

# VALLEY LEARNING CENTER SPRING 2016 SCHEDULE OF CLASSES

## *Welcome to Valley Learning Center*



**Karla Behunin**  
VLC Director

You are about to discover the many and varied continuing education opportunities that Valley Learning Center offers locally. Valley Learning Center serves all ages who wish to enrich their lives and continue their education and growth. Our services include Basic Adult Education, High School Equivalency test preparation, WorkKeys® and Career Readiness Certification preparation, community education enrichment classes, WWCC academic advising, UW academic advising, financial aid advising, placement testing, proctored testing, career testing, and a 9 unit computer lab with full internet access all under one roof.

The first section of this spring schedule includes information for registering for spring college classes with Western Wyoming Community College through distance education. The second section lists the many exciting and interesting Community Education classes offered for spring. The last section explains our College and Career Readiness services.

We are very pleased to offer the quality and variety of services and educational opportunities that we have available – right here in Bridger Valley. If you have been considering returning to college or just want to take an enrichment class, no matter your age or situation, it may be easier and more convenient than you thought. If you have questions, please call or stop by Valley Learning Center. Valley Learning Center is located in Mountain View on 219 First Street. Turn south on Birch Street. Please call for directions or questions at 782-6401.

## REGISTRATION INFORMATION

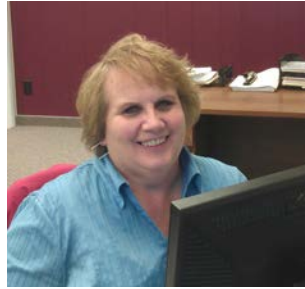
### **WWCC Bridger Valley Outreach**

### **Community Education**

### **Adult Basic Education & High School Equivalency Certificate Preparation**



**Susan Hissong**  
VLC Administrative Assistant



**Deb Johnson**  
VLC Evening Administrative Assistant

### **Office Hours:**

Monday-Thursday  
10:00 a.m. to 4:00 p.m.  
and 6:00 to 9:00 p.m.

### **Adult Basic Education:**

Day Time: Monday thru Thursday 10:00 a.m. to 3:00 p.m.  
Evenings: Tuesday and Thursday 6:00 to 9:00 p.m.

### **Registration Open during office hours Register Early for best options!**

- Western Wyoming Community College Registration: 1) by phone (with credit card only), 2) mail 3) in person or 4) Online at [westernwyoming.edu](http://westernwyoming.edu), choose Mustang Cruiser
- Community Education Registration: 1) by phone (with credit card only), 2) by mail, 3) in person or 4) online at [valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com) (requires credit card information)
- Adult Basic Education Registration: 1) by phone, 2) In person or 3) online at [valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com)

### **Valley Learning Center**

**219 First Street • PO Box 130**

**Mountain View, WY 82939**

**307-782-6401**

***Serving the entire Bridger Valley: Lyman,  
Mountain View, Fort Bridger, Robertson, & Lonetree***

# COMMUNITY EDUCATION COURSES SPRING 2016



## Welcome to Valley Learning Center's Community Education Program

You are about to discover the many and varied continuing education opportunities that Valley Learning Center offers locally. Valley Learning Center serves all ages who wish to enrich their lives and continue their education and growth.

We are very pleased to offer the quality and variety of services and educational opportunities that we have this fall – right here in Bridger Valley. If you have questions, please call or stop by Valley Learning Center. Valley Learning Center is located in Mountain View on 219 First Street. Please call for directions or questions at 782-6401.

*Enrich, Equip, and Educate Today's Community for Tomorrow's World*

## Quick Reference With Start Dates

Discover	Start Dates
Let's Talk Photography .....	Thursday, January 07, 2016
History & Uses of Essential Oils .....	Monday, April 25, 2016
Living History at Fort Bridger .....	Thursday, February 11, 2016
Planes, Trains & Automobiles .....	Wednesday, April 06, 2016
16 New Ways to Use Old Stuff .....	Monday, February 08, 2016
Beginning Conversational Spanish .....	Monday, March 07, 2016
Fun with Personal Creativity .....	Thursday, March 10, 2016
Creative Brushes .....	Friday, May 13, 2016

Technology	Start Dates
Post, Tweet, Pin! .....	Wednesday, January 13, 2016
Excel 2013 Basics .....	Monday, February 08, 2016
Smart Phones 101 .....	Tuesday, January 19, 2016
Photoshop Elements .....	Saturday, February 20, 2016
PowerPoint Basics .....	Monday, January 11, 2016
Windows 10 and the Cloud .....	Monday, January 18, 2016

Education	Start Dates
Babysitting 101 .....	Saturday, February 13, 2016
Active Parenting .....	Monthly
Math Compass Test Preparation .....	Saturday, March 19, 2016
Substitute Teaching .....	Wednesday, February 03, 2016
Eat Better for Less .....	Thursday, January 14, 2016
Sneak Peek at Online College Classes .....	Monthly
HiSet and GED Prep Class .....	Monthly
Math Tutoring .....	By Appt.

Fitness	Start Dates
Muscles & Mascara .....	Monday, January 04, 2016
Nia Session 1 .....	Monday, January 04, 2016
Nia Session 2 .....	Monday, March 07, 2016
Traditional Jujitsu - January .....	Tuesday, January 05, 2016
Traditional Jujitsu - February .....	Tuesday, February 02, 2016
Traditional Jujitsu - March .....	Thursday, March 24, 2016
Traditional Jujitsu - April .....	Tuesday, April 05, 2016
Traditional Jujitsu - May .....	Tuesday, May 03, 2016
Zumba! Session 1 .....	Tuesday, January 12, 2016
Zumba! Session 2 .....	Tuesday, March 08, 2016

Health & Safety	Start Dates
CPR & First Aid Combo - January .....	Saturday, January 23, 2016
CPR & First Aid Combo - April .....	Saturday, April 30, 2016
CPR/AED for Prof Rescuers - February .....	Tuesday, February 09, 2016
CPR/AED for Prof Rescuers - March .....	Tuesday, March 08, 2016
Defensive Driving Course .....	Saturday, April 09, 2016
Mine Safety & Health Administration (MSHA) .....	TBA

## How To Get In

Mail or bring in the Community Education Registration Form on page 32 or register online. Scan the QR or go directly to online registration at valleylearningcenter.coursetorm.com. Payment is required at registration and is not refundable unless a class is canceled or the enrollee withdraws at least 1 week before the class begins.

**Best Chance of Happiness:** Register at least 10 days prior to the start date. Do this so the class that you want is not already filled, or else canceled due to low enrollment. Registration continues until the course begins unless the class fills or is canceled. For most classes, if the class is running and not full, you will be allowed to join the "in progress" class. However, no fees are pro-rated

Community education courses are taught at several locations in Bridger Valley. Please check the locations for the courses you would like to attend. New courses could be added during the semester.

Due to limited enrollment size, registration will be on a first-come first-serve basis.

Senior citizen discount is 25% off registration. Senior citizen age is 60 years old. Discount may not apply to certification classes.

Children who are not class participants are not allowed to attend classes or loiter in facilities.

