



Regional Winner of the 2008 *Speaking of Food and Healthy Living Award*, given by the Dietitians of Canada and Kraft.

## Program Leader Training

You are invited to come and learn how to lead this exciting parent/child program.

Friday, January 29, 2010

9:00 a.m. – 4:00 p.m.

Magnus Eliason Recreation Centre  
430 Langside (between Ellice & Portage)

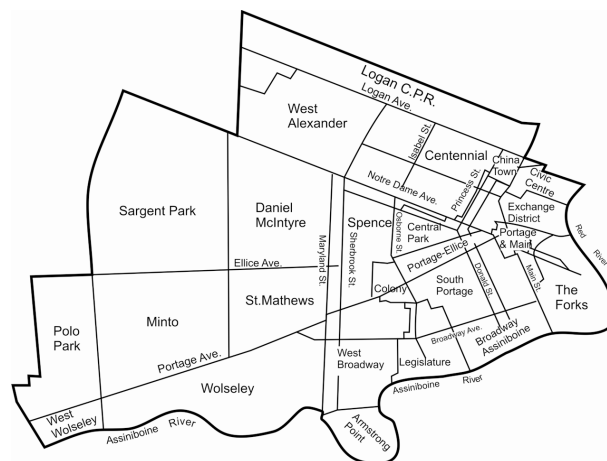
Wiggle, Giggle & Munch is a program that offers a time for parents and their 1 – 4 year old children to have fun together with active play and a healthy snack.

You will receive the Wiggle, Giggle & Munch handbook and learn:

- how to lead a Wiggle, Giggle & Munch program
- why it is important for toddlers and preschoolers to be active
- how to encourage parents to play with their toddlers and preschoolers
- creative healthy snack ideas

Wiggle, Giggle & Munch Program Leader Training is **FREE** for those who live in or serve members of the **downtown area**. For participants outside the downtown area there will be a fee of \$60.

**Priority** will be given to individuals and groups from the **downtown area** (see map for boundaries).



For more information leave a voicemail message for Kelly at 475-5755 or email [wgm@communities4families.ca](mailto:wgm@communities4families.ca)

For those outside the Downtown area, registration forms and payment of \$60 must be received before space in the training is confirmed. Please make your cheque out to 'Klinik' or to pay by credit card call Marge at Klinik @ 784-4007.



This is a program of Communities 4 Families



Regional Winner of the 2008 *Speaking of Food and Healthy Living Award*, given by the Dietitians of Canada and Kraft.

## Wiggle, Giggle & Munch Program Leader Training

### Registration Form – January 29, 2010

Name: \_\_\_\_\_

Organization (if you are representing one): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

**Lunch will be provided at this training. Please let us know if you have special dietary needs:**

---

**This training is limited to 24 participants.**  
A letter confirming your registration will be sent out.

**Please make your cheque out to ‘Klinic’ or to pay by credit card call Marge at Klinic @ 784-4007. For all other inquiries please use the contact information listed below.**

**Mail Registrations to:**  
Communities 4 Families, 870 Portage Ave., Winnipeg, MB R3G OP1 Attn: Kelly

**Fax Registrations to:**  
772-7998 – Attn: Kelly

**For more information leave a voicemail message at 475-5755  
or email [wgm@communities4families.ca](mailto:wgm@communities4families.ca)**

*For Office Use: Payment Details*

--