For the future!



Volume 50 Issue 2

www.gardenaoptimist.org

November 2013

A MONTHLY BULLETIN OF THE GARDENA EVENING OPTIMIST CLUB ZONE 2 – PACIFIC SOUTHWEST DISTRICT OF OPTIMIST INTERNATIONAL

President's Message —

One down and eleven more to go. Hey this isn't so bad after all!! It looks like the Club is staying steady as she goes, and we came through the month of October without running into any rough seas.



We kicked off the month on the

1st with my first Members' Meeting at Marie Calendar's. We had a good turnout and several of our old time members stepped up to make the meeting lively and interesting.

My thanks go out to Burt and Sadie Nakamura and Glen Shimizu for helping us at the Gardena Heritage Festival on the 5th. This was our second year participating, and we had a chance to pass out information on our Club and our Youth Programs.

We had our first Board of Directors Meeting on the 8th and the Board approved our 2013-2014 Budget. Of particular interest to members, the Club has reduced its membership dues. Regular member dues are now just \$10 per month or \$120 per year.

Next up was our annual Clambake at Carpinteria State Beach. Great weather, great friends, great food and great fun. I also want to especially thank the "crew": Bill, Dave, Deryck, Jared, Jun, and Justin for doing yeoman's work to make the Clambake a success.

At our last meeting of the month on 15th, we had a great meeting at Cherrystones and Leonard put on an exceptional spread. Jim Carroll showed a couple of OI videos and wrapped the meeting up with the showing of the Member's Creed video.

Now as we head into November, we will have at our first Members' Meeting a special guest speaker, Mr. Bob Olmsted, who is a candidate for L.A. County

Sheriff. Then for our second meeting we will have our Annual Youth Appreciation Awards Dinner. In between those meetings, we will have our monthly Board of Directors Meeting to take care of club business (everyone's always invited). Don't forget our famous Lau Lau sale coming up on the 23rd just in time to stock up for Thanksgiving at the end of the month.

Speaking of Thanksgiving, I want to express my sincere thanks to everyone for your outstanding help, advice, support and counsel thus far. This really is a team effort, and I'm just the head cheerleader around here.

Have a Happy Thanksgiving everyone. Enjoy that special time with family and friends, and I'll be looking forward to seeing you at an upcoming GEO event.

Yours In Optimism, Charles "Zee" Zimmer

Save the Date!

Nov 5, 7:00 p.m. - Member Meeting at Marie Callender's Restaurant in Gardena. Special guest speaker Bob Olmsted, candidate for L.A. County Sheriff.

Nov 12, 7:00 p.m. - Board of Directors Meeting at JCI.

Nov 19, 7:00 p.m. – Youth Appreciation Awards Dinner at Szechwan Restaurant in Lomita.

Nov 23 – Lau Lau Fundraiser pickup at JCI

Nov 28 – HAPPY THANKSGIVING

Dec 10 – See's Candies Fundraiser orders due

Dec 15 – GEO Annual Christmas Holiday Party and Food/Toy Drive at the JCI.

CHECK CLUB CALENDAR AT http://www.gardenaoptimist.org/calendar.htm

FOR MORE INFORMATION & MAPS

November 5th Guest Speaker

Bob Olmsted is a retired Commander from the Los Angeles County Sheriff's Department. He is a candidate for Sheriff of Los Angeles County, running against the incumbent of 16 years, Lee Baca.

Bob provides a 20 minute presentation outlining the reasons why he is running for Sheriff. Ending the massive culture of corruption within LASD, ending the culture of mismanagement within LASD that has cost taxpayers literally hundreds of millions of dollars and finally, ending the systemic dysfunction inside of LASD.

Bob's presentations are NOT your run of the mill political speeches, far from it. As a matter of fact, the Office of the Sheriff is a "non-partisan" office and therefore, Bob's speeches are 100% non-political. They are 100% "public safety" presentations designed to educate the listener to the problems within LASD and the desperate need for a change in leadership. Bob's website is www.olmstedinstead.com.

