

	<p><b>CAS Activity/Project Self-Evaluation Form</b></p> <p>Lincoln Park Academy International Baccalaureate Diploma Program</p>
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Candidate: \_\_\_\_\_  
First
Middle
Last

Candidate Session Number:

0	0	0	5	8	3			
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Name of Activity/Project: \_\_\_\_\_

Total Number of Hours Completed During Activity/Project: \_\_\_\_\_

*The following questions should be addressed at the end of each activity/project. These are guiding questions. Candidates can either answer on this form or write a reflective, continuous text incorporating responses to these questions. Write legibly using black ink.*

1. Summarize what you did in this activity/project and how you interacted with others.

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2. Explain what you hoped to accomplish through this activity/project.

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3. How successful were you in achieving your goals? What difficulties did you encounter and how did you overcome them?

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4. What did you learn about yourself and others through this activity/project? What abilities, attitudes, and values have you developed?

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5. How did this activity/project benefit others?

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6. What might you do differently next time to improve?

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7. How can you apply what you've learned in other life situations?

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Candidate's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**To be completed by the activity/project leader**

Punctuality and attendance: \_\_\_\_\_

Effort and commitment: \_\_\_\_\_

Further comments: \_\_\_\_\_

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The activity/project was (circle the desired response):

Satisfactorily completed

Not satisfactorily completed

Activity/project leader's name: \_\_\_\_\_

Activity/project leader's signature: \_\_\_\_\_ Date: \_\_\_\_\_