Employment	Start Dates
Job Seeking Skills - February .....	Tuesday, February 09, 2016
Job Seeking Skills - March .....	Tuesday, March 08, 2016
Job Seeking Skills - April .....	Tuesday, April 05, 2016

Beauty	Start Dates
Basics of Braiding .....	Monday, January 18, 2016
16 Fresh Looks for 2016 .....	Monday, February 22, 2016
Make-up for Tweens & Teens .....	Tuesday, March 22, 2016

Kid's Classes	Start Dates
Cooking is Fun! .....	Thursday, February 04, 2016
Crazy Creations .....	Friday, March 04, 2016
Spanish for Kids .....	Tuesday, January 26, 2016
Babysitting 101 .....	Saturday, February 13, 2016
Spring Art with Van Gogh .....	Friday, February 05, 2016
Tumbling Pre-School (4:30-5:00) TUES .....	Tuesday, March 01, 2016
Tumbling Pre-School (4:30-5:00) WED .....	Wednesday, March 02, 2016
Tumbling Level 2 - Tues, 5pm .....	Tuesday, March 01, 2016
Tumbling Level 2 - Tues, 6pm .....	Tuesday, March 01, 2016
Tumbling Level 3 - Wed, 5pm .....	Wednesday, March 02, 2016
Tumbling Level 4 - Wed, 6pm .....	Wednesday, March 02, 2016
Karate - January .....	Tuesday, January 05, 2016
Karate - February .....	Tuesday, February 02, 2016
Karate - March .....	Tuesday, March 01, 2016
Karate - April .....	Tuesday, April 05, 2016
Karate - May .....	Tuesday, May 03, 2016

Community Information	Start Dates
WWCC College Theater Productions -- .....	
- Something Happened on the Way to the Forum .....	Feb 26, 27, Mar 3, 4, 5
- Messiah - Easter Concert .....	Monday, March 18, 2019
- Desert Dance Theatre .....	April 21, 22, 23
Hunter Safety .....	Check online for dates
Public Health Events -- .....	
- Blood Draw .....	April 7, 8, & 9
- Health Fair .....	Saturday, April 30, 2016

Please register early so the class(es) that you want is not already filled, or else canceled due to low enrollment.

# DISCOVER

## Let's Talk Photography

This will be an open forum for the beginner to the most advanced photographer. We just want to have fun, discuss photography and make some new friends. There will be no set topic (Scott will have some ideas if things get slow). Bring your best shot to share or a photo you want some help with post production. This open forum will allow us to talk about new gear, different photography techniques, composition, exposure --the options are endless. Any photography subject will be open for discussion. Join us, share your expertise and learn something new. First Thursday of the month at 7pm. Dates: Jan 7, Feb 4, Mar 3 & Apr 7. Attend as many as you can. We'll save your spot!

**Anderson**

**\$10.00**

**Day/Time: TH, 7:00PM - 9:00PM**

**Starts: 1/7/2016 Ends: 4/7/2016**

**4 Session(s)**

**Valley Learning Center**



## History & Uses of Essential Oils

Essential oils have been used for hundreds of years. Come find out what they are and how they fit into a healthy lifestyle. You'll learn the history, the process and how this ancient tool is useful in today's modern world. This is an informational class only. No products will be sold during this class.

**Byers**

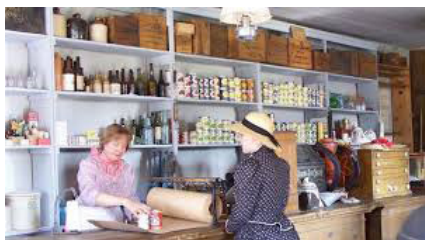
**\$10.00**

**Day/Time: M, 7:00PM - 8:30PM**

**Starts: 4/25/2016 Ends: 4/25/2016**

**1 Session(s)**

**Valley Learning Center**



## Living History at Fort Bridger

Who wants to play dress-up, do show-n-tell, and get paid for doing it? Come learn all the great things about being a Living History Interpretive Guide. Successful completion of this fun course will qualify students to do just that. This class will provide specific knowledge of the history of the Fort Bridger State Historic Site circa 1840s-1940s including: changes in ownership of the site; women's styles; soldier's uniforms and tools; restored and/or

reconstructed historic buildings; and the daily life of individuals in the various historical eras. Whether being a guide is in your future or not, everyone is welcome to come enjoy this fascinating class! Class will meet at VLC and have some sessions at Fort Bridger. Instructors L. Mayer, L. Byers. This class is worth 1 PTBS Credit.

**Byers**

**\$15.00**

**Day/Time: TH, 7:00PM - 8:30PM**

**Starts: 2/11/2016 Ends: 4/14/2016**

**9 Session(s)**

**Valley Learning Center**



## Planes, Trains & Automobiles

Planning a special trip can be a daunting task. Where do you begin? It's easy to get overwhelmed in the beginning, especially when you haven't done something like this before. This class will help you do your planning so you can enjoy the trip when you get there! We'll talk about destinations, accommodations, activities, and costs. Learn how to break the process down so planning becomes easier and less overwhelming. Disney will be used as one of the example destinations. Your future memories await!

**Davis**

**\$20.00**

**Day/Time: W, 7:00PM - 8:30PM**

**Starts: 4/6/2016 Ends: 4/6/2016**

**1 Session(s)**

**Valley Learning Center**



## 16 New Ways to Use Old Stuff

Learn how to repurpose common everyday items — like ladders, tin cans and rakes — and turn them into clever household storage solutions or décor. Be ready to be inspired!

**Anderson**

**\$25.00**

**Day/Time: M, 7:00PM - 8:30PM**

**Starts: 2/8/2016 Ends: 2/8/2016**

**1 Session(s)**

**Valley Learning Center**

## Beginning Conversational Spanish

This will be a fun and useful class that will teach you the basics to conversation in Spanish. We will cover a variety of basics and have lots of practice time. Bring a notebook and pencil to class. With 329 million native speakers, Spanish ranks as the world's No. 2 language in terms of how many people speak it as their first language. If you ever plan to travel the world, you should take this class to be prepared! Bring a friend and expand your horizons! This class is best suited for adults and high school age.

**Oroz**

**\$45.00**

**Day/Time: M, 7:00PM - 8:30PM**

**Starts: 3/7/2016 Ends: 4/18/2016**

**6 Session(s)**

**Valley Learning Center**

## Fun with Personal Creativity

Everyone has a creative side but most don't want to share. Soooo — art journaling is the answer! Come find out what it's all about and enjoy learning so many different ways to express yourself while trying various art techniques. Journaling does not have to mean writing an essay! For adults and high school age. March 10, 17, and 24, 2016.

**Voss**

**\$40.00**

**Day/Time: TH, 7:00PM - 9:00PM**

**Starts: 3/10/2016 Ends: 3/24/2016**

**3 Session(s)**

**Valley Learning Center**



## Creative Brushes

This class is more than just a fun night out—it's a hands-on, relaxing activity where you'll be guided step-by-step to create your own work of art! After this session, you'll have created your own beautiful painting, and conquered any fears about art. Please pre-register so we can make sure we have enough supplies. Drinks will be provided. Adults only. Bringing a snack to share is welcome but not necessary.

**Walker**

**\$30.00**

**Day/Time: F, 7:00PM - 9:00PM**

**Starts: 5/13/2016 Ends: 5/13/2016**

**1 Session(s)**

**Gateway Center**

Please register early! Register online at [valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com). Scan QR to go directly to online registration.





# TECHNOLOGY



## Post, Tweet, Pin!

If you think this sounds like a new sports cheer - you need this class! Social Media is all around us. This class is here to help you learn the basic lingo and navigate three popular social media programs. The ability to use social media is becoming an essential digital skill for everyone! It can help people, small businesses, or organizations by showing the world a window into personality, interests and services. This class will give an overview of social media, then focus on Facebook, Twitter, and Pinterest.

**Davis**

**\$30.00**

**Day/Time: W, 7:00PM - 8:00PM**

**Starts: 1/13/2016 Ends: 1/27/2016**

**3 Session(s)**

**Valley Learning Center**



## Excel 2013 Basics

This hands-on, instructor led course will guide you through the basics of this popular spreadsheet program. You'll begin by exploring the core features and tools in Excel 2013. You will discuss & practice basic Excel skills, including creating spreadsheets and working with formulas and functions and many other useful tips. This class is worth .5 PTSB credit. POST certified.

**Webb**

**\$40.00**

**Day/Time: M W, 6:00PM - 9:30PM**

**Starts: 2/8/2016 Ends: 2/10/2016**

**2 Session(s)**

**MVHS Computer Lab**



## Smart Phones 101

Don't let your smartphone make you feel dumb! Let the experts at Union Wireless make the most of your device. This class will cover the basics of smartphone use and operation, including downloading apps and exploring the capabilities of your device. We will also leave plenty of time for your questions, so bring your phone with you and we will gladly help you out!