New Membership Fees

The Board of Directors have approved the following new fee structure for the 2013-2014 year:

Regular Member Dues	\$120
Life Member Dues	\$80
Multi-Club Member Dues	\$80
Reserve Member Dues	\$75
Family (Spouse) Member Dues	\$60
Charter Member Dues	\$0
Special Dinner Meetings	\$25
Spouse/Guest Dinner Meetings	\$20
Member Dinner Meetings	\$15

The Treasurer will be sending out member statements within the next couple of weeks so please be on the lookout for them. If you feel there is an error in your statement, please contact him and he will work with you to reconcile the discrepancy.

Remember, the Amount Due (Balance) on your statement may be paid in installments of one quarter every three months to maintain your membership in good standing, but for simplicity purposes the Club bills out Member Dues annually. The Club values your membership and wants to acknowledge and thank each of you keeping your accounts current and for contributing to our financial heath and solvency.

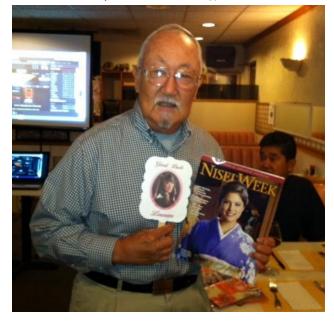
Clambake

Our annual Clambake at Carpinteria State Beach on October 11th and 12th was lots of fun as usual and the weather was super outstanding. There were plenty of old familiar faces as well as some new ones that we love to see every year. It was sure good to see Burt Nakamura and Sadie make it out along with our newest member, Ron Ikejiri, who contributed some great photos to our Shutterfly website. The highlights of the weekend were the great fellowship and camaraderie that was enjoyed at the campsite, the Friday night wine tasting, the Saturday surf fishing, horseshoe tournament, kids games, bingo and of course all the great tasting food (especially those clams). It was the best way to start out our 50th year as a Club.



Nisei Week Report

At our Member/Guest Dinner Meeting on October 15th at Cherrystones, Sei Miyano, who represented the Club at the Nisei Week Coronation Dinner, gave a report to members on his experiences and insights on Nisei Week.



Gardena Evening Optimist Club

YOUTH APPRECIATION AWARDS DINNER

Honoring

BOY SCOUT TROOP 683

TY AOYAGI

GARDENA VALLEY JAPANESE CULTURAL INSTITUTE

KYLE MATSUMOTO

GARDENA POLICE DEPARTMENT EXPLORER POST

TRACY LOPEZ

Tuesday, November 19, 2013, 7 p.m. \$20 per person

Szechwan Restaurant 2107 Pacific Coast Hwy. Lomita (310) 534-2280

For more information, www.gardenaoptimist.org or info@gardenaoptimist.org



SPONSORED BY GARDENA EVENING OPTIMIST CLUB



Lau Lau is a tasty traditional Hawaiian food consisting of pork, butterfish and taro leaf wrapped in ti leaves and steamed until tender.

GEO will be selling 1 lb. Lau Lau for \$8.00 to help raise funds to support the youth in our community. Pre-orders will be taken until November 8th.

(Pork Lau Lau will be pre-made and picked up frozen)

Lau Lau pick-up on Saturday November 23, 2013 from 1pm-5pm

Pick-Up Location:

Japanese Cultural Institute 1964 W. 162nd Street, Gardena, CA 90247

For more information:

Charlie Oyagi (310) 324-3004 Email: charlieoyagi@gmail.com Charles Zimmer (310) 245-8509 Email: zeezim@sbcglobal.net





GEO Lau Lau Order Form

Qty @ \$8 ea	$_$ Request Tickets \square or Will-Call \square
Name:	
Address:	
Phone:	
Email:	
Check enclosed: \$	
(Please make checks p	payable to: GEO)

Info: charlieoyagi@gmail.com or 310-324-3004 or cell 310-625-1596

Tickets will be mailed to your address, or Will-Call orders will be confirmed via your email address

Pick-up on Saturday, November 23, 1pm to 5pm at Gardena Valley JCI, 1964 W 162nd Street, Gardena, CA 90247

Mail order to: Charlie Oyagi 2125 W. 152nd Street Gardena, CA 90249

Last day to order - November 8, 2013

No. of Lau Lau ordered ____

Keep this part for your records





The GEO Essay Contest Committee is now seeking entries for the Optimist International 2013-2014 Essay Contest. The contest affords young people the opportunity to write about their own opinions regarding the world in which they live. The approach can encompass a young person's personal experience, the experience of their country or a more historical perspective. In addition to developing skills for written expression, participants also have the opportunity win a college scholarship.

