Scaffolding Classroom Management With Positive Behavior Support Part 1 – Preparing for Students



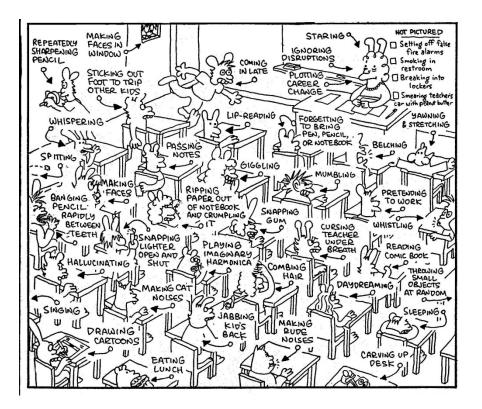


Child Study System Learning Support Services Austin Independent School District

Updated July 2015

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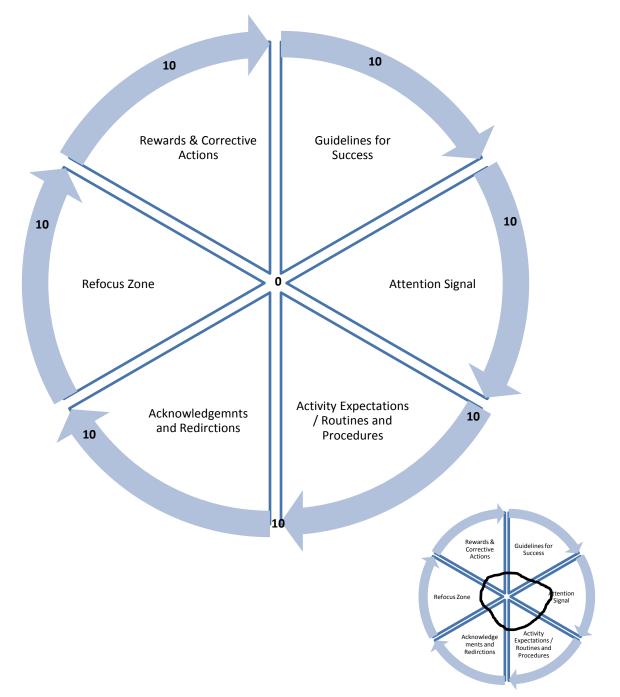
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Part 1 – Foundations

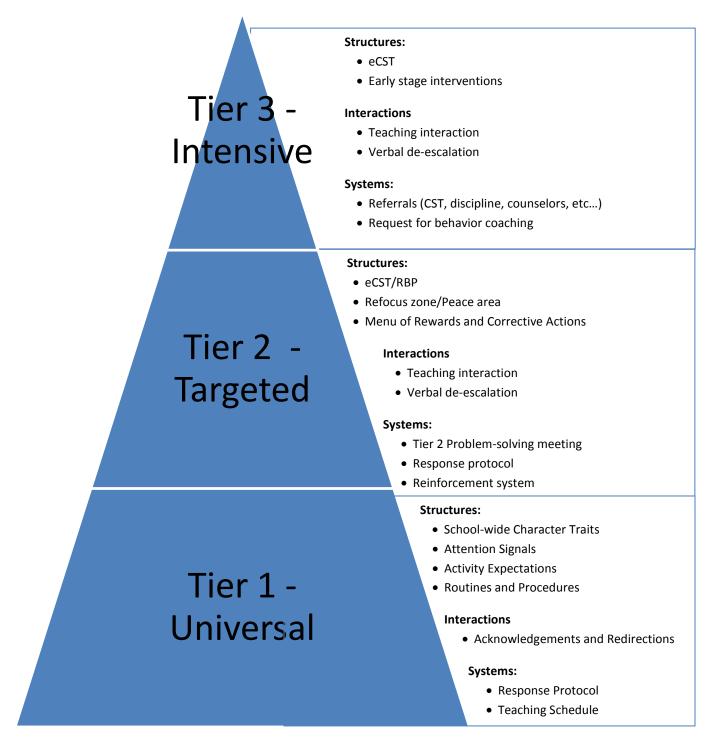
Assessing Behavior Management Preparation