**Felkey**

**\$5.00**

**Day/Time: T, 7:00PM - 9:00PM**

**Starts: 1/19/2016 Ends: 1/19/2016**

**1 Session(s)**

**Valley Learning Center**



## Photoshop Elements

Photoshop is an extremely powerful tool and the world standard for photo editing. The day will start with a brief discussion on Photoshop and explain the differences among the various versions available. We'll discuss the basic views and uses of Adobe Camera Raw and Photoshop. Then we will walk through how you enhance photos and transform them into stunning images, in the shortest time possible. We'll cover the basics of correcting, retouching, and cropping. One day will go really fast with all of the material we'll cover. If you already use Photoshop and have questions, please leave your questions with VLC when you register or bring your questions to class. If you want to learn how to make your photography look better -- this is the class for you!

**Anderson**

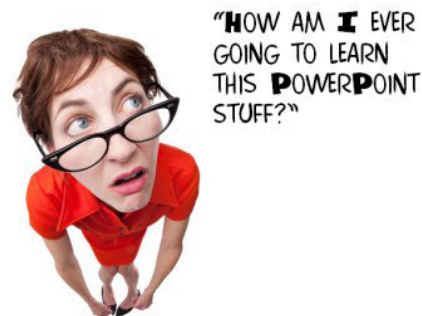
**\$50.00**

**Day/Time: S, 8:00AM - 4:00PM**

**Starts: 2/20/2016 Ends: 2/20/2016**

**1 Session(s)**

**MVHS Computer Lab**



## PowerPoint Basics

Microsoft PowerPoint has become an industry standard for efficiently communicating information to an audience. PowerPoint is full of features which allow you to present information in a concise and interesting format. You'll learn how to create a presentation, format & organize slides, insert graphics and media.

**Webb**

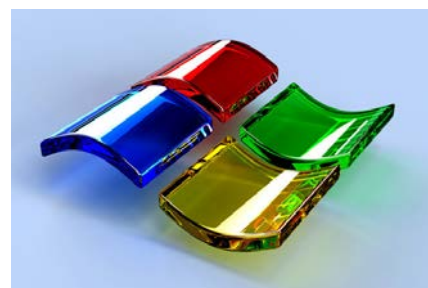
**\$40.00**

**Day/Time: M TH, 6:00PM - 9:00PM**

**Starts: 1/11/2016 Ends: 1/14/2016**

**2 Session(s)**

**MVHS Computer Lab**



## Windows 10 and the Cloud

Windows 10 is the newest operating system from Microsoft. This new operating system is both familiar and a little challenging. We'll look at the new and improved Start Menu, the virtual assistant Cortana, and various system settings that you should know. This class will also discuss the "cloud" -- what the term means and how internet storage works.

**Webb**

**\$40.00**

**Day/Time: M W, 6:00PM - 8:00PM**

**Starts: 1/18/2016 Ends: 1/20/2016**

**2 Session(s)**

**MVHS Computer Lab**

Please register early! Register online at [valleylearningcenter.coursetorm.com](http://valleylearningcenter.coursetorm.com). Scan QR to go directly to online registration.



# EDUCATION

organised  
responsible  
caring  
punctual  
capable  
reliable  
mature  
**baby-sitting**

## Babysitting 101

Young babysitters will learn how to keep children safe and happy. This class will learn how to use fun and educational games and activities for kids, how to prepare healthy snacks, and what information a young babysitter needs from the parents. Come find out how to take care of the kids and please the parents too! For ages 10-15.

**Varela**

**\$10.00**

**Day/Time: S, 10:00AM - 12:00PM**

**Starts: 2/13/2016 Ends: 2/13/2016**

**1 Session(s)**

**Valley Learning Center**



## Active Parenting

Attention Parents! Join other parents at this class to discover valuable parenting skills. Learn ages and stages of development, the power of encouragement, skills that will help develop cooperation, responsibility and self-esteem in your children. Also, learn discipline techniques, how to avoid power struggles, and the benefits of active communication skills. The Active Parenting programs have been helping families for over 30 years. Classes are available for toddler, elementary, and teen years. Call 307-782-6401.

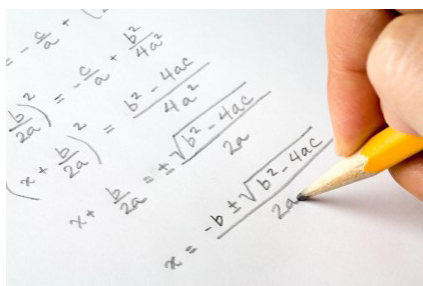
**Oroz**

**\$59.00**

**TBA**

**Valley Learning Center**

Please register early! Register online at [valleylearningcenter.coursesform.com](http://valleylearningcenter.coursesform.com). Scan QR to go directly to online registration.



## Math Compass Test Preparation

This course is designed to help students review for and maximize performance on the math portion of the Compass Test. The Compass Test is a requirement for college placement and some businesses also use these test scores. Learn great test taking strategies and review some forgotten skills! Cost includes the fee for taking one test. High school age and older are welcome.

**Irick**

**\$30.00**

**Day/Time: S, 9:00AM - 12:00PM**

**Starts: 3/19/2016 Ends: 3/19/2016**

**1 Session(s)**

**MV Town Hall**



## Substitute Teaching

Become a substitute teacher with your high school diploma (or GED) and this class. This class is designed to prepare students to become substitute teachers. It will cover the use and application of lesson plans, elements of instruction, emergency plans, classroom organization and behavior management skills. Students will learn about duties and job descriptions for all levels. Successful completion of the course is based on attendance. Upon completion and with additional observation time, you can meet the requirements to become a certified substitute teacher in the state of Wyoming. Additionally, you will be required to undergo background checks to work in local school districts. Classes are Wednesdays except for one Monday date: March 7th. This will be instead of Wednesday March 9th. If you have ever been a substitute teacher before, and your certification has lapsed, this class is not for RE-certification. For more information see: [ptsb.state.wy.us/ProfessionalDevelopment](http://ptsb.state.wy.us/ProfessionalDevelopment).

**Irick**

**\$85.00**

**Day/Time: W, 6:00PM - 9:00PM**

**Starts: 2/3/2016 Ends: 3/23/2016**

**8 Session(s)**

**Valley Learning Center**

## Eat Better for Less

Fun lessons including basic cooking, menu planning, saving money at the grocery store, reading food labels, feeding young children and more. Cent\$ible Nutrition is designed to help families eat better for less. Participants receive a computer diet analysis and may qualify to receive a free cookbook. Registrations taken at the Valley Learning Center and through U.W. Extension office (782-7423 ext.3)

**Barker**

**\$0.00**

**Day/Time: TH, 10:30AM - 12:00PM**

**Starts: 1/14/2016 Ends: 3/3/2016**

**8 Session(s)**

**Lyman Town Hall**



## Sneak Peek at Online College Classes

Want to see how online classes work? Or just let us help you make sure you're ready to start your distance learning online college class? We'll help you with log-in to Mustang Cruiser, become familiar with all the services found there, and give you an overview of Blackboard - the online classroom for internet courses where the teacher and students interact. For more information, call 307-782-6401 or email [shissong@wwcc.wy.edu](mailto:shissong@wwcc.wy.edu).

**Hissong**

**Valley Learning Center**

**No tuition**

**Day/Time: M-TH, 2-4pm**

**Please contact for appointment**

## HiSet and GED Prep Class

**Varela/Irick**

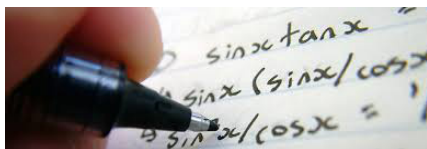
**Valley Learning Center**

**Free**

**Day and Evening Sessions Available**

**Register Monthly**

Tired of that low paying job? Have dreams of college but didn't graduate high school? We can help! Valley Learning Center offers FREE HiSet and GED preparation classes for all individuals 16 and up who are not currently enrolled in high school. Our classes are small and highly individualized with plenty of one on one instruction. Let the Valley Learning Center help you pave the way for a brighter future. Come in today and begin earning your High School Diploma Equivalency!



