



Official Newsletter of Congregation B'nai Israel

SHOFAR

e-mail: cbi18@cbi18.org
website: <http://www.cbi18.org>
RELIGIOUS SCHOOL CALENDAR
& SYNAGOGUE EVENTS LISTED

Congregation
B'nai Israel
קהילת בני ישראל

Vol. XIX, No. 3
Tevet~Shevat~Adar I
January~February 2011

CBI Endowment Shabbaton with
the Community Scholar Program Presents:

A Weekend with Professor Stephen Berk

Friday, January 28 at 6:00 PM:
Shabbat Service, Dinner and Lecture:
"1948 – A Year of Decision" for Jews,
a liberation; for Arabs, a Catastrophe"
to understand the current Middle East,
one must understand the events of this year.

Saturday, January 29 at 9:30 AM:
Shabbat Service, Lunch and Lecture:
"Obama, Netanyahu and Israel"~
Two world leaders, two world views;
these differences result in increased
tensions between the two countries.



\$30/Adult, \$15/Child (3-12 yrs.) for all meals and lectures;
\$5 discount/person for reservations received by January 14;
No charge to CBI 5771 Endowment Fund Annual Benefactors
Please contact the CBI office for Reservations

Please Join us for

Shabbat Shira: A Sabbath of Song

January 14 and 15



Friday Night, January 14: Please join Cantor Tilchin, Carl Cedar and Friends
along with: Shir Appeal, the Jewish Acapella Group from Tufts University
followed by Dinner and Music ~ call the office to make dinner reservations ~ \$15/adult; \$10/students

Saturday Morning, January 15: Special Shacharit Service featuring K'vod Wieder
leading CBI's first "Neshama" Minyan with special guests, Shir Appeal
No RSVP required Join us for Kiddush Luncheon followed by an inspirational musical performance!

*It'll be here sooner
than you think!*

Want to help plan our next Yom
Ha'Atzma'ut celebration?
Join us and be part of
The Magic of Israel

Interested?
Call the CBI Office! - 714-730-9693

**SAVE
THE
DATE!**

CBI's Annual
Gala
April 3
See page 14
for details

**Get Your Move Back
into Your Groove!**

Zumba Gold Dance/Movement Class
for Seniors, People with Mobility
Challenges and for those who want to take
the "Couch" out of Potato!
Every Wednesday beginning January 12
10:00 – 10:45 AM
Brought to you by Rebeca Gilad and Zumba Gold



The Four Jewish Tenors are coming to CBI!

Also Featuring Cantor Herschel Fox and the Chris Hardin Orchestra!

Saturday, March 12 at 8:00 PM

See flyer inside this edition for details!

SAVE THE DATE! Call the CBI Office for reservations!

Reserved and unreserved seating, dessert reception with the Tenors and program name recognition available.

Sponsored and Underwritten by
The Roslyn and Joseph Baim Family Foundation
Barbara and Joseph Baim

Rabbi's Message

Rabbi Elie Spitz



"Nurturing Soul"

In January, I will guide students inwardly in order to nurture our souls. We will utilize the traditional technologies of meditation, visualization, and sacred text.

When the Bible says "God breathed into Adam's nostrils the breath of life" (Genesis 2:7) the rabbis (such as the *Targum*) noted that breath and soul were the same word. To possess a soul from God means to have a capacity for creation and self-reflection. Judaism seeks to cultivate that quality of *neshmat hayim*, "the soul of life."

In the Jewish mystical tradition, soul is imbedded in four worlds: *assiyah*, *yetzirah*, *beriah* and *atzilut*. These "worlds" correspond to the physical/doing; emotional/feeling; mental/thinking; and spiritual/intuiting. Recognizing how these facets of life operate within us offers both greater balance and a more open heart.

My own fascination with the inner life emerged at an early age. In part it was prompted by my mom's nightly dinner descriptions of the customers in her wig stores. In college I majored in psychology, which deepened my awareness that we are shaped by unconscious drives, the past, and habit. My religious studies offered texts that described relationship with the Divine and sacred deeds that transcended our own needs. Over twenty years ago, I invited Rabbi Jonathan Omerman to CBI to train a handful of rabbis in Jewish meditation. Ever since, I have meditated as part of my morning routine, offering enhanced calm, focused attention,

and intuitive awareness. It offers a prelude to my daily prayers, which link me to community, express longing, and prompt gratitude.

During my years here I have also studied guided imagery with two remarkable teachers, Collette Aboulker Muscat of Jerusalem and Marielle Fuller of Laguna Beach. I met each of these artists of the imagination when they were in their mid-eighties. Each continued to work with clients until weeks before their respective deaths at the age of ninety-three. Through the years, I have used visualization in my synagogue teaching, but now is the opportunity to share and guide in a more focused way.

Please join me at 7:30 PM on each of the Wednesday evenings during January in the Family Life Center. ☆

Nurturing Soul: Meditation, Visualization and Sacred Text

*A class with Rabbi Elie Spitz
every Wednesday night
in January*

January 5, 12, 19 and 26th

Rabbi Spitz is an accomplished student of both the Jewish mystical tradition and the wisdom teachings of world faith communities.

He has personally engaged in daily meditation for almost 20 years

Come join us in January!

Celebratory Shabbat Worship with Dale Schatz!

**January 8 and
February 5,
2011
9:45 AM
Family Life
Center**

Come Join Us!



Cantor's Notes

Cantor Marcia Tilchin



Entering Jewish Prayer – Is there an easy way in?

It is one of the hottest topics in seminary halls, synagogue board rooms and religious training institutions. Answers fly: More music, less liturgy, in the woods, on yoga mats. These are just a few of the suggested antidotes to a challenge that is symptomatic of a much larger crisis in American Jewish life – the fact that only a fraction of self-identified American Jews are connected to synagogues or pray on a regular basis. Our very sophisticated prayer structure evolved over many centuries following the destruction of the Second Temple and it is a stunning achievement – artistically, spiritually and psychologically. One could not and should not expect to grasp even a fraction of what the *siddur* (prayerbook) has to offer as a beginner. It is a drama with dialogue that unfolds elegantly, layer upon layer, and is never quite the same from one day to the next because we, one of the parties in this dynamic conversation, are ever changing. Accepting and embracing this truth is the first step towards a more fulfilling prayer life.

Compelling music helps as a tool towards engagement and has been sought after for centuries. The pipe organ and elaborate choral arrangements of yester-year were invited into places of worship for much the same reason that guitars, drums and synthesizers are sought

cont. on page 9

CONGREGATION B'NAI ISRAEL PROUDLY PRESENTS
THE ROZ BAIM DISTINGUISHED ARTISTS SERIES

Saturday
March 12, 2011
8:00pm

The Jewish Tenors
Live in Concert!



Cantor Yaakov Motzen
Bal Harbour/
Toronto



Cantor Benzion Miller
New York City



Cantor Daniel Gildar
Philadelphia



Cantor Benjamin Warschawski
Chicago

with special guest, Cantor Herschel Fox (Los Angeles)
and The Chris Hardin Orchestra
at Congregation B'nai Israel, 2111 Bryan Avenue, Tustin

TICKETS:

\$36 Unreserved Seats • \$54 Reserved Seats

\$72 VIP Seats and Private Dessert Reception with the Artists

\$100 VIP Seats, Private Dessert Reception with the Artists & Program Recognition

RESERVE NOW: Call 714-730-9693

SPONSORED AND UNDERWRITTEN BY
THE ROSLYN AND JOSEPH BAIM FAMILY FOUNDATION
BARBARA AND JOSEPH BAIM



Religious School

Alan Rusonik,
Director, Lifelong Learning
Dan Koblin and Francine Wenhardt,
VPs



All I Really Need to Know...

I am sure that many of you are familiar with a number one bestseller from several years ago by Robert Fulghum called ***All I Really Need to Know I Learned in Kindergarten: Uncommon Thoughts on Common Things***. He writes, "Most of what I really need to know about how to live and what to do and how to be I learned in Kindergarten. Wisdom was not at the top of the graduate-school mountain, but there in the sandpile at Sunday School. These are the things I learned..." and then he proceeds to list some very basic principles of life which are part of the rules one would find in a typical Kindergarten classroom, such as share everything, play fair, don't hit people, say you're sorry when you hurt somebody, etc.

I recently thought about Fulghum's credo and realized that the Jewish tradition already had it's own Robert Fulghum 2000 years ago. This rabbi was asked to teach the entire Torah to an apostate while standing on one foot. This rabbi, as Fulghum would try to do 2000 years later, tried to summarize his recipe for

living a good life into very simple and basic terms. This rabbi's name was Hillel and this is what he said: "That which is hateful to you, do not do to your neighbor. That is the whole Torah; the rest is commentary. Go and study it."

As I examined these two philosophies carefully, I realized that there was a fundamental difference between the two; Fulghum says: "Take any one of those items and extrapolate it into sophisticated adult terms and apply it to your family life or your work or your government or your world and it holds true and clear and firm." Hillel says: "Go and study it." Jewish tradition does not say just "live it," but also, "study it." There is an emphasis on values education, and that education does not begin and end in Kindergarten; it begins at

a very early age and must continue throughout one's lifetime.

