

**PEDIATRIC VISIT 18 to 23 MONTHS**

DATE OF SERVICE \_\_\_\_\_

NAME \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

AGE \_\_\_\_\_

WEIGHT \_\_\_\_\_ / \_\_\_\_\_ % HEIGHT \_\_\_\_\_ / \_\_\_\_\_ %

HC \_\_\_\_\_ / \_\_\_\_\_ %

TEMP \_\_\_\_\_

**HISTORY REVIEW/UPDATE:** *(note changes)*

Medical history updated? \_\_\_\_\_

Family health history updated? \_\_\_\_\_

Reactions to immunizations? Yes / No \_\_\_\_\_

Concerns: \_\_\_\_\_

**PSYCHOSOCIAL ASSESSMENT:**

**Sleep:**

**Child care:**

**Recent changes in family:** *(circle all that apply)*

New members, separation, chronic illness, death, recent move, loss of job, other \_\_\_\_\_

**Environment:** Smokers in home? Yes / No

**Violence Assessment:**

History of injuries, accidents? Yes / No

Evidence of neglect or abuse? Yes / No

**RISK ASSESSMENT:**

**TB**

**LEAD**

(Circle)

Pos / Neg

Pos / Neg

**PHYSICAL EXAMINATION:**

Wnl	Abn	<i>(describe abnormalities)</i>
<input type="checkbox"/>	<input type="checkbox"/>	Appearance/Interaction
<input type="checkbox"/>	<input type="checkbox"/>	Growth
<input type="checkbox"/>	<input type="checkbox"/>	Skin
<input type="checkbox"/>	<input type="checkbox"/>	Head/Face
<input type="checkbox"/>	<input type="checkbox"/>	Eyes/Red reflex/Cover test
<input type="checkbox"/>	<input type="checkbox"/>	Ears
<input type="checkbox"/>	<input type="checkbox"/>	Nose
<input type="checkbox"/>	<input type="checkbox"/>	Mouth/Dentition (# of teeth)
<input type="checkbox"/>	<input type="checkbox"/>	Neck/Nodes
<input type="checkbox"/>	<input type="checkbox"/>	Lungs
<input type="checkbox"/>	<input type="checkbox"/>	Heart/Pulses
<input type="checkbox"/>	<input type="checkbox"/>	Chest/Breasts
<input type="checkbox"/>	<input type="checkbox"/>	Abdomen
<input type="checkbox"/>	<input type="checkbox"/>	Genitals
<input type="checkbox"/>	<input type="checkbox"/>	Extremities/Hips/Feet
<input type="checkbox"/>	<input type="checkbox"/>	Neuro/Reflexes/Tone
<input type="checkbox"/>	<input type="checkbox"/>	Vision <i>(gross assessment)</i>
<input type="checkbox"/>	<input type="checkbox"/>	Hearing <i>(gross assessment)</i>

**NUTRITIONAL ASSESSMENT:**

**Typical diet:**

**Education:** Prolonged mealtime with playing

Likes and dislikes change often  Food jags okay

Allow self-feeding  Eat with family

**DEVELOPMENTAL SCREENING:** *(With Standardized Tool)*

**REQUIRED**

**ASQ:**  PEDs  **Other:**  *(specify)* \_\_\_\_\_

**Results:** Wnl  **Areas of Concern:** \_\_\_\_\_

**Referred:** Yes / No **Where?** \_\_\_\_\_

**MCHAT Required**

**DEVELOPMENTAL SURVEILLANCE:** *(Observed or Reported)*

**Social:** Removes clothes  Helps with simple tasks

Imitates housework

**Fine Motor:** Scribbles  Tower of 3-4 cubes  Turns pages

**Language:** Combines 2 words  Points to 2-4 named body parts

Follows directions  Names picture (cat, bird, horse, dog, person)

Uses 10-15 words

**Gross Motor:** Kicks ball  Throws ball  Walks up steps

Walks backward

**ANTICIPATORY GUIDANCE:**

**Social:** Needs to be independent  Stubbornness is normal

Does not share well

**Parenting:** Daily routines meet security needs

Child constantly tests parent, self, siblings, environment

“Time out” for hitting/biting  Avoid spanking, slapping

Forgets rules quickly, needs reminding  Give choices

**Play and communication:** Uses objects for imaginary play

Manipulative toys (play dough, sand, paint)  Read stories

Thumb sucking and masturbation common

Favorite toy, transitional object

**Health:** May be toilet ready  Brush teeth  Fluoride if well water

Second hand smoke  Use sunscreen

**Injury prevention:** Infant car seat  Rear riding seat

Hot liquids  Hot water set at 120°  Water safety (tub, pool)

Poison control no.  Choking/suffocation  Baby proof home

Firearms (owner risk/safe storage)  Fall prevention (heights)

Don't leave unattended  Smoke detector/escape plan

**PLANS/ORDERS/REFERRALS:**

1. Immunizations ordered  \_\_\_\_\_
2. Review Lead and HCT results  Refer for testing if none  \_\_\_\_\_
3. PPD, if risk assessment positive  \_\_\_\_\_
4. Fluoride Varnish Applied? Yes / No
5. Dental visit advised  or date of last dental visit \_\_\_\_\_
6. Next preventive appointment at 2 Years  \_\_\_\_\_
7. Referrals for identified problems: (specify) \_\_\_\_\_

Signatures: \_\_\_\_\_