Directions: The 7 sections in the Positive Behavior Support Wheel represent the components of a strong classroom management system. On a scale from 0 (the center of the wheel) to 10 (the outer edge of the wheel), rank your level of implementation for each component. 0 is no implementation and 10 is highly effective implementation. Place a point in each wedge to indicate your level of effectiveness for each wedge. Connect the points to create a new outer edge. The new perimeter represents the effectiveness of your behavior management system.



Planning for Behavior Management

Creating a functioning classroom requires thoughtful planning, implementation, and maintenance. Teachers need to define, teach, and reinforce consistent classroom structures and systems to create classrooms in which students and adults can articulate and model clear expectations. When systems, structures, and interactions are functional, it allows for day-to-day management of the classroom that ensures the teacher has time to focus on academic learning.



Behavior Management and Discipline Planning

Directions: For each question, circle the number under the statement that best answers the question. When you are unsure about the answer to a question, circle the middle number. Total the scores for all items. Use the scale at the end of the form to determine the most appropriate structure level for your classroom management plan.

Que	Questions 1 – 6 relate to the population of the entire school.					
1.	How would	you describe the	Generally, behavior is quite	Most students behave	Generally responsible. I	
	overall beha	avior of students in	irresponsible. I frequently	responsibly but about 10	rarely find it necessary to nag	
	your school	?	have to nag and/or assign	percent put me in the	and/or assign consequences.	
			consequences.	position where I have to		
				nag and/or assign		
			10	consequences.		
2.	What perce	ntage of students in	60 percent or more	10 to 60 percent	Less than 10 percent	
	your school	qualify for free or				
	reduced lun		10	5	o	
3.		ntage of students in	50 percent or more	10 to 50 percent	Less than 10 percent	
	•	typically move in				
		of the school during				
	the school y		10	5	0	
4.		you describe the	A large percent hate school	It's a mix, but most students	The vast majority of students	
		ude of students	and ridicule the students who	feel okay about school.	like school and are highly	
	toward scho	2013	are motivated.		motivated.	
			10	5	o	
5.		you describe the	There are frequent	There is a mix, but most	The majority are interested,	
		re of interactions	confrontations which include	interactions are respectful	involved, and supportive of	
		udents and adults in	sarcasm and/or disrespect.	and positive.	what goes on in school.	
	your school	?	10			
6				5		
6.		you describe the rest and support	Many parents are openly antagonistic and many show	Most parents are at least	The majority are interested, involved and supportive of	
		the parents of the	no interest in school.	somewhat supportive of school.	what goes on in school.	
		your school?				
	students in		10	5	0	
Que	estions 7-11 r	elate to students in yo	ur class this year. Middle school	and high school teachers should	use their most difficult class, or	
			year begins, simply give your best			
7.	What grade	level do you teach?	$Pre-K-1^{st}$, 9 th	$6^{th} - 8^{th}$ or 10^{th}	2 nd – 5 th , 11 th - <u>12th</u> , or other	
			20	5	0	
8.		students do you have	30 or more	23 to 30	22 or less	
	in your class		10	5	0	
9.		reputation of this	This is the class from h*ll.	It's a mix, but most students	This group is very hard	
		idents from the		work hard and cooperate.	working and cooperative.	
4.2	previous yea		10	5	0	
10.		students in your class	Two or more	One	Zero	
	have been in emotionally		10	5	0	
11.	,	ng students identified	Three or more	One or two	Zero	
	as ED, how many students have					
	a reputatior	n for chronic	10	5	0	
	discipline pr	roblems?				
If vo	If your total is: Your risk factors are:					
	0 to 30	1		a classroom management plan th	at involves Low, Medium, or	
	High Structure.				, ,	
	31 to 60 Medium: Your students can probably be successful with a classroom management plan that involves Medium or					
	High Structure.					
e	61 to 120 High: Your students probably need a classroom management plan with High Structures to be successful.					