At Mercaz Limmud and Mercaz Hadracha, our goal is to provide the "commentary" to Hillel's wisdom. We do this in many ways, such as through studying a curriculum filled with Jewish values and through living and practicing these values. These values are taught by wonderful teachers who are dedicated to their profession and to Jewish living. At Mercaz Limmud and Mercaz Hadracha, our goal is to provide the foundation for Jewish living and for the life long pursuit of Torah knowledge. We provide the place for our young people to come and study the commentary associated with living a meaningful life. The commentary is ongoing and there is always a lot to study. Let's get started now! ☆



Lox Box Fundraiser for Super Bowl Sunday

The Parent Teacher Organization (PTO) of Mercaz Limmud (Jewish Learning Center) of Congregation B'nai Israel will hold a Lox Box fundraiser for pick up or delivery on **Super Bowl Sunday, February 6, 2011**.

Each Lox Box is \$25 for pick up or \$30 for delivery. Boxes will be delivered to the Tustin and Irvine neighborhoods only.

Boxes will include six bagels, 8 ounces of lox, an 8-ounce package of cream cheese, onion, tomato and pastries.

PTO members will assemble the Lox Boxes early that morning to ensure that the items are fresh and that you will receive your delivery in time for breakfast or your Super Bowl party. Pick up or Delivery between 9 am to 12:30 pm.

Any questions? Contact the Mercaz Limmud office at 714-730-5161 or email pto@cbi18.org.

To place an order, please return this form to the Mercaz Limmud office by Sunday, January 30 or fax the form to CBI @ (714) 730-5434.

Name: _____ Phone number: _____

Number of Lox Boxes requested: _____ Total amount due: \$ _____

Choose Form of Payment: Check payable to CBI ___ Charge my credit card on file ___

No thank you, but here is my donation: _____

Please check: Pick Up ___ Delivery ___

Address (for delivery only): _____

Thank you for your support!

Susan Don, Lox Box Chair
Paula Greenberger, PTO Chair
Marissa Waldman & Dan Koblin, Co-Chairs, Education Committee
Alan Rusonik, Director, Lifelong Learning



THE SHOFAR is published bi-monthly by Congregation B'nai Israel, 2111 Bryan Ave., Tustin, CA 92782. Deadline for articles is the 8th of the month.

Editor:
Jean Kravitz e-mail: jandtkravitz@cox.net

Call the B'nai Israel In-The-Family Hotline (714) 730-9693 - whenever there's a major event in your life.

USY
Seudah
Sh'lishit
and
Learning



Don't miss Seudah Sh'lishit with Rabbinic Intern Adam Greenwald. We will meet on Saturday evening, February 26 at 5:00 PM in the Social Hall. These are monthly Seudah Sh'lishit (*Third Meal*) and Learning Program. We will meet once a month on Shabbat afternoon to learn together while sharing a light meal and USY-style Havdallah.

All teens are welcome—come share your insights with us!

**THERE IS NO COST
TO ATTEND** ☆

**Experiential Prayer &
Text Study**

Come Learn with

Adam Greenwald

10:30 AM in the Bet Midrash

February 26

"Generous Hearts"

On *Shabbat Shekalim* we think about all the gifts that we have to contribute to the world.



**CBI Gift
Shop**

Come in and browse the shop - we have great new items!

Gift Shop regular hours are during Hebrew School or by appointment by calling Roberta Abramson (949) 461-0966

**PLEASE NOTE THESE IMPORTANT DATES FOR
MERCAZ LIMMUD AND MERCAZ HADRACHA**

(formerly Religious School and Hebrew High)

JANUARY:

- Sunday, January 2:** No School; Winter Break
- Tuesday, January 4:** School Back in Session
- Sunday, January 9:** School in Session Plus 7th Grade Family Education
- Sunday January 16:** No School: Martin Luther King Day
- Tuesday, January 18:** School Back in Session
- Sunday January 23:** School in Session Plus Tu B'Shevat Havayot
- Sunday, January 30:** School in Session plus JEWGLE; also 6 Grade Family Education

FEBRUARY:

- Tuesday, February 1:** School in Session
- Sunday, February 6:** School in Session, Plus 1st Grade Alef Bet Ceremony and PTO Lox Box Fundraiser
- Friday, February 11:** 4th Grade Family Shabbat Service, Dinner and Program
- Sunday, February 13:** School in Session Plus 6th Grade Family Education Program
- Sunday, February 20:** No School: President's Weekend
- Tuesday, February 22:** School Back in Session
- Sunday, February 27:** School in Session plus JEWGLE and 7th Grade Family Education

**Support Your Fellow
Congregants in Need
by Donating to the
CBI Membership
Support Fund**

Hard Economic times have made it difficult for many congregants to pay for membership. Our Membership Support Fund helps with that.

Donations can be made by contacting the CBI Office.

Perform the mitzvah of giving to others in their time of need.

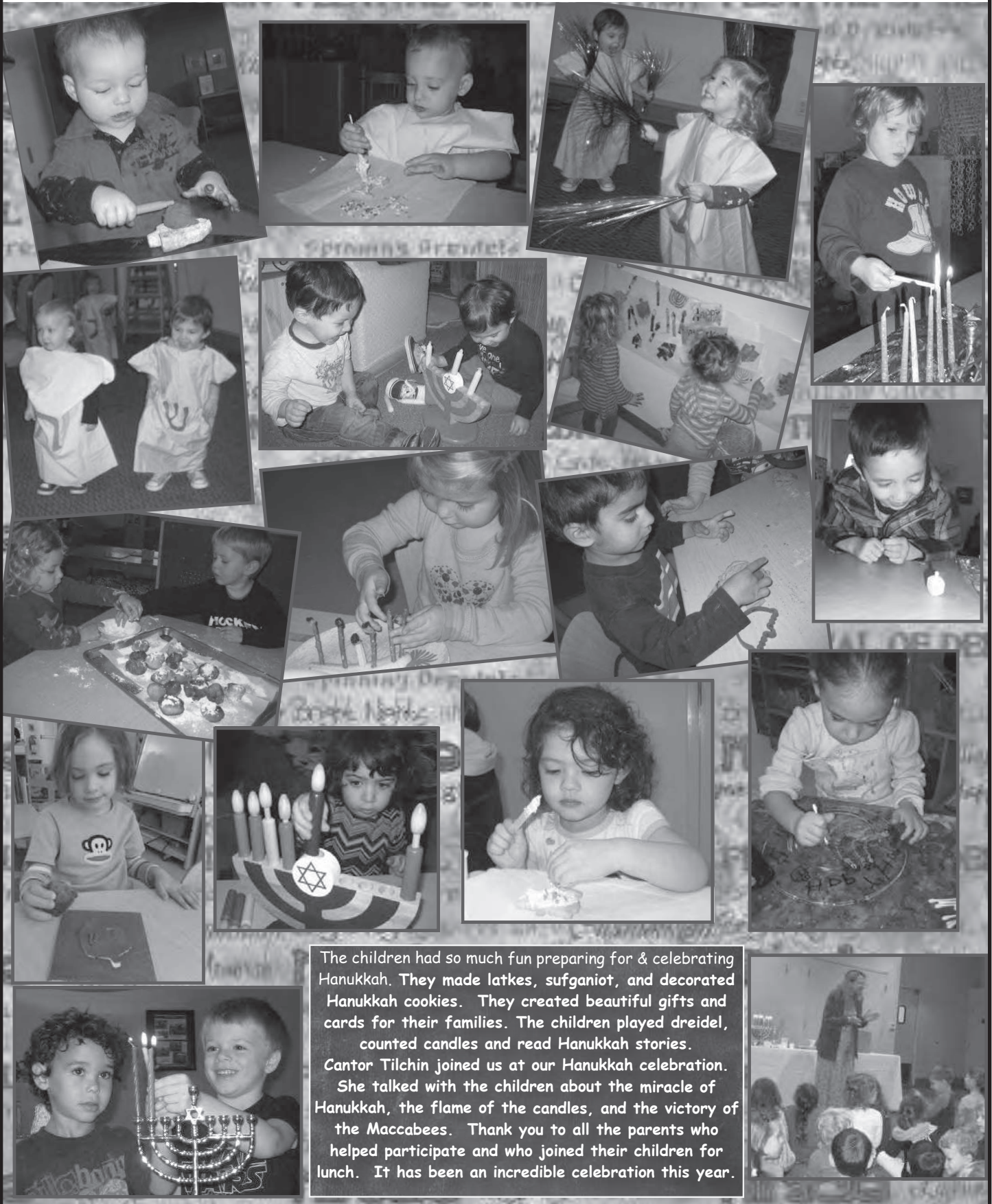
It's an investment that will pay off again and again!

*Join us to Celebrate 25 Years of the
Genesis Foundation
Sunday, April 3, 2011 at 5pm
Dinner Dancing and Auction
CBI's 2011 Gala
Honoring the founding members of Genesis*

formal invitation to come



HOW THE CDC CELEBRATED CHANUKKAH



The children had so much fun preparing for & celebrating Hanukkah. They made latkes, sufganiot, and decorated Hanukkah cookies. They created beautiful gifts and cards for their families. The children played dreidel, counted candles and read Hanukkah stories. Cantor Tilchin joined us at our Hanukkah celebration. She talked with the children about the miracle of Hanukkah, the flame of the candles, and the victory of the Maccabees. Thank you to all the parents who helped participate and who joined their children for lunch. It has been an incredible celebration this year.

Youth News

Barbara Sherman - Youth Director
Annie Shugarman and
Marcy Shapiro, VPs



It was a bright hot sunny summer Sunday in the middle of December. We had a Machar / Kadima event and I remarked to the kids that it reminded me of Camp Bnai Ruach in so many ways. I was surrounded by familiar faces at CBI on a warm day, laughing and having fun. This is a very comfortable physical and emotional place for both the kids and myself. We share so many adventures together it just feels right. I even smiled as my granddaughter Reagan touched the black frame of the glass doors as she headed outside and pulled her hand away. It was hot. So many of us have done that very same thing. All I could think was, "Reagan, welcome to camp".