Topic: "How Dreams Lead to Success"
When: Club Deadline Jan. 31, 2014
Who: Youth under age 19 who have not yet
graduated from high school or the equivalent

The Optimist International Essay Contest was first sponsored in 1983. Club winners advance to the District contest. District winners are awarded a plaque and a \$2500 scholarship and are invited to attend an awards luncheon at the District's 3rd Quarterly Meeting in May 2014. All scholarships are administered by Optimist International and funded by the Optimist International Foundation. Winners of an Optimist International scholarship must claim their scholarship by the age of 25.

Students interested in entering our club's Essay Contest may <u>click here</u> for the official rules and entry form, or they may contact Jim Carroll, Essay Chair, at (310) 415-0196 for more information.

Entry forms are to be mailed to:

Gardena Evening Optimist Club P.O. Box 2132 Gardena, CA 90247 Attn: Essay Chair

Or emailed to: info@gardenaoptimist.org



The GEO Oratorical Contest Committee is now seeking entries for the Optimist International 2013-2014 Oratorical Contest. Every year since our foundation, we've actively recruited contestants from local schools, churches, other organizations, and our own members for our club's Oratorical Contest. This speech contest is designed to inspire today's youth to motivate and inform others through the art of public speaking. It provides young people with the opportunity to compete for a college scholarship and express their views on a preassigned topic.

Topic: "How My Passions Impact the World" When: Club Deadline Mar. 2, 2014 Who: Youth under age 19 who have not graduated from high school or equivalent

Each contestant must prepare a speech that is four to five minutes in duration, and given in front of an audience and three judges. Optimist members and qualified members of the community are selected as judges. This is a combined gender contest and our club's first and second place winners will then compete at the Zone level. The winner of the Zone contest will move up to an Area contest for Zones in the same geographical area. The winner of the Area contest goes on to the District finals which will be held in May 2014 at the District's 3rd Quarterly Meeting. The District prizes are: 1st Place-\$2,500 scholarship, 2nd Place-\$1,500 scholarship, and 3rd Place-\$1,000 scholarship.

If you know of any youth who may be interested in entering our club's Oratorical Contest, contact Jim Carroll at (310) 415-0196 for more information. The official entry form is available here.

See's CANDIES.

2013 Winter Fundraising Program

Pre-Sell Form



Assorted Chocolates
Gift-wrapped for Christmas
2 lb \$35.00 | Item#319
1 lb \$17.50 | Item#318



Nuts & Chews
Gift-wrapped for Christmas
2 lb \$35.00 Item#335
1 lb \$17.50 Item#334



Toffee-ettes®
1 lb \$17.50 Item#316 ISSA



Assorted
Peppermint Wafers
8 oz \$8.75 | Item#358



Milk Chocolates
Gift-wrapped for Christmas
1 lb \$17.50 | Item#326



Dark Chocolates
Gift-wrapped for Christmas
1 lb \$17.50 | Item#330



Assorted Molasses Chips 8 oz \$8.75 | tem#360



Peanut Brittle
1 lb 8 oz \$17.10 | Item#355 | ISSA



Assorted Lollypops
1 lb 5 oz \$16.75 | Item#296 | SSA



Truffles
1 lb \$19.90 | Item#902



Jolly Snowman Gift Box 4 oz \$7.25 Item#9127



Mini Holiday Assortment 4 oz \$7.25 | Item#596



Gift Certificate
1 lb \$17.50 Item#767

See's CANDIES.

