# THOMPSON SCHOOL DISTRICT CHECKLIST FOR ATHLETIC PARTICIPATION

| Check as completed |  | Revised 5/30/14   |  |  |  |  |  |
|--------------------|--|---|--|--|--|--|--|
|                    | Part A - PARENT PERMIT FOR ATHLETIC PARTICIPATION AND INSURANCE COVERAGE   |   |  |  |  |  |  |
|                    | Read and complete with parent or guardian. Release must be signed by parent and returned to the school office.   |   |  |  |  |  |  |
|                    | Part B - SIGNATURE PAGE  Acknowledgement for Code of Conduct, Training Rules and Standards for Communication Health Information Medicaid Information Student Eligibility Information CHSAA form  |   |  |  |  |  |  |
|                    | PART C - MEDICAL   |   |  |  |  |  |  |
|                    | Part I Medical History   | Complete with your parents and obtain signatures prior to physical examination.   |  |  |  |  |  |
|                    | Part II Physical Examination   | Must be completed by a M.D., D.O., D.C., Spc. or nurse practitioner. Schedule your appointment well in advance - at least two months of your sports season. It is best to wear shorts and t-shirts to exam. To be valid, a physical must have been given within the last 365 calendar days. |  |  |  |  |  |
|                    | Both parts to be returned to the school office.  |   |  |  |  |  |  |
|                    | Part D - ATHLETIC INJURY/ EMERGENCY INFORMATION Thompson School District OCR   |   |  |  |  |  |  |
|                    | Athletic Injury Emergency Information  |   |  |  |  |  |  |
|                    | Both forms must be signed and completed at the beginning of each season of participation.  |   |  |  |  |  |  |
|                    | ATHLETIC FEE:  |   |  |  |  |  |  |
|                    | A \$125 high school enrolled /\$175 high school non-enrolled. A \$150 football equipment fee for all first time participants. (This fee does not count towards the family maximum). \$50 middle school enrolled/\$70 middle school non-enrolled or \$20 intramural enrolled / \$30 intramural non-enrolled athletic fee must be paid before the issuance of clearance to participate. There is a yearly maximum of \$450 per family; \$125 for middle school and \$325 per high school, which also includes the school fee collected for Knowledge Bowl, Band, Choir, Orchestra and Forensics. There is NO yearly maximum for non-enrolled fees. Those students on the free/reduced lunch program may request a waiver from this fee. Any other students having a financial hardship may see the athletic director to discuss a waiver of the fee. Payment types accepted are cash, check or RevTrak (online payments) |   |  |  |  |  |  |

Clearance will be issued after all items listed and your fee or waiver has been submitted. Report to the coach with the clearance. No participation will be allowed until clearance has been given to the coach. Clearance must be requested (and the fee paid) at the beginning of each sport season in which the student participates. (Check with your school office for specific school variations to this procedure.

### PART A PARENT PERMIT FOR ATHLETIC PARTICIPATION

| Student Name  | Grade   |
|---|---|
| Warning: Although participation in supervised intersol least hazardous in which the student will engage in or INTERSCHOLASTIC ATHLETICS INCLUDES A RISK OF IMINOR TO LONG-TERM CATASTROPHIC INJURY OR DE supervised school athletic programs, it is impossible to   | out of school, BY ITS NATURE, PARTICIPATION IN INJURY, WHICH MAY RANGE IN SEVERITY FROM EATH. Although serious injuries are not common in   |
| PLAYERS MUST OBEY ALL SAFETY RULES, REPORT TO CONDITIONING PROGRAM, AND INSPECT AND USE THE   |   |
| The Thompson School District generally provides distrimany activities, events, matches and games. However transportation in all circumstances and to all events or available, it is the student's parent's or guardian's responsible transportation to and from the event.  | r, the district is unable to provide district activities. When district transportation is not   |
| By signing this permit for athletic participation, we ack warning. PARENTS OR STUDENTS WHO DO NOT WISH WARNING SHOULD NOT SIGN THIS PERMISSION FOR  | TO ACCEPT THE RISKS DESCRIBED IN THIS   |
| I HEREBY GIVE MY CONSENT FOR THE ABOVE NAMED approved athletic activities except those indicated on t school team of which he/she is a member on its local c doctor, emergency medical technician, coach or certific medical care which may become reasonably necessary travel. I understand that the cost of such medical care school, or anyone acting in its behalf, responsible for a course of such athletic activities or travel. | the physician's statement form; (2) accompany any or out-of- town trips; (3) receive, through a medical ed athletic trainer of the school's choice, emergency in the course of such athletic activities or such is my responsibility. I further agree not to hold the |
| DATE PARENT'S/GUARDIAN  | SIGNATURE   |
| In compliance with school district policy, every student be covered by appropriate medical/accident insurance for any injury or accident which may occur while partic insurance in force and effect; and I hereby assume ful injury or accident that occurs while participating in the program. I HEREBY CERTIFY THAT THE ABOVE NAINSURANCE COVERAGE:   | and a release of liability by the parent or guardian cipating in such programs. I agree to keep such I and complete financial responsibility relative to any athletic program, or traveling to and from such a  |
| NAME OF INSURANCE   | POLICY NUMBER   |
| (If family medical insurance is not available, the stude Information on this plan is available at the District Offi   |   |