In addition we had our teens and college students as Madrachim / Counselors, another great comfortable fit. We were filming a music video and it was going fantastically, of course the song chosen was *Dynamite*, a camp favorite. What made me want to share this day was because it is the perfect example of the bonds that are formed. From peers to role models the connections are strong and the comfort level reflects this. This is a classic example of what we stand for, a caring, safe and loving environment for all ages to experience Judaism and life. We know these kids so well ~ from what they're allergies are to how to make them smile. We can talk from silly to serious with them for hours. So as the days and events

March on we urge you to come to an event and you will feel comfortable, safe and happy; you will make friends, form bonds and have some very "wow" moments of your own to cherish. More than ever adults are needed now as well. Our annual Purim Carnival is fast approaching (March 20) and we need booth sponsors, parent volunteers and everyone to attend and bring some friends. This is our annual fundraiser and our chance to do something extra special for the Congregation to enjoy. So whether the days are hot in December or cold in August, there are "wow" moments and bonds that form that will hold up in any weather. There is always something wonderful going on for all ages: Little Shul for ages infant to Pre-K. Machar K-3, Kadima 4-6, USY 7-12 and anyone out of high school who wants to be a part of the SIT program and of course, adult help! And last but not least, keep an eye out for our music video: I look forward to sharing it with you so you too can see what "wow" looks like! ☆

ATTENTION!



HURRY UP AND SIGN UP!

Get your application
in for USY Kinnus!

February 18 – 20, 2011
in beautiful La Jolla!

The Theme is

"Under the Sea-nnus"
and is designed to emphasize
**Water Conservation
and Preservation**

Awesome programs and fun with
friends! What could be better?

Please Contact Barbara Sherman
if interested

**Check out our
new web page
www.cbi18.org**

Social Action

Joyce Walter & Judith Lipshutz,
VPs

Many thanks to Muriel Ullman for leading the Social Action Committee into so many worthwhile and successful events.

We will miss Nancy Neudorf's gentle touch in taking care of all who needed comfort. We look forward to Marcia Margolis's capable handling of this very important job.

Thanks to Marla Nathan for all her work in getting our blood drives organized.

I look forward to working with Judith Lipshutz and continuing the work of this great committee.

We have several things lined up for the coming year including our 2nd Sunday of each month Dinners at St. Paul's Episcopal Church to help others less fortunate. The November dinner was a great success and December was under the guidance of our wonderful Men's Club with Ron Horn getting it all together. January 11th we look forward to the Mercaz Limmud taking charge.

For Chai Society our January 21 dinner will feature a speaker from the Alzheimer's Association on a very current topic. Don't forget Rebeca Gilad's senior movement class starting Jan. 12 at 10 AM at CBI.

Many thanks to all who participated in our many activities to help each one be successful! ☆

It isn't just for big kids anymore!
Join us for LITTLE SHUL

A program designed to prepare
your little one for the "big" shul!
For children ages infant thru Pre -K

**Sunday, January 9
and February 6**

**11:30 AM – 12:30 PM
in the Beit Midrash**

\$10/Family covers materials
and a snack



It's all about Ritual

Phyllis Abrams and
Bonnie Widerman, VPs

Every Shabbat morning, shortly after the recitation of the *Musaf Amidah*, congregants join together to chant *Ein K'Eloheinu*, a hymn of praise whose origin dates as far back as the 9th century. This prayer is especially familiar to our congregation's *b'nai mitzvot* who frequently act as prayer leaders during the *Musaf* service. What is probably less familiar to us is that in the Ashkenazi rites, which our synagogue observes, this hymn is exclusively recited on Shabbat and Festivals. In traditional Sephardic rites, however, the prayer is chanted every day. One of the reasons why Ashkenazi congregations limit the recitation of *Ein K'Eloheinu* to Shabbat and Festivals is as follows: Our tradition teaches us to recite 100 blessings a day. On a normal weekday, 54 of those blessings are derived from the *Amidah*, a prayer composed of 18 separate blessings which is traditionally recited three times a day. However, on Shabbat and Festivals, the *Amidah* is composed of only seven blessings; therefore, the individual is left with a deficit of 33 blessings. In order to make up for those missing blessings, *Ein K'Eloheinu* was incorporated into the prayer service. According to our Sages, the 20 specific references to God in *Ein K'Eloheinu* represent individual blessings. Further, the prayer was composed in the form of an acrostic, in that the first letter of each verse spells out the word amen. The last three verses of the hymn start with the words *baruch* and *atah*, the two words used in the traditional blessing formula. We make up for the remaining 13 blessings in the following manner: six blessings are recited during *Seudah Shlishit* (washing hands, *ha-motzi*, and the four blessings in *Birkat ha-Mazon*) and seven more in the *Musaf Amidah*. ☆

TIRED OF COMBING THROUGH STORES THAT HAVE ONLY A SCANT COLLECTION OF JEWISH CARDS?

Look No More!

Sisterhood Torah Fund gift cards are available for purchase~

**Birth of a baby,
Special occasion,
Thank you,
Condolences...**

And much more!

\$4/each or 6 for \$20!

Checks made payable to
CBI Sisterhood.

Contact the CBI office if interested.



CANS? BOTTLES? Leave them for USY!

We'll take your cans and plastic water or soda bottles and recycle them! Just leave them in the marked containers left in the Social Hall, Courtyard and USY Lounge!

MITZVAH MOMS

What are we?

A club for Jewish mothers of all ages. We welcome all Jewish mothers in the community.

What do we do?

A lot! Activities, guest speakers, play dates, field trips and much, much more!

When and where do we meet?

Every Friday morning ~

10:00-11:00 AM at CBI.

Join us at 9:30 AM

for the children's Shabbat Service.

Childcare is available for children 3 years and under during moms' 10:00 AM social hour.

Interested?

Email mitzvahmomsclub@yahoo.com

Note: Sometimes meeting dates and times will change~ stay posted in future editions!

Schedule of Services for February

Friday, February 4

5:30 PM Family Service and Dinner

6:00 PM Service

Saturday, February 5

Bar Mitzvah of Simon Drakeford

Birkat Hahodesh 1 Adar I

9:30 AM Service

PARASHAT: TERUMAH

Torah: Exodus 25:1 – 25:40

Maftir: Numbers 28:9 - 15

Haftarah: Isaiah 66:1 – 24:66:23

Friday, February 11

6:00 PM Anniversary Service

6:00 PM 4th grade Service and Dinner

Saturday, February 12

9:30 AM Service

PARASHAT: TETZAVEH

Torah: Exodus 27:20 – 28:30

Haftarah: Ezekiel 43:10 - 27

Friday, February 18

6:00 PM Service

8:00 PM Service

Saturday, February 19

Bat Mitzvah of Jenna Norban

9:30 AM Service

PARASHAT: KI TISSA

Torah: Exodus 30:11 – 31:17

Haftarah: I Kings 18:1 - 39

Friday, February 25

6:00 PM Service

Saturday, February 26

9:30 AM Service

PARASHAT: VAYAKHEL

Torah: Exodus 35:1 – 37:16

Haftarah: I Kings 7:40 - 50



CANTOR, cont. from page 2

the listeners to actually participate in the act of worship. A passive *kahal* (congregation) is missing the point. And what about personal prayer? Jews are mandated to pray three times a day – morning (*shaharit*) afternoon (*minha*) and night (*ma'ariv*). There is not always a synagogue to attend and most of us cannot bring the band or the rabbi into our homes to inspire us and announce pages on a regular basis. I believe help is at hand...

I was introduced to a book recently that I am enthusiastically recommending to everyone I know who is longing to find greater meaning and purpose in Jewish prayer: ***Making Prayer Real*** by Rabbi Mike Comins. I just finished a three-session seminar with him on this very subject and he has helped to open my eyes and heart to new ways of religious expression. The book deals with challenges of prayer in general and authentic Jewish prayer in particular. Comins is a big fan of meditation and chant as a way into spirituality and he guided us through some exercises in class that were powerful. His writing is fluid and clear. In Part II, entitled "Beginning to Pray", he has a section called "Advice for Beginners" and another called "Cultivating a Personal Prayer Voice". Part IV, "Embracing Traditional Jewish Prayer", is compelling because it deals head-on with issues like overcoming the Hebrew barrier and provides concrete steps towards accessing the spirituality of the *siddur* regardless of your command of Hebrew. Part V walks the reader through how to build a personal prayer practice using the tools that come most naturally to them as individuals.

There have been many books written on Jewish prayer but, as with any skill or discipline, you don't learn by reading, you learn by doing. Until ***Making Prayer Real*** was released in 2010, I was hard-pressed to identify a book on the subject that I believe meets people where they are. This

one does. I emphatically encourage everyone to own a copy and bring it with them to synagogue on Shabbat and holidays as a guide, a prayer-aid and just fun reading on a worthy subject. In the same way that one might appreciate a quality production of a Shakespearian work even if they have not studied the play in advance because of the fine acting, the lovely sets and costumes or the creative direction, one can absolutely feel at home in a traditional prayer service without a clue as what's really going on between the pages. But the vast majority of potential worshippers need something more. Rabbi Comins finds personal joy and satisfaction in a traditional service, but knows that it is an acquired taste. Bottom line: The point of Jewish prayer is not and has never been to be on the "right" page. The question must be reframed: "What is the right page in the siddur for me *right now*?" Rabbi Comins offers some helpful tools to, over time, find that page all by ourselves.

