Home Life Style

Page 9, 10

MARCH 15-21, 2012 25 CENTS Newsstand Price



BethAnn Telford, in yellow T-shirt and knee socks, in May 2011 at the Race for Hope in Washington, D.C.

Run a Race, Help Save Lives

By Bonnie Hobbs The Connection 5K in honor of two local women.

fter surviving breast cancer, chemotherapy and radiation, Centreville's Vanessa Spiller is doing well and hopes to soon receive a clean bill of health from her doctor. Fair Lakes resident BethAnn Telford was diagnosed with a Stage III brain tumor in 2005, and is still fighting for her life.

And on Saturday, March 24, at the Fairfax Corner Shopping Center, the Rev3 Run Rogue 5K will be run in their honor. All proceeds will be split evenly between Life with Cancer www.http://

lifewithcancer.org/ and the National Brain Tumor Society http://www.braintumor.org/.

But the two, local women won't be sitting on the sidelines. Both are athletes and, on race day, they'll be running in the 5K. "Vanessa and I will be at the starting line clad in superhero capes, appropriately marked with the words, 'Beat Cancer,'" said Telford.

The pair will start the race 30 seconds before

See 5K in Honor, Page 2

Food, Fashion and Fun in Fair Oaks

Salvation Army fund-raiser includes lunch, silent auction.

By Bonnie Hobbs

Centre View

ood, stylish clothing and fun are on the menu for the Fairfax Salvation Army Women's Auxiliary's upcoming fund-raiser. It's slated for Friday, March 30, at the Waterford in Fair Oaks (across from Fair Oaks Mall).

The event is the 32^{nd} Annual Fashion Show/Luncheon/Silent Auction to benefit the Fairfax Salva-

tion Army. The silent auction begins at 10:30 a.m., and lunch — catered by the Waterford — is at noon. Tickets are \$40; contact event Chairman Angela Ganey at 703-250-5809 or via angelaganey@verizon.net.

Lord and Taylor is providing the fashions and, this year for the first time, men will also model. At least seven women and three men will each model three different outfits for casual wear, daytime and evening soirees. In addition, musical entertainment will be provided by opera star Angela Knight, currently in her 13th season with the Washington National Opera.

SEE LUNCHEON TO BENEFIT, PAGE 4

Collecting Items For Soldiers

Chantilly NHS students create care packages.

By Bonnie Hobbs Centre View

ife lessons don't always come from books. National Honor Society (NHS) students at Chantilly High are learning that firsthand, showing care and compassion by collecting items to send to U.S. soldiers overseas. Students at other Chantilly Pyramid schools are collecting, too, as part of the America's Adopt-A-Soldier program.

They'll pack it all up, along with thank-you notes, Saturday, March 24, from 10 a.m.-3 p.m., in the school cafeteria. Volunteers will assemble boxes, sort and pack donated items, write thank-you notes to the soldiers for their service and fill out customs forms and address labels

Donations will be accepted until Thursday, March 22, and many more items are needed, so it's hoped that local residents who haven't yet contributed will do so, and will also help with the March 24 packing. They just have to show up.

"We've collected a lot of donations, but we're far from the number we need to reach our goal of sending care packages to hundreds of soldiers overseas," said NHS cosponsor Nancy Holincheck. Items may be dropped off at the Chantilly High office, weekdays, from 8 a.m.-3 p.m. For more in-



Ariana Mollers (left) and Priyanka Srinivasan sort bags of donated items.

formation, contact NHS co-sponsor Charles Demek at ctdemek@fcps.edu.

Needed are international calling cards, plastic Ziplock bags (sandwich, quart or gallon size); bottled water (donations of cases of water are greatly appreciated); baby wipes (travel pack); sunscreen or bug repellant (no aerosols); individual instant-drink packets (i.e., instant coffee or tea, sports drinks or Crystal Light packets); nonchocolate, individually wrapped snacks that travel well, such as mini bags of pretzels, Pringles, crackers or cookies. (Items must be store-bought and packed individually; homemade items can't be

Also needed are batteries, playing cards, toiletries, paper and pens, socks, chewing gum, laundry detergent, dental floss, Q-tips,

SEE CARE PACKAGES, PAGE 3

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News

5K in Honor of Two Local Women

anyone else, and then — for every 5K participant who passes them — one of the event's sponsors will donate \$1/participant in support of the two charities.

Rogue Racers and Rev3 Adventures are putting on this fundraiser. Rogue Racers is a Fairfaxbased, running/triathlon club. Rev3 Adventures puts on adventure races in, for example, mountain biking, running and canoeing.

The March 24 event promises to be fun and family-oriented. Participants may walk or run a USATFcertified 5K course at 8:30 a.m., or participate in a 1K kids' fun run at 8 a.m., before the main event. Both courses start and end in front of Coastal Flats restaurant. Strollers are allowed in the 1K, but no dogs in either race.

Cash prizes will be given to the top three male and female finishers, and the first-place winners will also receive coupons for a free pair of Brooks shoes. There'll be agegroup awards, too, plus over-40 cash prizes. Sign up at http:// www.runrogue5k.com/ Run_Rogue_5K/Race_Info.html. Donations may also be made there. Registration is \$30, 5K; and \$15, 1K, ages 8 and under.

The fun includes Starbucks pastries and coffee, face-painting and music. Every finisher will receive a Ben & Jerry's ice-cream cone, and every child in the 1K will get a medal.

Both Spiller, 46, and Telford, 42, have been good friends for several years. They run and train with Rogue Racers for various competitions, including the upcoming Boston Marathon in April.

In September 2011, Rogue Racers decided to create a 5K for two of its members — Spiller and Telford — and give 100 percent of the proceeds to charity. Spiller's half will go to Life with Cancer because it helped her so much while she battled breast cancer.

Telford's nonprofit fund-raising organization, Team BT, which raises money for the National Brain Tumor Society (NBTS), will receive the other half.

Since her diagnosis, Telford's undergone two surgical resections — plus countless hours of rehabilitation to regain her speech and physical function after each one. But she still works full time for the U.S. Government Printing Office, has run the Marine Corps Marathon and participated in endurance races including two Ironman competitions.

She recently qualified for the Boston Marathon for the second time since being diagnosed. Telford also actively campaigns for the NBTS and has raised more than \$300,000 for it. But her health problems are far from over. She has trouble sleeping, gets bad pains after eating and, she said, "My brain isn't telling other parts of my body what to do."

Her doctor at Johns Hopkins Medical Center plans to tackle these issues; but first, said Telford, she's running the Boston Marathon, April 10, for her third time. "I was on a walker, the first part of January, after surgery for a pacemaker to regulate my bladder," she said. "So my doctor knows how much it means to me."

She's also looking forward to the Rev3 Run Rogue 5K. "Holly Jahshan, race director of Rogue Racers, is one of my dear friends, and she surprised me with this race," said Telford. "She said it would raise money for Team BT for research to save my life and others'. Vanessa, also a dear friend, has been there for me at my worst, and still is, so the race is for both of us."

Telford's also a fan of Life with Cancer. "It's a great organization and I still go there for counseling," she said. "There's a brain-tumor support group that meets once a month. And I run the Virginia Run Turkey Trot — which also benefits Life with Cancer — every year in a ballerina tutu."

She raises money for NBTS from December through May. "I'm tired, but I can't give up," she said. "For example, the other day, I met a little girl, Gracie, who's 6 and struggling with brain cancer — so that's why I have to keep fighting. Everything I do goes right to the charity, and my friends help keep me going. They send me e-mails and inspirational notes every day."

"My motto is 'Never, never give up," said Telford. "And when I get down, I look at those words, posted all over my house. My favorite word is 'hope' so, if I get down, I just look at the inner side of my left wrist where it's tattooed."

She's also thankful for her friends. "Holly is amazing - she went to chemo with me," said Telford. "And when I was so sick, Vanessa brushed my hair, told me it was going to be OK and helped me run again. I couldn't pick a better person to fight cancer with than her."

Telford said each event she participates in helps raise awareness. "Team BT has so many people who've either lost someone to a brain tumor or are struggling with it, themselves," she said. "I raised \$72,000 for it last year."

Because of her efforts, NBTS has already made two, brain-tumor research grants in Telford's name. One went to the Cleveland Clinic in 2009; the other, to the University of Florida in 2011.

To prepare for the Fairfax Corner event, she ran a four-mile race last Saturday in Clarendon and will run a half-marathon this week in Virginia Beach. And she's delighted that more than 700 people have already registered for the Run Rogue 5K.

"When Holly first told me about this race, I thought about how all the people who are suffering especially the little kids - are going to be excited about it," said Telford. "And what better way to support people with cancer, help both NBTS and Life with Cancer and get in shape for spring, all at the same time?"

Since cancer touches so many lives, Rogue Racers is asking people to share their stories of inspiration and perseverance at the race's Web site, http:// www.runrogue5k.com/ Run_Rogue_5K/Our_Heroes.html. "A woman wrote about how her young son has a brain tumor and is going to run in the 1K," said Telford. "She was so pleased that there was something for him. That makes me feel so good."



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Rachel Dunning (left) and Angela Shen check out the contents of a box.



