



## GPSN FIRST WAVE SCHOLARSHIP PROGRAM

# First Wave Companion

*Academic Year 2011-2012*  
Student Guidelines & Clinical Session Logs

# Fostering interest in general practice

GPSN's primary role is to function as a general practice interest group, and promote the benefits of a life and career in general practice.

With various programs focussed on mentoring, peer support, networking and research, GPSN aims to become the largest student network promoting general practice. GPSN is administered by General Practice Registrars Australia (GPRA) and receives support from General Practice Education and Training Ltd and the Australian General Practice Training Program.

To find out how you can support the future of general practice, please contact us on 1300 131 198, or email us at [gpsn.enquiries@gpra.org.au](mailto:gpsn.enquiries@gpra.org.au)

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# Thank you to our supporting organisations

**Program Administrator:** General Practice Registrars Australia (GPRA)

**GPSN Founding Sponsor:** MDA National Insurance Pty Ltd

**GPSN Founding Partner:** General Practice Education and Training Ltd



## Participating Universities



## Participating Regional Training Providers



## Supporting Organisation



## First Wave Companion: About this booklet

This booklet belongs to:

Please include your details below.

Name:

University:

Mobile:

Email:

Type of Scholarship (Clinical/Academic):

The First Wave Companion will provide you with the tools you need to organise your Clinical Placement sessions and ensure that you have a learning plan that works for you. You can also use the booklet to record your progress and document your experiences during the scholarship program.

We suggest you follow the guidelines set out here to get the most out of your placement. But remember, they are guidelines and you are welcome to use your discretion when setting your placement dates and your Learning

Plan with your Supervisor. If you are doing an Academic Scholarship, you will also need to discuss your research project with your Academic Supervisor at your University's Department of General Practice.

If you have any queries during the scholarship program, just give us a call on 1300 131 198 or email us at [firstwave@gpra.org.au](mailto:firstwave@gpra.org.au)

Lastly, make sure you enjoy your placement. This scholarship program is more about enjoying the experience rather than ticking a few boxes!



## Scholarship program overview

The First Wave Scholarship Program offers an opportunity for medical students in their first or second year to experience General Practice under the guidance of a dedicated General Practice Supervisor. Third and fourth year medical students from Victoria and Western Australian universities can also apply for a clinical placement with an indigenous health provider

There is a choice of two different experiences:

- Clinical General Practice Scholarship, including Indigenous Health Training Scholarship (IHT): Students complete six supervised Clinical Placement sessions in a General Practice or an Aboriginal health service. IHT students in WA complete five supervised days
- Academic General Practice Scholarship: Students complete four supervised Clinical Placements in General Practice as well as work on a General Practice-related research project.

The program allows medical students to embark on an experience of General Practice that is positive and inspiring.

The benefits of the General Practice experience will be supplemented by structured exposure to affiliated allied health services, reinforcing the growing importance of the multidisciplinary approach in patient care.

The First Wave Scholarship Program melds the General Practice experience with the prestige of a sought-after scholarship. In addition, it provides exposure to areas of specific need within Australia's future General Practice workforce. The benefits of this initiative extend not only to the student body, but also the wider General Practice profession and the community.

By now you would have been allocated a Clinical Placement Supervisor and medical practice. Your Clinical Placement Supervisor will be your Supervisor for the duration of the program and will provide you with instruction and guidance during your Clinical Placement sessions.

If you're completing the Academic Scholarship you will have both a Clinical Placement Supervisor, to supervise your Clinical Placement Sessions, and an Academic Placement Supervisor, who will supervise your research.

### Your First Wave Scholarship contact details

Please fill in the details below so that you can refer to these during the course of your Scholarship.

#### Medical Practice details

(Where you will be completing your Clinical Placement Sessions)

Name:

Address:

Suburb:

State:  Postcode:

Telephone:

Practice Manager's name:

#### Clinical Placement Supervisor details

(The GP Registrar/doctor who will be supervising you during your Clinical Placement Sessions)

Name:

Mobile:

Email:

#### Regional Training Provider (RTP)

Name of RTP:

Name of contact person:

Mobile:

Email:

#### For Academic Scholarship recipients

Research Project title:

#### Academic Placement Supervisor details

Name:

Mobile:

Email:

Organisation/University:

## So you have the scholarship, what's next?

After attending the First Wave Orientation Workshop in Perth or Melbourne you should be ready to start organising your clinical placement together with your Clinical Placement Supervisor.

### Your First Wave placement schedule and learning plan

If you don't already have them, obtain the name, medical practice and contact details (email and phone) of your Clinical Placement Supervisor from GPRA (email: [firstwave@gpra.org.au](mailto:firstwave@gpra.org.au)).

You should initiate contact to schedule an Introductory Meeting (30 – 60 minutes) with your Clinical Placement Supervisor.