### Math Tutoring

A little help please? Yes! Valley Learning Center offers private math tutoring. Our instructor is a seasoned professional with years of experience working with all levels of student ability. Please call to make an appointment for your one on one session at 307-782-6401.

**Irick**

**Valley Learning Center**

**\$15.00 per hour**

**Math Tutoring Sessions are by appointment only.**

## FITNESS



### Muscles & Mascara

Come to class, bring your sass and let's get fierce and fit together! It's your turn to shine. Girls, let's glisten at boot camp -- from fat-blasting cardio to weight training that sculpts. Time to lift more than just kids. Modifications will be available to make this doable for you. Exercise not only changes your body, it also changes your mind, your attitude, and your mood. Please bring a mat, water, and weights to class. Must be 16 or older to attend.

**Redmon**

**\$30**

**Day/Time: M W, 5:30am-6:30am**

**Starts: 1/4/2016 Ends: 1/27/2016**

**8 sessions**

**Urie Elementary**



### Nia Session 1

Nia is a fitness program designed for Every Body. It is an exhilarating workout that provides cardiovascular conditioning, increased flexibility and agility, strength and muscle definition ending with relaxation. Lisa motivates and teaches students to maximize their body's efficiency. Students should wear comfortable clothing that will move with you, bring a water bottle and a mat or towel for floor work and relaxation. Must be 13 years old or older.

**Bader**

**\$75.00**

**Day/Time: M W, 5:30PM - 6:45PM**

**Starts: 1/4/2016 Ends: 2/24/2016**

**16 Session(s)**

**Urie Elementary**

### Nia Session 2

**\$75.00**

**Day/Time: M W, 5:30PM - 6:45PM**

**Starts: 3/7/2016 Ends: 5/4/2016 (No class during spring break)**

**16 Session(s)**

**Urie Elementary**



### Traditional Jujutsu

Danzan Ryu Jujitsu traces its roots all the way to the samurai. Students will learn an art that teaches self-defense as a by-product, not violence. From the first day of learning customs and courtesies to then learning rolls, falls, and escapes from holds then moving to throwing, ground work and striking, with a strong emphasis on safety. Students learn to protect themselves and become physically fit. Healing arts, anatomy, physiology and massage balance out the curriculum. This class is a good way to become more physically fit and mentally challenged with increases seen in self-esteem, positive attitude, and growth in character.

Everyone 16 years and older is welcome. Younger students are accepted with instructor permission. Family discount! Two family members get to take \$10 off each registration. Three or more family members take \$15 off each registration. ALL STUDENTS MUST PAY A ONE-TIME ANNUAL \$25 MEMBERSHIP FEE to the American Jujutsu Institute for liability purposes. This once annual fee is good from January through December and is due to the instructor at your first class.

### Traditional Jujutsu - January

**Woodland**

**\$60.00**

**Day/Time: T TH, 6:00PM - 8:00PM**

**Starts: 1/5/2016 Ends: 1/28/2016**

**8 Session(s)**

**LIS Lunchroom**

### Traditional Jujutsu - February

**Woodland**

**\$60.00**

**Day/Time: T TH, 6:00PM - 8:00PM**

**Starts: 2/2/2016 Ends: 2/25/2016**

**8 Session(s)**

**LIS Lunchroom**

### Traditional Jujutsu - March

**Woodland**

**\$60.00**

**Day/Time: T TH, 6:00PM - 8:00PM**

**Starts: 3/1/2016 Ends: 3/24/2016**

**8 Session(s)**

**LIS Lunchroom**

### Traditional Jujutsu - April

**Woodland**

**\$60.00**

**Day/Time: T TH, 6:00PM - 8:00PM**

**Starts: 4/5/2016 Ends: 4/28/2016**

**8 Session(s)**

**LIS Lunchroom**

### Traditional Jujutsu - May

**Woodland**

**\$60.00**

**Day/Time: T TH, 6:00PM - 8:00PM**

**Starts: 5/3/2016 Ends: 5/24/2016**

**7 Session(s)**

**LIS Lunchroom**



### Zumba! Session 1

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that moves people toward joy and health. Zumba is an aerobic fitness program inspired by Latin and international dance rhythms. Since its inception in 2001, Zumba Fitness has grown to become the world's largest – and most successful – dance-fitness program with more than 10 million people of all shapes, sizes and ages taking weekly Zumba classes in over 90,000 locations across more than 110 countries. Give it a try! (For high school age and older.)

**Henderson**

**\$40.00**

**Day/Time: T, 7:00PM - 8:00PM**

**Starts: 3/8/2016 Ends: 5/3/2016**

**8 Session(s)**

**Urie Elementary**

### Zumba! Session 2

**Henderson**

**\$40.00**

**Day/Time: T, 7:00PM - 8:00PM**

**Starts: 1/12/2016 Ends: 3/1/2016**

**8 Session(s)**

**Urie Elementary**

Sign up early! Happiness is never having to cancel a class. Register online at [valleylearningcenter.coursesform.com](http://valleylearningcenter.coursesform.com).





## HEALTH & SAFETY



### CPR & First Aid Combo – January

Get two certifications during one class! CPR/AED for Professional Rescuers and Health Care Providers, and First Aid, will BOTH be covered in this class. CPR section: designed to give students the skills and knowledge to recognize and respond to cardiac and breathing emergencies until advanced medical help arrives. Students will receive current Red Cross CPR and AED (Automated External Defibrillator) certification for Adults, Children and Infants current for two years from the date of the class. This class meets OSHA and MSHA requirements, and certification for medical professionals is also available with advance notice to the instructor. The FIRST AID section is designed to give students the skills and knowledge to recognize and respond to sudden medical emergencies such as seizures, diabetic problems, heat or cold related emergencies, or injuries. Certification is current for two years from the date of the class. CPR Professional Rescuer Certification available with instructor notification. PTSB and POST credit available with instructor notification.

**Davis**

**\$80.00**

**Day/Time: S, 8:00AM - 12:00PM**

**Starts: 1/23/2016 Ends: 1/23/2016**

**1 Session(s)**

**MV Town Hall**

### CPR & First Aid Combo – April

**Davis**

**\$80.00**

**Day/Time: S, 8:00AM - 12:00PM**

**Starts: 4/30/2016 Ends: 4/30/2016**

**1 Session(s)**

**Valley Learning Center**

### CPR/AED for Professional Rescuers and Health Care Providers – February

This class is designed to give students the skills and knowledge to recognize and respond to cardiac and breathing emergencies until advanced medical help arrives. Students will receive current American Red Cross CPR and AED (Automated External Defibrillator) certification for Adults, Children and Infants current for two years from the date of the class. This class meets OSHA and MSHA requirements, and certification for medical professionals is also available with advance notice to the instructor. PTSB and POST credit available with instructor notification.

**Davis**

**\$50.00**

**Day/Time: T, 6:00PM - 8:00PM**

**Starts: 2/9/2016 Ends: 2/9/2016**

**1 Session(s)**

**Valley Learning Center**

### CPR/AED for Professional Rescuers and Health Care Providers – March

**Davis**

**\$50.00**

**Day/Time: T, 6:00PM - 8:00PM**

**Starts: 3/8/2016 Ends: 3/8/2016**

**1 Session(s)**

**Valley Learning Center**



**The Keys to Defensive Driving**

### Defensive Driving Course

The National Safety Council Defensive Driving Course is a popular, fast-paced, four-hour classroom program. It is beneficial to new drivers, and makes for an ideal refresher course for experienced drivers. You'll learn the consequences of poor choices made behind the wheel—and see defensive driving in a personal context. You'll learn practical strategies to reduce collision related injuries, fatalities and costly repairs. Many, but not all, insurance companies offer a discount on your premiums for having completed the course. Be sure to check with your agent BEFORE taking the course if you are hoping for a discount. Age requirement: 15 years and older. Driver's license not required. All levels of driving experience accepted.

