

**Sixth Grade Supply List
2011-2012**

- _____ Colored pencils
- _____ Red marking pens
- _____ pencils and pens
- _____ Erasers
- _____ Calculator
- _____ Compass
- _____ Protractor
- _____ Metric ruler
- _____ 2 spiral bound notebooks for math
- _____ Paper (college ruled)
- _____ 1 pad ¼ inch graph paper
- _____ Section dividers (set of 5 for each class)
- _____ Section Dividers (set of 8 for math)
- _____ 2 Binders (1 ½”) color coded **new students 3 binders**
(blue for History and English)
(black for Science and Math)
(green for Spanish – only needed if replacing their binder from Grade 5 Latin
- _____ Backpack (with wheels or without, please have it fit in the locker)

All students will be required to use the Country Day agenda. The agenda will be included with your book order. It will be charged to your account. Locks for both academic and PE lockers will be provided by the school.

OUR VIRTUAL BOOKSTORE IS NOW OPEN!

Order your Middle School, Upper
School & Summer Reading texts
online through MBSDirect!

**It's fast, convenient
& delivered right to your home!**



www.LJCDS.org/bookstore

TO START ORDERING & FOR MORE INFORMATION VISIT

www.LJCDS.org/bookstore

Or contact John Lofton at
858-453-3440 x160 or jlofton@ljcds.org



9490 Genesee Avenue
La Jolla, CA 92037
LJCDS.org
858.453.3440

April 12, 2011

Dear Torrey Parents:

There are a couple of things that need to be completed for the upcoming school year. The first item is physical examinations. Physicals are **required** for all students who will be entering 1st grade, and 7th thru 12th grades during the 2011-12 school year, as well as **all new students**. Physical exams for this next school year must be completed **after** March 21, 2011. On Saturday, May 21st 2011, physicals will be held in the LJCDS gymnasium from 9:00-10:00 am. The physicals will be open to students entering 7th-12th grade only, and will be \$20 per student (payable at time of physical). If you prefer to go to your own doctor, a physical form can be downloaded from the school's website (under the Quick Links tab, then click health forms), or you can pick up a physical examination form to take to your doctor from the school receptionist. The physical form needs to be completed and returned **no later** than school registration. If the student is participating in any fall sports, and practices begin prior to school registration, the physical must be completed and turned in **prior** to the start of sport practices. Students will **not** be allowed to participate in any sports until the physical has been completed and turned in. For parents of Tiny Torrey and Jr. Kindergarten students, a different physician's examination form is used, so please make sure to get the correct form. If you have difficulties getting in to the doctor's office before registration you can go to select CVS pharmacies that have Minute Clinics in them. The cost is generally \$25-\$35 and walk-ins are welcome. To find the nearest Minute Clinic go to <http://www.minuteclinic.com/CA/San-Diego/Clinics.aspx>. It is still recommended that you take your child to their normal doctor for an annual checkup but this will satisfy the physical requirement prior to registration.

The second item is the health and emergency form. This form is **required** for **all** students and **must** be completed every year. The health and emergency form needs to be completed and returned **no later** than school registration or by the first athletic practice, whichever occurs first. The health and emergency form can be downloaded from the website (under the Quick Links tab, health forms), or you can pick one up from the school receptionist. **Students will not be allowed to attend classes if the form is not turned in.**

Updated immunization cards need to be brought to registration for **all new students, all students entering Kindergarten and all 7th graders (TdaP booster)**. Starting July 2011 all **California schoolchildren in 7th through 12th grade will be required to show proof of one TdaP booster** in that time period prior to starting school in the fall.

If your child will need to take prescription medications at school there are additional forms that need to be filled out. The information letter and forms can also be found on the website with the other health forms (Quick Links tab/health forms).

VERY IMPORTANT: Please make a copy of these forms for your own records, and bring a copy to registration. There have been times in the past when we have needed to get the completed forms from a parent again, and this allows a copy to be sent without having to complete the forms a second time. We make every effort to keep this from occurring, but it does happen on occasion.

All forms will also be attached to this letter for your convenience.

If you have any questions please feel free to contact me. Thank you for your cooperation, and have a good rest of the school year.

Sincerely,

David Floyd, MA, ATC
Head Athletic Trainer
Health Services Coordinator
La Jolla Country Day School
9490 Genesee Avenue
La Jolla, CA 92037
(858) 453-3440 x138
(858) 453-3099 Fax
dfloyd@ljcds.org

To: All parents

From: The Development Office and the LJCDS Parents' Association



Subj: Welcome! Get involved!