Check out:

www.MakingPrayerReal.com
and see you in *shul!* ☆



**Next
8:00 PM
Friday
night
SERVICE
January 21, 2011**

**SHABBAT
GREETERS
WANTED**

"All Call" for
Shabbat Greeters.

Contact Joyce Walter,
through the CBI office.



Sisterhood Says...

Michelle Ginsburg &
Roberta Abramson

CBI's Sisterhood wishes to remind
you of these very important
events:

Sisterhood Shabbat

Saturday, January 22 at 9:30 AM.

Please join us on Saturday, January 22nd for Sisterhood Shabbat. This is an opportunity for the women of Sisterhood to lead the entire service. That means that we need the women of CBI to participate, read Torah and show your support. Please contact Michelle Ginsburg or the CBI office if you are interested.

**Sisterhood celebrates
Rosh Chodesh Shevat:**

**Thursday, February 3 at 7:30 PM
in the Family Life Center**

Come hear Lisa Kogan speak on her book, ***With Strength and Splendor***: Jewish Women as Agents of Change. Celebrate the new month amongst friends as we learn about how Jewish women of North America of the past two centuries have effected change, disassembling old gender roles, shattered boundaries and expanded options for future generations. Please contact the CBI office if you are interested in joining us.

**Entertainment Book 2011
Fundraiser**

Our Sisterhood Bookshop is sold out of the Entertainment Books. To order books go to Entertainment.com and use our Group ID: 115918.

Don't forget to order your Hamantashan today. Complete the form due to CBI office by February 28. See form on page 18.

Thank you all for your continued support of Sisterhood!

**Check our website at
<http://www.cbi18.org>**



HAPPENINGS AND POINTS OF INTEREST @ CBI

CONTINUE TO LEARN ON SHABBAT MORNINGS: Parashat Hashavuah
~ Study the week's Torah portion from **8:30 AM – 9:20 AM** every Saturday before services. Then join us for **How to Read Hebrew Scripture with a Modern Lens** after services from **1:15 PM – 2:15 PM** in the Bet Midrash. Come join us!

DON'T FORGET SUNDAY MORNING MINYAN: 9:10 AM – 10:00 AM
in the Bet Midrash.

IT'S SCRABBLE MONDAY: Monday, January 3 and February 7 at 7:00 PM in the Bet Midrash. Please bring your own scrabble set. Scrabble sessions will continue the 1st Monday of every month.

ISRAELI DANCING AT CBI: Israeli dancing continues on every Tuesday, 6:30 – 9:00 PM for all levels. We will meet in the Social Hall~ wear comfortable shoes! Children 7 – 12 years old must be accompanied by a dancing parent. Cost is free.

CLASS WITH RABBI ELIE SPITZ~ NURTURING SOUL: MEDITATION, VISUALIZATION AND SACRED TEXT: Wednesday Nights in January: January 5, 12, 19, and 26th: 7:30 – 8:45 PM. Join Rabbi Spitz as he uses the spiritual technology of the Jewish tradition and world faiths to facilitate spiritual experience and learning!

SISTERHOOD'S ONGOING MAH JONGG is every Wednesday night at 7:00 PM. A \$5 donation is optional and payable to Sisterhood. Please bring your own mah jongg set. RSVP to the CBI office so we know how many to set up for.

FAMILY SHABBAT SERVICE AND DINNER: Friday, January 7 and February 4 at 5:30 PM. For families with children ages 10 and under. Services begin at 5:30 PM and are immediately followed by dinner. RSVP to CBI by **Wednesday, January 5 for the January 7 dinner and Wednesday, February 2 for the February 4 dinner.** \$10 per member/\$15 per non-member, 12 years of age and over; \$5 per child member/\$7 per child non-member 2-11 years old. Children under 2 are free. Come join us in prayer, song, and stories led by Cantor Tilchin!

A MORNING OF CELEBRATORY SHABBAT WORSHIP WITH DALE SCHATZ: Saturday, January 8 and February 5 at 9:45 AM in the Family Life Center. Come join us!

IT'S LITTLE SHUL: Sunday, January 9 and February 6 from 11:30 AM – 12:30 PM in the Bet Midrash: Bring your little ones, ages birth thru Pre-K for a fun, hands-on learning experience! Together we explore the holidays of the Jewish calendar, getting your little one ready for his/her future attendance in "big shul." \$10/family covers materials and a snack. Contact the CBI office if you are interested.

SUNDAY SUPPER, AN INTERFAITH EFFORT (and perfect Mitzvah Project too!): Sunday, January 9 and February 13 at 4:00 PM. We will need people to prepare, serve and clean up dinner for needy individuals and families at **St. Paul's Episcopal Church, 1221 Wass St., Tustin.** Two hour time slots available. RSVP to CBI office by January 6 and/or February 10, respectively.

ZUMBAGOLDSENIORDANCE/MOVEMENT CLASS: Every Wednesday,

beginning January 12, 10:00 – 10:45 AM: Put the Move back in your groove! Exercise to "Oldies" music, have fun, make friends ~ for seniors and those with mobility challenges as well as those who wish to take the "couch" out of potato! Wear comfortable shoes, please! Brought to you by Rebeca Gilad and Zumba Gold.

SISTERHOOD'S BOOK CLUB: Thursday, January 13 at 7:30 PM. We are discussing *Stones from the River* by Ursula Hegi. Book club for **February 10 at 7:30 PM: *Skeleton at the Feast*** by Chris Bohjalian. Come and lend your insights to our discussion!
FYI: MEN ARE INVITED TO JOIN BOOKCLUB, TOO!

SHABBAT SHIRA, A SABBATH SONG: January 14 – 15: Friday, January 14 at 6:00 PM: Join Cantor Tilchin, Carl Cedar, and the Shir Appeal, the Acapella Choir from Tufts University in an evening of worship, followed by dinner and music! RSVP to the CBI office by January 12.

Saturday, January 15: 9:15 – 10: 45 AM: Special Shahrut Service led by K'vod Weider introducing CBI's first Neshama (soul) Minyan ~ a high energy, traditional service with Carlebach, Hassidic, old and new melodies interspersed with reflections on entering prayer. Followed by kiddush lunch and a performance by Shir Appeal. Come join us!

THE HIKING GROUP IS HIKING PETER'S CANYON (BACK ENTRANCE): Sunday, January 16 at 9:00 AM. This is approximately two hours in duration. There are two trails: a beginner trail and a moderate trail. The moderate trail is about six miles and a 500 ft. elevation gain. There is no noticeable elevation gain for the beginner trail. Please come 10 minutes early to allow for parking and to stretch your muscles. **Address: 26981 Peters Canyon Rd., Tustin, 29782.** Please note: the occurrence of rain would cancel this hike. Further details provided in the flyers in the synagogue kiosks.

CHAI SOCIETY SENIOR SHABBAT DINNER: Friday, January 21: 6:00 PM services in the Sanctuary, followed by dinner and lecture in Social Hall: "Know the 10 Signs of Alzheimer's". \$15/person. RSVP to the CBI Office by Tuesday, January 18.

ADDITIONAL MUSICAL SHABBAT SERVICE: The third Friday of every month at 8:00 PM: January 21 and February 18: Come join Cantor Tilchin, Carl Cedar, and friends as they celebrate an additional Kabbalat Shabbat and Ma'ariv Service the third Friday of every month! A dessert Ong precedes the service.

SISTERHOOD SHABBAT: Saturday, January 22 at 9:30 AM. Come celebrate Shabbat in a service led by CBI's Sisterhood!

CBI 5771 ENDOWMENT FUND PRESENTS: SHABBATON WITH PROFESSOR STEPHEN BERK: January 28-29, 2011: January 28 at 6:00 PM: Shabbat Service Dinner and Lecture: "1948 – A Year of Decision"; **Saturday, January 29 at 9:30 AM:** Shabbat Service, Lunch and Lecture: "Obama, Netanyahu, and Israel." Professor Stephen Berk is Professor of History at Union College in New York. He has authored numerous articles on Russian policy in the Middle East and often consults for various media venues, as well as has consulted for the Wiesenthal Holocaust Center in LA. Professor Berk received the prestigious Holocaust Memorial Award in 1996. \$30/Adult, \$15/child (3 – 12 years) for all meals and lectures; \$5/ person discount for reservations received by January 14.

ROSH CHODESH SHEVAT WITH SISTERHOOD: Thursday, February 3 at 7:30 PM in the Family Life Center: Come hear special guest speaker and author, Lisa Kogan speak on her book, *With Strength & Splendor: Jewish Women as Agents of Change*. Rosh Chodesh has traditionally been celebrated by women; come join your CBI sisters in this time-honored event!

THE HIKING GROUP IS HIKING HICKS CANYON IN IRVINE: Sunday, February 20 at 9:00 AM. This 4-mile hike offers a paved path and dirt trail that runs parallel to it. It is practically flat all the way. We'll meet in front of Albertson's at 3931 Irvine Blvd. in Irvine, 92602 and then walk around the block to pick up the trail near Hicks Canyon Park. We will walk up to Portola Hwy. and then back to Albertson's. This is a dog-friendly hike that takes approximately two hours to complete. Please arrive 10 minutes early to allow for parking and introductions. Please note: occurrence of rain would cancel this hike. Directions and details available in synagogue kiosks.

