



2014

National Conference

Tuesday 30 September – Thursday 2 October
Novotel Perth Langley, Western Australia

join the conversation

Trending

Home Economics



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Marilyn Yates,
HEIA(WA) and Convenor, HEIA Professional
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Marilyn Yates, HEIA(WA), Convenor

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Conference website and online registration available at
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what these organisations have to offer.

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Invitation to attend

On behalf of the Home Economics Institute of
Australia (HEIA), I invite you to attend
the HEIA 2014 national conference to
be held from Tuesday 30 September to
Thursday 2 October 2014 at the Novotel
Perth Langley.

The conference theme '*Trending—Home
Economics*', will explore what is trending in
home economics and related fields—that is,
the direction in which home economics and
related fields are moving, and how home
economics is extending its practice and
spheres of influence. An exciting range of
dynamic presenters will stimulate delegates'
thinking about, and their contribution
towards extending, home economics
practice and spheres of influence.

The conference will examine local and
global issues concerning trending in home
economics and related fields. As such,
it will explore home economics, family,
relationships, housing, food, textiles
and education through a lens of home
economics practice. The conference aims
to better position delegates as empowered
and motivated citizens to work creatively
and collaboratively to help bring into effect
their visions of a better world as they relate
to home economics.

Participants can expect to hear the latest
information from local, interstate and
overseas speakers with five fabulous
keynote sessions, 31 concurrent sessions
and eight site visits.

The conference will provide an ideal
opportunity for networking with
colleagues in a professional and enjoyable
environment. I look forward to welcoming
you to Perth for *Trending—Home Economics*.

Peta Craig President, HEIA

join the conversation





Professor Mike Daube AO

- Professor of Health Policy at Curtin University
- Director of the Public Health Advocacy Institute and the McCusker Centre for Action on Alcohol and Youth
- Before moving to Curtin in 2005, Director General of Health for Western Australia and Chair of the National Public Health Partnership
- Campaigner nationally and internationally for many years on public health issues, and leader of a range of innovative public health programs
- President of the Australian Council on Smoking and Health (ACOSH) and Co-Chair of the National Alliance for Action on Alcohol (NAAA)
- Chair of the Australian Government's Expert Committee that recommended tobacco plain packaging and other components of the program now in place
- Consultant for the World Health Organization, international health organisations and governments in more than 30 countries
- Author of numerous papers and articles
- Recipient of numerous awards for his work, including 2014 Officer of the Order of Australia



Professor Martin Caraher

- Professor in food and health policy at the Centre for Food Policy at City University, London
- Extensive experience working on issues related to food poverty, cooking skills, local sustainable food supplies, the role of markets and co-ops in promoting health, farmers markets, food deserts and food access, retail concentration and globalisation
- Research interests include: the contribution of local food projects to health and wellbeing, including the role of farmers markets, food cooperatives and food banks; cooking skills among young people and the changing nature of food skills and the culinary transition; and food security and food banks
- Consultant to many organisations, including the UK Department of Health, the World Bank and the World Health Organization
- Regular guest speaker on television and radio in relation to food issues



Dr Rosemary Stanton, OAM

- Qualifications in science, nutrition and dietetics and administration
- Awarded a doctorate for her many publications, and a Medal of the Order of Australia for her contributions to public health through nutrition
- Invited member of many committees, including the National Health and Medical Research Council's Working Committee for the Dietary Guidelines, the University of Adelaide's Food Futures program and the University of Technology's Institute for Sustainable Futures
- Author of many scientific papers, 33 books and over 3500 articles for magazines and newspapers
- Regarded by the media for over 45 years as a source of reliable nutrition information

Dr Christina Pollard



- Lecturer at Curtin University, where her work aims to improve the translation of important public health food and nutrition research into policy and practice, with a particular interest in improving nutrition for population groups who are vulnerable to poor nutrition due to their social, environmental or economic circumstances
- Public health officer for the Western Australian Government for about 30 years to improve nutrition through health promotion, with a major area of interest in the development, implementation and evaluation of population-based public health nutrition interventions
- Research interests include the drivers of public health food and nutrition policy and practice, population health promotion interventions, food and nutrition monitoring, evaluation and surveillance, food security, and fruit and vegetables
- International Fellow of the World Cancer Research Fund International, bestowed September 2012
- Fellowship of the Public Health Association of Australia, appointed September 2012



Jayne-Ann Young

- Consultant at Cognition Education Ltd, specialising in Visible Learning, which involves presenting internationally the Visible Learning research and working with schools and school districts to embed the principles of Visible Learning in their environments
- Trainer of Visible Learning consultants and facilitators around the world
- Presenter at the International Visible Learning Conference in San Diego in July 2014
- Deputy Principal of a K-13 Independent girls' school for six years, where her portfolio included the leadership of the curriculum and assessment team and responsibility for providing long-term, school-wide programs based on theory, evidence and best practice
- Head of the Social Sciences Faculty (1999-2003) in a state co-educational school in Auckland, and later the Director of Teaching and Learning, with responsibility for acceleration programs, the professional learning program for the school, and responsibility for the development of the information communication technology professional development cluster with two other high schools in Auckland



Melinda Tankard Reist

- Writer, speaker and media commentator
- Blogger and advocate for women and girls, well known for her work on the objectification of women and sexualisation of girls and efforts to address violence against women
- Advocate for women and girls, including involvement in projects to address poverty, trafficking and sex slavery, and working to highlight and address the objectification of women and sexualisation of girls in Australia and globally



Michael McQueen

- Speaker, social researcher and bestselling author
- Leading specialist in demographic shifts, change management and future trends, with a finger on the pulse when it comes to emerging trends shaping business and culture
- Navigator of change for some of the world's most successful brands to help them stay ahead of the curve
- Author of: *The 'New' Rules of Engagement* (2007), a culmination of a three-year study of the key drivers of youth culture around the world; a range of gift books called *Memento and Wisdom* (2009, 2010), designed to bridge the generation gap in families by helping parents pass on their stories and life lessons to the next generation; and *New Rules of Engagement* (2013)
- Creator of an online memoir-writing app for parents called *Histogram*.com
- Known for his engaging, entertaining and practical conference presentations



Dr Janet Reynolds

- Home economics educator, having taught in government and non-government schools in Australia, Papua New Guinea and England, lectured at QUT and been a consultant to the Fiji and Sri Lankan governments on home economics teacher education
- Qualifications include a Diploma in Teaching (Home economics), a Bachelor of Education, Masters of Educational Studies and PhD in nutrition education
- Convenor of the Education Standing Committee for the Home Economics Institute of Australia (HEIA)
- Represents HEIA on the Australian Curriculum, Assessment and Reporting Authority's national panels for Health and Physical Education and for Technologies



Professor Samina Yasmeen

- Director of the Centre for Muslim States and Societies
- Lecturer in Political Science and International Relations in the School of Social Science, the University of Western Australia (UWA), Perth
- Specialist in political and strategic developments in South Asia (particularly Pakistan), the role of Islam in world politics, and citizenship among immigrant women



Keynote speakers

let's get social



Welcome reception

Date:	Monday, 29 September 2014
Time:	4.00 pm - 6.00 pm
Venue:	Mercedes College, Victoria Square, Perth (a short walk from the Novotel Perth Langley)
Cost for registered conference participants:	Nil
Additional guests:	\$20 per person
Dress:	Casual

Enjoy a relaxed evening of drinks and cocktail food with fellow delegates at the beautiful Mercedes College. Situated in the heart of the City of Perth and located in the city's beautiful heritage precinct, the College was founded by the Sisters of Mercy in 1846 and is the oldest girls' school in Australia on the original site of foundation.