From left: Priyanka Srinivasan, Christy Quetsch and Rachel Dunning will soon help pack these



Chantilly NHS advisor Charles Demek (center) poses with (from left) Franklin Middle students Joshua Williams and James Ventrelli, who used their birthday money to buy items for Adopt-A-Soldier.

Chantilly Students Create Care Packages for Soldiers

From Page 1

disposable cameras, individually wrapped hard candies, hand lotion, bar soap, bodywash gel, hand sanitizer, shaving gel, shampoo and conditioner, toothpaste and toothbrushes, Chap Stick or Blistex, and travelsize tissues.

"Our students have been working hard on the donation drive and in planning for the care-packing event," said Holincheck. "These kids have a commitment to service that is impressive, and they understand the sacrifice made by our troops overseas and at home. Every fall, the Chantilly NHS sponsors a Veteran's Day dinner for military veterans, and we envision our current service project as another way to show our appreciation to the men and women who serve our country."

Retired Army officer Mary Keeser founded the nonprofit America's Adopt-A-Soldier in 2009 and has helped Chantilly students coordinate their efforts. For more information about this program, see www.americasadoptasoldier.org.

Holincheck, an AP physics teacher, heard about it when Lake Braddock Secondary School did it. She helped out and then told Demek and another Chantilly NHS co-sponsor, Melissa Guerro, about it. Then they shared the idea with the NHS officers.

"They liked it but, instead of just doing it here at Chantilly, we expanded it to our feeder middle and elementary schools," said Demek. Then he and NHS President Ariana Mollers and Vice-President Angela Virostek obtained PTSA support to help spread the word.

In addition, said Holincheck, "Our prin-

cipal, Teresa Johnson, has supported this service project from the beginning. She's done a lot to help us by getting the other schools involved in our donation drive."

"We briefed her in January and she brought it up to the other principals at a Pyramid meeting," said Demek. "We then took about 1,000 fliers to each of those schools, dividing up the lists of items needed among them."

"I love the idea and I'm excited for the NHS kids," said Johnson. "All the Pyramid principals were excited about it, too. I think anything involving the entire community is terrific. Our kids made arrangements to pick up donated items from the middle and elementary schools, and the Chantilly SGA also supported and helped advertise the project. I'm really proud of our kids and proud of the community response, too — it's been just amazing."

The collection drive began Jan. 23. At Chantilly, students at each grade level were asked to bring in different items. Freshmen and sophomores asked people in their P.E. classes for donations, and juniors and seniors worked through their English classes. Eventually, one class in each grade level that gets 100-percent participation will be rewarded with a pizza party.

The NHS officers and students have done much of the project's planning and coordinating. However, stressed Demek, "This is truly a community effort. All students are invited to participate, as well as staff at the schools and members of the community."

Holincheck said they've also been "inspired" by feedback from students at other local schools. Joshua Williams and James Ventrelli, students at Franklin Middle School, both recently celebrated their 13th birthdays. But instead of requesting gifts for themselves, they asked their families and friends to contribute money for donations to the care packages. They received \$550 and used it to purchase items for the Adopt-A-Soldier drive.

At Rocky Run Middle School, civics classes and members of the National Junior Honor Society are collecting donations and holding a letter-writing event to contribute to the cards and letters that will be included in the care packages. And younger children have contributed drawings for the soldiers.

"We got a load of material two weeks ago from Oak Hill Elementary," said Demek. "Parent Amy Smith worked with Franklin and Oak Hill to coordinate it. We picked up donations Monday from Greenbriar East Elementary and will pick up Greenbriar West's next week."

Proud, as well, of his NHS students, Demek said, "This is a tremendous effort on their part. These kids have busy lives, and to reach out to the Armed Forces shows their character. The students really get a lot out of it; it's a good experience in their lives. This also shows the type of community we're living in — devoted to our soldiers and our country."

Senior Ariana Mollers said they've been pleasantly surprised by how much the elementary students have donated. Toughest, she said, is "keeping track of everything and keeping it all organized, from taking names of people who've donated to listing names of volunteers.

The best part, she said, is "being able to give my community a chance to give back. Seeing my peers go out and buy something

for a soldier really touches me, and the NHS is glad to give them this opportunity."

Classmate Angela Virostek is "ecstatic — it's been a great, unifying experience for the school. I read the letters written to the soldiers while sorting them for packing, and the students' sentiments show that it's not just about getting service hours for this project. They actually care about the soldiers on active duty."

"We hope more people will donate if they can," she continued. "It's a great cause and a great feeling of accomplishment that you've actually made a difference in someone's life."

NHS publicity officer Carrie Ceh is thrilled that "soldiers overseas will get packages of awesome things, like conditioner and shampoo, that we take for granted, but they'll be excited to open. My dad's worked for Marriott for over 25 years, and he brought home a bunch of toiletries to donate. His hotel was going to throw them out because it was changing products. I also wrote a letter to other hotels for donations and a couple came through."

NHS historian Hattie Clougherty said one of the nicest things about this project is bringing the whole community together. "A group of Girl Scouts donated eight boxes of Girl Scout cookies," she said. "At Lees Corner Elementary, I filled my car trunk with Ziplock bags and other items, and at Rocky Run, Angela filled her SUV with donations."

"It's great to see so many people rising to the occasion to support our troops," continued Clougherty. "They want to be part of something that's so much bigger than them."

Roundups

St. Baldrick's Day Celebration

On Saturday, March 17, Centreville's eighth annual St. Baldrick's Day celebration will be held at Fast Eddie's in the Newgate Shopping Center at Routes 28/29. Bands will perform at 3 and 4 p.m. Then at 5 p.m., participants will have their heads shaved bald while friends and families cheer them on. Mechanical bull rides will be available for \$5, with proceeds going to St. Baldrick's. The event

raises money for childhood cancer research and is open to the public. To participate or to make a donation, go to http://www.stbaldricks.org/events/mypage/149/2012.

County Budget Meeting, March 22

Supervisor Michael R. Frey (R-Sully) is holding a Sully District Town Hall meeting to discuss Fairfax County's proposed 2013 budget. It's set for Thursday, March 22, at 7 p.m., in the cafeteria of Rocky Run Middle School, 4400 Stringfellow Road in Chantilly. Also participating will be Sully District School Board representative Kathy Smith, plus representatives of the county's Office of Management and Budget.

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, March

22, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust them, as needed.

However, because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000, ext. 5140, to confirm dates and times.

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News

Luncheon To Benefit Salvation Army

From Page 1

Regarding the silent auction, attendees will be able to bid on a wide assortment of items, including gift cards from local restaurants such as Ruth's Chris and the Great American chain, from Wegmans grocery store and for services provided by local merchants. Merrifield Garden Center is offering gift cards for garden accessories such as plants and decorative statues.

Also up for bid will be new jewelry — pearls, earrings, bracelets, necklaces; as well as a table full of donated, slightly used jewelry. There are several Coach bags, Vera Bradley accessories, plus autographed photos of celebrities, including actor Mark Wahlberg, Washington Redskins football players, soccer star Brandi Chastain and Olympic gymnast Kerri Strug.

Several gift baskets will also be available to bidders, such as Easter baskets of candy and stuffed animals; a basket of large-print, best-selling, mystery novels; plus a basket of bread donated by Great Harvest Bread Co. In addition, there'll be a Build-a-Bear and a gift certificate to dress it, as well as a large floral painting from a Vienna gift shop.

"We have a really nice variety of things," said silent-auction coordinator and Auxiliary Treasurer Connie Lauther of the City of Fairfax. "I'm hoping to have at least 75 silent-auction items."

Auxiliary President Ida Mae Speeks is also looking forward to a successful event and hopes it raises at least \$6,000 toward the Fairfax Salvation Army's many programs that help families in need in the local area. The group provides utility and rent assistance, food, clothing and furniture on an emergency basis, as well as toys and bicycles to needy children at Christmastime.



Clifton's Mary Lou Glover models a Jones New York signature outfit while holding a Michael Kors bag and DKNY white trench

fund-raiser for the things the Auxiliary supports," said Speeks. "These include a Mexican orphanage and our school-supplies and backpack program for local students. And part of the ticket cost is tax-deductible."

The Auxiliary has some 15 members currently, and Speeks, 78, has played an active role in it for more than 20 years. And she's got a good

"My papa was in WWI and died when I was 17, but he'd told me about being in the muddy trenches in France," she said. "He said they'd be so cold and wet and, whenever they got out, a doughnut and coffee tasted so good. Sometimes, the Salvation Army brought them and, sometimes, another organization did — but the Salvation Army never charged the soldiers. So my papa always told me, 'If you ever have anything to give, give it to the Salvation Army."

Years later, said Speeks, "Two church friends, now gone, re-"This fashion show is our only cruited me for the Salvation Army,



Wearing an Oleg Cassini patterned-chiffon dress for evening, with a Donna Rico shrug, is Clifton's Mary Lou

and I do believe in the good works it does. And once I got involved, I was hooked. And this fashion show fund-raiser is so worth doing — the whole point is to help others."

