

April/May 2015

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Fun Fact!

The 4-H motto, "to make the best better" was proposed by Carrie Harrison, a botanist with the U.S. Bureau of Plant Industry and adopted in 1927 along with the 4-H pledge.

Wayne County 4-H Public Presentations

The Public Presentation Program is one of 4-H's most beneficial and rewarding experiences. It is the one most often credited by 4-H alumni as having given them an edge above peers in both college and professional careers. It provides a unique opportunity to develop a positive self-concept and poise, gain self-confidence before a group, learn to express ideas clearly, respond spontaneously to questions, and gain subject matter knowledge. Congratulations to the 2015 Wayne County 4-H public presenters including William Andrew, George Andrew, Elizabeth Carbajal, Charlotte Sanson, Kelly Sanson,

Whitney Welch, Faith Rinella, Kailey Vernon, Natalie Vernon, Gabriella Taylor, Elizabeth Frey, Kailey Kuhn, Alysha Kuhn, Jenna Kuhn, Ava Peters, Mina Talma, Holly Stivers, Michaela Leisten, Amanda Wersinger, Andrea Pacheco, Alex Pacheco, Sarah Lovell, Martin Lovell, Noah Lovell, Alaska Dunstan,

Kayla Dunstan, Bridger Dunstan, Bennett Dunstan, Jonathan Lonneville, Jason Lonneville, Diego Carbajal, Rebeca Carbajal, Samantha Carbajal, Daniela Santacruz, Alexis Schultz, Brianne DeWaters, Cheyenne Daniels, Adam Schultz, Mason Spahn, Isabelle Collier, Samantha Collier, Rachel Collier, Hannah Lake, Jonathan Coyle, Rachel Rouland, Abby Rouland, Brady Prebalick, Bryce Prebalick, Annette Prebalick, Anna Eckert, Wesley Maynard, Calvin Maynard, Oliver Maynard, Henry Maynard, Leah Schinsing, Marie Coyle, Hanna Godkin, Lauren Godkin, Jodi Haffner, Cora Haffner, Lonnie Hohenboken, Kit Hohenboken,





Laura Tones, Nicole Tones, Charlotte Merrell, Daniel Merrell, David Merrell, and Sydney Ingalls. We had 14 Cloverbuds and 18 first time presenters! Special thanks to our volunteer judges Beth Claypoole, Monica Deyo, Mary Abrams, Jody Pruitt, Art Crandon, Kris VanDuyne, Kristine Rogers, Judy Watt, Kay Aman, Sue Blair, Mary Ann Facer, and Martha Facer, teen evaluators Jonathan Coyle, Lonnie Hohenboken, Liz Frey and Michaela Leisten. Room hosts for presentations were Isabelle Collier, Marie Coyle, Cheyenne Daniels, Natalie Vernon, Kailey Kuhn, Sarah Lovell, Daniela Santacruz, Hannah Lake, Rachel Rouland, and Nicole Tones.





Wayne County 4-H Contact Information

Wayne County

1581 Route 88N Newark NY 14513 Phone: 315-331-8415 Fax: 315-331-8411 http://ccewayne.org

Your Wayne County 4-H Team...

Jessica Spence (jls233@cornell.edu), 315-331-8415 ext. 114 Amy Pyra (anr32@cornell.edu), 315-331-8415 ext. 113 Margaret Boone (mab567@cornell.edu), 315-331-8415 ext. 101 Judy Glann (jmg358@cornell.edu) 315-331-8415 ext. 117 Beth Claypoole (eac9@cornell.edu), 315-331-8415 ext. 102 Find us on Facebook at 4hwaynecounty Follow us on Twitter @waynecountyny4h



Room Reservations

All 4-H Clubs are welcome to use rooms at CCE for your club meetings. For clubs who use our facilities every year, meetings are not automatically booked for the following year. Get your meetings scheduled now as they are reserved on a first come first serve basis. When using the rooms you will have to fill out a reservation form and follow the rules on the form. Rooms are to be left in the state that you found them; clubs/groups that do not clean up properly will be charged a cleaning fee. Please remember to let the CCE office know within 24 hours if you are canceling a reservation so others can have use of the space. Call Margaret Boone at 315-331-8415 or mab567@cornell.edu for scheduling and room availability.

Program/Activity Sign Ups

- The general cancellation policy for youth programming is **if less than 10 kids sign up** to participate the program will be canceled/postponed.
- The general cancellation policy for leader/volunteer programming is that **if less than 5 people sign** up to participate the program will be canceled/postponed.