There are so many ways to get involved at Country Day! Volunteering not only helps the school, but can also be very rewarding. Being a part of school activities allows you to stay in touch with parents, students and faculty so that you know first-hand what is going on. Even if you work full time, there are many opportunities for your participation. The Development Office and the Parents' Association can help you get connected.

The LJCDS Development Office

The Development Office is charged with building relationships that last and obtaining private support for Country Day. The office manages alumni relations & reunions, grandparents' program, the Country Day Fund annual giving program, and more. Volunteers can fill a variety of roles that provide opportunities to get to know other parents to support our children's education.

The Country Day Fund is the foundation of all fundraising at Country Day. Volunteers work together to encourage 100% parent participation in the Fund which supports all aspects of a Country Day education. Every gift – and every volunteer – makes a difference!

Deborah Brenner, Director of Development, and the great team of volunteers led by David Ashworth, Country Day Fund chair, look forward to welcoming you. For more information, contact Deborah at dbrenner@ljcds.org or 858.453.3440 x311.

The LJCDS Parents' Association

The goal of the Parents' Association is to build a strong, close-knit community of families, to provide support for teachers in the classrooms, celebrate our faculty and staff, and raise funds for tuition assistance and faculty professional growth. Working with the School, the PA uses the vast resources of parents like you to make wonderful things happen for our children.

There is a \$40 annual family membership fee that appears on your billing statement. These dues provide the funds to support community-building events and PA meetings. Bring us your time and your talents and be prepared to feel more connected to your children's lives, to enjoy a sense of accomplishment and to make new friends.

The 2011 – 2012 Parents' Association officers welcome your involvement and questions:

President	Angela Glynn	angelakglynn@yahoo.com
1st Vice President	Tricia Estrada	estrada@magalifarms.com
Chief Financial Officer	Nicky Taylor	NTaylor292@aol.com
Secretary	Laura Michelsen	Immichelsen@yahoo.com
Director of Parent Education	Iris Halpern	irishalpern@me.com

Please look over all the ways you can participate and fill out the Torrey Volunteer Form. You will be contacted with details and more information about the option(s) you selected. Thank you for your commitment to Country Day and our children.

For more information visit the PA website at www.ljcdspa.org.

Choose to volunteer from among these activities and events:

Welcome Back-to-School Coffee: On Tuesday, August 30, 2011, bring your children to the first day of school and then come to the courtyard of the Jacobs Family Library to meet other parents at a welcome breakfast hosted by the Parents' Association.

Back-to-School Picnic: Help us plan and welcome all families at a rousing picnic on Friday, September 2, 2011. You can reserve online at www.ljcdspa.org or return the form accompanying this flyer.

Auction/Gala: There are numerous opportunities to volunteer to help plan and implement a wonderful evening of food, fun, camaraderie, as well as an auction. This is the Parents' Association's largest fundraiser which raises funds for vital programs like financial assistance and faculty professional growth. Whether you can plan a party, design invitations, plan and implement the decorations, handle logistics, do check-in or check out, solicit auction items, write auction descriptions for the program or set up and/or tear down, your expertise is invaluable. The event takes place in the spring, however the planning and preparation begin months before the event.

Library: Lower School and Grades 5 and 6 Middle School parents are invited to assist in the school library during your child's library time. There are also volunteer opportunities for parents of children in Grades 7 and 8 and Upper School. Our librarians are the best and welcome your involvement.

Faculty & Staff Appreciation Luncheons: Help show the most important people in our school – administrators, teachers and staff – how much the parent community appreciates all they do for our children by assisting with set-up, serving and/or clean-up, or providing a salad or dessert at 3 fabulous, themed lunches.

Teacher Appreciation Day: Help honor our teachers in April 2012 as we arrange for special treats throughout the day.

Parent Education – Country Day Cares: This committee organizes meetings on topics related to parenting issues and provides guest speakers on pertinent issues. The meetings will serve as outlets for open communication between parents

Fathers Club: The mission of the La Jolla Country Day School Fathers Club is to weave a network of fathers and father figures into the fabric of the school community in ways that strengthen and enrich the lives of all students in the greater Country Day community. Join this lively group to meet other dads and help plan the annual golf classic that takes place in the spring and has supported the endowment.

Booster Club: Volunteer at one or more sporting events during the year to sell refreshments to Torrey supporters and visiting teams. Revenue from concession sales benefits the LJCDs Athletic Department.

CD Arts Alliance (CDAA): Volunteers help with dance, strings, theater, visual arts and vocal music performances.

Special Notice: So that the operations of the Parents' Association can be merged with the school, the vote on legal dissolution of the Parents' Association 501(c)(3) non-profit corporation will take place via a paper ballot at registration in August. Eligible voters will be those who have paid dues for the 2011 – 2012 school year by the final registration day of August 26. Be sure to get your ballot at registration.



