



**4Cs**  
Community Coordinated  
Child Care

# The Child Care Connection Newsletter/Training Calendar July-December 2015

Remember to check our website [www.iowa4cs.com](http://www.iowa4cs.com) for updates!  
4Cs has proudly served our early childhood community since 1972!  
Check us out on Facebook: [www.facebook.com/4CsCommunityCoordinatedChildcare](http://www.facebook.com/4CsCommunityCoordinatedChildcare)

**4Cs Community Coordinated Child Care**  
1500 Sycamore Street  
Iowa City, IA 52240  
[www.iowa4cs.com](http://www.iowa4cs.com)  
Phone: 319-338-7684 Fax: 319-338-9139

#### 4Cs Staff Directory

##### Susan Gray

4Cs Director/Provider Services Coordinator  
Ext. 102 [susan@iowa4cs.com](mailto:susan@iowa4cs.com)

##### Debra Eckhoff

4Cs Provider Services Coordinator  
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##### Traci Miller

4Cs CACFP Coordinator  
Ext. 109 [traci@iowa4cs.com](mailto:traci@iowa4cs.com)

##### Elisha Hamm

4Cs CACFP Assistant  
Ext. 104 [elisha@iowa4cs.com](mailto:elisha@iowa4cs.com)

4Cs Administrative Assistant  
Ext 101 [assist@iowa4cs.com](mailto:assist@iowa4cs.com)

##### Jan Koch

4Cs Home Ties Program Coordinator  
Phone: 341-0050  
[iowa4cshometies@yahoo.com](mailto:iowa4cshometies@yahoo.com)

##### Amanda Nelson

4Cs Home Ties On-Site Supervisor

##### MaryAnn Lock-Herreweyers

4Cs Home Ties Toddler Lead Teacher

##### Omaima Eloheid

4Cs Home Ties Infant Lead Teacher

## SAVE-THE-DATE!

# 4Cs Fall Early Childhood Institute Resilience Trumps ACEs!



**Saturday, November 7, 2015**  
Clarion Highlander Conference Center, Iowa City

- Co-sponsored by the Iowa City Chapter of the Iowa AEYC
- Watch your mailbox or our website for more details! [www.iowa4cs.com](http://www.iowa4cs.com)



United Way of Johnson & Washington Counties

4Cs Receives Funding from:  
Johnson County Empowerment,  
DHLW—Early Childhood Area,  
Johnson County Social Services,  
United Way of Johnson County,  
University of Iowa,  
City of Coralville,  
and friends like you.

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## Important Numbers...

- Child Abuse Reporting: 800-362-2178
- Iowa Department of Human Services: 866-448-4605
- Child Care Assistance (serving Johnson, Iowa & Linn County):  
Call Linn County DHS —866-534-3112
- Washington County Child Care Assistance: 866-448-4605
- Iowa Association for the Education of the Young Child  
& T.E.A.C.H. 800-469-2392
- Johnson County Dept. of Human Services: 319-356-6050
- Johnson County Dept. of Public Health: 319-356-6040
- Johnson County Child Care Nurse Consultant:  
—Paula Goetzinger: 319-356-6042 pgoetzin@co.johnson.ia.us
- Johnson County WIC: 319-356-6042
- Johnson County Licensing Consultant for Centers:  
—Heidi Brown: 563-263-9302 Ext 125 hbrown@dhs.state.ia.us
- Washington County Licensing Consultant for Centers:  
—Jill Seibert: 641-684-3949 jseiber@dhs.state.ia.us
- DHS Child Development Home Registration Staff:  
Johnson County:  
—866-534-3112  
Washington County:  
—641-673-3496
- Poison Control: 800-222-1212
- Child Care Resource & Referral (CCR&R): 866-324-3236
- Healthy Child Care Iowa (HCCI): 800-369-2229  
<http://www.idph.state.ia.us/hcci/>

## Provider Networking Opportunities

### **Hawkeye Area Child Care Providers Network (HACCPN)**

For information call: Denise Schwarting, 319-325-6153 [www.baccpn.org](http://www.baccpn.org)

### **Iowa City Chapter of the Iowa Association for the Education of Young Children (Iowa AEYC)**

If you would like to know more about the organization, call Rebecca Ausman, 319-541-2902 Email: [rausman@me.com](mailto:rausman@me.com)  
[www.iowaaeyc.org](http://www.iowaaeyc.org)

## **We are Recruiting for 4Cs CRISIS CARE PROGRAM!**

**4Cs is looking for compassionate registered child development home providers and child care centers to support this valuable program that provides temporary child care to children whose families are experiencing a crisis. Programs must have references and participate in the CACFP.**