EXPERIENTIAL PRAYER AND TEXT STUDY WITH ADAM GREENWALD: Saturday morning, February 26 at 10:30 AM: "Generous Hearts": On *Shabbat Shekalim* we think about all the gifts that we have to contribute to the world. Join us for a discussion of generosity, giftedness, and the power of the human spirit. Come join us in the **Bet Midrash!**

TEEN SEUDAH SH'LISHIT AND LEARNING WITH RABBINIC INTERN, ADAM GREENWALD: Saturday, February 26 at 5:00 PM in the Social Hall. These amazing afternoons of discussion are free. A light meal is provided and followed by a USY-style Havdalah. Share with us your pearls of wisdom; give us your perspective that only a teenager can have. Let us learn from you!

CBI 5771 ENDOWMENT FUND PRESENTS: EXPLORE THE RELATIONSHIP BETWEEN ISLAM AND JUDAISM: Sunday, February 27. Two Workshops will be available:

Rabbi Reuven Firestone: 2:00 – 5:00 PM: Rabbi Firestone is Professor of Jewish and Islamic studies, HUC-JIR/LA and Senior Fellow for the Center of Religion and Civic Culture at USC. \$18/person.

A Conversation with Rabbi Spitz, Rabbi Firestone and Imam Muzammil Saddiqi: 7:30 PM: Muzammil Saddiqi is Imam at the Islamic Society of Orange County. He is a prominent American Muslim, Islamic scholar and theologian. \$10/Person.

\$25/both programs. Please RSVP to the CBI office by February 14.

SAVE THE DATE!

CDC FUNDRAISER: "Come to the Animal Faire"! Sunday, March 6, 2011. Details in the next edition!

THE ROZ BAIM DISTINGUISHED ARTISTS SERIES IN CONJUNCTION WITH THE ROSLYN AND JOSEPH BAIM FAMILY FOUNDATION: The Jewish Tenors Live in Concert with special guest Cantor Herschel Fox and the Chris Hardin Orchestra. Saturday, March 12 at 8:00 PM. **See flyer in this edition for more details!**

CBI's ANNUAL GALA: Sunday, April 3, 2011. More details to come!

GET READY TO ORDER MISHLOACH MANOT: Orders due into the Mercaz Limmud Office by March 4 or call the Mercaz Limmud office at (714) 730 – 5161. Baskets ready for pick-up at CBI on March 19 and 20. Make your order list now!

January Perek Yomi readings

JEREMIAH		EZEKIEL		EZEKIEL	
Jan.	Chapter	Jan.	Chapter	Jan.	Chapter
1	44	10	1	21	12
2	45	11	2	22	13
3	46	12	3	23	14
4	47	13	4	24	15
5	48	14	5	25	16
6	49	15	6	26	17
7	50	16	7	27	18
8	51	17	8	28	19
9	52	18	9	29	20
		19	10	30	21
		20	11	31	22

February Perek Yomi readings

EZEKIEL		EZEKIEL		EZEKIEL	
Feb.	Chapter	Feb.	Chapter	Feb.	Chapter
1	23	11	33	21	43
2	24	12	34	22	44
3	25	13	35	23	45
4	26	14	36	24	46
5	27	15	37	25	47
6	28	16	38	26	48
7	29	17	39		HOSEA
8	30	18	40	27	1
9	31	19	41	28	2
10	32	20	42		

SUPPORT CBI with Amazon.com purchases

If you are planning to purchase from Amazon.com or Barnes & Noble, you can help CBI raise funds by making the purchase through either of those Icon Links located at the bottom of the first page of our Web Site (<http://www.cbi18.org/>). Just click and it will take you straight to Amazon or Barnes & Noble and CBI will get 5% of all purchases made. It's that easy!

You need to do nothing else but click the link on our web page.

The Congregation B'nai Israel Endowment Invites You to...

Explore the Relationship between Judaism and Islam

Please Join Us on Sunday, February 27



**A Workshop with
Rabbi Reuven Firestone**
2-5 PM \$18/person

Rabbi Firestone is Professor of Medieval Jewish and Islamic Studies, HUC-JIR/LA and is a senior fellow of the Center for Religion and Civic Culture at USC. He is co-director of the Center for Muslim-Jewish Engagement, a joint project of HUC-JIR, USC, and the Omar Ibn Al-Khattab Foundation.



**A Conversation with Rabbi Elie Spitz,
Rabbi Firestone and Imam Muzammil Saddiqi**
7:30 PM \$10/person, \$25 for both programs

Muzammil Saddiqi is Imam at the Islamic Society of OC. He is a prominent American Muslim, Islamic scholar and theologian. Born in India, he received his early education there, graduated from the Islamic University of Medina in Saudi Arabia, received an M.A. in Theology from Birmingham University and a Ph.D. in Comparative Religion from Harvard University. He is Chairman of the Shura Council of Southern CA and Chairman of the Fiqh (Islamic Law) Council of North America. In addition, he is an adjunct professor at Chapman University, a member of the Supreme Islamic Council of Egypt and the Supreme Council of Mosques in Makkah, Saudi Arabia.



RSVP for the "Judaism and Islam" Program to the CBI Office by February 14th

Phone: (714) 730-9693 Email: cbi18@cbi18.com Address: 2111 Bryan, Tustin, CA 92782

Name _____ Phone (____) _____ - _____ # for Workshop: _____ # for Conversation: _____ Total \$ _____
_Check _ Visa _M/C Card Number _____ - _____ - _____ Exp. Date ___/___/___ Signature _____

*Congregation B'nai Israel Endowment Shabbaton
With the Community Scholar Program One-Month Scholar*



**Professor
Stephen Berk**

January 28-29, 2011

\$30/Adult, \$15/Child (3-12 yrs) for all meals and lectures

\$5 discount/person for reservations received by Jan. 14

No charge to CBI 5771 Endowment Fund Annual Benefactors

Friday, January 28 at 6:00 PM: Shabbat Service, Dinner and Lecture

“1948 - A Year of Decision”

For Jews this was a year of liberation; for the Arabs this was the “Nakhba,” a catastrophe. There can be no understanding of the contemporary Middle East unless one factors in the events of this crucial year.

Saturday, January 29 at 9:30 AM: Shabbat Service, Lunch and Lecture

“Obama, Netanyahu and Israel”

At a difficult time in the history of the Arab-Israeli conflict the Prime Minister of Israel and the President of the United States see the world very differently. The consequence is increasing tension between the two countries.

Prof. Stephen Berk is Professor of History at Union College in New York, former Chair of the Department of History, Director of the Program in Russian European Studies and Faculty Advisor to the Jewish Student Organization. Berk, who is considered an absolutely superb lecturer and teacher (two college guidebooks mention him as the best teacher at Union College) is the author of many articles on Russian policy in the Middle East and is frequently consulted by newspaper reporters and by television and radio stations. He has been a consultant to the Wiesenthal Holocaust Center in LA, has lectured on the Holocaust throughout the US and Canada, and in 1996 received the prestigious Holocaust Memorial Award from the Holocaust Survivors and Friends Education Center.

Contact the CBI Office for Reservations by January 14

Phone: (714) 730-9693 Email: cbi18@cbi18.org Address: 2111 Bryan, Tustin, CA 92782

Shabbaton with Professor Stephen Berk, Jan. 28-29, 2011

Name _____ Phone (____) ____-____ Email: _____

Friday Dinner: ___ Adults, ___ Children. Saturday Luncheon: ___ Adults, ___ Children.

Total \$ _____ Check enclosed ___ Visa ___ Mastercard

Card Number _____ - _____ - _____ - _____ Exp. Date ____/____

Signature of cardholder _____



In the B'nai Israel Family . . .

Today Raba to Thalie Timsit's family for sponsoring the Kiddish in honor of her Bat Mitzvah



Bat Mitzvah of Madison Mehrdad

January 8, 2011 (6 Shevat)

Madison is a student at El Rancho Charter School. Her hobbies are dance, volleyball, and playing the piano. For her mitzvah project, Madison is volunteering at the Yorba Regional Animal Hospital. Madison looks forward to celebrating this simcha with family, friends and the entire CBI community. Mazal Tov! ☆



Bar Mitzvah of Simon Drakeford

February 5, 2011 (1 Adar I)

Simon is a 7th grader at TVT. His favorite hobbies are fencing, playing the violin, wakeboarding and waterskiing. For his mitzvah project, Simon is coordinating a fencing tournament fundraiser for the Make a Wish Foundation. This tournament will take place in the spring of 2011 at the South Coast Fencing Center. Simon has a younger brother Max and looks forward to celebrating this simcha with all of his friends and family. Mazal Tov! ☆



Bat Mitzvah of Jenna Norban

February 19 (15 Adar I)

Shalom! My name is Jenna Rae Norban, and I am currently a seventh grade student at Rancho Santa Margarita Intermediate School. In addition to my school studies I enjoy soccer, dance, and playing musical instruments. For my Mitzvah project I have been volunteering as a peer tutor and teacher's aid at the "Us Too Center", an after school program for children with developmental delays and disabilities. My experience there has been very rewarding and I plan to continue my volunteer work after my Bat Mitzvah. My family and I are looking forward to celebrating this special occasion with friends and family from north to south and east to west. Mazal Tov. ☆

Caring for an Aging Relative

Do you have concerns about your aging relative's changing abilities, health, finances, living arrangements and other life changes? Do you want to know what resources are available to you and your aging relative?

Jewish Family Service Can Help

- ⊙ In home assessments
- ⊙ Care planning
- ⊙ Monitoring the care plan
- ⊙ Securing other resources
- ⊙ Friendly visitors or phone pals
- ⊙ Individual and family counseling
- ⊙ Support groups
- ⊙ Crisis intervention and advocacy

Jewish Family Service of Orange County
250 E. Baker Street, Ste. G, Costa Mesa, CA 92626
(714) 445-4950 Fax: (714) 445-4960

COMFORT COMMITTEE

WE WANT TO BE THERE FOR YOU.