She said the Salvation Army provides birthday cakes to men in a Fairfax County substance-abuse rehab program. And at Christmas, it receives stockings filled by local churches and community residents, sorts them into age groups and distributes them to needy families, along with toys. The Salvation Army also helps send children to camp and purchases music and instruments for the Youth Music Program.

That's why the auxiliary hopes the upcoming fund-raiser yields as much money as possible to continue supporting all the Salvation Army's charitable programs. To become a sponsor, buy an ad for the event's program or donate gift certificates and merchandise for the silent auction, contact Ganey at angelaganey@verizon.net or 703-250-5809.





PEOPLE

Two Capture Regional Acting Awards

haz Coffin is an award-winning actor. Not only did he receive a Cappie last year as part of the ensemble in Westfield High's production of "Joseph and the Amazing Technicolor Dreamcoat," but he's now the proud owner of a WATCH (Washington Area Theatre Community Honors) award.

This program recognizes excellence in community theater in the Washington Metropolitan area, and Coffin was named Outstanding Featured Actor in a Musical. He won for his portrayal of the character, Seaweed Stubbs, in The Alliance Theatre's musical, "Hairspray."

The ceremony was Sunday evening, March 11, at the Birchmere in Alexandria, and Coffin and his castmates also performed a number from the show. His prize was a glass trophy resembling the Washington Monument, with the WATCH logo inside and his name and winning role engraved in gold on the outside.

"It's amazing," said Coffin. "It really meant a lot to me to win it, especially in my senior year. Being so young, I didn't think I was



Chaz Coffin with his WATCH award.



Jade Jones is jubilant after winning a WATCH award.

on the same level as the other nominees, who were adults. It was awesome — a great moment."

He's the son of Carolyn and Kenneth Coffin of Centreville's Rocky Run community and has a sister, Chelsea, 21. He plans to major in either business or arts administration in college, but will also continue acting and hopes more awards will follow.

So what did he think of the leg-

endary Birchmere? "I'd never been there before, but I liked the atmosphere," said Coffin. "It was really cool."

Westfield grad and theater alum Jade Jones also won a WATCH award Sunday for Outstanding Featured Actress in a Musical. She played Nell Carter in the Elden Street Players' production of "Ain't Misbehavin'."

- Bonnie Hobbs

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OPINION

So Hard to Imagine?

Poor families face challenges that officials and many of the rest of us have trouble envisioning.

he Commonwealth of Virginia and ing email at stop lights on our smart phones, even Northern Virginia includes many poor families and individuals. But officials seem to EDITORIAL

have trouble wrapping their brains around some of the difficulties this can

In Fairfax, Arlington and Alexandria, some analysis of the effect of budget cuts and service cuts on families in the bottom 20 percent of income would be appropriate and reveal-

Cutting library hours and service again? Consider that for many, the public libraries are their only source of computer and internet access. This has a significant impact on school performance, the ability to hunt for a job, the ability to access services and more.

It's hard for many of us to imagine, check-

that there are families who need to go the library to check theirs. If anything, in the cur-

rent environment, the libraries should be open more hours, not fewer.

When Fairfax County Public Schools eliminated the year-round school calendar, followed by some of the county's poorest schools, and summer school, poor students were most affected, losing access to meals in

the summer as well as a needed boost in in-Similarly, some schools systems eliminated the telephone hotline to find out if schools are closed in inclement weather. Everyone checks

Requirements to present a variety of identification to do a variety of things also present

that online, right? Or gets their daily email

bigger challenges to poorer residents.

Veto Voter ID Bill

Gov. Bob McDonnell should read the handwriting on the wall from the U.S. Justice Department about making it harder to vote.

More than 600,000 registered voters in Texas do not have the identification that the voter identification law would require, according to Tom Perez of the Justice Department, including a disproportionate number of minority voters, and more than 10 percent of Latino registered voters.

The analysis will reveal similar disparities in Virginia. The Governor can save Virginia money, time and trouble by vetoing the bill

MARY KIMM,

mkimm@connectionnewspapers.com

Correction: Last week's editorial failed to correctly identify Del. Charniele Herring (D-46). The full editorial has been corrected online.

LETTERS TO THE EDITOR

Republicans Lose Their Way

To The Editor:

I miss the Republican Party. I miss the party whose first Presidential candidate ran on a slogan of "Free Soil, Free Labor, Free Speech, Free Men, and Fremont." I miss the Republican Party founded in opposition to the expansion of slavery, and later its

abolition. I miss the Republican Party that gave us the 13th, 14th, and 15th amendments to the Constitution placing equal rights for all in one of our founding documents. I miss the Republican Party of Abraham Lincoln and Ulysses S. Grant who restored our union and abolished slavery. I miss the Republican Party of Teddy Roosevelt, one of the founders of the modern environmental movement. I miss the Republican Party of

Dwight Eisenhower who led the west to victory over forces of genocide and totalitarianism in Europe, and warned of the military-industrial complex at home. I miss the Republican Party of Everett Dirksen, who allied with Hubert Humphrey, Lyndon Johnson, and Martin Luther King to pass the landmark Civil Rights acts of the 1960s. And I miss the Republican Party of Gerald Ford, who helped heal the country after the shame of Watergate. Most of all, I miss the Republican Party that preferred to compete with their opposition on the basis of their ideas, rather than trying to stifle their

speech, the control of their own lives, and their right to express themselves at the ballot box.

Mary Kimm was spot on in her editorial "Reenacting A Dark History?," relative to efforts by Republicans in Richmond to restrict speech, access to the ballot box, and the control women have over their own reproductive health. Placing these efforts in a historical context was very effective, and reinforces how important it is to be vigilant about protecting access to rights guaranteed by the constitution, that nevertheless had to

SEE LETTERS, PAGE 7



War of 1812 The Lane's Mill Daughters of the American Revolution chapter sponsored the Centreville Library's February display case titled "Bicentennial of the War of 1812 - The Forgotten War." Created by chapter member Marguerite Hogge, the display touched on areas of the war including frigates and battles. The display included a tribute to 24-year-old Senate clerk Lewis H. Machen who saved Senate records before the British burned the Capitol on Aug. 24, 1814. The Machen family eventually moved to Centreville and lived in on the property now known as the Walney Visitors Center, owned by the Fairfax **County Park Authority.**

Dulles Rail, Phase Two; Silver Line Station Names

The Fairfax County Department of Transportation will hold a public meeting and an Ask Fairfax online discussion to inform the public about Phase Two of the Dulles Corridor Metrorail Project. The sessions will provide information related to Phase Two project cost, financing, physical layout and Silver Line station names. Participants will be able to complete the online Station Names Survey in person at the public meetings. The Board of Supervisors will also hold a public hearing to receive public comment on the Phase 2 project.

Residents may provide their feedback as follows:

Submit comments at www.fairfaxcounty.gov/fcdot/

dullesmetro until Friday, March 16, at 5 p.m. People may also complete the Fairfax County Silver Line Station Names Survey at www.wmata.com/silversurvey or register to speak at the Board of Supervisors public hearing.

- Attend a public meeting Monday, March 19, at 7 p.m., in rooms 9 and 10 of the Fairfax County Government Center. The topic is Fairfax Connector routes 605, 621 and 623.
- Attend the Board of Supervisors' public hearing Tuesday, March 20, at 5 p.m., in the Government Center auditorium. Same topic as March 19. Register to speak at www.fairfaxcounty.gov/ bosclerk/speaker bos.htm.

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A Connection Newspaper

From Page 8

be fought for by succeeding generations. That this is occurring is obvious. What is not so obvious is why.

Why would the party of Grant and Dirksen, pass a bill whose only result will be to restrict the ability to vote of minorities and the elderly? Why would a party founded on the right to control one's own person and property, pass a bill requiring women be subjected to an unnecessary medical procedure against their wishes? Why would the party of Teddy Roosevelt, push continued dependence on fossil fuels, and deny the truth of global climate change? And why would a Party founded on a dedication to freedom of expression, call out the riot police to quash a peaceful demonstration of women trying to advocate for these rights? In my opinion the answer is fear ... fear that in our increasingly diverse country, the ideas that have propelled them to power since the 1980s, will no longer resonate with a true majority. So rather than trying to bring conservatism into the 21st century, they try to force Virginia and the country back to the 19th. They force clearly unpopular restrictions on fundamental rights to privacy and speech, while hoping to restrict access to the ballot box of those they know will reject their ideas. This strategy will work in the short term, but in the long term is a recipe for disaster for the Republican Party ... and that makes me sad.

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As a lifelong Democrat I recognize the importance of a vibrant two-party system. It is good for the country to have two parties with different ideas for achieving common goals, compete for power. That only works though, when both parties are more interested in doing what is beneficial than in maintaining power. It only works when both parties respect certain fundamental rights, including privacy, speech, and access to the ballot box. No party is perfect. The Democratic Party has struggled with this in the past. Even FDR had to cater to the wing of his party that had not yet conceded losing the Civil War. It's not too late for Republicans to come to the party. It is possible to be conservative without restricting access to the ballot box. It is possible to be conservative without infringing on rights to privacy. And it is possible to be conservative without rejecting scientific advance. I hope they get there soon, because I miss the Republican Party!