**For more information contact Susan Gray at 319-338-7684 or email [susan@iowa4cs.com](mailto:susan@iowa4cs.com).**



## **Need an appointment for fingerprinting?**

**Contact 4Cs to set up  
your appointment:  
319-338-7684**

**Fee: \$10**

(payable by cash,  
check or money order)

**Remember to bring a photo ID and your  
fingerprinting card!**

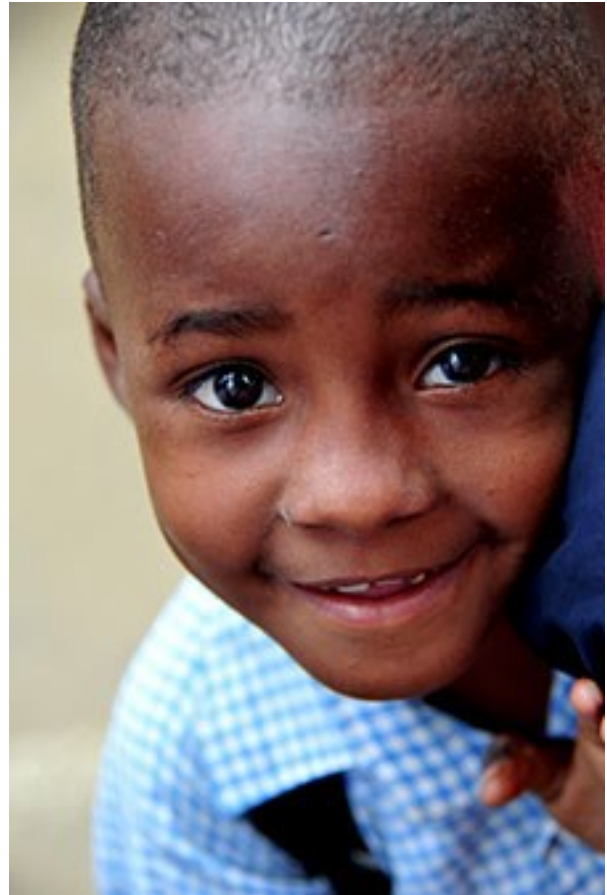


# ***4Cs Ready, Set, Go Program has openings!***

**4Cs Ready, Set, Go (RSG)** program for child development home providers in Johnson County is designed for providers that are committed to improving their programs. You will set your own goals! Peer support is a very strong component of the program as providers mutual commitment to quality provides a common purpose and direction to create change.

## **4Cs provides:**

- Engaging one-on-one home visits — focusing on your questions and interests
- Information & resources on behavior, emergent literacy, early math & science activities and health & safety to support children & families in your program
- Opportunities to get together with other RSG providers to share ideas and problem solve challenges!
- Fun celebration events
- And much more!



## **Participants must:**

- Be registered with DHS and be a resident of Johnson County
- Accept (or be willing to accept) Child Care Assistance
- Participate in the 4Cs CACFP Food Program
- Be interested in leadership & advocacy for the early childhood field.

**Call or email Deb Eckhoff today for more information as  
we currently have openings for this fall!**

**319-338-7684 ext.103 or email: [deb@iowa4cs.com](mailto:deb@iowa4cs.com)**



# Department of Human Services Training Requirements

<http://www.dhs.state.ia.us>

## Requirements for Registered Child Development Homes

### Mandatory Trainings

During the first 3 months of registration, all providers must receive:

- 2 hours of Iowa's training for mandatory reporting of child abuse. approved by the Iowa Department of Health. This must be repeated every five years.
- Certification in infant, child and adult CPR and First Aid. These certifications must be kept current.

### Professional Development

During each year of registration the provider must receive a **minimum of 12 hours of training**. *In the first year of registration this includes 2 hours training in the area of Health and Safety.*

During the second year of registration and each year after, the provider must receive training from the following categories:

- Planning a safe, healthy learning environment
- Advancing children's physical and intellectual development
- Supporting children's positive social and emotional development
- Establishing productive relationships with families
- Managing an effective program
- Maintaining a commitment to professionalism
- Observing and recording children's behavior
- Principles of child growth & development

## Requirements for Child Care Centers/Preschools/BASPs Programs

Within the first six months of employment:

- 2 hours of Iowa's training for mandatory reporting of child abuse. approved by the Iowa Department of Health. This must be repeated every five years.
- One hour of Universal Precautions and Infections Disease Control. This must be repeated annually.