Adapted from Sprick, R.P. (1998). CHAMPs. Eugene, Oregon: Pacific Northwest Publishing

Categorizing Negative Behaviors

Directions: Negative behaviors are any undesired behaviors related to the current activity. List in the appropriate category all negative behaviors students exhibit in your class or any you anticipate students may exhibit.

<u>Minor Non-Disruptive</u>: behaviors do not interfere with other students' on-task behavior

<u>Minor Disruptive</u>: behaviors pull other students off-task <u>Escalated</u>: behaviors are more extreme or non-compliant <u>Crisis</u>: behaviors cause emergency situations which may pose imminent danger to student or others **Categorizing Student Behaviors**



Minor Non-Disruptive	Escalated
Minor Disruptive	
	Crisis

Common Teacher Responses to Negative Student Behavior

Directions: Sort the following list into teacher actions that are *corrective responses* to student behavior and teacher actions that are *punitive responses*. Feel free to add to the list of responses. Record answers in the boxes below:

- Lose recess time
- Move seat
- Re-do assignment
- Contact parent
- Private conversation with student
- Eye contact
- Send to another teacher's room
- Yell
- Proximity
- Detention
- Hand on student's shoulder

- Change student's color on chart
- Verbal redirection/reminder
- Non-verbal cue or prompt
- Loss of privileges
- Redirect
- ٠
- •
- •
- •
- •
- Corrective
 Punitive

 Intent is to change the behavior
 Intent is to penalize child, not behavior

 Response is usually calm, intentional, and student-centered
 Role of teacher is to assist in resolving conflict

 Role of teacher is to assist in resolving conflict
 Role of teacher is to provide a consequence

Part 2 – The Classroom Management Plan

Sample Classroom Management Plan

Classroom Guidelines for Success/Character Traits

Guideline or Character Trait	Example
Prepared	Have all materials necessary for learning
Respectful	Listen to different opinions
Respectiui	Follow classroom expectations
Industrious	Complete all work on time
industrious	Stay on task
Dependable	Arrive to class on time
Ethical	Tell the truth
Ethical	Complete own work

	Attention Signals			
1	 Verbal Cue: "I need your attention, please." 	2. Timer		

Classroom Expectations					
Attention:		Direct Te	each:		
1.	Voices off	1.	Voices off unless called on		
2.	Stop all activity/movement	2.	Stay seated		
3.	Eyes on teacher	3.	Follow directions		
4.	Follow directions	4.	Raise hand for help or permission		
Indepe	ndent Work:	Partner/	Group Work:		
1.	Voices off unless you have permission to speak	1.	Voice level: 1 – 2		
2.	Begin work right away	2.	Follow directions		
3.	Work until the task is completed	3.	Follow procedures		
4.	Stay seated unless you have permission to get up	4.	Stay in assigned space unless given permission to		
5.	Raise hand for help or permission		move		
		5.	Raise hand for help or permission		
Enterin	g Class:	Exiting C	Class:		
1.	Voice level: 1 – 2 during passing period	1.	Voice off during class		
2.	Voices off after the bell	2.	Voice level 1-3 after dismissal		
3.	Walk, keeping hands, feet, and objects to self	3.	Wait for teacher dismissal before leaving		
4.	Go directly to your assigned sear and follow	4.	Walk, keeping hands, feet and objects to self		
	procedures	5.	Ask teacher for help or permission		
5.	Raise hand for help or permission				