2014-2015 Wayne County 4-H Calendar of Events

Reenrollment by June 1, for new 4-H members (never before enrolled) <u>April 2015</u> April 11— Sew Many Projects April 14— Tack Care & Cleaning April 24— Spring Garden Workshop April 25— Western Dressage Clinic April 28— Leader Training April 28— 4-H Spring/Summer Horse Registration <u>May 2015</u> May 2— Introduction to Amateur (ham) Radio May 2—Animal Crackers May 2— 4-H Spring/Summer Horse Registration May 12= Wayne County 4-H PDC	May 17— 4-H Spring/Summer Horse Show May 29-31— 4-H Shooting Sports Instructor Training June 2015 June 5—6— Awesome Equine and Dairy 101 June 20— 4-H Spring/Summer Horse Show June 22— Mad Scientist Night July 2015 July 11—12— 4-H Spring/Summer Horse Show July 20— 24—Camp Beechwood
May 12– Wayne County 4-H PDC	

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Leader/Parent Page

Trouble Shooting 4-H Club Program (Tool L-13)

Declining Membership – Members are dropping out; the group does not attract new members.

•Present members may be cliquish and fail to welcome prospective or new members. Strive to improve atmosphere – make it warmer, more friendly. Help cliquish members to recognize the result of their behavior and to work at making all members feel liked and wanted. Give newer members responsibilities so they will have a role in the organization and feel important to the group. Recognize members for what they do. Make a list of prospective members and extend friendly, personal invitations. Invite prospects to go to a meeting with you.

•The program may not be of interest to current or prospective members or they may not know enough about it. Make sure present and prospective members understand the purposes of the group. Publicize the program and activities.

•Some members or prospective members may not have a way to get to meetings. Arrange car pools.

Disorderly Meetings – Meetings are disorganized or plagued by interruptions when members come late or change the topic of discussion.

•The group has fallen into bad habits. Discuss problems openly with members, but without placing blame. What standards do they want?

See the problems described in the last issue of World of Wayne, any of these could cause disorderly meetings. Review responsibilities of club officers and reinforce procedures.

•Members are coming late. Change the meeting time. Open with the most attractive parts of the program. Run recreational activities as members arrive.

•Members may not know what is expected. Encourage members to state their expectations.

• Meetings are not appropriately structured or are not well planned.



Teen Page

Scholarship Info is Coming

Attention seniors, you should have received information about the 4-H and horse scholarships in your mail. Please note that the deadline for submitting the application is April 20th at 4:30am and interviews are scheduled for April 30th in the evening. Please be sure to read all information carefully and please contact the 4-H office with questions.

4-H Career Explorations

Career Explorations is a three-day event for youth on the Cornell University campus. The purpose of this program is to provide youth with exposure to academic fields and career exploration, to develop leadership skills, to provide hands-on experience in a college setting and to introduce you to Cornell University. The event is made up of two grade specific tracts: University U for youth entering grades 8 - 9 and Focus for Teens for youth entering grades 10-12. The cost is \$250/participant. Find more information about the event and the workshops offered at http://nys4h.cce.cornell.edu/events/Pages/Information-for-Youth-and-Chaperones.aspx. Please register by contacting Jessica at <a href="http://js233@cornell.edu/events/pages/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/events/is233@cornell.edu/e

Technology: 5 Ways to Reboot Yourself

Lol...Omg...Idk: Why am I so tired?

Raise your hand if you've sent an embarrassing text message — the message that neither you nor your friend can understand because it looks like gibberish, or the one that's accidently sent to someone who shouldn't have read it.

Did you ever think that your nighttime pings, rings, and vibrates could be the reason why?

Lack of sleep can cause you to send embarrassing texts. But more important, sending and receiving messages late at night can disrupt your sleep and leave you tired and unfocused when it's time for school. Studies show that lack of sleep, or interrupted sleep, can affect everything from your mood to your sports performance.

Sure, you want to stay connected with your friends, but how useful can you be when you're exhausted? Give your "tech" (texts, emails, calls) a rest from bedtime until your alarm clock rings so you can rest. How can you ease out of being accessible — but sluggish — all the time to unplugging at bedtime? Here are some tips to follow at night that will help boost your energy and focus in the morning:



Teen Page, continued...

- Log off your instant messenger, Facebook, and email. Pings in the middle of the night can interrupt your sleep even if you don't get up to answer them. And, more than likely, if your friends see that you're logged out, they'll log out too.
- **Turn off your cell phone (don't just set it on vibrate) when it's time for bed.** Buzzes can be just as loud as beeps or rings, especially late at night when everything else is quiet. Plus, if your friends have no one to talk to, maybe they'll be inspired to turn off their cell and catch some Zzzs, too.
- **Get in the habit of powering off your computer especially if it's in your room.** Sometimes just logging off your instant messenger or Facebook is not enough. Blinking lights and glowing screens can make it harder to fall and stay asleep.
- **Get your cell phone out of your room completely.** Try charging your phone overnight in a separate room. While your cell battery is restoring, you can get the sleep you need to recharge your own battery. Having your cell in another room can reduce the chance that you'll use it during and after bedtime.
- Make getting enough sleep your way to look and feel good. Getting sleep is a great way to look and feel refreshed and focused in the morning. To get the sleep you need, tell your friends you will receive your last text, email, or phone call an hour before bedtime. This way, they'll know their beeps or buzzes will have to wait.