### Part B SIGNATURE PAGE

## ACKNOWLEDGMENT FOR CODE OF CONDUCT, TRAINING RULES AND STANDARDS FOR COMMUNICATION

STANDARDS FOR COMMUNICATION The following signatures indicate that both the parent and student-athlete have read the Thompson School District Standards for Communication - Athletics and Activities Handbook and the athletic training/conduct rules located online and agree to the terms, stipulations and understand that this document is effective until the athlete's graduation: Parent/Guardian Signature: Date: \_\_\_\_\_ Date: \_\_\_\_\_ Student/Athlete Signature: Grade: \_\_\_\_\_ **HEALTH INFORMATION** I give \_\_\_ do not give \_\_\_ permission for health information to be shared with adults in the school setting that will be working with my child during the current school year. Date: \_\_\_\_\_ Parent/Guardian Signature: \_ CONSENT FOR RELEASE OF INFORMATION TO ACCESS MEDICALD REIMBURSEMENT FOR HEALTH-RELATED SUPPORT SERVICES Is your child eligible for Medicaid? Yes \_\_\_\_ If yes, please provide Medicaid number \_\_\_ - \_\_ - \_\_ - \_\_\_ - \_\_\_ - \_\_\_ \_\_\_ Parent/Guardian Signature: STUDENT ELIGIBILITY INFORMATION \_\_\_\_ to compete in athletics for Mountain View High School in I hereby give my consent for Colorado High School Activities Association approved sports, except as noted on the Physical Examination and Parent Permit Form, and I have read and understand the general guidelines for eligibility as outlined in the CHSAA Competitor's Brochure (as found on the CHSAA site). Parent or Guardian Signature \_\_\_\_\_\_ Date \_\_\_\_ I have read, understand and agree to the General Eligibility Guidelines as outlined in the CHSAA Competitor's Brochure. Student Signature \_\_\_\_\_ Date \_\_\_\_\_

No student shall represent their school in interschool athletics until there is a statement on file with the superintendent or principal signed by his/her parent or legal guardian and a signed physical form certifying that he/she has passed an adequate physical examination within the past year. Noting that in the opinion of the examining physician, physician's assistant, nurse practitioner or a certified/registered chiropractor, is physically fit to participate in high school athletics; that student has the consent of his/her parents or legal guardian to participate; and, the parent and participant have read, understand and agree to the CHSAA guidelines for eligibility.