9490 Genesee Avenue
La Jolla, CA 92037
LJCDS.org
858.453.3440

LJCDS Parent Pledge

In keeping with our school philosophy and in the interest of our students' well-being, the LJCDS Parents' Association has established a Parent Pledge regarding student parties and gatherings in your home. The purpose is to promote safe environments in which our children can socialize and encourage parents to partner with their children, the school and one another to address issues of drug and alcohol abuse among teens.

By signing the Pledge, parents of students in Grades 7 through 12 agree to ensure that social events for children in your home will be 1) chaperoned and 2) free of alcohol and drugs.

We realize such a pledge is not the solution to the problems of drug and alcohol abuse and will not in and of itself, prevent or solve these rampant problems. We do believe this is an important opportunity for parents to take a stand to promote a safe, healthy, and drug-free environment for our children. Knowing parents who promise to abide by the Pledge may simplify your decision to allow or not allow your child to attend a particular social gathering.

Return your signed pledge at registration on August 16 or 22 or email to PA Secretary, Laura Michelsen, at Immichelsen@yahoo.com. The Parents' Association will compile a list participating families by the start of the school year.

PA President Angela Glynn is available to answer your questions you may have. (angelakglynn@yahoo.com)

YES! I take responsibility...I support the Parent Pledge. All events in my home for youth will be chaperoned and free of alcohol and drugs.

Parent or Guardian names: _____

Address: _____

Home or main phone: _____ Email: _____

Signature 1: _____ Signature 2: _____

Name(s) of Child(ren)	Entering Grade
_____	_____
_____	_____
_____	_____

Suggested Strategies and Responsibilities for Parents

- Give strong support to each other to host activities without alcohol or drugs and encourage young people to attend such activities.
- Call hosting parents before giving your child permission to attend to be sure the parents will be home and know about the event.
- Talk to your teens when they return from an outing. Be alert to alcohol and drug use by your teen and others.
- Prepare a "Driving Contract" outlining the penalties for using, driving under the influence or riding with someone under the influence of drugs and/or alcohol.



2011 – 2012 Torrey Volunteer Form

I am interested in participating in or volunteering for:

- Back to School Picnic on Friday, September 2, 2011
- Auction Gala
- Library Lower Middle Upper
- Faculty & Staff appreciation luncheons
- Teacher Appreciation Day
- Gift wrap fundraiser
- Hospitality at events such as Grandparents' Day, admission open houses, etc.
- Country Day Cares
- Booster Club concession stand
- CD Arts Alliance (CDAA)
- Fathers Club
- Country Day Fund

Please let us know about any special talents or skills you can share (e.g., computer expertise, writing, cooking, artwork, sewing, party planning, fundraising, etc.)

Name: _____

Email: _____

Phone-cell: _____ Phone-home: _____ Phone-other: _____

Return form to receptionist or to Janet Owens Grillo at jowens-grillo@cacustomwoodworks.com.

The logo for the Country Day Arts Alliance (CDAA) is presented on a green, tilted rectangular background. The letters 'CDAA' are written in a large, white, bold, sans-serif font. Below them, the words 'Country Day Arts Alliance' are written in a smaller, white, sans-serif font. To the right of the text, a black musical staff with a treble clef and a sharp sign contains several black musical notes. Below the staff, two stylized white masks with black outlines and colorful accents (pink and purple) are depicted. In the foreground, a green paintbrush with a silver ferrule is shown resting on a brown artist's palette. The palette contains several colorful paint wells in shades of pink, purple, green, blue, and yellow.

CDAA
Country Day Arts Alliance

Don't let them be starving artists yet!

The CDAA supports the arts at Country Day in meaningful ways throughout the year.

Join us in giving our student artists a canvas to fill, a stage to perform on, and a song worth singing.

You can help by:

- Shopping for props and costumes
- Staffing the concession booth
- Feeding our performers
- Hosting visual arts shows
- Hosting the music awards dinner
- Selling T-shirts, notecards and CDs

It's fun!

Check us out at
www.ljcds.org/cdaa
and sign up at registration to be on our email list.



9490 Genesee Avenue
La Jolla, CA 92037
LJCDS.org
858.453.3440

To: All Country Day Families
FROM: Mark Marcus, Assistant Head of School

Dear Country Day Families,

When classes resume in August, our students and teachers will return to a school with a new approach to food on our campus. We will have new services, new menus and a new partner. As previously announced Country Day has hired the Sodexo company, a national leader in food service, to help us improve the quality and nutrition of the foods that fuel the life of our busy student body. During the summer months, Sodexo staff will be rebuilding the kitchen and food service facilities within the Food Pavilion and refining our food delivery system for our Lower School. Sodexo nutritionists will be meeting with school administrators to improve both the snack services in all three divisions, assuring throughout that healthy choices dominate the offerings at snack facilities that will be available throughout the day.