Within the first year of employment – Center Directors and Supervisors:

- Certification in infant, child, and adult CPR & First Aid.
- 10 contact hours of training. After the first year, 8 contact hours annually.

Within the first year of employment – Staff employed over 20 hours a week:

- Certification in infant, child and adult CPR & First Aid.
- 10 contact hours of training. After the first year, 6 contact hours annually.

Within the first year of employment – Staff employed fewer than 20 hours per week:

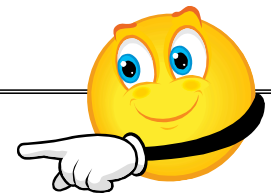
- 5 contact hours of training. After the first year, 4 contact hours annually.
- Do not need to be CPR or First Aid certified. However, at least one staff member must be present at any given time that is certified in child, infant, and adult First Aid and CPR.

### DID YOU KNOW...?

DHS will not grant training credit toward classes that you have previously taken within a five (5) year period of time.

For updates on 4Cs training opportunities please check the DHS Training Registry at:

<https://ccmis.dhs.state.ia.us/trainingregistry/>



Remember if you are applying for a training that has a registration fee, your enrollment **will NOT be accepted until 4Cs receives your payment**. Workshops have limited seating so please send in your payment early!

Unless otherwise indicated 4Cs workshops are co-sponsored by Iowa AEYC through the Iowa City Chapter.



Iowa City  
Chapter of the  
Iowa AEYC

# Johnson County Trainings

## Mandatory Child Abuse Reporter Training

Mandatory Child Abuse Reporter Training is valid for 5 years. Certification must be taken in the state of Iowa. *CDA Category: #1 Planning a safe healthy, learning environment.*

Instructor: Deb Eckhoff

Registration: \$10

Date	Time & Location	
Wednesday, August 19	6:30-8:30 p.m.	4Cs Administration Building, 1500 Sycamore St., Iowa City
Monday, September 14	6:30-8:30 p.m.	4Cs Administration Building, 1500 Sycamore St., Iowa City
Wednesday, October 21	6:30-8:30 p.m.	4Cs Administration Building, 1500 Sycamore St., Iowa City
Monday, November 16	6:30-8:30 p.m.	4Cs Administration Building, 1500 Sycamore St., Iowa City
Thursday, December 10	6:30-8:30 p.m.	4Cs Administration Building, 1500 Sycamore St., Iowa City

## Center Directors Workshop: Understanding and Maintaining Confidentiality for Center Directors



Confidentiality can be defined as “Shared in Trust.”

It is about respecting and keeping safe the information you have received. When you work in an Early Childhood setting, you may find out information about children, families and co-workers. How can you protect this information? Can Gossip play a role in breaking down confidentiality? What part does Social Media play? Join us for this interactive training as we explore the meaning of Confidentiality in the work environment and your role as a director. *CDA Category #5: Managing an effective program operation. (Note: This workshop is specifically designed for center directors — a similar workshop for child development home providers, center, preschool and BASP staff will be held on October 27—see page 8 for more information.)*

Presenter: Wendy Moorhead

Registration: Free

Date	Location
1:00-3:00 p.m. Tuesday, October 13	First Mennonite Church, 405 Myrtle Ave, Iowa City — please enter door under large portico in the back of the church to Fellowship Hall

## Center Directors Workshop: Our Collective Knowledge—A Thoughtful Discussion on Common Issues of Running A Child Care Center



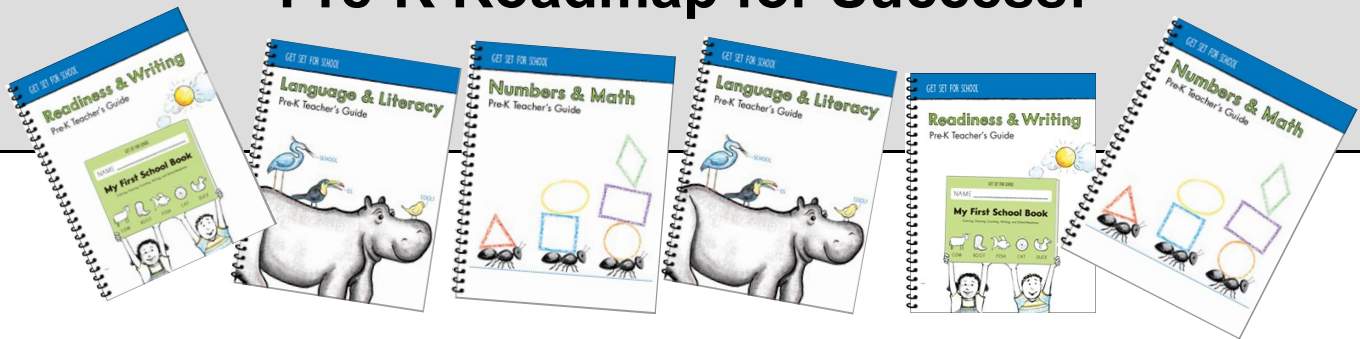
Join our panel of center directors as they share lessons learned on what works and what doesn't work on a variety of issues or policy decisions that center directors face on a daily basis. Some of the topics covered will be: hiring, absenteeism, fee collection, how to help new employees catch on to best practices and regulations, termination and many other challenges.