Conference dinner

Date:	Wednesday, 1 October 2014
Time:	7.00 pm - 11.00 pm
Venue:	Fraser's Restaurant, Fraser Avenue, Kings Park
Cost:	\$100 per person
Dress:	Cocktail

The conference dinner will be held in the magnificent Fraser's Restaurant, located in the unique surrounds of Kings Park and perched high above the city of Perth. You will enjoy a sumptuous three-course meal whilst overlooking Perth and the beautiful Swan River by night.

posters

Posters/poster boards will be available for viewing throughout the conference. They will be located at the back of the plenary room, Ballroom South.

Poster 1

Development of a K-10 Food and Nutrition Curriculum Framework for use in Australian schools

Samantha Baker, Margaret Miller, Associate Professor Amanda Devine and Associate Professor Stacey Waters, Edith Cowan University

Introduction of the Australian Curriculum provides new opportunities to integrate teaching of food, nutrition and healthy eating across a range of learning areas to increase nutrition literacy among children. This poster describes the development of a Food and Nutrition Curriculum Framework to underpin this teaching. Specific focus is given to defining themes (food and drink source, choice, experience and health), messages and outcomes needed to develop appropriate awareness, knowledge, understanding and critical analysis as children move from Kindergarten to Year 10. This framework was used to guide the development of *Refresh.ED*, a suite of online K-10 food and nutrition teaching resources.

Poster 2

King and Amy O'Malley Trust

King O'Malley was a member of the first federal parliament of 1901 and outlived all other members, dying in 1953. He has been variously described as 'a man of the people', 'a great wit—he could see the funny side of almost anything', 'picturesque in speech (with his North American accent) and appearance', and an 'astute politician'. King O'Malley's wife, Amy, played a less public role but was a strong and intelligent person who supported the belief that a satisfying family life was crucial to the welfare of the nation and could not be achieved without effective management of the home. The King & Amy O'Malley Trust awards annual undergraduate and postgraduate scholarships for students applying for, or enrolled in, tertiary Home Economics or equivalent programs, such as Consumer Science, and Family and Consumer Studies. This poster board will tell more of the story of the King and Amy O'Malley Trust scholarships.

Program

Tuesday 30 September 2014

7.45 am - 8.40 am
Registration
8.15 am - 8.40 am
Welcome refreshments
8.45 am - 9.15 am
Opening ceremony and Welcome to Country
9.15 am - 10.15 am
Opening keynote address
The shape of things to come
Michael McQueen, The Nexgen Group
In an age when education is evolving at an unprecedented rate, it is more important than ever that home economics teachers keep pace with change. In this practical, research-rich and entertaining presentation, Michael will explore:
<ul style="list-style-type: none"> the five shifts that have dramatically changed the face of education in recent decades. the three key trends that will shape education in the years to come—namely, the changing nature of students, the climate of the classroom, and the expectation of parents practical and proven strategies for engaging tomorrow's students in learning.
Audience members will leave this presentation equipped and inspired to navigate the challenges and changes that lie ahead—and stay one step ahead of them.
10.15 am - 10.45 am
Morning tea
10.50 am - 12.05 pm
Concurrent session 1
12.05 pm - 1.20 pm
Lunch
1.20 pm - 2.35 pm
Concurrent session 2
2.35 pm - 2.50 pm
Mini break
2.50 pm - 3.20 pm
Keynote address
The Australian Curriculum and Home Economics
Dr Janet Reynolds
For the first time in history, Australia has a national curriculum, with Home Economics set to play a key role in both <i>The Australian Curriculum: Health and Physical Education</i> and <i>The Australian Curriculum: Technologies</i> . The developer of this national curriculum, the Australian Curriculum, Assessment and Reporting Authority has also produced a Home Economics Advice Paper. Has the tide turned and is Home Economics set to take the stage as a key player in the education of young Australians? Is Home Economics the 'new black' of the Australian Curriculum? Dr Janet Reynolds will explore how Home Economics is extending its practice and spheres of influence in this new and exciting curriculum era.
3.20 pm - 4.20 pm
Panel
Trending—Home Economics
A panel of views of home economics practitioners
4.20 pm - 4.45 pm
Plenary reflections
Reflections, excitements and challenges
4.45 pm
Close

Concurrent session 1

10.50 am - 12.05 pm

1.1 Home Economics and the Australian Curriculum

Dr Janet Reynolds

This session will develop participants' understanding of those aspects of the Australian Curriculum that are related to Home Economics and, in particular, key aspects of the Health and Physical Education and Technologies documents and the ACARA Home Economics advice paper. Participants will identify from these documents just what is appropriate for their faculty at their school. It will also cover big picture issues and options for planning such as time allocations and implementation models. This introductory understanding is essential to foster effective advocacy for the place of Home Economics in the school's timetable and to enable effective planning of school programs.

1.2 The food industry—Friend or foe?

Emily O'Connell, Public Health Advocacy Institute of Western Australia

This session will explore two issues related to the food industry:

- 1 The complexities of working with the food industry—in a setting where health and wellbeing is a priority, should schools and professional associations such as HEIA be partnering with the food industry in their activities?
- 2 How do we empower ourselves, and our students, to question the truth of claims made by the food industry and see beyond the tricks that are used in food labels to make foods appear healthier than they are?

The session will also explore tools that can be used with students to advocate for healthy choices to be easy choices.

1.3 Refresh.Ed: Addressing the trend to cross-curriculum nutrition education in Australian schools

Margaret Miller, Samantha Baker, Associate Professor Amanda Devine and Associate Professor Stacey Waters
Edith Cowan University

The importance of nutrition education is documented in the Australian Curriculum, with recommendations for integrated teaching across learning areas. This workshop will explore opportunities to integrate teaching nutrition in Home Economics with teaching in other learning areas, using examples from *Refresh.ED* online food and nutrition curriculum materials. Participants will reflect on current practice and work in groups to explore practical aspects of cross-curriculum integration in Years 7–10. Groups will identify opportunities and barriers, actions needed and the leadership role of home economics teachers. Individuals will develop a personal action plan for implementation in their workplace.

1.4 Scootle—Belong, connect, reflect

Louise Bowe, Education Services Australia

What's trending in your professional learning network locally and globally? This presentation will introduce you to the latest home economic resources and provide opportunities to collaborate with teachers nationally through Scootle and its community. Bring your own device (BYOD) or just bring yourself and join Louise in the conversation that will provoke your learning—Scootle style. Scootle is freely available to all teachers nationally and the community of users is growing rapidly. With the enhanced features of online courses, collaborative spaces, quiz tools and learning paths aligned to the latest Australian Curriculum, Scootle is taking the lead in safe, secure content delivery to all teachers and students.

1.5 Novotel Perth Langley back-of-house tour

Executive Chef Manoj Rawat

Novotel Perth Langley

In a private back-of-house tour of the Novotel Perth Langley's kitchen areas, Executive Chef Manoj will explain the operations of the hotel's kitchen department. The kitchen team services the hotel's Sen5es Restaurant, Fenian's Irish Pub, 24-hour room service, and catering for all conferences and events. Chef Manoj will provide an insight into the day-to-day running of a hotel kitchen, as well as an overview on the variety of events that are held throughout the year.

1.6 Designing with wool—and what student design folios might look like

Katrina Wheaton, Teacher Consultant for Australian Wool Innovation Ltd/The Woolmark Company

In this session, Katrina will explore the development of recent wool innovations and the integral role that the wool industry has played in Australia's history. She will also explore how the characteristics of wool lend themselves to contemporary fashion design. Drawing on her experiences with the Wool4Skool® project, Katrina will provide examples of student design folios, demonstrate how teachers can help their students develop quality folios, and provide an opportunity for participants to critique the folios in terms of critical, creative and design thinking. She will also provide examples of related lesson plans and discuss how to get students thinking about a design brief and interpreting this in their work.

