

**Cathedral High School  
College Application Self-Assessment**

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

- 1. List clubs, organizations, sports, community activities and/or part-time employment.**  
(You may attach your resume for this section)

Activity/Involvement	Years of Involvement (9,10,11,12)	Offices held, Awards

- 2. List other honors, awards, special recognition, etc.**

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- 3. What adjectives would you use to describe yourself?**

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- 4. What are your strengths and/or skills that help you achieve?**

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**5. What's your passion? What intrigues you?**

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**6. If a newspaper wrote a story about your last three years of high school, what would be the headline concerning your...**

Academics: \_\_\_\_\_

Extracurricular Activities: \_\_\_\_\_

Character: \_\_\_\_\_

**7. What are you looking forward to in college (academic program, activities, etc.)?**

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**8. Please consider any additional information. What has been your most rewarding experience? Have any extenuating circumstances in your life affected your grades (illness, death in family, divorce, move, family problems, etc.)? Is there anything about you that you really hope to convey on your application?**