It can be quite a challenge to go from being constantly accessible to powering down at a certain time. But sticking to a cut-off curfew for your gadgets and gizmos will help you ease into bedtime and give your brain some tech-free downtime. And if you need an excuse, just say your parents are making you do it.

Reviewed by: Mary L. Gavin, MD Date reviewed: October 2013 http://kidshealth.org/teen/safety/safebasics/reboot.html













Photos from the Teen Council Lock-in!

Kid's Page

Science is FUN!

In 4-H, we LOVE science! Science is great for thinking and being creative! In this issue you will see a save the date for our June Mad Scientist Day and also a recap of some of the science-y things we have been doing in Afterschool. If all of this talk about science makes you want to run out and do some experimenting, go for it! There are many ways you can enter your experiments in the fair – grow some plants, keep a journal of your scientific method notes and pictures/information about your experiments, make a poster... call the 4-H office if you need more ideas! Below is one of Jessica's favorite science activities!! In the meantime, here are links to some science lesson plans from the 4-H Science Toolkit. <u>http://nys4h.cce.cornell.edu/about%</u> 20us/Pages/SETToolkit.aspx

Volcano Activity:

You will be hooked on chemistry after you build a model volcano by combining an acid and an alkaline substance. For extra fun, use red clay around the volcano's opening to simulate lava. Caution! Wear your safety goggles—you don't want to get the "lava" in your eyes.

What You Need:
1 tablespoon baking soda
Modeling clay (like Plasticine)
(Jessica modified this step by using a clear cup because of limited time!)
Newspaper
3 drops red food dye (optional)
¼ cup of vinegar
3 drops liquid soap
Safety goggles
What You Do:
Cover your work surface with newspaper.
Form a volcano shape out of the modeling clay. It should be about 6 inches high.

If you have red modeling clay or paint available, use it for the volcano's top. Attach a bit to the tip of the volcano to enhance its appearance. Poke an opening in the volcano that's about 4 inches deep and 2 inches

wide. Add one tablespoon of fresh baking soda. (Stale soda will not create a proper alkaline reaction!) If available, add 3 drops of red food coloring to the baking soda in order to enhance the eruption. Next, add 3 drops of liquid soap. Now, it's time to put on your safety goggles! Get ready to stand back. Finally, add the ¼ cup of vinegar, and see what happens! The reaction's sure to pique your interest in the science behind this volcanic activity. Note, add a few pop rock candies to add an audio effect!

What Happened?

The volcano "erupted" when the acidic vinegar came into contact with the alkaline baking soda, which neutralized it. The volcano then emitted carbon dioxide, which created the bubbles and popping noises. An alkali, or base, will corrode surfaces. When combined with an acid, it forms a salt. Acids and alkalis are measured by the pH scale, with acids ranging between one and six, and alkalis ranging from eight to 14. Seven on the pH scale is pure water, which is devoid of either acidity or alkalinity.



Upcoming Programs

Sew Many Projects...Sew Much Fun Fabric and Fashion Review!

Join us on Saturday April 11th at the Wayne County Nursing Home. We would love for you to come and see all the awesome projects our 4-H'ers made this year. For more information, contact Amy at 331-8415 or anr32@cornell.edu. We hope to see you there!



who are learning

life skills.

leadership,

citizenship and

The next 4-H leader training will be held on Tuesday, April 28th at 6:00pm – dinner will be provided as a thank you during Volunteer Recognition month! Please RSVP to Margaret by April 27th so we know how much food we need. Topic, time management and stress reduction.

Introduction to Amateur (ham) Radio – May 2, 10am-1pm

This class will give an introduction to amateur (ham) radio, kit building, how we help our local areas in emergencies and will include an opportunity to talk on the radio. Participants may experience Morse code, short wave radio transmissions, radio communications over the internet, satellite communications, or amateur television. Must be age 8+, no cost to the workshop, must register by contacting the 4-H office. Please register by calling the 4-H office or emailing mab567@cornell.edu by April 24th.







Upcoming Programs

Animal Crackers – Beef, Sheep and Horse

May 2nd, Cornell University

Cost \$15

The annual Animal Crackers program provides New York youth with fun hands-on science-oriented learning experiences on Animal Science topics which feature the unique facilities and staff of Cornell University.

Registration begins at 9am

Who: 4-H project members (suggested age range 9-12) are strongly encouraged to attend (with their parents or chaperones). However, all youth 9 and up are welcome. Participants will get to meet Cornell faculty and students, learn about different aspects of animal care, interact and exchange information with professional producers, industry experts, and more! Hands-on workshops are planned for each species group.

Horse Stations:

Bits and Pieces: Who knew there were so many to choose from? Come learn about the large variety of bits we use for activities with horses and the reasons we choose them.

Monsters are Real: ... and they live in your horse! Learn how to keep your horse healthy and happy in a world with these monstrous parasites!

Leg Wrap: When to Wrap it Up: How do you tell when to wrap and what type of wrap or boot to use? Come find out and try your hand at wrapping on our friend "Sam"!

An Inside Look: Your chance to get an up close and personal look at some of the parts that make up your horse's insides and what happens to them when they get sick.

Looking the Gift Horse in the Mouth: Horses go to the dentist too! Come guess how old this one is, see what happens when that one missed his dental appointments and see the dentist's tools of the trade.

Let's Go For a Ride: Safety First! Things you need to know before loading up to make sure no one gets hurt.

Livestock Stations:

Time for a Trim? Learn how to prevent diseases like foot rot and discover tools you can use to keep bovine and ovine hooves healthy from professionals who specialize in hoof care.

What's Bugging You... and your ruminant? Learn how to keep cattle and sheep healthy and happy in a world with bugs and parasites. Discover how to identify common pests too with scientists who specialize in parasitology – the study of parasites.

Pasture Props: Why do cows and sheep need hay and grass? Learn what's in the pasture, management tips and environmentally friendly ways to help animals meet their fiber needs all year 'round. Did you know, new technologies used on farms can electrify your fence?

Choosy is Good: So you want to raise a market animal project, where do you start? Learn from experienced raisers about ideal characteristics of a beef or sheep project that is right for you.

Quality Counts: Quality assurance principles are practices every animal producer must follow to be sure they provide quality products for market. Learn more about what you can do to keep our food supply safe.

Feeding Time: Cattle and sheep are mammals and need milk when they are newly born. Come learn about nutritional needs ruminants have as they grow. Find out how to read a feed tag and discover what goes in growing, finishing and maintenance diets. Do animals need vitamins? You'll learn that too!

Please contact Margaret at mab567@cornell.edu by April 15th to register. Participants must bring their own lunch and drinks. The closest place to purchase food is a 5 minute drive from campus.

Upcoming Programs

Wayne County 4-H Horse PDC Meeting

The next meeting of the 4-H Horse Program Development Committee will be on Tuesday, May 12 at 6:30pm at the Wayne County Fairgrounds.

4-H Spring/Summer Horse Shows and Registration

This year's Wayne County 4-H Horse Shows will be Sunday, May 17, Saturday, June 20, and Saturday/ Sunday, July 11/12. Registration for these shows and for the County Fair will happen at the 4-H office on Tuesday, April 28 from 7:00-8:30pm and Saturday, May 2 from 9:00-11:30am. You must attend one of these registration dates to be able to show. All current 4-H members must have been re-enrolled by April 1st to participate in shows and new 4-H members must be enrolled at one of the registration events. All paperwork including horse certificate and health forms as required by the state department of Ag and Markets will be due at the registration event.

4-H Shooting Sports Instructor Training

If you are interested in becoming a certified 4-H shooting sports instructor, there will be a training held at 4-H Camp Wyomoco in Wyoming County May 29-31, 2015. Disciplines offered are archery, rifle, air pistol, and shotgun. A \$75 registration fee covers the cost of meals, supplies, and overnight accommodations at the camp. Must register though Jessica at the 4-H office and must be an enrolled and approved 4-H volunteer.

AWESOME EQUINE & DAIRY 101

June 5 & 6, 2015 Morrisville State College

This two-day, one night 4-H Equine or Dairy Camp which will be held at Morrisville State College. 4-H youth ages 13-19 years of age are eligible to participate in this camp/college experience. Equine interested youth will be able to select from two tracts in which they have the opportunity to learn more about English, Western, Racing, & Draft & Driving equine areas. All youth will participate in sessions on breeding and nutrition. Quality Milk and Processing is the theme for dairy participants. The camp will include an extensive tour of the Morrisville College Foundation Equine Rehabilitation Center. All sessions will be taught by Morrisville State College faculty and other professionals in the field of equine & dairy. Please go to https://reg.cce.cornell.edu/2015EquineandDairy101_221 for more information and to register. Registration deadline is May 22.

Contact Amy for more information.

The cost is \$100 per youth participant and includes food & lodging. Chaperone cost is \$75

Mad Scientist Night June 22, 2015

Do you like to try out new things? How about learning how things work? Join us on June 22nd at the CCE office to become your very own scientist. We will have lots of hands on activities and lots of fun! More information will come out in the eblasts!

Spring Garden Workshop



Friday April 24, 2015 6:30-8:00PM Cornell Cooperative Extension 1581 Route 88 N - Newark, NY 14513 Cost: All workshops are free unless indicated

Workshops:

Just for Cloverbuds—An evening of spring garden projects! Create your own hummingbird feeders, k-cup planters, prepare a tasty treat and plant your own mosquito repellant. Come join the fun and celebrate spring! Ages 5-7 Cost: \$3.00

A. You Be The Judge!—To take or not to take...that is the question. You be the judge and learn the ins and outs of preparing your vegetables and flowers for the fair!

B. Cooking - Explore tasty recipes that you can make straight from the garden!

C. Herb Garden –Plant herbs to put by your window and watch them grow, the whole year! We will plant lemon grass the herb of the year!

D. Oxalis House Plants– Grow your very own 4 leaf clovers. This is the houseplant of the year! **Cost for this workshop will be \$4.00**

E. Blue Bird Houses - create and decorate birdhouses for Blue Birds!

F. Starter Tomato Plants - Get a jump start on your tomato plants. Start your garden so you can have tomatoes ready for the fair! (we will plant the heirloom tomato of the year!) **Cost \$2.00**

G. Stepping Stones - Make a stepping stone for your garden. Cost \$3.00

H. Pinecone Succulents- Grow a plant inside a pinecone! Cost \$4.00

In addition to these workshops there will also be a short presentation. Each youth will receive few items they can take home with them to grow for the county fair. We also will have some door prizes to kick start your growing season.

Registration is due by April 17th to Margaret Boone at mab567@cornell.edu *The best vegetable, plant & flowers of the year will receive a special plaque and ribbon at the county fair.

Spring Garden Workshop Registration

 Name:
 ______ Age:____ Phone:______

 Email:

 Workshop Choices
 *Workshops will fill up on a first come basis. Please chose alternate classes, in case some fill up.

 Cloverbud Class
 Or 1.
 2.
 3.
 Alternate 1.
 2.

 Return this slip to:
 CCE Wayne County - 1581 Route 88N-Newark, NY 14513 or mab567@cornell.edu
 Vorkshop content and content an

Fax (315)-331-8411

WAYNE COUNTY 4-H HORSE PROGRAM









TACK CARE AND CLEANING

Presented By: Marta Dippel

April 14, 2015 6:30 to 8:00 pm

Wayne County CCE Office 1581 Route 88 North Newark, NY 14513

- Learn how to properly care for your tack; especially leather items.
- Get tips on "tools" to use to get those cracks & crevices clean
- Learn the difference between cleaning and conditioning
- Have a bridle/saddle you think may be ruined or unsafe? Bring it with you and get advice from Marta

RSVP by 4/9/15 to Margaret at 315-331-8415 or e-mail mab567@cornell.edu

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Western Dressage Clinic At Westwind Stables in Stanley, NY

Saturday April 25, 2015 10:30am to 3:00pm

Cost-\$25 for participant-horse & rider \$10-Auditor Open to 4-H'ers and the Public Space is limited Stalls available for additional fee contact Kim Wickham at 585-314-3356

Western Dressage is one of the newest additions by the USEF and will be offered in the 4-H State Horse Show Program in the future.

Clinician for the day is Mitzi Summers who is a CHA International Instructor who teaches and judges Hunt Seat, Dressage as well as Western Dressage.

Concession stand will available for lunch. Come and learn more about Western Dressage.

Reserve your spot today by returning the form below to Steuben Co. CCE by Wednesday April 15, 2015

Name_____

County_____

Number Attending Amount Enclosed	
----------------------------------	--

Participant with Horse_____ Auditing_____

Make Check or Money Order Payable to: **Region 2 HEC** Send to: Jenny Groen, Educator Steuben County CCE 3 Pulteney Square Bath, NY 14810 Deadline for reservations: **Wednesday April 15, 2015**





If you have any special needs, please contact the CCE Office 2 weeks prior to the program.

4-H Camp will be held from 9a.m. to 3p.m. and focus on Natural Resources, using the natural beauty of the park. Hands-on activities in project areas like wildlife, fishing, bugs, conservation, birds, and trees will be offered. There will be opportunities to play games and enjoy healthy snacks. There will be guest presenters and a service project.

Early bird discount of \$10 before May 1st. Space is limited.











"Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities"

Recaps/Past Programs

Sewing Camp

Even though February was a snowy and cold month, we sure had fun during February break with our sewing machines. 18 4-H'ers took part throughout the week sewing several different items and sharing in a healthy snack. Over the week we made our own sewing boxes, aprons, pot holders, quilted pillows, crochet scarves, tote bag and a pillow case. We would like to extend a special thank you to our volunteers Janette Lake, Ellie Conklin, Eileen Taylor, Dawn Vernon and our teen helpers Hannah Lake, Aryn Wallace, and Emily Wells.