Presenters: Shalon Hoyle, Magille Gevock, Kasey Merrill, Maureen Dale Ernst, Emily Millhollin

Registration: Free

Date	Location
1:00-3:00 p.m. Tuesday, December 1	Coralville Public Library, 1401 5th St., Coralville—Meeting Room A/B — please park in the lower level of the parking ramp

# Pre-K Roadmap for Success!



Do you ever wish you had a “universal remote” to manage all of the curriculum and resources in your classroom? This is an overview of a powerful and new curriculum that’s “teacher tested and approved”, easy to implement and will successfully prepare children for kindergarten. In 2012, *Get Set for School* was developed based on the most relevant research about *how* young children learn best and *what* they need to be learning in Pre-K. **This curriculum uses hands-on strategies and manipulatives because Pre-K children learn best by doing!** *Earn 4 hours in CDA Category: #2 Advancing children’s physical and intellectual development.*

**\*This curriculum is geared towards 4-5 year olds but basic concepts and materials may be adapted and used with 3-6 year olds.**

Section 1: Readiness and Writing: activities to support social emotional foundation skills, alphabet and number recognition, and pre-writing, motor and cognitive skills

Section 2: Language & Literacy: activities to support phonological awareness, alphabet knowledge and print awareness, oral language and vocabulary skills and pre-reading skills

Section 3: Numbers and Math: numbers and operations, measurement and time, geometry and spatial relationships, and problem solving

Instructor: Terri Novak-Cicha

Registration: \$12

**Please sign up for the date or location that works best for you!**

Date	Time & Location
Saturday, September 19	8:30 a.m.—12:30 p.m. ISU Extension Office 2223 250th St., Washington, IA
Saturday, October 3	8:30 a.m.—12:30 p.m. Kirkwood Community College, 1816 Lower Muscatine Rd., Iowa City — <b>Room # is 212</b>

**Drawings will be held for FREE materials at each location!**

## Why Oral Health in Child Care Matters

The *Oral Health in Child Care* presentation gives background and educational information on Tooth Development, Tooth Decay and Prevention. In the prevention section there are recommendations for Dental Visits, Diet and Nutrition, Oral Hygiene, Fluoride use, Sealants, and Injury Prevention. As part of the oral hygiene section there are protocols for toothbrushing in child care settings. After hearing the presentation child care providers should have the information they need to provide a healthier oral environment for the children in their care. *CDA Content #1: Planning a safe, healthy learning environment*

Instructor: Eileen Tosh

Registration: \$10

Date	Time & Location
Tuesday, September 22	6:30-8:30 pm. Johnson County Health & Human Services Bldg., 855 S. Dubuque St., Iowa City (Room 203 B/C)

## PITC—Iowa Program for Infant & Toddler Care Series \* Sponsored by Child Care Resource & Referral

The *Iowa Program for Infant and Toddler Care* strives to “raise the quality of care for infants and toddlers”. IA PITC consists of a 50-hour training plan program. This training plan program is broken down into 5 training modules. Each module consists of 5 two-hour lessons. Caregivers are encouraged, but not required, to complete all 50-hours of IA PITC training. IA PITC lessons are intended for anyone caring for and about infants and toddlers, including parents, childcare providers, and childcare center directors.

Presented by: Susan Gray

Cost: FREE → **You must register using the DHS Training Registry: <https://ccmis.dhs.state.ia.us/TrainingRegistry>**

Questions about registration? Please call **CCR&R** and ask for Kristin at: 866-324-3236.