During the summer months, families will receive updates from Sodexo as planning continues. At registration in August, if not sooner, the Sodexo team will be ready to explain menus, meal plans and payment options. The company has pledged to keep prices the same as we transition to this new operation. The newsletter attached to this message, prepared by Sodexo, gives an overview of the company's goals for its Country Day operation.

Providing for the varying food needs of students, from Age 3 to Grade 12, during our lengthy and varied school day has never been an easy task. Food is a highly personal issue and tastes, as they say, clearly vary. Sodexo was chosen to be Country Day's new provider, in large part, because we judged it to have the depth and breadth of experience to diversify choices for our students and enhance service to our parents. We will be working closely with Sodexo staff as they join our school community and endeavor to meet these ambitious goals.

Making every day a better day at La Jolla Country Day School



Better Tomorrow Plan

Our Sustainability and Corporate Responsibility team recently announced the company's 14 commitments to promote health and wellness, protect the environment, and foster vibrant communities. The Better Tomorrow Plan includes efforts to:

-- Promote choices with reduced sugar, salt, fats

-- Source local, seasonal or sustainably grown products

-- Reduce our carbon intensity across our operations and clients' sites

WELCOME to FOOD, FRIENDS and FUN!

Next school year is sure to be filled with fun and excitement at LJCDS as Sodexo begins to provide the foodservice program.

Meal service begins on August 30 at all levels and will include both breakfast and lunch. All meals will meet or exceed the guidelines and regulations for the USDA *School Meals Initiative for Healthy Children*. There also will be a la carte foods available during lunch.

Our theme for this year's food program is Food, Friends & Fun! We've planned lots of exciting events to encourage the students to learn more about nutrition and healthy eating habits that will benefit them for a lifetime.

The lower level students will be greeted with the Kids' Way Café, including a popular menu item called Fun on the Run. It's packed with nutrition and some of students' favorite things for lunch.

The middle level students will find our new Did You Know Café with terrific graphics and a variety of healthy, energy-packed food choices.

At the upper level, students can look for their favorites within the Sodexo Experience.

We look forward to serving the students, parents, and staff at LJCDS during the 2011-2012 school year.

Thank you for your support and interest in the school meal programs.



One of the most effective ways to combat colds and the flu is to wash your hands. We encourage students to wash or sanitize their hands prior to eating. And we have stringent hand-cleaning rules in the kitchen, too. Stay healthy – wash your hands often!



Student Well-Being at LJCDS



Sodexo's Produce of the Month program has proven extremely popular in our schools' over the past few years. This program, which was originally created at an individual grassroots level, has grown even more important in light of the escalating concerns regarding childhood obesity and the lack of produce and whole grains in the typical student's diet. Considering First Lady Michelle Obama's highly publicized "Let's Move" initiative and the "Healthier U.S. Schools Challenge," we feel the time is right for the release of the next generation of wellness programming. Welcome to Fresh Pick! It is our intent that this new program will lead the way in meeting the goals of the above mentioned initiatives, while giving our students and parents the necessary information to make healthier food selections. The majority of our Fresh Pick program materials have been designed to work hand-in-hand with our featured promotions, incorporating the key messaging and activities right into each one of our monthly events.

Our Healthy Snacks and Beverages Meet the Alliance for a Healthier Generation Guidelines!

The Alliance for a Healthier Generation's Guidelines fit perfectly alongside our efforts in nutrition education, locally sourced produce and instilling a lifelong appreciation for good nutrition. This agreement, which focuses on healthy a la carte snacks and beverages, builds on Sodexo's ongoing commitment to student well-being. We're proud to be the first food service provider to connect with AHG and work toward dramatically reducing childhood obesity.



Alliance
for a
**Healthier
Generation**

American Heart
Association



Together we can end childhood hunger. Seventeen million children in the US are at-risk of hunger. We can come together to make a difference in their lives and help create a hunger-free nation. The

Sodexo Foundation works to ensure that every child in the US, especially those most at-risk, grows up with dependable access to enough nutritious food to enable them to lead a healthy, productive life. For more information, visit www.sodexofoundation.org.



Nutrition • Achievement • Environment • Community • Activity

The LJCDS Library Presents:

“Conversations With...”