2013 Winter Fundraising Program

Pre-Sell Form

Keep the top section for your reco to your coordinator.	ords and ret	urn the bottom		ocolates #319	ocolates #318	s #335	s #334	tes #326	ates #330	Srittle #355	#316	Asst. Peppermint Wafers #358	es Chips #360	llypops #296	an Gift Box #912	Assortment #596	79Z# e	
Name: Organization:			1 lb Truffles #902	2 lb Assorted Chocolates	1 lb Assorted Chocolates	2 lb Nuts & Chews #335	1 lb Nuts & Chews	1 lb Milk Chocolates	1 lb Dark Chocolates	1 lb 8 oz Peanut Brittle	1 lb Toffee-ettes®	8 oz Asst. Pepper	8 oz Asst. Molasses Chips #360	1 lb 5 oz Asst. Lollypops #296	4 oz Jolly Snowman Gift Box	4 oz Mini Holiday Assortment	1 lb Gift Certificate	TOTAL \$
		Suggested Selling Price	\$19.90	\$35.00	\$17.50	\$35.00	\$17.50	\$17.50	\$17.50	\$17.10	\$17.50	\$8.75	\$8.75	\$16.75	\$7.25	\$7.25	\$17.50	
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2013 Winter Fundraising Propletely.	ogram	1	1 lb Truffles #902	2 lb Assorted Chocolates #319	1 lb Assorted Chocolates #318	2 lb Nuts & Chews #335	1 lb Nuts & Chews #334	1 lb Milk Chocolates #326	1 lb Dark Chocolates #330	1 lb 8 oz Peanut Brittle #355	1 lb Toffee-ettes® #316	8 oz Asst. Peppermint Wafers #358	8 oz Asst. Molasses Chips #360	1 lb 5 oz Asst. Lollypops #296	4 oz Jolly Snowman Gift Box #9127	4 oz Mini Holiday Asst. #596	1 lb Gift Certificate #767	TOTAL \$
Organization:		Suggested Selling Price	\$19.90	\$35.00	\$17.50	\$35.00	\$17.50	\$17.50	\$17.50	\$17.10	\$17.50	\$8.75	\$8.75	\$16.75	\$7.25	\$7.25	\$17.50	
		x Quantity of Each Item																
		Amount Due																

THE POWER OF KINDNESS

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around." ~Leo Buscaglia

Quite frankly, this is the part about kindness that we all understand. But it's the other part that many of us fail to grasp.

That is...practicing random acts of kindness can change our lives!

The great English writer, Aldous Huxley, was a pioneer in the study techniques to develop human potential. In a lecture toward the end of his life, he said this:

"People often ask me...what is the most effective technique for transforming their lives?"

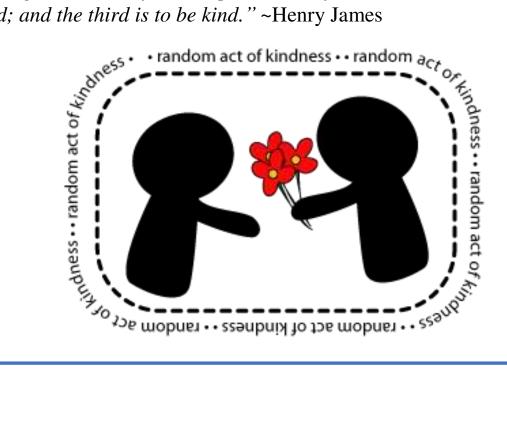
He then said,

"It's a little embarrassing that after years and years of research, my best answer is—<u>just be a little kinder</u>"

This is the paradox of the power of kindness. It doesn't feel powerful at all. In fact, it almost feels too simple to be important. But as Huxley said, it is the #1 thing that can transform your life.

Kindness, more than anything, is an attitude that brings us back to <u>the simplicity of being</u>. It is also the one way you can be assured of making a difference with your life.

"Three things in human life are important: the first is to be kind; the second is to be kind; and the third is to be kind." ~Henry James



OFFICERS

President	Charles Zimmer
Vice President	Justin Carroll
Vice President	Bill Coonce
Secretary	Stacy Cascadden
Treasurer	Jason Coonce
IPP	Stacy Cascadden

BOARD OF DIRECTORS

First Year Members	Second Year Members
Jun Goeku	Dave Allen
Ed Herrera	Jim Carroll
Ron Shintani	Sid Halushka

EDITORIAL COMMITTEE

Jim Carroll-Chairman Jeanette Mena -Assistant Mikey Williams - Photographer

THE OPTIMIST CREED

PROMISE YOURSELF:

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

—Christian D. Larson

THE OPTIPINION P.O. BOX 2132 GARDENA, CA 90247

HAPPY THANKSGIVING



November 28th

PSWD 2013-2014 THEME



To talk health, happiness and prosperity to every person you meet.