

FIT CLUB MEMBERS

As a Fit Club member, you may register for any of the following classes listed below. If registering for Zumba, you are allowed to register for **TWO (2)** Zumba classes only.

Please complete this form and indicate the classes that you will be attending. Please return this form to the Recreation Department to reserve a spot in these classes.

You can either mail or bring this form to the Burlington Recreation Department.

Name _____ Home Phone _____

Address _____

CAMP CORE & MORE

110043-A (Mon) _____

FRIDAY MORNING WORKOUT

110043-B (Fri) _____

BUTTS & GUTS

114303-A _____

114303-B _____

BOOT CAMP

111133-A _____

111133-B _____

CARDIO & CORE

112503-A _____

FLEX & STRETCH

110173-A _____

BODY SCULPTING

110083-A _____

110083-B _____

110083-C _____

ZUMBA

116403-A _____

116403-B _____

116403-C _____

116403-D _____

116403-E _____

116403-F _____

ZUMBA GOLD

116407-A _____

116407-B _____

116407-C _____

CARDIO DANCERCISE

110033-A _____

FITNESS BLASTOFF

115803-A _____

MUSCLE MADNESS INTERVAL TRAINING

111503-A _____

KEY TO HEALTHY AGING

111807-A _____