During your Introductory Meeting, you and your Supervisor need to determine a placement schedule and learning plan for your Clinical Placement sessions. Please use the 'First Wave Placement schedule and learning plan' template for this purpose.

You are advised to ask questions and clarify any concerns you may have about your placement sessions during this meeting.

Clinical Placement sessions:

- Students completing the Clinical Scholarship (including IHT Scholarship) need to complete six Clinical Placement sessions of 3.5hours duration each (21 hours total)
- Students completing the IHT Scholarship in WA need to complete five Clinical Placement days
- Students completing the Academic Scholarship need to complete four Clinical Placement sessions of 3.5hours duration each (14 hours total).

All Clinical Placement sessions must be completed between September 2011 and February 2012. All reporting is due on Monday 20 February 2012.

Your Placement schedule and learning plan could be discussed broadly at your initial meeting, but should be completed by the end of your first Clinical Placement session. You and your Supervisor should each keep a copy of this; please also forward a copy to GPRA (email: [firstwave@gpra.org.au](mailto:firstwave@gpra.org.au))

*Note: If you want to change the date and/or times of any of your placement sessions for any reason, please give your Supervisor enough notice to find a mutually suitable time substitute.*

### Introductory meeting details: Clinical Placement Supervisor

Date:  Time:

Venue:

Meeting attended by:



## Clinical Placement schedule and learning plan checklist

It is suggested that you discuss each of the following items with your Clinical Placement Supervisor when completing your Placement schedule and learning plan to help you maximise the value of your experience:

1. The exact days and time at which you will complete each Clinical Placement Session. These should be convenient for both you and your Clinical Placement Supervisor.
2. The length of each placement session. Ideally each placement session will go for 3.5 hours, however, multiple sessions can be combined on the one day (e.g. 7 hour/day) pending agreement with your Supervisor.
3. The experiences and activities that will be covered in each placement session. Make sure you include these details in your Placement schedule and learning plan. Please see Section 5 of this booklet ('Clinical Placement sessions: Experiences and activities) for details.
4. Working with other health professionals. The feasibility of having up to two sessions (Clinical Scholarship)/one session (Academic Scholarship) with on-site allied health services, practice nurses, practice managers and/or pathology (dependent on structure & facilities of medical practice).

*Please note: You should spend at least two-thirds of your time with your Clinical Placement Supervisor during your scholarship (i.e. a minimum four of your six sessions (Clinical Scholarship)/three of your four sessions (Academic Scholarship)).*

### Other things to keep in mind when determining your placement schedule & learning plan

We encourage you to attend any basic training workshops run by your local Regional Training Provider (RTP), in addition to your Clinical Placement Sessions. Discuss the possibility of this with your Clinical Placement Supervisor or local RTP directly. You'll also find your training provider to be a great resource to answer any queries related to GP training and you may get to meet with GP Registrars currently in the program.

If your local RTP requires you to attend extra workshops as part of your placement, the RTP will cover any costs incurred (ie. IHT students in WA will need to attend a Cultural Workshop on Friday 25 November 2011)

You may need to arrange for excused absences from your course (if required) for your placement sessions.

## Clinical Placement sessions experience and activities

During your First Wave Scholarship Clinical Placement Sessions, there are a number of key areas that will help you experience a comprehensive introduction to General Practice and its wider role in multi-disciplinary care.

Each student experience will be unique because opportunities and experiences will differ in each practice. However, we expect that a basic range of experiences will be made available. These activities are listed below for you to refer to during your Introductory Meeting with your Clinical Placement Supervisor and during your placement.

### With your Clinical Placement Supervisor

- Practice Induction
  - Meet the people in the practice
  - Gain an understanding of the different roles of practice staff
  - Gain an appreciation of the multi-disciplinary team care concept
- Observation and reflection on GP Life
  - Gain an understanding of the lifestyle and work-life balance opportunities in General Practice
  - Gain an understanding of the various career options within General Practice and the diverse range of medicine that can be practised

- Gain an appreciation of the continuity of care concept and what that means personally and professionally
- Gain an understanding of the role of GPs in their community
- Understanding the business of General Practice
  - Medicare billing
  - Patient records and electronic scripts
  - Staff roles and responsibilities
  - Occupational health and safety training
- Standard consultations with the GP
  - Communication techniques, bedside manner
  - Observing the patient mix – preventative care, chronic disease management and acute care
  - Diagnostic questioning
  - Normal and abnormal behaviour recognition in children and adults
  - Prescription of medications (including patient instructions)
  - Behaviour modification counselling (quit smoking, increase exercise)

- Physical examinations (observation and practice where appropriate)
  - Blood pressure, temperature, pulse, BSL, weight
  - Otoscopy
  - Respiratory examination
  - Abdominal examination
  - Large joint examination
  - Skin cancer assessment
- Procedures and diagnostic measures (observation and practice where appropriate)
  - Immunisation
  - Chronic wound care
  - Suturing
  - Spirometry
- Management of common mental health concerns (depression, anxiety, etc)
  - Observation of mental healthcare planning
- Other
  - Preventative health consultations (health assessments, 45-year-old health checks and care plans)