Concurrent session 2

1.20 pm - 2.35 pm

2.1 Opportunities for Home Economics in the Australian Curriculum

Nerida Matthews and Leanne Compton

Victorian Curriculum and Assessment Authority

This session will explore how home economics-related subjects can be taught through the Australian Curriculum. It will explain the structure of the Australian Curriculum and specifically unpack content from both the Health and Physical Education and Technologies documents, identifying opportunities to develop contemporary units of work in Home Economics. This interactive session will discuss key issues to consider when auditing, planning and tailoring units to suit individual school needs.

2.2 Wonders of Australian seafood

Dr Janet Howieson (Curtin University), **Guy Leyland** (WAFIC) and two of Perth's leading chefs, **Don Hancey** and **Peter Manifis**

In this session, two of WA's top chefs will share their simple secrets for cooking seafood and the latest trends in recipe creation. Come along and learn how to prepare Western rock lobster, Australian sardines and octopus, as well as great tips for fish fillets and whole baked fish. To complement this, Janet and Guy will provide an insight into the journey of Western Australian seafood through the supply chain from ocean to plate—the research, how consumers can get the best value, best quality and WA's certification plan to help seafood consumers worldwide know that WA seafood is sustainably managed. They will also showcase resources that have been produced to help young chefs understand, handle and prepare seafood (including a short sneak preview of the new videos).

2.3 A home economics platform for teaching and learning food and nutrition

Dr Janet Reynolds

The upcoming Australian Curriculum does not prescribe approaches to teaching. In this session, delegates will explore appropriate pedagogies for teaching the mandatory Food and Nutrition focus area and Food Specialisations context of the Australian Curriculum's Health and Physical Education and Technologies curricula. They will examine how these food-related contexts can be played out through a home economics platform for teaching that includes critical thinking, empowerment, social inquiry and technology processes—and where practical foods fit into all of this, that is, what teaching food and nutrition could look like in the classroom.

2.4 FoodChoices

Tina Sketchley, Darwin High School, Northern Territory

This workshop is a hands-on exploration of the resource, *FoodChoices*. Features of the resource will be demonstrated, with participants able to practise all the features on their own laptop. These features will include analysing a diet in terms of the nutrient reference values, making a nutrition information panel, importing analyses into a Word document and developing and printing graphs of the analyses. Finally, the workshop will explore the wealth of supporting curriculum resources for classroom use.

Note: Participants are required to bring their own laptop with the program already loaded—go to www.foodchoices.com.au and click on 'Download FoodChoices' on the Home page. Please email Janet Reynolds at janetrey@ozemail.com.au if you need help to load the program.

2.5 Using feedback to improve learning

Miriam McDonald, Penny McIntyre and Carmel Glasgow, HEIA(NT)

This interactive presentation will guide participants through an in-depth understanding of feedback in the classroom and the key role of feedback in improving student outcomes. Quality feedback rates highly in John Hattie's research on interventions that make a difference to student learning. High expectations and clear information about 'where am I going', 'how am I going', and 'where to next' provides the learner with the opportunities for success. This presentation includes a video of classroom practice and a range of resources to use in the classroom.

Wednesday 1 October 2014

7.30 am – 8.25 am

Registration

8.00 am – 8.25 am

Welcome refreshments

7.30 am – 8.15 am

Special interest groups

- Divisional presidents
- Promoting home economics in schools
- International affairs
- Input into future directions for HEIA
- Enhancing our professional lives through the digital world

8.30 am – 8.40 am

Welcome to Day 2

8.40 am – 10.25 am

Keynote panel address

Trending—Food and nutrition

Eating healthily and sustainably—The morals and ethics behind an obese society

Professor Martin Caraher, City University, London
 Professor Mike Daube, Curtin University, Western Australia
 Dr Christina Pollard, Curtin University, Western Australia
 Dr Rosemary Stanton

This forum will see four internationally recognised speakers push the boundaries to help delegates explore the factors that impact on healthy and sustainable eating. The discussion will expose the upstream and downstream factors impacting individuals, families and communities ability to eat healthily and sustainably. Up-to-date statistics will be presented on our Food for Health scorecard, and a range of initiatives and actions or inactions from and by governments and industry critiqued. The speakers will discuss what is being done, explore what could be done and identify what should be done—both locally and globally—to promote healthy and sustainable eating. You will leave this forum with a new perspective on how to protect and promote public health through food.

Dr Rosemary Stanton will explore healthy and sustainable eating and discuss the benefits and barriers, while Professor Martin Caraher will look at changes in eating and culinary trends and the new emerging divide in social and economic capital. Dr Christina Pollard will consider the food system and what the food industry says are the key drivers of change, and Professor Mike Daube will look at Big Food and discuss their tricks and ways of dealing with this industry. All speakers will give their two-point wish list of the regulatory control changes they would like to see to promote healthy, sustainable and ethical consumerism.

10.25 am – 10.55 am

Morning tea

11.00 am – 11.30 am

Concurrent session 3

11.40 am – 12.40 pm

Concurrent session 4

12.40 pm – 1.15 pm

Lunch

1.15 pm – 4.30 pm

Site visits

7.00 pm

Conference dinner

Concurrent session 3

11.00 am – 11.30 am

3.1 Mushrooms—The 3rd food kingdom

Glenn Cardwell

Australian Mushroom Growers

Consumers commonly eat from two biological kingdoms—plants and animals. However, the third food kingdom, the mushroom (fungi) kingdom, has nutrition and eating properties very different to vegetables. This session will briefly describe research on the mushroom's role in vitamin D production, heart disease, diabetes, weight control and, surprisingly, why many studies show mushroom eaters have a reduced risk of breast cancer. The 3rd food kingdom can play a significant role in our health. There will be plenty of interesting (and sometimes weird) facts and recipes to use in teaching students and the public about the 3rd food kingdom.

3.2 Beyond all the trends: Torres Strait Island foods, past, present and future

Margaret Anderson, Student, Central Queensland University

Margaret Anderson is a Torres Strait Islander woman, home economics teacher and cook. Her research links the survival and preservation of Island culture to the traditional knowledge, and custom around food and its preparation which was passed from one generation to the next. Margaret contends that family recipes are cultural, functional and nostalgic, and play an important role in cultural heritage. The Torres Strait Islander cookbook she is researching and writing goes beyond cooking, in that it will revitalise traditional food as well as the customs and ways of food, and encourage Torres Strait Islander people to reconnect with their oral culture. In her recipe book, Torres Strait Islander recipes will come of age in a contemporary, tasteful collection. In this session, Margaret will discuss her research and her book, which reinterprets and updates traditional foods with a modern and healthy twist.

3.3 Teacher sharing

A) Home Economics: The spice of life in special schools

Dr Margaret Wingett

Goodna State Special School, Queensland

This session will explore how the flexibility, breadth and diversity of Home Economics make it such an appropriate and exciting subject to incorporate into the curriculum of Special Schools. For many reasons—physical, emotional, intellectual and social—the subject requires significant modification; however, such modification in no way detracts from the learning and fun that can occur in the classroom. Rethinking strategies is a constant; however, it can be both fun and rewarding. Unpredictable days necessitate a large bag of teaching tricks for marvels to occur in the classroom. Delegates will delve into this bag during this session.

B) Classroom in the cloud

Penny McIntyre

Darwin High School, Northern Territory

As teachers, we have come to be dependent on our students accessing and using technology for almost everything they do. However, we have the problem of how to practically manage the necessary shift towards BYODs (Bring Your Own Devices). One answer is to build the classroom 'in the Cloud'. This session shows one teacher's approach to using Cloud technology to enable students to access teaching and learning materials, 24/7 on any device. This minimises the barriers that students who bring their own devices face when accessing teaching and learning materials in the school environment.