**Davis**

**\$40.00**

**Day/Time: S, 8:00AM - 12:00PM**

**Starts: 4/9/2016 Ends: 4/9/2016**

**1 Session(s)**

**Valley Learning Center**



### Mine Safety & Health Administration (MSHA)

MSHA Training available locally upon request. Classes available include: New Miner, Underground, Refresher, and Surface. Surface annual refresher training is mandatory training which allows students to maintain current MSHA certification to work in surface mines. For all MSHA training, please contact Dave Black at (307) 780-5817 for scheduling and enrollment.

**Black**

**Valley Learning Center**

## EMPLOYMENT



### Job Seeking Skills

This excellent course covers three areas vital to any job seeker:

**Job Searching & Matching** - This class will help one learn how to use the WyomingatWork.com website in job search activities. The principles learned can be applied to other job search/announcements websites. Pre-requisites: create account for the WyomingatWork.com website (minimum username and password). Class will cover subjects such as Labor Market Information, on-line resumes, virtual recruiters and job skills identification utilizing the WyomingatWork.com website.

**Resume & Cover Letter** - This class will help one understand the purpose, information on a resume, and types of resumes and their uses. Discussion of cover letters, their purpose and how to write a cover letter. If time allows, critiques of individual resumes will be done. Discussion will cover information on a resume, formatting a resume, and how to use your information for interviewing. Pre-requisite: WyomingatWork.com registration.

### Interviewing and Dressing for Success

- This class will help participants prepare for interviews. Class provides information on interviewing techniques for successful interviewing, identifying your skills. Also discussed will be attire for interviewing. If time allows, practice interviews will be conducted. Pre-requisites: WyomingatWork.com registration.

### Job Seeking Skills - February

**Slone**

**Free**

**Day/Time: T, 2:00PM - 4:00PM**

**Starts: 2/9/2016 Ends: 2/23/2016**

**3 Session(s)**

**Valley Learning Center**

### Job Seeking Skills - March

**Slone**

**Free**

**Day/Time: T, 2:00PM - 4:00PM**

**Starts: 3/8/2016 Ends: 3/22/2016**

**3 Session(s)**

**Valley Learning Center**

### Job Seeking Skills - April

**Slone**

**Free**

**Day/Time: T, 2:00PM - 4:00PM**

**Starts: 4/5/2016 Ends: 4/19/2016**

**3 Session(s)**

**Valley Learning Center**

# BEAUTY



## Basics of Braiding

Does your ballerina need a tight hair bun? Darling dancer need a hairdo that will stay in place? Awesome athlete need a braid that is both strong and feminine? Then this is the class for you! Come learn all the basics of braiding and bunning and bowing! Bring your daughter, niece, sister, cousin, or gal pal! You'll need a head of hair to practice with. Comb and spray bottle provided at the class. All ages welcome. No charge for kids under 12 if with a paying student.

**Thomas**

**\$25.00**

**Day/Time: M, 6:00PM - 7:30PM**

**Starts: 1/18/2016 Ends: 1/18/2016**

**1 Session(s)**

**Valley Learning Center**

## 16 Fresh Looks for 2016

Whether it's hair, make-up, accessories, or wardrobe – everyone needs a fresh look from time to time. Come find ideas to help you look good and feel great about your image. Bring a friend and have some fun!

**Thomas**

**\$20.00**

**Day/Time: M, 6:00PM - 7:30PM**

**Starts: 2/22/2016 Ends: 2/22/2016**

**1 Session(s)**

**Valley Learning Center**

You don't want to miss this! Register online at [valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com). Scan QR to go directly to online registration.



## Make-up for Tweens & Teens

Most young girls want to try make-up at some point. So, bring them to class and let them learn some helpful tips! Girls: come learn how to enhance your beautiful face features, how to take care of your skin, and how to find products that won't give you breakouts. Skin, eyes, cheeks, lips – we'll cover it all and give you a chance to practice! Bring your clean face and your questions! Mother/daughter combos are encouraged. Pay only for the tween or teen attending. You will even get to leave with some make-up of your own!

**Thomas**

**\$30.00**

**Day/Time: T, 6:00PM - 8:00PM**

**Starts: 3/22/2016 Ends: 3/22/2016**

**1 Session(s)**

**Valley Learning Center**

# KIDS CLASSES



## Cooking is Fun!

Kids can learn to cook and have fun too! We will be learning how to make a kid friendly breakfast, lunch, snack, and dinner. We will also be learning some basics of health including hand washing, healthy eating habits and more. This will be a very fun class for children. They will learn recipes and habits they can use all their life! For kids K - 5th.

**Lantz**

**\$30.00**

**Day/Time: TH, 4:30 PM - 5:30 PM**

**Starts: 2/4/2016 Ends: 2/18/2016**

**3 Session(s)**

**LIS**

## Crazy Creations

Cool projects kids will make and take! They'll love the smells, colors, and textures of homemade play dough. And, whether you squeeze it or squish it - green slime is always gobs of entertainment! Bring an apron and be ready to create some crazy fun. For ages 3rd – 6th grade.

**Lantz**

**\$20.00**

**Day/Time: F, 9:30-11:30am**

**Starts: 3/4/2016 Ends: 3/4/2016**

**1 Session**

**LIS**



## Spanish for Kids

Hola! Learning a foreign language is fun and good for you! Children who have studied a foreign language at the elementary level score higher on tests in reading, language arts, and math. Kids in this class will get an introduction to basic Spanish vocabulary and expressions. We'll learn some basic Spanish greetings, how to talk a little about yourself, count to 10, basic shapes and colors. Ages K-8.

**Oroz**

**\$35.00**

**Day/Time: T, 4:30PM - 5:30PM**

**Starts: 1/26/2016 Ends: 2/23/2016**

**5 Session(s)**

**Valley Learning Center**

## Babysitting 101

Young babysitters will learn how to keep children safe and happy. This class will learn how to use fun and educational games and activities for kids, how to prepare healthy snacks, and what information a young babysitter needs from the parents. Come find out how to take care of the kids and please the parents too!

For ages 10-15.

**Varela**

**\$10.00**

**Day/Time: S, 10:00AM - 12:00PM**

**Starts: 2/13/2016 Ends: 2/13/2016**

**1 Session(s)**

**Valley Learning Center**





### Spring Art with Van Gogh

Students will learn about Vincent Van Gogh as they create a painting in his style. Each child's project will be an individual expression using pastels and ink as we create variations with a Van Gogh flare! Sign up 2 weeks before the start date and get \$5 off the fee. Two or more in same family get \$5 off per child. The class is for ages 7-12. Please bring an apron and dress for mess!! Feb 5 and 19, 2016.

**Voss**  
**\$40.00**

**Day/Time: F, 9:30AM - 11:45AM**  
**Starts: 2/5/2016 Ends: 2/19/2016**  
**2 Session(s)**  
**Valley Learning Center**



### TUMBLING PRE-SCHOOL (4:30-5:00PM) TUESDAY

Tumbling Level PRE-SCHOOL - is a special 30 minute class for our newest tumblers! All potty-trained children, ages 3-4 are welcome to join this fun-filled class! Come and join our popular and exciting tumbling class. We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities. We will learn beginning skills such as forward and backward rolls in all positions, cartwheels, headstands, and the beginning motor skills to prepare them for future tumbling. Parents must sign-in/out children from each class. Due to popular demand there are two time slots for the PRE-SCHOOL Level. You can sign up for Tuesdays OR Wednesdays for the 4:30-5:00pm class. Recital is the last day at your regular class time.

**Stiglitz**  
**\$49.00**

**Day/Time: T, 4:30PM - 5:00PM**  
**Starts: 3/1/2016 Ends: 5/3/2016**  
**9 Session(s)**  
**LIS**

### TUMBLING PRE-SCHOOL (4:30-5:00pm) WEDNESDAY

Tumbling Level PRE-SCHOOL - is a special 30 minute class for our newest tumblers! All potty-trained children, ages 3-4 are welcome to join this fun-filled class! Come and join our popular and exciting tumbling class. We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities. We will learn beginning skills such as forward and backward rolls in all positions, cartwheels, headstands, and the beginning motor skills to prepare them for future tumbling. Parents must sign-in/out children from each class. Due to popular demand there are two time slots for the PRE-SCHOOL Level. You can sign up for Tuesdays OR Wednesdays for the 4:30-5:00pm class. Recital is the last day at your regular class time.