> Jim Daniels Centreville





NOTICE TO THE PUBLIC OF AN APPLICATION BY WASHINGTON GAS LIGHT COMPANY FOR APPROVAL TO RECOVER HEXANE COSTS CASE NO. PUE-2012-00014

On February 3, 2012, Washington Gas Light Company ("WGL" or "Company") filed an application with the State Corporation Commission ("Commission") requesting approval to recover \$1,252,580 of costs relating to the non-Btu component of hexane injections for the fiscal year ended September 30, 2010, and \$12,908 of costs related to the actual under-collection of non-Btu related hexane costs incurred during the fiscal year ended September 30, 2009 ("Application"). In its Application, WGL explains that it has been injecting hexane into its system since February 2006 to replace heavy hydrocarbons in liquefied natural gas that enters the Company's distribution system. WGL's Application advises that pursuant to a Stipulation accepted by the Commission in Case No. PUE-2006-00059, the Company's performance-based rate regulation ("PBR") plan docket, the Company may request approval to recover the non-Btu portion of hexane costs in excess of \$400,000 if the Company's return on equity is less than 10% in any PBR annual period. Under the terms of the Stipulation accepted in Case No. PUE-2006-00059, the cost recovery of the non-Btu component of hexane will be limited to that amount in excess of \$400,000 required for the Company to achieve an earned return on equity of 10.0% for that PBR period under WGL's PBR Plan. The Company's Application advises that for the fiscal year ended September 30, 2010, the Company earned less than a 10% return on equity. WGL therefore proposes to collect its actual Virginia-jurisdictional non-Btu hexane costs in excess of \$400,000, or \$1,252,580, as well as an additional \$12,908 of non-Btu hexane costs under-collected for the fiscal year ended September 30, 2009.

WGL proposes to collect the non-Btu hexane costs from its customers receiving service under Rate Schedule Nos. 1-Residential Service, 1A-Residential Delivery Service, 2-Commercial and Industrial Service, 2A-Commercial and Industrial Delivery Service, 3-Group Metered Apartment Service, 3A-Group Metered Apartment Delivery Service, 4-Interruptible Service, and 7-Interruptible Delivery Service, 8-Developmental Natural Gas Vehicle Service, and 10-Large Volume Delivery Service. The Company's Application further notes that it proposed new Rate Schedule Nos. 5-Large Commercial and Industrial Delivery Service, 6-Large Group Metered Apartment Service, and 6A-Large Group Metered Apartment Delivery Service in its currently pending general rate case, Case No. PUE-2010-00139. If the Commission approves the Company's proposed rate schedules in its general rate case, the Company will also recover the non-Btu hexane costs from customers receiving service pursuant to these new rate schedules.

WGL proposes to collect its non-Btu hexane costs through an adjustment to the distribution charge for these rate schedules. WGL's Application advises that the hexane charge will be computed on a cents-per-therm basis comprising a current and a reconciling factor. According to the Company's Application, the current factor, if applicable, will be calculated annually by dividing the non-Btu portion of hexane costs approved by the Commission by the total weather normalized throughput for the year. The reconciling factor proposed by WGL will be the difference between the actual amount to be charged and the actual amount collected during the twelve-month period. WGL proposes to implement the current factor as an adjustment to the distribution charge in the first billing cycle month following the Commission's approval of the Company's Application to recover the non-Btu portion of the costs of its hexane injections. The Company's Application also includes testimony and exhibits showing the computation of a proposed charge of \$0.0020 per therm, which will allow the Company to collect the proposed \$1,252,580 of non-Btu hexane costs expensed in fiscal year 2010 and the \$12,908 of non-Btu hexane costs under-recovered in fiscal year 2009.

The details of WGL's proposals are set out in the Company's Application. Interested persons are encouraged to review the Application and other materials filed with the Application for the details of these proposals. Interested persons should also be advised that after considering the record in this case, the Commission may change the tariff revisions proposed by the Company or take other actions with respect to the recovery of the non-Btu component of hexane costs that differ from the proposals set out in the Company's Application.

The Commission has entered an Order for Notice and Comment that, among other things, docketed the Application as Case No. PUE-2012-00014 and established a procedural schedule for the filing of comments, requests for hearing, and the filing of testimony or a Report by the Commission Staff. Interested persons are encouraged to review the Commission's Order for Notice and Comment for details on how to participate in this proceeding.

Interested persons may also review a copy of the Application, the Commission's Order for Notice and Comment, as well as other documents now or hereinafter filed in this matter, in the Commission's Document Control Center located on the First Floor of the Tyler Building, 1300 East Main Street, Richmond, Virginia 23219, between the hours of 8:15 a.m. and 5:00 p.m., Monday through Friday, excluding holidays. A copy of the Application may also be obtained at no cost to interested persons by making a written request to the Company's counsel at the following address: Meera Ahamed, Esquire, Washington Gas Light Company, 101 Constitution Avenue, N.W., Washington, D.C. 2008o. If acceptable to the requesting party, the Company may provide the Application, with or without attachments, by electronic means. In addition, the Company's Application, the Commission's Order for Notice and Comment, other orders entered in this docket, the Commission's Rules of Practice and Procedure, and other information concerning the Commission and the statutes it administers, may be viewed on the Commission's website at: http://www.scc.virginia.gov/case.

Pursuant to the Commission's Order for Notice and Comment, interested persons may file written comments or requests for hearing with the Clerk of the Commission on the proposals set out in the Company's Application on or before April 27, 2012. An original and fifteen (15) copies of all written comments and requests for hearing must be filed with Joel H. Peck, Clerk, State Corporation Commission, c/o Document Control Center, P.O. Box 2118, Richmond, Virginia 23218-2118. Any request for hearing must state with specificity why the issues raised in the request for hearing cannot be adequately addressed in written comments. If no sufficient request for hearing is received, the Commission may consider the Application based on the papers filed without convening a hearing at which oral testimony is received.

Persons filing a request for hearing and expecting to participate as a respondent in any hearing that may be scheduled in this case shall also file, on or before April 27, 2012, an original and fifteen (15) copies of a notice of participation as required by 5 VAC 5-20-80 B of the Commission's Rules of Practice and Procedure, 5 VAC 5-20-10 et seq., with the Clerk of the Commission at the address set forth above. Any notice of participation shall set forth: (i) a statement of the interest of the respondent; (ii) a statement of the extent then known; and (iii) the factual and legal basis for the action. Interested persons should refer to the Commission's Order for Notice and Comment for more information on how to participate as a respondent.

Interested persons desiring to submit comments electronically may do so on or before April 27, 2012, by following the instructions available at the Commission's website: http://www.scc.virginia.gov/case and referring to Case No. PUE-2012-00014. Interested persons shall refer in their comments, requests for hearing, and notices of participation to Case No. PUE-2012-00014, and shall serve a copy of any such document filed with the Commission upon counsel for the Company at the address set forth above.

WASHINGTON GAS LIGHT COMPANY

Photos by Craig Sterbutzel/The Connection

Local REAL ESTATE

Top Sales for January, 2012

1 7001 Balmoral Forest Road, Clifton — \$1,125,000



Meadow Lane, Springfield — \$750,000



6 8208 Silverline Drive, Fairfax Station — \$747,000



1 8647 Oak Chase Circle, Fairfax Station — \$734,900



2 3967 Woodberry Meadow Drive,

13150 Ashvale Drive, Fairfax — \$705,000

.... BR FB HB Postal City Sold Price ... Type Lot AC .. PostalCode ... Subdivision Date Sold 3 10203 WOODVALE POND DR 4 ... 4 ... 4 ... 1 FAIRFAX STATION\$836,500 Detached 0.54 22039 BURKE LAKE ESTATES .. \$739,000 Detached 5.00 Source: MRIS, Inc. For more information on MRIS, visit www.mris.com

Home Life Style

Local Designers Selected to Make Over D.C. Design House

Annual event raises money for Children's National Medical Center.

By Marilyn Campbell
Centre View

ome of the Washington area's top interior designers are unleashing their creative talent all in the name of charity. Organizers of the 2012 Washington, D.C. Design House announced the designers who will make over the 2012 D.C. Design Home.

"The selection [was] open to all area designers who wanted to apply," said Susan Hayes Long, chairperson of D.C. Design House. "They started by coming to a design walk-through to get a feel for the space, and then [submitted] up to three proposals for rooms, with at least one presentation board. The board [included] their floor plan, color selections, and finishes they would use. Our design team selected the final 23 designers. We had more than 80 proposals this year, and so many fantastic presentation boards. The competition was really tough."

The D.C. Design House serves as a bell-wether of local design trends. "Being selected to design for the show house is a bit like being crowned homecoming queen then having to run a marathon in your ball gown while collecting items for a scavenger hunt," said Shazalynn Cavin-Winfrey of SCW Interiors in Alexandria, who was one of the designers selected. "It is the most prestigious invitation. .. For a committee of veteran designers and industry leaders to select a designer is truly one of the highlights of one's career."

With no paying clients to please, the designers unleash their creative talent. "I love participating in show houses for the freedom it allows me," said Annette Hannon of Annette Hannon Interior Design in Burke, who was also one of the designers selected. "For each house I've had the opportunity to engage in, I've gotten to conjure up an imaginary 'perfect' client and design according to their needs and desires. It's a bit like celebrating one's birthday and getting to create your perfect party."