3.4 Teacher sharing

Hashtag Twitter 101

Kim Weston, Methodist Ladies' College,
Victoria and Leanne Compton, Victorian Curriculum and Assessment Authority

Heard about Twitter but not quite learnt the ropes? Well, this session is for you as it will take you through some of the basics to help you understand what Twitter is about. It will explain how to set up your own Twitter account and decipher term such as 'tweets', 'retweets', 'hashtags', 'followers', 'trending' and more. Find out how to use Twitter for professional learning in a range of home economics-related areas.

3.5 Teacher sharing

Ethical fashion

Susannah Williams, Prairiewood High School, New South Wales

Susannah will present a unit of work on Ethical Fashion designed to engage textiles students in the social justice issues around fast fashion. This unit takes students through the fashion facts from an Australian perspective and explores the impact of Australians' buying habits on developing countries like Bangladesh. Students are challenged to rethink their trend-following habits of fashion creation. The unit culminates in a student-created up-cycled fashion show.

Concurrent session 4

11.40 am – 12.40 pm

4.1 Planning for the Australian Curriculum

Dr Janet Reynolds

This session will guide participants through a process for planning at two levels. At one level, it will consider how to develop an overall suite of units for the Home Economics faculty to offer, and at another level, how to develop home economics units of work based on *The Australian Curriculum: Health and Physical Education* and *The Australian Curriculum: Technologies*. Participants will explore the demands of the curriculum, also taking into account the Home Economics advice paper from the Australian Curriculum, Assessment and Reporting Authority. Templates, ideas and other tools to assist in the process will be provided.

4.2 Where should we stand on ...

Dr Rosemary Stanton

The information age has been wonderful – but the mass of research data and reports can also be overwhelming, especially when some aspects of it are magnified or distorted by the media. Some key issues that are relevant for home economics teachers include: under and over nutrition; adolescents' concerns over body image; nutritional problems that still occur even with (or possibly because of) an overabundant food supply; 'super' foods and health claims; ethical choices related to food; and the complexities of a sustainable food supply and food security for all. But who should we believe and how can we enthuse our students about sustainable food supplies for the future? This session will address these issues.

4.3 Obesity: Lessons learnt from the tobacco campaign

Professor Mike Daube, Curtin University

Cigarette smoking has declined dramatically in adults and children in Australia, despite fierce commercial opposition, including massive promotion and lobbying by tobacco companies and their allies for many years. This workshop will consider the similarities between efforts to combat smoking and obesity, approaches that contributed to successes in tobacco control, lessons for work on obesity and the roles health organisations and professionals can play.



4.4 Digi dialogues—Showcasing contemporary classroom practice in Home Economics

Leanne Compton and Nerida Matthews
Victorian Curriculum and Assessment Authority

How can digital technologies be integral to the learning, teaching and assessment of home economics-related topics? This session will discuss how a range of digital tools can optimise learning and teaching to enable students to demonstrate a comprehensive understanding of concepts. Lesson plans for specific health topics and other supporting digital files will be showcased in a digital publication. Ideas for application of how these digital technologies can be used across a range of home economics-related topics will be discussed.

4.5 The impact that the fashion and textile industry has on a sustainable environment

Lisa Westover Piller, West Australian Institute of Fashion and Textiles

Producing fashion and textiles involves one of the longest and most complicated industrial chains in manufacturing and is linked to a litany of environmental and ethical issues. As fashion turnaround times become faster and pressure to produce clothing ever more cheaply increases, this supply chain is strained to breaking point. Is education about these issues enough to facilitate change, or does a whole new sustainable design philosophy need to be embraced by the general fashion consumer and fashion designer alike? This workshop will discuss not just the issues currently faced, but how fashion students, fashion designers and fashion followers can work together towards a more sustainable, innovative and exciting design landscape.

Site visits

1.15 pm – 4.30 pm

A. Megan Salmon fashion studio Megan Salmon

In a 1900s establishment based in Fremantle called the Charles building, fashion designer Megan Salmon has her signature shop and her studios where she designs her two labels—Upstream and Megan Salmon. Megan has been designing fashion since 2000 and will explain, in a talk given in her studio, the ins and outs of her business and the journey she has taken to building her labels to the level of national acclaim they deserve. Come and experience life as a fashion designer for the afternoon. Amongst the fabrics, patterns and samples that Megan has created, enjoy her tales of firsthand experiences of creating and producing.

B. Lupin Foods Australia food processing mill Sofi Sipsa

The site visit to Lupin Foods Australia will demonstrate on site, how lupins are processed and packaged in the first mill in Australia to produce lupin foods such as lupin flour and falafel, on a commercial scale. The visit will also include information about the genetic breeding of lupins for human food, their exceptional nutritional value as a plant with the highest natural source of protein and fibre in the world, and examples and ideas for a range of snacks and meals. Challenges and strategies involved in breaking into the Asian market will be included.

The design and technology processes involved in lupin development, production and processing, recipe development, health promotion and marketing will be demonstrated through this industry example.

C. One World Centre

Are you interested in teaching the big issues with your students? On this visit to the One World Centre, you will be introduced to a range of practical activities that explore global themes such as interdependence; social justice and human rights; identity and cultural diversity; peace building and conflict resolution; and sustainable futures.

Delegates will discover the links between global education and Home Economics—that is, global issues related to food, nutrition and textiles. They will also have the opportunity to explore the extensive collection of global education resources in the One World Centre Library, and leave with ideas and resources ready to use in the classroom.

D. Prepare Produce Provide—5000 meals Cath McDougall and Jenny Laker

In 2013 and 2014, a group of Western Australian teachers established 'Prepare Produce Provide—5000 Meals', a project that brings together school students, home economics teachers, leading WA chefs and apprentices to produce healthy, nutritional meals for Perth's community in need, using surplus and donated produce. This site visit will enable delegates to gain a snapshot of the project by visiting a school site and working with the chefs in the production and packaging of the meals using chef-designed recipes and food sourced by Western Australia's largest hunger-relief organisation, Foodbank Western Australia (WA). But it won't all be hands-on—there will be opportunity to also sit and hear about the project, what it is achieving both for students and those in need, as well as where the food is sourced and the WA food bowls.

E. West Australian Institute of Fashion and Textiles (WAIFT)

Mary Jones, Adele Staveley and Jennifer Rule

Polytechnic West's West Australian Institute of Fashion and Textiles is recognised by the clothing industry as a main provider of quality training. Polytechnic West offers an intensive training program, designed to meet current industry standards, when students build a solid foundation in the area of design and illustration, pattern making, garment manufacture, business and computing.

This visit to the WAIFT will comprise three elements. It will commence with a 30-minute tour of the Fashion and Textiles Department, presented by Mary Jones. Whilst afternoon tea is served, Adele Staveley will follow with an overview of the Associate Degree of Fashion Business, explaining how the course is useful for those both interested in the designer side of fashion as well as fashion designers who wish to learn how to promote their labels effectively and how to source production requirements. Jennifer Rule will complete the afternoon's program with a workshop using Adobe Illustrator, the digital fashion illustration tool, the communication tool the industry now relies on, especially when engaging with offshore manufacturers. The workshop will take delegates through the basics of graphic tools, mood boards and fashion illustrations to take a hand-drawn fashion illustration and develop it into a sophisticated digitally rendered fashion illustration with programs widely used in the fashion industry.

F. Upcycling it: Recreating fabrics

Kay York

This hands-on session at Kent Street Senior High School, East Victoria Park, explores various ways to up-cycle clothing and fabrics using various dyeing techniques and embroidery to give them a new life. The fabric colouring techniques that are used create dynamic effects quickly and easily. Participants will experience four different techniques and take home samples and instructions for future use. Please bring along a pair of white socks and a smallish (so that we don't run out of paint or time) old white or light-coloured cotton or silk T-shirt, tank top or similar to dye.