### Module I: Social & Emotional Growth & Socialization

Saturday, September 26 (8.00 a.m.—3:00 p.m.)	Module 1.1, 1.2, 1.3
Saturday, October 3 (8.00 a.m.—12:15 p.m.)	Module 1.4, 1.5

### Module II: Group Care

Saturday, October 24 (8.00 a.m.—3:00 p.m.)	Module 2.1, 2.2, 2.3
Saturday, October 31 (8.00 a.m.—12:15 p.m.)	Module 2.4, 2.5

### Module III: Learning & Development

Saturday, November 14 (8.00 a.m.—3:00 p.m.)	Module 3.1, 3.2, 3.3
Saturday, November 21 (8.00 a.m.—12:15 p.m.)	Module 3.4, 3.5

### Module IV: Culture, Family, and Providers

Saturday, December 5 (8.00 a.m.—3:00 p.m.)	Module 4.1, 4.2, 4.3
Saturday, December 12 (8.00 a.m.—12:15 p.m.)	Module 4.4, 4.5

### Module V: Beginning Together: Caring for Infants & Toddlers with Special Needs

Saturday, January 9 (8.00 a.m.—3:00 p.m.)	Module 5.1, 5.2, 5.3
Saturday, January 16 (8.00 a.m.—12:15 p.m.)	Module 5.4, 5.5

LOCATION: Kirkwood Community College, 1816 Lower Muscatine Rd., Iowa City Room 262. Bring a sack lunch or plan to purchase a quick lunch nearby.

## How to Create Your Own Talent Show for Preschoolers!

Have you always wanted to create a talent show with children (3 to 5 year olds) but didn't really know where to begin? This workshop will show you step by step, from brainstorming and planning to *Lights, Camera, Action!* Talent shows help promote creativity, language, play, develop gross motor skills (choreographed pieces), fine motor skills (creating art to display at the show and to make costumes), music and movement, and pre-reading/writing skills (rhyming in songs, creating verbal ideas that become songs and written plays). One hour in each *CDA Category #2: Advancing children's physical and intellectual development* & *CDA Category #4: Establishing productive relationships with families.*

Instructor: Adina Levitt

Registration: \$10

Date	Time & Location
Thursday, October 8	6:30-8:30 p.m. Kirkwood Community College, 1816 Lower Muscatine Rd., Iowa City –ROOM 262

## Spend Smart and Eat Smart in the Child Care Business

Learn strategies to save money on food expenses while incorporating new ideas into menu planning and food shopping.

- Classify and evaluate food costs according to nutrient density.
- Stretch food dollars while improving nutrient density.
- Apply money saving strategies in the child care setting.
- Learn how to share money saving strategies with parents.

*CDA Category #1: Planning a safe, healthy, learning environment.*

Instructor: Rachel Wall, ISU Extension

Registration: \$10

Date	Time & Location
Monday, October 26	6:30-8:30 p.m. Iowa State Extension & Outreach, 3109 Old Highway 218 S, Iowa City, Iowa 52246 Room A/B

## Understanding and Maintaining Confidentiality for Center Staff & Child Development Home Providers

Confidentiality can be defined as “Shared in Trust.”

It is about respecting and keeping safe the information you have received. When you work in an Early Childhood setting, you may find out information about children, families and co-workers. How can you protect this information? Can Gossip play a role in breaking down confidentiality? What part does Social Media play? Join us for this interactive training as we explore the meaning of Confidentiality in the work environment and your role as a teacher, co-worker and employee/employer. *CDA Category #5: Managing an effective program operation.*

Instructor: Wendy Moorhead

Registration: \$10

Date	Time & Location
Tuesday, October 27	6:30-8:30 p.m. Kirkwood Community College, 1816 Lower Muscatine Rd., Iowa City –ROOM 262

## Ages & Stages Questionnaires for Early Childhood Professionals

Concerned about a child’s development? Looking for an easy, objective tool to establish whether your concern is valid? Learn how to use the Ages and Stages Questionnaires as a tool to help identify children in need of referral for evaluation. The tool can also be used by the parents in your program, to open the conversation about the need for a referral. This is not a required training—but is highly recommended for all child care providers. Participants will receive instruction in administration, scoring, and interpretation of the *ASQ3* and *ASQ: Social-Emotional*. There will be discussion and suggestions for sharing child development information with parents and working with other providers. *CDA Category #7: Observing & recording children’s behavior*

Instructor: Laurie Nash, Co-sponsored with Johnson County Empowerment.