Acknowledgements and Redirections

Acknowledgements		Redirections		
Verbal: • I like the way is • Thank you for • is • I see • You are showing when you • Thank you for being	Non-Verbal: • Thumbs-up • Smile • Wink • Pat on the back • Hug • High five • Fist bump • Sticker	Verbal: • Please • You need to • A better choice would be 	Non-Verbal: • "The look" • Proximity • Tap on the shoulder • Tap on the desk • Head shake • "Shhhhh" signal • Wait signal • Reminder note	
• Great job of				

Rewards and Corrective Actions

Rewards		Corrective Actions		
Recognition :Student of the WeekMaster MathematicianPhone call	Parent Contact:Note homeEmail	 Restitution: Clean classroom Prepare materials for next lesson 	Parent Contact:Phone callNote homeEmail	
Time Earned:Time to work on independent projectsFree time	 Privileges Earned: Extra computer time Free choice centers Lunch with teacher Time with a preferred adult 	 Time Owed: Cool down time Time in another teacher's classroom 	Referrals: • To mentor • To counselor • To administrator	
 Positive Referral: To mentor To administrator To preferred adult 	Others: • •	 Privileges Lost Loss of materials Loss of computer time Loss of free choice centers 	Others: • •	

Creating Behavior Management Structures

Guidelines for Success/Character Traits/Rules

Directions: Guidelines for Success replace class room rules and provide a vision and standard for student and adult behavior and achievement. If you have School-Wide Guidelines for Success, we recommend using them. For each Guideline, list the examples of student behavior that demonstrate the Guideline in your classroom. Then list adult behaviors that model each guideline.

Example

Guideline or Trait:	Students Demonstrate By:	Adults Model By:
Be Prepared	Having all materials ready Being in your seat, ready for the lesson	Having lessons ready Being to class on time Having classroom open and ready for students

Guideline or Trait:	Students Demonstrate By:	Adults Model By:

Classroom Activity Expectations

Directions: Activity expectations provide predictable behavior expectations for instructional routines and classroom procedures. For each activity, list negative behaviors students exhibit during the activity. For each negative behavior, identify a positive behavior that can replace the negative behavior. Consolidate the list of positive behaviors into 3-5 positively stated, behaviorally specific expectations for the activity. Arrange the activity expectations in a predictable pattern (i.e. voice level, movement options, activity, how to get help).

	Negative Behavior	Positive Behavior	Expectations
Direct Teach			
	Negative Behavior	Positive Behavior	Expectations
Independent Work			
	Negative Behavior	Positive Behavior	Expectations
Small Group/Partner			

	Negative Behavior	Positive Behavior	Expectations
u			_
Attention			_
Ať			
			-
	Negative Behavior	Positive Behavior	Expectations
			-
ass			_
Entering Class			-
Entei			-
			_
	Negative Behavior	Positive Behavior	Expectations
			_
SS			_
Class			
Exiting Cl			-
Exi			-
			_

Routines & Procedures

Directions: Routines and procedures are the instructional and clerical systems that keep a classroom running efficiently. Below are some routines and procedures that are regularly used with students. Consider each routine: if the routine is allowed during the activity, check the box and explain how students will comply.

Pencil Sharpening	Going to the Restroom
During Direct Teach	During Direct Teach
How?	How?
During Independent Work	During Independent Work
How?	How?
During Small Group/Partner Work	During Small Group/Partner Work
How?	How?
Entering the Room	Entering the Room
How?	How?
Exiting the Room	Exiting the Room
How?	How?
Getting Materials	Putting Away Materials/Turning in Work
During Direct Teach	During Direct Teach
How?	How?
During Independent Work	During Independent Work
How?	How?
During Small Group/Partner Work	During Small Group/Partner Work
How?	How?
Entering the Room	Entering the Room
How?	How?
Exiting the Room	Exiting the Room
How?	How?
Other:	
Other.	

Attention Signals

Directions: An Attention Signal must efficiently and effectively capture the attention of all students. List attention signals you use or have seen others use. Select 1-3 attention signals to use with your students. Identify the auditory, visual, and kinesthetic components of each signal. Identify environments where each signal will be effective.

