



Hidden Glen HAPPENINGS

SEPTEMBER 2009

VOLUME 1 ISSUE 7

News for the Residents of Hidden Glen

Message from the Board

It has been brought to the Board's attention that an organization called "Arc of Hope" is distributing fliers in the neighborhood asking for donations. The organization is not registered through the Texas Department of State or the IRS. They are apparently playing on the similarity of their name to the Arc of Texas, a legitimate charity. The reason for bringing this up is twofold. First, you should always be cautious of the charities you support to ensure your generosity truly reaches those in need. You can verify a charity's credentials and performance through the Better Business Bureau (BBB), American Institute of Philanthropy (AIP), or similar watchdog agencies. The second reason for diligence is that a purported charity may instead be a ruse for illegal activities. Several unmarked vehicles have been observed patrolling the neighborhood recently and residents have reported a number of thefts. If you are unsure whether a vehicle legitimately belongs in the neighborhood, please call the Round Rock Police. The police would rather us err on the side of caution in reporting suspicious activity so that they can monitor the situation instead of reacting only after an incident has occurred. Please be observant and help keep our neighborhood secure.

The second item to be brought to your attention this month concerns children playing in the detention ponds. These are located on either side of Hidden Glen Drive near the pool and at the far end of Mesa Verde Drive and Las Colinas Way. The detention ponds are not maintained as play areas and can be dangerous since their design is specifically to collect debris so as to not contaminate the water system. The ponds are marked with "No Trespassing" signs, though some have been torn down and are in the process of being replaced. Please instruct your children not to play in the detention pond areas for their own safety.

Hidden Glen Yard of the Month



**Congratulations to
Kim and Michael
Lambert
of 3240 Sanibel Court,
on becoming our
August YOM winners!**

HIDDEN GLEN HAPPENINGS

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Advertising..... advertising@PEELinc.com

ADVERTISING INFORMATION

Please support the businesses that advertise in the Hidden Glen Happening. Their advertising dollars make it possible for all Hidden Glen residents to receive the monthly newsletter at no charge. If you would like to support the newsletter by advertising, please contact our sales office at 512-263-9181 or advertising@PEELinc.com. The advertising deadline is the 10th of each month for the following month's newsletter.



SIGN UP FOR THE FALL SESSION OF GO NATIVE U

Learn about sustainable gardening, as well as native plant gardening. And check out the new classes on special topics. Classes start September 19. For information and registration, check www.wildflower.org

OPEN LABOR DAY - September 7

THE ORIGAMI DIVA - Through October 4

Joan Son's intricate installation of origami, "Natural Rhythm" features birds and plants. In the McDermott Learning Center

WATER SPARKS - September 17 through December 20

View fine limestone and glass works by Damian Priour. A joint exhibit with Umlauf Sculpture Garden.

NATURE NIGHTS – PLANTS & PEOPLE

Friday, September 18, 6 to 9 p.m.

Dyes, jelly, medicine—discover the benefits of native plants. Spanish translations available. Admission \$1. Sponsored by KVUE.

AUSTIN MUSEUM DAY

*Sunday, September 20,
Open 9 a.m. to 5:30 p.m.,
Program 1 to 3 p.m.*

Admission free. Women in Science program inspiring children to pursue science careers.



SMITHSONIAN WEEKEND - September 26

Free admission for all Smithsonian members. Taste jellies and jams from Texas Traditions from noon to 2 p.m. Also, save 20% on 2010 calendars all weekend.

Classified Ads

Personal classifieds (one time sell items, such as a used bike...) run at no charge to Long Canyon residents, limit 30 words, please e-mail hidden.glen.news@gmail.com.

Business classifieds (offering a service or product line for profit) are \$50, limit 40 words, please contact Peel, Inc. Sales Office @ 512-989-8905 or advertising@PEELinc.com.