The Washington, D.C. Design House, a nonprofit entity, began in 2008 as a design



Burke-based designer Annette Hannon will create a comfortable, luxurious living space.

event in which some of the region's most sought-after designers decorate a luxury home to raise funds for a local charity. After completion, the home is opened to the public for tours. Now in its fifth year, the D.C. Design House has attracted more than 30,000 visitors and raised nearly \$600,000 for Children's National Medical Center (CNMC). Proceeds will go to CNMC again this year.

Built in 1956, the 2012 D.C. Design House is located in Washington, D.C.'s Spring Valley neighborhood. It is currently on the market for \$3.9 million.



Great Falls-based designer Susan Nelson, of Susan Interiors (pictured with design student Jacob Oxford), will design a girl's bedroom.

Local Designers

Some of the local designers who were selected to make over the home offer a preview of their plans.

Potomac-based designer Sharon Kleinman of Transitions will decorate the master bedroom. "The room is architecturally challenging with many doors and minimum wall space," she said. "The focal point in the room becomes the sliding glass doors that look out into the garden. I use the garden view as my inspiration. Choosing fabrics in lush greens and warm browns, I brought the colors of the garden indoors. I believe master bedrooms should be serene

so I used lots of different textures and very little pattern."

Great Falls-based designer Susan Nelson of Susan Nelson Interiors designed a teenage girl's bedroom. "I combined a variety of block and geometric prints in greens, yellows, pinks, brown and cream to create a cozy haven. By using a mix of new and repurposed furniture, the room has the quality of changing along with the girl," she said. "For instance, the coverlet fabric is a sophisticated fabric with a water color quality to the flowers on it, but the club chair is slip covered in a fun confetti print in pinks and purples that she

might have had as a child."

Shazalynn Cavin-Winfrey of SCW Interiors in Alexandria is charged with transforming the dining room. "I anticipate wonderful parties and celebrations in the dining room I will be creating this year and my use of color and pattern is a play on this celebratory mode. I am thrilled to help people who see the space take away some element in the design that might fit their home or their lifestyle," she said.

Victoria Sanchez of Victoria Sanchez Interiors in Alexandria is creating a teenager's retreat. "I have chosen a very lively, colorful design scheme from Missoni and will be using Mid-Century modern furniture," said Sanchez. "This room is designed to be a perfect hangout for teenagers and will reflect the energy teenagers create."

Nancy Twomey of Finnian's Moon Interiors in Alexandria will design a boy's bedroom. "I love good design, but I also know children. Children's rooms are messy places, so it is best if there is an inherent order in the design elements, starting with the pal

See Local Designers, Page 10

OPEN HOUSES

SATURDAY/SUNDAY, MARCH 17 & 18



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4512 Hillbrook Dr	\$525,000	Sun 12-5	Dan Hill	Century 21 571-278-7251
Rurko				

Durke

10041 Marshall Pond Rd	\$524,900	Sun 1-4	Carol HermandorferLong & Foster703-503-1812
			Caroline Walgren Samson Props. 7z03-599-0227
			Jim FoxLong & Foster703-898-6717
			Kathleen QuintarelliWeichert703-862-8808
*			

Centreville

5608 Willoughby Newton Dr. #23..\$219.900

.\$749.000......Sun 1-4

..Debbie Kent.....Cottage Street..703-740-7654

Fairfax				
10454 Malone Ct	\$380,000	Sun 1-4	Susan MekenneyRE/MAX703-283-6881	
12560 Royal Wolf Pl	\$549,000	Sun 1-4	Carol HermandorferLong & Foster 703-503-1812	
4124 Fairfax Center Creek Dr	\$405,000	Sat 1-3	Nathan JohnsonKeller Williams703-725-2929	
3947 Plum Run Ct	\$342,900	Sun 1-4	Troy SponaugleSamson Props703-408-5560	
4874 Wheatstone Dr	\$499,000	Sun 1-4	Mary HovlandLong & Foster703-946-1775	
4013 Quiet Creek Dr	\$529,900	Sun 1-4	Éd DugganČentury 21703-989-7735	
4165 Legato Rd	\$585,000	Sun 1-4	Dee MurphyColdwell Banker703-938-5600	

Fairfax Station

6910 Heathstone Ct	\$585.000	Sun 1-4	Marv Wharton	Long & Foster703-452-3945
				Long & Foster 703-452-3945
				RE/MAX703-475-3986
				BE/MAX 703-690-0037

Kingstowne/Alexandria

5789 Valley View Dr	\$719,950	Sun 1-4To	om & Cindy & AssocLong & Foster703-822-0207
6282 Wills St	\$387.000	Sun 1-4	Bob DooleySamson Props703-581-5758
			Ceari BuehlerActive703-864-1268
			om & Cindy & AssocLong & Foster703-822-0207
			PenFed 703-281-8500
			Brian MurphyColdwell Banker703-731-5799
v i			

Lorton

8425 Peace Lily Ct. #131/02.	\$179,990 Sat 12-4	Shawn EvansLong & Foster703-795-3973
8435 Peace Lily Ct. #112/01	\$284.990Sun 12-4	Shawn EvansLong & Foster703-795-3973
8435 Peace Lily Ct. #316/01.	\$359,990 Sat 12-4	Shawn EvansLong & Foster703-795-3973
8516 Blue Bird Woods Ct	\$334,990Sun 1-4To	m & Cindy & AssocLong & Foster703-822-0207

Oakton

10966 Stuart Mill Rd ..Sun 1-4......Connie Forbes....Long & Foster..703-963-2193

Springfield

6100 Dana Ave	\$374,900	Sun 1-4	Brian Mahoney	EXIT703-766-4600
8801 Cromwell Dr	\$459.000	Sun 1-4	Susan Metcalf	Avery-Hess 703-451-9797
				Long & Foster703-452-3915
				Redfin703-220-1017
				Keller Williams 571-249-2082
				Housepad.com 866-534-3726

Woodbridge

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Home Life Style



The Chateau in Oak Hollow is one of four residential properties for sale for more than \$10 million. It was designed by architect Ron Hubbard, who blends green technologies with the use of space and proportion.

The Chateau in Oak Hollow

County listed at HomesDatabase.com for sale for more than \$10 million, this home sits on five acres in Clifton and is for sale for \$12.5 million. The other three properties are in McLean.

The Chateau was designed by architect Ron Hubbard, who uses innovative green technologies such as three geothermal fields and 14 radiant zones using more than 10,000 feet of buried line to heat and cool the home.

This home has more than 27,000 square feet of Realty.

ne of just four properties in Fairfax living space inside (13,500 finished), plus more than 3,000 square feet of exterior living space comprised of balconies and patios. Many of the outdoor living areas are constructed with stamped concrete and provide ample space for large parties, and some for more intimate gatherings.

> The property also includes a 3-bedroom guest suite in one wing of the home and an indoor pool and fitness center in the other. The Chateau has an eightcar garage.

The house is listed by Meghan Wasinger of Jobin

Local Designers

From Page 9

ette," said Twomey. "My 2012 D.C. Design House room has a serene quietude in its bones, but it isn't sleepy. It has timeless, classic ingredients such as menswear fabrics, juxtaposed with modern, playful ones."

Elizabeth Krial of Elizabeth Krial Design in Reston will create a modern nursery. "The most afforded luxury in my space is the natural sunlight that

washes the room," she said. "As a

designer, I have added luxurious layers of softness and comfort through textiles. The modern nursery has a lightness that will remind you of the hope and joy that a new baby brings."

Matthew Moore of John Matthew Moore Fine Art in McLean will decorate the foyer and staircase. "My design philosophy is clean, classic spaces. My favorite period in design is the late fifties and sixties," he said. "I feel that that is the time when American design came into its own. I've chosen this style for the entrance and reception hall [because] the home was built in that period. It's a sophisticated design that would be as much at home in the fifties as it is now in the present."

Shanon Munn of Ambi Design Studio in McLean will decorate the master deck.

