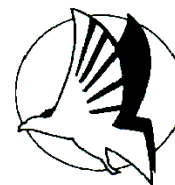


Soar with the AVMS Falcons...

PTSA®

everychild.one voice.



...Volunteer hours for AVMS PTSA

Dear Moms, Dads and others who *want to make a difference*:

One of the myths about middle school is, “*They don’t need my help.*” Not true! Together, our PTSA volunteer hours really add up, and help our students become more successful. Participating in your AVMS PTSA is a great way to help your school, and at the same time, keep up to date on what is going on at your school and with your students. Please take time to read the positions below and check all areas in which you would like to be involved. For more information visit our website at www.avmsptsa.org.

On Campus – During the School Day

- Library Volunteer: Help students check in/out materials, re-shelve books, other duties. Weekly shifts during lunch period.

Departmental Programs – 2-3 hour commitment per event

- Magazine Sale: Assist ASB students with ASB Magazine Sales receipts. Fall, during school hours
- Cookie Dough Distribution: Pass out boxes after school to students who have sold cookie dough in the Science Dept. fundraiser. Fall, after school.
- Turkey Trot: Cheer on the runners for this P.E. department event in November during school hours.
- Falcon Olympics: Supervise athletes. May, during school.
- Book Fair: Help with sales during school hours in September and in May.

Work from Home

- Data Entry: Update existing PTSA files using Microsoft Excel.
- Phone Calls: Help schedule volunteers for on-campus events and programs using current PTSA list of interested parents.

- Legislation – Be an active member of the PTSA Council Legislation team. Monthly meetings and advocacy trips/meetings throughout the year.

PTSA Committees and Programs

- Fundraising Programs: Coordinate the eScript and Ralphs card programs. Ongoing through the year.
- Hospitality: Help with food, setup, cleanup, and serving for AVMS PTSA teacher/staff luncheons –December and May.
- Parent Education: Help with the selection of topics and recruitment of speakers for parent programs. Forward parenting tips, articles, and information to Newsletter Editor. Sept. – June.
- PE Clothes Sales: Learn the entire process of ordering, registration, stocking, and selling of AVMS P.E. Clothes.
- Recycle Program: Help plan, organize and implement the AVMS recycle program. September – June.
- Reflections Art Program: Help organize the program and set up display of student work for art show in November.
- Volunteer Committee: Help schedule volunteers to help with on-campus events and programs throughout the school year.

Visit the CUSD website at www.capousd.org for the Volunteer policy.
Visit the PTSA website at www.AVMSPTSA.org!

PTSA Board Position

Please return this form to the PTSA table during Registration

Name _____ Phone _____

E-Mail _____

Availability Notes _____

Students Name(s) _____ Grade(s) _____