All meetings are from 2:00 p.m. to 3:00 p.m. on Wednesdays
In the Jacobs Family Library
Library Classroom Two, Second Floor

- September 14, 2011** Upper School Dean of Students Peter Bogue will discuss *The Blessings of a B Minus* by Wendy Mogel
- October 26, 2011** Director of Community Service Sue Nordenger will discuss *Strength in What Remains* by Tracy Kidder
- December 7, 2011** Upper School Science Teacher Tom Perrotti will discuss *The Two Cultures* by C. P. Snow
- January 25, 2012** Middle School Science Teacher Lori Long will discuss *A Fine Balance* by Rohinton Mistry
- March 14, 2012** Middle School Technology Teacher Todd Mitchell will discuss *River of Doubt: Theodore Roosevelt's Darkest Journey* by Candice Millard
- April 18, 2012** Lower School Librarian Susan Middleton will discuss *Soldier's Heart: Reading Literature Through Peace & War at West Point* by Elizabeth Samet

Other Dates For Your Calendar

- September/October, 2011 (TBA)** Author and LJCDS alum Jandy Nelson will come back to her alma mater and talk about her newest young adult novel *The Sky Is Everywhere*.
- November 7, 2011** Assemblies with author Blue Balliett, whose books are included on the Middle School Summer Reading list. This dynamic young adult author writes mysteries set in the art world, among other topics.
- May 7, 2012** Our annual Newbery celebration honoring our 4th, 5th and 6th grade readers. Award-winning author Donna Jo Napoli will join us for the awards and other assemblies.

Additional author visits and other library events will be announced this fall!

We can't wait to welcome you to our events.

Library Questions? Contact Michelle Ohnstad, Head Librarian at mohnstad@ljcds.org

GRADE 6 SUMMER READING 2011

Before the start of the school year, each incoming sixth grader is required to read three books (*one from each subject area*) that will enhance his or her knowledge in the curriculum areas of history, science and language arts. Selected by the subject area teachers, these titles will stimulate book discussions and group learning activities in September.

Most of these titles are available in public libraries. In addition, the following bookstores have been informed of this list and plan to have the titles on hand. They are *Bookstar* 8656 Genesee Ave. La Jolla; *Warwick's* 7812 Girard Avenue, La Jolla; and *The Book Works* 2670 Via De La Valle, Del Mar.

American History

Watsons Go To Birmingham by Christopher Paul Curtis

I, Dred Scott by Shelia P. Moses

Out of the Dust by Karen Hesse

The Storm in the Barn by Matt Phelan

Science

Tentacles by Roland Smith

Jake Ransom & The Skull King's Shadow by James Rollins

Maata's Journal: A Novel by Paul Sullivan

Double Identity by Margaret Peterson Haddix

Shackleton's Stowaway by Victoria McKernan

Julie by Jean Craighead George

Julie of the Wolves by Jean Craighead George

Julie's Wolf Pack by Jean Craighead George

My Side of the Mountain Jean Craighead George

On the Far Side of the Mountain Jean Craighead George

Voyage of the Frog by Gary Paulsen

Stormbreaker by Anthony Horowitz

Virals by Kathy Reichs

Language Arts

Any title by Blue Balliett**

Any title by Donna Jo Napoli**

Secret Life of Ms. Finkleman by Ben Winters

Private Thoughts of Amelia E. Rye by Bonnie Shimko

Any title by Darren Shan in the Cirque du Freak series

Any title by D.J. MacHale in the Pendragon series

****Author Visit – Blue Balliett November 7, 2011**

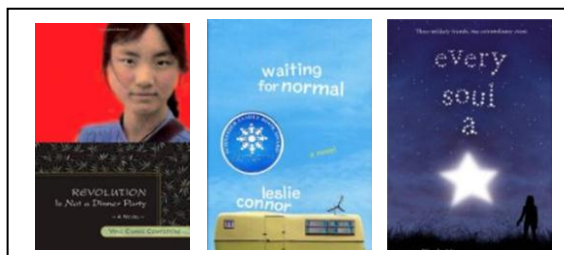
****Visiting Newbery Author – Donna Jo Napoli May 7, 2012**

Suggestions from the Library – California Young Reader Medal Nominees

Revolution is Not A Dinner Party by Ying Chang Compestine.

Waiting for Normal by Leslie Conner.

Every Soul a Star by Wendy Mass.



2011-2012 Update on Music in the Middle School At Country Day



Grades 5 & 6

- All students in 5th and 6th grade will be in either band or strings classes which meet twice each week. There will be two required performances throughout the year.
- Full grade rehearsals take place once each week.

Grades 7 & 8

- Students may choose Band, Orchestra or Glee Club as an elective.
- Additional music electives include Beginning Guitar, Rock Band, and iPod Shuffle.

