

## STUDENT INFORMATION FOR COLLEGE RECOMMENDATION

STUDENT NAME: \_\_\_\_\_

Give a copy of this form to anyone you are requesting a letter of recommendation from, at least **3 weeks prior to the deadline**. (Earlier is better). **Attach activity resume** that includes Clubs/School & Non-School Activities and Honors/Awards/Recognition for the Talents/Leadership/etc.

1. List colleges to which you are applying and due dates

- |         |         |
|---------|---------|
| • _____ | • _____ |
| • _____ | • _____ |
| • _____ | • _____ |
| • _____ | • _____ |

2. College Major/Interests: \_\_\_\_\_

3. Career Goals: \_\_\_\_\_

4. What do you feel is your most significant accomplishment? \_\_\_\_\_

---

---

---

5. Name a special talent and how you have used your talent to contribute to the benefit of others: \_\_\_\_\_

---

---

---

6. Describe any significant person, event, or happening that has influenced you as a person: \_\_\_\_\_

---

---

---

7. How have you overcome a problem? (i.e., change schools, self-esteem, academic performance, disease, handicap). Respond in detail: \_\_\_\_\_

---

---

---

8. In what academic areas are you not as strong? \_\_\_\_\_  
\_\_\_\_\_

9. Have you held any leadership positions? Can you think of a time when you showed leadership ability? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10. Can you think of a time when you have shown initiative or creativity? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11. What did you do last summer? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

12. What things are you passionate about? (Could be a hobby, political issue, sport, music, etc.): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

13. What personal/academic qualities would you like to be emphasized? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

14. List 3 adjectives that best describe you:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

15. List 3 adjectives your friends use to describe you (ask them):

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## ACTIVITIES RESUME

Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

### School Activities (Club, sports, etc.):

Activity	Grade(s) in which you participated in the activity	# of Hours per week	#of Weeks per Year
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		

### Awards & Honors:

Name of Award	Type of Award	Year(s) Awarded
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12
	___ Athletic ___ Academic	___ 9 ___ 10 ___ 11 ___ 12

### Leadership Positions

Position	Grade(s)
	___ 9 ___ 10 ___ 11 ___ 12
	___ 9 ___ 10 ___ 11 ___ 12
	___ 9 ___ 10 ___ 11 ___ 12

### Community Service:

Activity	Grade(s) in which you participated in the activity	# of Hours per Week	# of Weeks per Year
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		
	___ 9 ___ 10 ___ 11 ___ 12		

**Work Experience:**

Job	Dates

Hobbies and Interests: \_\_\_\_\_

---

---

---

---

---

Other: (things you would like a person writing a recommendation to know about you).

---

---

---

---

---

---

---

---

---

---

---

