

**COLLEGE & CAREER COUNSELOR/SENIOR QUESTIONNAIRE**  
**FOR USE IN WRITING A RECOMMENDATION LETTER FOR COLLEGES**

Name \_\_\_\_\_ Date \_\_\_\_\_

*The purpose of this questionnaire is to assist your College & Career Counselor in the development of a recommendation letter that you will request to be sent to the colleges to which you apply. **Please understand that anything you provide on this form may be used in your recommendation letter.** If there's something you wish to remain confidential, please mark it clearly. You are not required to answer every question, but it will be helpful. Feel free to attach another sheet if necessary. This is an opportunity for **you** to communicate who **you** are.*

Are there specific college majors that you are considering at this point? (Please rank if necessary)

Are there specific occupations that you are considering? (Again, please rank if necessary)

How do you view college? (This is an open ended question – answer the best you can)

As a student, what do you feel are your strengths?

Weaknesses?

Is there an extracurricular activity in which you are particularly interested or passionate about?

Over the course of high school, what has been your favorite learning experience?

How do you feel you learn best? (Circle at least one)

lecture      discussion      reading      group work      hands-on projects

List a few adjectives that describe you.

What do you think are your greatest personal strengths?

Are there any accomplishments of which you feel proud?

What are some of your hobbies and interests outside of school that wouldn't be on your activity sheet?

Have you been employed during high school? Please list any jobs held.

(over)

Do you feel like your high school record is an accurate indicator of your potential? Please also share any circumstances which interfered with your academics.

Describe a person, idea, or experience that has had a significant impact on you and your life.

Please mark with an "X" where you feel you fall on the continuum:

I prefer structured assignments with clear expectations [-----] I prefer informal, open-ended assignments

Academically, I am highly self-motivated [-----] I'm not that motivated

I work best in a group [-----] I work best alone

I prefer lecture [-----] I prefer discussion

Please circle the attributes of your ideal college (*in parenthesis, I have provided an example of each*)

**Type:**

Liberal Arts (*Ramapo*)  
University (*Montclair*)  
College of Technology (*NJIT*)

**Size:**

Huge: > 20,000 (*Rutgers*)  
Large: 8-20,000 (*Montclair*)  
Medium: 3-8,000 (*Ramapo/Calvin*)  
Small: > 3,000 (*Nyack*)

**Location:**

New England (*MA, CT, RI, NH, ME*)  
Northeast/Mid-Atlantic (*PA, NJ, DE, MD, DC, VA*)  
Southeast  
Southwest  
Midwest  
West

**Setting:**

Urban  
Suburban  
Rural  
Small Town

Please list any special characteristics you're looking for (*e.g. sports team, Christian affiliation, etc*).

Please list any colleges you're considering, and rank them according to preference. Note colleges you've visited.

If you have an email account that you check regularly and wish to receive emails from the College & Career Counselor regarding your progress in the college application process, please provide it here.