Grade 5—8 Ensembles

- MS Honors Orchestra is an elective ensemble open to students with at least one year of string experience. This ensemble meets Tuesdays from 3:15- 4:45p.m
- The Blue Notes, Country Day's Pep Band, plays at various home games & community events. This ensemble meets Tuesdays from 3:15-4:45p.m. No previous experience is required.
- MS Glee Club is an elective vocal & dance ensemble open to all students in grades 7 & 8. No experience is necessary. This ensemble meets during A Block in Trimesters 2 & 3.
- All ensembles include participation in adjudicated festivals and community events.

Band
Liesl Hansen
lhansen@ljcds.org

Orchestra
Joe Rowling
jrowling@ljcds.org

Glee Club
Carrie Rose
crose@ljcds.org

Summer Tennis Camp 2011

DATES:

June 6-10

June 13-17

June 20-24

June 27-July 1

July 5-8*

July 11-15

July 18-22

July 25-29

August 1-5

August 8-12

Full Day:	8:30 a.m.-3:30 p.m.	\$345 weekly
Half Day Morning:	8:30 a.m.-11:30 a.m.	\$225 weekly
Half Day Afternoon:	12:30 p.m. - 3:30 p.m	\$180 weekly
*Week of July 5-8:	Full day -	\$280.00
	Half day morning -	\$225.00
	Half day afternoon -	\$135.00

• **Campers need to bring lunches, snacks, water, sunscreen and hats** •

- To enroll, fill out form below and mail to Angela Horacek, P.O. Box 2101 La Jolla, CA 92038 or email to quieroangela@san.rr.com

Total payment must accompany enrollment form along with the Health and Emergency form.

If paying by check, make payable to Angela Horacek.

To pay by VISA or Mastercard, include information below.

For more information, contact Angela at 858-837-1354

or email her at quieroangela@san.rr.com

Name _____

Weeks(s) Attending _____ Age _____

Parent's Phone _____

Email _____

Visa/MasterCard Number _____

Expiration Date _____

LA JOLLA COUNTRY DAY IN-SCHOOL TENNIS 2011-2012
(Grades 1-8)

Grades 1st - 6th

The classes are a mixture of stroke production, games, hitting drills and match play appropriate for each skill level.

Once / Week: \$495

Twice / Week: \$695

- Classes begin September 19, 2011.
- All classes are held during PE.
- 1st- 6th graders attend classes once or twice per week for the school year.

Grades 7th - 8th

The classes are a mixture of stroke production, games, hitting drills and match play appropriate for each skill level.

Fall: \$495

Winter: \$495

- Classes begin August 24, 2011.
- All classes are held during PE.
- 7th & 8th graders attend classes daily during the Fall and/or Winter sessions.

**To enroll, fill out form below and mail to:

Angela Horacek,
P.O. Box 2101
La Jolla, CA 92038
or

email to: quieroangela@san.rr.com

Payment must accompany enrollment form. If paying by check, make payable to Angela Horacek.
To pay by VISA or Mastercard, include information below.
(no refunds after October 1)

For more information, contact Angela at 858-837-1354
or email her at quieroangela@san.rr.com
AngelasTennisCamp.com

Name _____

2010-2011 Grade _____ Session(s) Attending _____

Parent's Phone _____

Email _____

Visa/MasterCard Number _____

Expiration Date _____



2011-12 APPLICATION for MIDDLE SCHOOL INDEPENDENT and ALTERNATE ACTIVITY PHYSICAL EDUCATION

Course Description

Independent and alternate activity physical education are offered for middle school students who are presently participating at a high level in a sport/athletic activity that LJCD does not offer to the extent that it precludes him/her from participating in school activities or physical education. Typically, independent/alternate activity PE is for students who have a lengthy history in their chosen sport and who train many hours per week and compete on weekends. Independent/alternate activity PE is not designed for students who want to experiment with new sports.

Supervision

A qualified coach or instructor must supervise each independent/alternate activity PE student.

Independent Physical Education

The student departs campus at the beginning of his/her school scheduled physical education period to pursue his/her off campus sport/activity and does not return to campus until the next school day.

Alternate Activity Physical Education

The student does not participate in the school's scheduled physical education period but reports to the librarian in the MS/US library. The student participates in his/her off campus sport/activity at the end of the school day.

Application Approval

Coach Hutzler and Mr. Murphy will review all applications and each student will be notified as to his/her acceptance to the program. All students who are not accepted into the independent/ alternate PE program must enter the regular school physical education or athletics program.

