Student Self Evaluation of Abilities Related to Horses

DIRECTIONS:

Answer the following self-evaluation questions as realistically as possible. It will <u>not</u> be used to determine your grade. It will be of <u>value</u> in helping <u>you</u> plan your direction of education with the horse.

QUESTIONS

Circle the number that indicates your ability. The scale ranges from 1-5, with 1 indicating little or no experience and with 5 indicating you have a good grasp of the concept and practice it.

Beginning of Quarter.

End of Quarter

1	2	3	4	5	I am aware of and practice safety procedures		2	3	4	5
					around a riding horse.					
1	2	3	4	5	2. I can select feed, water, and care for a riding horse	1	2	3	4	5
					in a corral.					
1	2	3	4	5	3. I can identify horse by color, sex, and markings.	1	2	3	4	5
1	2	3	4	5	4. I can select proper and safe equipment for a riding	1	2	3	4	5
					horse and attire for myself.					
1	2	3	4	5	5. I can safely catch, lead, and turn a riding horse	1	2	3	4	5
					loose.					
1	2	3	4	5	6. I can select equipment and properly groom a riding	1	2	3	4	5
					horse.					
1	2	3	4	5	7. I can pick up and clean the feet of a riding horse.	1	2	3	4	5
1	2	3	4	5	8. I can prepare the horse and safely mount and	1	2	3	4	5
					dismount a riding horse.					
1	2	3	4	5	9. I am aware of the following ways to signal a horse for	1	2	3	4	5
					riding: reins, body language, legs and voice.					
					PLEASE CONTINUE AND SIGN ON OPPOSITE SIDE					

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1	2	3	4	5	10. I am aware of the following ways to develop my	1	2	3	4	5
					seat for riding in the arena and hills: focus,					
					breathing, centering, body position					
1	2	3	4	5	11. I can properly cool a horse after riding.	1	2	3	4	5
1	2	3	4	5	12. My level of ability at performing the following	1	2	3	4	5
					maneuvers on a riding horse are:					
1	2	3	4	5	a. suppling exercises/ warm up	1	2	3	4	5
1	2	3	4	5	b . walk	1	2	3	4	5
1	2	3	4	5	c. trot	1	2	3	4	5
1	2	3	4	5	d. lope	1	2	3	4	5
1	2	3	4	5	e. stop	1	2	3	4	5
1	2	3	4	5	f. back	1	2	3	4	5
1	2	3	4	5	g. turn a horse around	1	2	3	4	5
1	2	3	4	5	h. open and close a gate	1	2	3	4	5
1	2	3	4	5	i. cross obstacles	1	2	3	4	5
1	2	3	4	5	j. ride individually	1	2	3	4	5
1	2	3	4	5	k. ride in a group	1	2	3	4	5
1	2	3	4	5	I. maneuver around obstacles	1	2	3	4	5

Beginning of Quarter Signature	End of Quarter Signature
Signature:	Signature:
Date:	Date: