varsity	TBD	Tournament	
April 14	Tuesday	Newman A	way	V&JV	4:00	NBL Contest	2:30
April 16	Thursday	Ukiah H	Iome	V&JV	4:00	NBL Contest	2
April 17	Friday	Cloverdale A	way	JV	4:00	Pre-season	2:15
April 21	Tuesday	Montgomery A	way	V&JV	4:00	NBL Contest	2:30
April 23	Thursday	Windsor A	way	V&JV	4:00	NBL Contest	2:30
April 25	Saturday	Deer Valley - Anti	och Away	V&JV	12:00	Pre-season	2
April 28	Tuesday	Maria Carrillo H	Iome	V&JV	4:00	NBL Contest	
April 30	Thursday	Rancho Cotate A	way	V&JV	4:00	NBL Contest	2:30
May 5	Tuesday	Casa Grande H	Iome	V&JV	4:00	NBL Contest	2
May 7	Thursday	Newman H	Iome	V&JV	4:00	NBL Contest	
May 12	Tuesday	Ukiah A	way	V&JV	4:00	NBL Contest	1:15
May 14	Thursday	Montgomery H	Iome	V&JV	4:00	NBL Contest	-
		egin @ 3:40, honoring	our Senior P	-	•		

NBL Tournament: Tuesday, May 19 & Thursday, May 21, 2015

NBL All-League Meeting: Thursday, May 28, 2015, 7:00 p.m. Montgomery High School

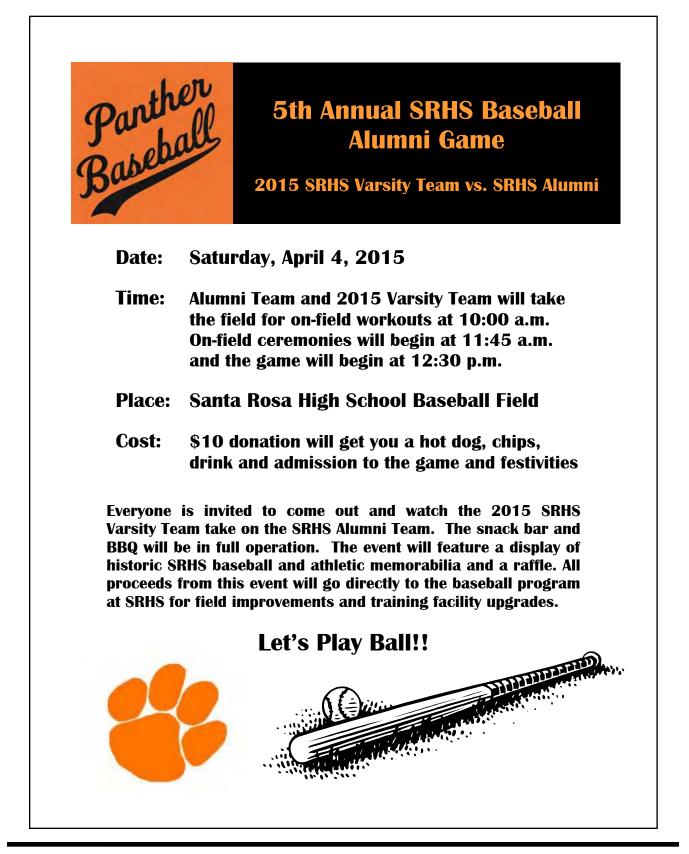
NCS At Large & Seeding Meeting: Sunday, May 24, 2015

NCS Play-off Tournament May 26 – June 2-3, 2015

NCS Championship June 5 – 6, 2015

Head Varsity Coach: Jeff Pratt {H} 546-2911 {C} 495-9879 SRPantherz@aol.com JuniorVarsity Coach: Jube Begley