Trimester Reports

Each student must submit a progressive evaluation at the end of each trimester. This report must contain a minimum of one page (typed) from the student **and** ½ page from the student's coach/instructor describing what was done over the trimester, competition results, progress made in training, etc. **The coach's report must be signed and be made on official club, team, stable, etc. letterhead. Students will receive a pass or fail grade each trimester.**

Trimester reports are due by the end of the school day on:

Thursday, November 10, 2011

Thursday, February 16, 2012

Friday, May 11, 2012

Please Note: LJCD provides independent/alternate PE in an effort to best meet the individual needs of its students. **Taking independent/alternate PE at LJCD is a privilege, not a right.** It is the **responsibility of the student** to meet with Coach Brunn to turn his/her trimester reports and discuss the next trimester. Any student who does not turn in his/her report on time or has not contacted Coach Brunn concerning any conflicts **will be dropped from the independent/alternate PE program, and immediately placed in the regular PE program.**

Go Big Blue

Jeff Hutzler • Director of Athletics

9490 Genesee Avenue • La Jolla, CA 92037 • 858.453.3440x129 • 453.3099 FAX • WWW.LJCD.ORG



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La Jolla, CA 92037
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2011-12 APPLICATION for MIDDLE SCHOOL

INDEPENDENT and ALTERNATE ACTIVITY PHYSICAL EDUCATION

Student's Name: _____ Grade in 2011-12: _____

Student's Email: _____ Parent's Email: _____

Applying for:

Independent PE: _____ (student departs campus at start of PE period each day)

Alternate Activity PE: _____ (student reports to MS/US librarian in library at the start of PE period each day)

Date of Application: _____

Sport/Team/Athletic Activity: _____

Off-Campus Coach's/Instructor's Name: _____

Coach's/Instructor's Age: _____ Coach's/Instructor's Phone Number: _____

Coach's Email: _____

Team/Club Address: _____

Days that practices are held weekly: _____

Hours of practice per practice day: _____ Total hours of practice per week: _____

On a separate page the student should provide his/her independent PE proposal (minimum one page, typed). The student should describe his/her goals and objectives and include specifics on skill level, skill work, equipment and facilities used and attach his/her competition schedule.

Student's Signature: _____

Parent's Signature: _____

Coach's/Instructor's Signature: _____

Approved Denied Independent Alternate Activity PE

Athletic Director's Signature: _____

Middle School Director's Signature: _____

Go Big Blue

Jeff Hutzler • Director of Athletics

9490 Genesee Avenue • La Jolla, CA 92037 • 858.453.3440x129 • 453.3099 FAX • WWW.LJCDS.ORG



Music at a Glance for 2011-2012

Lower School

- All Lower School (LS) students attend two general music classes a week and learn the basics of rhythm, pitch, singing and note reading.
- All third grade students learn to play the recorder and all fourth grade students participate in a beginning violin class.
- All LS students participate in Grandparents' Day and Spring Sing performances.
- Third and fourth grade students have the opportunity to participate in group string lessons. Advanced students enrolled in group lessons may audition for the Lower School Orchestra which meets Thursdays from 3:15—4:45p.m. (Fee based)
- Second grade students with advanced skills, enrolled in private lessons, and demonstrating developmental readiness may audition for the LS Orchestra (Thursdays, 3:15-4:45p.m.) with the permission of the instructor. These students also participate in a required after school group lesson on Tuesdays from 3:15-4:15p.m. (Fee Based)
- First and second grade students may participate in an after school beginning strings class on Tuesdays from 3:15—4:45p.m. if they also take private lessons outside of school. (Fee Based)

Middle School

- Students in fifth and sixth grades will participate in band or strings.
- All instrumental music students will participate in at least two concerts each year.
- Students in grades 7 and 8 can choose Orchestra, Band, or Glee Club as an elective.
- Additional 7/8 music electives are Musical Theater (with full-length musical production), Beginning Guitar, Rock Band, and iPod Shuffle.
- Afterschool ensembles include Middle School Orchestra and The Blue Notes (pep band). Both meet on Tuesdays from 3:15—4:45p.m.

Upper School

- Orchestra classes include Chamber Orchestra and Honors Orchestra.
- Band students concentrate on Jazz Band, Pep Band, and Concert Band literature.
- Choral opportunities include Concert Choir, the award-winning Madrigals, and after-school Glee Club.
- Ensembles will perform throughout the year at on and off campus venues including community events and adjudicated festivals or tours.
- Additional music electives are Songwriting/Music Appreciation and AP Music Theory.
- A full-length musical production or musical revue is produced each year.