Hidden Glen's BACK TO SCHOOL Safety Tips and Dates for Parents

As Your Children Head Back To School This Fall, Here Are Some Safety Issues To Keep In Mind:

1. Cell phones can no longer be used in school zones, as of September 1, 2009. The only exceptions to the new law are hands-free devices.
2. School zone speed limits will be strictly enforced during the hours of operation. Be on the lookout for the school zone signs and times of operation.
3. Watch out for school buses. If the flashing red lights are on, you are required to stop. Fatality accidents have occurred when drivers have disobeyed, or been distracted and passed the stopped busses illegally.
4. Children who ride the school



bus need to be reminded to look both ways when getting off the bus and crossing the street.

5. If your children walk to school, make sure they walk on the sidewalk in the opposite direction of auto traffic.
6. Children, who ride their bikes to school, need to ride in a designated bicycle lane or the sidewalk. Bicyclists must travel in the same direction as the auto traffic.

Some Important Dates To Know:

- School starts back on August 25th.
- Welcome Walk for Old Town is August 20th 4-8pm.
- Back to School night for Old Town is August 21st.
 - o PK - 2nd: 4:30p to 5:30p
 - o 3rd - 5th: 5:30p to 6:30p

MARK YOUR CALENDARS!

*Hidden Glen
Clean Sweep*

*Sunday, November 8,
2009, 1:00PM*

We'll work in groups to clean the common areas of Hidden Glen.

We need volunteers! This is a great opportunity for adults and kids alike to serve your community and help preserve the beauty of our natural areas.

Interested in lending a hand? Please contact Nancy Massey at johnandnancy89@hotmail.com

More information to come in the October newsletter.

The Original PowerBook



Go back to school this year more prepared than ever.

Great Hills Baptist Church Sunday Schedule

9:30 & 11 am - Bible Life Groups (all ages)

9:30 am - Celebration-Connection (Worship Choir & Orchestra)

11:00 am - Life-Connection (Worship Band)

10500 Jollyville Road . Austin, TX . 78759 | www.ghbc.org | 512.343.7763

HIDDEN GLEN HAPPENINGS

Hidden Glen's Independence Day Activities

Our Hidden Glen 4th of July Bike Parade was a great success again this year. We would like to extend a special thanks to the Meek Family for constructing the "bike wash". The kids really enjoyed it. We had over 75 bikes riding in the parade along with lots of smaller riders in wagons, strollers and scooters! Here pictures of some of the fun!

"Bike Wash"



Face Painting



Water Balloon Toss



Snow Cones



**Concerned About
Lower Lake Levels?
Join DELTA
Save Water.
Save Lake Travis.**



www.DrainingLakeTravis.org



Hidden Glen's Lost & Found...

Several sets of keys have been found around the neighborhood. Most have been posted to the Yahoo! Group. If you have lost keys please check Yahoo! Groups for all of the "found" ads.

ARTICLE SUBMISSIONS

Interested in submitting an article? You can do so by emailing hidden.glen.news@gmail.com or by going to:

<http://www.peelinc.com/articleSubmit.php>.

All news must be received by the 1st of the month prior to the issue.

DON'T WANT TO WAIT ON THE MAIL?
TheHidden Glen Happening can be viewed online at www.PEELinc.com



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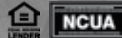


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*** *** ***
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APR* APR* APR*
UP TO 60 MONTHS 66 MONTHS 72 MONTHS
new or used

MONEY MARKET

1.31% **1.51%** **1.76%**
APY APY APY
\$25,000 TO \$74,999 \$75,000 TO \$124,999 \$125,000 AND ABOVE
minimum daily balance of \$2000 required

CERTIFICATE OF DEPOSIT¹

1.86% **2.07%** **2.42%**
APY APY APY
6 MONTHS 12 MONTHS 24 MONTHS

¹regular - minimum deposit of \$1000 required

CERTIFICATE OF DEPOSIT²

1.96% **2.27%** **2.57%**
APY APY APY
6 MONTHS 12 MONTHS 24 MONTHS

²jumbo - minimum deposit of \$95000 required

15 AUSTIN METRO LOCATIONS

Hidden Glen Birthdays

Jack Jagodzinski

1 year old on September 8th

Molly Grace Mayock

5 years old on Sepetember 20th

Submit your special day (birthdays, anniversaries, engagements, birth announcements) to hidden.glen.news@gmail.com