Maple Tour

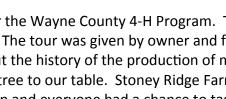
On Sunday March 29th Stoney Ridge Farm hosted a maple tour for the Wayne County 4-H Program. The youth were invited to enjoy a pancake breakfast before the tour. The tour was given by owner and former 4-H'er Melinda Rodas. Melinda kicked off the tour by talking about the history of the production of maple syrup. We were given a demonstration on the process, from the tree to our table. Stoney Ridge Farm has also experimented with different products made from maple syrup and everyone had a chance to taste test their products. The day wrapped up with a demonstration on how to tap a maple tree. Each youth was

given their very own tap to take home with them.

Congratulations District Public Presenters!

On Saturday, March 28th, 12 4-H'ers represented Wayne County at the District Public Presentations Event held at Midlakes School. Presenters included Elizabeth Carbajal, Gabriella Taylor, Liz Frey, Kailey Kuhn, Michaela Leisten, Sarah Lovell, Daniela Santacruz, Samantha Collier, Isabelle Collier, Rachel Collier, Leah Schinsing, and Jonathan Coyle. All did an amazing job!! Top presenters included: Jonathan, Elizabeth, Isabelle, Samantha, Michaela and Sarah. A judge's choice award went to Isabelle! Congratulations!







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Recaps/Past Programs

Region 2 4-H Horse Extravaganza Results are In!

Horse Bowl Senior Team Standings: 1st Wayne 2nd Wayne/Livingston **Top Individuals:** 2nd Haley Henretty 3rd Amber Mooney 5th Max Henretty 14th Kaitlyn Krebs 15th Laura Jackson 18th Jacob Burley

Junior Team Standings:

4th Wayne **Top Individuals:** 6th Marissa Trimaldi 10th Quinn Henretty 11th Kevin Mahoney 12th Tess Henretty

Novice Team Standings:

1st Wayne 1 2nd Wayne 2 **Top Individuals:** 1st Erin Roberts 2nd Mairaed Mahoney 5th Brie DeWaters 6th Maya Rush 11th Caitlyn Harrington 12th Emma Acebo 13th Abby Canterbury

Hippology

Senior Team Standings:

4th Wayne 1 5th Wayne 2 **Top Individuals:** 3rd Haley Henretty 10th Leah Bonnano 13th Amber Mooney 15th Max Henretty 16th Amanda Wersinger 18th Jacob Burley 20th Kaitlyn Krebs

Junior Team Standings: 3rd Wayne Top Individuals: 5th Quinn Henretty 8th Abby Freeman 9th Marissa Trimaldi 19th Tess Henretty

Novice Team Standings:

1st Wayne 1 2nd Wayne 2 **Top Individuals:** 1st Maya Rush 2nd Erin Roberts 4th Brie DeWaters 5th Elizabeth Desmidt 7th Caitlyn Harrington 8th Kevin Mahoney 9th Sarah Jackson 10th Emma Acebo 11th Abby Canterbury 15th Mairead Mahoney 17th Patrick Mahoney

Finger Lakes District Dairy Bowl

Wow! What a day Wayne County had at the Finger Lakes District Dairy bowl. Several of our 4-Hers will go on to represent us at the State competition in April. Good luck!

Team Results

Novice team – 1st place (Alysha Kuhn, Bennet Dunstan, Kayla Dunstan and Olivia Masyln)

Jr Team – 1st place (George Andrew, William Andrew, David Merrell, Daniel Merrell)

2nd place (Gabby Taylor, Alaska Dunstan, Adam Schultz, Kailey Kuhn)

Sr. Team 2nd place (Jessica Skellie, Corrine Rogers, Rachel Rouland, Madeline Kinnear)

Novice Individual

- 2 Alysha Kuhn
- 4 Bennet Dunstan
- 5 Kayla Dunstan
- Junior Individual
- 1 George Andrew
- 2 Gabby Taylor
- 3 David Merrell
- 9 Alaska Dunstan
- Sr Individual
- 3 Jessica Skellie
- 9- Rachel Rouland
- 10- Corrine Rogers



Photo courtesy of Tammy Lozipone

Secretary Reports

The PeaceSeekers

The PeaceSeekers met January 18th. They began with their third lesson in the Making Cookies Unit which was drop cookies. Kayleigh's mother directed the baking and they made California Rangers.

As they finished their cookies, we began our Chinese lanterns.

Following the lanterns, Kayleigh did her PEP on the Chinese New Year. We learned many fascinating facts about this time.

The meeting started with attendance and the pledge. The secretary's notes were read and approved by Aryn and Kayleigh.