### Athletics, CONTINUED



### Athletics, CONTINUED

		Track a	nd Field		
<u>Day /</u>	Date	Opponenet	Location	Time	Dismissal
Fri/Sat	Apr 3/4	Stanford Invitational (Elite Varsity Only)	Stanford University(Elite Varsity Only)	TBA	
Sat	Apr 11	Twilight Meet (Everyone)	Santa Rosa JC	TBA	
Fri/Sat	Apr 10/11	Arcadia Invitational (Elite Varsity Only)	Arcadia High School(SoCal)	TBA	TBA
Wed	Apr 15	Cardinal Newman/Windsor (League Begins)	Cardinal Newman HS	3:45	2:15
Sat	Apr 18	Santa Rosa Throwers/Vaulters Jamboree	Nevers Field (SRHS host)	9 a.m.	
Wed	Apr 22	Maria Carrillo/Montgomery	Maria Carrillo HS	3:45	2:15
Sat	Apr 25	Viking Classic (Designated Only)	Montgomery High School	9 a.m.	
Wed	Apr 29	Dual Meet Casa Grande	Nevers Field (SRHS host)	3:45	2:55
Wed	May 6	Ukiah/Rancho Cotate	Ukiah	3:45	1:15
Wed/Fri	May 13/15	NBL League Trials/Finals (Everyone)	Ukiah(?)	TBA	TBA
Sat	May 23	Redwood Empire (Qualified Varsity Only)	Nevers Field (SRHS host)	9:00 a.n	n.
Fri/Sat	May 29/3	0 NCS Meet of Champions (Qualified Varsity Or	nly) UC Berkeley	TBA	TBA
Fri/Sat	June 5/6	California State Championships	Buchannan HS Clovis (Fresno)	TBA	
Head (	Coach: I	Doug Courtemarche 528-0627 (pref	erred),318- 0285 zeemie@aol.	com	

## Boys Golf

Date	Location	Time
3/30	Fountaingrove	2:00
4/7	Ukiah Golf Course	2:00
4/16	Foxtail South	2:00
4/24	Bennett Valley	2:00
4/27	NBL at Rooster Run	2:00

Badminton				
Date	Opponent	Time		
4/2	Home vs. Maria Carrillo	4:00		
4/7	at Windsor	3:30		
4/8	Home vs. Casa Grande	4:00		
4/14	at Montgomery	4:00		
4/21	at Maria Carrillo	4:00		
4/23	Home vs. Windsor	4:00		
4/28	at Casa Grande	4:00		
4/30	Home vs. Montgomery	4:00		
5/8	NBL Singles			
5/9	NBL Doubles			

### Athletics, CONTINUED

Boys Tennis 2015					
Day	Date	Event / Opponent	Location	Start Time	Dismissal
Thursday	April 2	Cardinal Newman	Away	3:30	2:30
Tuesday	April 7	Windsor	SRHS	3:30	
Thursday	April 9	Rancho Cotate	SRHS	3:30	
Tuesday	April 14	Ukiah	Away	3:30	1:30
Thursday	April 16	Casa Grande	SRHS	3:30	
Monday	April 20	Summerfield Waldorf	SRHS	3:30	
Tuesday	April 21	Montgomery	Away	3:30	2:30
Thursday	April 22	Maria Carrillo	SRHS	3:30	
Fri/Sat	April 24/25	NBL Singles Tourney	SRHS	1:00/9:00	
Fri/Sat	May 1/2	NBL Doubles Tourney	SRHS	1:00/9:00	
Tue & Wed	May 8/9	NCS Singles and Double	es TBA	TBA	
Tue-Sat	May 12/14/16	NCS Team Championsh	ips TBA	TBA	
Head Coach:	Dustin St. John	stjohnd09@gma	<u>ail.com</u> (707) 217-8	114	

Day/ Date	Opponent	Location	Time	Dismissal
Fri. 4/3/15	Maria Carrillo	Ridgway	2:00	1:30
Tues. 4/7/15	Windsor	Healdsburg Pool	3:30	2:15
Thurs. 4/9/15	Ukiah	Ridgway	2:00	1:30
Wed. 4/15/15	Montgomery	Finley	2:00	1:30
Tues. 4/21/15	Casa Grande	Ridgway	2:00	1:30
Sat. 5/2/15	JV Invitational	TBĂ	9:00 a.m.	None
Fri. 5/8/15	NBL League Finals	SRJC	3:30	2:00
Sat. 5/9/15	NBL League Finals	SRJC	8:00 a.m.	None
Fri. 5/15/15	NCS Trials	Concord	8:00 a.m.	All Day
Sat. 5/16/15	NCS Finals	Concord	8:00 a.m.	None

### **Adding a Driver to the Family?**

Leslie Allyn, Roadrunner Driving School

Welcoming a new teen driver into the family can be a very exciting and challenging time for both parents and teens. The following information is offered to help those researching, or currently involved in, the licensing process.