Signal	Environments		
Signal:			
Auditory component:			
Visual component:			
Kinesthetic component:			

Classroom Behavior Management Plan Template

Guidelines for Success

Guidelines	Examples

Attention Signals

1. 2.	2.
-------	----

Classroom Expectations

Attention	Direct Teach		
1.	1.		
2.	2.		
3.	3.		
4.	4.		
5.	5.		
Independent Work	Partner/Group Work		
1.	1.		
2.	2.		
3.	3.		
4.	4.		
5.	5.		
Arrival	Dismissal		
1.	1.		
2.	2.		
3.	3.		
4.	4.		
5.	5.		

Rewards and Corrective Actions

	Rewards	Rewards Corrective Actions					
Use as universal interventions							
Acknowledgement							
	Use as targeted and	intensive int	erventions				
Recognition	Time Earned	Restitutio	n	Time Owed			
Parent Contact	Privileges Earned	Parent Co	ntact	Privileges Lost			
Positive Referrals		Deferrels					
Positive Referrals		Referrals					
	Docn	onse Protoc	ol				
Initial Negative	Individual:		Group:				
Behavior Continuing Negative Behavior	 Identify negative behavior Identify positive behavior Acknowledge positive behavior (3:1 r Check for positive behavior Acknowledge positive behavior or use redirection for continued negative be Minor Non-Disruptive: Ignore negative behavior, until you have 	atio) 2 4 e fluent 5 havior 6	1. Identify negative behavior 2. Identify positive behavior 3. Use attention signal 4. Review activity expectations Fluent 5. Acknowledge positive behavior (3:1 ratio) avior 6. Use fluent redirect for negative behavior Minor Disruptive: Minor Disruptive:				
	 Ignore negative behavior, until you have time to engage Use fluent redirection Give 5 a Try Conduct teaching interaction Engage the rest of the class in an independent activity Conduct Teaching Interaction Engage the rest of the class in an independent activity Conduct verbal de-escalation, if warranted Provide the student with the choice of engaging in expected behavior or moving to the refocus zon 						
	 Check in with the class Conduct the teaching interaction Identify the crisis behavior 						
	 Identify the appropriate crisis response plan Conduct the Crisis Response Plan Document use of the Crisis Response Plan 						
Teaching Interaction:		De-Escalati 1. see y					
 Start with praise/empathy Identify the problem behavior Identify the expected behavior Justify the expected behavior Check for understanding Deliver consequence, if needed End with praise/empathy 		 Are you feeling (angry)? I can see that you are (angry). What are you (angry) about? So you're (angry) about Is that right? What do you want? What have you tried? How well has that worked? What else are you willing to try? Will you let me know how it goes? 					

Part 3 - Using the Plan

Teaching Your Expectations

Now you have a plan in place that includes student behavior expectations. You can make posters with your expectations and refer to them throughout the year. The next step is to prepare a lesson plan to teach the students what your expectations look like and sound like, and how you will respond to the behaviors, "good" and "bad."

Objective

Ensure all students understand the behavior expectations.

Time

25 minutes with daily follow up

Step 1 (2+ min)

- Post all behavior expectations
- Ask students to read each set of expectations

Step 2 (3+ min)

- Pose the question, "What do you think is the purpose of these behavior expectations?"
- Allow a couple of minutes for students to respond
- Even if no one responds, go to step 3

Step 3 (5+ min)

• Teacher adds to student responses, explaining the rationale and thinking that went into the development of each set of expectations

Step 4 (10+ min)

- Select small groups of students to demonstrate/role-play
- Begin with a non-example, demonstrate what it looks like and sounds like to *not* meet the expectations
- Follow up with examples, demonstrate what it looks like and sounds like to meet the expectations

Step 5 (Follow up daily for three weeks)

- Refer to the posters at each transition, for example, going from direct teach to independent work
- Use the same language as in the posted expectations when providing acknowledgement or redirection
- Tie incentives to the expectations
- Repeat daily for the first month of school

Follow the **3-33 Rule** – Focus on building relationships and teaching expectations for the first 3 weeks, then the next 33 weeks will be smooth sailing.