G. Crown Mushrooms, Winaroo

Australian Mushroom Growers are delighted to host a rare opportunity to indulge your senses and inspire your creative use of mushrooms. Have you ever wondered what makes mushrooms so special and how growers produce this fascinating and versatile ingredient all year round? Here is your chance to discover how it is done. The magic of mushroom will come alive as you tour a commercial mushroom farm. From delicate white buttons to Swiss brown Portobello flats, discover the secrets to growing quality mushrooms. This promises to be a fascinating and delicious culinary adventure.

H. Foodbank

Foodbank WA's Healthy Food for All® (HFFA) is a comprehensive school- and community-based strategy which consists of the School Breakfast Program and Food Sensations® (food literacy) initiative. HFFA initiatives are delivered across the entire state of WA, an area of 2,526,786 km², encompassing some of the most isolated communities in the world. The site visit will commence with a tour of the food storage facilities to see the food distribution process in action. Following that, a nutritionist will showcase the school-based initiatives created to feed hungry school children and promote healthy eating to the school community.

Thursday 2 October 2014

7.30 am - 8.25 am

Registration

8.00 am - 8.25 am

Welcome refreshments

8.30 am - 8.40 am

Welcome to Day 3

8.40 am - 10.10 am

Keynote address

Visible learning—The research

Jayne-Ann Young, Cognition Education Ltd

Jayne-Ann will discuss the largest ever evidence-based research into what actually works to improve students' progress and enable delegates to deepen their understanding of what Visible Learning means to teaching and learning in schools. This keynote looks at 20+ years of research into what makes a real difference to student learning, how to apply this research method to your school and how to measure the impact of learning intentions.

10.10 am - 10.40 am

Morning tea

10.45 am - 11.15 am

Concurrent session 5

11.25 am - 12.55 pm

Concurrent session 6

12.55 pm - 2.10 pm

Lunch

2.10 pm - 3.40 pm

Keynote panel address

Trending—Families, relationships and sexuality

The objectification of women and sexualisation of girls: how it harms and what we can do about it

Melinda Tankard-Reist

Women and girls are living in a harmful environment. Messages from media, advertising and popular culture reduce them to the sum of their body parts, telling them that it is primarily their physical appearance that counts; that they must conform to a certain stereotype about bodily perfection to be acceptable. This is resulting in significant negative physical and mental health outcomes. In addition, boys and men learn that women and girls exist for their enjoyment and pleasure. Boys are being raised in a brutal version of masculinity, which will affect their ability to develop respect-based relationships in future. Taking us on a tour of pop culture and drawing from current research, Melinda will demonstrate the harms of these cultural messages and help us explore what we can do to address the problem.

Impact of migration on Muslim families

Professor Samina Yasmeen

Professor Yasmeen will argue that the effects of immigration are felt across generations, with the change in the environment impacting on the family relationship dynamics, and the role expectations on all members of the families. These impacts are apparent not just among women but also men who may struggle to clearly express their sense of identity and may feel a diminished sense of status within the family and public environments. These dynamics suggest the need for support at a societal level and willingness on part of different non-governmental groups to engage these families in friendship and support networks.

3.40 pm - 4.00 pm

Closing ceremony

4.00 pm

Close of conference and farewell drinks

Concurrent session 5

10.45 am - 11.15 am

5.1 What is genetically modified food, why is it controversial and how do I know if I'm eating it?

Fran Murrell, Mothers are Demystifying Genetic Engineering (MADGE)

This session will provide an overview of the biggest change to our food and includes a question and answer session. Delegates will have a chance to understand how genetic engineering has changed the food we eat.

5.2 Does the food group provision in early years education and care settings in metropolitan Perth, Western Australia meet national dietary requirements and how can Home Economics support this?

Ros Sambell, Edith Cowan University

This session will explore how provision of integrated food and nutrition activities based on real-life settings in Children, Family and the Community and Food Science and Technology courses can extend student capabilities in emerging health priority areas, including, linking food group provision in the early years (EY) settings to improved child health outcomes. It will describe how utilising a tool underpinned with intellectual quality and based on the Australian Dietary Guidelines (ADG), students will be able to determine food provision in EY setting, in an authentic, quality learning environment. This extends the role of home economics to support EY environments and improve health outcomes for children.

5.3 Enhancing Aboriginal and Torres Strait Islander perspectives in Home Economics

Gail Barrow, Edith Cowan University

As the Australian Curriculum is implemented, educators are considering how they can incorporate Aboriginal and Torres Strait Islander perspectives into their teaching. Embedding this cross-curriculum priority to provide more than a token coverage can seem a challenging task. This session provides examples of how Aboriginal and Torres Strait Islander histories and cultures can be included in Home Economics. An analysis of the Health and Physical Education and Technologies curricula will demonstrate opportunities to deliver Indigenous perspectives that are broader than the examples provided. Consideration will also be given to cultural sensitivities in the selection and evaluation of resources.

5.4 Teacher sharing 5000 meals project

Cath McDougall and Jenny Laker

In 2013 and 2014, a group of dedicated Western Australian teachers established an innovative project called 'Prepare Produce Provide—5000 Meals'. The project brings together school students, home economics teachers, leading WA chefs and apprentices to produce healthy, nutritional meals for Perth's community in need, using surplus and donated produce. This session will enable you to find out more about the project and the amazing outcomes for everyone involved.

5.5 Supporting migrant and refugee women

Hawa Hassan

Hawa Hassan is of Somali background, a mother of five and works with Save the Children Australia as a Bicultural Support Worker in the It Takes a Village Program that supports migrant and refugee mothers and children in the Gosnells/Armadale area of Perth. Prior to coming to Australia in 2004 with her husband and three children, she lived in a refugee camp in Kenya for 14 years. Based on her own experiences of settlement in Australia, and the experiences of the women she works with, she will share the challenges they face and provide insights into how schools may more effectively support them.

Concurrent session 6

11.25 am - 12.55 pm

6.1 Edgy health assessment

Kay York, Education Queensland

Are you thinking about how to assess in the new Australian Curriculum areas? Where do you start? How do you begin to ensure that you are aligning with Health and Physical Education Australian Curriculum achievement standards? How do you make sense of the content descriptions and turn them into a unit for home economics students? This hands-on session is a practical examination of *The Australian Curriculum: Health and Physical Education*, focusing on the achievement standards and content descriptions to create assessment and unit directions. Bring along your syllabus, laptop and ideas for units using the Personal social and community health content descriptions and shape some assessment. Leave your preconceived ideas about home economics and health at home.

6.2 Pedagogical quality in nutrition education: examples and practice using Refresh.ED

Margaret Miller, Samantha Baker, Associate Professor Amanda Devine and Associate Professor Stacey Waters
Edith Cowan University

Refresh.ED is a suite of online food and nutrition curriculum materials aligned with the Australian Curriculum. These materials address age-appropriate nutrition outcomes using three dimensions of quality pedagogy: significance, quality learning environment and intellectual quality.

This session will review pedagogical quality and provide examples of application using *Refresh.ED* materials. Participants will work in groups to analyse learning tasks in Years 7-10 Technologies and to develop understanding of how elements of each dimension can be applied. Finally, participants will review their own teaching strategies to identify and share examples of how these can be enhanced using these forms of pedagogy.

join the conversation

Trending

Home Economics

6.3 Herb Faust Food

Herb Faust

Herb has extensive restaurant experience, from the Wildwood Brasserie in Yallingup, where he started, to a wide variety of restaurants across Australia, as well as catering for Kerry Packer on his polo ranch in Ellerston. Herb Faust Food was launched in 2010, after Herb became the only contestant to beat an Iron Chef on Channel 7's Iron Chef. Herb Faust Food offers stylish and unique dining concepts, allowing Herb the scope to create innovative and progressive food and present it to customers in an intimate, inclusive and informative environment. Join Herb for a practical demonstration and tasting of what is trending in the restaurants of Perth.