- Aged care visits
- House calls
- Admission rights with the hospital system
- Understanding medical records software
- Management of patient records

### With the Practice Manager/Principal

- Communication protocols
- Referral protocols
- Community and preventative health initiatives
  - Immunisation clinics
  - Maternal child health nurse
  - Wellness clinics
  - Public education forums
  - Men's health groups
  - Women's health groups
  - Parenting classes
  - Support groups
  - Adolescent health programs
  - School health initiatives
  - Play groups

### With Allied Health Providers

- Roles, communication and referral processes
- Working with
  - General Practice nurses and/or nurse practitioners
  - Radiologists
  - Diabetes educators and/or dieticians
  - Speech pathologists
  - Physiotherapists
  - Naturopaths
  - Podiatrists
  - Occupational therapists
  - Rehabilitation
- Attending multi-disciplinary meetings

### Types of activities you could do during your Clinical Placement sessions

The majority of your clinical placement sessions will be observational in nature, however, you should also be provided with some hands-on opportunities.

The following are some general guidelines as to the kinds of activities that you can expect to take part in during your Clinical Placement sessions:

- Things you should definitely do (with practice/patient permission)
  - Take histories under supervision
  - Perform physical examinations under supervision (as listed above)
  - Access medical records (e.g. using the computers and practice software, etc)
- Things you might do (strictly at the discretion of your Clinical Placement Supervisor and with patient permission)
  - Give immunisations
  - Remove sutures
  - Assist in removal of skin lesions
  - Cryotherapy of minor skin lesions
  - Dress wounds under supervision
  - Assist patients during set tasks (e.g. physiotherapy)
  - Write in medical notes



- Things you will not do
  - Perform sensitive examinations (pap smears, vaginal examinations, digital rectal examinations), even under supervision
  - Undertake minor surgical procedures
  - Perform physical examinations without supervision
  - Perform any unsupervised work

- understood the continuity of care concept that makes General Practice unique among specialties. Observed a number of General Practice consultations and learnt clinical skills
- taken part in General Practice preventative health care such as care plans and health checks
- gained an understanding of history taking and examination in General Practice
- received encouragement to undertake simple tasks under supervision such as blood pressure measurement and immunisation
- taken part in community activities that complement the activities of the GP
- attended a Basic Training Workshop run by the local RTP (if available/feasible).

Please note that if you are completing the Academic Scholarship, you may not be able to cover all of the above in your four Clinical Placement sessions.

### Clinical Placement sessions: objectives

At the conclusion of your Clinical Placement sessions, it is anticipated that you would have:

- been provided with a comprehensive introduction to the practice, its staff and general running of the practice
- developed an appreciation for General Practice and the role it plays in the long-term healthcare of the patient
- gained an understanding of lifestyle and work-life balance opportunities in General Practice
- been exposed to the various career options within General Practice and the diverse range of medicine that can be practised

### Example scenario – Clinical Placement sessions

An example of what a student's First Wave Clinical Placement Sessions could involve is described below:

*John, a first year medical student at the University of Melbourne, is undertaking his First Wave Clinical Scholarship with Dr A. Practitioner, whose practice is near the local community health centre. John's First Wave Clinical Placement Supervisor designs the following program for him to ensure that he gains a positive and broad experience of the role General Practice plays. With local affiliates in allied health, Dr Practitioner also includes some exposure to the multi-disciplinary care he coordinates for his patients.*

**Session 1:** Observe consultations with Dr Practitioner; learning about communication skills and basic examination techniques.

**Session 2:** Spend time with the practice nurse learning about care plans and taking part in health checks.

**Session 3:** Visit to the community health centre to spend time with the maternal & child health nurse observing baby checks and immunisations.

**Session 4:** Observe consultations with Dr Practitioner; observing procedures performed by the GP.

**Session 5:** Spend time with practice manager; receptionist and other staff to get an idea of how the general practice runs and how patients are managed within the team.

**Session 6:** Accompanying the GP on aged care visits and house calls.

## IHT Clinical Placement sessions experiences and activities

Students undertaking the IHT Scholarship are required to undertake IHT Placement sessions at an allocated Aboriginal Medical Service. The placement will be three days for IHT students from Victoria or five days for IHT students from WA.

It is recommended that students undertake at least five sessions with their Clinical Placement Supervisor; both a GP Supervisor and GP Registrar; and other sessions with allied services, practice staff and Aboriginal Health Workers (if available). Each session is to be of 3.5 hours in length, amounting to two sessions a day.

Students undertaking the IHT Scholarships in WA are required to attend the WAGPET Cultural Workshop on Friday 25 November 2011.

Each student experience will be unique because opportunities and experiences will differ in each medical service. However, we expect that a basic range of experiences will be made available. These activities are listed below for you to refer to during your Introductory Meeting with your Clinical Placement Supervisor and during your placement.