If you or a CBI friend have experienced a recent loss, are preparing for surgery, are homebound, recovering from an illness, or expecting a baby, we seek to offer care. Please contact our office (714) 730-9693 or the Cantor and our comfort committee will contact you. Our comfort committee is expanding. Please consider letting us know if you would like to participate.

Membership Moments

Mike Mymon and
Daveen Meyers, VPs

One of the great things about CBI is the large number of volunteers involved in various activities designed to benefit our congregants and our community. It is clear to most that CBI would not function as we know it without volunteers. To this end, we hope to see as many members as possible get involved.

The membership team is delighted with the addition of a new volunteer, assuming the position of a Membership co-VP. We chose to introduce Daveen Meyers in a form of a new program called, "My CBI Story". To get this project started, we bring to you Daveen's CBI Story, so "Kick back" and enjoy.

"One morning in the summer of 2009, I picked my daughter up from her high school cross-country practice. "Mom, the whole time we were running, the girls talked about how much fun they have at Bible Camp. I'm left out," my daughter reported with frustration. While we had been affiliated with another congregation, her comment demonstrated that it wasn't meeting our needs, and it ignited a family search for a new synagogue. We wanted a place that would be spiritually fulfilling and academically stimulating. But most of all, we looked for a warm and welcoming congregation, especially a place where our kids would bond with other teens. I was fortunate to be able to turn to one of my friends, Cheryl Ezra, and she encouraged us to talk to Barbara Sherman, CBI's incredible Youth Director, and to visit Camp B'nai Ruach at CBI.

Following her recommendation, I brought my two hesitant teenagers to the camp. Within minutes, they were both encircled by outreached hands and kids voluntarily introducing themselves. As I drove

home, my daughter pulled out her cell phone and called my husband. "Dad, can we join?" she asked.

Throughout our first year of membership, we have found every encounter with the synagogue and its members to be similarly warm and enriching. Whether it was trying Israeli dancing, going on a hike, helping at the Purim Carnival, participating in the USY teen and parent Shabbat Clubs, or attending services, we met friendly members and shared religious beliefs. Due to Jewish affiliations over the years, we were also pleasantly surprised to find we already knew a number of members. Every week when I read the weekly emailed announcements, I am impressed with how much CBI has to offer. Simply put, with a superb clergy and wide range of activities, there's something to involve everyone. We have been very happy to feel a part of the congregation.

So, it is this great experience that inspired me to say "yes" when I was asked if I would help with membership. I hope to help current and new members feel the same as our family does.

Having said all that, let me tell you a little about my family and me. I'm a Southern California native with an undergraduate degree from UCLA and an MBA from USC. After twenty years in marketing, including a decade heading the global marketing for a foodservice supplies manufacturer, and weary of my extensive travel schedule, I retired two years ago and recently completed a teaching credential for middle/high school math. I am currently a substitute teacher for Orange and Santa Ana Unified School Districts. My husband Mark and I met at a Jewish Federation event and have been married for 18 years. He is the President of Glendale Memorial Hospital and Regional Director also overseeing California Hospital and Medical Center in Los Angeles. Our 16 year old daughter, Hannah, and our 15 year old son, Andy, attend Villa Park High School. Both are

also participating in TALIT and have become involved in USY; Hannah is on the chapter and regional boards. Our family hobbies include hiking, snow skiing, and scuba diving. One of our best family vacations was visiting Israel two years ago which ranged from hiking in the Golan, touring the Old City of Jerusalem, and scuba diving in Eilat.

I had the pleasure of getting to know Batia Swed when she was kind enough to help me with one of my teaching credential classes. I saw what a great job she and Mike Mymon did as membership co-chairs. I know I have a lot to learn as a relative newcomer, but I look forward to contributing to the synagogue as a board member."

We believe each of us has a CBI Story to tell and we think it would be wonderful to share those stories on the pages of The Shofar. Please take a few moments to write/call one of us and share your CBI Story.

We welcome the following members to our CBI community:

Gillian Gauer and Brian Bentow

Leonard Dauer

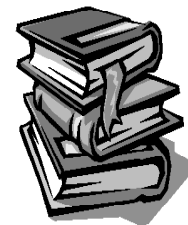
Carol and Doron Lean and family ☆

SISTERHOOD'S BOOK CLUB

Stones from the River

by Ursula Hegi

**Thursday, January 13
at 7:30 PM**



Skeleton at the Feast

by Chris Bohjalian

**Thursday, February 10
at 7:30 PM**



*Congregation B'nai Israel gratefully acknowledges
the following donations ~ January/February 2011*

GENERAL FUND

IN HONOR OF

Harry Woodcoff, Master Electrician

- Marilyn & Julian Feldman

The wedding of Barbara Adler and Joseph Baim

- Joseph and Marilyn Cahn
- Stanley Fineman
- Joyce and Steven Bloom

Dana Kotkin's becoming a Bat Mitzvah

- Steve and Melissa Lipman

Happy 21st birthday to Jacob Segal

- Ruth Abers

Thank you to Rose and Hal Kravitz for sharing your
Palm Springs home!

- The Mahj Jongg girls-Francine, Beth, Marla and

Miriam

DONATION

- Jack Pariser
- Bruce and Myra Newman
- Nanci and Jonathan Patchen

SPEEDY RECOVERY

Ed Sussman, get well quickly

- Ruth Abers

IN MEMORY OF

Sylvia Jacoby, Mother of Leslie White

- Neila and Andy Bernstein
- Sylvia and Leonard Garber

Ed Klein, father of Robert Klein, father-in-law of Sandy
Klein, grandfather of Rachel and Adam Klein

- Pam Kauss and Jim Pasino
- The Szekel Family

Kurt Lorig

- Sylvia and Leonard Garber

Frieda Melcer, mother of Ellen Korn

- Carole Miller

Marion Safier, mother of Joyce Cowan

- Carole Miller
- Arlene Kaplan

Rita Melcer, mother of Ellen Korn

- Arlene Kaplan

Dick Sklar, brother of Bob Sklar

- Sharon and Mark Berman

RABBIS DISCRETIONARY FUND

IN HONOR OF

Rabbi Spitz for his guidance and support

- Ruth Ettinger and Sheila Siegel

Rabbi's Spitz's help

- Robert and Diane Rivers

Rabbi Spitz

- Jack Pariser
- Mark and Sharon Berman

In celebration of their grandson's brit milah

- Bonnie and Scott Kirsch

In celebration of the brit milah of her son, Hunter Solomon/
Chayim Shlomo

- Joanna Madenburg

In celebration of the birth of their grandson, Hunter

- Sue and Dick Madenburg

Thank you Rabbi Spitz for all your help in our time of grief

- Anvar and Janet Alfi

In honor of their Chupa celebration

- Alice and Asher Milgrom

IN MEMORY OF

Lillian Lerner's Sister, Carolyn "Cookie" Powers

- Mark, Noreen and Lillian Lerner

CANTOR'S DISCRETIONARY FUND

IN HONOR OF

The birth of our great nephew, Harry David Portnoy
(London)

- Jane and Aron Kaye

Thank you for the wonderful service at my mothers
unveiling

- Yetty Kaye

Cantor Tilchin for her guidance and friendship

- Bruce Comings

Cantor Tilchin

- Jack Pariser
- Mark and Sharon Berman
- Mark Lerner

PAUL KAHN FUND

IN HONOR OF

Zach Letson becoming a Bar Mitzvah

- Nate and Barbara Tucker

IN MEMORY OF

David Miller, Brother of Ruth Kahn, Uncle of Nancy Letson

- The Fainburg and Chase Families
- Mark and Sue Ann Cross
- Nancy and Carl Cedar
- Ruth Kahn

PRESCHOOL FUND

IN HONOR OF

Thank you very much to Ralph and Sue Stern

- Francine and Ron Morrison

Jonathan and Lisa Heller's first grandchild Ben Liam

- Sue Ann and Mark Cross
- Mindy Lauerlevin, Ed, Courtney, Justin and Mariah
Levin

SPEEDY RECOVERY

Our thoughts and prayers are with you for Jonathan's full
and speedy recovery-Refuah Shlema

- Jeff and Rachel Busch
- Diane and Michael Busch

cont. on next page

EDUCATION FUND

IN HONOR OF

Batia Swed and her help with the teacher in-service
- Alan Rusonik

TGI SHABBAT

For sponsoring the TGI Shabbat program
- Cindy and Michael Furst

SOCIAL ACTION FUND

IN HONOR OF

Mike Mymon and his talk on Maimonides
- Marvin Kaplan
The Elster Family
- Miriam and Hayim Ninyo

DANIEL ZEMBROSKY YOUTH IN ARTS FUND

IN HONOR OF

The Bar Mitzvah of Jake Kahrs
- Natalie and Mike Vishny

YAHREZEIT CONTRIBUTION

Mother, Rose Levin
- Judith Lipsutz
Mother, Malvina Cook
- Judy Thurmond
Mother, Ester Lampert
- Seymour Lampert
Brother, Yitzhak Arnon
- Ofra Willner
Stepmother, Stefanie Willner
- David Willner
Mother, Frieda Wolf
- Michael & Jackie Wolf
Mother, Lillian Stern Corner
- Sheldon Stern
Mother, Mary Goodman
- John and Sandy Goodman
Father, Max Vigman
- Neddy and Seymour Vigman
Mother, Yona Kollin
- Dalia Taft
Sister, Ester Bussison Berger
- Ruthie Bernstein
Sister, Denise Raquel Cooper
- Ingrid and Howard Rosenthal
Mother, Minnie Edith Kingston
- Norman Kingston
Father, Ralph Grant
- Alex Gerstenzang
Mother, Mary Johanna Dregne
- Sharon Gerstenzang
Mother, Laura Livingston
- Mimi Goldstein

