SDI Review Form 1.6

Journal Name:	British Journal of Medicine and Medical Research
Manuscript Number:	**MS: 2012/BJMMR/2313**
Title of the Manuscript:	**Reasons and barriers to lose weight: obese adolescents' point of view.**

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- This form has total 9 parts. Kindly note that you should use all the parts of this review form.

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	Reviewer's comment	Author's comment *(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)*
Compulsory REVISION comments	Line 105: analysis wasn't truly anonymous, as the interviewer and coder were (apparently) the same person. Adolescents' perception of their family's involvement and supportiveness is particularly important. It was not clear to me until the final page of the paper that responses related to family were coded as "social support." This should be made explicit much earlier in the paper. More broadly, it would be helpful for the authors to give examples of adolescents' responses to the motivation and barriers questions that were coded in each content category. I recommend one obvious and one not-so-obvious example of each. This could be done in table form.	
Minor REVISION comments	The introduction could be more concise. Suggestion for flow: 1)what is known about wt loss motivation and barriers in adults; 2) what might we expect to see in adolescents, based on theory; 3) this study was conducted to fill an empirical gap Line 189 describes the maintenance of a 10% loss at 1 year as a "generous" definition of success. Given the results of studies like the Diabetes Prevention Program, I	

	would say that a 10% loss at 1 year is a fairly high threshold for the definition of success. Please consider revising.	
Optional/General comments	The paper will require proofreading and editing for grammar and readability.	

Reviewer Details:

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