## With your Clinical Placement Supervisor

- Induction
  - Meet the people in the practice
  - Gain an understanding of the different roles of staff
  - Gain an appreciation of the multi-disciplinary team care concept within the AMS
  - Observation and reflection on GP Life within an Aboriginal Community Controlled Health Organisation
  - Gain an understanding of the diverse range of medicine that can be practised
  - Gain an appreciation of the challenges of the continuity of care concept
  - Gain an understanding of the role of GPs in the community
- Understanding the business of an Aboriginal Community Controlled Health Organisation
  - Medicare billing
  - Patient records and electronic scripts
  - Staff roles and responsibilities
  - Occupational health and safety training

- Consultations with the GP
  - Communication techniques, bedside manner
  - Observing the patient mix – preventative care, chronic disease management and acute care
  - Diagnostic questioning
  - Normal and abnormal behaviour recognition in children and adults
  - Prescription of medication protocols (including patient instructions)
  - Behaviour modification counselling (quit smoking, increase exercise)
- Physical examinations (observation and practice where appropriate)
  - Blood pressure, temperature, pulse, BSL, weight
  - Otoscopy
  - Respiratory examination
  - Abdominal examination
  - Large joint examination
  - Skin cancer assessment
- Procedures and diagnostic measures (observation and practice where appropriate)
  - Immunisation
  - Chronic wound care
  - Suturing
  - Spirometry
- Management of common mental health concerns (depression, anxiety, etc)
  - Observation of mental healthcare planning
- Other
  - Aboriginal health assessments
  - House calls
  - Admission rights with the hospital system
  - Understanding medical records software
  - Management of patient records

## With the Clinical Practice Manager/Principal or other health professionals when appropriate

- Communication protocols
- Referral protocols
- Community and preventative health Initiatives
  - Immunisation clinics
  - Maternal child health nurse

- Wellness clinics
- Public education forums
- Men's health groups
- Women's health groups
- Parenting classes
- Support groups
- Adolescent health programs
- School health initiatives
- Play groups

### Types of activities you could do during your Clinical Placement sessions

The majority of your clinical placement sessions will be observational in nature, however, you should also be provided with some hands-on opportunities.

The following are some general guidelines as to the kinds of activities that you can expect to take part in during your Clinical Placement sessions:

- Roles, communication and referral processes
- Working with
  - Aboriginal health workers
  - Nurses and/or nurse practitioners
  - Radiologists
  - Diabetes educators and/or dieticians
  - Speech pathologists
  - Physiotherapists
  - Podiatrists
  - Occupational therapists
  - Rehabilitation
- Attending multi-disciplinary meetings
- Things you should definitely do (with practice/patient permission)
  - Take histories under supervision
  - Perform physical examinations under supervision (as listed above)
  - Access medical records (e.g. using the computers and practice software, etc)
- Things you might do (strictly at the discretion of your Clinical Placement Supervisor and with patient permission)
  - Give immunisations
  - Remove sutures
  - Assist in removal of skin lesions
  - Cryotherapy of minor skin lesions
  - Dress wounds under supervision

- Assist patients during set tasks (e.g. physiotherapy)
- Write in medical notes
- Things you will not do
  - Perform sensitive examinations (pap smears, vaginal examinations, digital rectal examinations), even under supervision
  - Undertake minor surgical procedures
  - Perform physical examinations without supervision
  - Perform any unsupervised work

#### Example scenario – Clinical Placement sessions

An example of what a student's First Wave Clinical Placement Sessions could involve is described below:

*Jane, a third year medical student at the University of Melbourne, is undertaking her First Wave IHT Scholarship with Dr.A Practitioner, who works for an Aboriginal Community Controlled medical service. Jane's First Wave IHT Placement Supervisor designs the following program for her to ensure that she gains a positive and broad experience in the role General Practice plays within an Aboriginal and/or Torres Strait Islander setting. With local affiliates in allied health, Dr.A. Practitioner also includes some exposure to the multi-disciplinary care he coordinates for his patients.*

**Session 1:** Observe consultations with Dr.A Practitioner, learning about communication skills and basic examination techniques.

**Session 2:** Spend time with the practice nurse learning about care plans and taking part in health checks or spending time with an Aboriginal health worker learning about their role and place in patient care.

**Session 3:** Visit to the community health centre to spend time with the maternal & child health nurse observing baby checks and immunisations.

**Session 4:** Observe consultations with Dr.A Practitioner, observing procedures performed by the GP.

**Session 5:** Spend time with practice manager, receptionist and other staff to get an idea of how the general practice runs and how patients are managed within the team.

**Session 6:** Accompanying the GP on aged care visits and house calls and hospital visits.

Note: IHT students in WA will complete 5 **days** in an Aboriginal Medical Service

## Academic Scholarship recipients: additional steps

If you are completing the Academic Scholarship you are required to complete four Clinical Placement sessions under the supervision of a Clinical Placement Supervisor, as well as work on a General Practice-related research project under the guidance of an Academic Placement Supervisor.

