NAME: MEDICAID ID: DOB: PRIMARY CARE GIVER: GENDER: MALE □ FEMALE PHONE: Health Steps DATE OF SERVICE: **INFORMANT:** UNCLOTHED PHYSICAL EXAM **HISTORY** See new patient history form □ See growth graph CHILD HEALTH RECOR **INTERVAL HISTORY:** %) Weight: %) Height: %) 🗆 NKDA Allergies: BMI: Heart Rate: Blood Pressure: Respiratory Rate: 1 Temperature (optional): □ Normal (Mark here if all items are WNL) **Current Medications:** Abnormal (Mark all that apply and describe): □ Appearance Nose Lungs Mouth/throat Head Gl/abdomen Extremities 🗆 Skin Teeth Visits to other health-care providers, facilities: Neck Back Eyes Heart Musculoskeletal Ears Neurological Abnormal findings: Parental concerns/changes/stressors in family or home: Psychosocial/Behavioral Health Issues: Y N Findings: Additional: Tanner Stage Breasts /5 Genitalia /5 □ TB questionnaire*, risk identified: Y N Subjective Hearing Screening: P

F *Tuberculin Skin Test if indicated TST Subjective Vision Screening: P - F -(See back for form) HEALTH EDUCATION/ANTICIPATORY **NUTRITION*:** GUIDANCE (See back for useful topics) Problems: Y Ν Assessment: Selected health topics addressed in any of the following areas*: School Activity Oral Health Development Nutrition *See Bright Futures Nutrition Book if needed Safety Physical Activity *See Bright Futures for assistance **IMMUNIZATIONS** ASSESSMENT EAR CHECKUP Up-to-date Deferred - Reason: Given today: \Box Hep A \Box Hep B \Box IPV Td/Tdap Meningococcal* □ MMRV Pneumococcal* Varicella Influenza *Special populations: See ACIP PLAN/REFERRALS LABORATORY Dental Referral: Y Tests ordered today: Other Referral(s) Return to office:

Signature/title

Name:

YEAR CHECKUP

exas Health

Steps

Typical Developmentally Appropriate Health Education Topics

Medicaid ID:

7 Year Old Checkup

- · Continue daily chores to develop sense of accomplishment and increase self-confidence
- Encourage constructive conflict resolution, demonstrate at home
- Establish consistent family routine
- · Establish consistent limits/rules and consistent consequences
- Limit TV/computer time to 2 hours/day
- Show affection/praise for good behaviors
- Provide nutritious 3 meals and 2 snacks; limit sweets/sodas/high-fat foods
- · Establish tooth brushing routine twice a day
- During sports wear protective gear at all times
- Encourage outdoor play for 1 hour/day
- · Continued use of booster seat in back seat of car until 4ft 9in or 8 years old
- Develop a family plan for exiting house in a fire/establish meeting place after exit
- Get to know child's friends and their parents
- Lock up guns
- · Provide home safety for fire/carbon monoxide poisoning
- Provide safe/quality after-school care
- · Supervise when near or in water even if child knows how to swim
- Teach how to answer the door/telephone
- Teach self-safety for personal privacy
- Teach street safety/running after balls/crossing street/riding bicycle/boarding bus
- Advocate with teacher for child with school difficulties/bullying
- Discuss school activities and school work

TB QUESTIONNAIRE Place a mark in the appropriate box:	Yes	Do not know	No
Has your child been tested for TB?			
If yes, when (date)			
Has your child ever had a positive Tuberculin Skin Test?			
If yes, when (date)			
TB can cause fever that lasts for days or weeks, unexplained weight loss, a bad cough (lasting over two weeks), or coughing up blood. As far as you know:			
has your child been around anyone with any of these symptoms or problems?			
has your child been around anyone sick with TB?			
has your child had any of these symptoms or problems?			
Was your child born in Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia?			
Has your child traveled in the past year to Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia for longer than 3 weeks? If so, specify which country/countries?			
To your knowledge, has your child spent time (longer than 3 weeks) with anyone who is/has been an intravenous (IV) drug user, HIV-infected, in jail or prison, or has recently come to the United States from another country?			

