

The Infant or Child Following Sedation/Analgesia

Thank you for choosing the MCG Children's Medical Center for your child's health care needs. This information is to help answer some of your questions and to give you instructions to follow. If you have any other questions, please ask your child's doctor or nurse.

When You Return Home:

1. Your child may be sleepy, unsteady on his/her feet and want to go to bed when you get home. For the rest of the day, avoid strenuous physical activities such as riding a bike or playing ball. Quiet play is best today. Tomorrow your child may go back to regular activities, unless restrictions are listed below.
2. Give your child only clear liquids like soft drinks, tea and juice until he/she is fully awake. Then he/she may have his/her normal diet unless otherwise ordered.
3. Protect your child from falls or injury until he/she is fully awake and alert.
4. As always, the safest place for the child's car seat is in the middle of the back seat. With proper positioning of the car seat, a sleeping child should not have difficulty breathing.
5. If the IV medication site is painful, red, swollen and/or warm to touch, place a clean, warm, wet compress on the site and notify the clinic or physician listed below for further instructions.
6. Your physician will provide test results.

Additional Instructions:

1. Call your child's doctor if any of the following happen:
 - nausea or vomiting
 - any problems with breathing
 - new bleeding
 - fever over 101°F
2. If you need to talk to your doctor, you can call:
(706) 721-_____ and ask for your doctor or the _____ physician on call.

I have received a copy of the above instructions and had an opportunity to ask questions. I understand and accept these instructions.

Signature of Parent, Guardian or Adult Representative Instructions Given by Date/Time