LS Music Teacher: Wendy Clemente; MS/US Choral Music Teacher: Carrie Rose
Instrumental Music Teachers: Brenda Riedler, Joan Diener, Joe Rowling, Liesl Hansen & Wil Reed
Director of Visual & Performing Arts: Barbara Weinstein



TORREY TRANSPORTATION

Mission of the Transportation Department: To provide each and every rider the safest and most reliable transportation. We are able to provide this by utilizing the highest quality of drivers and equipment. The school bus drivers are highly trained by the California Highway Patrol with multiple endorsements and annual education as well as individual opportunities for professional growth. Our equipment is new by industry standards and inspected daily by our staff, monthly by our state approved service contractor and annually by the California Highway Patrol.

Service is offered to geographically diverse areas: The areas that the transportation department is currently serving are Escondido, Poway, soon to be Scripps Ranch, Carlsbad, La Costa, Encinitas, Solana Beach, Fairbanks Ranch, Rancho Santa Fe, Del Mar, Carmel Valley, La Jolla, Soledad Mountain, Point Loma, San Diego, Del Cerro, Barrio Logan, Lemon Grove, Chula Vista and El Cajon. We have service in all four areas of the county. Our service areas are based on geographical demand and evaluated annually to ensure that an optimal service area is being provided.

Service that is offered: Service is available round trip, one way or even individualized with bus passes. We offer a late activity service, as well, that is available by sign up. For specific information on this, please refer to our webpage at www.ljcds.org/transportation.

Pricing: Pricing is kept competitive and reduced in comparison to some of our competitors.
2011-2012 School Year:

Fulltime: \$2370 Part time: \$1730 Bus Pass: \$15 per ride

Payment Flexibility: The transportation now allows you to pay semester by semester, all at once or even monthly. You do not have to pay in full, immediately; our business office can set up your account to be billed at a later time!

Interested in transportation? Please feel free to fill out the bottom portion of the reverse side of this form and return it to:

Director of Transportation: Kevin Worth



Transportation Program

Buses and Drivers

- La Jolla Country Day's Department of Transportation has only the highest regard for safety.
- All buses are well-maintained and inspected daily by our drivers, periodically by our selected maintenance contractors, and annually by the California Highway Patrol.
- Since our operation is small, we select only the most qualified drivers with excellent driving records.
- Driver certification includes in-class hours, a physical examination, a background check, and first aid certification.
- Drivers receive on-going training in defensive driving and safety procedures.
- Drivers develop a rapport with the children and place the highest priority on their safety.

Routes

- Service is offered to geographically diverse areas, including Escondido, Poway, Scripps Ranch, Carlsbad, La Costa, Encinitas, Solana Beach, Fairbanks Ranch, Rancho Santa Fe, Del Mar, Carmel Valley, La Jolla, Soledad Mountain, Point Loma, San Diego, Del Cerro, Tierrasanta, Bario Logan, Lemon Grove and Southbay
- Service is based on geographical demand in order to accommodate as many Country Day families as possible.
- Service is available one-way or round-trip. One-way service is charged at 66% of the round-trip fee.

Country Day's Department of Transportation looks forward to serving you.

Please contact Kevin Worth, Director of Transportation, at (858) 453-3440 x177 or email kworth@ljcds.org for any questions. Current rate information can be found at www.ljcds.org/transportation

Please send more information about the school bus program to:

.....
Parent's Name _____

Mailing address _____

Residence _____

Phone: Home _____ Work _____ Cell _____

Student(s) Name _____

Grade(s) _____

THE
TORREY STORE

AT LA JOLLA

**COUNTRY DAY
SCHOOL**

866-963-8337 (P)

866-459-0073 (F)

TORREYSTORE@LJCDS.ORG

HOURS:

11:30-3:30 M-F

75% OFF

All
Bucket Hats!

10% OFF

All Purchases of
\$100 or more!

50% OFF

All
White Hoodies!



9490 Genesee Avenue
La Jolla, CA 92037
LJCDS.org
858.453.3440

2011-2012 PARENT PHONE TREE CONTACT SHEET

**** CONFIDENTIAL ****

To be used only by the room parent phone tree in an emergency or to be notified of school activities or trip delays. **Please note that this information will not be published.**

Student's Name: _____ Grade: _____

Father's Name: _____ Mother's Name: _____

Parent2 Name: _____ Parent2 Name: _____

Home Phone: _____ Home Phone: _____

Work Phone: _____ Work Phone: _____

Cell Phone1: _____ Cell Phone1: _____

Cell Phone2: _____ Cell Phone 2: _____

E-mail1: _____ E-mail1: _____

E-mail2: _____ E-mail2: _____

If parents cannot be reached:

Contact: _____ Phone: _____

Please notify the school of any changes.