Monitoring & Acknowledging On Task Behavior (Elementary)

What is it?

A means of increasing:

- on task behavior
- individual acknowledgments
- attention provided to students who remain on task
- helps maintain a 3:1 ratio of interactions

When to Use?

- For classes where there is a pattern of less than 80% of students on task
- Continue using until more than 80% of students are regularly on task

Steps to Implement

- 1. Do daily
- 2. Give each student a slip of paper, chart, post-it-note, a cup for pom poms, a pipe cleaner for stringing beads...
- 3. Quickly explain the purpose
 - Teacher will add a tally mark (sticker, pom pom, bead) if the student is working during tally time
 - o Teacher will have tally time frequently through the day or targeted time of day
 - Once a student collects _____ number of tallies, he or she gets to choose a celebration/reward While tangible items often work, students can be very enthusiastic about experiential reward coupons such as bringing a show-and-tell item, keeping a stuffed animal at their desk for a day, computer time, free draw time, sitting in the teacher's chair, using a special pen during the day...
- 4. Tally time is when you circulate around the classroom and periodically take notice of each student, focused on the student's effort
 - Have they made sufficient progress on the assigned activity?
 - Are they focused on the work or visiting/zoning/texting/etc?
- 5. Put a tally mark on a student's slip if they are on task and making sufficient progress on the assigned activity

Note

This is a great strategy for increasing on-task behavior but can also be used to increase compliance of and engagement in other expectations set by the teacher such as:

- Following directions
- Having a safe body hands, feet, and objects to self
- Using kind and respectful language

Choose one priority behavior for the class to work on at a time. After success (>80%) is achieved and maintained over many days, consider adding or changing to another priority behavior.

Monitoring & Acknowledging On Task Behavior (Secondary)

What is it?

A means of increasing:

- on task behavior
- individual acknowledgments
- attention provided to students who remain on task
- helps maintain a 3:1 ratio of interactions

When to Use?

- For classes where there is a pattern of less than 80% of students on task
- Continue using until more than 80% of students are regularly on task

Steps to Implement

- 4. Do daily
- 5. Give each student a slip of paper or post-it-note
- 6. Quickly explain the purpose of the paper
 - o Teacher will add a tally mark on the slip if the student is working during tally time
 - Teacher will have tally time 5-7 times per class
 - o Students with 5 or more tallies will be dismissed when the bell rings
 - o Students with less than 5 tallies will be dismissed by name
- 9. Tally time is when you circulate around the classroom and periodically take notice of each student, focused on the student's effort
 - Have they made sufficient progress on the assigned activity?
 - Are they focused on the work or visiting/zoning/texting/etc.?
- 10. Put a tally mark on a student's slip if they are on task and making sufficient progress on the assigned activity
- 11. Make sure to circulate and tally 5-7 times during the period
- 12. Students who have 5 or more tallies at the end of the period are dismissed by the bell
 - Others are quickly dismissed by name
 - All students should be dismissed within 15-30 seconds
 - Dismiss based on their effort, first those with 4 tallies, then 3 tallies, etc.
 - Remind students that the next class period is a new opportunity to stay on task, collect tallies, and be dismissed by the bell