Registration: \$10

Date	Time & Location
Tuesday, November 3	6:30-9:00 p.m. Johnson County Health & Human Services Bldg., 855 S. Dubuque St., Iowa City (Room 203 B/C)

## Family Partnerships

*“Partnerships with families are like beautiful woven fabric where every thread and every color contribute to the interwoven whole. Just as a master weaver artfully brings in all parts, partnerships are carefully and gently woven relationships initiated by the child care and early education staff.”*

~ Linda Whitehead

This training will focus on the importance of Family-Teacher Partnerships, Valuable Methods of Communication, Barriers, Embracing Differences and Where You Draw the Line! Come prepared to participate! *CDA Category #4: Establishing productive relationships with families.*

Instructor: Wendy Moorhead

Registration: \$10

Date	Time & Location
Thursday, November 12	6:30-8:30 p.m. Kirkwood Community College, 1816 Lower Muscatine Rd., Iowa City –ROOM 262

## Who Leads, Who Follows: Feeding and Physical Activity Division of Responsibility in Childcare

Learn about provider responsibilities related to what, when, where and whether a child eats and is physically active. Use Ellyn Satter’s “Division of Responsibility” for feeding and physical activity. Understand why children should learn to self regulate their eating habits and physical activity and how to support their responsibility. Develop a plan to introduce new foods and add more physical activity into the daily schedule. *CDA Category #1: Planning a safe, healthy, learning environment.*

Instructor: Rachel Wall, ISU Extension

Registration: \$10

Date	Time & Location
Monday, November 30	6:30-8:30 p.m. Iowa State Extension & Outreach, 3109 Old Highway 218 S, Iowa City, Iowa 52246 Room A/B



# Washington County Trainings

## \* Information about scholarships for Washington County Child Care Providers \*

DHLW ECI-A (Empowerment) has provided funds for a limited number of scholarships for providers who are providing child care in Washington County for children birth to 5 years old.

1. **FIRST AID, UP & CPR:** Once you have received your certification cards (e.g., from NSTS, American Red Cross, American Heart Assoc.), mail a copy (front & back) along with a copy of your receipt to the 4Cs. Include: your name, address, daytime phone number and where you work (e.g., registered home, center or preschool). 4Cs will reimburse you up to \$45 until the scholarship funds are depleted. Scholarships will be issued in the order received. Centers & preschools may receive up to a maximum of 5 scholarships within this fiscal year. **Please SUBMIT YOUR APPLICATION BY May 15, 2016.**
2. A limited number of scholarships are also available for the 4Cs Fall & Spring Early Childhood Institutes.

### Mandatory Child Abuse Reporter Training

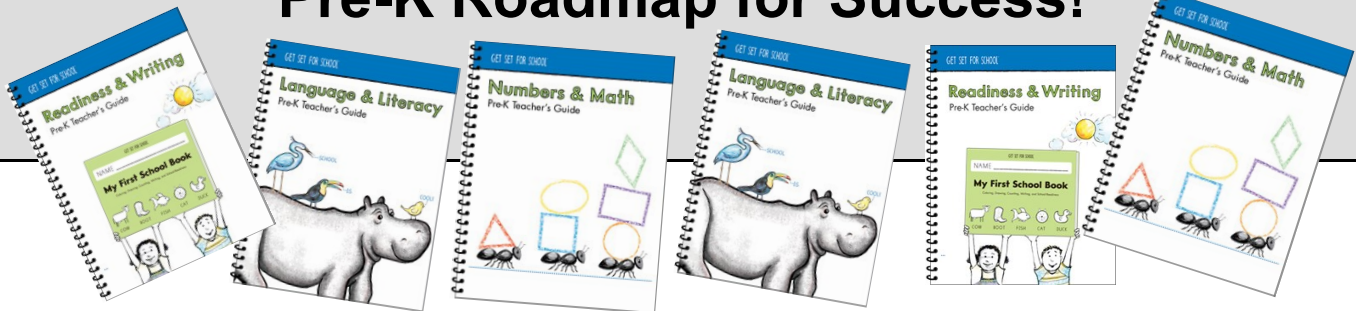
Mandatory Child Abuse Reporter Training is valid for 5 years. Certification must be taken in the state of Iowa. *CDA Category: #1 Planning a safe healthy, learning environment.*

Instructor: Deb Eckhoff

Registration: \$10

Date	Time & Location	
Thursday, December 3	6:30-8:30 p.m.	ISU Extension Office 2223 250th St., Washington, IA

## Pre-K Roadmap for Success!



Do you ever wish you had a “universal remote” to manage all of the curriculum and resources in your classroom? This is an overview of a powerful and new curriculum that’s “teacher tested and approved”, easy to implement and will successfully prepare children for kindergarten. In 2012, *Get Set for School* was developed based on the most relevant research about *how* young children learn best and *what* they need to be learning in Pre-K. **This curriculum uses hands-on strategies and manipulatives because Pre-K children learn best by doing!** *Earn 4 hours in CDA Category: #2 Advancing children’s physical and intellectual development.*

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Instructor: Terri Novak-Cicha

Registration: \$12

Date	Time & Location	
Saturday, September 19	8:30 a.m.—12:30 p.m.	ISU Extension Office 2223 250th St., Washington, IA

**A Drawing will be held for FREE materials!**

**Working Together in Our Community:  
The Iowa Children’s Museum (ICM) &  
4Cs Partner in the **ICM for Everyone** Program**

Dear Child Care Providers,

The Iowa Children’s Museum and 4Cs would like to introduce (or reintroduce) you to the *ICM for Everyone Program*. It is our hope that this program will help reach economically disadvantaged families in our community. Please share the following information with the families in your program and please use for your family too!

