

NAME: _____
 DOB: _____
 GENDER: MALE FEMALE
 DATE OF SERVICE: _____

MEDICAID ID: _____
 PRIMARY CARE GIVER: _____
 PHONE: _____
 INFORMANT: _____

HISTORY

See new patient history form

INTERVAL HISTORY:
 NKDA Allergies: _____

Current Medications: _____

Visits to other health-care providers, facilities: _____

Parental concerns/changes/stressors in family or home: _____

Psychosocial/Behavioral Health Issues: Y N
 Findings: _____

TB questionnaire*, risk identified: Y N
 *Tuberculin Skin Test if indicated TST
 (See back for form)

NUTRITION*:
 Problems: Y N
 Assessment: _____

**See Bright Futures Nutrition Book if needed*

UNCLOTHED PHYSICAL EXAM

See growth graph

Weight: _____ (_____ %) Height: _____ (_____ %)
 BMI: _____ (_____ %) Heart Rate: _____
 Blood Pressure: _____ / _____ Respiratory Rate: _____
 Temperature (optional): _____

Normal (Mark here if all items are WNL)

Abnormal (Mark all that apply and describe):

<input type="checkbox"/> Appearance	<input type="checkbox"/> Nose	<input type="checkbox"/> Lungs
<input type="checkbox"/> Head	<input type="checkbox"/> Mouth/throat	<input type="checkbox"/> GI/abdomen
<input type="checkbox"/> Skin	<input type="checkbox"/> Teeth	<input type="checkbox"/> Extremities
<input type="checkbox"/> Eyes	<input type="checkbox"/> Neck	<input type="checkbox"/> Back
<input type="checkbox"/> Ears	<input type="checkbox"/> Heart	<input type="checkbox"/> Musculoskeletal
		<input type="checkbox"/> Neurological

Abnormal findings: _____

Additional:
 Tanner Stage
 Breasts _____ /5 Genitalia _____ /5

Audiometric Screening:
 R 1000Hz _____ 2000HZ _____ 4000HZ _____
 L 1000Hz _____ 2000HZ _____ 4000HZ _____

Visual Acuity Screening:
 OD _____ / _____ OS _____ / _____ OU _____ / _____

HEALTH EDUCATION/ANTICIPATORY GUIDANCE (See back for useful topics)

Selected health topics addressed in any of the following areas*:

- School Activities
- Oral Health
- Development
- Nutrition
- Physical Activities
- Safety

**See Bright Futures for assistance*

IMMUNIZATIONS

Up-to-date
 Deferred - Reason: _____

Given today: Hep A Hep B IPV Td/Tdap
 Meningococcal* MMR MMRV
 Pneumococcal* Varicella Influenza

**Special populations: See ACIP*

ASSESSMENT

Dental Referral: Y
 Other Referral(s) _____

PLAN/REFERRALS

Dental Referral: Y
 Other Referral(s) _____

Return to office: _____

Signature/title _____

LABORATORY

Tests ordered today: _____

Signature/title _____

Name:

Medicaid ID:

Typical Developmentally Appropriate Health Education Topics

8 Year Old Checkup

- Continue daily chores to develop sense of accomplishment and increase self-confidence
- Encourage constructive conflict resolution, demonstrate at home
- Establish consistent family routine
- Establish consistent limits/rules and consistent consequences
- Limit TV/computer time to 2 hours/day
- Show affection/praise for good behaviors
- Provide nutritious 3 meals and 2 snacks; limit sweets/sodas/high-fat foods
- Establish tooth brushing routine twice a day
- During sports wear protective gear at all times
- Encourage outdoor play for 1 hour/day
- Continued use of booster seat in back seat of car until 4ft 9in or 8 years old
- Develop a family plan for exiting house in a fire/establish meeting place after exit
- Get to know child's friends and their parents
- Lock up guns
- Provide home safety for fire/carbon monoxide poisoning
- Provide safe/quality after-school care
- Supervise when near or in water even if child knows how to swim
- Teach how to answer the door/telephone
- Teach self-safety for personal privacy
- Teach street safety/running after balls/crossing street/riding bicycle/boarding bus
- Advocate with teacher for child with school difficulties/bullying
- Discuss school activities and school work

TB QUESTIONNAIRE Place a mark in the appropriate box:	Yes	Do not know	No
Has your child been tested for TB? If yes, when (date)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has your child ever had a positive Tuberculin Skin Test? If yes, when (date)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
TB can cause fever that lasts for days or weeks, unexplained weight loss, a bad cough (lasting over two weeks), or coughing up blood. As far as you know:			
has your child been around anyone with any of these symptoms or problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
has your child been around anyone sick with TB?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
has your child had any of these symptoms or problems?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Was your child born in Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has your child traveled in the past year to Mexico or any other country in Latin America, the Caribbean, Africa, Eastern Europe, or Asia for longer than 3 weeks? If so, specify which country/countries?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
To your knowledge, has your child spent time (longer than 3 weeks) with anyone who is/has been an intravenous (IV) drug user, HIV-infected, in jail or prison, or has recently come to the United States from another country?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>