## Student Self Evaluation of Abilities Related to Horses

## DIRECTIONS:

Answer the following self-evaluation questions as realistically as possible. It will not be used to determine your grade. It will be of value in helping you plan your direction of education with the horse.

## QUESTIONS

Circle the number that indicates your ability. The scale ranges from 1-5, with 1 indicating little or no experience and with 5 indicating you have a good grasp of the concept and practice it.

## Beginning of Quarter.

End of Quarter

| 1 | 2 | 3 | 4 | 5 | 1. I am aware of and practice safety procedures <br> around a riding horse. | 1 | 2 | 3 | 4 | 5 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1 | 2 | 3 | 4 | 5 | 2. I can select feed, water, and care for a riding horse <br> in a corral. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 3. I can identify horse by color, sex, and markings. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 4. I can select proper and safe equipment for a riding <br> horse and attire for myself. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 5. I can safely catch, lead, and turn a riding horse <br> loose. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 6. I can select equipment and properly groom a riding <br> horse. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 7. I can pick up and clean the feet of a riding horse. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 8. I can prepare the horse and safely mount and <br> dismount a riding horse. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 9. I am aware of the following ways to signal a horse for <br> riding: reins, body language, legs and voice. | 1 | 2 | 3 | 4 | 5 |

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| 1 | 2 | 3 | 4 | 5 | 10. I am aware of the following ways to develop my seat for riding in the arena and hills: focus, breathing, centering, body position | 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 | 11. I can properly cool a horse after riding. | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | 12. My level of ability at performing the following maneuvers on a riding horse are: | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | a. suppling exercises/ warm up | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | b. walk | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | c. trot | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | d. lope | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | e. stop | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | f. back | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | g. turn a horse around | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | h. open and close a gate | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | i. cross obstacles | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | j. ride individually | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | k. ride in a group | 1 | 2 | 3 | 4 | 5 |
| 1 | 2 | 3 | 4 | 5 | l. maneuver around obstacles | 1 | 2 | 3 | 4 | 5 |

## Beginning of Quarter Signature

Signature: $\qquad$

Date: $\qquad$

End of Quarter Signature

Signature: $\qquad$

Date: $\qquad$