An *ICM for Everyone* membership is free for qualifying families and provides **unlimited admission** to The Iowa Children’s Museum for one year for two adults and all children under age 18 in one household (a \$120 value). The expectation is that you visit a minimum of 10 times—*year-long fun and learning for the entire family!* It also provides free admission to over 175 children’s museums throughout the US and discounts for their museum toy store and special programs.

A family can qualify a number of ways including being eligible for **Medicaid, Food Stamps, or Iowa's Free and Reduced Lunch program**. **Please submit an application to 4Cs with proof of eligibility.** The application will then be forwarded to the Iowa Children’s Museum who will notify the family of the status of their free membership application. You may request an electronic application form from 4Cs.

The *ICM for Everyone Program* is supported by donations from community businesses and individuals, as well as grant awards. If *ICM for Everyone* funds are available the applicant family will be granted a membership right away. If program funds are not available at the time of application, the family will be placed on a waiting list and notified when funds become available. Once a family has been accepted into our *ICM for Everyone* program, they are eligible to renew their membership each year. The only requirement to renew is that we ask families to visit the museum at least 10 times within a year.

Thank you for helping The Iowa Children's Museum to inspire every child to imagine, create, discover, and explore through the Power of Play!

Questions: call the Children’s Museum: 319-625-6255 or 4Cs: 319-338-7684.

**4Cs—ICM Program  
1500 Sycamore Street  
Iowa City, IA 52240**



# ICM for Everyone Membership Application

The Iowa Children's Museum  
1451 Coral Ridge Ave.  
Coralville, IA 52241  
Phone: 319-625-6255 / Fax: 319-625-6266

4Cs – Community  
Coordinated Child Care

Please mail applications  
to 4Cs at:  
4Cs—ICM Program  
1500 Sycamore Street  
Iowa City, IA 52240

Phone: \_\_\_\_\_  
1<sup>st</sup> Adult: \_\_\_\_\_  
2<sup>nd</sup> Adult: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State: \_\_\_\_\_  
Zip: \_\_\_\_\_  
Email: \_\_\_\_\_

How would you like your mailings addressed?  
The \_\_\_\_\_ Family  
Last name(s)

Eligible Children (living in your household under the age of 18):

First Name	Last Name	Birthday (mo/day/yr)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

\*\*This membership is intended for one household only. All person listed above must be currently living in the same home.

Please return to 4Cs with proof of eligibility. Your membership card and more information will be mailed to you by the Iowa Children's Museum.

**For Office Use Only**

Date Received: \_\_\_\_\_  
Expiration Date: \_\_\_\_\_  
Membership # ID: \_\_\_\_\_

# First Aid, UP & CPR Classes

National Safety Training Service (NSTS)

319-366-4769 Office 888-852-5717 Toll Free

Register by mail or online: <http://www.nstssafety.com/>



Mail payment to NSTS  
Do not send your payment for these classes to 4Cs or Kirkwood!



**Make checks payable to: Kate White**  
**Mail to: NSTS, 225 25th St. Dr. SE, Cedar Rapids, IA 52403**

Name \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ County where you work: \_\_\_\_\_

I am (Check One):  Registered Home Child Care Provider  Non-Registered Home Provider  DHS contract/certificate Center Staff at \_\_\_\_\_  Head Start  Other

**NO REFUNDS or RESCHEDULES WITHOUT 24 HOURS NOTICE TO NSTS!**

**To Register for NSTS Classes: Fill out the registration form and mail with appropriate fee. Registration & payment MUST be received by NSTS, LLC ONE (1) WEEK PRIOR TO CLASS. Call Kate White at (319) 366-4769 for more information or with any questions.**

Participants can register online at [www.nstssafety.com](http://www.nstssafety.com) and pay with an active PayPal account. Class will be filled on a first come, first served basis. You will be notified if there is **not** room on the date you registered or if there are any class changes. No registrations will be accepted over the phone. Questions, concerns and needs for special accommodations should be directed to the National Safety Training Service —>>> YOU MUST BE ON TIME TO RECEIVE CREDIT!!!