You should liaise with your Academic Placement Supervisor to determine a suitable academic GP project that you can work on during the time allocated for the scholarship.

This project can be on any topic in academic General Practice and should ideally reflect your Academic Placement Supervisor's own research interests.

### Checklist prior to starting academic research project

In addition to having an Introductory Meeting with your Clinical Placement Supervisor, you will also need to have an Introductory Meeting with your Academic Placement Supervisor. You, or your Supervisor, should initiate contact to schedule this meeting (30-60 minutes).

If you don't already have them obtain the contact details of your Academic Placement Supervisor from GPRA.

You and your Academic Placement Supervisor should discuss and establish each of the following items before you commence work on the research project:

- The research topic
- Research methodologies and objectives
- Any pre-requisites to starting research (e.g. workshops)
- Duration of the research
- Your role in the research if you're to work as part of a larger team
- Expectations and deadlines to complete your component of the research
- Associated reporting requirements
- Whether you'll get official acknowledgement for your role in the research.

### Academic Scholarship recipients: additional objectives

At the conclusion of your scholarship, it is anticipated that you would have:

- been exposed to academic careers in General Practice
- understood the wider sociological context of primary care research
- completed work on a General Practice-related research project as approved by your Academic Placement Supervisor
- attended any compulsory research training workshops organised by the university
- learnt basic research methods and skills in the primary care setting.

### Introductory meeting details: Academic Placement Supervisor

Date:	<input type="text"/>
Time:	<input type="text"/>
Venue:	<input type="text"/>
Meeting attended by:	<input type="text"/>
	<input type="text"/>
	<input type="text"/>
	<input type="text"/>



## Scholarship reporting requirements

At the conclusion of the program, you will need to complete the following reporting, as relevant, and submit to GPRA:

- Clinical and IHT students – six clinical session logs (one per session)
- IHT students in WA – five clinical session logs (one per day)
- Academic students – four clinical session logs and a report (<2,000 words) summarising your experience with your academic research project
- an evaluation of the First Wave Scholarship Program through an online survey (early 2012).

You need to fill in the Clinical Placement Session Logs section (Section 8) of this booklet (hard copy or electronic format) and **submit this booklet in its entirety** to GPRA.

You should also aim to record learning issues that you can later study and/or discuss with your Clinical Placement Supervisor. For example, your Supervisor may involve you in a discussion with a patient about a new diabetic medication. You should record this, read about the drug and discuss it with your Supervisor at your next placement session.

### Academic Scholarship recipients

If you are completing the Academic Scholarship, in addition to filling out the first four Clinical Placement Session Logs of this booklet, you are also required to submit a report (<2,000 words) summarising your experience with your academic research project.

#### Guidelines for your report (<2,000 words) in Word format

Please address the following criteria when preparing your written report on your research project:

- Research details (topic, Supervisor)
- Purpose of research
- Contribution of the research
- Your reasons for selecting the research topic
- Research contribution expected of you
- How your contribution will assist the research project
- Brief overview of the research conducted by you
- Results of the research conducted by you
- Your experience with the Academic Scholarship (overview/general comments)
- Strengths and weaknesses of the research project (your opinions)

- What you have learnt from conducting this research
- New skills learned during the research project
- Reflections on academic careers in General Practice (Eg. Does academic research interest you? Do you think you will do further research as part of your academic and/or professional career?)

In addition to submitting a report to GPRA summarising your experience with your research project, you are encouraged to publish with the research team, or to participate to a sufficient degree that your work be acknowledged in future publications (this will depend on the nature of the project and the extent of your contribution).

### Reporting due date

All reporting requirements are due to GPRA by Monday 20 February 2012.

### How to submit your reporting

Please submit your reporting via one of the following methods

#### Electronically

Email: [firstwave@gpra.org.au](mailto:firstwave@gpra.org.au)

#### Hard copy

Mail: First Wave Scholarship Program, General Practice Registrars Australia (GPRA), Level 4, 517 Flinders Lane, Melbourne Victoria 3001



## Clinical Placement session logs

Your experience as a First Wave Scholarship recipient will influence your opinions and attitudes towards General Practice. We hope that in recording your clinical placement session logs, you can work out how you feel about General Practice and that it consolidates your learning experience. The session logs consist of two sections, the Session Activity Log and placement reflections.

### Session Activity Log

The Session Activity Log section will allow you to record your First Wave placement activities along with any comments you may have. You will need to summarise your activities and encounters at the sessions into a succinct list. You are encouraged to complete this section after each session.

### Placement reflections

The Placement Reflections section will allow you to map your First Wave journey by recording your reflections about each of your placement sessions. This section aims to capture how you felt about your session for the day. There are no writing criteria for this section, you may write in your own style. Feel free to attach extra pages for additional space.