**Stiglitz**  
**\$49.00**

**Day/Time: W, 4:30PM - 5:00PM**  
**Starts: 3/2/2016 Ends: 5/4/2016**  
**9 Session(s)**  
**LIS**

### Tumbling Level 2 - Tues, 5pm

Come join our popular and exciting tumbling class! This class is for beginners who are 5 years old or older. We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities! We will be learning skills in addition to preschool skills, handstands, round offs, backbends, and many more! There are TWO Level 2 class times to choose from. Level 2 is on Tuesdays from 5-6pm OR from 6-7pm. Recital is the last day at your regular class time.

**Stiglitz**  
**\$59.00**

**Day/Time: T, 5:00PM - 6:00PM**  
**Starts: 3/1/2016 Ends: 5/3/2016**  
**9 Session(s)**  
**LIS**

### Tumbling Level 2 -Tues, 6pm

Come join our popular and exciting tumbling class! This class is for beginners who are 5 years old or older. We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities! We will be learning skills in addition to preschool skills, handstands, round offs, backbends, and many more! There are TWO Level 2 class times to choose from. Level 2 is on Tuesdays from 5-6pm OR from 6-7pm. Recital is the last day at your regular class time.

**Stiglitz**  
**\$59.00**

**Day/Time: T, 6:00PM - 7:00PM**  
**Starts: 3/1/2016 Ends: 5/3/2016**  
**9 Session(s)**  
**LIS**

### Tumbling Level 3 - Wed, 5pm

Come and join our popular and exciting tumbling class. This class is for intermediate tumblers. We will be focusing on the development of movement skills. Children will learn action, balance, and coordination with a range of different activities! In addition to prior skills, we will be learning back walk overs, front walk overs, and much more. All tumblers in this class must have previous tumbling experience. Recital is the last day at your regular class time.

**Stiglitz**  
**\$59.00**

**Day/Time: W, 5:00PM - 6:00PM**  
**Starts: 3/2/2016 Ends: 5/4/2016**  
**9 Session(s)**  
**LIS**

### Tumbling Level 4

After completing the required skills of previous levels students will enjoy learning more advanced skills such as front handsprings, dive cartwheels, back extensions, back handsprings, and much more. Students registering in this class must have coach approval. This class is Wednesdays, 6pm-7pm. Recital is last day of your regular class time.

**Stiglitz**  
**\$59.00**

**Day/Time: W, 6:00PM - 7:00PM**  
**Starts: 3/2/2016 Ends: 5/4/2016**  
**9 Session(s)**  
**LIS**



### Karate

Tang Soo Do is a traditional Korean style of Karate that stresses the development of character as well as physical fitness and improvement. The course is designed to develop the fundamental techniques of blocking, punching, striking and kicking. Proper form, balance, coordination and control are achieved through the repetition of basic techniques, stances, conditioning exercises and the practice of kata (formal exercises which combine basic karate techniques) as well as coordinated three-step sparring with a partner. Our purpose is to introduce students to a comprehensive program which incorporates the techniques and principles of traditional Karate and other martial arts in a noncompetitive group environment. The emphasis is on self-development and cooperation rather than on competition. Training in traditional martial arts provides both physical and mental development which leads to the balanced growth of the student's body and mind. This training also enriches the students' lives by giving them an understanding of certain martial values and virtues. Age 6 years old and up. ALL STUDENTS MUST PAY A ONE-TIME ANNUAL \$25 MEMBERSHIP FEE to the American Jujutsu Institute for liability purposes. This once annual fee is good from January through December and is due to the instructor at your first class.

Woodland  
\$35.00  
Karate-January  
Day/Time: T TH, 5:00PM - 6:00PM  
Starts: 1/5/2016 Ends: 1/28/2016  
8 Session(s)  
LIS Lunchroom

Karate-February  
Day/Time: T TH, 5:00PM - 6:00PM  
Starts: 2/2/2016 Ends: 2/25/2016  
8 Session(s)  
LIS Lunchroom

Karate-March  
Day/Time: T TH, 5:00PM - 6:00PM  
Starts: 3/1/2016 Ends: 3/24/2016  
8 Session(s)  
LIS Lunchroom

Karate-April  
Day/Time: T TH, 5:00PM - 6:00PM  
Starts: 4/5/2016 Ends: 4/28/2016  
8 Session(s)  
LIS Lunchroom

Karate-May  
Day/Time: T TH, 5:00PM - 6:00PM  
Starts: 5/3/2016 Ends: 5/24/2016  
7 Session(s)  
LIS Lunchroom



Michal Smith,  
VLC Community Education Coordinator



*Don't miss out on the  
fun...  
**REGISTER TODAY!***

## COMMUNITY INFORMATION



### Hunter Safety

A listing of Hunter Safety courses can be found online at <https://wgfd.wyo.gov/HunterEdRegistration/frmCourseList.aspx>



**AUTHORIZED CENTER**

### Pearson Vue Testing

Valley Learning Center is a Pearson Vue Testing Center. If you have a test administered through Pearson Vue, check with your test scheduler for availability through Valley Learning Center.



### Public Health Events

-Blood Draw is April 7, 8, and 9, 2016, at Clifford-Olguin Dental Care. These blood screenings are provided at minimal cost and include many testing options such as full blood chemistry profile and bone density testing. You must fast for 12 hours before the blood draw.

-Health Fair is April 30, 2016 at Lyman High School. At the Health Fair you can pick-up your Blood Draw test results. There are lots of health and wellness booths at this major community event. For any questions you can call the local Public Health Office at 307-787-3800.



### Western Wyoming Community College Theater Productions

Purchase tickets at [wwcc.wy.edu/academics/theatre/tickets.htm](http://wwcc.wy.edu/academics/theatre/tickets.htm)

### Western Wyoming Community College 2016 Theater Productions

#### Something Happened on the Way to the Forum

February 26, 27, March 3, 4, 5

#### Messiah - Easter Concert

March 18, 19

#### Desert Dance Theatre

April 21, 22, 23

Purchase tickets at [westernwyoming.edu/academics/theatre/tickets](http://westernwyoming.edu/academics/theatre/tickets)



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[www.ed2go.com/bv](http://www.ed2go.com/bv)

## Need Teacher Recertification Credits?

Some of our Community Education courses and Ed2Go on-line classes are approved for teacher in-service credit towards re-certification. If you are taking a class for PTSB re-certification credit, please let the instructor know before the class begins.

### Previously Wyoming PTSB Approved Courses

(Ed2Go course credit - 1.5 cr each, others as indicated)