|           | History  |                  |                                       |                        |          |   |
|-----------|--|------------------|---------------------------------------|------------------------|----------|---|
| Date      | Personal Physician   |                  |                                       |                        |          |   |
| Name      | Sex Age Date of Birth _  |                  | · · · · · · · · · · · · · · · · · · · |                        |          | Height  |
| Explain " | Yes" answers below:  |                  |                                       |                        | L        | Vision R 20/  |
|           | Have you ever been hospitalized?   | Yes []           | No []                                 |                        | I        |   |
|           | Have you ever had surgery?  Are you presently taking any medications or pills?   | Yes []<br>Yes [] | No []<br>No []                        |                        | M        | Cardiopulmonary   |
|           | Do you have any allergies (medicine, bees, or other stinging insects)? Have you ever passed out during or after exercise?              | Yes []<br>Yes [] | No []<br>No []                        |                        | Ť        | ' '   |
|           | Have you ever been dizzy during or after exercise?   | Yes []           | No []                                 |                        | Ε        | Pulses  |
|           | Have your ever had chest pain during or after exercise? Do you tire more quickly than your friends during exercise?                    | Yes []           | No []<br>Yes []                       |                        | D        | Heart   |
|           | No [] Have you ever had high blood pressure?   | Yes []           | No []                                 |                        |          | Lungs   |
|           | Have you ever been told that you have a heart murmur?  Have you ever had racing of your heart or skipped heartbeats?                   | Yes []<br>Yes [] | No []<br>No []                        | С                      |          | Tanner stage  |
|           | Has anyone in you family died of heart problems or a sudden death before age 50?   | Yes []           | No []                                 | 0                      |          | Skin  |
|           | Do you have any skin problems (itching, rashes, acne)? Have you ever had a head injury?  | Yes []<br>Yes [] | No []<br>No []                        | M<br>P                 |          | Abdominal   |
|           | Have you ever been knocked out or unconscious? Have you ever had a seizure?  | Yes []<br>Yes [] | No []<br>No []                        | L                      |          | Genitalia   |
|           | Have you ever had a stinger, burner or pinched nerve? Have you ever had heat or muscle cramps?   | Yes []<br>Yes [] | No []<br>No []                        | E                      |          | Musculoskeletal   |
|           | Have you ever been dizzy or passed out in the heat? Do you have trouble breathing or do you cough during or after activity?            | Yes []           | No []<br>Yes []                       | Ė                      |          | Neck  |
|           | No [] Do you use any special equipment (pads, braces, neck rolls, mouth guard  |                  |                                       |                        |          | Shoulder  |
|           | eye guard, etc.)? Have you had any problems with your eyes or vision?  | Yes []<br>Yes [] | No []<br>No []                        |                        |          | Elbow   |
|           | Do you wear glasses or contacts or protective eye wear? Have you ever sprained/strained, dislocated, fractured, broken or had repeated | Yes []           | No []                                 |                        |          |   |
|           | or other injuries of any bones or joints?  | Yes []           | No []                                 |                        |          | Wrist   |
|           | [] Head [] Shoulder [] Thigh [] Neck [] Elbow [] Knee [] Chest [] Forearm [] Shin/calf [] Back [] Wrist [] Ankle [] Hip [] Hand        | FOOL             |                                       |                        |          | Hand  |
|           | Have you had any other medical problems (infectious mononucleosis diabetes, etc.)  | Yes []           | No ∏                                  |                        |          | Back  |
|           | Have you had a medical problem or injury since your last evaluation When was your last tetanus shot?                                   | Yes []           | No []                                 |                        |          | Knee  |
|           | When was your last measles immunization? When was your first menstrual period?   |                  |                                       |                        |          | Ankle   |
|           | When was your last menstrual period?   |                  |                                       |                        |          | Foot  |
|           | What was the longest time between your periods last year?  |                  |                                       |                        |          | Other   |
| Explain " | yes" answers:  |                  |                                       | CLEA<br>A.<br>B.<br>C. | CI<br>CI | CE<br>eared<br>eared after comple<br>t cleared for []<br>[] |
|           |  |                  |                                       | D=0                    | <b></b>  |   |
| I hereby  | state that, to the best of my knowledge, my answers to the above questi-   | ons are          | correct.                              | REC                    | JMME     | ENDATIONS:  |

Signature of athlete: \_\_\_\_\_\_
Signature of parent/guardian: \_\_\_\_\_

| С   |        | Height          | Weight |                   | BP        | /    | Pul | se     | G |
|---|--------|-----------------|--------|-------------------|-----------|------|-----|--------|---|
|   | L      | Vision R 20/    | L 20/  |                   | Corrected | l: Y | N F | upils  | G |
|   | I<br>M |                 | Normal | Abnormal Findings |           |      |     | itials |   |
|   | ı      | Cardiopulmonary |        |                   |           |      |     |        |   |
|   | T<br>E | Pulses          |        |                   |           |      |     |        |   |
|   | D      | Heart           |        |                   |           |      |     |        |   |
|   |        | Lungs           |        |                   |           |      |     |        |   |
|   |        | Tanner stage    | 1      | 2                 | 3         | 4    | 5   |        |   |
| C   |        | Skin            |        |                   |           |      |     |        |   |
| M<br>P  |        | Abdominal       |        |                   |           |      |     |        |   |
| L   |        | Genitalia       |        |                   |           |      |     |        |   |
| E<br>T  |        | Musculoskeletal |        |                   |           |      |     |        |   |
| Ε   |        | Neck            |        |                   |           |      |     |        |   |
|   |        | Shoulder        |        |                   |           |      |     |        |   |
|   |        | Elbow           |        |                   |           |      |     |        |   |
|   |        | Wrist           |        |                   |           |      |     |        |   |
|   |        | Hand            |        |                   |           |      |     |        |   |
|   |        | Back            |        |                   |           |      |     |        |   |
|   |        | Knee            |        |                   |           |      |     |        |   |
|   |        | Ankle           |        |                   |           |      |     |        |   |
|   |        | Foot            |        |                   |           |      |     |        |   |
|   |        | Other           |        |                   |           |      |     |        |   |
| CLEARANCE  C. Cleared  C. Cleared after completing evaluation/rehabilitation for:  C. Not cleared for [] collision  [] contact  [] non-contact strenuous moderately strenuous non strenuous |        |                 |        |                   |           |      |     |        |   |
| RECOMMENDATIONS:  |        |                 |        |                   |           |      |     |        |   |
|   |        |                 |        |                   |           |      |     |        |   |
| NAME OF PHYSICIAN/ PA/ NURSE PRACTITIONER/ CERTIFIED-REGISTERED CHIROPRACTOR:   |        |                 |        |                   |           |      |     |        |   |
| ADDRESSPHONE  |        |                 |        |                   |           |      |     |        |   |
| SIGNATURE OF MD/DO,PA/NA,DC-SPC#  |        |                 |        |                   |           |      |     |        |   |
|   | _      |                 |        |                   |           |      |     |        |   |