Requirements to get a California Driver License (CDL) before the age of 18:

- Complete a 25 hour Driver Education (DE) course (May be done before 15 1/2 years old)
- Pass permit exam at any California DMV field office to receive a permit
- (Must be at least 15 1/2 years old)
- Have the permit for at least six months (Permit expires one year from application date)
- Complete at least 6 hours with a DMV certified driving instructor
- Complete at least 50 hours of supervised practice (including 10 at night) with an adult over the age of 25 who has a valid CDL
- Pass a DMV drive exam at any California DMV field office (must be at least 16 years old)

Three additional things to consider:

First, in spite of the lure of online programs, strongly consider choosing a professionally taught DE class where a DMV certified lesson plan is presented and the class room environment allows for instructor interaction and student participation. Attending a class requires some planning and discipline, but it also promotes a more thought provoking learning experience and a deeper sense of responsibility toward driving than isolated, online clicking.

There are hundreds of online courses, most claiming to be cheaper, faster and funner than the next, not the most desirable qualities for any educational program. Many of these programs are not DMV approved. Online providers can circumvent DMV authority and review, yet still legally access and distribute DMV issued DE completion certificates. Often, students who complete online courses pass the DMV permit exam, but they do not demonstrate a clear grasp of the concepts of driving once they get behind the wheel.

Next, think about the time commitment needed for both teen and parent to fulfill the licensing requirements. Be realistic about how long it will take to complete the minimum requirements for lessons and supervised practice. Log practice hours and the type of driving done. In town driving is where students really develop skills like smooth car control, precision turns, lane changes, and understanding and execution of right of way.

Finally, the 50 hours of supervised practice is critical. Drive in familiar areas at first, but as skills and confidence improve, add variety. Some aspects of driving cannot be taught, they must be developed: visual search pattern, timing and judgment and the ability to anticipate other roadway users. Think of how these concepts apply to driving and challenge the new driver with an abundance of road and traffic conditions that truly help them develop the necessary level of awareness and decision making skills needed to be successful on the road.



### **SRHS** Foundation

### **Santa Rosa High School Foundation**



Ways to contribute and become part of us! No meetings - just opportunity!

Attend our events! Your ticket to a dinner, golf tournament or other event contributes to our efforts as well as reconnects you with other supporters! Watch for information: April Polenta Dinner; and September Golf Tournament. Just visit us online at www.SRHSF.org

**Become a member!** A small \$25 contribution will bring you the newsletter which contains SRHS history as well as information regarding the Foundation's current activities.

**Buy an Auditorium Plaque!** A plaque permanently affixed to a seat in the SRHS auditorium with a message of your choice can be purchased for \$150. Limitations are in place - forms are available online as well as in the SRHS main office. Profits are allocated to the Endowment Fund.

#### Send us a contribution!

Annual Fund Campaign - Monies donated in excess of membership which might be allocated to various programs/departments or any amount of broad school needs Endowment Fund - Restricted/unrestricted - you make the call. Phone us - we will answer your questions. ONE THOUSAND PANTHERS - A campaign recognizing you! Donations in increments of \$1,000. 'Pooled' funds and pledges are encouraged and welcome. Call us.

Planned Giving - Planned giving through a trust, bequest or other giving option. Call us and we will help!

The Santa Rosa High School Foundation, P. O. Box 11006, Santa Rosa, CA 95406. Gifts are tax deductible - as the Foundation is a 50103 nonprofit corporation - 68-0195375



### The Santa Rosa High School Foundation Annual Polenta Feed tickets are available!

Tickets are sold on a first come, first served basis.

### Scheduled this year for Friday, April 24, 2015,

it will again be held at the Veterans Memorial Building.

No-host cocktails will be available at 5:30 p.m. and dinner will be served at 7:00 p.m.

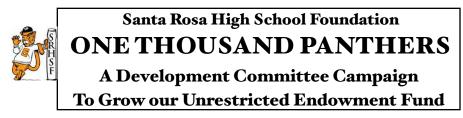
Tickets are a donation of \$35 per person nd are available for purchase through the PANDY line (707) 571-7747.

Tickets sell out quickly, so be sure to call and order yours today. Leave your name and telephone number on the PANDY line and your call will be returned the following day.

Because tickets to this popular event sell so quickly, there will be no waiting list. You are urged to call early.



### **SRHS Foundation**, CONTINUED



We are in our 5<sup>th</sup> year, keeping our eye on the goal. Have you joined our Parade of Panthers?

Our campaign continues to add unrestricted capital to the SRHSF Endowment Fund by promoting donations to reach a goal of \$1 million. The campaign began in 2011 and will continue until the goal is met.

The earnings on these unrestricted funds will ensure an ongoing annual means of providing financial resources for SRHS student academic and athletic enhancement programs. The Foundation's Board of Directors approves funding requests made by students, faculty or administrators through a monthly grant process.