**WORD 2013 BASICS - .5 PTSB CREDIT**  
VALLEYLEARNINGCENTER.COURSESTORM.COM

**EXCEL 2013 BASICS - .5 PTSB CREDIT**  
VALLEYLEARNINGCENTER.COURSESTORM.COM

**CPR & FIRST AID – CREDIT VARIES**  
VALLEYLEARNINGCENTER.COURSESTORM.COM

**CPR/AED FOR PROFESSIONAL RESCUERS & HEALTH CARE PROVIDERS**  
VALLEYLEARNINGCENTER.COURSESTORM.COM

**LIVING HISTORY AT FORT BRIDGER – 1 PTSB CREDIT**  
VALLEYLEARNINGCENTER.COURSESTORM.COM

**ACTIVE PARENTING – PENDING PTSB APPROVAL**  
VALLEYLEARNINGCENTER.COURSESTORM.COM

**TEACHING MATH GRADES 4-6**  
WWW.ED2GO.COM/ BV

**USING THE INTERNET IN THE CLASSROOM**  
WWW.ED2GO.COM/ BV

**INTRODUCTION TO PHOTOSHOP CS5**  
WWW.ED2GO.COM/ BV

**TEACHING PRESCHOOL: A YEAR OF INSPIRING LESSONS**  
WWW.ED2GO.COM/ BV

**TEACHING STUDENTS WITH LEARNING DISABILITIES**  
WWW.ED2GO.COM/ BV

**SOLVING CLASSROOM DISCIPLINE PROBLEMS**  
WWW.ED2GO.COM/ BV

**EMPOWERING STUDENTS WITH DISABILITIES**  
WWW.ED2GO.COM/ BV

**TEACHING WRITING: GRADES 4-6**  
WWW.ED2GO.COM/ BV

**GUIDED READING AND WRITING STRATEGIES FOR MAXIMUM STUDENT ACHIEVEMENT**  
WWW.ED2GO.COM/ BV

**CREATING CLASSROOM CENTERS**  
WWW.ED2GO.COM/ BV

**A TO Z GRANTWRITING**  
WWW.ED2GO.COM/ BV

**LEADERSHIP**  
WWW.ED2GO.COM/ BV

**ENHANCING LANGUAGE DEVELOPMENT IN CHILDHOOD**  
WWW.ED2GO.COM/ BV

**SINGAPORE MATH NUMBER SENSE & COMPUTATIONAL STRATEGIES**  
WWW.ED2GO.COM/ BV

**INTERMEDIATE PHOTOSHOP CS6**  
WWW.ED2GO.COM/ BV

**HOMESCHOOL WITH SUCCESS**  
WWW.ED2GO.COM/ BV

**CREATING WEB PAGES-**  
WWW.ED2GO.COM/ BV

**RESPONSE TO INTERVENTION: READING STRATEGIES THAT WORK**  
WWW.ED2GO.COM/ BV

**READY, SET, READ!**  
WWW.ED2GO.COM/ BV

**GET ASSERTIVE!**  
WWW.ED2GO.COM/ BV

**INTRODUCTION TO MICROSOFT WORD 2010**  
WWW.ED2GO.COM/ BV

**SURVIVAL KIT FOR NEW TEACHERS**  
WWW.ED2GO.COM/ BV

**CREATING A CLASSROOM WEB SITE**  
WWW.ED2GO.COM/ BV

**UNDERSTANDING ADOLESCENTS**  
WWW.ED2GO.COM/ BV

**TEACHING WRITING: GRADESK-3**  
WWW.ED2GO.COM/ BV

**SPANISH IN THE CLASSROOM**  
WWW.ED2GO.COM/ BV

**TEACHING STUDENTS WITH AUTISM: STRATEGIES FOR SUCCESS**  
WWW.ED2GO.COM/ BV

**LOCAL COMMUNITY EDUCATION COURSES**  
**TEACHING SCIENCE: GRADES 4-6**  
WWW.ED2GO.COM/ BV

**TEACHING ADULT LEARNERS**  
WWW.ED2GO.COM/ BV

**THE CREATIVE CLASSROOM**  
WWW.ED2GO.COM/ BV

**DISCOVER DIGITAL PHOTOGRAPHY**  
WWW.ED2GO.COM/ BV

**SINGAPORE MATH STRATEGIES: ADVANCED MODEL DRAWING FOR GRADES 6-9**  
WWW.ED2GO.COM/ BV

Contact the Wyoming Department of Education Professional Teaching Standards Board to confirm credit approval for the above courses. Website – [ptsb.state.wy.us](http://ptsb.state.wy.us), click on Professional Development tab, then on View Upcoming PTSB Approved Workshops link. Or contact at -

Professional Teaching Standards Board  
1920 Thomas Avenue, Suite 400, Cheyenne, WY 82002  
Phone (307) 777-7291 | Fax (307) 777-8718 | 1-800-675-6893



# VALLEY LEARNING CENTER CAREER AND COLLEGE READINESS CENTER



## Monthly Registration and Enrollment

Valley Learning Center can help anyone, 16 years of age or older, prepare and successfully earn a Wyoming High School Equivalency Certificate. (16 & 17 year old students require a state issued age waiver). To begin preparation, students are given placement tests in reading, writing and math to determine their preparation needs. Come in and we can help you with an individualized study schedule and instruction that will prepare you to succeed. Scholarships are available for those who qualify. Getting your Wyoming High School Equivalency Certificate enhances your education, employment, and money earning opportunities.



*Melissa Varela, ABE Program Coordinator*

## Adult Basic Education Skills Free

### Valley Learning Center

Classes in reading, writing, and math are available to those individuals who want to obtain a High School Equivalency Certificate or improve their basic skills. These are individualized studies of English Grammar, Writing Skills and Math Skills. It covers grammar, punctuation, basic writing skills, basics of math, algebra and geometry. This is a great class to prepare you for college, helping your children, or just improve your writing and math ability. Small classes and individualized instruction allow for personal attention in order to meet the student's schedule and specific needs. Computerized instruction, individual tutoring and an open study lab are available during the day and evening. The Center administers the HSEC tests at regularly scheduled times.

## VLC Career and College Readiness Center Hours:

Monday through Thursday – 10:00 am to 3:00 pm  
Evenings – Tuesdays and Thursdays – 6:00 pm to 9:00 pm  
After Labor Day to Memorial Day weekend



*Graduates at Commencement*

## Math for the Real World and Basics of Algebra Tutoring

**\$15/hour**

### Valley Learning Center

**M & W by appointment only**

Math is one of those skills that is commonly lacking or is easily forgotten. This class will start at your level and work you up to where you want to be. Individualized instruction allow for personal attention in order to meet student's schedule and specific needs. This is a great class to prepare you for college, helping your children, or just improve your math skills. The basics of math, algebra and geometry can be covered. This will also give you preparation for college math classes and the college placement testing.

## Adult Basic Education Employability Skills Building Free

### Valley Learning Center

Students have the opportunity to earn a Wyoming Career Readiness Certificate (CRC) to demonstrate their skills and potential to employers. The program offers skills training in various areas of career development including job search, resume writing, interviewing techniques, abilities and aptitudes assessments, as well as reading for information, applied math, and locating information.



*ABE Instructor Linda Irick and ABE student*

## English as a Second Language Free

### Valley Learning Center

**Open entry/open exit**

The Valley Learning Center ESL class is designed for foreign born students who want to improve their English speaking, listening and writing skills. The class offers conversational practice and study labs are available to meet the needs of a beginning, intermediate or advanced ESL student. Must register.