6.4 Creating visible learners

Jayne-Ann Young

Cognition Education Limited

A 'visible learner' is a learner who:

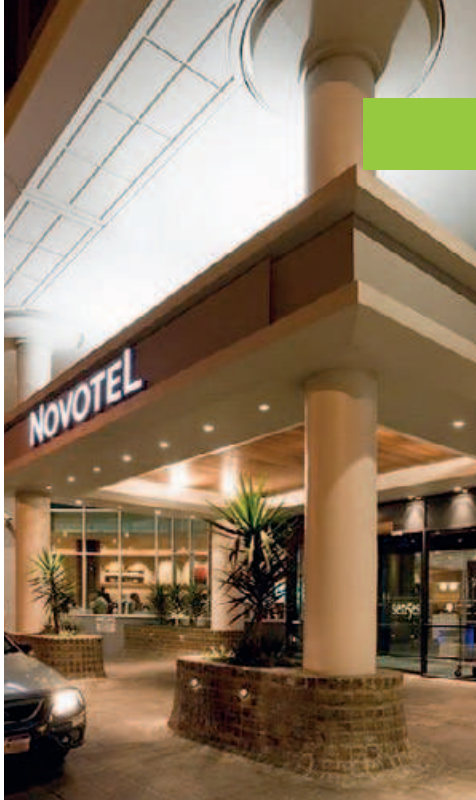
1. is assessment capable—knows where they are going, how they are going and where to go next
2. has clarity about what they are learning, why they are learning it and will know how to be successful in their learning
3. actively seeks and receives feedback to progress learning
4. uses a shared language of learning
5. has metacognitive awareness/can self-regulate—they are aware of how and when to apply particular learning strategies and learning dispositions to achieve their learning goals

This session will focus on is not only what this means for a student, but also examine the actions and mindframes that teachers need to have to develop these students in their own classroom/school.

6.5 Creating designed solutions—A taste of Asia

Kim Weston, Methodist Ladies' College,
Victoria and Leanne Compton, Victorian Curriculum and Assessment Authority

Explore a 10-week unit of work in Home Economics that addresses the Australian Curriculum, and explicitly focuses on using a design brief to explore the cuisine of Asian countries. Learn about how the processes of technologies can be incorporated so students create their own designed solution of an Asian hawker-style food product. Explicit strategies to support design thinking will be explained and participants will be shown the unit outline, recipes and assessment used to teach the unit, which is delivered via a wiki, with explicit use of digital tools.



accommodation

Novotel Perth Langley

221 Adelaide Terrace, Perth WA 6000

www.novotel.com/perth

Tel: 08 9221 1200

The hotel offers an extensive range of services and facilities, including a mini-gymnasium, restaurant and wine bar. Standard accommodation rooms are spacious and include either one queen or two double beds, armchair and coffee table, high-speed internet access (fee applies), and Foxtel news and sports and views over the city.

Goodearth Hotel

195 Adelaide Terrace, Perth WA 6004

www.goodearthhotel.com.au

Tel: 08 9492 7777 or 1800 098 863

The Goodearth Hotel offers great value 3.5 star accommodation and is centrally located within minutes of Perth's CBD. Guests can enjoy the convenience of fully-equipped kitchenettes, free Wi-Fi internet access, flatscreen televisions with Foxtel and movies-on-demand, reverse cycle air-conditioning/heating and a daily housekeeping service.

All Suites Perth

12 Victoria Avenue Perth WA 6000

www.allsuitesperth.com.au

Tel: 08 9318 4444 or 1800 000 675

All Suites Perth offers all the comforts of home, all the service of a hotel, and all on the doorstep of Perth's main attractions. Studio apartments are fully equipped with kitchens, fridges, clothes washing machines, as well as Foxtel televisions. City Spices Café and Bar is located on the ground level, offering Indian cuisine seven nights a week for dinner. The hotel is also equipped with wireless internet access, available from guest rooms as well as public areas within the property (fee applies).

Mantra on Hay

201 Hay Street, Perth WA 6000

www.mantraonhay.com.au

Tel: 08 9267 4888 or 13 15 17

The Mantra on Hay is a 4.5 star property offering apartment style accommodation. Each apartment features stylish décor with air-conditioning, in-house movies, kitchen and laundry facilities and a private balcony. The one-bedroom apartment contains one queen bed; the two-bedroom apartment contains one king plus one queen (zip) bed and the three-bedroom apartment contains one king plus two queen (zip) beds. Colleagues wishing to share accommodation, please book directly with the Mantra on Hay.

Hotel accommodation has been reserved on behalf of conference delegates until Friday, 29 August 2014. Accommodation will be allocated in order of receipt of bookings and is subject to availability. Accommodation bookings should be made as part of the online registration process.

Payment for accommodation

A credit card number is required at the time of booking, which will be passed on to the hotel to guarantee your booking. The hotel will charge your credit card full payment at the time of check-out. If you wish the hotel to settle your account with a credit card of which you are not the signatory, you must provide written authority to the hotel to do so. You may pre-pay the full amount of your accommodation via cheque or EFT directly to the hotel within 30 days of check-in. Bookings are unable to be confirmed until your credit card details or payment are received.

Changes to your accommodation booking

Please notify your requests for changes in writing to the conference secretariat via email, heiaperth2014@expertevents.com.au or fax, 07 3848 2133.

Cancellations

Please refer to the conference website for the specific cancellation policy for each hotel.

Accommodation bookings should be made online as part of the registration process.

Hotel	Novotel Perth Langley	Goodearth Hotel	All Suites Perth	Mantra on Hay
Room type	Standard guest room	Superior studio room	Studio apartment	One-, two- and three-bedroom apartments
Room only (rate/night)	\$269	\$165	\$205	Price upon request (please enquire with hotel directly)
Daily breakfast rate per person (if pre-booked)	\$25	\$15	Armada Restaurant, across road. Cooked buffet \$23.95; continental buffet \$16.00.	
Bedding configuration	One queen or two double beds	One queen bed	One queen bed	
Walking distance to venue		2 min	5 min	7 min



pre and post conference tour information



The things to do and places to visit whilst in Perth are many and varied. Some sightseeing is very easy to plan yourself, and often, there is no cost. Others are better organised through a booking agency. HEIA recommends such tours are booked via the WA Visitor Centre. Please visit the HEIA conference website for further ideas.

Self-organised places to visit

Perth city

Visit famous Kings Park with botanical gardens, great walks and amazing views of the city and surroundings. Alternatively, visit the Bell Tower down by the water, the historic Perth Mint, the Art Gallery or the Western Australia Museum. If you would like to do some shopping, Hay Street and Murray Street mall is the main shopping area, or visit Harbourtown in West Perth for outlet shopping.

Fremantle

Discover the character and charm of the lively port city of Fremantle, where history and culture combine to create a rich display of unique architecture and a spirited personality. Embark on a journey through the city streets to explore Fremantle Prison, Fremantle's markets (Friday, Saturday, Sunday only) and the Western Australian Maritime Museum.

Mandurah

Just an hour's ride by car or train from Perth puts you right at the heart of the beachside buzz. Wide-open waterways, memorable family fun and an enviable lifestyle can all be enjoyed in the vibrant city of Mandurah. Visit the new marina precinct with its boardwalk cafes, restaurants, bars and shops. Alternatively, take a lovely scenic dolphin watching tour through the many canals, and spot water birds along the way.

Margaret River

Margaret River is a popular base for enjoying the region's fine flavours and spectacular scenery, where rolling vineyards sit against a backdrop of ocean and forest. You'll be spoilt for choice, with many fine restaurants, boutique breweries, art galleries and fresh produce, from cheeses to chocolate. Margaret River's coast is great for surfing, or if you venture inland, you can visit some of the ancient limestone caves that are open to the public.

