





CLUB DRUGS

Club drugs* are a pharmacologically heterogeneous group of psychoactive compounds that tend to be abused by teens and young adults. Four of the most common club drugs are MDMA (Ecstasy) Gamma hydroxybutyrate (GHB), Rohypnol, and Ketamine.

	MDMA (Ecstasy)	Gamma hydroxybutyrate (GHB),	Rohypnol	Ketamine
Medical Use?	A drug that has <u>stimulant</u> and psychedelic properties. Used in the treatment of mood disorders to increase the speed of body functions.	<i>GHB</i> (Xyrem) is a central nervous system (CNS) <u>depressant</u> that was approved in the treatment of narcolepsy (a sleep disorder).	<i>Rohypnol</i> (flunitrazepam) (chemically similar to Valium or Xanax) was used as a <u>hypnotic</u> drug prescribed for the treatment of severe insomnia .	<i>Ketamine</i> is a popular <u>anesthetic</u> used in veterinary practice
Slang Names	XTC, X, Adam, hug, beans, love drug.	<i>Grievous Bodily Harm, G, Liquid Ecstasy, Date Rape Drug</i>	<i>Date rape drug, La roche, R2, Rib, Roach, Roofenol, Roofies, Rope, Rophies, Ruffies, The forget pill.</i>	<i>Special K, K, Vitamin K, Cat Valiums</i>
Looks Like?	Ecstasy usually comes as flat round tablets in various sizes and colors (but often white), which usually have small motifs embossed on one side. Occasionally, it may come as a capsule. 	GHB (Gamma hydroxybutyrate) can be produced in clear liquid, white powder, tablet, and capsule forms. 	A small white tablet with no taste or odor when dissolved in a drink. 	Although it is manufactured as an injectable liquid, in illicit use ketamine is generally evaporated to form a powder. 
How it is taken	It is taken orally as a capsule or tablet.	GHB and Rohypnol can be colorless, tasteless, and odorless, and can be orally ingested (unknowingly) when added to beverages.		Ketamine is usually snorted or injected intramuscularly.
How it effects the body	Effects include feelings of mental stimulation, emotional warmth, enhanced sensory perception, and increased physical energy. Adverse health effects can include nausea, chills, sweating, teeth clenching, muscle cramping, and blurred vision.	GHB's sedative effects may result in sleep, coma, or death.	Rohypnol can produce amnesia, in which individuals may not remember events they experienced while under the influence of the drug. When mixed with alcohol, Rohypnol can incapacitate victims and prevent them from resisting sexual assault.	Ketamine distorts perceptions of sight & sound and produces feelings of detachment from the environment and self. Low-dose intoxication results in impaired attention, learning ability, and memory. Higher doses , can cause dreamlike states and hallucinations, delirium and amnesia.

Group: _____

SMARTEST PERSON: Drug Quiz

Directions: Match the drug to the statement it best fits by placing the appropriate letter by the statement. Choose one correct answer for each statement.

A. MDMA (Ecstasy)

C. Rohypnol

E. All of these

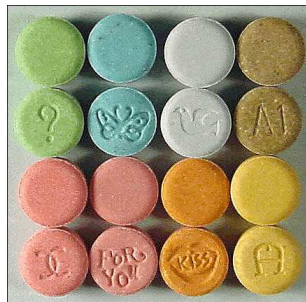
B. Gamma hydroxybutyrate (GHB)

D. Ketamine

F. None of these

_____ 1. Known as “The forget pill.” Street names might include Rib, Roach, Rope, or Ruffies,

_____ 2. Which club drug is most likely represented by the tablets pictured below?



_____ 3. While at the party, Sarah begins to feel like she is having an “out of body” experience, almost like she is dreaming. The lights around her seem to be blurry and she cannot understand what her friends are saying to her. Which drug is likely to be the cause of her symptoms?

_____ 4. Bobby is uncharacteristically hyper and will not stop talking. He is anxious, jittery and cannot sit still. Which drug is most likely to be the cause of his behavior?

_____ 5. Karen was thirsty after she got back to her table from the dance floor. While drinking her soda she noticed a layer of white powder around the edge of the glass and on top of the table where her glass was setting. Before long she began to feel very tired and all she wanted to do is go to sleep. Which drug is likely involved in this situation

_____ 6. This club drug is often injected.

_____ 7. As Rita is reporting the details of her sexual assault to the police she says, “I just couldn’t even fight back. It was like I couldn’t get my arms to move. All I can remember is saying NO NO, and then I woke up the next day...I can’t remember what happened.” Which of the date rape drugs was likely used on Rita.

_____ 8. Slang names for this drug include Grievous Bodily Harm, G, Liquid Ecstasy.

_____ 9. _____ is considered a psychoactive compound.

_____ 10. Which is a healthy choice for enhancing the fun of social settings?

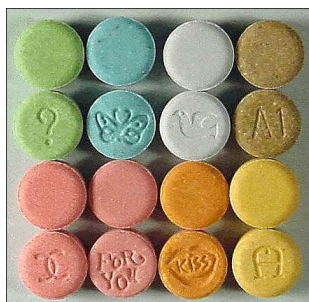
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Tips for Teens: The Truth About Club Drugs

Slang--Ecstasy: E, X, XTC. GHB: Liquid Ecstasy, Liquid X, Grievous Bodily Harm, Georgia Home Boy. Ketamine: K, Special K, Ket, Vitamin K, Kit Kat. Rohypnol: Roofies, R-2.