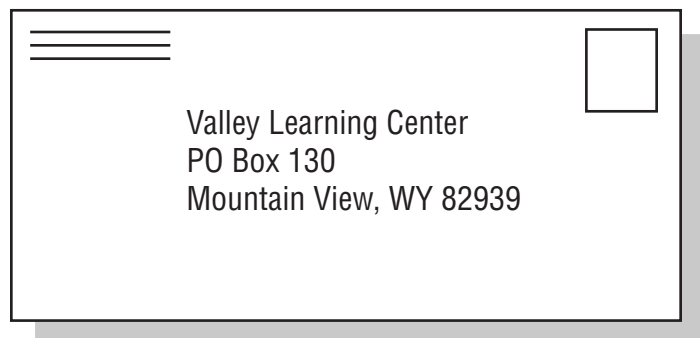
*ESL Classroom*



*ABE Student Presentation*

# EASY WAYS TO REGISTER

## Mail your registration to:



**Phone:**  
307-782-6401



**Email:**  
vlc@wwcc.wy.edu

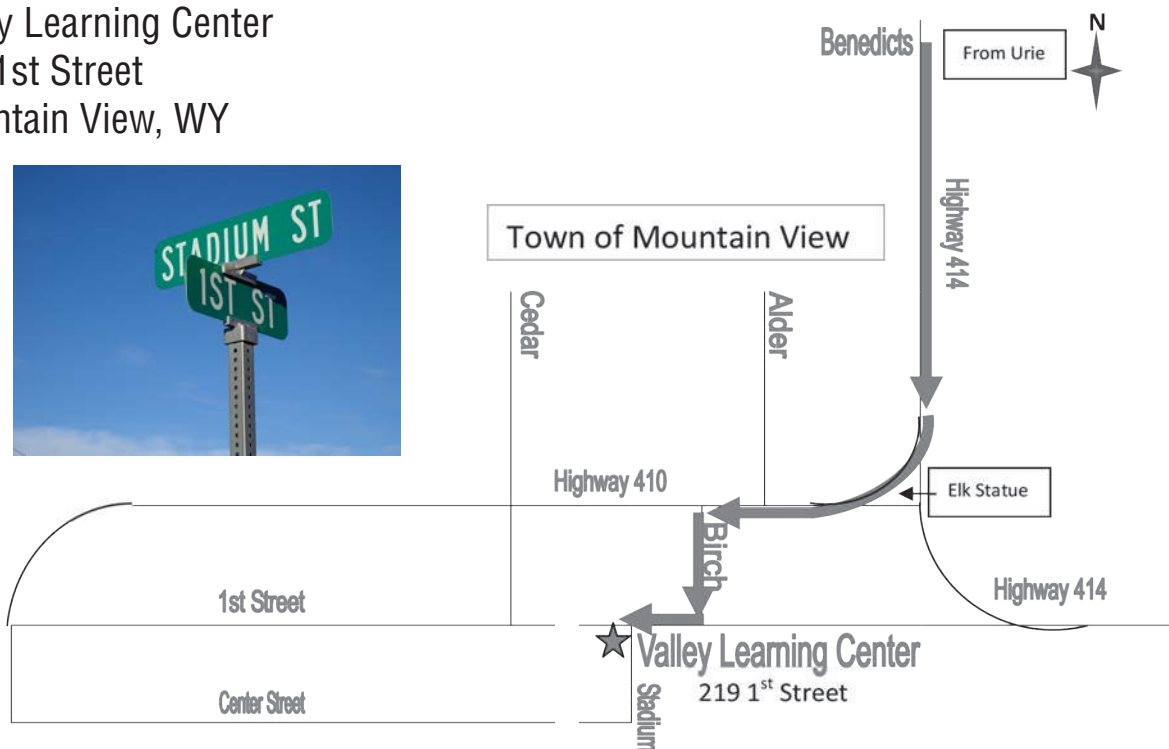


## In person at:



Valley Learning Center  
219 1st Street  
Mountain View, WY

**Online Registration:**  
Scan QR or go to  
[valleylearningcenter.coursestorm.com](http://valleylearningcenter.coursestorm.com)



*Enrich, Equip, and Educate Today's Community for Tomorrow's World*  
[www.westernwyoming.edu/vlc](http://www.westernwyoming.edu/vlc)

# NON-CREDIT REGISTRATION FORM SPRING 2016



**Valley Learning Center COMMUNITY EDUCATION**  
PO Box 130 - 219 1st Street - Mountain View, WY 82939  
PH: 307.782.6401 FAX: 307.782.7410  
westernwyoming.edu/vlc

Online Registration



valleylearningcenter.coursestorm.com

Participant Name (Last, First, Initial):			Class Name(s)	Fee	Date/Time
Mailing Address:					
City:					
State:	Zip:	Age:			
Phone #1:		Phone #2:			
Email Address:					
Card Type:	Exp Date:	Card Number:	Name on Card		
Check here if you want to be <b>excluded</b> from text messaging. <input type="checkbox"/>					
Participation in Community Education classes may result in photo image use in promotional materials					
<i>Like us on facebook at facebook.com/valleylearningcenter</i>					
<b>VLC OFFICE USE ONLY</b> Date Registered: _____ Registration taken by: _____ Payment received from: _____ Amt Received: _____ Ck# _____ Cash <input type="checkbox"/> Credit Card <input type="checkbox"/> Receipt <input type="checkbox"/>			<b>REFUND POLICY</b> Payment is required at registration and is not refundable unless a class is cancelled or the enrollee withdraws at least 1 week before the class begins. Sorry no refund is given if you withdraw the day of the class. Refunds mailed monthly.  <i>All fees are subject to change</i>		

**Do you have a hobby you would like to share or a talent you would like to learn?**

The Valley Learning Center would like to add new classes to meet your needs!

- ☐ I would like to teach a class on the topic below.  
☐ I would like to take a class on the topic below.  
☐ I would like to receive email notifications on upcoming class(es) on the topic(s) below.

Your Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_ E-mail Address \_\_\_\_\_



# SPRING 2016 COMMUNITY EDUCATION CALENDAR

## January 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	1	2
3	4 Nia	5 Karate Jujitsu	6 Nia	7 Let's Talk Photography Karate Jujitsu	8	9
10	11 Nia PowerPoint Basics	12 Karate Jujitsu Zumba	13 Post, Tweet, Pin! Nia	14 PowerPoint Basics Karate Jujitsu Eat Better for Less	15	16 CPR & First Aid
17	18 Basics of Braiding Nia Windows 10/Cloud	19 Smart Phones 101 Karate Jujitsu Zumba	20 Post, Tweet, Pin! Windows 10/Cloud Nia	21 Karate Jujitsu Eat Better for Less	22	23
24	25 Nia	26 Spanish for Kids Karate Jujitsu Zumba	27 Post, Tweet, Pin! Nia	28 Karate Jujitsu Eat Better for Less	29	30
31						

## February 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Nia	2 Karate Jujitsu Zumba Spanish for Kids	3 Nia Substitute Teaching	4 Karate Jujitsu Let's Talk Photography Cooking is Fun Eat Better for Less	5 Spring Art w/ Van Gogh	6
7	8 Nia 16 New Ways to use Old Stuff Excel Basics	9 Spanish for Kids Job Skills CPR Karate Jujitsu Zumba	10 Nia Substitute Teaching Excel Basics	11 Karate Jujitsu Living History at Fort Bridger Cooking is Fun Eat Better for Less	12 Spring Art w/ Van Gogh	13 Babyitting 101
14	15 Nia	16 Spanish for Kids Job Skills Karate Jujitsu Zumba	17 Nia Substitute Teaching	18 Karate Jujitsu Living History at Fort Bridger Cooking is Fun Eat Better for Less	19 Spring Art w/ Van Gogh	20 Photoshop Elements
21	22 Nia 16 Fresh Looks for 2016	23 Karate Jujitsu Zumba Spanish for Kids Job Skills	24 Nia Substitute Teaching	25 Karate Jujitsu Living History at Fort Bridger Eat Better for Less	26	27
28	29					

## March 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Karate Jujitsu Zumba Tumbling	2 Nia Substitute Teaching Tumbling	3 Karate Jujitsu Let's Talk Photography Living History at Fort Bridger Eat Better for Less	4 Crazy Creations	5
6	7 Nia Substitute Teaching Beg. Conversational Spanish	8 CPR Job Skills Karate Jujitsu Zumba Tumbling	9 Nia Tumbling	10 Fun with Personal Creativity Karate Jujitsu Living History at FB	11	12
13	14 Nia Beg. Conversational Spanish	15 Job Skills Karate Jujitsu Zumba Tumbling	16 Nia Substitute Teaching Tumbling	17 Fun with Personal Creativity Karate Jujitsu Living History at Fort Bridger	18	19 Math Compass Test Preparation
20	21 Nia Beg. Conversational Spanish	22 Make-up for Tweens & Teens Job Skills Karate Jujitsu Zumba Tumbling	23 Nia Substitute Teaching Tumbling	24 Fun with Personal Creativity Karate Jujitsu Living History at Fort Bridger	25	26
27	28 Spring Break	29 Spring Break	30 Spring Break	31 Spring Break		

## April 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Spring Break	2
3	4 Nia Beg. Conversational Spanish	5 Karate Jujitsu Zumba Job Skills Tumbling	6 Planes, Trains, & Automobiles Nia Tumbling	7 Karate Jujitsu Let's Talk Photography Living History Fort Bridger	8	9 Defensive Driving
10	11 Nia Beg. Conversational Spanish	12 Karate Jujitsu Zumba Job Skills Tumbling	13 Nia Tumbling	14 Karate Jujitsu Living History Fort Bridger	15	16
17	18 Nia Beg. Conversational Spanish	19 Karate Jujitsu Zumba Job Skills Tumbling	20 Nia Tumbling	21 Karate Jujitsu	22	23
24	25 Nia History & Uses of Essential Oils	26 Karate Jujitsu Zumba Tumbling	27 Nia Tumbling	28 Karate Jujitsu	29	30 CPR & First Aid