

## HEALTHY HEART PROGRAM PREVENTION CLINIC REFERRAL

### MAKE REFERRALS TO THE PREVENTION CLINIC FOR ANY OF:

- Cardiovascular risk assessment
- Known coronary disease/stroke/TIA
- Pre-Diabetes (IFG/IGT)
- Patients requiring high intensity lipid and preventive therapy to achieve targets
- Family history of severe/genetic dyslipidemia or premature vascular disease (men 55 or younger, women 65 or younger)
- Dyslipidemia
- Smoking cessation
- Family history of diabetes
- Statin/other lipid drug intolerance
- Unexplained premature vascular disease
- Peripheral vascular disease

All patients receive intensive risk factor assessment and counseling on family history, lifestyle, nutrition, exercise and smoking cessation from a nurse educator, dietitian and physician, with follow up to achieve recommended targets.

**Fax Referral to clinic: 604-806-8590**

**We will contact the patient for appointment**

#### PATIENT INFORMATION

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Initial: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Telephone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_  
 PHN: \_\_\_\_\_ DOB: (DD/MM/YYYY) \_\_\_\_\_ Sex: \_\_\_\_\_

#### MEDICAL HISTORY / RISK FACTORS

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Cholesterol / Dyslipidemia   | <input type="checkbox"/> Smoker               | <input type="checkbox"/> Coronary artery disease     |
| <input type="checkbox"/> Obesity / Overweight   | <input type="checkbox"/> Hypertension         | <input type="checkbox"/> Cerebral vascular disease   |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Physical inactivity  | <input type="checkbox"/> Peripheral vascular disease |
| <input type="checkbox"/> Impaired Fasting Glucose (IFG)<br>or Impaired Glucose Tolerance (IGT)                    | <input type="checkbox"/> Psychosocial factors | <input type="checkbox"/> Other                       |
| <input type="checkbox"/> Family history of vascular disease (1 <sup>st</sup> degree relative 65 years or younger) |   |  |

#### REASON(S) FOR REFERRAL:

**MEDICATION** Include dose. Please include lipid medication history if relevant.

**LABORATORY RESULTS** Include copy of lipid profile results within last 6 months.  
(total cholesterol, triglycerides, HDL-cholesterol, LDL-cholesterol, ratio, fasting plasma glucose)

**CARDIAC TEST RESULTS** Include copy of stress test(s) (within 1 year), electrocardiogram echocardiography, angiogram.

#### REFERRING PHYSICIAN

Office Address/Phone