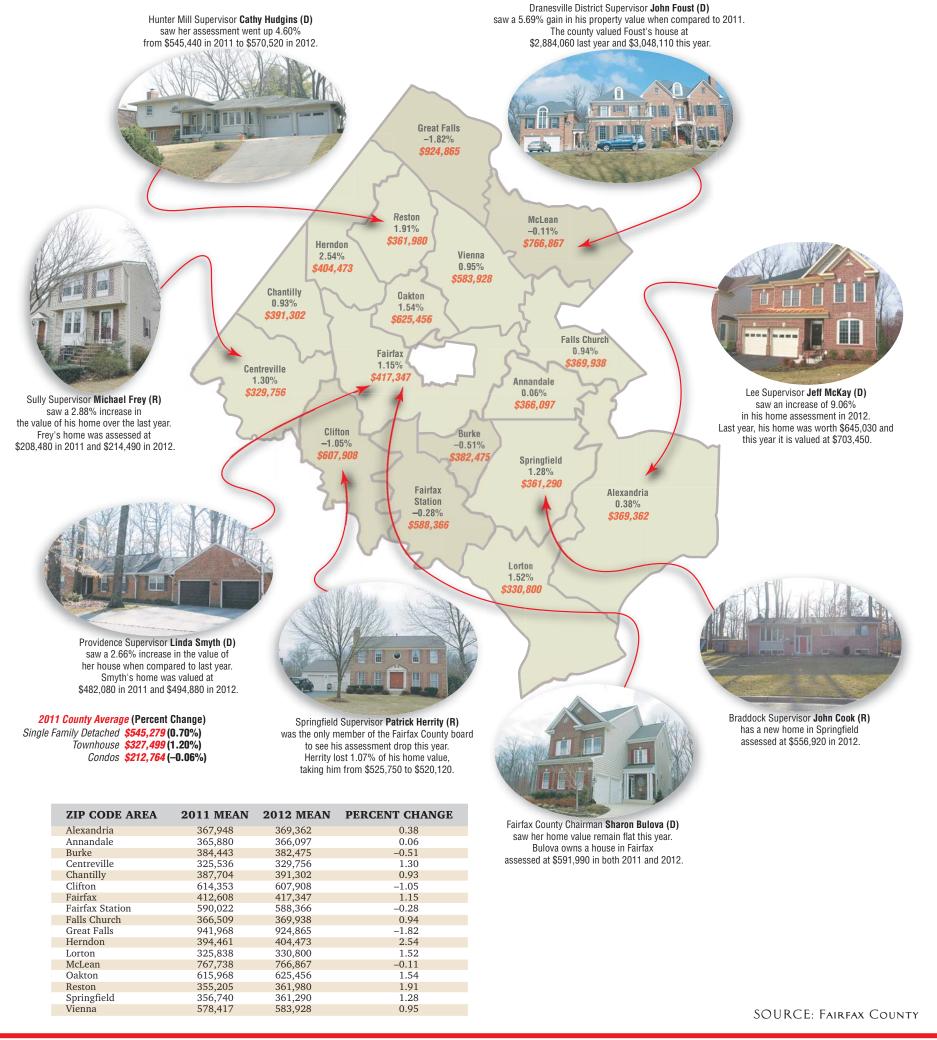
"My concept for the space is to have an outdoor retreat," said Munn. "I chose pieces that are scaled similarly to indoor pieces and provide a great lounging spot. We chose patterns that are interesting and bold. We plan to take the existing railing, currently an eyesore, and make it a highlight of the deck with a long row of custom benches and pedestals strategically placed to create focal points and to hide the dated metalwork."

Annette Hannon of Annette Hannon Interior Design in Burke designed the parlor. "The [parlor] is the first living area a visitor will enter," said Hannon. "My goal was to create a comfortable, luxurious space someone would want to linger in long after the party's over. I felt it was essential to add layers of interest in the room."



Fairfax County REAL ESTATE

2012 Assessments by Zip Code Areas



SPORTS

Westfield's Breakthrough Season Will

Long be Remembered

Following tough loss in Concorde finals, Bulldog boys rode region tournament wave to first-ever title.

> By Rich Sanders CENTRE VIEW

ver an eight-day period in late February, the Westfield High boys' basketball team put together a remarkable stretch of play which resulted in the program's first-ever Northern Region title and provided a lifetime of highlight moments for Bulldog players, coaches and fans.

Westfield's remarkable 2011-12 winter season came to an end on March 2 when the Bulldogs, competing at the Virginia State AAA playoffs for the first time, lost to Henrico High of Richmond, 56-52, in a state quarterfinals round game played at Robinson Secondary. For the season, the Bulldogs, under veteran head coach Doug Ewell, finished 24-5, the best record in the 12-year history of the program.

Westfield, over the course of the regular season, including its stellar play in the Concorde District, proved to be one of the region's better teams. But, without the breakthrough postseason that followed, the Bulldogs would have become a region afterthought to all but its own fandom. By stepping up and playing some of its best basketball at the 16team region tournament — one of the annual highlight events of the local high school athletic calendar — the Bulldogs put their official seal of triumph on the season and joined those elite teams from the past who have earned region boys' basketball cham-

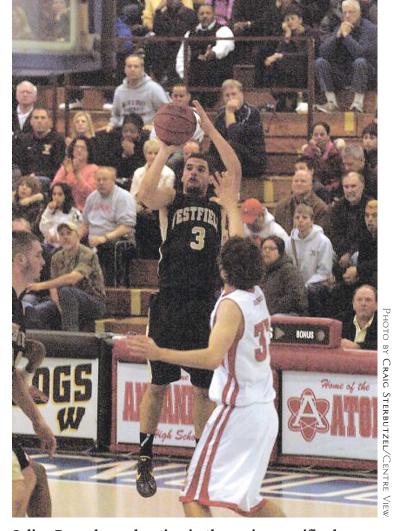
But nothing came easy and Westfield's postseason nearly ended in early disappointed. The Bulldogs had won their final 11 games of the regular season and were the top-seed at the Concorde District Tournament. Following a first round bye, the Bulldogs, behind 21 points from senior forward Quentin Basil, defeated defending district champion Herndon, 63-52, in a semifinals game to reach the finals against

But against the Rams with the district title on the line, Westfield came up just short in a disheartening 62-60 upset loss to a tough, hard-fighting Robinson team the Bulldogs had beaten in both regular season meetings.

WHILE THE LOSS to Robinson was a downer, Westfield's season was far from over with the region playoffs set to begin the following week. It would prove to be a tournament of redemption for Westfield. In the past, Westfield had twice gone as far as the region semifinals but, in 2011, had been eliminated in the first round.

And Westfield nearly fell in a first round region playoff game this year when it went up against a super talented Wakefield High squad from the National District on March 2. But in a close, nail-biter contest from start to finish, the Bulldogs, playing on

SEE WESTFIELD, PAGE 13



Julius Rosa, here shooting in the region semifinals against McLean, was a key ball distributor and defender for Westfield this season.

Indoor Track Season Wraps Up at State Meet

Local Northern Region athletes compete in Hampton.

number of local athletes put to gether strong showings at the recent Virginia State AAA Indoor Track and Field Championships, held Feb. 24-25 at the Boo Williams Sportsplex in Hampton.

On the boys' side, Westfield High finished third overall and was the top finisher from out of the Northern Region. The Bulldogs, this year's Northern Region team champion, finished with 27 team points at states. The team champion was Western Branch (48) of Chesapeake, a member of the Eastern Region. Finishing second was Grassfield (34 points) of Chesapeake.

Other top 10 Northern Region team finishers along with Westfield were fourth place Annandale (22 points) and fifth place Oakton (21). Top 20 finishers from the Northern Region were Chantilly, which was 15th place, and South Lakes and T.C. Williams, who were part of a three-way group of teams (along with Stafford High of triple jump); Westfield's Justin Little (eighth Fredericksburg) which finished tied for 16th place. Lake Braddock finished 20th overall in the field of 58 teams represented.

First place individual boys' finishers from the Northern Region were Annandale's Ahmed Bile (1,000 race) and Chantilly's Logan Miller (1,600).

Other top individual boys' finishers from Northern Region schools included: Robinson's Ayo Raymond (fourth place, 55 dash); Mount Vernon's Michael Thomas-Brown (sixth in 55, eighth in long jump); Westfield's Nathan Kiley (third place, 500 dash); Oakton's Michael McNamee (third in both the 1,000 and 1,600); Edison's Louis Colson (sixth in 1,600); Oakton's Greg Petruncio (eighth in 1,600); Lake Braddock's Nick Tuck (fifth in 3,200); Chantilly's Sean McGorty (sixth in 3,200); Woodson's Paul Gates (seventh in 3,200); South Lakes' Rashaan Jones (second in high jump); T.C. Williams' Kahron Lee (third in high jump); Langley's Logan Besougloff (second in pole vault); Lake Braddock's Sean Daugherty (third in pole vault); Herndon's Austin Miller (fifth in pole vault); West Potomac's Tyrone Jenkins (sixth in

in triple jump); and T.C. Williams' Jonathan Anderson (third in shot put).

Westfield's 4x400-boys' relay team of Max Chambers, Troy Sevachko, Nathan Kiley, and Tyrone Walker finished first in the state, ahead of second place Annandale. South Lakes finished fifth in the same relay. The Seahawks' foursome was made up of Ian Angara, Corey Gilmore, Jacob Grundahl, and Armando Drain.

Westfield's 4x800 relay team of Max Chambers, Jeff Edmondson, Nathan Kiley, and Tyrone Walker finished first overall. Oakton High's team, made up of Oliver Lopez-Gomez, Greg Petruncio, Chris Sprague, and Michael McNamee finished second.

ON THE GIRLS' SIDE, South County Secondary finished in fifth place overall — the best showing from the Northern Region. The top four team finishers were Cosby High (Midlothian), Western Branch (Chesapeake), Nansemond River (Suffolk), and Landstown (Virginia Beach).

Other top teams from the Northern Region, along with South County, were sixth

place Lake Braddock (tied with Phoebus High), Robinson and Herndon (both tied for 11th place), 15th place West Potomac, and 16th place Oakton.