Father, Isadore Shultz
- Harris Shultz
Mother-in-law, Pearl Kelman
- Ruth Kelman
Father, Morris Isadore Raskin
- Jerome Raskin
Mother, Rose Labovitz
- Marcia Margolis
Uncle, Arthur G. Roth
- Carole Miller
Father, George Brody
- Arlene Kaplan
Sister, Susan Elster
- Beth and Andy Elster
Sister-in-law, Sally Steinberg
- Phyllis and Al Steinberg
Sister, Sylvia Chaskelson
- Marion Snoyman
Mother, Beatrice Rosenblum
- Fredda Sussman
Mother, Shayna Rosenberg
- Caron Mellblom-Nishioka
Son, Gary Snoyman
- Samson and Marion Snoyman
Mother, Mary Zander
- Paula Goldberg
Father, Frank Lerner
- Mark and Noreen Lerner
Mother, Fannie Schapiro
- Karen and Allen Lehrich
Father, David Schapiro
- Karen and Allen Lehrich
Mother, Rachel Gindi
- Joe and Yolande Bati
Mother, Khanukyeva Pina M.
- Khanukayev Vladimir K.
Husband, Iser Kelman
- Ruth Kelman
Brother, Jeffrey Kohl
- Roberta Abramson
Father, David Katz
- Agi Gyurik
Father, Maximilien Gyurik
- Stephen Gyurik
Mother, Marion Wayne
- Larry Wayne
Father Stephen K. Lieberman
- Nancy and Steve Neudorf
Father, Ray Morrison
- The Morrison Family
Mother, Lillian Wolk
- Mort and Margaret Wolk
Father, Leslie Klein
- Joyce and Ralph Gabai
Father, Nathan Fleishman
- Morrie and Roberta Fleishman
Father, Michael Wainer
- Morrie and Roberta Fleishman

Brother, Jack Allen
- Jerry and Gabrielle Yablonka
Mother, Esther Solomon
- Gabrielle and Jerry Yablonka
Brother, Morris Harry Chernicoff
- Ruth Kelman
Father, Bernard Stauber
- Erika Soussan
Brother, Harry Snoyman
- Samson Snoyman
Mother, Shirley Mirowitz
- Howard Mirowitz
Father, Hanan Goldmann
- Dan and Tamar Goldmann
Mother, Hilda Shultz
- Harris Shultz
Father, Joseph Berger
- Aileen Berger
Mother, Hasiah Arnon
- Ofra Willner
Father, Israel Willner
- David Willner
Sister, Shirley Snofsky
- Mr. & Mrs. Leonard Garber
Father, Erwin Becker
- Bonnie Kirsch
Father, Irvin Levin
- Suzanne Levin Herrera
Brother, Joshua Snoyman
- Samson Snoyman
Son-in-law, Robert Libenson
- Joel and Ingrid Gallin
Brother, Earle Gallin
- Joel and Ingrid Gallin
Father, Jacob Abers
- Ruth Abers
Sister-in-law, Rachel Mantzur
- Ahuva Ho



Please see the CBI website for a complete list of Yartzeits for this month.

Life Cycle Events

**in the Shofar -
engagements, weddings, births
e-mail the details to
Jean Kravitz, Shofar Editor,
at jandtkravitz@cox.net**

**Check our website at
<http://www.cbi18.org>**





It's Hamantashen Time! Order Yours Today!

CBI Sisterhood is getting ready to bake dozens of delicious Hamantashen. But they'll disappear fast, so get your order in right away. If you would like to learn the secret recipe, come join us and help with the baking. No previous Hamantashen baking experience required. Baking days are 03/07, 03/08, and 03/09. Call Helene Coulter at 714-730-9693 or hcoulter@cbi18.org to volunteer.

Hamantashen Order Form Due by Feb. 28, 2011. Orders available for pick-up Sunday, March 20 at the CBI Kitchen from 10:00 am – 1:00 pm

NEW THIS YEAR - *Take and Bake Kits*

Kits will have dough and filling for 1 dozen Hamantashen.
Bake them in the comfort of your home.

Hamantashen Order Form

Please mail or bring completed form and check to CBI office by 2/28/11.

Name _____ Phone # _____

I would like to order: Parve: Apricot _____ dozen baked
_____ kits

Poppy _____ dozen baked
_____ kits

Dairy:Chocolate Chip _____ dozen
_____ kits

Total Order: _____ dozen baked @ \$8.00 per dozen
_____ kits @ \$10.00 per kit

\$ _____ enclosed (Please make checks payable to CBI Sisterhood)

I would like to help bake on: Monday 3/07 @ 7-9pm _____

Tuesday 3/08 @ 7-9pm _____

Wednesday 3/09 @ 9am-12pm _____

Kiddushes

Mazal Tov and Todah Rabbah to the following families for co-sponsoring CBI Kiddushes:

Ofra and David Willner in honor of their anniversary
Anvar and Janet Alfi in honor of Janet's birthday
Robyn and Brian Pittluck in honor of the naming of their daughter, Emily Reese
Djamshid Farivar in honor of Jaleh's birthday
Larry, Valerie and Elizabeth Danzig in honor of Matthew's birthday
Colin nad Joel Wenhardt in honor of Francine's birthday
Ed Sussman in honor of Fredda's birthday
Steve Alfi in honor of Andrea's birthday
Phyllis and Alfred Steinberg in honor of their anniversary
Donna Gilbert in honor of her birthday
Deanna Epstein in honor of David's birthday
Andy and Esther Dosick in honor of their anniversary
David and Phyllis Iser in honor of Phyllis' birthday
David and Phyllis Iser in honor of their anniversary
Sylvia Bar in honor of her birthday
Meredith, Sophia, Isaac and Max Stewart in honor of David's birthday
Meredith, Sophia, David and Max Stewart in honor of Isaac's birthday
Batia Swed in honor of her birthday
Debbie and Todd Moysychyn in honor of Mason's birthday
Debbie and Todd Moysychyn in honor of Hallie's sweet 16th birthday
Francine Wenhardt in honor of the naming of her granddaughter, Lauren Eber
Janet and Anvar Alfi in honor of their anniversary
Howard, Ingrid and Keren Rosenthal in honor of Hannah's birthday
Howard, Ingrid and Keren Rosenthal in honor Howard and Ingrid's anniversary
Neddy and Seymour Vigman in honor of Seymour's birthday
George Abramson in honor of Roberta's 70th birthday
Thalie Timsit's family in honor of her Bat Mitzvah

When you hear of a lifecycle event in our CBI community (whether simcha, illness or a death), or if you have something which you wish the Cantor to be aware of, please notify the CBI office.

Call (714) 730-9693 or
e-mail cbi18@cbi18.org.

Is it Scrabble Monday?

Join us the first Monday of every Month for Scrabble!

January 3
and February 7
at 7:00 PM
in the Bet Midrash

Please bring your own Scrabble set.

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7:00 – 9:00 PM
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so you can keep
hangin' with them.



Der Yidishe Vinkle

Club Yiddish Carl Bendroff

My **baleepteh** (beloved) readers.

My **aynfal** (insightful) PE **anekdot** (anecdote) **ohnhaltet** (continues).

The **kisheftsugevinnen** (magic to win) **gebleet** (blossomed) when I became the **oysvorf** (outcast) team captain.

"Hey Carl," Mr. Klowski yelled. "No **tsitern** (cowering) in the bleachers. **Vosizmitdir?** (What's wrong with you?) You chose to be captain. So get down here."

Maynhartzklop (my heart beat) sounded like a drum roll as I **shlept** (trudged) to the **koyshbol** (basketball) court. Then Mr. Klowski gave me a wink and a nod like he knew my game plan. I wished I had one.

Three **sh tark** (strong) athletes volunteered to be the **ahndereh** (other) captains. They **shproong** (leaped) down the bleachers and stared at me as if I were something they'd never seen, like the inside of a **bukh** (book).

"Carl chooses first," Mr. Klowski said.

I faced the bleachers. Muscle bound arms and legs **tsaplznikh** (fidgeted). The once **oomdershroken** (fearless) **yungnmitbainer** (buff boys) contemplated their Keds® and Converse®. I was all-powerful. I could choose any of them.

Don't flatter yourselves, I thought.

Next time: The best team? Until then, **zeigezunt** (be well)! ☆



Welcome 2011



**Honor a loved one... celebrate a special event . . .
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Yahrzeit Plaques

The loss of a loved one is a difficult time for us. Memorializing these family members, however, is an important and honored tradition. Each Yahrzeit plaque is a \$250 donation and is personally engraved with proper dates and Hebrew/English names; it is secured to our memorial wall to be lit annually on the appropriate date of remembrance. To order, please call the office at (714) 730-9693.