Old business included a conversation about our community service Christmas caroling.

New business included a look ahead for February sewing and snowshoeing winter event. Talked a little about what will be offered during February break and when it was. Talked about county PEPs as well.

**Our next meeting will be February 15th. We will continue with our cookies. Our woodworking project will be started on another day since it involves more time and a need for more space. Dawson will have the PEP for February.

The meeting was adjourned with a motion from Kayleigh and Aryn.

Everyone enjoyed eating the cookies we made earlier.

Whinnies & Wings

4-H Club Secretary's Monthly Report for the month of December 2014:

We had a holiday party and a planning meeting on December 28th. We listed activities we would like to do this year and enjoyed some holiday games and snacks. Our leader also had a meeting with our parents during the party. We have 11 members in our club, and 10 members attended the meeting on December 28th. We did not have any guests.

Our January meeting was on January 18th and we made snowmen out of soap. We also discussed ideas for public presentations. We have 11 members in our club, and all of us attended the January meeting. 2 guests who are interested in joining the club attended the meeting.

Horticulture Club

Met February 9, 2015 and made chocolates to donate to the Sodus Community Library bake sale. Submitted by Sarah Lovell

God's Helping Hands

Members helped at the 4-H Holiday Special on 12/13 and went caroling on 12/23.



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Preparing for Fair

Animal Lease Information

Please review the animal lease rules, these rules are in affect for ALL animals and correspond with the 4-H State leasing regulations.

Youth can:

lease 2 project animals in the same species, but only exhibit 1 as a 4-H project.

Cannot show more than 1 leased animal per species.

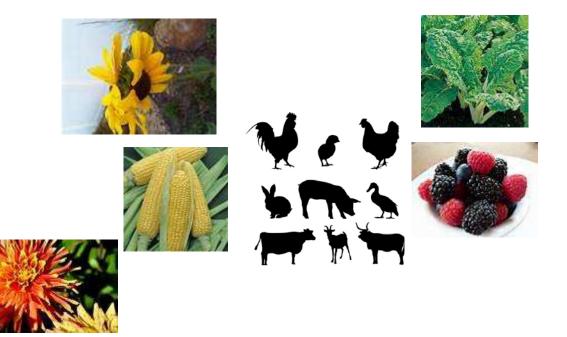
Cannot own and lease in same species.

Market animals cannot be leased.

Lease paperwork is due June 15th to the 4-H office. If you need further information or have questions please feel free to contact the 4-H office.

Horticulture Varieties of the year

Try something new and plant one of the horticulture varieties of the year this year! Bring the varieties to the fair and you could be awarded the top awards for that variety. If you grow the top award you will receive a special rosette ribbon and a plaque! *Flower of the year:* Double Sunflower *Annual Flower:* Spider Dahlia *Vegetable:* Bodacious Corn *Heirloom Vegetable:* Rainbow Heirloom Blend Tomato *Advanced Vegetable:* Fordhook Giant Swiss Chard *Herb of the Year:* Lemon Grass *Advanced Flower:* Miniature Rose *Houseplant:* Oxalis *Container Plant:* Hibiscus *Fruit:* 2015-Elderberry, 2016-Peach, 2017-Mulberry, 2018-Apricot, 2019 – Fall God Raspberry





Noteworthy

Texting is coming!

The new 4-H enrollment system we are using has the capacity to TEXT! Keep up to date on registration deadlines, upcoming events, and more by providing us with your cell phone number and carrier and we'll send you text updates! Contact Margaret if you are interested.

4-H Advisory Committee

The newly re-kindled 4-H advisory committee has met twice and is working toward identifying ways to improve and revitalize the 4-H program. Recently, the committee discussed 4-H communications, public presentations, fairs, and awards. Although action steps around these topics are a work in progress, there are some changes you will see soon. One that will be the most immediate will be making our currently bi-monthly newsletter into a quarterly publication. More details are being discussed but the new format will include program re-caps and more educational/training material rather than significant space for upcoming events. For upcoming events, we will rely on other forms of communication such as the eblast and Facebook to get the news out. Keep an eye out for more information!

4-H advisory committee members include: Colleen Sanson, Colleen Wersinger, Elizabeth Kois, Hannah Ferland, Jonathan Coyle, Julie Daniels, Kathy Eckert, Kelly Gordner, Laurie Frey, Martha Facer, Russ Talbo, and Sean Coyle.

4-H Afterschool

Since last fall, 4-H staff have been immersing local afterschool programs with 4-H science! Students at Newark Elementary, Lyons Elementary, North Rose Wolcott Elementary and Newark Middle School have participated in activities related to plant science, the environment, the senses, animals, weather, astronomy,

and more! Youth have become water droplets and ventured on an Incredible Journey through the water cycle, dissected owl pellets donated by the Montazuma Audubon Center, dissected flowers to see the inner workings, created an edible soil profile, taste tested different varieties of fruits, vegetables, and cheese, made volcanoes, tornadoes, and constellations in a can, just to name a few!