Tours organised by the WA Visitor Centre

The Western Australia Visitor Centre in Perth offers a free booking service and can assist tour bookings (both day and extended tours), accommodation bookings, car rental and of course general information. Bookings can be made via email, phone and also the website:

Western Australian Visitor Centre
55 William St, Perth
Tel: 1800 812 808
Email wainfo@bestof.com.au
www.bestof.com.au/wa

Terms & Conditions:

Please be advised that Best of Australia Travel Centres P/L always acts as a travel agent in booking or arranging travel related services on your behalf. Therefore the contracted responsibility and liability to provide or deliver those services is always that of the relevant service provider. Prices are also subject to change.

Examples of tours from Perth

Swan River scenic cruise Perth to Fremantle

If short on time and planning to travel between Perth and Fremantle, at least one way should be on the river! Cruise duration is 1 hr 15 min.

- Departs Perth to Fremantle daily at 9.45 am / 11.30 am / 2.15 pm.
- Departs Fremantle to Perth daily at 11.15 am / 12.45 pm / 3.45 pm.
- Adult \$28.00 one way / \$38.00 return;
Child (4-14yrs) \$16.00 one way / \$21.00 return

Upper Swan lunch cruise

This all-inclusive lunch cruise offers the opportunity to enjoy a delicious buffet featuring a trio of tempting hot dishes, complemented by a variety of seasonal gourmet salads. Cruise up the Swan River past iconic landmarks such as the Crown Casino Complex, the East Riverside development and WA's renowned Belmont Park and Ascot Race courses.

- Departs Perth daily 1.15 pm
- Adult \$109.00; Child (4-14yrs) \$80.00

Twilight cruise

This 90-minute cruise passes the historical Old Swan Brewery and various historic landmarks and modern developments of this ever-changing vibrant city.

- Departs Perth Wednesday, Friday and Sunday 5.30 pm
- Adults \$34.00; Children (4-14yrs) \$19.00

Mandurah dolphin and scenic canal cruises

On this scenic canal cruise, you will see some of the multi-million dollar canal homes, the ocean marina, the venetian-style canal system and keep an eye out for playful dolphins.

- 1-hour cruise, departs every hour, every day between 10 am and 4 pm.
- Adult \$28.00; Child (3-12 yrs) \$14.00

Rottneest Island

Famous for its laid-back atmosphere and beautiful beaches, Rottneest Island lies just 18 kilometres offshore from Perth. Surrounded by coral reefs and shipwrecks, the diving and snorkelling are amazing. As the island is a car-free zone, hiring a bicycle is the best way to get around. Alternatively, there is a local hop-on, hop-off bus that goes around the island and provides a basic commentary. Packages are available that include bike hire or coach tour.

Ferry only (daily)

- Departs Perth to Rottneest daily at 8.30 am.
 - Departs Rottneest to Perth daily at 3.55 pm.
- Approximate travel time is 2 hours.
- Adult \$97.00 return; Concession \$92.00 return

Margaret River discovery tour

Enjoy free time in Margaret River town, sample local cheese at a cheese factory, enjoy some wine tasting at some of the great wineries in the south-west, and visit the chocolate factory, Busselton Jetty and Canal Rocks. Morning tea, wine and cheese tasting included. Pick up from CBD hotels possible. Operates Wednesday, Friday and Sunday.

- Adult / concession \$175.00;
Child (3-12 yrs) \$125.00

Swan Valley

Offering everything from wine tasting to art galleries, the Valley of Taste is a great spot to escape the hustle and bustle of city life. Two of the main companies that operate tours to and around the Swan Valley are Swan Valley tours and Out & About wine tours. All tours run daily if they meet the minimum number.

Full-day coach tour

Includes a coach tour through historic Guildford, a visit to five quality wineries, gourmet cheese platter, gourmet platter lunch, a visit to a boutique brewery, chocolate tastings and truffle at the Margaret River Chocolate company.

- Adults \$110.00

Afternoon delights winery tour

Coach tour through historic Guildford, a visit to three quality wineries, beer sample with snacks at a boutique brewery, cheeseboard and produce tasting.

- Starting from \$65.00 pp for adults

Pinnacles day tour

The lunar-like Pinnacles form one of Australia's most unique and fascinating natural landscapes. Formed over millions of years, thousands of tall limestone spires rise eerily out of the yellow desert sands of the Nambung National Park, just over 2.5 hours north from Perth.

Full-day Pinnacles, koalas and sand boarding 4WD adventure tour (daily)

Includes Caversham Wildlife Park, the Lobster Shack, Pinnacles Desert, Cervantes, Nambung National Park and Lancelin. In Lancelin, you will be taken 4WD-ing over the sand dunes (by bus) and for those who want some more adventure, there is the option to go sand boarding. Includes lunch and CBD hotel pick up / drop off.

- Adult \$215.00; Concession \$194.00;
Child \$120.00

Pinnacles & Caversham Wildlife Park (Tue, Thurs, Sat)

Includes Caversham Wildlife Park, Pinnacles Desert (with plenty of time to explore), Nambung national park, and a visit to one of the beaches for a walk or swim. Morning tea, lunch and pick up / drop off from CBD hotels are included. Operates Tuesday, Thursday and Saturday.

- Adult / concession \$175.00;
Child (3-12 yrs) \$125.00

Full-day Margaret River, Mammoth Cave, wine, Cape Leeuwin Lighthouse & Busselton Jetty

The most extensive day trip to the Margaret River region! Visit the Busselton Jetty, one of the great Margaret River wineries, a brewery, Mammoth Cave, Boranup Forest, Cape Leeuwin Lighthouse (where the Southern and Indian Oceans meet) and Margaret River township. Pick up from CBD hotels is available. Lunch is included. Operates Monday, Tuesday, Thursday, Friday and Saturday

- Adult \$215.00; Concession \$194.00;
Child (5-12 yrs) \$120



Disclaimer of liability

The HEIA conference organisers reserve the right to amend the conference program. The conference organising committee, the HEIA, and the conference organisers will not accept responsibility for any act or omission of speakers from the program. No liability will be accepted by the conference organising committee, the HEIA or the conference managers, howsoever sustained by delegates or accompanying persons, for loss or damage caused to delegates' personal property as a result of the conference or related events, or in the event of industrial disputes.

Airport/hotel transfers

The Perth Airport is approximately 20 minutes' drive from the city.

Airport shuttle

Operating both to and from Perth Airport T3 (Domestic) and Perth city, the CONNECT shuttle will pick you up or drop you off at five convenient locations:

- East Perth train station
- WA Museum on Beaufort Street
- Wellington Street, opposite the YHA Backpackers Hostel
- The Kings Perth Hotel, corner of Pier and Hay Streets
- The Ambassador Hotel, Adelaide Terrace.

Tickets are \$15 per person one way.

Should colleagues wish to share an airport transfer, several private airport shuttle services operate to the Perth CBD. Please view their website for further information:

www.go2transfers.com.au

www.prioritypickup.com.au/

www.blacklane.com/en/airporttransfer/perth

Public transport

Transperth operates a bus service to and from Perth Airport's Domestic Terminals 3 and 4 (T3 and T4). This bus stop is located in the bus lane, closest to T4.

To view maps and timetables or for further information on *Transperth* services, please visit www.transperth.wa.gov.au or contact *Transperth* on 13 62 13 (Perth metro area) or 08 9428 1900.

Taxi

Covered taxi ranks are located at the current International Terminal (T1) and Domestic Terminals T2, T3 and T4. Taxi ranks are also located along Valentine Road, serving Skippers Aviation and Cobham Aviation passengers. As a general guide, the fare to Perth CBD is \$38.