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January 7, 2011 and
February 4, 2011
at 5:30 PM

CBI's Family Shabbat Service and Dinner

(for families with children 10 years and under)

\$10 member • \$15 non-member
(includes children 12 years and over)
\$5 per child member
\$7 child non-member (2-11yrs)
Children 2 years and under are free

Next Family Service and Dinner: March 4, 2011



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January 2011

25 Tevet 5771 - 26 Shevat 5771

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 6:59AM/4:55PM No Mercaz Limmud	3 6:59AM/4:55PM 7:00pm Scrabble	4 6:59AM/4:56PM 6:30pm Israeli Dance	5 6:59AM/4:57PM 2:00pm Staff Mtg. 7:00pm Mah Jongg 7:30pm Nurturing Soul: Meditation, Visualization & Sacred Text	6 6:59AM/4:58PM Rosh Hodesh	7 6:59AM/4:59PM 11:44:11PM 5:30pm Family Service & Dinner 6:00pm Service 6:00pm Shabbat Club	1 6:59AM/4:54PM 9:30am Service
9 6:59AM/5:00PM 9:00am 7th Grade Family Ed. 10:30am Yiddish Club 11:30am Little Shul 1:00pm Intro to Judaism 4:00pm Sunday Supper USY Board Meeting	10 6:59AM/5:01PM 5:30pm Daddy & Me Program	11 6:59AM/5:02PM 6:30pm Israeli Dance 7:00pm Ed. Committee Mtg.	12 6:59AM/5:03PM 10:00am Zumba Gold 1:00pm Membership Mtg. 3:00pm Comfort Committee Mtg. 6:30pm Arcade Rental 7:00pm Mah Jongg 7:30pm Nurturing Soul: Meditation, Visualization & Sacred Text	13 6:59AM/5:04PM 5:30pm Faith Coalition in FLC 7:30pm Book Club	14 6:59AM/5:05PM 11:44:47PM Men's Club Family Campout 6:00pm Anniversary Service Shir Appeal Dinner & Music	15 6:58AM/5:06PM \$5:51PM 9:30am Service "Neshama" (soul) Minyan led by Kyod Wieder Shabbat Shirah with Shir Appeal Performance USY Retreat Men's Club Family Campout Rental
16 6:58AM/5:07PM No Mercaz Limmud Men's Club Family Campout 9:00am Hike at Peter's Canyon	17 6:58AM/5:08PM Martin Luther King Day Office & CDC Closed	18 6:58AM/5:09PM 6:30pm Israeli Dance	19 6:58AM/5:10PM 10:00am Zumba Gold 12:15pm Staff Lunch 2:00pm Staff Meeting 7:00pm Mah Jongg 7:30pm Nurturing Soul: Meditation, Visualization & Sacred Text	20 6:57AM/5:11PM Tu B'Shevat	21 6:56AM/5:12PM 11:44:54PM 6:00pm Service & Chai Society Dinner 8:00pm Service	17 Shevat 9:30am Service Sisterhood Shabbat 7:00pm USY Broomball
23 6:56AM/5:13PM Mercaz Limmud Tu B'Shevat Hayarah 10:30am Yiddish Club 1:00pm Intro to Judaism	24 6:55AM/5:14PM 6:15pm Finance Mtg.	25 6:55AM/5:15PM 6:30pm Israeli Dance	26 6:54AM/5:16PM 10:00am Zumba Gold 7:00pm Mah Jongg 7:30pm Nurturing Soul: Meditation, Visualization & Sacred Text	27 6:53AM/5:17PM 7:30pm General Board Meeting	28 6:53AM/5:18PM 11:45:00PM 6:00pm Service Steve Berk Dinner & Lecture	29 6:52AM/5:19PM \$6:04PM 9:30am Service Board Installation Steve Berk Lecture after lunch
30 6:52AM/5:20PM 9:00am 8th Grade Family Ed. 9:00am JEWGLE 1:00pm Intro to Judaism Kadima/Machar Event	31 6:51AM/5:21PM	20 Shevat	21 Shevat	22 Shevat	23 Shevat	24 Shevat
25 Shevat	26 Shevat					

[!Candle Lighting, \$ Shabbat End]

February 2011

27 Shevat 5771 - 24 Adar I 5771

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>6 6:46AM/5:27PM 10:30am Yiddish Club 11:30am Little Shul 1:00pm Intro to Judaism Merczaz Limmud Lox Box Fundraiser 2 Adar I</p>	<p>7 6:45AM/5:28PM 7:00pm Scrabble 3 Adar I</p>	<p>1 6:50AM/5:22PM 6:30pm Israeli Dance 27 Shevat</p>	<p>2 6:49AM/5:23PM 10:00am Zumba Gold Merczaz Hadraacha 3rd Quarter Begins 7:00pm Mah Jongg 28 Shevat</p>	<p>3 6:49AM/5:24PM 7:30pm Sisterhood Rosh Chodesh 29 Shevat</p>	<p>4 6:42AM/5:25PM Rosh Hodesh 5:30pm Family Service 6:00pm Service 6:00pm Shabbat Club 30 Shevat</p>	<p>5 6:47AM/5:26PM Rosh Hodesh 9:30am Service Simon Drakeford 9:45am Dale Schatz 7:00pm USY Board Meeting at CBI 1 Adar I</p>
<p>13 6:40AM/5:34PM 9:00am 8th Grade Family E. 1:00pm Intro to Judaism 4:00pm Sunday Supper 2 Adar I</p>	<p>14 6:39AM/5:35PM 3 Adar I</p>	<p>8 6:45AM/5:29PM 6:30pm Israeli Dance 7:00pm Ed. Committee Mtg. 4 Adar I</p>	<p>9 6:44AM/5:30PM 10:00am Zumba Gold 5:30pm Norban Pictures 6:30pm Norban Rehearsal 6:30pm Arcada Rental 7:00pm Mah Jongg 5 Adar I</p>	<p>10 6:43AM/5:31PM 7:30pm Book Club 6 Adar I</p>	<p>11 6:42AM/5:32PM 6:00pm Anniversary Service 6:00pm 4th Grade Service and Dinner 7 Adar I</p>	<p>12 6:41AM/5:33PM 9:00am CBI Annex - Las Lomas Park 9:30am Service USY Regional Dance (away) 8 Adar I</p>
<p>20 6:33AM/5:40PM No Merczaz Limmud USY Kinus (away) 9:00am Hike at Hick's Canyon 10:30am Yiddish Club 9 Adar I</p>	<p>21 6:31AM/5:41PM Presidents Day Office and CDC closed USY Kinus (away) 10 Adar I</p>	<p>15 6:38AM/5:36PM 6:30pm Israeli Dance 11 Adar I</p>	<p>16 6:37AM/5:37PM 10:00am Zumba Gold 2:00pm Staff Meeting 7:00pm Mah Jongg 12 Adar I</p>	<p>17 6:36AM/5:38PM 6:00pm Faith Coalition in FLC 7:30pm General Board Meeting 13 Adar I</p>	<p>18 6:35AM/5:39PM Purim Katan I 6:00pm Service 8:00pm Service USY Kinus (away) 14 Adar I</p>	<p>19 6:34AM/5:40PM Purim Katan II 9:30am Service Jenna Norban USY Kinus (away) 15 Adar I</p>
<p>27 6:24AM/5:47PM 9:00am 7th Grade Family Ed. 9:00am JEWGILE 1:00pm Intro to Judaism 2:00pm Rabbi Reuven Firestone & Imam Muzamnil Saddiqui Workshop 16 Adar I</p>	<p>28 6:23AM/5:48PM 17 Adar I</p>	<p>22 6:30AM/5:42PM 6:30pm Israeli Dance 18 Adar I</p>	<p>23 6:29AM/5:43PM 10:00am Zumba Gold 7:00pm Mah Jongg 19 Adar I</p>	<p>24 6:28AM/5:44PM 6:00pm Faith Coalition in FLC 7:30pm General Board Meeting 20 Adar I</p>	<p>25 6:27AM/5:45PM 6:00pm Service followed by New Member Shabbat Dinner 21 Adar I</p>	<p>26 6:26AM/5:46PM 9:30am Service 10:30am Experiential Prayer & Text Study 5:00pm Teen Talmud 7:00pm USY Event 22 Adar I</p>

[!Candle Lighting, § Shabbat End]





Congregation
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Schedule of Services for January

FRIDAY, JANUARY 7

5:30 PM Family Service and Dinner
6:00 PM Service

SATURDAY, JANUARY 8

Bat Mitzvah of Madison Mehrdad

Birkat Hahodesh

9:30 AM Service

PARASHAT: VAERA

Torah: Exodus 6: 2 – 7:7

Haftarah: Ezekiel 28:25 – 29:21

FRIDAY, JANUARY 14

6:00 PM Anniversary Service

SATURDAY, JANUARY 15

9:30 AM Service

PARASHAT: B'SHALAH

Torah: Exodus 13:17 – 15:26

Haftarah: Judges 4:4 – 5:31



FRIDAY, JANUARY 21

6:00 PM Service

8:00 PM Service

SATURDAY, JANUARY 22

Sisterhood Shabbat

9:30 AM Service

PARASHAT: YITRO

Torah: Exodus 18:1 – 20:23

Haftarah: Isaiah 6:1 – 7:6:9:5 - 6

FRIDAY, JANUARY 28

6:00 PM Service

SATURDAY, JANUARY 29

Birkat Hahodesh

9:30 AM Service:

PARASHAT: MISHPATIM

Torah: Exodus 21:1 – 22:3

Haftarah: Jeremiah 34:8 –
22:33:25 - 26



**SATURDAYS
ONLY**

- **Child Care** is available from 10:00 AM until the conclusion of services every week.
- **Junior Congregation** for Grades K through 6 begins at 10:30 AM upstairs in the Family Life Center.
- **Pre-schoolers** and parents are invited to join the Torah return procession and a special Shabbat service that follows in Room 105.



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