IOWA CITY classes are held at <b>Kirkwood Community College</b> at 1816 LOWER MUSCATINE ROAD ( <b>Room 263</b> ) Iowa City, IA 52240. Parking is available in front and behind the college. Room 263 is located at the front of the building on the second floor. Please bring your lunch or plan on getting a quick sandwich nearby.		
<b>Check the date:</b>  <input type="checkbox"/> August 1, 2015 <input type="checkbox"/> September 12, 2015 <input type="checkbox"/> October 3, 2015 <input type="checkbox"/> November 7, 2015 <input type="checkbox"/> December 5, 2015	<b>Check your classes:</b>  <input type="checkbox"/> \$70 - First Aid, CPR (AED), & UP <input type="checkbox"/> \$65 - First Aid & CPR(AED) <input type="checkbox"/> \$40 - CPR (AED) only (good for 2 yrs) <input type="checkbox"/> \$35 - First Aid only (good for 3 yrs) <input type="checkbox"/> \$5 - UP only	<b>CLASS TIMES:</b>  First Aid 8:00—11:00 A.M. <hr/> Universal Precautions (UP) 11:00 A.M.—12:00 P.M. <hr/> CPR 12:30 —2:30 P.M.

Children are like wet cement whatever falls on them makes an impression."  
— Haim Ginott, child psychologist

Civil rights statement

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

# 4Cs Registration Form

Please complete and mail the registration form with a check or money order to:

**4Cs Community Coordinated Child Care**  
**Attn: Education and Training**  
**1500 Sycamore St., Iowa City, IA 52240**

Please print clearly!

Name : \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

County in which I provide child care: \_\_\_\_\_

Check one:  Registered Child Dev. Home  Non-registered Child Dev. Home  Center \_\_\_\_\_  Other \_\_\_\_\_



Remember when you apply for a training through the DHS Training Registry that has a registration fee, your enrollment **will NOT be accepted until 4Cs receives your payment**. Workshops have limited seating so please send in your payment early as spots are filled on a first-come basis!

Training Date	Title of Training	County Where Training will be Held	Registration Fee	Amount Enclosed
* * REFUND POLICY * * *				
<ul style="list-style-type: none"> <li>• All registration fees are non-refundable or transferable.</li> </ul>				
* * * INCLEMENT WEATHER STATEMENT * * *				
<ul style="list-style-type: none"> <li>• In the event of inclement weather, we will make every effort to notify you of a cancelation or postponement—please make sure your contact information is up-to-date. Decisions will be made as early in the day as possible.</li> </ul>				

### 4Cs' Mission

4Cs primary purpose is to promote quality child care in our community.  
 4Cs believes that good quality child care is part of the infrastructure of a vibrant, sustainable community that determines the quality of life for its residents.

### *I'd Like to Give!*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_



Send check or money order to:  
**4Cs Donations**  
**1500 Sycamore Street**  
**Iowa City, IA 52240**

Please use my tax deductible gift in this way:  
 (check one)

- Wherever the Need is Greatest
- 4Cs' Child Care Endowment Fund
- Home Ties Emergency Child Care
- Child Care Provider Services
- Child & Adult Care Food Program

## Become a member of the Iowa Association for the Education of Young Children today!

Becoming a member of Iowa AEYC, automatically makes you a member of the National Association for the Education of Young Children, the world's largest early childhood organization, and the local chapter/affiliate of your choice. You can join Iowa AEYC through the [NAEYC or Iowa AEYC website](#). Current membership dues are: Comprehensive (includes the benefit of NAEYC books) \$115, Regular is \$60, and Student is \$40. Please contact Iowa AEYC with questions: [info@iowaaeyc.org](mailto:info@iowaaeyc.org) or call 800-469-2392.

### Membership Benefits

- **Professional Connections** make it easy for you to be a part of your profession's premier membership organization.
- **Resources and Information** through NAEYC and Iowa AEYC websites, Young Children or Teaching Young Children journals, newsletters, NEXT (a professional development guide), local chapter and online communities.
- **Iowa AEYC Resource Library** includes a wide variety of publications for check out.
- **Email Updates** from NAEYC and Iowa AEYC to help you stay informed and involved.
- **Advocacy** efforts allow your voice to be heard.
- **Discounts** for state and national AEYC conferences, professional development workshops, and NAEYC resources.
- **Local Chapter Services** including conferences and training.



Iowa Association for the  
 Education of Young Children