Physical Examination



#### MEDICAL INFORMATION CARD

#### HIGH SCHOOL STUDENT-ATHLETE MEDICAL INFORMATION

| Student Name:  Age: Grade: Birth Date:  Parent/Guardian(s) Name:  Address:   | Sport:  |            |
|--|---|------------|
| Parent/Guardian(s) Name:Address:   | CCII  |            |
| Address:   | SS#   |            |
| Address:   |   |            |
| Dl   |   |            |
| Phone: day: night:<br>Other authorized persons to contact in emergenc  | ceii:   |            |
|  |   |            |
| Name:  | Phone:  |            |
| Name: Hospital Preference: Policy #: Group #:  | Phone:  |            |
| Policy #   | nsurance Co.  |            |
| Policy #: Group #:   | Pnone #:  |            |
|  |   | _<br>Medic |
| Information Medical Illnesses:   |   | 1120410    |
| Medical Illnesses:Last tetanus booster shot (mo/yr):   | Allergies:  |            |
| Madiantiana  |   |            |
| (any medications possible needed to be taken du  | ring competition require a physician's note)  |            |
| Previous head/neck or back injury:   | ring competition require a physician's note;  |            |
| Previous head/neck or back injury:   |   |            |
| Previous heat-related problems:  Other information necessary to inform medical s   | taff:   | -          |
| Other information necessary to inform medicars   | naii  | -          |
| treatment, that may be provided by treating physicial OCR Athletic Trainers and OCR physicians. OCR information about my child to the school. In the evigive permission for my child to be transported to redoes research in the prevention of the athletic injuri | the school's athletic conditioning and training cluding first aid, diagnostic procedures and medical ans, nurses and other healthcare providers including has my permission to release athletic injury rent I cannot be reached in an emergency, I hereby receive necessary treatment. I understand that OCR research use generalized information that does not |            |
| personally identify the individual student. OCR maidentify my child in such research.  |   |            |
|  | Date:   |            |

This card is valid from August 1, 2014 - July 31, 2015.

Note: If any changes in the above information occur, <u>a new card</u> must be completed by the parent

### Part D ATHLETIC INJURY EMERGENCY INFORMATION

| Athlete  |   | Sport   |   |                            |  |  |
|--|---|---|---|----------------------------|--|--|
| Birthdate  | Grade   | _ Height  | Weight  |                            |  |  |
| Parent/Guardian  |   | (   | Cell Phone  |                            |  |  |
| Address  |   |   | Home Phone  |                            |  |  |
| Email Address  |   |   |   |                            |  |  |
| Other Emergency Contact _  |   |   | Cell Phone  |                            |  |  |
| Family Physician   |   |   | Phone   |                            |  |  |
| Name of Insurance Compar   | ıy  |   | Policy Number   |                            |  |  |
| above named student with event that I cannot be notimay be sustained due to in | a physician, EMT, ce<br>fied. I understand tl<br>jury as a result of at | ertified athletic tra<br>hat the school doe<br>thletic participatio | arrange for emergency treat<br>iner or hospital emergency i<br>s not carry insurance for an<br>n Date | room in the<br>y loss that |  |  |
| Parent or Guardian   |   |   |   | •                          |  |  |
| complete accurately.   | ·   | sure proper respor  | nses in certain situations. Pl  | lease                      |  |  |
| <ol> <li>Known allergies and</li> </ol>  | medications:  |   |   |                            |  |  |
| <u>Allergy</u>   |   | Medications/Do  | <u>sage Being Taken</u>   |                            |  |  |
|  |   |   |   |                            |  |  |
|  |   |   |   |                            |  |  |
| 2. Other Medications/D   | osages Being Taken  | 1:  |   |                            |  |  |
| 3. Known medical cond  | litions (check if anni  | icable and add oth  | ners).  |                            |  |  |
|  | Seizure Disord  |   |   |                            |  |  |
|  |   |   |   |                            |  |  |
| 4. History of significan   | old injury (what, w   | here, when?)  |   |                            |  |  |
| 5. Date of last tetanus  | sinoculation: Mon   | th Year   |   |                            |  |  |