

Laboratory Report

Total Vitamin D

BLOOD SPOT ID



Paul Smith

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DATE OF BIRTH **10/22/1965**

GENDER M F

CLIENT ID # **01234**

Understanding the Test

Vitamin D is required for the regulation of the minerals calcium and phosphorus found in the body. Recently studies have shown a correlation between Vitamin D deficiency and a number of chronic disorders such as multiple sclerosis, diabetes, and many other diseases, but this is yet to be medically proven.

Summary of Results

Reference Range

Total Vitamin D **22.3** ng/mL **L** > 25.0 ng/mL

Understanding the Results

Vitamin D deficiency can lead to bone diseases such as osteomalacia in adults and rickets in children. Because there is controversy surrounding what is a normal Vitamin D level and supplement intake, you need to talk with your medical professional about your individual situation. Discuss your Vitamin D status and supplements with your medical provider.

These test results do NOT make or confirm a diagnosis which can only be made by a qualified health professional.

Laboratory Processing Summary

COLLECTION DATE	RECEIPT DATE	TESTING DATE	REPORT DATE
9/15/2012	9/19/2012	9/20/2012	9/21/2012