Noteworthy, continued...

Enrollment Policy for New 4-H Members in Wayne County

New members must enroll within 30 days of attending their first 4-H meeting, activity or event OR before their 2nd time participating in anything 4-H related and must be enrolled by June 1st in order to participate in the Wayne County Fair as a 4-H member.

Year End Portfolio and Awards—Frequently Asked Questions

Wondering where some items fall in the new portfolio? Really want to receive a medal in a specific area? Tune in to each newsletter for tips and answers to questions!

- Did you attend sewing camp? Make sure you list sewing as one of your projects and include all the cool items you made.
- Did you go Christmas caroling, take part in produced in new York or fabric and fashion revue that were held at the nursing home? Don't forget to list those under community service.
- All year end forms are available online and are fillable! Check them out on our website at ccewayne.org



More photos from Wayne County and the Finger Lakes District Public Presentations!

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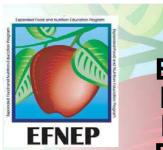
Who Wants to go to 4-H Camp?

So, you are interested in going to 4-H camp this summer but how do you know which one? When? How much will it cost? Each 4-H camp has its own unique programs. The only way to figure out which one has what you are interested in is to visit the site below and read more about them! Don't want to go far from home? Camp Bristol Hills is right in Canandaigua! Love horses? Camp Wyomoco offers horsemanship camp! Want to visit another part of the state? How about Camp Shankitunk in the Catskills? Check them all out at: http://nys4h.cce.cornell.edu/get%20involved/pages/camps.aspx

If you do not have the internet, the 4-H office has brochures from many camps. Also, here is a brief description of each camp, alphabetically, below:

Location	Region	Activities
Bristol Hill	Finger Lakes	One week resident camp sessions for grades 3-8 and day camp for grades K-2. Shorter overnight Sprout Camp for grades 1-3. Featured activities include shooting sports, GPS Explorer, horsemanship, natural sciences, ropes courses and CIT.
Dorothy P. Flint	Long Island	Eight one-week sessions for ages 8-15. Stayover week- ends available. Featured activities include canoeing, kayaking, farming, horsemanship, fishing and ropes courses.
Hidden Valley	Finger Lakes	One week sessions for ages 8-18. Stayover weekends available. Day campers accepted. Spring Weekend, sneak preview and family camp sessions also available. Activi- ties include canoeing, archery, swimming, crafts, drama and CIT.
Overlook	Adirondacks	One week sessions for ages 8-19. Shorter Cloverbud Camp for ages 6-8. Day campers accepted. Adirondack adventure for older campers. Activities include canoeing, sailing, fishing, shooting sports, ropes course and CIT.
Owahta	Central New York	Resident camping for ages 8-14 and day camp for ages 6- 14. Six one-week sessions. Each week has a special theme. Featured activities include canoeing, fishing, deck hockey, horseback riding and biking.
Peconic Dunes	Long Island	Resident and day camping available for ages 8-15. Activi- ties include canoeing, kayaking, fishing, archery, outdoor living and sports. Camp Sea Wolf is a special environ- mental stewardship camp.
Shankitunk	Catskills	Weekly sessions for ages 8-15. Featured activities include fishing, backpacking, archery, rocketry, woodworking, ropes course and CIT.
Wabasso	1,000 Islands	Resident camp for ages 8-16 with shorter sessions for ages 6-8. Day campers accepted. Special theme weeks and indepth programs including fishing camp, tae kwon do and soccer camp.
Wyomoco	Western New York	Weekly sessions for ages 8-16. Special in-depth themes sessions offered. Activities include animal care, horse- manship, science, outdoor skills, sports, creative arts and CIT.

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Expanded Food and Nutrition Education Program

The program teaches low income families and youth to improve health by:

- Eating more fruits and vegetables.
- Drinking fewer sweetened beverages.
- Maintaining a healthy weight.
- Being physically active.



Helping Families Eat Better for Less

JOIN US for a series of 8 interactive, supportive classes. Learn with others in a group or meet one on one with our staff. Call us to schedule classes!

Learn how to:

- Buy healthy food with your money and SNAP or WIC benefits.
- Make recipes your children will love.
- Plan nutritious meals that save time and money.
- Prepare delicious dishes with less salt, sugar, and fat.
- Use food labels to make healthy choices.



For more information contact:



Cornell University Cooperative Extension of Wayne County

1581 Rte. 88N, Newark, NY 315-331-8415 ccewayne.org

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Current Resident Or



4-H empowers youth to reach their full potential, working and learning in partnership with caring adults by connecting kids with Cornell University.

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