

ONE PAGE SIMPLE GERIATRIC SCREEN
DATE _____

Patient Name _____

Source: Pt _____ **Other** _____

Assessment Procedure	Abnormal	Action	Result
1. "Do you have difficulty with eyesight?"	Yes or No		
2. Jaeger Card or Snellen eye chart	Can't read 20/40	Refer; Test each eye (with glasses)	
3. Whisper short sentence @ 6-12 inches (Out of visual view) OR audioscopy	Unable to hear	Cerumen check Retest/refer/HHI	
4. "Touch the back of your head with your hands" OR "Pick up the pencil."	Unable to do either	Further exam; Consider OT	
5. "Rise from your chair (do not use arms to get up), walk 10 feet, turn, walk back to the chair and sit down."	Observed problem Or unable in <15	Tinetti Further exam Home eval & PT	
6. "Have you had any falls in the last year?"	Yes	Tinetti Further exam Home eval & PT	
7. "Do you have trouble with stairs, lighting, bathroom, or other home hazards?"	Yes to any	Further exam Home eval & PT	
8. Weight/BMI or loss of 5% or more	BMI <21 or yes	Nutrition/eval	
9. "Do you have a problem with urine leaks or accidents?"	Yes	Incontinence eval	
10. "Over the past month, have you often been bothered by feeling sad, depressed or hopeless?" "During the past month, have you often been bothered by little interest or pleasure in doing things?"	Yes	GDS or other depression assessment	
11. Name three objects/re-ask in 5 minutes.	Unable	Folstein or other assessment	
12. Do you have any problems with any of the following areas?	Yes/No	Who assists?	Do you use Any devices?
a. Doing strenuous activities like fast walking bicycling?			
b. Cooking?			
c. Shopping?			
d. Doing heavy housework like washing windows?			
e. Doing laundry?			
f. Getting to a place beyond walking distance by driving or taking a bus?			
g. Managing finances?			
h. Getting out of bed/transferring?			
i. Dressing?			
j. Toileting?			
k. Eating?			
l. Walking?			
m. Bathing (sponge bath, tub, or shower)?			

(For "yes" answers, consider causes, referral to social services and/or home eval/PT)

Other areas of concern: medication adherence and/or side effects, caregiver stress, elder abuse, pain, sexuality, alcohol, advance directives and health care wishes.

Adapted from Lachs et al. (1990) and Moore & Siu (1996)