



# *Ministry of Mothers Sharing*

## *On the Journey Retreat Series*

### *Facilitator Training*

*A three hour workshop on how to initiate and facilitate parish-based retreats using a team*

Give yourself a treat and learn how to:

- create a sacred environment
- lead a prayer ritual
- facilitate a group of 10 to 20 people
- value feedback as part of the process

Valuable information will be provided on:

- Overview of the *On the Journey Retreat Series*
- Action plan to initiate *On the Journey Retreats*
- Marketing resources
- Jesus as model as Servant-Leadership.

**Saturday, November 12, 2011**

**Time: 9:00am to 12:00noon**

**Place: Saint Augustine Catholic Church**

**375 Sunset Drive, Casselberry, Florida 32707**

**Workshop Trainer: Jennifer Seminara, Regional Coordinator**

**Cost \$60.00 for one person or \$150.00 for three from the same parish**

Fee includes *On the Journey Retreat Series* Participant's Resource Book and Skill Development

**Scholarships are available:** Call or email Jennifer Seminara at 407-376-0483

[ministryofmotherssharingfla@yahoo.com](mailto:ministryofmotherssharingfla@yahoo.com)

Preregistration required before Wednesday, November 2, 2011

**Contact Jennifer Seminara at 407-376-0483 or [ministryofmotherssharingfla@yahoo.com](mailto:ministryofmotherssharingfla@yahoo.com) with your questions.**

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\_\_\_\_\_ Reserve my spot for *On the Journey Retreat Series Facilitator Training* on November 12<sup>th</sup>

\_\_\_\_\_ Reserve \_\_\_\_\_ spots for our parish (attach list of attendees).

Name \_\_\_\_\_ Parish \_\_\_\_\_

Home Address \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

**Make check payable to *St. Paul's Monastery* and mail to  
Jennifer Seminara, 1621 Sterling Oaks Lane, Casselberry Florida 32707  
By Wednesday, November 2, 2011**

***Ministry of Mothers Sharing***

*An outreach ministry of the Sisters of St. Benedict of St. Paul's Monastery*

[www.ministryofmotherssharing.org](http://www.ministryofmotherssharing.org)