Donations can be made with cash, checks, and credit cards from individuals and groups (pooled) or employer matching funds and can include pledges over 2, 4, and 5 years. Marketable stocks and IRA distributions directed to the Foundation are another choice. In addition, you can join a fund as an individual. Just designate that you want your donation to join the ONE THOUSAND PANTHERS Pandy Fund.

We appreciate any donation as we reach for our goal!



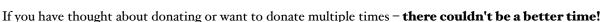
Ann Hutchinson Porrino, OTP Chair

an Hatchingen Poris

Join in our Parade of Panthers today

Thank you to our generous donors - we now have 164 donors with 200 donations!

To date, we have raised over \$200,000



### **SANTA ROSA HIGH SCHOOL FOUNDATION 20th ANNUAL GOLF TOURNAMENT**

### **SAVE THE DATE**



Friday, September 11, 2015 Oakmont West Golf Course Shotgun Start 12:45 p.m. Check-In begins at 11:15 a.m. \* Golf Cart, Range Balls, Lunch with Drinks \* 18 Holes of Golf - 4 Person Scramble (Men's & Co-ed Flights) \* Dinner & Auction following in the Quail Inn, Guests Welcome \* Tee Prizes \* Raffle Prizes \* Silent/Live Auction

\*Top Foursome Awards - Men's & Co-ed Flights \* Longest Drive - Men, Women & Seniors (65 & over) \*Closest to to Pin - Men & Women \*Free Putting Contest - 11:30 a.m. to 12:30 p.m.

For a registration form or information about Sponsoring opportunities: Call our Pandy Line at 707.571-7747 or email golf@srhsf.org

All Proceeds Benefit SRHS Sports and Academic Programs

You may also visit the SRHS Foundation website at www.srhsf.org

**APRIL**, 2015



### SRHS Foundation, CONTINUED Santa Rosa High School Foundation Teams with Amazon to Help Students

The Santa Rosa High School Foundation has adopted a new program offered by Amazon.com called AmazonSmile. This is a program where Amazon donates 0.5% of eligible products to a charitable organization selected by the customer.

In order to participate in the program, please register at www.smile.amazon.com! Just type in "Santa Rosa High School Foundation" as your charitable organization. You will find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon.com will donate a portion of the purchase price to the Santa Rosa High School Foundation. All donations will be distributed through our Panther Project Fund grant process, which supplies money to teachers or students for special projects, classroom supplies and educational trips. You use

the same log in and password on Amazon.com and AmazonSmile. Your shopping cart, wish list, wedding or baby registry, and other account settings are also the same. Donations are only made through AmazonSmile so make sure you bookmark the AmazonSmile site to shop.

It's easy to make a difference in the life of a SRHS student! Register and start shopping AmazonSmile today!

Shop at AmazonSmile and Amazon will make a donation to: Santa Rosa High School Foundation Get started amazon smile

The SRHS Foundation serves as a charitable organization which unites SRHS graduates, parents of current and past students, faculty and interested community members for the purpose of: 1) preserving and documenting the history and traditions of SRHS, 2) providing financial support for the school and its programs, and 3) promoting community involvement in the school's activities.

Contact:.....Jim Ward, President, info@SRHSF.org, 571-7747 Website:....www.SRHSF.org Next meeting......April 14, 4:30 p.m. in the SRHS Library

Name: Maiden:
Address: City: State: Zip:
Email: Preference: Email US Mail
Home Phone: Cell Phone:
You are: SRHS grad, year SRHS spouse grad, year Parent of SRHS student(s), year(s)
SRHS staff or faculty Friend of SRHS
You want to: Become a Member:       I year - \$25       2 year - \$45       3 year - \$60       Lifetime - \$500         Contribute:       Annual Fund Gift of \$ for :       General unrestricted gift       Directed gift for       Company matching gift       Gift in honor/memory
Join ONE THOUSAND PANTHERS: \$1,000 Once \$500 for 2 yrs \$250 for 4 yrs \$200 for 5 yrs Please acknowledge my donation as
Yes! We will take a check or credit card - send us your information or give us a call: Card Type: Visa Mastercard No.: Sec Code
Signature:

SANTA ROSA HIGH SCHOOL, A CALIFORNIA DISTINGUISHED SCHOOL PAGE 31

### THE SANTA ROSA HIGH SCHOOL PARENT NEWSLETTER

APRIL, 2015