South County's Felecia Majors took first place in both the pole vault and long jump

Other top individual girls' finishers from the Northern Region were: Herndon's Carina Peter (second in triple jump, fourth in 55 dash, sixth in long jump); Robinson's Genamaria McCant (third in 500, seventh in 300); West Potomac's Sarah Jane Underwood (fifth in 1,000); T.C. Williams' Sydney Schaedel (sixth in 1,000); Lake Braddock's Hannah Christian (fourth in 1,600, fifth in 3,200); West Springfield's Caroline Alcorta (fifth in 1,600); Oakton's Hailey Dougherty (sixth in 1,600); Lake Braddock's Sophie Chase (second place in 3,200); Oakton's Allie Klimkiewicz (fourth in 3,200); Lee High's Bailey Kolonich (seventh in 3,200); Washington-Lee's Isabell Amend (eighth in 3,200); South County's Felecia Majors (tied for seventh in high jump); Lake Braddock's Rachel Fasana

SEE LOCAL ATHLETES, PAGE 13

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SPORTS

Westfield's Breakthrough Season

From Page 12

their home floor, displayed great fortitude in a 57-55 triumph. In a game which was tied on nine different occasions, C.J. Hill's close range basket off the right side with just under three seconds remaining — off an inbounds baseline pass from teammate Mark Gibson — broke a 55-55 tie and proved to be the game-winner.

"They made a good play to make that last basket," said Wakefield coach Tony Bentley. "It was a really good game throughout."

Westfield had big games from senior point guard Julius Rosa (16 points), senior center Zach Elcano (13 points, 7 rebounds), and Basil (13 points, 7 rebounds), who had two memorable breakaway dunks following steals.

The bounce-back win helped put behind the previous week's district finals loss to Robinson and gave the Bulldogs momentum going into their quarterfinals round game verses T.C. Williams, one of the region's most heralded and historically successful programs. The game, played on Feb. 22 at T.C.'s home Garden, was defensive-dominated with Westfield coming though with a 43-38 triumph in a game the Titans had led 20-14 at the half. Westfield's Hill, who had scored the game-winner versus Wakefield, led the Bulldogs with 14 points.

NEXT UP FOR WESTFIELD was a Feb. 25 region semifinals meeting versus McLean, the Liberty Dis-

trict champions. The Bulldogs, who had won their prior two region playoff games by seven points combined, enjoyed some breathing room in a 55-41 victory over the Highlanders, in the Final Four contest played at Robinson. But it was, in fact, a close game through three quarters before the Bulldogs, leading 42-39 going into the final quarter, outscored the Highlanders 13-2 in the fourth quarter to earn a spot in the finals and gain an automatic seeding for the state playoffs, both achievements being landmark steps for the program.

In the championship game on Feb. 27, also at Robinson, Westfield received a balanced attack behind Elcano (17 points), Basil (16 points, 7 rebounds), and Gibson (10 points). At game's end, Elcano was named tournament MVP. He was joined by both Basil and Gibson on the seven-member All-Region Tournament team.

The game was close before Westfield broke it open with an 18-4 scoring run over the final six-plus minutes of the third quarter. Basil hit consecutive threepointers during the key stretch, both treys coming from deep in the left corner.

"We've been working for this for like three years," said a smiling Elcano, in the minutes following the game. "We just played as a team all 32 minutes and poured our hearts out."

The title game win over Edison (National District) was the glowing achievement of a season in which Westfield stepped up and accomplished more than it ever had before.

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Local Athletes Compete in Hampton

From Page 12

(fourth in pole vault); T.C. Williams' Sydney Schaedel (fifth in pole vault); South Lakes' Damielle Hale (fourth in long jump); Edison's Anna Williams (third in triple jump); Edison's Kristina Brown (eighth in triple jump); and Robinson's Chioma Onyekwere (second in shotput).

The South County girls' 4x400 relay team of Felecia Majors, Widney Dubuisson, Kierra Roundtree, and EnNijah Majors finished seventh in the state.

Basketball Camp

Chantilly High boys' basketball coach Jim Smith will hold a basketball camp over spring break week (Monday, April 2 through Thursday, April 5) for boys ages 7 through 12 years old. Cost is \$100 and checks can be made out to Charger Boosters. Daily camp times at Chantilly High School will be from 9 a.m. through 1 p.m. For more information, e-mail coach Smith at Jzsmith@fcps.edu.

In the 4x800 relay, the West Potomac girls finished second overall, and Lake Braddock was third. The Lake Braddock foursome was made up of Hannah Christen, Sophie Chase, Ally Robinson, and Katie Roche. Oakton's girls finished in sixth place in the 4x800. The Cougars' four runners were Allie Klimkiewicz, Hailey Dougherty, Kristi Carrigan, and Briana Stewart. West Springfield's foursome of Alexis McEntire, Caroline Alcorta, Maddie Wittich, and Erin Falk finished eighth.

- RICH SANDERS

CENTREVILLE HIGH SPORTS REPORT By Karen Fulkerson

Centre View

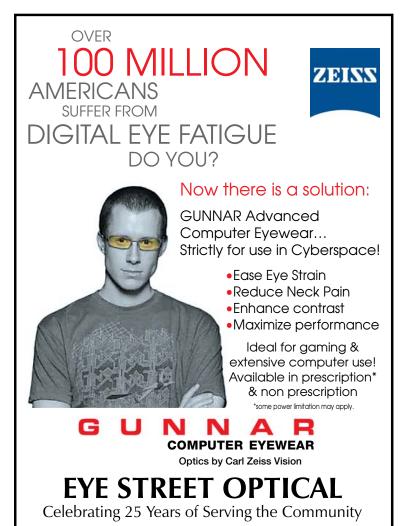
Congratulations to the Centreville High indoor track and field team members who participated in the Virginia High School League (VHSL) state meet in Newport News Feb. 25-26. The Wildcat boys 4x400 relay team of Brent Martin, Mike Wright, Texas Williams and Chase Heiner finished in seventh place overall, earning the foursome recognition on the All-State Team. Additionally, sophomore Maryn Wood ran another personal-best in the girls' 300-meter race.

BUSINESS NOTES

Edible Arrangements, the leader ments with over 1,000 locations, has announced plans to open its first store in Chantilly. The store will be owned and operated by Farhad Rashedi and his wife Faranak, spouses Kambiz Somehsarai and Noushin Reza, and Farazaneh Rasoulzadeh, of McLean, Visit ediblearrangements.com.

donated \$2,500 to a Pennsylvania family whose home and SUV were destroyed by a fire. On Monday, Jan. 9, Joe and Gloria O'Brien along with daughter Katie lost their home and SUV to a house fire. The suspected cause was a dryer that made a 'popping' sound that later spread flames throughout the

Associa Cares of Chantilly, the house and garage. The home and SUV were a complete loss, but fortunately no one was injured in the accident. The O'Briens will be out of their home for many months until they can rebuild it. To learn more about Associa and its charitable organization, Associa Cares, go to www.associaonline.com and www.associacares.com.



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"Early Results Show Stable Disease"

By KENNETH B. LOURIE



There's five words e-mailed from my oncologist that I can live with (Duh!). Certainly better than the previous nine words e-mailed eight weeks ago regarding my then current CT Scan: "Scan results show progression. We'll talk more on Friday." Not that early results (I think 'early results' means after the first two infusions) guarantee any future results, but half good is better than all bad. Continued 'progression' (growth and/or movement; meaning the chemotherapy was having zero effect) would have been disappointing (you think?), so reading 'stable' in my doctor's message was welcome news indeed; any port in a storm, as they say. And make no mistake about it, when you're diagnosed as a terminal patient, who's now outlived your original prognosis - by years - every day is a storm, and any place of refuge, leaky or otherwise, is a welcome sight. Just as pilots say: "Any landing you walk away from is a good one," I'm going to create a corollary for cancer patients: any scan that doesn't cause your oncologist to advise you to get your things in order ("Five Wishes") is a good one. And so Tuesday, February 18th was real good – for "Kenny-with-cancer." Alive and reasonably well.

However, just as life goes on, so too do the diagnostic scans and all the associated anxiety and hopes and prayers as well. It's a balancing act to be sure, to be always living on the edge (make that precipice), but obviously I'm grateful to be doing so - despite the emotional upheaval. Though I've been there - and still doing it, it doesn't make any of it easier going forward. Being familiar with the chemotherapy (the "second line" I'm now enduring) – and its side effects from three years ago when I was originally diagnosed and treated, doesn't really lesson the anxiety of it, it more reinforces the fear of it. Regardless of the success I've had fending off cancer's ravages, it's difficult to rid yourself of the inevitability of its power.

At least now there are e-mails (and Web sites to access) between doctor and patient to maintain the lines of communication and facilitate the prompt exchange of information, and to shortcut the previously interminable waits patients had waiting for scan/lab results. The results are not immediate, let's be realistic; but they are sort of predictable, time-wise, and in that predictability evolves a certain calm. And however 'calm' can be introduced into the doctor/cancer patient equation, it exponentially improves the patient's

Now when you have your follow-up appointments - and certain information has already been communicated, these appointments can be more productive, less emotional and more strategic moving forward rather than spent reacting to medical facts only recently in evidence. After all, the oncologist is trying to keep you alive, and any methodology that enhances that relationship and improves the quality of the time between doctor and patient is better for all concerned. The emails blunt some of that unproductive but predictable emotion, which then enables the doctor and patient to more intelligently and dispassionately consider the options/treatments available. At some point, however, reality has to be addressed (I wouldn't say embraced, though). Way back when, my oncologist advised us that none of this was going to be easy, and he was right. But his honesty – and treatment has made it a bit more bearable for me. I wouldn't characterize or dare say that there's a recipe for success in anything he or I have done together or that I've done independently of him; so far, so good though. I am alive three years post-diagnosis after originally receiving a less than encouraging prognosis: "13 months to two years."