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MAKING SENSE OF INVESTING

HIDDEN GLEN HAPPENINGS

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Healthier Homes *Improve Neighborhood Air Quality ... Fragrance Free Dryer Exhaust*

By: Charlie & Michelle Bubnis

Have you ever been walking in the neighborhood enjoying the fresh air and then suddenly you are hit by the sweet fragranced smell of a heated artificial, petrochemical based scent from someone's clothes dryer exhaust? Often times a headache will occur, similar to people's reaction to perfumes worn in the office or at church. This is a normal protective reaction by the body as these fragrances are harmful neurotoxins and should be avoided whenever possible. National surveys found that at least 10% of the population reacts adversely to laundry products vented to the outdoors. Young children are particularly affected by fragranced chemicals because their body's detoxification mechanism is not fully developed.

Some of the most common chemicals used in fragranced laundry products are benzyl acetate, camphor, ethyl acetate, limonene and pentane. Many of these substances are capable of causing cancer, birth defects, central nervous system disorders, allergic reactions and chemical sensitivities. Some are on the EPA's hazardous waste list. According to a joint study by NIOSH and the U.S. House Subcommittee on Business Opportunities, 778 of the chemicals used in the chemical fragrance industry cause acute toxicity.

So the next time you are considering picking up a box of fragranced laundry detergent or fragranced dryer sheets...think about the impact on the neighborhood air quality and the proliferation of second hand scents. Healthier options could be: Add baking soda to the rinse cycle, or add ½ cup vinegar to the wash cycle to soften fabrics and reduce static cling. Vinegar is a natural fabric softener.

Do the neighborhood a favor and make sure your dryer exhaust doesn't pollute the environment. Be kind to yourself and to your neighbors, use unscented laundry products.

FOR MORE INFORMATION:

- <http://ehnca.org> – Fabric Softener = Health Risks from Dryer Exhaust and Treated Fabrics by Julia Kendall
- www.mcs-global.org – Could it be your Fabric Softener?
- www.physorg.com – Toxic Chemicals Found in Common Scented Laundry Products, Air Fresheners
- www.scorecard.org – enter your zip code and you can get information regarding air, water and chemical releases for your county



Attention Dog Walkers:

Please remember to clean up after your dogs. Newspaper and grocery bags fit nicely in pockets. Your neighbors will be most appreciative!



Let's Keep Hidden Glen Beautiful!

If you see it, please pick it up.

Thank you from the Landscaping Committee



Recipe of the Month

Dream Delight

Sandy Dinges



- 6 egg whites
- 1 cup pecans
- 2 cups sugar
- 2 tsp. vanilla
- 3/4 tsp. cream of tartar
- 2 cups crackers (Club or Waverly)

Beat egg whites until stiff. Gradually add sugar and cream of tartar. Add vanilla. Fold in crackers and pecans. Spread in a 9 x 13" pan cake pan. Bake at 350° until light brown about 20-25 minutes. Cool completely. Top with your favorite fruit and Cool Whip.

If you would like to submit YOUR recipe email it to articles@peelinc.com.

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FACTS YOU NEED TO KNOW ABOUT DROWNING

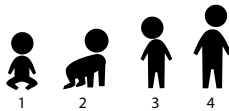
DROWNING CAN STILL OCCUR EVEN IF YOU KNOW HOW TO SWIM

A majority of people overestimate their own and their child's ability to swim, especially in a panic event.

Falls, entrapments, and injuries lead to drowning regardless of swimming level.

NO ONE is "drown proof" – no matter their level of swimming ability.

Drowning is the leading cause of unintentional injury-related death in children ages 1-4



DROWNING WILL AFFECT YOU OR SOMEONE YOU KNOW



Drowning is the 2nd leading cause of unintentional injury-related death ages 1-14.

DROWNING IS QUICK AND SILENT



Drowning occurs in as little as 2 minutes.



Irreversible brain damage occurs in as little as 4 minutes.



Most children are out of sight or missing for less than 5 minutes and usually in the presence of 1 or both parents.



Most children die who are submerged for as little as 6-10

**Children who drown do not scream, splash, or struggle.
They silently slip beneath the water, even with adults & lifeguards present.**