

USATF NEW ENGLAND ASSOCIATION MASTERS TRACK AND FIELD CHAMPIONSHIPS

Conley Stadium, Mount Pleasant HS, Providence, RI Saturday, August 6, 2011

FACILITY - Conley Stadium, 434 Mount Pleasant Ave, Providence, RI 02908

DIRECTIONS - SEE REVERSE OF THIS PAGE

ELIGIBILITY

Open to all men and women 30 years of age and older. Individuals will compete in five-year age groups, relays in 10-year age groups. Several events are open to all ages, not just masters (see schedule). Meet will be run in accordance with USATF Competition Rules and Regulations. A 2011 USATF membership is required for all US residents. Membership may be obtained through local Associations or on-site at the meet for \$30. USATF membership is based on calendar year.

ENTRY - MAILED-IN ENTRY MUST BE RECEIVED BY THE END OF THE DAY, WEDNESDAY, AUGUST 3

The entry fee is \$15 for the first event and \$7 for each additional event, for entries received by August 3. On meet day, a late fee of \$10 per person will be charged. There is no entry fee for relays. Day of event entry closes at 12:00 noon..

AWARDS

Medals will be presented to the top three places in each age group of each event final.

COMPETITION ORDER - TRACK EVENTS

Women followed by men, oldest to youngest. Age groups may be combined to fill sections. Track events take precedence. Please plan and enter events accordingly. (See schedule on reverse of this page).

<u>Field Events</u> – Throws and horizontal jumps – Three trials attempts, with six advancing to finals. Field event athletes must compete with their age groups. No pole vault.

RESULTS: FinishLynx Automatic Timing

MORE INFORMATION: Updated Information and results will be available on-line at http://www.usatfne.org/track.

MEET INFORMATION

USA Track & Field - New England 617-566-7600 office@usatfne.org
Entries must be accompanied by entry fees. Checks payable to USATF-NE
MAIL TO: New England Masters Championships, USATF-New England, P.O. Box 1905, Brookline, MA 02446

First Name	Last Nam	ne		Male/Female
Address	City/State	City/State		ZIP
Telephone	E-mail		Club/Affiliation	
Age on 8/06/11	2011 USATF number _			· · · · · · · · · · · · · · · · · · ·
Event	Best Rece	nt Performance	Fee - \$15 firs	st event, \$7 each additional
1				· · · · · · · · · · · · · · · · · · ·
2				
3				
4				· · · · · · · · · · · · · · · · · · ·
5.				
•				

All fees must be paid prior to the meet. Faxed entries will be charged late fee. USA checks / funds only

WAIVER AND RELEASE: I understand that competing in Track and Field is a potentially dangerous event and may result in injuries. In consideration of your accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against USATF, USATF-New England, its employees, agents, officers, City of Providence, the sponsors, the volunteers and their representatives, successors and assigns for any and all injuries suffered by me in said event, or as a result of my travel to and from the competition. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and its agents permission to request emergency medical treatment or care as necessary to insure my well-being. I agree not to cover or alter my competitor number in any way on pain of disqualification, and I acknowledge that my entry fee is non-refundable.

SIGNATURE:	DATE:

USATF NEW ENGLAND MASTERS TRACK & FIELD CHAMPIONSHIPS

SATURDAY, AUG 6, 2011	JUMPS SCHEDULE	THROWS SCHEDULE
TRACK SCHEDULE 10:30 3000 meter (M & W) 11:10 3000 meter race walk 12:00 80/100/110 meter hurdles 12:30 1500 meters 1:00 400 meters	Long Jump 10:30 am All jumpers to report. Flights will be set up based on numbers	Discus 10:30 Men 60-69 11:45 Men 50-59 1:00 Men 70+ 2:00 Men 30-49 3:00 All Women
1:30 100 meters (finals on time) 2:00 300m hurdles 2:20 800 meters 2:45 200 meters 3:10 4 x 800 meter relay to follow 4 x 100 meter relay to follow 4 x 400 meter relay	Triple Jump 12:00 pm Men and Women combined, all ages	Hammer 10:30 Men 30-49 11:45 Men 60-69 1:00 All Women 2:00 Men 50-59 To follow Men 70+
Hurdles – No 27" hurdles will be available OPEN EVENTS -	High Jump - Opening Ht – approx 3ft 1:00 pm Men and Women combined, all ages	Javelin 10:30 Men 19-49 (infield) 11:30 All Women 12:30 Men 50-59 2:00 Men 70+ Follows Men 60-69
Race Walk – Open to all age 14 and up Javelin – open to all age 18 and up	Note: Throws and Horizontal Jumps - 3 trials / 3 finals for top 6 The Pole Vault will not be contested	Shot Put 10:30 All Women 2 circles 11:30 Men 70+ 12:00 Men 30-49 1:30 Men 60-69
Women's Shot and Discus – all women 18+ Schedule: As of 7/06/11 May be changed –		2:45 Men 50-59 Times may be adjusted for events after 2 p.m.
verify at www.usatfne.org/track	Diversities of the Plane and Ulimb Colored	

Directions to Mt Pleasant High School

Take Exit 21 off I95 to Atwells Ave. Head West on Atwells, i.e.,take a Left if coming from the South, a Right if coming from the North. Follow Atwells 1.5mi to Mt Pleasant Ave and turn right at the traffic light. Continue 1 mile to Mt Pleasant HS.

Alternative directions: Travel Smith St. (44 West) from Providence for a few miles, passing several red lights. You will come to a red light where Academy Ave. intersects with Smith St.. Continue straight on Smith St.. You will pass LaSalle Academy on the left. At the second light, take a sharp left. This is Mt. Pleasant Ave. St. Augustine's Church will be on your left. Continue straight to the red light. Rhode College will be on your right. Continue straight and the high school will appear on your right.

For additional information on Providence, RI and its surroundings check. http://cityof.providenceri.com/