Within the next month, I will have had two more chemotherapy infusions followed up by yet another CT Scan, and this fun will begin all over again. I can't really say that I'm looking forward to it, but being terminal is all it's cracked up to be, and looking forward is still better than not being able to look at all.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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Nothing is too small to know, and nothing too big to attempt. -William Van Horne

Entertainment

TUESDAYS AND THURSDAYS

Centreville Stitchers welcome adults who enjoy knitting, crocheting, or other needlework crafts and conversation. Join us at the Centreville Regional Library, 14200 St. Germain Dr., Centreville. Admission is free. Contact Jo at 703-803-0595 or email joknitter@verizon.net.

 Thursday, March 15, from 1:30 to 3:30 p.m. * Tuesday, March 27 from 6:30 to 8:30 p.m.

ZUMBA FITNESS CLASSES IN CHANTILLY

Latin-based dance fitness classes - no gym membership required. Mondays and Wednesdays 7 to 8 p.m. Go to WWW.GOZUMBAFUN.COM.

THURSDAY/MARCH 15

Relay for Life Meeting. 7 p.m. Fundraiser for the American Cancer Society. Meet at nZone, 14550 Lee Road, Chantilly. Come learn about Relay and the many ways to participate: forming a fundraising team of walkers; serving on the planning committee; or volunteering at Relay on June 9, 2012 at the nZone. Visit www.CentrevilleRelay.org or contact Brandi Steward of the American Cancer Society at brandi.steward@cancer.org for more information.

MARCH 15-18

National Trumpet Competition. Free. Highlights are Thursday, March 15 at 1:30 p.m. — The U.S. Army Band and Herald Trumpets with guest soloists; Friday, March 16 at 2 p.m. — Doc Severinsen and the Army Blues; Saturday, March 17 at 2 p.m. — VIP recital with five performers. Also includes master classes, adjudication, artists and performances. At George Mason University.

FRIDAY/MARCH 16

Asian Chamber Awards Gala. 6 to 11 p.m. Tickets are \$80/member; \$100/non-member. With keynote speaker Maj. Gen. Antonio Taguba. At the Mason Inn Conference Center and Hotel, GMU Fairfax Campus, 4352 Mason Pond Drive, Fairfax. To purchase tickets, contact Cindy Shao at 703-752-6292 or visit www.asianamericanchamber.org

MARCH 16 TO APRIL 7

Easter Bunny at Fair Oaks Mall. Families will have the opportunity for photos with the Easter Bunny Monday through Saturday from 10 a.m. to 8:30 p.m. and on Sundays from 11 a.m. to 6 p.m. Every child visiting the Fair Oaks Mall Fountain Court gardens will receive a special gift. Call 703- $359\text{-}8300 \ or \ visit \ www. Shop Fair Oaks Mall. com.$

MARCH 16 TO MARCH 25

Home and Garden Show. Sponsored by Long & Foster Realtors, the show will feature the latest in home improvement concepts. Featured will be bath and kitchen designs by Capital Remodeling; Reamco Patio Enclosures; window treatments by Renewal by Andersen; Leaf Solutions by Gutter Pros of Virginia; Long Fence and Home; and, Premier Window and Building. At Fair Oaks Mall. Call 703-359-8300 or visit www.ShopFairOaksMall.com.

MARCH 16-18

Super Pet Expo. Admission is \$13/adults; \$8/ children. Featuring 200 exhibits. Friday from 4 to 9 p.m.; Saturday from 10 a.m. to 7 p.m.; Sunday, a.m. to 5 p.m. At the Dulles Expo Center in

Chantilly, Visit www.SuperPetExpo.com. Get to Know a Great Dane. Friday, 4-9 p.m.; Saturday, 10 a.m. to 7 p.m.; Sunday 10 a.m. to 5 p.m. At 4320 Chantilly Shopping Center.

Sponsored by the Mid-Atlantic Great Dane Rescue League (MAGDRL). At the Super Pet Expo at the Dulles Expo Center in Chantilly.

SATURDAY/MARCH 17

Clifton Art Guild Show. 6 to 9 p.m. Some 15 to 20 local artists will be exhibiting in various mediums at the grand opening show, sale and reception. Held upstairs at the NoVA Music Center, 12704 Chapel Road, Clifton.

Fairfax Symphony Orchestra. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. With pianist Rick Rowley. Stravinsky's Firebird Suite (1919 version), Rachmaninoff's Rhapsody on a Theme of Paganini. Sibelius' Symphony No. 7, and Sibelius' Finlandia. Free pre-concert discussion for ticketholders at 7 p.m. Tickets \$25-\$55. info@fairfaxsymphony.org.

SUNDAY/MARCH 18

N Gauge Train Display. 1 to 4 p.m. The Northern Virginia NTRACK members will have a display of N Gauge trains running at the Fairfax Station Railroad Museum. At 11200 Fairfax Station Road in Fairfax Station. Cost is \$3 for adults; \$1 for children. Information on the museum and shows is at www.fairfax-station.org phone 703-425-9225. Information on ad, contact Joyce Mitulla, 703-503-9711 or jmitulla@verizon.net

MONDAY/MARCH 19

Centreville Garden Club Meets. 7 p.m. "The

Flora of Virginia — Worth the 250-Year Wait," a presentation by Botany Chair, Marion Lobstein, of the Prince William Wildflower Society, 8712 Plantation Ln., Manassas. Meet and carpool, March 19 at 7 p.m. at Sully Government Center, 4900 Stonecroft Blvd., Chantilly. Meetings generally third Monday each month. Learn more at centrevillegardenclub.blogspot.com or email:centrevillegardenclub@gmail.com. Visitors welcome. Call 703-830-2942. **Republican Women of Clifton.** 7:30 p.m.

Featuring a Meet and Greet for men and women to interact with local political candidates after brief talks by each one. Scheduled speakers are Matt Ames, Jay McConville, Congressman Frank Wolf, Anna Lee and John Whitbeck, who are running for 10th Congressional District Chairman. At Centreville High School's Media Center. Visit www.cliftongop.com.

TUESDAY/MARCH 20

Concert. 7 p.m. Free. Fairfax High School Chorus Assessment Preview Concert. There will be a freewill offering. Childcare is available. At Fairfax United Methodist Church, 10300 Stratford Ave., Fairfax. Call 703-591-3120.

MARCH 22, 23 AND 24

"Maid for Dogs." 7 p.m. The Clifton Dinner Theater's spring play, "Maid for Dogs," will be performed Thursday-Saturday, March 22, 23 and 24, at the Clifton Town Meeting Hall, 12641 Chapel Road in Clifton. Tickets are \$30 and \$35 and available at A Flower Blooms in Clifton, the Clifton Cafe, The Clifton Wine Shoppe and T&K Treasures. Contact cliftontheater@gmail.com.

CENTREVILLE

THE CHURCH OF THE ASCENSION



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Holy Communion 10 A.M. Sundays (with Church School and Nursery) Evening Prayer and Bible Study 7 P.M. Wednesdays

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Sunday Services at Centreville Presbyterian Church



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Sunday Worship Services

www.centrevillepres.com 15450 Lee Highway,

8:45 a.m. & 11:00 a.m.

Centreville, VA 20120 Centreville

Lutheran Church Sunday Worship: 8:30 a.m., 11:00 a.m.

Saint Andrew

Christian Education for All Ages: 9:45 a.m. Adult Bible Study: Wed. 9:30 a.m.

Our mission is to welcome all people, to grow in our relationship with Christ, and to serve the Lord

Braddock Road and Cranoke Street Centreville, VA 20120 www.saintandrewlc.org 703-830-2768



Worship Services 8:00 & 9:30 am Celebration Service Contemporary Service 11:00 am

> Bible Study 9:30 am & 11:00 am

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Mount Olive Baptist Church 6600 Old Centreville Road, Centreville, VA 20121

Phone: 703 830-8769; Fax: 703 830-6718 www.mountolive-church.org. E-Mail: mtolive@mountolive-church.org



Rev. Dr. Eugene Johnson, Pastor



10:00 AM

Service Times:

Sunday Morning Worship: 10:00 AM Children's Church and Jr. Youth Church-During regular Worship Service

(9:00-9:45 AM/ All ages) Sunday School Spiritual Development Courses: (8:45-9:45 AM) Youth Sunday Morning Worship: 10:30 AM

(Rev. Bobby J. Ford Jr., Youth Minister) Holy Communion (Third Sunday)

Wednesday Prayer Meeting/ Bible Study and Spiritual Development Courses: 7:00 PM (Includes Youth Bible Study)



703-830-0098