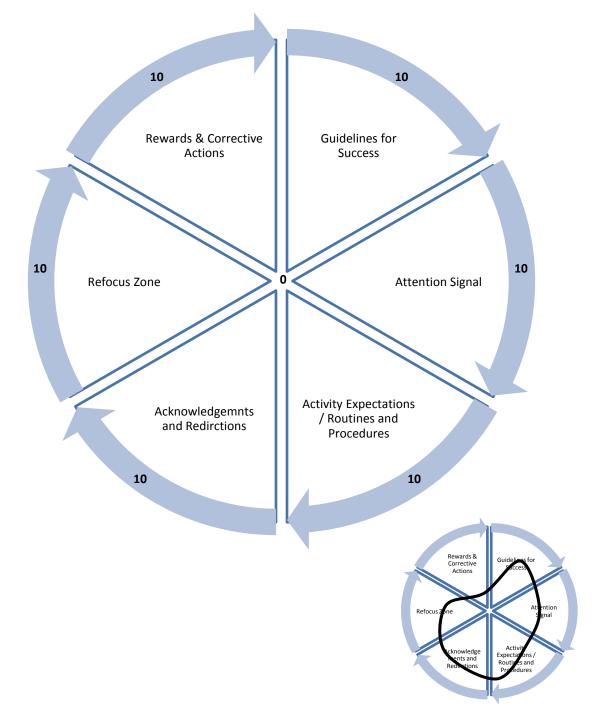
Note

Some students will leave at the bell, even if they do not have at least 5 tallies. When they do, say, "I won't try to stop you, but I will catch up with you later. We will deal with it then."

- Take note of any students who leave without permission
- Find each student later (same day)
- Use the Teaching Interaction when you catch up with them, point out you told them you would catch up
- Find them:
 - o at lunch
 - \circ at the end of your conference period, wait outside of the student's class
 - exiting campus at the end of the day

Re-Assessing Behavior Management Preparation

Directions: The 7 sections in the Positive Behavior Support Wheel represent the components of a strong classroom management system. On a scale from 0 (the center of the wheel) to 10 (the outer edge of the wheel), rank your level of implementation for each component. 0 is no implementation and 10 is highly effective implementation. Place a point in each wedge to indicate your level of effectiveness for each wedge. Connect the points to create a new outer edge. The new perimeter represents the effectiveness of your behavior management system.



Further Study

Helpful Print Resources:

- Canter, L. (2006). *Lee Canter's classroom management for academic success*. Bloomington, IN: Solution Tree.
- Connolly, T. (1995). *The well-managed classroom: Promoting student success through social skill instruction*. Boys Town, Neb: Boys Town Press.
- Jones, F. H., Jones, P., & Jones, J. L. T. (2000). *Tools for teaching: Discipline, instruction, motivation*. Santa Cruz, CA: F.H. Jones & Associates.
- Kvols, K. J., & Riedler, B. (1998). *Redirecting children's behavior*. Seattle, Wash: Parenting Press.
- Mendler, A., N. (2012). *Power struggles: Successful techniques for educators*. Rochester, N.Y.: Discipline Associates.
- Simonsen, B., Fairbanks, S., Briesch, A., Myers, D., & Sugai, G. (2008). Evidence-based Practices in Classroom Management: Considerations for Research to Practice. *Education & Treatment of Children*. 31 (3), 351-380.
- Sprick, R. S. (2006). *Discipline in the secondary classroom: A positive approach to behavior management*. Jossey-Bass teacher. San Francisco: Jossey-Bass.
- Sprick, R. S., Garrison, M., & Howard, L. M. (1998). *CHAMPs: A proactive and positive approach to classroom management for grades K-9*. Randy Sprick's safe & civil school series. Eugene, OR: Pacifice Northwest Publishing.
- Trussell, R. (2008). Classroom Universals to Prevent Problem Behaviors. *Intervention in School and Clinic.* 43 (3), 179-185.
- Wong, H. K., & Wong, R. T. (1998). *The first days of school: How to be an effective teacher*. Mountainview, CA: Harry K. Wong Publications.

Helpful Websites:

- <u>www.childstudysystem.org</u>
- <u>www.modelprogam.com</u>
- <u>www.tbsi.org</u>
- <u>www.pbis.org</u>
- <u>www.ascd.org</u>