Club drugs affect your brain. The term "club drugs" refers to a wide variety of drugs often used at all-night dance parties ("raves"), nightclubs, and concerts. Club drugs can damage the neurons in your brain, impairing your senses, memory, judgment, and coordination.

Club drugs affect your body. Different club drugs have different effects on your body. Some common effects include loss of muscle and motor control, blurred vision, and seizures. Club drugs like ecstasy are stimulants that increase your heart rate and blood pressure and can lead to heart or kidney failure. Other club drugs, like GHB, are depressants that can cause drowsiness, unconsciousness, or breathing problems.

Club drugs affect your self-control. Club drugs like GHB and Rohypnol are used in "date rape" and other assaults because they are sedatives that can make you unconscious and immobilize you. Rohypnol can cause a kind of amnesia--users may not remember what they said or did while under the effects of the drug.

Club drugs are not always what they seem. Because club drugs are illegal and often produced in makeshift laboratories, it is impossible to know exactly what chemicals were used to produce them. How strong or dangerous any illegal drug is varies each time.

Club drugs can kill you. Higher doses of club drugs can cause severe breathing problems, coma, or even death.



Know the law. It is illegal to buy or sell club drugs. It is also a federal crime to use any controlled substance to aid in a sexual assault.

Get the facts. Despite what you may have heard, club drugs can be addictive.

Stay informed. The club drug scene is constantly changing. New drugs and new variations of drugs appear all of the time.

Know the risks. Mixing club drugs together or with alcohol is extremely dangerous. The effects of one drug can magnify the effects and risks of another. In fact, mixing substances can be lethal.

Look around you. The vast majority of teens are not using club drugs. While ecstasy is considered to be the most frequently used club drug, less than 2 percent of 8th-12th graders use it on a regular basis. In fact, 94 percent of teens have never even tried ecstasy.

Know the Signs...

How can you tell if a friend is using club drugs? Sometimes it's tough to tell. But there are signs you can look for. If your friend has one or more of the following warning signs, he or she may be using club drugs:

- Problems remembering things they recently said or did
- Loss of coordination, dizziness, fainting
- Depression
- Confusion
- Sleep problems
- Chills or sweating
- Slurred speech

What can you do to help someone who is using club drugs? Be a real friend. Save a life. Encourage your friend to stop or seek professional help. For information and referrals, call the National Clearinghouse for Alcohol and Drug Information at 800-729-6686.

Q&A

Q. If somebody slipped a club drug into your drink, wouldn't you realize it immediately?

A. Probably not. Most club drugs are odorless and tasteless. Some are made into a powder form that makes it easier to slip into a drink and dissolve without a person's knowledge.

Q. Are there any long-term effects of taking ecstasy?

A. Yes. Studies on both humans and animals have proven that regular use of ecstasy produces long-lasting, perhaps permanent damage to the brain's ability to think and store memories.

Q. If you took a club drug at a rave, wouldn't you just dance off all of its effects?

A. Not necessarily. Some of ecstasy's effects, like confusion, depression, anxiety, paranoia, and sleep problems, have been reported to occur even weeks after the drug is taken.

Info

SAMHSA's National Clearinghouse for Alcohol and Drug Information

800-729-6686

TDD 800-487-4889

linea gratis en español 877-767-8432

Curious about the TV ads of the National Youth Anti-Drug Media Campaign? Check out the Web site at www.freevibe.com or visit the Office of National Drug Control Policy Web site at www.whitehousedrugpolicy.gov.

The bottom line: If you know someone who uses club drugs, urge him or her to get help. If you're using them--stop! The longer you ignore the real facts, the more chances you take with your life. It's never too late. Talk to your parents, a doctor, a counselor, a teacher, or another adult you trust. Do it today!

¹. "Teen Drug Abuse Declines Across Wide Front." U.S. Department of Health and Human Services, 2003. <http://www.os.dhhs.gov/news/press/2003pres/20031219a.html>.

Smartest Person –What do you know?

Directions: After reviewing the material can you orally answer the following questions?

1. Can you name at least 2 slang terms for

Ecstasy _____ & _____

GHB _____ & _____

Ketamine _____ & _____

Rohypnol _____ & _____

2. Can you label each of the club drugs listed in #1 as: stimulate or depressant (sedative)?

3. Can you find the statement that is true? Can you tell why the false statements are incorrect?

- Mixing club drugs with alcohol can be lethal
- GHB is the most commonly used club drug.
- All club drugs are odorless and tasteless.
- Club drugs are less dangerous because they are not addictive.

4. One of the symptoms in the list does not belong; can you identify the symptom that does NOT occur?

- Slurred Speech
- Sleep problems
- Chills or sweating
- Confusion
- Diarrhea and vomiting
- Depression
- Problems remembering things they recently said or did
- Loss of coordination, dizziness, fainting

5. Can you explain why a person using a club drug might experience the symptoms you identified in the list from question 4?