Disabled facilities

If you require disability-specific facilities, please notify the conference secretariat when you register. Access to the conference rooms is by stairs, escalators and lifts.

Dietary requirements

Please advise of allergies or specific dietary needs during the registration process.

Dress

Smart casual attire for conference sessions.

Insurance

It is strongly recommended that delegates take out adequate medical, travel and personal insurance before travelling.

Internet access

Limited complimentary wireless internet access is provided by the Novotel Perth Langley for the duration of the conference.

Privacy policy

Upon registering to attend this conference, some of your personal details may be used to generate a delegate list, i.e. name, organisation, address and email address. This list will be distributed to other organisations directly related to the conference, such as sponsors and trade exhibitors. Please indicate on the registration form if you do not want your details to appear on the delegate list. In providing your email address, you agree to receive email correspondence in relation to this conference.

Please advise the photographer if you do not wish photographs that include you to be published in HEIA publications or website.

Conference venue

Novotel Perth Langley

221 Adelaide Terrace, Perth WA 6000

A 4.5 star hotel, the Novotel Perth Langley boasts a superb location right in the heart of Perth city and the CBD. Shopping malls, entertainment, restaurants, tourist attractions and scenic riverside parklands of Langley Park and the Swan River are all close by.

Public transport

In Perth, a modern bus system links all suburbs and surrounding towns to the city, while a free Central Area Transit (CAT) service operates within the main city area. The Perth Central Area Transits are free and high frequency services that operate in the Perth CBD. For more information view www.transperth.wa.gov.au

Trade exhibition

There will be a trade exhibition in the foyer on the conference level of the Novotel Perth Langley. Morning tea and dessert will be served in this area to enable participants to view the exhibition.

Conference secretariat

For further information or assistance with your conference registration, please contact:



Email: heiapert2014@expertevents.com.au

Phone: 07 3848 2100

Fax: 07 3848 2133

Post: PO Box 351, Hamilton Central, Qld 4007



www.heia.com.au

Email: heia@heia.com.au

Conference website and online registration available at www.heia.com.au/events-conference

Conference program at a glance

Monday 29 September 2014

4.00 pm - 6.00 pm **Welcome reception**
Mercedes College

Tuesday 30 September 2014

7.45 am - 8.40 am Registration
8.15 am - 8.40 am Welcome refreshments
8.45 am - 9.15 am **Opening ceremony and Welcome to Country**
9.15 am - 10.15 am **Opening keynote address**
The shape of things to come
Michael McQueen
10.15 am - 10.45 am Morning tea
10.50 am - 12.05 pm **Concurrent session 1**
12.05 pm - 1.20 pm Lunch
1.20 pm - 2.35 pm **Concurrent session 2**
2.35 pm - 2.50 pm Mini Break
2.50 pm - 3.20 pm **Keynote address**
The Australian Curriculum and Home Economics
Dr Janet Reynolds
3.20 pm - 4.20 pm **Panel**
Trending—Home Economics
A panel of views of home economics practitioners
4.20 pm - 4.45 pm **Plenary reflections**
Reflections, excitements and challenges
4.45 pm Close

Wednesday 1 October 2014

7.30 am - 8.25 am Registration
8.00 am - 8.25 am Welcome refreshments
7.30 am - 8.15 am Sunrise sessions
8.30 am Welcome to Day 2
8.40 am - 10.25 am **Keynote panel address**
Eating healthily and sustainably—The morals and ethics behind an obese society
Professor Martin Caraher, Professor Mike Daube, Dr Christina Pollard, Dr Rosemary Stanton
10.25 am - 10.55 am Morning tea
11.00 am - 11.30 am **Concurrent session 3**
11.40 am - 12.40 pm **Concurrent session 4**
12.40 pm - 1.15 pm Lunch
1.15 pm - 4.30 pm **Site visits**
7.00 pm Conference dinner

Thursday 2 October 2014

7.30 am - 8.25 am Registration
8.00 am - 8.25 am Welcome refreshments
8.30 am - 8.40 am Welcome to Day 3
8.40 am - 10.10 am **Keynote address**
Visible learning—The research
Jayne-Ann Young
10.10 am - 10.40 am Morning tea
10.45 am - 11.15 am **Concurrent session 5**
11.25 am - 12.55 pm **Concurrent session 6**
12.55 pm - 2.10 pm Lunch
2.10 pm - 3.40 pm **Keynote panel address**
The objectification of women and sexualisation of girls: how it harms and what we can do about it
Melinda Tankard-Reist
Impact of migration on Muslim families
Professor Samina Yasmeen
3.40 pm - 4.00 pm Closing ceremony
4.00 pm Close of conference and farewell drinks

registration information

Please go to www.heia.com.au/events-conference-registration for full details.

Registration fees (per person)

Registration fees are based on date of receipt of payment (not based on registration date). All prices quoted are in Australian dollars and are inclusive of GST.

Registration type	Earlybird up to Friday 1 August 14	Standard after Friday 1 August 14
HEIA member registration	\$595	\$695
HEIA full-time student/ retired member registration*	\$495	\$595
Non-HEIA member registration	\$695	\$795
Non-member full-time student registration*	\$595	\$695
HEIA member day delegate	\$240	\$325
Non-HEIA member day delegate	\$325	\$375

Payment at the earlybird rate must be received by Friday 1 August 2014; otherwise standard fees will apply.

* Please also fax or scan proof of concession entitlement (pensioner, healthcare, full-time student card, etc.) in order to claim concession rate.

Social event fees (per person)—see page 2 for details of events

Welcome reception

Cost: Included for all registered conference participants
Cost for additional guests: \$20

Conference dinner

Cost: \$100

Entitlements

All registration categories include:

- welcome reception at Mercedes College on Monday, 29 September
- attendance at all plenary sessions, six concurrent sessions, one site visit and one Special interest group meeting
- refreshments upon arrival, morning tea, lunch each day
- closing drinks.

To register

Complete the online registration form at www.heia.com.au/events-conference-registration
Online registration enables payment of your registration fees via MasterCard or Visa. Alternatively, you may nominate to forward payment via cheque or EFT.

Registration acknowledgment

When you submit your registration details online, a confirmation letter and tax invoice/receipt will be instantly emailed to you. If you do not receive a copy of your registration confirmation at this time, please email heia Perth 2014@expertevents.com.au or telephone the Conference Secretariat on 07 3848 2100. All acknowledgements and communications will be via email.

Payment of registration fees

Please note that registrations will not be finalised until payment in full is received.

Cheque payment

Cheques should be made payable to Home Economics Institute of Australia - Conference Account

Please post to:
HEIA 2014, c/- Expert Events
PO Box 351, Hamilton Central Qld 4007

EFT payments

BSB: 062 907

Account: 1033 7669

Name: Home Economics Institute of Australia Inc - Conference Account

Reference: Please use your invoice number and surname to identify your deposit

Remittance advice must be sent to heia Perth 2014@expertevents.com.au

Credit card payments

Credit card payments may be made by MasterCard or Visa. Payments will appear as Expert Events on your credit card statement.

Changes to your registration

Please advise your requests for changes via email: heia Perth 2014@expertevents.com.au or fax: 07 3848 2133.

Registration desk

The conference registration desk will operate from 7.30 am on Tuesday, 30 September at the Novotel Perth Langley, where delegates will receive their name badge and satchel.

Cancellations and refund policy

Cancellations must be advised in writing to the Conference Secretariat. Registration cancellations received up to Monday, 1 September 2014 will receive a refund of registration fees, less an administrative fee of \$55. Registration fees will not be refunded after Monday, 1 September 2014 unless extenuating circumstances apply and will be at the discretion of the Conference Committee. Eligible refunds will be issued after the conclusion of the conference. Registrations are transferable to a colleague at any time prior to the conference provided the Conference Secretariat is advised in writing.