It is also recommended that you refer to your Placement Session Logs at the end of the scholarship and at the end of your medical school training to uncover any changes in your perspective about General Practice.

### Sample

#### Session 1

Supervisor: Dr A. Practitioner

#### Session Activities Log

Key activities:

- Sat in on patient consultations.
- Took history and blood pressure under Dr A. Practitioner's supervision.
- Observed removal of skin lesions and suture removals.
- Observed the Practice Manager update Medicare documentation.

Comments:

- Dr A. Practitioner has advised that I will be observing cryotherapy of minor skin lesions next time. Looking forward to it.

#### Placement reflections

Interesting things about the session today:

- Observing skin lesions and suture removals.

How did you feel about your session today?

- Sitting in on consultations today I had a glimpse of the continuity of care concept given the familiarity between the GP and the patients. This was a new and different experience.

CLINICAL PLACEMENT SESSION LOG SHEETS

## Clinical Placement log 1

Date (dd/mm/yyyy):

Start and end time of session (e.g. 9.00am – 12.30pm):

Supervisor name:

### Session activities log

Key activities:

Comments:

## Placement reflections

Interesting things about session 1:

How did you feel about session 1?

## Clinical Placement log 2

Date (dd/mm/yyyy):

Start and end time of session (e.g. 9.00am – 12.30pm):

Supervisor name:

### Session activities log

Key activities:

Comments:

## Placement reflections

Interesting things about session 2:

How did you feel about session 2?



## Clinical Placement log 3

Date (dd/mm/yyyy):

Start and end time of session (e.g. 9.00am – 12.30pm):

Supervisor Name:

### Session activities log

Key activities:

Comments:

## Placement reflections

Interesting things about session 3:

How did you feel about session 3?

## Clinical Placement log 4

(Final session for Academic students only)

Date (dd/mm/yyyy):

Start and end time of session (e.g. 9.00am – 12.30pm):

Supervisor name:

### Session activities log

Key activities:

Comments:

## Placement reflections

Interesting things about session 4:

How did you feel about session 4?

## Clinical Placement log 5

(Final day for IHT students WA only)

Date (dd/mm/yyyy):

Start and end time of session (e.g. 9.00am – 12.30pm):

Supervisor name:

### Session activities log

Key activities:

Comments:

## Placement reflections

Interesting things about session 5:

How did you feel about session 5?

## Clinical Placement log 6

(Final session for all Clinical and IHT students - excluding IHT students in WA)

Date (dd/mm/yyyy):

Start and end time of session (e.g. 9.00am – 12.30pm):

Supervisor name:

### Session activities log

Key activities:

Comments:

## Placement reflections

Interesting things about session 6:

How did you feel about session 6?

## Frequently Asked Questions

1 Am I allowed to change my First Wave medical practice?

*This is not encouraged and will only be considered under exceptional circumstances. If you need to change your medical practice you are required to submit this request to GPRA within a week of being informed about your assigned medical practice. Unless otherwise specified, all placements are within three hours drive from your university. Your stipend should cover any incurred expenses.*

2 Can I defer my scholarship?

*We are unable to offer deferred scholarships at this stage.*

3 Am I required to attend the Regional Training Provider (RTP) Basic Registrar Workshops?

*These workshops are optional and organised at the discretion of the training provider. You are encouraged to attend if workshops are made available as they will provide a great learning opportunity.*

4 Am I insured during my First Wave Scholarship?

*Yes. The GPSN's founding sponsor, MDA National, is kindly providing each scholarship recipient with free Medical Indemnity Insurance for the duration of their medical studies. Please note that this indemnity cover is only operational if you have filled out and submitted the indemnity forms.*

5 Who do I contact if I have any questions or concerns?

*Please email us at [firstwave@gpra.org.au](mailto:firstwave@gpra.org.au) with all queries. For emergencies please call us on 1300 131 198.*

6 Am I a paid employee of the First Wave medical practice at which I am placed?

*No, you are not an employee of the medical practice where you are placed.*

7 As a scholarship recipient, what am allowed to do and not do?

*Given your level of experience, you will have not done a great deal of clinical work. Your involvement should be largely observational, with any clinical or procedural activities done under strict supervision. Suitability of tasks should be decided by your Clinical Placement Supervisor on a case-by-case basis and with consideration of your individual skills in mind. You should not be allowed to do any unsupervised work.*

8 I prefer not to hand-write, is there an online version of the First Wave Companion?

*Yes, you may fill in this Companion in an electronic format which will be provided to you.*

9 When are the Clinical Placement Session Logs due?

*The placement logs are due at the end of your placements, by Monday 20 February 2012.*

10 Am I required to assist GPRA with media coverage after completion of my scholarship?

*As a part of this scholarship you are encouraged to share your experiences with your peers and the*

*wider community. This may include media contact. Please advise us should you wish not to have any contact with the media.*

11 Are my scholarship related expenses reimbursable by GPRA?

*Your scholarship stipend is meant to include all expenses during the duration of the scholarship and no further payments will be made.*

12 Will I receive a certificate of completion upon finishing my scholarship?

*Yes.*

13 What if I can't finish my Clinical Placement sessions by Monday 20 February 2012?

*The Clinical Placements have been designed to give you ample time to complete by 20 February 2012. If for any reason this is a matter of concern please bring it to our attention as early as possible.*

14 Can I finish my Clinical Placement Sessions after 20 February 2012 if it's okay with my Clinical Placement Supervisor?

*We recommend that you endeavor to complete all placement sessions by the due date. If for any reason this is a matter of concern please bring it to our attention as early as possible.*

15 Can I discontinue my Scholarship without completing it? What about my stipend?

*The stipend has been provided to you in good faith that you will complete all requirements of the scholarship program. If you have any concerns about being able to complete this scholarship you must contact us as early as possible. If you are*

*unable to complete the scholarship, you will need to return the Student Stipend to GPRA.*

16 I loved my First Wave Scholarship. Can I apply for the scholarship again next year?

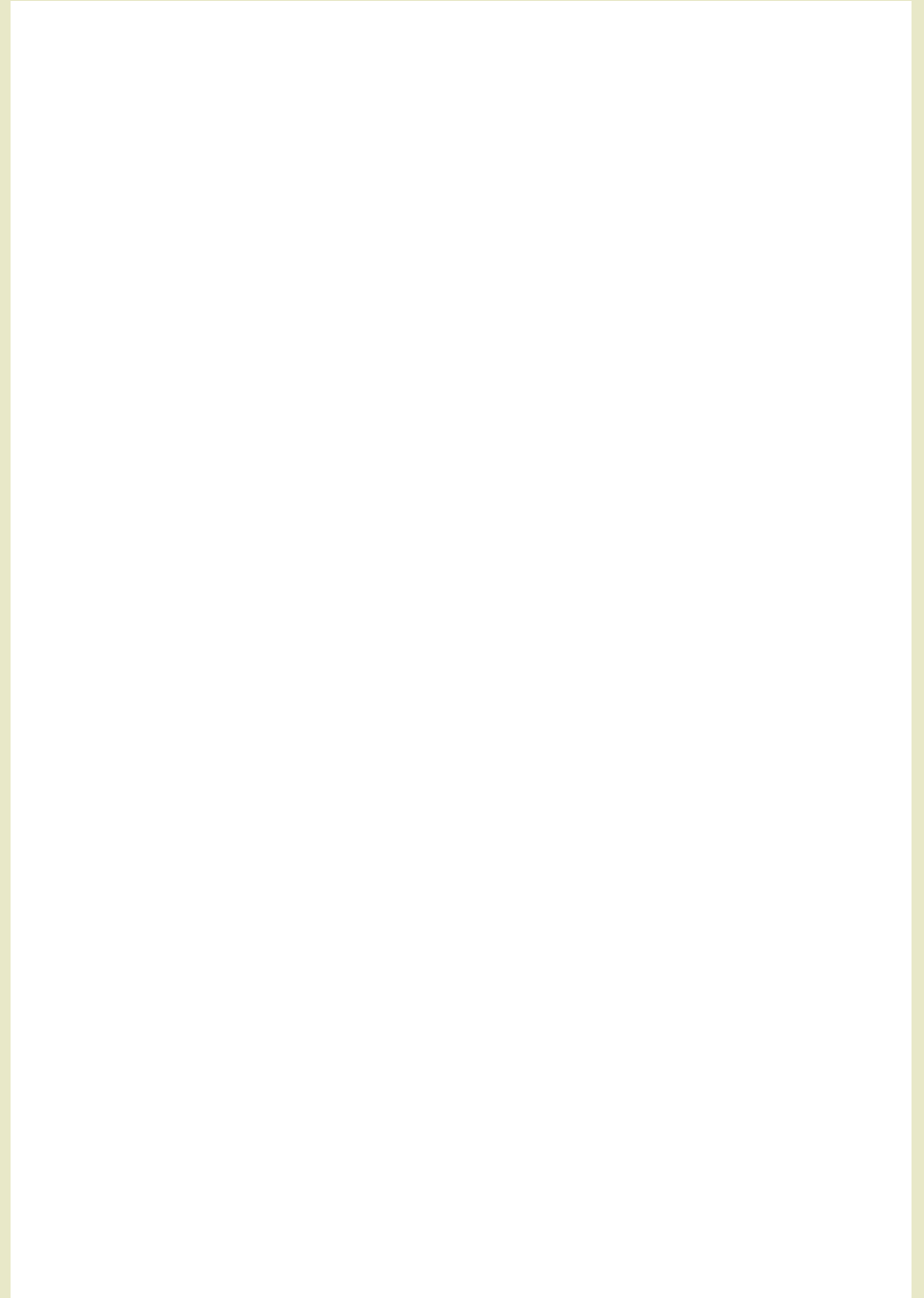
*Yes, you are welcome to apply for a second time. Given the nature of the application process and limited places, the applicants will be chosen on merit.*

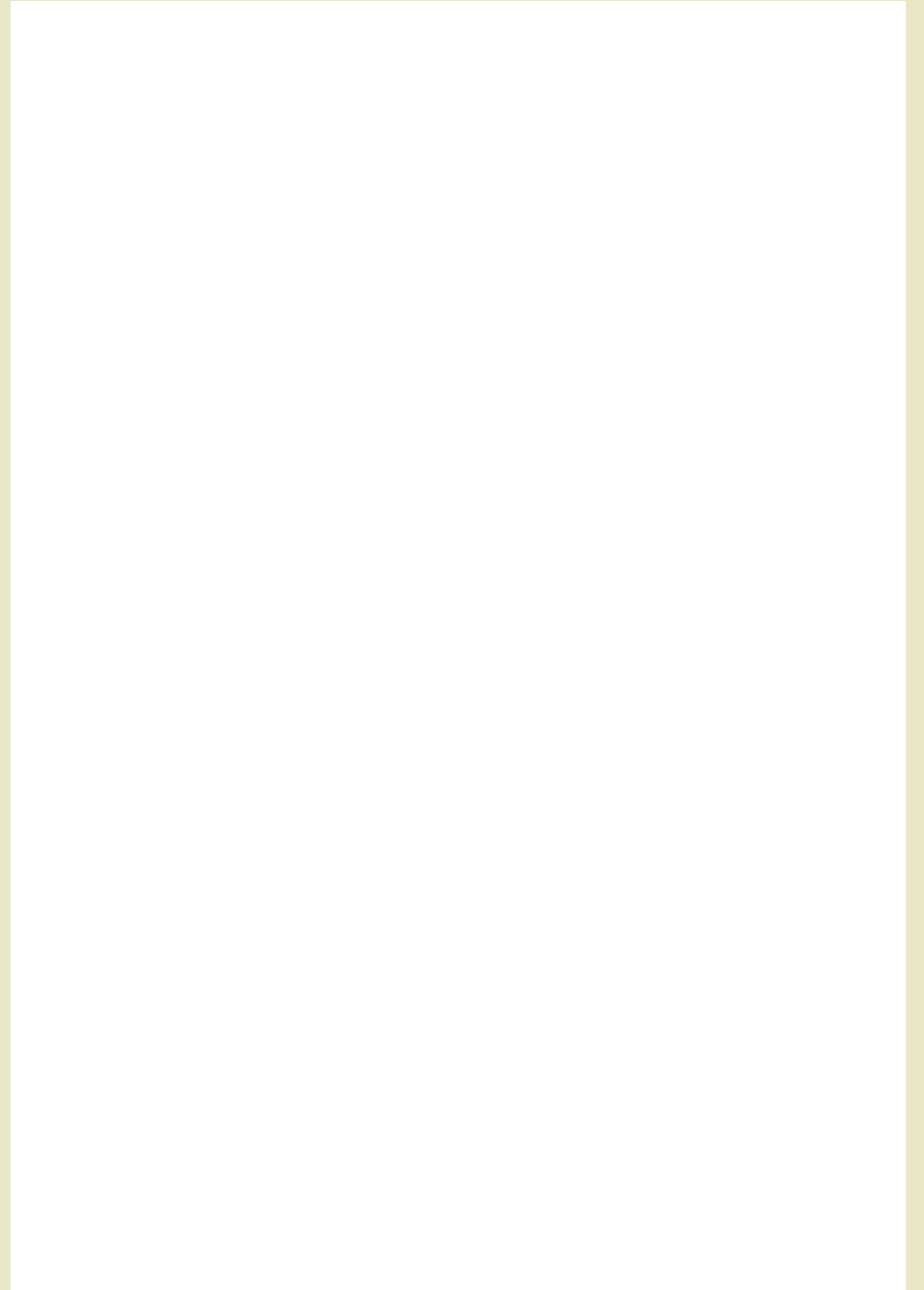
17 When do I get paid my student stipend?

*You will be paid an initial payment of your stipend by cheque at the Orientation Workshop. The student stipend is paid in good faith on starting the scholarship program. This will help with any expenses associated with the placement (not including travel and accommodation; for items such as food and taxis). It is the student's responsibility to budget expenses to complete the scholarship requirements.*

- *Clinical Scholars (including IHT Scholars) receive \$400 at Orientation Workshop and \$100 on receipt of your First Wave Companion Logbook.*
- *IHT Scholars in WA receive \$700 at Orientation Workshop and \$50 on receipt of your First Wave Companion Logbook.*
- *Academic Scholars receive \$400 at Orientation Workshop and \$600 on receipt of your First Wave Companion Logbook and research report.*

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